

Wedstrijden ASV 2018

Jubileum in September ASV 70 Jaar

Enschede 07-01-18 Rutbeekcross

| | | | |
|-------------------------|--------|-------|------------|
| M.P.C. | 1000 m | | |
| Liz te Nahuis | 5.38 | 2e pl | |
| M.P.B. | 1000 m | | |
| Chelsey FayTimme | 5.41 | 2e pl | |
| M.C. | 2 km | | |
| Cato Vervelde | 11.45 | | |
| M.B. | 3 km | | |
| Laura Bomers | 13.52 | 3e pl | |
| Dames | 6 km | | |
| Carla Jager | 30.37 | V 50 | |
| Barbara Tempert-de Haan | 30.53 | V 43 | |
| J.P.A. | 1000 m | | |
| Henrik Boomkamp | 4.54 | | |
| J.A. | 6 km | | |
| Jelle Leusink | 27.12 | 3e pl | |
| Heren | 6 km | | |
| Robert Leussenkamp | 24.59 | M 53 | 1e pl M 50 |
| Rolf Schootman | 28.05 | M 39 | |
| Theo Schootman | 28.24 | M 69 | 1e pl M 60 |
| Dick Wezel | 37.27 | M 64 | |
| Heren | 12 km | | |
| Ronnie Leusink | 50.36 | M 48 | 2e pl |

Haarlo 13-01-18 1e Haarloop

| | | | |
|------------------|---------|------|-------|
| Dames | 8,3 km | | |
| Daphne Goossens | 43.29 | V 38 | |
| Ellen Temmink | 47.15 | V 35 | |
| Dames | 14,3 km | | |
| Laura Theunisz | 1.25.47 | V 47 | |
| Heren | 4 km | | |
| Hans Lammertink | 18.07 | M 53 | |
| Bennie te Brinke | 19.32 | M 57 | |
| Heren | 8,3 km | | |
| Hans ter Welle | 51.16 | M 56 | |
| Heren | 14,3 km | | |
| Ronnie Leusink | 56.32 | M 48 | 1e pl |
| Charles Heutink | 1.14.14 | M 46 | |
| Ton Harmsen | 1.19.21 | M 57 | |
| Willem Brons | 1.21.41 | M 69 | |
| Luco Post | 1.21.41 | M 69 | |

Hengelo 14-01-18 1e Woolderesloop

| | | |
|--------------------------|--------|------|
| Dames | 5,1 km | |
| Karin Wantia te Vaarwerk | 24.20 | V 39 |
| Hedwig Nijland | 25.46 | V 49 |
| Ingrid Pasma | 29.03 | V 41 |
| Francis Schilderink | 29.22 | V 54 |

| | | |
|-----------------|-------|------|
| Dames | 10 km | |
| Ilse Kistemaker | 57.43 | V 45 |
| Carla Jager | 46.06 | V 50 |

| | | |
|----------------------|--------|------|
| Heren | 5,1 km | |
| Hendri Weenk | 18.30 | M 41 |
| Robert Leussenkamp | 18.50 | M 53 |
| Gerard van der Leeuw | 28.17 | M 52 |

| | | |
|-----------------|-------|------|
| Heren | 10 km | |
| Hans Lammertink | 46.56 | M 53 |
| Inus Westhoff | 52.02 | M 67 |

Winterswijk 14-01-18 Kroese Wevers Cross

| | | |
|---------------|-------|------|
| Dames | 10 km | |
| Wendy Grave | 59.34 | V 39 |
| Anouk Tragter | 59.34 | V 37 |

| | | |
|----------------|-------|------|
| Heren | 5 km | |
| Walter Wessels | 28.11 | M 51 |

Holten 20-01-18 Zuurbergcross

| | | |
|--------------------|-------|------|
| Heren | 5 km | |
| Robert Leussenkamp | 21.08 | M 53 |
| Herman Franck | 26.44 | M 60 |

3e pl M 50

Beek 21-01-18 1e Winterbosloop

| | | |
|------------|-------|------|
| Heren | 5 km | |
| Dick Wezel | 29.02 | M 64 |

Oldenzaal 21-01-18 Hulsbeekcross

| | | |
|-----------------|-------|------|
| M.B. | 6 km | |
| Mariska Lensink | 32.44 | |
| Heren | 6 km | |
| Theo Schootman | 27.16 | M 69 |

Beek 28-01-18 2e Winterbosloop

| | | |
|------------|-------|------|
| Heren | 5 km | |
| Dick Wezel | 29.56 | M 64 |

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|----------------|-------|------|
| Heren | 10 km | |
| Ronnie Leusink | 39.33 | M 48 |

Hengelo 04-02-18 2e Woolderesloop

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|-----------------|--------|-------|
| M.B. | 5,1 km | |
| Laura Bomers | 23.52 | 2e pl |
| Mariska Lensink | 24.14 | 3e pl |

| | | |
|--------------------------|--------|------|
| Dames | 5,1 km | |
| Karin Wantia te Vaarwerk | 24.14 | V 39 |
| Hedwig Nijland | 25.58 | V 49 |
| Ingrid Pasman | 28.41 | V 41 |
| Francis Schilderinc | 29.32 | V 54 |

| | | |
|-------------|-------|------|
| Dames | 10 km | |
| Carla Jager | 46.32 | V 50 |

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|--------------|--------|------|
| Heren | 5,1 km | |
| Hendri Weenk | 18.27 | M 41 |

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|---------------|-------|------|
| Heren | 10 km | |
| Inus Westhoff | 51.18 | M 67 |

Apeldoorn 04-02-18 Centraal Beheer Midwinter marathon

| | | |
|-----------------|---------|------|
| Dames | 10 EM | |
| Daphne Goossens | 1.28.08 | V 38 |

Wierden 10-02-18 Valentijncross

| | | | |
|--------------------|--------|------|-------|
| Heren | 5,5 km | | |
| Robert Leussenkamp | 22.57 | M 53 | 2e pl |
| Herman Franck | 29.27 | M 60 | |

Hengelo 25-02-18 3e Woolderesloop

| | | |
|-----------------|--------|--|
| M.B. | 5,1 km | |
| Laura Bomers | 23.20 | |
| Mariska Lensink | 24.57 | |

| | | |
|--------------------------|--------|------|
| Dames | 5,1 km | |
| Karin Wantia te Vaarwerk | 24.06 | V 39 |
| Hedwig Nijland | 25.36 | V 49 |
| Ingrid Pasman | 30.52 | V 41 |

| | | |
|-------------|-------|------|
| Dames | 10 km | |
| Carla Jager | 46.29 | V 50 |

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|----------------|--------|------|
| Heren | 5,1 km | |
| Theo Schootman | 23.23 | M 69 |

Vorden 04-03-18 Achtkastelenloop

| | | |
|-----------------|-------|------|
| Dames | 10 km | |
| Carla Jager | 46.07 | V 50 |
| Daphne Goossens | 52 40 | V 38 |

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|----------------|----------------|------|
| Dames | Halve Marathon | |
| Laura Theunisz | 2.19.32 | V 47 |

