

## Leden 1990

### M.P.C.

|              |      |     |          |          |
|--------------|------|-----|----------|----------|
| Karin Lukens | 1982 | V 8 | 15.04.90 | 01.12.99 |
| Magne Vogel  | 1982 | V 8 | 31.10.93 | 01.08.00 |

### M.P.A.

|                     |      |      |          |          |
|---------------------|------|------|----------|----------|
| Angeliën ten Have   | 1980 | V 10 |          |          |
| Yvonne Lukens       | 1980 | V 10 |          |          |
| Femia Metz          | 1980 | V 10 | 33197    |          |
| Hanneke van Tilburg | 1979 | V 11 | 01-01-87 | 01-01-91 |

### M.D.

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Wendy Grooters    | 1977 | V 13 |          |          |
| Hadewich Heutema  | 1977 | V 13 | 15-09-90 |          |
| Miriam Huurneman  | 1977 | V 13 | 01-10-90 |          |
| Minette Korterink | 1977 | V 13 | 01-11-90 |          |
| Chantal Kruger    | 1977 | V 13 |          |          |
| Sandra Lankwarden | 1978 | V 12 | 01-01-89 | 01-05-90 |
| Mira te Nijenhuis | 1977 | V 13 | 07.10.84 | 01.05.00 |
| Laura Oldegberts  | 1977 | V 13 | 01-01-87 | 01-04-91 |
| Hester Schilp     | 1978 | V 12 | 01-06-89 | 01-12-91 |

### M.C.

|                    |      |      |          |          |
|--------------------|------|------|----------|----------|
| Therese de Boer    | 1976 | V 14 | 1984     | 01-01-91 |
| Brigitte Korten    | 1976 | V 14 | 01-02-88 | 01-07-90 |
| Cherrylene Wassink | 1976 | V 14 | 01-01-86 |          |
| Frouke Wesseling   | 1976 | V 14 | 01-10-88 | 01-05-90 |

### M.B.

|               |      |      |          |          |
|---------------|------|------|----------|----------|
| Saskia Heutnk | 1974 | V 16 | 01-11-88 | 01-05-90 |
|---------------|------|------|----------|----------|

### M.A.

|                        |      |      |          |          |
|------------------------|------|------|----------|----------|
| Nicole Engelbarts      | 1971 | V 19 | 01-05-89 | 01-04-90 |
| Mariëlle van de Heyden | 1972 | V 18 |          |          |
| Susanne Huyts          | 1971 | V 19 | 1980     | 01-02-91 |
| Annemiek Punter        | 1972 | V 18 | 1985     | 31-12-90 |
| Janneke Smit           | 1972 | V 18 | 01-10-90 | 01-07-91 |

### Dames

|                       |      |      |          |                    |
|-----------------------|------|------|----------|--------------------|
| Alie Bartelink        | 1944 | V 46 | 1967     |                    |
| Natasja Bartelink     | 1968 | V 22 | 1976     |                    |
| Ankie Beernink        | 1962 | V 27 | 01-10-88 | 01-02-90           |
| Willemien Berkemeyer  | 1949 | V 41 | 01-11-89 |                    |
| Ine Brinkman          | 1960 | V 30 |          |                    |
| Jacqueline Doornbusch | 1968 | V 22 | 01-04-88 | 01-01-91           |
| Silvia Eppink         | 1957 | V 33 | 01.01.90 | 01.04.95           |
| Francine te Focht     | 1970 | V 20 | 01-02-88 | 01-08-90           |
| Ans Heutinck          | 1962 | V 28 | 01-11-90 | 01-11-91           |
| Ans 't Hooft          | 1951 | V 39 | 26-11-90 |                    |
| Lies Jacobs           | 1948 | V 42 | 01.10.90 | 14.04.97           |
| Gerlinda de Jong      | 1959 | V 31 | 01-12-88 | 01-08-90           |
| Annie Leppink         | 1943 | V 47 | 1975     | 01-01-91           |
| Sacha Lutje Spelberg  | 1948 | V 42 | 01.01.90 |                    |
| Kitty de Marie        | 1947 | V 43 | 01.04.88 |                    |
| Janny te Nijenhuis    | 1948 | V 42 | 1970     | Trainster          |
| Janny Nijkamp         | 1957 | V 33 | 01.11.89 |                    |
| Ada Nijland           | 1950 | V 40 | 01-12-88 | 01-10-90           |
| Karin Tankink         | 1956 | V 34 | 01.10.89 |                    |
| Janny Tuit            | 1955 | V 35 | 01.10.89 | 31.12.95           |
| Doris Willekes        | 1963 | V 27 | 01.05.84 | 01.11.02 Trainster |

|                       |      |     |          |          |
|-----------------------|------|-----|----------|----------|
| <b>J.P.C.</b>         |      |     |          |          |
| Niels Iubbers         | 1983 | M 7 | 15-10-90 | 01-08-91 |
| Xander Lutje Spelberg | 1982 | M 8 | 1-1-1990 |          |
| Roy Nijkamp           | 1983 | M 7 | 01.10.90 |          |
| Björn Maatman         | 1982 | M 8 | 01-11-89 | 01-01-91 |
| Ruben Pillen          | 1983 | M 7 | 01.06.90 | 01.05.00 |
| Peter te Vaarwerk     | 1982 | M 8 | 15-11-90 |          |

|                   |      |     |          |          |
|-------------------|------|-----|----------|----------|
| <b>J.P.B.</b>     |      |     |          |          |
| Matthijs ten Have | 1981 | M 9 | 01.09.88 | 31.12.96 |
| Dries Lasonder    | 1981 | M 9 | 10-12-90 |          |
| Thomas Rietman    | 1981 | M 9 | 15-11-90 | 01-12-91 |
| Hermen Schipholt  | 1981 | M 9 | 15-12-89 | 01-07-90 |
| Niels Somsen      | 1981 | M 9 | 01-11-88 | 01-09-90 |

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| <b>J.P.A.</b>        |      |      |          |          |
| Maurice ten Barge    | 1979 | M 11 | 15-10-90 |          |
| Coen Bomers          | 1979 | M 11 | 01-11-87 | 01-10-90 |
| Ronald Boomkamp      | 1979 | M 11 | 01.07.87 |          |
| Maikel Geurts        | 1980 | M 10 | 01-03-89 |          |
| Marc Groeneveld      | 1979 | M 11 | 01-11-90 |          |
| Bram de Groot        | 1979 | M 11 | 01.12.86 |          |
| Johan Kural          | 1980 | M 10 | 01-12-89 | 01-03-91 |
| Senaka Lukens        | 1980 | M 10 |          |          |
| Micha Lutje Spelberg | 1980 | M 10 | 01.12.87 | 31.12.96 |
| Ivo Maatman          | 1980 | M 10 |          |          |
| Ewald Meekes         | 1979 | M 11 | 01-04-88 |          |
| Joost Ottink         | 1980 | M 10 | 01.06.90 | 03.11.02 |
| Tom Oudelaar         | 1979 | M 11 | 03-12-90 | 01-07-91 |
| Joris Pardijs        | 1980 | M 10 |          |          |
| Willem Spronk        | 1980 | M 10 | 18-12-89 | 01-01-91 |
| Alexander Tijhuis    | 1980 | M 10 | 01-07-89 | 31-12-91 |

