

**J.D.****30 m**

|          |          |                      |               |     |      |
|----------|----------|----------------------|---------------|-----|------|
| 05-04-92 | Eibergen | Tom Hulzink          |               | 4.9 | 1992 |
| 31-03-96 | Eibergen | Joep Brinkers        |               | 4.9 | 1996 |
| 31-03-96 | Eibergen | Ruben Pillen         |               | 5.0 | 1996 |
| 05-04-92 | Eibergen | Ronald Boomkamp      |               | 5.1 | 1992 |
| 04-04-98 | Eibergen | Chris Meis           |               | 5.1 | 1998 |
| 05-04-92 | Eibergen | Marc Groeneveld      |               | 5.2 | 1992 |
| 04-04-93 | Eibergen | Micha Lutje Spelberg |               | 5.2 | 1993 |
| 31-03-96 | Eibergen | Niek Blekkink        |               | 5.2 | 1996 |
| 31-03-96 | Eibergen | Thijs Hesselink      | <b>J.P.A.</b> | 5.2 | 1996 |
| 04-04-98 | Eibergen | Tamo Vogel           |               | 5.2 | 1998 |
| 28-03-99 | Eibergen | Niek Thijsen         |               | 5.2 | 1999 |
| 02-04-00 | Eibergen | Chris Doornweerd     |               | 5.2 | 2000 |

**40 m**

|          |             |                      |               |      |      |
|----------|-------------|----------------------|---------------|------|------|
| 06-04-75 | Haaksbergen | Berry Maalderink     |               | 5.6  | 1975 |
| 06-04-75 | Haaksbergen | Wilco Timmerije      | <b>J.P.A.</b> | 5.9  | 1975 |
| 24-01-04 | Zuidbroek   | Kjell Smalen         | <b>J.P.B.</b> | 6.43 | 2004 |
| 06-04-75 | Haaksbergen | Johnny Leppink       | <b>J.P.B.</b> | 6.5  | 1975 |
| 15-02-04 | Apeldoorn   | Djoss Smalen         | <b>J.P.A.</b> | 6.5  | 2004 |
| 29-10-00 | Enschede    | Gijs Koerts          | <b>J.P.B.</b> | 6.8  | 2000 |
| 29-10-00 | Enschede    | Lesley Rietman       | <b>J.P.B.</b> | 6.8  | 2000 |
| 31-10-93 | Enschede    | Andre Louis Wassing  | <b>J.P.B.</b> | 6.9  | 1993 |
| 19-03-89 | Enschede    | Micha Lutje Spelberg | <b>J.P.B.</b> | 7.0  | 1989 |
| 19-03-89 | Enschede    | Rutger Rietman       | <b>J.P.B.</b> | 7.2  | 1989 |

**40 m E.T.**

|          |           |                     |               |      |      |
|----------|-----------|---------------------|---------------|------|------|
| 24-01-04 | Zuidbroek | Kjell Smalen        | <b>J.P.B.</b> | 6.43 | 2004 |
| 26-10-14 | Enschede  | Sam Hensbergen      | <b>J.P.C.</b> | 7.35 | 2014 |
| 26-10-14 | Enschede  | Norvin Spinder      | <b>J.P.B.</b> | 7.42 | 2014 |
| 10-03-13 | Enschede  | Thijs Grijsen       | <b>J.P.B.</b> | 7.59 | 2013 |
| 03-03-13 | Apeldoorn | Gijs Scharenborg    | <b>J.P.A.</b> | 7.84 | 2013 |
| 03-03-13 | Apeldoorn | Norvin Spinder      | <b>J.P.C.</b> | 8.23 | 2013 |
| 09-03-14 | Enschede  | Harm Overkamp       | <b>J.P.B.</b> | 8.35 | 2014 |
| 03-03-13 | Apeldoorn | Sam Klein Nijenhuis | <b>J.P.A.</b> | 8.43 | 2013 |

**40 mh**

|          |             |                  |               |     |      |
|----------|-------------|------------------|---------------|-----|------|
| 06-04-75 | Haaksbergen | Berry Maalderink |               | 6.1 | 1975 |
| 06-04-75 | Haaksbergen | André Maalderink | <b>J.P.A.</b> | 6.6 | 1975 |
| 06-04-75 | Haaksbergen | Johnny Leppink   | <b>J.P.B.</b> | 7.9 | 1975 |
| 06-04-75 | Haaksbergen | Bart Bolster     | <b>J.P.B.</b> | 8.3 | 1975 |