Vorden 04-03-18 Achtkastelenloop vervolg

| | | | |
|----------------------------|-------|------|--|
| Heren | 10 km | | |
| Herman Franck | 48.52 | M 60 | |
| Engbert-Jan te Luggenhorst | 52.34 | M 72 | |
| Luco Post | 56.04 | M 69 | |

Goor 10-03-18 Bovenbergloop

| | | | |
|--------------------|--------|------|------------|
| Heren | 5,5 km | | |
| Hendri Weenk | 20.02 | M 41 | |
| Robert Leussenkamp | 22.59 | M 53 | 2e pl M 50 |
| Herman Franck | 29.30 | M 60 | |

Hengelo 18-03-18 4e Woolderesloop

| | | | |
|--------------------------|--------|------|--|
| M.B. | 5,1 km | | |
| Laura Bomers | 22.43 | | |
| Mariska Lensink | 24.41 | | |
| Dames | 5,1 km | | |
| Karin Wantia te Vaarwerk | 24.25 | V 39 | |
| Hedwig Nijland | 26.03 | V 49 | |
| Ilse Kistemaker | 29.25 | V 45 | |
| Ingrid Pasman | 30.36 | V 41 | |
| Francis Schilderinck | 30.48 | V 54 | |
| Dames | 10 km | | |
| Carla Jager | 46.33 | V 50 | |
| Sandra Olthof | 57.59 | V 36 | |
| Heren | 5,1 km | | |
| Hendri Weenk | 18.50 | M 41 | |
| Ton Harmsen | 27.36 | M 57 | |
| Heren | 10 km | | |
| Inus Westhoff | 52.11 | M 67 | |

Hollum 18-03-18 Vuurtoretrail

| | | | |
|-------------|---------|------|--|
| Dames | 18 km | | |
| Sasja Zwart | 2.33.02 | V 50 | |

Gelselaar 24-03-18 Gaanzeloop

| | | | |
|----------------------|---------|------|-------|
| Dames | 5,5 km | | |
| Karin Wantia | 26.28 | V 39 | 2e pl |
| Hedwig Nijland | 27.47 | V 49 | |
| Angelique Schetters | 39.33 | V 45 | |
| Dames | 11,4 km | | |
| Carla Jager | 54.12 | V 50 | 3e pl |
| Mandy Wiegeinck | 1.01.43 | V 32 | |
| Harriët van der Duim | 1.02.48 | V 54 | |
| Daphne Goossens | 1.03.41 | V 38 | |
| Dames | 16,1 km | | |
| Wendy Grave | 1.32.43 | V 39 | |

Gelselaar 24-03-18 Gaanzeloop vervolg

| | | |
|----------------|--------|------|
| Heren | 5,5 km | |
| Theo Schootman | 25.01 | M 69 |
| Herman Franck | 25.40 | M 60 |
| Dick Wezel | 29.34 | M 64 |

| | | |
|-----------------|---------|------|
| Heren | 11,4 km | |
| Hans Lammertink | 54.13 | M 53 |
| Inus Westhoff | 1.01.15 | M 67 |

| | | |
|-------------------|---------|------|
| Heren | 16,1 km | |
| Charles Heutink | 1.23.10 | M 46 |
| Maarten Pedemos | 1.18.49 | M 42 |
| Jan Willem Raaben | 1.26.04 | M 63 |

Haaksbergen 25-03-18 24e Rabo Engelse Mijlenloop

| | | |
|-----------------|------|--|
| M.B. | 2 km | |
| Mariska Lensink | 8.55 | |

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|--------------|----------|-------|
| M.B. | 5 EM | |
| Laura Bomers | 36.32 PR | 3e pl |

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|-------------------|-------|------|
| Dames | 5 EM | |
| Marijke ter Avest | 52.22 | V 38 |

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|-------------------------|---------|------|
| Dames | 10 EM | |
| Barbara Tempert-de Haan | 1.24.06 | V 43 |

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|-----------------|-------|------|
| Heren | 5 EM | |
| Hans Lammertink | 37.37 | M 53 |

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|--------------|---------|------|
| Heren | 10 EM | |
| Huub Spikker | 1.11.22 | M 48 |
| Hanno Tempel | 1.26.12 | M 51 |
| Luco Post | 1.30.34 | M 69 |

Almelo 31-03-18 1e Seizoenswedstrijd

| | | | | | |
|---------------|--------|-----------|-----------|------------|-------|
| M.P.C. | 40 m | 600 m | Ver | Bal | |
| Liz te Nahuis | 8.0 PR | 2.32.2 PR | 2.59 m PR | 20.88 m CR | 1e pl |

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|------------------|--------|-----------|-----------|------------|--|
| M.P.B. | 40 m | 1000 m | Ver | Bal | |
| Chelsey FayTimme | 7.7 | 4.24.9 PR | 2.74 m PR | 11.67 m PR | |
| Eva Jansen | 7.9 PR | 4.40.6 PR | 2.89 m PR | 8.62 m PR | |

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|-----------|------|--------|--------|-----------|--|
| M.D. | 60 m | 1000 m | Ver | Speer | |
| Zoe Timme | 9.9 | 4.32.4 | 3.25 m | 8.20 m PR | |

Lichtenvoorde 01-04-18 Paasloop

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|--------------|----------|--|
| M.B. | 5 km | |
| Laura Bomers | 22.26 PR | |

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| Heren | 10 km | |
| Dick Wezel | 56.48 | M 64 |

Kilder 02-04-18 Paasloop

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|----------------|--------|------|
| Heren | 5,2 km | |
| Theo Schootman | 23.51 | M 69 |

Hengelo 02-04-18 46e Halve Marathon

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|-------------------|----------------|------|--|
| Dames | 15 km | | |
| Carla Jager | 1.11.28 PR | V 50 | |
| Heren | 10 km | | |
| Johan Onstein | 50.55 | M 53 | |
| Heren | 15 km | | |
| Hendri Weenk | 58.44 | M 41 | |
| Inus Westhoff | 1.17.24 | M 67 | |
| Heren | Halve Marathon | | |
| Jan Willem Raaben | 1.46.37 | M 63 | |

Haaksbergen 07-04-18 Sport 2000 Ter Avest Blokmeerkamp

| | | | | | |
|------------------|---------|-----------|-----------|------------|-----------|
| M.P.B. | 40 m | 1000 m | Ver | Bal | |
| Eva Jansen | 7.2 PR | 4.46.0 | 3.02 m PR | 11.35 m PR | |
| Chelsey FayTimme | 7.4 PR | 4.19.2 PR | 2.90 m PR | 10.78 m | 2e pl |
| Femke Grooters | 8.1 PR | 4.57.8 PR | 2.53 m | 10.60 m PR | |
| M.D. | 60 m | 60 mh | 600 m | Ver | Kogel |
| Zoe Timme | 9.4 PR | 12.9 PR | 2.22.4 PR | 3.30 m | 6.39 m |
| Anouk Hofijzer | 10.8 PR | 19.0 PR | 2.37.3 PR | 2.43 m | 3.56 m |
| M.C. | 80 m | 80 mh | 600 m | Ver | Kogel |
| Cato Vervelde | 12.0 PR | 18.2 PR | 2.18.5 | 3.30 m PR | 4.23 m PR |
| J.P.B. | 40 m | 1000 m | Ver | Bal | |
| Rien Boomkamp | 7.4 | 4.04.4 PR | 2.97 m | 20.57 m PR | |
| J.P.A. | 60 m | 1000 m | Ver | Kogel | |
| Henrik Boomkamp | 10.3 | 3.56.4 PR | 3.43 m PR | 7.01 m | |