|                          |      |      |           |          |
|--------------------------|------|------|-----------|----------|
| <b>J.D.</b>              |      |      |           |          |
| Walter Boomkamp          | 1977 | M 13 |           | 01-07-91 |
| Benno Eeftink            | 1978 | M 12 | 01-11-88  | 01-07-90 |
| Rob Lankveld             | 1978 | M 12 | 01-03-88  | 01-10-90 |
| Nick Maatman             | 1978 | M 12 | 01.04.86  |          |
| Chrispijn Pepplinkhuizen | 1978 | M 12 |           |          |
| Owen Temmink             | 1978 | M 12 | 1986      | 01-10-90 |
| Michiel Verhey           | 1978 | M 12 | 1-11-1988 | 01-10-90 |
| Sander Vrieze            | 1977 | M 12 | 01-03-86  | 01-12-90 |

|                         |      |      |          |          |
|-------------------------|------|------|----------|----------|
| <b>J.C.</b>             |      |      |          |          |
| Gerton Berkemeyer       | 1975 | M 15 | 01.05.88 | 01.11.98 |
| Renee Brekveld          | 1975 | M 15 | 01-05-89 | 01-07-90 |
| Maurice Doreleyers      | 1975 | M 15 | 01-05-89 | 01-05-90 |
| Ben Harbers             | 1975 | M 15 | 01.12.87 | 01.12.98 |
| Sander Koldewey         | 1975 | M 15 | 01-03-89 | 01-06-90 |
| Stefan Konniger         | 1976 | M 14 | 1983     |          |
| Martijn Loohuis         | 1975 | M 15 | 01-11-87 | 01-05-90 |
| Alfred Meekes           | 1975 | M 15 |          |          |
| Reginald Pepplinkhuizen |      |      |          |          |
| Bert Bart Prins         | 1975 | M 15 |          | 31-12-91 |
| Ralph Smeenk            | 1975 | M 15 |          |          |
| Eelco Wedel             | 1976 | M 14 | 1984     | 01-07-91 |

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| <b>J.B.</b>           |      |      |          |          |
| Sander Jan Grijzen    | 1974 | M 16 |          | 01-08-91 |
| Collin Lutje Spelberg | 1974 | M 16 | 01-05-89 | 01-07-90 |
| Dennis te Nijenhuis   | 1974 | M 16 | 07.10.84 |          |
| Thijs Schilp          | 1974 | M 16 | 1986     | 01-10-90 |
| Pim Temmink           | 1973 | M 17 | 1981     | 31-12-90 |
| Menno Veldhuis        | 1974 | M 16 | 01-11-88 | 01-08-90 |
| Paul Wormgoor         | 1973 | M 17 | 01-11-84 | 01.07.96 |

|                    |      |      |          |          |
|--------------------|------|------|----------|----------|
| <b>J.A.</b>        |      |      |          |          |
| Udo ten Barge      | 1971 | M 19 | 1988     |          |
| Edgar Lanting      | 1971 | M 19 |          |          |
| Jacco de Maat      | 1971 | M 19 | 15-09-89 | 01-02-91 |
| Mark Temmink       | 1972 | M 18 | 01.06.85 | 31.12.99 |
| <b>Heren</b>       |      |      |          |          |
| Indra Amarasekara  | 1952 | M 38 | 15-12-88 | 01-10-90 |
| Joop Bartelink     | 1940 | M 50 | 1955     |          |
| Tom Bangert        | 1953 | M 37 |          |          |
| Erik Bats          | 1960 | M 30 | 1988     | 01-07-91 |
| Hennie Barts       | 1965 | M 25 | 01-01-87 |          |
| Henk Bleumink      | 1952 | M 38 | 01-05-89 | 01-05-90 |
| Marty Firing       | 1945 | M 45 | 1968     |          |
| H.Garritsen        | 1934 | M 56 | 1975     | 31.12.05 |
| Herbert Garritsen  | 1966 | M 24 | 1975     |          |
| Hans Garritsen     | 1946 | M 44 | 01.02.87 | 01.07.98 |
| L. Ijssenagger     | 1910 | M 80 | 1948     | 16-03-00 |
| Peter Kamps        | 1964 | M 26 |          |          |
| Johan van der Kous | 1933 | M 57 | 1955     | 01.01.95 |
| Harald Lensink     | 1963 | M 27 |          |          |
| Erwin Leussenkamp  | 1969 | M 21 | 01.08.81 | 01.12.05 |
| Robert Leussenkamp | 1965 | M 25 | 01.08.81 | 01.04.02 |
| Marcel Liebrand    | 1959 | M 31 | 01.06.85 |          |
| Tonnie Lutikholt   | 1954 | M 36 | 1972     |          |
| Theo Nijkamp       | 1952 | M 38 | 1972     |          |
| Ben te Nijenhuis   | 1948 | M 42 | 1971     |          |
| Jan van Onzen      | 1946 | M 44 | 01.04.90 | 31.12.95 |
| Jan Plat           | 1966 | M 24 | 1984     | 01-02-91 |
| Huub Ras           | 1930 | M 60 | 1956     |          |
| Henk Schutte       | 1960 | M 30 | 1986     | 01-01-91 |
| René Siegerink     | 1962 | M 28 |          |          |
| Gezines Siepel     | 1959 | M 31 |          |          |
| Arie Simmelink     | 1932 | M 58 | 1952     | 20-06-05 |
| Michel Stoverink   | 1967 | M 22 | 01.05.91 | 31.12.95 |
| Hennie Temmink     | 1943 | M 47 | 01.01.84 |          |
| Chris Timmermans   | 1945 | M 45 |          |          |
| Bert Vogel         | 1953 | M 41 |          |          |
| Johan Wansing      | 1932 | M 58 | 1948     |          |
| Rudy Wedel         | 1947 | M 43 | 1961     |          |
| Erik Weiss         | 1969 | M 21 | 1983     | 01-02-91 |
| Hans Wildebeest    | 1967 | M 23 |          |          |
| Gerard Willekes    | 1956 | M 34 | 32933    |          |

## 1990

### Eibergen 07-01-90 Nieuwjaarscross

|                   |         |      |       |  |
|-------------------|---------|------|-------|--|
| <b>M.P.A.</b>     |         |      |       |  |
| Angeliën ten Have | 1100 m  |      |       |  |
|                   | 4.16    | V 11 | 5e pl |  |
| <b>M.D.</b>       |         |      |       |  |
| Mira te Nijenhuis | 1100 m  |      |       |  |
|                   | 4.25.00 | V 13 | 4e pl |  |

