

Dames 60

3 EM

08-12-12	Eibergen	Anna Lubberdink	V 63	28.42	2012
08-12-12	Eibergen	Gerritdien Brinkers	V 60	29.03	2012

5 km

18-06-15	Bredevoort	Ineke Visser	V 60	22.46	2015
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5 EM

26-05-13	Eibergen	Rolin Kluivers	V 60	47.06	2013
27-03-11	Haaksbergen	Tilly Brons	V 61	47.56	2011
26-05-13	Eibergen	Janny Verheij	V 60	48.45	2013
27-03-10	Haaksbergen	Jannie Hissink	V 61	49.19	2010
16-05-10	Eibergen	Anna Lubberdink	V 61	53.58	2010
29-05-16	Eibergen	Anneke Bast	V 60	54.25	2016
29-05-16	Eibergen	Wilma Willemsen	V 60	54.25	2016
29-05-16	Eibergen	Atty van Helden	V 61	1.00.21	2016
11-09-16	Enschede	Wilma Willemsen	V 60	1.04.42	2016

10 km

11-01-15	Hengelo	Ineke Visser	V 60	47.32	2015
02-10-16	Groenlo	Karin Tankink	V 60	54.53	2016
19-04-15	Enschede	Atty van Helden	V 60	56.10	2015
11-04-10	Hengelo	Tilly Brons	V 60	59.34	2010
15-05-11	Nijmegen	Jannie Hissink	V 62	1.02.48	2011

15 km

01-12-13	S-Heerenberg	Rolin Kluivers	V 60	1.32.55	2013
03-04-10	Hengelo	Tilly Brons	V 61	1.37.15	2011
18-11-12	Nijmegen	Jannie Hissink	V 63	1.45.48	2012

10 EM

29-06-16	Eibergen	Karin Tankink	V 60	1.33.34	2016
23-03-14	Haaksbergen	Rolin Kluivers	V 61	1.38.27	2014

Halve Marathon

11-12-11	Emmerich	Dld Tilly Brons	V 61	2.19.00	2010
11-12-11	Emmerich	Dld Jannie Hissink	V 62	2.25.32	2011

Marathon

13-10-16	Athene	GR Karin Tankink	V 60	4.45.52	2016
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Dames 65**5 EM**

31-05-15	Eibergen	Jannie Hissink	V 66	54.11	2015
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