Barchem 08-04-18 Lochemse Bergloop

| | | | | |
|----------------------|-------|------|-------|------|
| Dames | 5 km | | | |
| Anouk Tragter | 28.19 | V 37 | 2e pl | |
| Ilse Kistemaker | 30.52 | V 45 | | |
| Ingrid Pasman | 32.35 | V 41 | | |
| Astrid Runneboom | 31.03 | V 49 | | |
| Francis Schilderinck | 32.36 | V 54 | | |
| Heren | 5 km | | | |
| Hans Lammertink | 24.42 | M 53 | 3e pl | M 45 |
| Charles Heutink | 25.29 | M 46 | | |
| Theo Schootman | 23.28 | M 69 | 2e pl | M 60 |
| Herman Franck | 26.12 | M 60 | | |
| Dick Wezel | 29.43 | M 64 | | |
| Heren | 10 km | | | |
| Hendri Weenk | 40.55 | M 41 | 1e pl | M 40 |

Rotterdam 08-04-18 Marathon

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|--------------------------|------------|------|--|
| Dames | ¼ Marathon | | |
| Monique Bijlsma-Hanskamp | 51.16 | V 47 | |

Diepenheim 15-04-18 Kastelenloop

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|-----------------|----------------|------|----|
| Dames | Halve Marathon | | |
| Carla Jager | 1.48.15 | V 50 | PR |
| Daphne Goossens | 2.05.20 | V 38 | PR |

Diepenheim 15-04-18 Kastelenloop vervolg

| | | | |
|----------------|-------|------|--|
| Heren | 5 km | | |
| Theo Schootman | 23.28 | M 69 | |
| Dick Wezel | 29.43 | M 64 | |

Enschede 22-04-18 50e Marathon

| | | | |
|---------------------|---------|------|--|
| Dames | 10 km | | |
| Angelique Schetters | 1.25.35 | V 45 | |

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|------------------|----------------|------|----|
| Dames | Halve Marathon | | |
| Laura Theunisz | 2.01.45 | V 47 | PR |
| Wilma Harderwijk | 2.03.34 | V 49 | PR |
| Astrid Runneboom | 2.17.27 | V 49 | |
| Margriet Jager | 2.19.36 | V 50 | |
| Esther Boswinkel | 2.21.31 | V 48 | |
| Sandra Olthof | 2.26.18 | V 36 | |

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|-------------|---------|------|--|
| Heren | 10 km | | |
| Ton Harmsen | 1.01.17 | M 57 | |

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|--------------------|----------------|------|--|
| Heren | Halve Marathon | | |
| Hendri Weenk | 1.29.15 | M 41 | |
| Inus Westhoff | 1.55.28 | M 67 | |
| Gregory Jansen | 1.57.33 | M 43 | |
| Charles Heutink | 1.58.54 | M 46 | |
| Hanno Tempel | 2.02.23 | M 51 | |
| Luco Post | 2.14.44 | M 69 | |
| Jan te Luggenhorst | 2.18.55 | M 72 | |

Aalten 27-04-18 OWM Koningsloop

| | | | |
|----------------|-------|------|--|
| Heren | 5 km | | |
| Theo Schootman | 21.16 | M 69 | |

Nijverdal 28-04-18 1e Medaillewedstrijd Pupillen junioren ABCD

| | | | |
|---------------|------------|-----------|---------|
| M.P.C. | 600 m | Ver | Bal |
| Liz te Nahuis | 2.30.54 PR | 2.82 m PR | 18.68 m |

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|------------------|------------|-----------|-----------|
| M.P.B. | 1000 m | Ver | Bal |
| Chelsey FayTimme | 4.39.01 PR | 2.86 m PR | 10.92 m |
| Femke Grooters | 5.08.98 PR | 2.69 m PR | 8.68 m PR |

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|----------------|----------|--------|-----------|
| M.D. | 60 m | Hoog | Kogel |
| Zoe Timme | 9.93 PR | 1.15 m | 6.90 m PR |
| Anouk Hofijzer | 11.30 PR | 0.95 m | 3.55 m |

Nijverdal 28-04-18 1e Medaillewedstrijd Pupillen junioren ABCD vervolg

| | | | |
|---------------|------------|-----------|------------|
| M.C. | 600 m | Ver | Speer |
| Cato Vervelde | 2.04.17 PR | 3.22 m PR | 9.59 m PR |
| Ysra Goedvolk | 2.30.82 PR | 3.14 m PR | 14.84 m PR |

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|-----------------|------------|-----------|-----------|
| J.P.A. | 1000 m | Ver | Kogel |
| Henrik Boomkamp | 4.00.28 PR | 3.24 m | 6.05 m |
| Semmuel Verdouw | 4.00.05 | 2.90 m PR | 4.18 m |
| David Dinter | 4.06.70 PR | 2.76 m PR | 4.61 m PR |
| Casper Laninga | 4.35.51 PR | 2.86 m | 5.73 m PR |

Holten 05-05-18 Bevrijdingsloop

| | | | |
|--------------|-------|------|------------|
| Heren | 5 km | | |
| Hendri Weenk | 18.17 | M 41 | 1e pl M 40 |

Rijssen 11-05-18 Baaninstuif AV Rijssen

| | | | |
|--------------------|----------|------------|---------|
| J.B. | Kogel | Discus | Speer |
| Justin Klein Tank | 7.74 m | 23.94 m PR | 24.72 m |
| J.A. | 100 m | 200 m | |
| Rick Harmsen | 12.51 | 25.56 | |
| Heren | 3000 m | | |
| Robert Leussenkamp | 10.46.03 | M 53 | |

Aalten 19-05-18 18e Gerard Tebroke Memorialloop

| | | | |
|--------------------|-------|------|--|
| Dames | 5 km | | |
| Daphne Goossens | 25.36 | V 38 | |
| Anouk Tragter | 25.43 | V 37 | |
| Heren | 5 km | | |
| Robert Leussenkamp | 19.22 | M 53 | |

Enschede 20-05-18 77e Technische Unie Bommelasloop

| | | | |
|-----------------|--------|------|-------|
| Dames | 7,4 km | | |
| Monique Bijlsma | 36.34 | V 47 | 1e pl |