### **Eibergen 07-01-90 Nieuwjaarscross vervolg**

|                    |          |      |        |
|--------------------|----------|------|--------|
| M.C.               | 1100 m   |      |        |
| Therese de Boer    | 4.18.00  | V 14 | 5e pl  |
| Cherrylene Wassink | 4.45.00  | V 14 | 10e pl |
| J.P.C.             | 1100 m   |      |        |
| Björn Maatman      | 5.43.00  |      | 6e pl  |
| J.P.A.             | 1100 m   |      |        |
| Ivo Maatman        | 4.31.00  | M 10 | 4e pl  |
| Bram de Groot      | 4.41.00  | M 11 | 7e pl  |
| J.D.               |          |      |        |
| Owen Temmink       | 4.31.00  | M 12 | 13e pl |
| Nick Maatman       | 4.37.00  | M 12 | 15e pl |
| Benno Eefink       | 5.02.00  | M 12 | 18e pl |
| J.C.               | 2200 m   |      |        |
| Ben Harbers        | 8.07.01  | M 15 | 1e pl  |
| Eelco Wedel        | 8.37.00  | M 14 | 7e pl  |
| Alfred Meekes      | 8.51.00  | M 15 | 11e pl |
| Stefan Konniger    | 9.12.00  | M 14 | 16e pl |
| Heren              | 11000 m  |      |        |
| Robert Leussenkamp | 41.52.00 | M 25 | 7e pl  |

### **Losser 13-01-90 3e wedstrijd Oostelijke Crosscompetitie**

|             |           |          |  |
|-------------|-----------|----------|--|
| J.C.        |           |          |  |
| Ben Harbers | Oostelijk | Kampioen |  |

### **Enschede 14-01-90 Indoorwedstrijd AC Tion**

### **Zwolle 20 en 21 -01-90 Open Oostelijke Indoorkampioenschappen en NK Meerkamp**

|                    |         |      |        |
|--------------------|---------|------|--------|
| J.C.               | 800 m   |      |        |
| Ben Harbers        | 2.21.47 | M 15 | 11e pl |
| Ralph Smeenk       | 2.22.93 | M 15 | 12e pl |
| J.C.               | Kogel   |      |        |
| Ralph Smeenk       | 11.65 m | M 15 | 8e pl  |
| Gerton Berkemeyer  | 10.15 m | M 15 | 16e pl |
| Heren              | 1500 m  |      |        |
| Robert Leussenkamp | 4.19.1  | M 25 | 10e pl |

### **Rhede DId 28-01-90 Indoorwedstrijd**

### **Heerde 10-02-90 4e wedstrijd Oostelijke Crosscompetitie**

|                   |        |  |  |
|-------------------|--------|--|--|
| M.D.              | 1500 m |  |  |
| Mira te Nijenhuis | 10e pl |  |  |
| M.C.              | 1500 m |  |  |
| Therese de Boer   | 8e pl  |  |  |

## Heerde 10-02-90 4e wedstrijd Oostelijke Crosscompetitie vervolg

|              |        |
|--------------|--------|
| J.D. 1e j    | 1500 m |
| Owen Temmink | 25e pl |

|             |        |
|-------------|--------|
| J.C. 1e j   | 2300 m |
| Eelco Wedel | 13e pl |

|                 |        |
|-----------------|--------|
| J.C. 2e j       | 2300 m |
| Ben Harbers     | 1e pl  |
| Ralph Smeenk    | 3e pl  |
| Sander Koldewey | 16e pl |
| Bert Bart Prins | 22e pl |

|                     |        |
|---------------------|--------|
| J.B.                | 4000 m |
| Dennis te Nijenhuis | 17e pl |

|                    |        |
|--------------------|--------|
| Heren              | 4000 m |
| Robert Leussenkamp | 13e pl |

## Den Haag 10/11-02-90 C spelen en NK B junioren Indoor

### Enschede 11-02-90 Indoorwedstrijd

|                |      |        |      |
|----------------|------|--------|------|
| M.D.           | 60 m | Kogel  |      |
| Chantal Kruger | 9.9  | 6.75 m | V 13 |
| Hester Schilp  | 10.2 | 5.11 m | V 12 |

|                   |         |      |        |
|-------------------|---------|------|--------|
| J.C.              | Kogel   |      |        |
| Gerton Berkemeyer | 10.78 m | M 15 | 16e pl |

|                       |      |             |        |      |
|-----------------------|------|-------------|--------|------|
| J.B.                  | 60 m | 60 m Horden | Hoog   |      |
| Menno Veldhuis        |      | 11.2        | 1.45 m | M 16 |
| Collin Lutje Spelberg | 7.9  |             | 1.45 m | M 16 |
| Sander Jan Grijzen    |      |             | 1.50 m | M 16 |

## Eibergen 11-02-90 Karnevalscross

## Den Haag 17/18-02-90 Nederlandse Indoorkampioenschappen Senioren en A Junioren

### Hengelo 24-02-90 Twente Cross

|                 |         |      |        |
|-----------------|---------|------|--------|
| J.C.            | 2500 m  |      |        |
| Ben Harbers     | 9.09.6  | M 15 | 1e pl  |
| Ralph Smeenk    | 9.36.0  | M 15 | 4e pl  |
| Alfred Meekes   | 10.46.0 | M 15 | 12e pl |
| Bert Bart Prins | 11.05.0 | M 15 | 13e pl |

## Oldenzaal 11-03-90 Fortiscross

|                 |        |      |
|-----------------|--------|------|
| J.C.            | 2200 m |      |
| Ben Harbers     | 7.28.0 | M 15 |
| Ralph Smeenk    | 7.35.0 | M 15 |
| Alfred Meekes   | 8.16.0 | M 15 |
| Bert Bart Prins | 8.46.0 | M 15 |

|                    |         |      |
|--------------------|---------|------|
| Heren              | 3550 m  |      |
| Robert Leussenkamp | 11.42.0 | M 25 |

## Enschede 18-03-90 Indoorwedstrijd

|                   |      |        |      |
|-------------------|------|--------|------|
| M.D.              | 60 m | Kogel  |      |
| Mira te Nijenhuis | 9.6  | 9.25 m | V 13 |

|                     |      |      |  |
|---------------------|------|------|--|
| J.B.                | 60 m |      |  |
| Dennis te Nijenhuis | 8.6  | M 16 |  |

## Zevenaar 07-04-90 Testwedstrijden Baan

|                    |        |      |
|--------------------|--------|------|
| Heren              | 1000 m |      |
| Robert Leussenkamp | 2.44.4 | M 25 |

## Geesteren 16-04-90 Halve Marathon Sisu

## Hengelo 21-04-90 1e Competitiewedstrijd CD Junioren AC Tion

|                  |        |         |      |
|------------------|--------|---------|------|
| M.D.             |        |         |      |
| Laura Oldegberts | 4x60 m | 39.5    | V 13 |
| Hester Schilp    | 4x60 m | 39.5    | V 12 |
| Wendy Grooters   | 4x60 m | 39.5    | V 12 |
| Chantal Kruger   | 4x60 m | 39.5    | V 13 |
| Laura Oldegberts | 60 m   | 10.4    | V 13 |
| Laura Oldegberts | 60 mh  | 14.4    | V 13 |
| Hester Schilp    | 1000 m | 4.15.8  | V 12 |
| Wendy Grooters   | 1000 m | 4.33.3  | V 12 |
| Hester Schilp    | Ver    | 2.96 m  | V 12 |
| Chantal Kruger   | Hoog   | 1.20 m  | V 13 |
| Chantal Kruger   | Kogel  | 6.41 m  | V 13 |
| Wendy Grooters   | Speer  | 12.40 m | V 12 |

|                 |         |         |      |
|-----------------|---------|---------|------|
| J.D.            |         |         |      |
| Walter Boomkamp | 4x 80 m | 47.3    | M 13 |
| Rob Lankveld    | 4x 80 m | 47.3    | M 12 |
| Nick Maatman    | 4x 80 m | 47.3    | M 12 |
| Benno Eefink    | 4x 80 m | 47.3    | M 12 |
| Benno Eefink    | 80 m    | 13.8    | M 12 |
| Walter Boomkamp | 80 mh   | 17.0    | M 13 |
| Benno Eefink    | 1000 m  | 4.00.9  | M 12 |
| Nick Maatman    | Ver     | 3.22 m  | M 12 |
| Nick Maatman    | Hoog    | 1.15 m  | M 12 |
| Rob Lankveld    | Kogel   | 5.50 m  | M 12 |
| Walter Boomkamp | Discus  | 15.56 m | M 13 |
| Rob Lankveld    | Speer   | 14.80 m | M 12 |