**50 m E.T.**

|          |         |              |               |      |      |
|----------|---------|--------------|---------------|------|------|
| 28-02-04 | Utrecht | Kjell Smalen | <b>J.P.B.</b> | 8.76 | 2004 |
|----------|---------|--------------|---------------|------|------|

**50 m Horden**

|  |  |                      |     |      |
|--|--|----------------------|-----|------|
|  |  | Remco van Veldhuizen | 9.2 | 1985 |
|--|--|----------------------|-----|------|

**60 m**

|          |           |                       |                   |      |
|----------|-----------|-----------------------|-------------------|------|
| 31-10-93 | Enschede  | Micha Lutje Spelberg  | 8.3               | 1993 |
| 30-10-94 | Enschede  | Jetze v.d. Kamp       | 8.4               | 1994 |
| 01-11-75 | Enschede  | Berry Maalderink      | 8.7               | 1975 |
| 16-01-88 | Zwolle    | Walter ter Woerds     | 8.7               | 1988 |
| 16-01-88 | Zwolle    | Eelco Wedel           | 8.7               | 1988 |
| 28-10-01 | Enschede  | Ramon Voortman        | 8.7               | 2001 |
| 26-10-15 | Enschede  | Jochem Nieuwenhuis    | 8.83              | 2015 |
| 27-10-13 | Enschede  | Rick Harmsen          | 8.89              | 2013 |
| 30-10-88 | Enschede  | Gerton Berkemeijer    | 8.8               | 1988 |
| 28-02-04 | Utrecht   | Djoss Smalen          | <b>J.P.A.</b> 8.8 | 2004 |
| 25-01-03 | Zuidbroek | Lesley Rietman        | 9.08              | 2003 |
| 29-03-77 | Zwolle    | Wilco Timmerije       | 9.0               | 1977 |
| 24-11-85 | Enschede  | Remco van Veldhuizen  | 9.0               | 1985 |
| 26-10-97 | Enschede  | Arend Fekkes          | 9.0               | 1997 |
| 26-01-75 | Arnhem    | Marcel Emaus          | 9.1               | 1975 |
| 17-02-85 | Enschede  | Marcel Lubbers        | 9.1               | 1985 |
| 26-10-97 | Enschede  | Frank v Rooijen       | 9.1               | 1997 |
| 28-10-01 | Enschede  | Chris Doornweerd      | 9.1               | 2001 |
| 31-01-93 | Enschede  | Joost Ottink          | 9.2               | 1993 |
| 08-01-95 | Enschede  | Xander Lutje Spelberg | 9.2               | 1995 |

**60 m E.T.**

|          |           |                         |                     |      |
|----------|-----------|-------------------------|---------------------|------|
| 26-10-15 | Enschede  | Jochem Nieuwenhuis      | 8.83                | 2015 |
| 27-10-13 | Enschede  | Rick Harmsen            | 8.89                | 2013 |
| 25-01-03 | Zuidbroek | Lesley Rietman          | 9.08                | 2003 |
| 28-02-04 | Utrecht   | Djoss Smalen            | <b>J.P.A.</b> 9.18  | 2004 |
| 20-01-02 | Zuidbroek | Gijs Koerts             | <b>J.P.A.</b> 9.77  | 2002 |
| 26-10-15 | Enschede  | Norvin Spinder          | <b>J.P.A.</b> 10.15 | 2015 |
| 18-12-04 | Utrecht   | Kjell Smalen            | <b>J.P.A.</b> 10.17 | 2004 |
| 26-10-14 | Enschede  | Ramon Schepers          | <b>J.P.A.</b> 10.31 | 2014 |
| 25-03-12 | Dortmund  | <b>Dld</b> Roan Wissink | 10.32               | 2012 |
| 09-03-14 | Enschede  | Chris Nijland           | 10.34               | 2014 |