Eibergen 27-05-18 20e Eiberrun

| | | | |
|-----------------------------|--------|-------|--|
| M.P.C. | 500 m | | |
| Liselot Kiffen | 2.15 | | |
| M.P.B. | 1000 m | | |
| Chelsey FayTimme | 4.26 | | |
| Eva Jansen | 4.34 | | |
| Nanne te Nijenhuis | 4.44 | | |
| M.D. | 1000 m | | |
| Zoe Timme | 4.01 | 3e pl | |
| M.C. | 3000 m | | |
| Cato Vervelde | 15.59 | 3e pl | |
| M.B. | 7 km | | |
| Laura Bomers | 33.28 | | |
| Dames | 1000 m | | |
| Floor Klein Goldewijk G-Atl | 7.42 | V 23 | |

Eibergen 27-05-18 20e Eiberrun vervolg

| | | |
|---------------------------|-------|------|
| Dames | 7 km | |
| Monique Bijlsma | 33.53 | V 47 |
| Suzan de Jong | 34.05 | V 37 |
| Nadya Raat Da Rocha Nordi | 38.06 | V 40 |
| Mandy Wiegeinck | 38.32 | V 32 |
| Daphne Goossens | 38.58 | V 38 |
| Sandra Olthof | 39.57 | V 36 |
| Astrid Runneboom | 41.29 | V 49 |
| Clemy Woertman | 42.00 | V 44 |
| Debbie Scholten | 42.12 | V 37 |
| Harriët van der Duim | 43.24 | V 54 |
| Carla Polman | 47.01 | V 55 |
| Erika Voortman | 47.59 | V 54 |
| Erna Klumpers | 50.45 | V 58 |
| Dini Hogeweg | 50.45 | V 61 |
| Wendy van Bakel | 53.46 | V 53 |
| Lian Acda | 53.57 | V 60 |
| Willemijn Hooglugt | 47.21 | V 35 |
| Atty van Helden | 54.03 | V 63 |
| Ina van Dalen | 57.13 | V 68 |
| Bianca Emsbroek | 59.43 | V 45 |

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|------------------|---------|------|
| Dames | 14 km | |
| Laura Theunisz | 1.23.21 | V 47 |
| Wilma Heurneman | 1.26.19 | V 56 |
| Suzanne Dijkstra | 1.07.31 | V 37 |

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|---------------|-------|-------|
| J.P.B. | 500 m | |
| Rien Boomkamp | 1.47 | 2e pl |

| | | |
|----------------|--------|--|
| J.P.A. | 1000 m | |
| David Dinter | 4.05 | |
| Joey Ketterink | 4.57 | |

| | | |
|-----------------|--------|--|
| J.P.A. | 3000 m | |
| Henrik Boomkamp | 14.39 | |

| | | |
|-----------------------|--------|------|
| Heren | 3000 m | |
| Jeroen Weernink G Atl | 18.46 | M 36 |

| | | |
|--------------------|-------|------|
| Heren | 7 km | |
| Robert Leussenkamp | 28.11 | M 53 |
| Lars Wonnink | 31.42 | M 26 |
| Maarten Pedemos | 32.44 | M 42 |
| Hans Lammertink | 32.54 | M 53 |
| Marcel Liebrand | 33.06 | M 59 |
| Herman Franck | 34.45 | M 60 |
| Hanno Tempel | 35.04 | M 51 |
| Johan Onstein | 35.30 | M 53 |
| Herbert Garritsen | 35.44 | M 52 |
| Jasper Heming | 35.50 | M 30 |
| Ben Spekschoor | 36.38 | M 65 |
| Johan Bomers | 36.58 | M 54 |
| Fokke-Gert Spinder | 37.39 | M 49 |
| Klaas Jan Sikkink | 38.17 | M 49 |
| Tjerk Hoffman | 41.35 | M 50 |
| Henk Kloosterman | 43.14 | M 54 |
| Peter Floors | 47.27 | M 64 |

Eibergen 27-05-18 20e Eiberrun vervolg

| | | |
|----------------------------|---------|------|
| Heren | 14 km | |
| Ronnie Leusink | 59.40 | M 48 |
| Gregory Jansen | 1.11.26 | M 43 |
| Charles Heutink | 1.12.58 | M 46 |
| Ton Harmsen | 1.19.49 | M 57 |
| Luco Post | 1.20.44 | M 69 |
| Engbert-Jan te Luggenhorst | 1.25.53 | M 72 |

Nijmegen 27-05-18 Marikenloop

| | | |
|---------------------|--------|------|
| Dames | 7,5 km | |
| Ingrid Pasman | 45.31 | V 41 |
| Ilse Kistemaker | 45.31 | V 45 |
| Francis Schilderink | 45.40 | V 54 |

Hengelo 31-05-18 Dubbele Mijl

| | | |
|----------------|-------|------|
| Heren | 2 EM | |
| Rolf Schootman | 12.57 | M 39 |
| Niels Wensink | 15.36 | M 35 |

Losser 02-06-18 Twentse Smokkel Trail

| | | |
|---------------|---------|------|
| Dames | 14 km | |
| Sandra Olthof | 1.32.23 | V 36 |

Hengelo 03-06-18 Quintusloop

| | | |
|--------------|-------|------|
| Heren | 5 km | |
| Hendri Weenk | 18.33 | M 41 |

Bredevoort 06-06-18 Grachtenloop

| | | |
|----------------|-------|------|
| Dames | 5 km | |
| Sandra Olthof | 28.07 | V 36 |
| Heren | 5 km | |
| Rolf Schootman | 21.50 | M 39 |
| Theo Schootman | 22.40 | M 69 |

Rijssen 08-06-18 Assist Verzuim Rijsserbergloop

| | | |
|--------------------|-------|------|
| Dames | 5 km | |
| Anouk Tragter | 25.31 | V 37 |
| Heren | 5 km | |
| Robert Leussenkamp | 19.07 | M 53 |
| Youri Leussenkamp | 27.50 | M 21 |

1e pl M 50

Ellewick Dld 09-06-18 5e Ellewicker Schützenfestlauf

| | | |
|--------------------------|-------------|------|
| Dames | 5 km | |
| Hedwig Nijland | 25.51.0 | V 49 |
| Karin te Vaarwerk Wantia | 25.01.0 | V 39 |
| Heren | 5 km | |
| Ton Harmsen | 26.09.9 | M 57 |
| Rolf Schootman | 21.27.0 | M 39 |
| Theo Schootman | 22.27.2 | M 69 |

Hoog-Keppel 10-06-18 Keppelrun

| | | |
|------------------|---------------|--|
| M.P.B. | 1000 m | |
| Chelsey FayTimme | 4.32 | |
| M.D. | 1000 m | |
| Zoe Timme | 4.40 | |