## Hengelo 21-04-90 1e Competitiewedstrijd CD Junioren AC Tion vervolg

|                   |         |         |      |
|-------------------|---------|---------|------|
| J.C.              |         |         |      |
| Eelco Wedel       | 4x100 m | 51.4    | M 14 |
| Ralph Smeenk      | 4x100 m | 51.4    | M 15 |
| Ben Harbers       | 4x100 m | 51.4    | M 15 |
| Bert Bart Prins   | 4x100 m | 51.4    | M 15 |
| Eelco Wedel       | 100 m   | 13.9    | M 14 |
| Ben Harbers       | 100 mh  | 17.9    | M 15 |
| Ralph Smeenk      | 800 m   | 2.17.4  | M 15 |
| Ben Harbers       | 1500 m  | 4.47.5  | M 15 |
| Eelco Wedel       | Ver     | 4.62 m  | M 14 |
| Bert Bart Prins   | Hoog    | 1.50 m  | M 15 |
| Gerton Berkemeyer | Kogel   | 11.20 m | M 15 |
| Ralph Smeenk      | Discus  | 37.72 m | M 15 |
| Gerton Berkemeyer | Speer   | 32.98 m | M 15 |

## Eibergen 22-04-90 Kermisloop

|                   |        |       |
|-------------------|--------|-------|
| M.P.A.            | 1500 m |       |
| Angeliën ten Have | 6.03   | 1e pl |
| Heren veteranen   | 10 km  |       |
| Rudy Wedel        | 39.36  | M 43  |

## Hengelo 22-04-90 Halve Marathon

## Zwolle 22-04-90 Testwedstrijden Baan

|                    |        |      |
|--------------------|--------|------|
| Heren              | 1500 m |      |
| Robert Leussenkamp | 4.13.6 | M 25 |

## Hengelo 28-04-90 1e Medaillewedstrijd Iphitos en AV Goor

|                       |        |        |         |      |
|-----------------------|--------|--------|---------|------|
| M.P.A.                | 60 m   | Hoog   | Bal     |      |
| Angeliën ten Have     | 9.9    | 0.95 m | 26.70 m | V 11 |
| M.D.                  | 60 m   | Hoog   | Kogel   |      |
| Mira te Nijenhuis     | 9.2    | 1.25 m | 9.42 m  | V 13 |
| M.C.                  | 600 m  | Ver    | Speer   |      |
| Therese de Boer       | 1.46.4 | 4.17 m | 16.84 m | V 14 |
| J.P.C.                | 40 m   | Ver    | Bal     |      |
| Xander Lutje Spelberg | 7.7    | 2.64 m | 11.96 m | M 8  |
| J.P.B.                | 40 m   | Hoog   | Kogel   |      |
| Matthijs ten Have     | 7.1    | 0.70 m | 6.88 m  | M 9  |
| J.P.A.                | 1000 m | Ver    | Kogel   |      |
| Micha Lutje Spelberg  | 4.28.0 | 3.46 m | 7.32 m  | M 10 |
| Bram de Groot         | 3.40.8 | 3.58 m | 6.66 m  | M 11 |
| Coen Bomers           | 4.36.9 | 3.00 m | 8.10 m  |      |
| J.C.                  | 100 m  | Hoog   | Speer   |      |
| Ralph Smeenk          | 13.3   | 1.50 m | 32.90 m | M 15 |
| Ben Harbers           | 12.5   | 1.50 m | 29.02 m | M 15 |
| Eelco Wedel           | 13.5   | 1.45 m | 27.22 m | M 14 |

## Zwolle 29-04-90 Competitiewedstrijd B Junioren AV PEC 1910

|                       |         |          |       |
|-----------------------|---------|----------|-------|
| J.B.                  |         | 4236 pnt | 8e pl |
| Dennis te Nijenhuis   | 4x100 m | 51.3     | M 16  |
| Paul Wormgoor         | 4x100 m | 51.3     | M 16  |
| Collin Lutje Spelberg | 4x100 m | 51.3     | M 16  |
| Thijs Schilp          | 4x100 m | 51.3     | M 16  |
| Collin Lutje Spelberg | 100 m   | 13.1     | M 16  |
| Dennis te Nijenhuis   | 400 m   | 66.3     | M 16  |
| Menno Veldhuis        | 800 m   | 2.30.4   | M 16  |
| Thijs Schilp          | 3000 m  | 11.46.1  | M 16  |
| Collin Lutje Spelberg | Ver     | 4.97 m   | M 16  |
| Sander Jan Grijzen    | Hoog    | 1.60 m   | M 16  |
| Paul Wormgoor         | Kogel   | 10.72 m  | M 17  |
| Sander Jan Grijzen    | Discus  | 23.60 m  | M 16  |
| Paul Wormgoor         | Speer   | 41.38 m  | M 17  |

## Eibergen 06-05-90 Werp 3 Kamp C/D Junioren

|                   |         |         |         |      |
|-------------------|---------|---------|---------|------|
| M.D.              | Kogel   | Discus  | Speer   |      |
| Mira te Nijenhuis | 9.93 m  | 19.08 m | 26.78 m | V 13 |
| Wendy Grooters    | 6.09 m  | 9.98 m  | 12.86 m | V 13 |
| Chantal Kruger    | 6.35 m  | 10.06 m | 12.16 m | V 13 |
| J.D.              | Kogel   | Discus  | Speer   |      |
| Walter Boomkamp   | 7.87 m  | 15.85 m | 26.16 m | M 13 |
| J.C.              | Kogel   | Discus  | Speer   |      |
| Ralph Smeenk      | 12.08 m | 36.82 m | 35.16 m | M 15 |
| Gerton Berkemeyer | 11.42 m | 30.08 m | 38.60 m | M 15 |

## Weerselo 12-05-90 15 km Wegwedstrijd Laac

## Hengelo 16-05-90 Testwedstrijd Kronos

|                   |       |        |         |      |
|-------------------|-------|--------|---------|------|
| J.C.              | 100 m | Ver    | Speer   |      |
| Gerton Berkemeyer | 14.0  | x      | 35.38 m | M 15 |
| Ben Harbers       | 13.1  | 4.77 m | 28.92 m | M 15 |
| Ralph Smeenk      | 13.5  | 5.06 m | 36.24 m | M 15 |
| Heren             | 100 m |        |         |      |
| Harald Lensink    | 11.6  | M 27   |         |      |