**60 m Horden**

|          |           |                           |       |      |
|----------|-----------|---------------------------|-------|------|
| 31-10-93 | Enschede  | Micha Lutje Spelberg      | 9.6   | 1993 |
| 25-03-12 | Dortmund  | <b>Dld</b> Diemer harbers | 10.20 | 2012 |
| 19-01-02 | Zuidbroek | Randy Maas                | 10.88 | 2002 |
| 29-10-95 | Enschede  | Xander Lutje Spelberg     | 10.9  | 1995 |
| 18-03-01 | Enschede  | Chris Doornweerd          | 11.3  | 2001 |
| 24-11-85 | Enschede  | Remco van Veldhuizen      | 11.5  | 1985 |
| 27-10-02 | Enschede  | Ramon Voortman            | 11.9  | 2002 |
| 19-01-13 | Apeldoorn | Rick Harmsen              | 12.09 | 2013 |
| 27-10-96 | Enschede  | Andre Louis Wassing       | 12.0  | 1996 |
| 08-03-15 | Enschede  | Jochem Nieuwenhuis        | 12.11 | 2015 |
| 26-10-97 | Enschede  | Maikel Nijhuis            | 12.1  | 1997 |
| 25-01-03 | Zuidbroek | Lesley Rietman            | 12.29 | 2003 |
| 02-02-97 | Enschede  | Erwin Saaltink            | 12.3  | 1997 |
| 26-10-97 | Enschede  | Arend Fekkes              | 12.3  | 1997 |

**60 m Horden E.T.**

|          |           |            |                    |       |      |
|----------|-----------|------------|--------------------|-------|------|
| 25-03-12 | Dortmund  | <b>Dld</b> | Diemer harbers     | 10.20 | 2012 |
| 27-10-13 | Enschede  |            | Rick Harmsen       | 10.77 | 2013 |
| 19-01-02 | Zuidbroek |            | Randy Maas         | 10.88 | 2002 |
| 08-03-15 | Enschede  |            | Jochem Nieuwenhuis | 12.11 | 2015 |
| 25-01-03 | Zuidbroek |            | Lesley Rietman     | 12.29 | 2003 |

**800 m E.T.**

|          |          |            |              |         |      |
|----------|----------|------------|--------------|---------|------|
| 25-03-12 | Dortmund | <b>Dld</b> | Roan Wissink | 3.13.40 | 2012 |
|----------|----------|------------|--------------|---------|------|

**1000 m**

|          |           |  |                   |                       |      |
|----------|-----------|--|-------------------|-----------------------|------|
| 03-10-97 | Zwolle    |  | Joep Brinkers     | 3.10.97               | 1997 |
| 16-01-88 | Zwolle    |  | Walter ter Woerds | 3.24.5                | 1988 |
| 25-01-03 | Zuidbroek |  | Lesley Rietman    | 3.33.61               | 2003 |
| 24-01-04 | Zuidbroek |  | Djoss Smalen      | <b>J.P.A.</b> 3.34.31 | 2003 |
| 21-01-17 | Apeldoorn |  | Jorn Zwiers       | 3.39.63               | 2017 |
| 21-01-17 | Apeldoorn |  | Twan Willems      | 3.41.12               | 2017 |
| 20-01-01 | Zuidbroek |  | Gijs Koerts       | <b>J.P.A.</b> 3.45.24 | 2001 |
| 05-02-05 | Zuidbroek |  | Kjellld Smalen    | <b>J.P.A.</b> 3.45.49 | 2005 |

**1000 m E.T.**

|          |           |  |                |                       |      |
|----------|-----------|--|----------------|-----------------------|------|
| 03-10-97 | Zwolle    |  | Joep Brinkers  | 3.10.97               | 1997 |
| 25-01-03 | Zuidbroek |  | Lesley Rietman | 3.33.61               | 2003 |
| 21-01-17 | Apeldoorn |  | Jorn Zwiers    | 3.39.63               | 2017 |
| 21-01-17 | Apeldoorn |  | Twan Willems   | 3.41.12               | 2017 |
| 20-01-01 | Zuidbroek |  | Gijs Koerts    | <b>J.P.A.</b> 3.45.24 | 2001 |
| 05-02-05 | Zuidbroek |  | Kjellld Smalen | <b>J.P.A.</b> 3.45.49 | 2005 |
| 25-01-03 | Zuidbroek |  | Djoss Smalen   | <b>J.P.A.</b> 3.45.50 | 2003 |