Eibergen 16-06-18 Pupillen CD Wedstrijd

| | | | | |
|------------------|-------------|---------------|---------------|--------------|
| M.P.C. | 40 m | 600 m | Ver | Bal |
| Liz te Nahuis | 7.9 PR | 2.36.5 | 2.84 m PR | 19.42 m |
| M.P.B. | 40 m | 1000 m | Ver | Kogel |
| Eva Jansen | 7.2 | 4.54.9 | 3.19 m PR | 3.85 m PR |
| Chelsey FayTimme | 7.3 PR | 4.14.4 PR | 2.76 m | 3.84 m PR |
| M.D. | 60 m | Hoog | Discus | |
| Zoe Timme | 9.8 | 1.15 m | 12.25 m PR | |
| M.C. | 80 m | 600 m | Hoog | Speer |
| Ysra Goedvolk | | | 1.30 m PR | 17.49 m PR |
| Cato Vervelde | 11.9 PR | 2.05.7 | 1.15 m PR | 11.13 m PR |
| J.P.B. | 40 m | 1000 m | Ver | Kogel |
| Rien Boomkamp | 7.2 | 4.06.9 | 3.30 m PR | 5.98 m PR |
| J.P.A. | 60 m | 1000 m | Hoog | Kogel |
| Henrik Boomkamp | 10.0 PR | 3.43.8 PR | 1.20 m PR | 7.25 m PR |
| Casper Laninga | 10.8 PR | | 1.05 m PR | 5.33 m |
| Semmuel Verdouw | 10.8 PR | 3.49.8 PR | 1.00 m PR | 4.62 m PR |

Almelo 23-06-18 2e Medaillewedstrijd

| | | | | |
|------------------|--------------------|-------------|--------------|---------------|
| M.P.C. | 40 m E.T. | Hoog | Bal | |
| Liz te Nahuis | 8.15 | 0.90 m PR | 16.82 m | |
| M.P.B. | 40 m E.T. | Hoog | Kogel | |
| Eva Jansen | 7.57 | 0.90 m PR | 4.67 m PR | |
| Chelsey FayTimme | 7.68 | 0.95 m PR | 3.17 m | |
| Femke Grooters | 8.10 PR | 0.90 m PR | 4.19 m PR | |
| M.D. | 600 m E.T. | Ver | Speer | |
| Zoe Timme | 2.18.34 PR | 3.20 m | 11.99 m PR | |
| Anouk Hofijzer | 2.25.54 PR | 2.61 m | 4.70 m PR | |
| M.C. | 80 m E.T. | Hoog | Kogel | Discus |
| Ysra Goedvolk | 13.08 PR | 1.25 m | 6.82 m PR | 9.40 m PR |
| Cato Vervelde | 12.32 PR | 1.20 m PR | 4.60 m PR | 10.77 m PR |
| J.P.B. | 1000 m E.T. | Ver | Bal | |
| Rien Boomkamp | 3.55.97 PR | 3.18 m | 22.65 m PR | |

Almelo 23-06-18 2e Medaillewedstrijd vervolg

| | | | |
|-----------------|-----------|-----------|------------|
| J.P.A. | 60 m E.T. | Hoog | Bal |
| Henrik Boomkamp | 10.14 | 1.25 m PR | 28.44 m PR |
| Casper Laninga | 10.58 PR | 0.95 m | 19.13 m PR |
| David Dinter | 10.97 PR | 1.00 m PR | 15.53 m PR |
| Semmuel Verdouw | 11.20 | 0.95 m | 19.70 m PR |

Doetinchem 06-07-18 All Comers Meet Argo Atletiek

| | | | |
|--------------------|---------|------|------------|
| Heren | 3000 m | | |
| Robert Leussenkamp | 10.53.2 | M 53 | 1e pl M 50 |

De Lutte 14-07-18 35e Dorpsloop

| | | | |
|--------------|-------|------|--|
| Heren | 5 km | | |
| Hendri Weenk | 18.24 | M 41 | |

Winterswijk 21-08-18 Twee Bruggenloop

| | | | |
|----------------------|-------|------|--|
| Dames | 6 km | | |
| Sandra Olthof | 32.35 | V 36 | |
| Harriët van der Duim | 37.02 | V 54 | |
| Ingrid Pasman | 37.03 | V 41 | |
| Francis Schilderinck | 37.13 | V 54 | |

| | | | |
|------------------|-------|------|--|
| Dames | 10 km | | |
| Wilma Harderwijk | 55.46 | V 49 | |

| | | | |
|---------------|-------|------|--|
| Heren | 6 km | | |
| Herman Franck | 29.47 | M 60 | |

| | | | |
|--------------|-------|------|--|
| Heren | 10 km | | |
| Hendri Weenk | 38.03 | M 41 | |

Oldenzaal 26-08-18 Technische Veren Twente Boeskoolloop

| | | | |
|--------------------|-------|------|--|
| Heren | 5 km | | |
| Fokke-Gert Spinder | 26.05 | M 49 | |

Eibergen 01-09-18 3e Medaillewedstrijd Pupillen junioren ABCD

| | | | |
|---------------|------------|--------|------------|
| M.P.C. | 600 m E.T. | Ver | Bal |
| Liz te Nahuis | 2.34.33 | 2.67 m | 20.09 m BR |

| | | | |
|------------------|-------------|-----------|------------|
| M.P.B. | 1000 m E.T. | Ver | Bal |
| Chelsey FayTimme | 4.23.31 | 2.66 m | 12.35 m |
| Femke Grooters | 4.47.69 PR | 2.92 m PR | 13.90 m PR |
| Eva Jansen | 4.50.30 PR | 3.01 m | 10.33 m |

| | | | |
|-----------|-----------|--------|-----------|
| M.D. | 60 m E.T. | Hoog | Kogel |
| Zoe Timme | 10.15 | 1.15 m | 7.12 m PR |

| | | | |
|---------------|------------|-----------|------------|
| M.C. | 600 m E.T. | Ver | Speer |
| Cato Vervelde | 2.20.20 | 3.53 m PR | 11.41 m PR |
| Ysra Goedvolk | 2.33.18 | 2.93 m | 17.50 m PR |

| | | | |
|---------------|-----------|-----------|-----------|
| J.P.B. | 40 m E.T. | Hoog | Kogel |
| Rien Boomkamp | 7.63 PR | 1.00 m PR | 6.97 m PR |

Eibergen 01-09-18 3e Medaillewedstrijd Pupillen junioren ABCD vervolg

| | | | |
|-----------------|-------------|-----------|-----------|
| J.P.A. | 1000 m E.T. | Ver | Kogel |
| Henrik Boomkamp | 4.02.19 | 3.45 m PR | 6.71 m |
| Semmuël Verdouw | 4.08.45 | 2.67 m | 5.43 m |
| Casper Laninga | DNS | 2.96 m PR | 5.92 m PR |
| Wisse Reesink | 4.59.83 PR | 2.22 m PR | 4.92 m PR |

Enschede 09-09-18 Menzis Singelloop

| | | |
|-------------------|-------|------|
| Dames | 5 EM | |
| Sandra Olthof | 45.32 | V 36 |
| Marijke ter Avest | 52.51 | V 38 |

| | | |
|-------------------|-------|------|
| Heren | 2 EM | |
| Youri Leussenkamp | 16.48 | M 21 |

| | | |
|--------------------|-------|------|
| Heren | 5 EM | |
| Robert Leussenkamp | 33.43 | M 53 |
| Gregory Jansen | 40.19 | M 43 |
| Ton Harmsen | 43.32 | M 57 |
| Fokke-Gert Spinder | 44.18 | M 49 |