## Zutphen 17-05-90 Zuidwijkloop AV Hanzesport



## **Zevenaar 19-05-90 2e Competitiewedstrijd CD Junioren**

### **M.D.**

|                   |             |         |      |
|-------------------|-------------|---------|------|
| Laura Oldegberts  | 60 m        | 10.5    | V 13 |
| Hester Schilp     | 60 m        | 10.2    | V 12 |
| Wendy Grooters    | 60 m Horden | 16.8    | V 12 |
| Chantal Kruger    | 60 m Horden | 14.0    | V 13 |
| Laura Oldegberts  | 1000 m      | 4.16.2  | V 13 |
| Hester Schilp     | 1000 m      | 4.19.9  | V 12 |
| Wendy Grooters    | Ver         | 2.99 m  | V 12 |
| Chantal Kruger    | Hoog        | 1.15 m  | V 13 |
| Mira te Nijenhuis | Kogel       | 9.12 m  | V 13 |
| Mira te Nijenhuis | Speer       | 24.88 m | V 13 |

### **J.D.**

|                 |             |         |      |
|-----------------|-------------|---------|------|
| Walter Boomkamp | 4x100 m     | 52.0    | M 13 |
| Rob Lankveld    | 4x100 m     | 52.0    | M 12 |
| Nick Maatman    | 4x100 m     | 52.0    | M 12 |
| Benno Eefink    | 4x100 m     | 52.0    | M 12 |
| Benno Eefink    | 80 m        | 13.4    | M 12 |
| Rob Lankveld    | 80 m Horden | 19.4    | M 12 |
| Benno Eefink    | Ver         | 3.32 m  | M 12 |
| Nick Maatman    | 1000 m      | 3.44.50 | M 12 |
| Walter Boomkamp | Kogel       | 7.68 m  | M 13 |
| Walter Boomkamp | Discus      | 19.70 m | M 13 |
| Rob Lankveld    | Speer       | 15.36 m | M 12 |

### **J.C.**

|                   |              |         |      |
|-------------------|--------------|---------|------|
| Eelco Wedel       | 4x100 m      | 50.8    | M 14 |
| Ralph Smeenk      | 4x100 m      | 50.8    | M 15 |
| Ben Harbers       | 4x100 m      | 50.8    | M 15 |
| Bert Bart Prins   | 4x100 m      | 50.8    | M 15 |
| Ben Harbers       | 100 m        | 12.8    | M 15 |
| Eelco Wedel       | 100 m Horden | 20.3    | M 14 |
| Alfred Meekes     | 100 m Horden | 21.5    | M 15 |
| Alfred Meekes     | 800 m        | 2.36.50 | M 15 |
| Ralph Smeenk      | 800 m        | 2.21.40 | M 15 |
| Ben Harbers       | 1500 m       | 4.41.6  | M 15 |
| Eelco Wedel       | Ver          | 4.74 m  | M 14 |
| Bert Bart Prins   | Hoog         | 1.40 m  | M 15 |
| Gerton Berkemeyer | Kogel        | 11.03 m | M 15 |
| Ralph Smeenk      | Discus       | 33.26 m | M 15 |
| Gerton Berkemeyer | Speer        | 35.70 m | M 15 |

## **Arnhem 20-05-90 1e Competitiewedstrijd Senioren**

### **Heren**

|                    |              |         |      |
|--------------------|--------------|---------|------|
| Harald Lensink     | 4x100 m      | 48.0    | M 27 |
| Robert Leussenkamp | 4x100 m      | 48.0    | M 25 |
| Erwin Leussenkamp  | 4x100 m      | 48.0    | M 21 |
| Erik Weiss         | 4x100 m      | 48.0    | M 21 |
| Harald Lensink     | 100 m        | 11.6    | M 27 |
| Hans Wildebeest    | 110 m Horden | 20.3    | M 23 |
| Erwin Leussenkamp  | 400 m        | 54.5    | M 21 |
| Robert Leussenkamp | 1500 m       | 4.15.2  | M 25 |
| Edgar Lantink      | 5000 m       | 17.42.0 | M 19 |
| Harald Lensink     | Ver          | 5.66 m  | M 27 |
| Erik Weiss         | Hoog         | 1.75 m  | M 21 |
| Erik Weiss         | Kogel        | 8.25 m  | M 21 |
| Herbert Garritsen  | Discus       | 25.88 m | M 24 |
| Herbert Garritsen  | Speer        | 38.84 m | M 24 |

## Lochem 24-05-90 Vestingloop AV de Cloese

## Klazienaveen 25-05-90 Marathon

|             |          |      |
|-------------|----------|------|
| Heren       | Marathon |      |
| Tom Bangert | 2.56.49  | M 37 |

## Ambt Delden 26-05-90 Drieluikmarathon Laac

## Eibergen 26-05-90 2e Medaillewedstrijd

|                       |        |        |         |         |      |
|-----------------------|--------|--------|---------|---------|------|
| M.P.A.                | 1000 m | Ver    | Kogel   |         |      |
| Angelien ten Have     | 3.56.6 | 3.49 m | 6.04 m  | V 11    |      |
| M.D.                  | 600 m  | Ver    | Speer   |         |      |
| Chantal Kruger        | 2.08.5 | 3.68 m | 13.50 m | V 13    |      |
| Mira te Nijenhuis     | 2.07.0 | 3.91 m | 21.96 m | V 13    |      |
| M.C.                  | 80 m   | Hoog   | Kogel   | Discus  |      |
| Therese de Boer       | 11.9   | 1.35 m | 7.17 m  | 17.44 m | V 14 |
| Cherrylene Wassink    | 13.8   | x      | 6.78 m  | 15.32 m | V 14 |
| J.P.C.                | 1000 m | Ver    | Bal     |         |      |
| Xander Lutje Spelberg | 4.21.9 | 2.75 m | 14.08   | M 8     |      |

## Eibergen 26-05-90 2e Medaillewedstrijd vervolg

|                      |        |        |         |         |      |
|----------------------|--------|--------|---------|---------|------|
| J.P.B.               | 1000 m | Ver    | Bal     |         |      |
| Matthijs ten Have    | 4.43.9 | 3.25 m | 28.64 m | M 9     |      |
| Niels Somsen         | 4.51.6 | 2.69 m | 23.82 m | M 9     |      |
| J.P.A.               | 60 m   | Hoog   | Bal     |         |      |
| Micha Lutje Spelberg | 9.7    | 1.15 m | 28.12 m | M 10    |      |
| Bram de Groot        | 10.0   | 1.10 m | 30.96 m | M 11    |      |
| J.C.                 | 800 m  | Ver    | Kogel   | Discus  |      |
| Ralph Smeenk         | 2.19.6 | 5.14 m | 12.04 m | 41.18 m | M 15 |
| Eelco Wedel          | 2.51.8 | 4.77 m | 8.48 m  | 21.02 m | M 14 |
| Gerton Berkemeyer    | 2.37.0 | 4.59 m | 10.42 m | 33.22 m | M 15 |