**Ver**

|          |           |            |                       |                      |      |
|----------|-----------|------------|-----------------------|----------------------|------|
| 24-01-04 | Zuidbroek |            | Lesley Rietman        | 4.29 m               | 2004 |
| 28-02-04 | Utrecht   |            | Djoss Smalen          | <b>J.P.A.</b> 4.28 m | 2004 |
| 23-03-97 | Eibergen  |            | Joep Brinkers         | 4.27 m               | 1997 |
| 23-03-97 | Eibergen  |            | Chris Meis            | 4.17 m               | 1997 |
| 23-03-97 | Eibergen  |            | Andre Louis Wassing   | 4.05 m               | 1997 |
| 23-03-97 | Eibergen  |            | Erwin Saaltink        | 4.01 m               | 1997 |
| 04-04-93 | Eibergen  |            | Micha Lutje Spelberg  | 3.95 m               | 1993 |
| 05-04-92 | Eibergen  |            | Matthijs ten Have     | <b>J.P.A.</b> 3.92 m | 1992 |
| 23-03-97 | Eibergen  |            | Arend Fekkes          | 3.89 m               | 1997 |
| 25-03-12 | Dortmund  | <b>Dld</b> | Rick Harmsen          | 3.80 m               | 2012 |
| 04-04-93 | Eibergen  |            | Xander Lutje Spelberg | <b>J.P.A.</b> 3.70 m | 1993 |
| 31-03-96 | Eibergen  |            | Ruben Pillen          | 3.65 m               | 1996 |
| 10-04-94 | Eibergen  |            | Jelle Broekman        | 3.62 m               | 1994 |

## Hoog

|          |           |                       |                      |      |
|----------|-----------|-----------------------|----------------------|------|
| 12-01-86 | Enschede  | Pim Temmink           | 1.55 m               | 1986 |
| 12-01-86 | Enschede  | Remco van Veldhuizen  | 1.55 m               | 1986 |
| 31-10-93 | Enschede  | Micha Lutje Spelberg  | 1.50 m               | 1993 |
| 31-10-04 | Enschede  | Lesley Rietman        | 1.50 m               | 2004 |
| 31-10-04 | Enschede  | Gijs Koerts           | 1.40 m               | 2004 |
| 01-11-75 | Enschede  | Berry Maalderink      | 1.35 m               | 1975 |
| 05-04-92 | Eibergen  | Tom Hulzink           | 1.35 m               | 1992 |
| 30-10-94 | Enschede  | Jetze v.d. Kamp       | 1.35 m               | 1994 |
| 27-10-02 | Enschede  | Ramon Voortman        | 1.35 m               | 2002 |
| 15-02-04 | Apeldoorn | Djoss Smalen          | <b>J.P.A.</b> 1.35 m | 2004 |
| 20-11-94 | Enschede  | Xander Lutje Spelberg | 1.30 m               | 1994 |
| 31-03-96 | Eibergen  | Andre Louis Wassing   | 1.30 m               | 1996 |
| 02-02-97 | Eibergen  | Erwin Saaltink        | 1.30 m               | 1997 |
| 02-02-97 | Eibergen  | Chris Meis            | 1.30 m               | 1997 |
| 28-10-01 | Enschede  | Chris Doornweerd      | 1.30 m               | 2001 |
| 26-10-03 | Enschede  | Dennis Wonnink        | 1.30 m               | 2003 |
| 27-10-13 | Enschede  | Rick Harmsen          | 1.30 m               | 2013 |

## Kogel 3 kg

|          |          |                       |         |      |
|----------|----------|-----------------------|---------|------|
|          |          | Remco van Veldhuizen  | 10.59 m | 1985 |
| 30-10-94 | Enschede | Matthijs ten Have     | 9.96 m  | 1994 |
| 26-10-15 | Enschede | Jochem Nieuwenhuis    | 9.55 m  | 2015 |
| 27-10-02 | Enschede | Ramon Voortman        | 9.52 m  | 2002 |
| 30-10-88 | Enschede | Gerton Berkemeijer    | 9.16 m  | 1988 |
| 04-04-93 | Eibergen | Micha Lutje Spelberg  | 9.10 m  | 1993 |
| 29-10-95 | Enschede | Xander Lutje Spelberg | 8.65 m  | 1995 |
| 31-01-93 | Enschede | Johan Kural           | 8.41 m  | 1993 |
| 18-03-01 | Enschede | Chris Doornweerd      | 8.30 m  | 2001 |
| 05-04-92 | Eibergen | Ronald Boomkamp       | 8.24 m  | 1992 |
| 21-02-88 | Enschede | Ralph Smeenk          | 8.21 m  | 1988 |
| 05-04-92 | Eibergen | Tom Hulzink           | 8.20 m  | 1992 |
| 04-04-93 | Eibergen | Ivo Maatman           | 7.58 m  | 1993 |
| 31-03-96 | Eibergen | Roy Nijkamp           | 7.39 m  | 1996 |
| 21-02-88 | Enschede | Eelco Wedel           | 7.47 m  | 1988 |
| 17-02-85 | Enschede | Marcel Lubbers        | 7.40 m  | 1985 |
| 26-10-03 | Enschede | Lars Wonnink          | 7.31 m  | 2003 |