Delden 16-09-18 Twickelloop

| | | |
|----------------|---------|------|
| Dames | 10 km | |
| Laura Theunisz | 1.00.28 | V 47 |

| | | |
|--------------------|-------|------|
| Heren | 5 km | |
| Fokke-Gert Spinder | 26.31 | M 49 |

| | | |
|---------------|-------|------|
| Heren | 10 km | |
| Inus Westhoff | 52.42 | M 67 |

Berlijn 16-09-18 45e BMW Berlin Marathon

| | | | |
|-------------------------|----------|------|---------|
| Dames | Marathon | | |
| Barbara Tempert-de Haan | 3.57.00 | V 43 | CR V 40 |

Hengelo 22-09-18 4e Medaillewedstrijd Pupillen / ABCD Junioren

| | | | |
|---------------|-----------|--------|---------|
| M.P.C. | 40 m E.T. | Hoog | Bal |
| Liz te Nahuis | 8.39 | 0.85 m | 18.22 m |

| | | | |
|------------------|-----------|--------|-----------|
| M.P.B. | 40 m E.T. | Hoog | Kogel |
| Chelsey FayTimme | 8.01 | 0.95 m | 4.00 m PR |
| Femke Grooters | 7.98 PR | 0.80 m | 4.64 m PR |

| | | | |
|-----------|------------|--------|------------|
| M.D. | 600 m E.T. | Ver | Speer |
| Zoe Timme | 2.22.79 | 2.99 m | 12.41 m PR |

| | | | | |
|---------------|-----------|--------|-----------|------------|
| M.C. | 80 m E.T. | Hoog | Kogel | Discus |
| Cato Vervelde | 12.60 | 1.15 m | 4.89 m PR | 9.76 m |
| Ysra Goedvolk | 13.69 | 1.20 m | 6.70 m | 11.48 m PR |

| | | | |
|---------------|-------------|--------|---------|
| J.P.B. | 1000 m E.T. | Ver | Bal |
| Rien Boomkamp | 4.05.83 | 2.86 m | 20.26 m |

| | | | |
|-----------------|-----------|-----------|------------|
| J.P.A. | 60 m E.T. | Hoog | Bal |
| Henrik Boomkamp | 10.26 | 1.15 m | 29.15 m PR |
| Casper Laninga | 11.15 | 1.05 m | 21.74 m PR |
| David Dinter | 11.37 | 0.90 m | 15.64 m PR |
| Wisse Reesink | 12.53 PR | 1.05 m PR | 16.48 m PR |

Nijverdal 23-09-18 Auto Aaltink Cityrun

| | | | |
|--------------------|-------|------|------------|
| Heren | 5 km | | |
| Robert Leussenkamp | 18.41 | M 53 | 1e pl M 50 |
| Youri Leussenkamp | 26.38 | M 21 | |

Lichtenvoorde 30-09-18 Hooiland Run

| | | | |
|----------------|-------|------|--|
| M.B. | 5 km | | |
| Laura Bomers | 23.02 | | |
| Heren | 5 km | | |
| Hendri Weenk | 17.52 | M 41 | |
| Rolf Schootman | 20.28 | M 39 | |

Velp 30-09-18 Posbankloop

| | | | |
|----------------|-------|------|--|
| Heren | 6 km | | |
| Gerard Bannink | 45.40 | M 48 | |

Oldenzaal 07-10-18 Halve Marathon

| | | | |
|---------------------|----------------|------|--|
| Dames | 10 km | | |
| Ilse Kistemaker | 1.05.23 | V 45 | |
| Ingrid Pasma | 1.06.21 | V 41 | |
| Francis Schilderink | 1.06.21 | V 54 | |
| Dames | Halve Marathon | | |
| Sandra Olthof | 2.13.12 | V 36 | |
| Heren | Halve Marathon | | |
| Ton Harmsen | 2.02.51 | M 57 | |

Kring van Dorth 07-10-18 30e Kleine Haar Loop

| | | | |
|-----------------|---------|------|-------|
| Heren | 5,5 km | | |
| Hendri Weenk | 19.59 | M 41 | 2e pl |
| Heren | 10 EM | | |
| Erik Goudswaard | 1.29.02 | M 51 | |

Groenlo 07-10-18 32e Kanonsloop

| | | | |
|-------------------------|-------|------|--|
| M.B. | 5 km | | |
| Laura Bomers | 22.44 | | |
| Dames | 5 km | | |
| Mandy Wiegeinck | 27.46 | V 32 | |
| Ellen Temmink | 27.47 | V 35 | |
| Astrid Runneboom | 29.06 | V 49 | |
| Wendy Grave | 29.16 | V 39 | |
| Dames | 10 km | | |
| Barbara Tempert-de Haan | 46.33 | V 43 | |
| Heren | 5 km | | |
| Walter Wessels | 25.43 | M 51 | |
| Youri Leussenkamp | 28.12 | M 21 | |
| Jeroen Weernink G Atl | 34.43 | M 36 | |

Groenlo 07-10-18 32e Kanonsloop vervolg

| | | | |
|--------------------|-------|------|--|
| Heren | 10 km | | |
| Ronnie Leusink | 39.16 | M 48 | |
| Robert Leussenkamp | 40.39 | M 53 | |
| Gregory Jansen | 47.53 | M 43 | |
| Charles Heutink | 48.55 | M 46 | |
| Gerard Bannink | 53.47 | M 48 | |
| Dick Wezel | 56.51 | M 64 | |

Wierden 13-10-18 1e AVT Lageveldloop

| | | | |
|--------------------|-------|------|------------|
| Heren | 5 km | | |
| Robert Leussenkamp | 21.50 | M 53 | 1e pl M 50 |
| Youri Leussenkamp | 33.38 | M 21 | |

Wehl 14-10-18 Wim Lebbink Herfstloop

| | | | |
|------------------|---------|------|-------|
| Heren | 5 km | | |
| Rolf Schootman | 20.01 | M 39 | |
| Theo Schootman | 22.06 | M 69 | |
| Heren | 10 km | | |
| Ronnie Leusink | 39.58 | M 48 | 2e pl |
| Heren | 15 km | | |
| Michel Jongerman | 1.27.15 | M 46 | |

Hardenberg 20-10-18 14e Oldemeijercross

| | | | |
|--------------------|-------|------|--|
| Heren | 9 km | | |
| Robert Leussenkamp | 38.42 | M 53 | |

Wehl 21-10-18 Wim Lebbink Herfstloop

| | | | |
|----------------|-------|------|--|
| Heren | 5 km | | |
| Rolf Schootman | 19.41 | M 39 | |