## Zevenaar 25-26-27-05-90 Oostelijke Kampioenschappen AB Junioren en Senioren

|                    |         |         |         |      |
|--------------------|---------|---------|---------|------|
| Heren              | 800 m   | 1500 m  |         |      |
| Robert Leussenkamp | 1.59.97 | 4.12.06 |         | M 25 |
| Heren              | Kogel   |         | Discus  |      |
| René siegerink     | 12.17 m | 7e pl   | 35.66 m | M 28 |
| Heren              | 100 m   | Ver     |         |      |
| Harald Lensink     | 12.16   | 6.16 m  |         | M 27 |

## Zutphen 27-05-90 Cityloop AV Hanzesport

## Hengelo 02-06-90 Oostelijke Kampioenschappen CD Junioren

|                      |                   |      |       |
|----------------------|-------------------|------|-------|
| J.C.<br>Ralph Smeenk | Discus<br>41.98 m | M 15 | 1e pl |
|----------------------|-------------------|------|-------|

## Hengelo 02-06-90 Oostelijke Kampioenschappen CD Junioren vervolg

|                           |                  |      |       |
|---------------------------|------------------|------|-------|
| M.D.<br>Mira te Nijenhuis | Speer<br>27.98 m | V 13 | 2e pl |
|---------------------------|------------------|------|-------|

|                         |                  |      |  |
|-------------------------|------------------|------|--|
| M.C.<br>Therese de Boer | 1000 m<br>3.26.0 | V 14 |  |
|-------------------------|------------------|------|--|

|                      |                  |      |  |
|----------------------|------------------|------|--|
| J.C.<br>Ralph Smeenk | 1500 m<br>4.50.7 | M 15 |  |
| Ben Harbers          | 4.59.1           | M 15 |  |

CD Competitie

## Hengelo 09-06-90 3e Competitiewedstrijd CD Junioren

|                   |             |         |      |
|-------------------|-------------|---------|------|
| M.D.              |             |         |      |
| Laura Oldegberts  | 4x60 m      | 38.3    | V 13 |
| Hester Schilp     | 4x60 m      | 38.3    | V 12 |
| Wendy Grooters    | 4x60 m      | 38.3    | V 12 |
| Chantal Kruger    | 4x60 m      | 38.3    | V 13 |
| Laura Oldegberts  | 60 m        | 10.2    | V 13 |
| Wendy Grooters    | 60 m        | 10.5    | V 12 |
| Hester Schilp     | 60 m Horden | 17.1    | V 12 |
| Chantal Kruger    | 60 m Horden | 13.0    | V 13 |
| Laura Oldegberts  | 1000 m      | 4.23.1  | V 13 |
| Hester Schilp     | 1000 m      | 4.25.0  | V 12 |
| Wendy Grooters    | Ver         | 2.93 m  | V 12 |
| Chantal Kruger    | Hoog        | 1.20 m  | V 13 |
| Mira te Nijenhuis | Kogel       | 9.32 m  | V 13 |
| Mira te Nijenhuis | Speer       | 28.36 m | V 13 |

|                 |             |         |      |
|-----------------|-------------|---------|------|
| J.D.            |             |         |      |
| Walter Boomkamp | 4x80 m      | 52.2    | M 13 |
| Rob Lankveld    | 4x80 m      | 52.2    | M 12 |
| Nick Maatman    | 4x80 m      | 52.2    | M 12 |
| Benno Eefink    | 4x80 m      | 52.2    | M 12 |
| Rob Lankveld    | 80 m Horden | 19.2    | M 12 |
| Benno Eefink    | 80 m Horden | 18.1    | M 12 |
| Benno Eefink    | 1000 m      | 4.00.0  | M 12 |
| Walter Boomkamp | Kogel       | 8.26 m  | M 13 |
| Walter Boomkamp | Discus      | 16.74 m | M 13 |
| Rob Lankveld    | Speer       | 16.18 m | M 12 |

## Hengelo 09-06-90 3e Competitiewedstrijd CD Junioren vervolg

J.C.

|                   |              |         |      |
|-------------------|--------------|---------|------|
| Eelco Wedel       | 4x100 m      | 51.1    | M 14 |
| Ralph Smeenk      | 4x100 m      | 51.1    | M 15 |
| Ben Harbers       | 4x100 m      | 51.1    | M 15 |
| Bert Bart Prins   | 4x100 m      | 51.1    | M 15 |
| Ben Harbers       | 100 m        | 12.7    | M 15 |
| Eelco Wedel       | 100 m        | 13.7    | M 14 |
| Stefan Konniger   | 100 m Horden | 17.7    | M 14 |
| Alfred Meekes     | 100 m Horden | 20.3    | M 15 |
| Alfred Meekes     | 800 m        | 2.28.9  | M 15 |
| Ralph Smeenk      | 800 m        | 2.15.6  | M 15 |
| Ben Harbers       | 1500 m       | 4.30.3  | M 15 |
| Stefan Konniger   | 1500 m       | 5.35.2  | M 14 |
| Eelco Wedel       | Ver          | 4.80 m  | M 14 |
| Bert Bart Prins   | Hoog         | 1.50 m  | M 15 |
| Gerton Berkemeyer | Kogel        | 11.10 m | M 15 |
| Ralph Smeenk      | Discus       | 40.40 m | M 15 |
| Gerton Berkemeyer | Speer        | 37.30 m | M 15 |

## Castricum Juni 1990 NK Grasbaankampioenschappen

|                    |        |      |
|--------------------|--------|------|
| Heren              | 800 m  |      |
| Robert Leussenkamp | 2.05.2 | M 25 |

## Zevenaer 17-06-90 2e Competitiewedstrijd Senioren

|                    |              |         |      |
|--------------------|--------------|---------|------|
| Heren              |              |         |      |
| Harald Lensink     | 4x100 m      | 46.7    | M 27 |
| Robert Leussenkamp | 4x100 m      | 46.7    | M 25 |
| Hans Wildebeest    | 4x100 m      | 46.7    | M 23 |
| Jan Plat           | 4x100 m      | 46.7    | M 24 |
| Harald Lensink     | 100 m        | 11.8    | M 27 |
| Hans Wildebeest    | 110 m Horden | 19.3    | M 23 |
| Jan Plat           | 400 m        | 52.7    | M 24 |
| Robert Leussenkamp | 1500 m       | 4.11.0  | M 25 |
| Hennie Barts       | 5000 m       | 18.42.9 | M 25 |
| Harald Lensink     | Ver          | 5.84 m  | M 27 |
| Erik Weiss         | Hoog         | x       | M 21 |
| René Siegerink     | Kogel        | 12.04 m | M 28 |
| René Siegerink     | Discus       | 33.02 m | M 24 |
| Herbert Garritsen  | Speer        | 38.28 m | M 24 |

## Eibergen 17-06-90 Halve Marathon

## Haaksbergen 20-06-90 Snelheidsmeerkamp

|                    |          |      |
|--------------------|----------|------|
| Robert Leussenkamp | 2758 pnt | M 25 |
| 100 m              | 13.1     |      |
| Ver                | 5.01 m   |      |
| Hoog               | 1.55 m   |      |
| Speer              | 32.38 m  |      |
| 400 m              | 58.6     |      |
| Discus             | 13.72 m  |      |
| Kogel              | 7.25 m   |      |
| 1500 m             | 4.53.3   |      |

## Haaksbergen 20-06-90 Snelheidsmeerkamp vervolg

|                |          |      |
|----------------|----------|------|
| René Siegerink | 1876 pnt | M 28 |
| 100 m          | 13.5     |      |
| Ver            | 3.91 m   |      |
| Hoog           | x        |      |
| Speer          | 32.94 m  |      |
| 400 m          | 70.00    |      |
| Discus         | 23.86 m  |      |
| Kogel          | 11.63 m  |      |
| 1500 m         | 6.27.6   |      |

## Utrecht 24-06-90 Nederlandse Veteranen Kampioenschappen

### Hengelo 24-06-90 Competitiewedstrijd A/B Junioren

|                     |          |         |      |
|---------------------|----------|---------|------|
| J.B.                | 4032 pnt | 8e pl   |      |
| Dennis te Nijenhuis | 4x100 m  | 50.3    | M 16 |
| Paul Wormgoor       | 4x100 m  | 50.3    | M 16 |
| Pim Temmink         | 4x100 m  | 50.3    | M 17 |
| Menno Veldhuis      | 4x100 m  | 50.3    | M 16 |
| Pim Temmink         | 100 m    | 13.3    | M 17 |
| Dennis te Nijenhuis | 400 m    | 76.8    | M 16 |
| Menno Veldhuis      | 800 m    | 2.30.4  | M 16 |
| Dennis te Nijenhuis | 3000 m   | 12.16.3 | M 16 |
| Pim Temmink         | Ver      | 5.45 m  | M 17 |
| Sander Jan Grijzen  | Hoog     | 1.60 m  | M 16 |
| Paul Wormgoor       | Kogel    | 11.39 m | M 17 |
| Sander Jan Grijzen  | Discus   | 21.60 m | M 16 |
| Paul Wormgoor       | Speer    | 36.78 m | M 17 |

### Hengelo 30-06-90 Finale CD Competitie

|                   |              |         |      |
|-------------------|--------------|---------|------|
| J.C.              | 7009 pnt     | 1e pl   |      |
| Eelco Wedel       | 4x100 m      | 50.5    | M 14 |
| Ralph Smeenk      | 4x100 m      | 50.5    | M 15 |
| Ben Harbers       | 4x100 m      | 50.5    | M 15 |
| Bert Bart Prins   | 4x100 m      | 50.5    | M 15 |
| Eelco Wedel       | 100 m        | 13.4    | M 15 |
| Stefan Konniger   | 100 m Horden | 18.1    | M 14 |
| Ralph Smeenk      | 800 m        | 2.14.9  | M 15 |
| Alfred Meekes     | 800 m        | 2.44.1  | M 15 |
| Ben Harbers       | 1500 m       | 4.37.9  | M 15 |
| Eelco Wedel       | Ver          | 5.01 m  | M 14 |
| Bert Bart Prins   | Hoog         | 1.45 m  | M 15 |
| Gerton Berkemeyer | Kogel        | 11.02 m | M 15 |
| Ralph Smeenk      | Discus       | 40.62 m | M 15 |
| Gerton Berkemeyer | Speer        | 38.98 m | M 15 |

## Eibergen 01-07-90 Pupillen 3 Kamp

### **Hengelo 12-08-90 Adriaan Paulen Memorial**

|                       |         |      |       |
|-----------------------|---------|------|-------|
| J.P.C.                | 1000 m  |      |       |
| Xander Lutje Spelberg | 4.26.67 | M 8  |       |
| M.P.A.                | 1000 m  |      |       |
| Angeliën ten Have     | 3.46.75 | V 11 | 1e pl |
| J.P.A.                | 1000 m  |      |       |
| Micha Lutje Spelberg  | 4.26.59 | M 10 |       |

### **Barchem 25-08-90 Witte Wievenloop**

|                    |         |      |  |
|--------------------|---------|------|--|
| Heren              | 10 km   |      |  |
| Robert Leussenkamp | 39.36   | M 25 |  |
| Heren              | 20 km   |      |  |
| Ton Bangert        | 1.20.23 | M 37 |  |

### **Hengelo 25 en 26-08-90 Oostelijk Meerkampkampioenschap CD Junioren**

|                   |          |        |  |
|-------------------|----------|--------|--|
| M.D.              |          |        |  |
| Mira te Nijenhuis | 2409 Pnt | 12e pl |  |
| 60 m Horden       | 12.7     |        |  |
| Ver               | 3.65 m   |        |  |
| Hoog              | 1.30 m   |        |  |
| Kogel             | 9.40 m   |        |  |
| Speer             | 23.86 m  |        |  |
| 600 m             | 2.00.3   |        |  |

### **Hengelo 25 en 26-08-90 Oostelijk Meerkampkampioenschap CD Junioren**

|              |          |       |  |
|--------------|----------|-------|--|
| J.C.         |          |       |  |
| Ralph Smeenk | 4916 pnt | 4e pl |  |
| 100 m        | 13.1     |       |  |
| Ver          | 5.16 m   |       |  |
| Kogel        | 11.68 m  |       |  |
| Hoog         | 1.50 m   |       |  |
| 100 m Horden | 17.5     |       |  |
| Discus       | 39.20 m  |       |  |
| Speer        | 37.78 m  |       |  |
| 1000 m       | 2.59.3   |       |  |

### **Amsterdam 25/26-08-90 C spelen**

### **Zutphen 01-09-90 21e Hanzeloop**

|             |         |   |  |
|-------------|---------|---|--|
| Heren       | 20 km   |   |  |
| N. Ligthart | 1.24.01 | ? |  |

### Hengelo 01-09-90 3e Medaillewedstrijd

|                                 |                  |                  |                  |      |
|---------------------------------|------------------|------------------|------------------|------|
| M.P.A.<br>Angeliën ten Have     | 60 m<br>9.7      | Hoog<br>1.05 m   | Bal<br>25.00 m   | V 11 |
| M.D.<br>Mira te Nijenhuis       | 60 m<br>9.1      | Hoog<br>1.25 m   | Kogel<br>10.27 m | V 13 |
| M.C.<br>Cherrylene Wassink      | Ver<br>3.29 m    | Speer<br>16.16 m |                  | V 14 |
| J.P.C.<br>Xander Lutje Spelberg | 40 m<br>7.5      | Ver<br>2.89 m    | Bal<br>15.16 m   | M 8  |
| J.P.B.<br>Matthijs ten Have     | 40 m<br>7.3      | Hoog<br>1.05 m   | Kogel<br>7.44 m  | M 9  |
| J.P.A.<br>Micha Lutje Spelberg  | 1000 m<br>4.51.0 | Ver<br>3.65 m    | Kogel<br>6.61 m  | M 10 |
| Bram de Groot                   | 3.43.0           | 3.53 m           | 6.66 m           | M 11 |
| J.C.<br>Ben Harbers             | Speer<br>38.04   |                  |                  |      |