Nijverdal 27-10-18 Diepe Hel Holterbergloop

| | | | |
|----------------------|----------------|------|--|
| Dames | 6 km | | |
| Sandra Olthof | 32.33 | V 36 | |
| Nathalie Hondelink | 37.01 | V 42 | |
| Veronie Aalderink | 37.02 | V 41 | |
| Ingrid Pasman | 38.08 | V 41 | |
| Francis Schilderinck | 38.08 | V 54 | |
| Annemiek Schreibelt | 39.04 | V 34 | |
| Ilona Diepenmaat | 39.04 | V 38 | |
| Ellen te Nijenhuis | 43.14 | V 41 | |
| Wilma Willemsen | 43.26 | V 62 | |
| Heren | Halve Marathon | | |
| Luco Post | 2.06.34 | M 69 | |

Enschede 28-10-17 Indoorwedstrijd AC Tion

| | | | |
|---------------|------|-------|--|
| M.C. | 60 m | 60mh | |
| Cato Vervelde | 9.62 | 12.70 | |

Aalten 03-11-18 Boekeldercross 1e Wedstrijd

| | | | |
|----------------|-------|------|--|
| Heren | 5 km | | |
| Theo Schootman | 22.11 | M 69 | |

| | | | |
|--------------------|-------|------|--|
| Heren | 10 km | | |
| Robert Leussenkamp | 39.38 | M 53 | |

Haaksbergen 04-11-16 46e Pingelloop

| | | | |
|----------------|---------|------|--|
| Heren | 11,2 km | | |
| Rolf Schootman | 49.56 | M 39 | |
| Ton Harmsen | 1.02.48 | M 57 | |
| Dick Wezel | 1.04.13 | M 64 | |

Vorden 04-11-18 Grote Veldloop

| | | | |
|----------------------------|---------|------|--|
| Heren | 15 km | | |
| Erik Goudswaard | 1.20.13 | M 51 | |
| Engbert-Jan te Luggenhorst | 1.26.27 | M 72 | |

Rijssen 10-11-18 Sans Online Crossloop

| | | | |
|--------------------|-------|------|------------|
| Heren | 5 km | | |
| Hendri Weenk | 19.17 | M 41 | 1e pl M 40 |
| Robert Leussenkamp | 20.45 | M 53 | 2e pl M 50 |

Losser 11-11-18 Dinkelloop

| | | | |
|---------------|--------|--|--|
| M.C. | 1500 m | | |
| Cato Vervelde | 8.21 | | |

| | | | |
|-----------------|--------|--|--|
| J.D. | 1500 m | | |
| Henrik Boomkamp | 7.12 | | |
| David Dinter | 7.49 | | |

| | | | |
|--------------------|-------|------|------------|
| Heren | 5 km | | |
| Hendri Weenk | 19.13 | M 41 | 3e pl M 40 |
| Rolf Schootman | 22.02 | M 39 | |
| Robert Leussenkamp | 20.44 | M 53 | 1e pl M 50 |
| Theo Schootman | 24.04 | M 69 | 2e pl M 60 |
| Fokke-Gert Spinder | 27.48 | M 49 | |
| Gerard Bannink | 27.59 | M 48 | |
| Dick Wezel | 29.20 | M 64 | |

| | | | |
|----------------|-------|------|--|
| Heren | 10 km | | |
| Ronnie Leusink | 41.33 | M 48 | |

Aalten 17-11-18 Boekeldercross 3e Wedstrijd

| | | | |
|--------------------|-------|------|--|
| Heren | 10 km | | |
| Robert Leussenkamp | 39.29 | M 53 | |

Nijmegen 17-11-18 Zevenheuvelennacht

| | | | |
|----------------------|-------|------|--|
| Dames | 7 km | | |
| Angelique Schettters | 51.16 | V 45 | |

Nijmegen 18-11-18 35e Zevenheuvelenloop

| | | | |
|---------------------|---------|------|--|
| Dames | 15 km | | |
| Ilse Kistemaker | 1.34.14 | V 45 | |
| Ingrid Pasma | 1.40.03 | V 41 | |
| Francis Schilderink | 1.40.04 | V 54 | |

Enschede 18-11-18 Bommelasloop

| | | | |
|---------------------|--------|------|--|
| Dames | 7,4 km | | |
| Jacqueline Stoteler | 51.08 | V 43 | |
| Jolanda Blankvoort | 52.29 | V 48 | |

| | | | |
|-------------------|---------|------|--|
| Dames | 11,2 km | | |
| Adry Scholten | 1.04.37 | V 61 | |
| Debbie Scholten | 1.04.53 | V 36 | |
| Jeanet Habers | 1.05.32 | V 54 | |
| Marijke ter Avest | 1.20.55 | V 38 | |

| | | | |
|-------------------|---------|------|--|
| Heren | 11,2 km | | |
| Klaas Jan Sikkink | 1.02.54 | M 49 | |

Beek 18-11-18 Montferlandse Herfstrun

| | | | |
|--------------|-------|--|--|
| M.A. | 7 km | | |
| Laura Bomers | 34.19 | | |

Markelo 25-11-18 Bovenbergloop

| | | | |
|------------------|--------|--|--|
| M.P.A. | 1000 m | | |
| Chelsey FayTimme | 6.16 | | |
| Femke Grooters | 6.17 | | |

| | | | |
|---------------|--------|--|--|
| M.C. | 1500 m | | |
| Cato Vervelde | 7.12 | | |

| | | | |
|-----------------|--------|-------|--|
| M.A. | 3400 m | | |
| Mariska Lensink | 13.40 | 3e pl | |
| Laura Bomers | 13.55 | | |

| | | | |
|---------------|--------|--|--|
| J.P.C | 1000 m | | |
| Lars Grooters | 6.45 | | |

| | | | |
|-----------------|--------|--|--|
| J.D. | 1500 m | | |
| Henrik Boomkamp | 6.42 | | |
| David Dinter | 7.13 | | |

| | | | |
|--------------------|-------|------|------------|
| Heren | 5 km | | |
| Hendri Weenk | 19.57 | M 41 | 3e pl m 40 |
| Robert Leussenkamp | 20.35 | M 53 | 3e pl m 50 |
| Theo Schootman | 24.20 | M 69 | 2e pl m 60 |
| Gerard Bannink | 28.13 | M 48 | |
| Fokke-Gert Spinder | 28.18 | M 49 | |
| Youri Leussenkamp | 30.46 | M 21 | |

| | | | |
|----------------|-------|------|--|
| Heren | 10 km | | |
| Ronnie Leusink | 42.30 | M 48 | |

Zaandam 01-12-18 4e Vijfhoekparkloop

| | | | |
|------------|-------|------|--|
| Heren | 5 km | | |
| Dick Wezel | 31.04 | M 64 | |

Wierden 01-12-18 2e AVT Lageveldloop

| | | | |
|--------------------|-------|------|--|
| Heren | 5 km | | |
| Robert Leussenkamp | 20.21 | M 53 | |

S-Heerenberg 02-12-18 23e Montferland Run

| | | | |
|-----------------|--------|------|--|
| Dames | 7,5 km | | |
| Carla Jager | 37.05 | V 50 | |
| Daphne Goossens | 41.27 | V 38 | |

| | | | |
|-------------------|---------|------|--|
| Dames | 15 km | | |
| Sandra Olthof | 1.25.45 | V 36 | |
| Laura Theunisz | 1.29.30 | V 47 | |
| Harmke Hulshof | 1.47.58 | V 32 | |
| Selma van Krimpen | 1.47.58 | V 59 | |

Nijverdalen 08-12-18 Nijverdalsebergcross

| | | | |
|--------------------|-------|------|------------|
| Heren | 5 km | | |
| Hendri Weenk | 21.38 | M 41 | 2e pl M 40 |
| Robert Leussenkamp | 21.50 | M 53 | 2e pl M 50 |

Ellewick Dld 08-12-18 3e Ellewicker Adventsloop

| | | | |
|-------------------|-------|------|--|
| Dames | 5 km | | |
| Wilma Luggenhorst | 21.55 | V 54 | |

| | | | |
|----------------|-------|------|--|
| Heren | 5 km | | |
| Rolf Schootman | 20.10 | M 39 | |
| Theo Schootman | 22.09 | M 69 | |
| Ton Harmsen | 25.19 | M 57 | |

Lievelde 09-12-18 26e Scharenborg Crossloop

| | | | |
|--------------|--------|--|--|
| M.A. | 6,1 km | | |
| Laura Bomers | 32.13 | | |

| | | | |
|-----------------|--------|------|--|
| Heren | 6,1 km | | |
| Ronnie Leusink | 25.09 | M 48 | |
| Charles Heutink | 33.19 | M 47 | |

Borculo 15-12-18 38e Deoloop

| | | | |
|----------------|--------|------|--|
| Dames | 4600 m | | |
| Renate Ebbkink | 27.51 | V 39 | |

| | | | |
|------------------|--------|------|--|
| Dames | 9100 m | | |
| Wilma Harderwijk | 48.23 | V 49 | |
| Astrid Runneboom | 54.10 | V 49 | |

| | | | |
|-----------------|--------|------|-------|
| Heren | 9100 m | | |
| Hendri Weenk | 34.23 | M 41 | 2e pl |
| Rolf Schootman | 39.47 | M 39 | |
| Charles Heutink | 45.26 | M 46 | |

Eibergen 16-12-18 3e Switch TCC Wintercross

| | | | |
|-------------------------|---------|-------|------------|
| M.P.A. | 1000 m | | |
| Chelsey FayTimme | 4.14 | | |
| Femke Grooters | 4.24 | | |
| M.A. | 2400 m | | |
| Mariska Lensink | 10.18 | 3e pl | |
| Dames | 5 km | | |
| Wilma Luggenhorst | 23.00 | V 54 | |
| Jacqueline Stoteler | 29.01 | V 43 | |
| Clemy Woertman | 29.01 | V 44 | |
| Dames | 10 km | | |
| Suzanne Dijkstra | 46.56 | V 37 | |
| Barbara Tempert-de Haan | 49.50 | V 43 | |
| Jeanet Habers | 59.24 | V 54 | 1e pl V 50 |
| Adry Scholten | 59.24 | V 61 | 2e pl V 50 |
| J.D. | 1500 m | | |
| Henrik Boomkamp | 6.48 | | |
| Max Bijlsma | 6.58 | | |
| David Dinter | 7.43 | | |
| Heren | 2400 m | | |
| Dinant Vaags G Atl | 15.15 | M 60 | |
| Heren | 5 km | | |
| Hendri Weenk | 18.20 | M 41 | 3e pl M 40 |
| Robert Leussenkamp | 18.22 | M 53 | 1e pl M 50 |
| Rolf Schootman | 20.46 | M 39 | |
| Theo Schootman | 22.16 | M 69 | 2e pl M 60 |
| Gerard Bannink | 25.01 | M 48 | |
| Johan Onstein | 25.22 | M 53 | |
| Fokke-Gert Spinder | 26.14 | M 49 | |
| Walter Wessels | 26.27 | M 51 | |
| Youri Leussenkamp | 28.16 | M 21 | |
| Martin Rooks | 29.12 | M 63 | |
| Dick Wezel | 30.54 | M 64 | |
| Jeroen Weernink G Atl | 36.08 | M 36 | |
| Heren | 10 km | | |
| Ronnie Leusink | 38.27 | M 48 | 3e pl M 40 |
| Erwin Leusink | 45.43 | M 51 | |
| Jasper Heming | 49.16 | M 30 | |
| Hanno Tempel | 53.23 | M 51 | |
| Ton Harmsen | 57.24 | M 57 | |
| Michel Jongerman | 1.00.13 | M 46 | |

Borne 23-12-18 Step-One Loop

| | | | |
|----------------------------|----------------|------|--|
| Heren | 10 km | | |
| Rolf Schootman | 42.06 | M 39 | |
| Theo Schootman | 45.29 | M 69 | |
| Heren | Halve Marathon | | |
| Engbert-Jan te Luggenhorst | 2.15.28 | M 72 | |

Vorden 29-12-18 38e Oudejaars Crossloop

| | | | |
|--------------------|---------|------|------------|
| Dames | 10 km | | |
| Wendy Grave | 1.02.21 | V 39 | |
| Heren | 10 km | | |
| Robert Leussenkamp | 40.28 | M 53 | 2e pl M 50 |

Meddo 30-12-18 34e Keiloop

| | | |
|-------------------|--------|------|
| Dames | 5,5 km | |
| Hedwig Nijland | 28.00 | V 49 |
| Marijke ter Avest | 35.16 | V 38 |

| | | |
|----------------|---------|------|
| Heren | 10 km | |
| Theo Schootman | 45.30 | M 69 |
| Dick Wezel | 1.02.10 | M 64 |

| | | |
|-------------------------|----------------|------|
| Dames | Halve Marathon | |
| Barbara Tempert-de Haan | 1.44.58 PR | V 43 |

| | | |
|-------------|----------------|------|
| Heren | Halve Marathon | |
| Ton Harmsen | 1.58.53 | M 57 |

Bornerbroek 31-12-18 Bosma Beste Advies Oudejaarscross Sisu

| | | |
|---------------|--------|--|
| M.C. | 1500 m | |
| Cato Vervelde | 6.57 | |

| | | |
|-----------------|--------|-------|
| M.A. | 2400 m | |
| Mariska Lensink | 12.15 | 2e pl |
| Laura Bomers | 13.38 | |

| | | |
|-----------------|--------|--|
| J.D. | 1500 m | |
| Henrik Boomkamp | 6.16 | |
| David Dinter | 6.56 | |

| | | | |
|--------------------|-------|------|------------|
| Heren | 5 km | | |
| Robert Leussenkamp | 21.17 | M 53 | 1e pl M 50 |
| Rolf Schootman | 23.21 | M 39 | |
| Gerard Bannink | 30.11 | M 48 | |

| | | |
|----------------|-------|------|
| Heren | 10 km | |
| Ronnie Leusink | 44.28 | M 48 |