### Eibergen 05-09-90 Werp 3 Kamp Senioren en A/B Junioren

|                             |                  |                   |                  |      |
|-----------------------------|------------------|-------------------|------------------|------|
| J.C.<br>Ralph Smeenk        | Kogel<br>11.94 m | Discus<br>36.00 m | Speer<br>33.80 m | M 15 |
| Gerton Berkemeyer           | 11.58 m          | 32.76 m           | 38.82 m          | M 15 |
| J.C.<br>Ben Harbers         | 100 m<br>12.0    |                   |                  |      |
| J.B.<br>Dennis te Nijenhuis | Kogel<br>8.74 m  | Discus<br>24.28 m | Speer<br>33.56 m | M 16 |
| Dames<br>Doris Willekes     | Kogel<br>10.80 m | Discus<br>32.66 m | Speer<br>20.34 m | V 27 |

### Rekken 12-09-90 21e Oldenkotteloop

### Haaksbergen 15-09-90 Pupillen C/D Wedstrijd

### Zevenaar 19-09-90 avondwedstrijd

|                    |        |      |       |
|--------------------|--------|------|-------|
| Heren              | 3000 m |      |       |
| Robert Leussenkamp | 9.45.8 | M 25 | 7e pl |

### Hengelo 23-09-90 Pupillen C/D Wedstrijd

|                           |                     |                  |                  |         |                 |
|---------------------------|---------------------|------------------|------------------|---------|-----------------|
| M.D.<br>Mira te Nijenhuis | 60 m Horden<br>12.3 | Kogel<br>10.81 m | Speer<br>28.90 m | V 13    |                 |
| J.C.<br>Eelco Wedel       | 100 m Horden        | 1500 m           | Ver<br>4.95 m    | Discus  | Speer<br>M 14   |
| Ralph Smeenk              | 16.4                |                  | 4.97 m           | 36.86 m | M 15            |
| Ben Harbers               |                     | 4.48.0           | 4.71 m           |         | 35.44 m<br>M 15 |
| Gerton Berkemeyer         |                     |                  | 4.63 m           | 33.92 m | 40.88 m<br>M 15 |

## Oldenzaal 23-09-90 5e Halve Marathon

|             |                |      |
|-------------|----------------|------|
| Heren       | Halve Marathon |      |
| Ton Bangert | 1.18.19        | M 37 |

## Hengelo 29-09-90 4e Medaillewedstrijd AC Tion

|                       |        |        |         |         |      |
|-----------------------|--------|--------|---------|---------|------|
| M.P.A.                | 1000 m | Ver    | Kogel   |         |      |
| Angeliën ten Have     | 3.45.1 | 3.82 m | 6.40 m  | V 11    |      |
| M.C.                  | 80 m   | Hoog   | Kogel   | Discus  |      |
| Cherrylene Wassink    | 12.9   | x      | 7.43 m  | 18.40 m | V 14 |
| Therese de Boer       | 12.5   | 1.30 m | 7.71 m  | 18.88 m | V 14 |
| J.P.C.                | 1000 m | Ver    | Bal     |         |      |
| Xander Lutje Spelberg | 4.20.1 | 2.86 m | 12.48 m | M 8     |      |
| J.P.B.                | 1000 m | Ver    | Bal     |         |      |
| Matthijs ten Have     | 4.30.0 | 3.43 m | 27.08 m | M 9     |      |
| J.P.A.                | 60 m   | Hoog   | Bal     |         |      |
| Micha Lutje Spelberg  | 9.4    | 1.20 m | 37.24 m | M 10    |      |
| Bram de Groot         | 9.5    | 1.10 m | 25.56 m | M 11    |      |
| J.C.                  | 800 m  | Ver    | Kogel   | Discus  |      |
| Ben Harbers           | 2.14.2 | 5.01 m | 9.84 m  | 26.50 m | M 15 |
| Eelco Wedel           | 2.44.8 | 4.99 m | 9.10 m  | 23.74 m | M 14 |
| Gerton Berkemeyer     | 2.25.8 | 4.81 m | 11.44 m | 33.84 m | M 15 |

## Bergen op Zoom 29en 30 -09-90 Landelijke Finale Meerkamp CD Junioren

|               |         |      |        |  |
|---------------|---------|------|--------|--|
| J.C.          |         |      |        |  |
| Ralph Smeenck |         | M 15 | 13e pl |  |
| 100 m         | 13.2    |      |        |  |
| Ver           | 5.22 m  |      |        |  |
| Kogel         | 11.63 m |      |        |  |
| Hoog          | 1.50 m  |      |        |  |
| 100 m Horden  | 16.1    |      |        |  |
| Discus        | 36.98 m |      |        |  |
| Speer         | 35.48 m |      |        |  |
| 800 m         | 2.14.2  |      |        |  |

## Berlijn 30-09-90 Marathon west en Oost Berlijn

|            |          |      |
|------------|----------|------|
| Heren      | Marathon |      |
| Rudi Wedel | 3.15.00  | M 43 |

## Eibergen 06-10-90 Clubkampioenschappen

|                       |        |         |         |  |
|-----------------------|--------|---------|---------|--|
| M.P.C.                | 40 m   | 1000 m  | Bal     |  |
| Karin Lukens          | 8.3    | 4.58.5  | 10.42 m |  |
| M.D.                  | 600 m  |         |         |  |
| Mira te Nijenhuis     | 1.58.6 |         |         |  |
| M.A.                  | Ver    | Speer   |         |  |
| Annemieke Punter      | 4.77 m | 24.44 m |         |  |
| Muriel van der Heyden | 4.49 m |         |         |  |



## Eibergen 06-10-90 Clubkampioenschappen vervolg

|                       |        |         |         |
|-----------------------|--------|---------|---------|
| J.P.C.                | Ver    | Bal     |         |
| Xander Lutje Spelberg | 3.10 m |         |         |
| Ruben Pillen          |        | 17.42 m |         |
| J.P.B.                | 40 m   | Ver     | Bal     |
| Matthijs ten Have     | 6.8    | 3.61 m  | 30.42 m |
| J.C.                  | 800 m  | Ver     |         |
| Ben Harbers           | 2.19.8 | 5.42 m  |         |
| Ralph Smeenk          |        | 5.56 m  |         |
| Eelco Wedel           |        | 5.35 m  |         |
| J.B.                  | 100 m  |         |         |
| Paul Wormgoor         | 12.2   | M 17    |         |
| Heren                 | 100 m  |         |         |
| Harald Lensink        | 11.5   | M 27    |         |

## Enschede 06-10-90 10 km Herfstloop

## Hengelo 13-10-90 Houtmaatloop

## Oldenzaal 14-10-90 Hulsbeekloop AC Fortis

## Nijverdal 27-10-90 Holterbergloop AV Athletics

## Gaanderen 28-10-90 35e ArgoLoop AV Argo

## Enschede 28-10-90 Indoorwedstrijd

## Haaksbergen 04-11-90 Pingelloop

|                    |         |      |        |
|--------------------|---------|------|--------|
| M.C.               | 1100 m  |      |        |
| Mira te Nijenhuis  | 4.58.0  |      | 7e pl  |
| J.P.A.             | 1100 m  |      |        |
| Joris Pardijs      | 5.16.0  |      | 8e pl  |
| Derk Jan Eshuis    | 5.24.0  |      | 9e pl  |
| Maurice ten Barge  | 5.28.0  |      | 11e pl |
| J.B.               | 2800 m  |      |        |
| Ben Harbers        | 10.10.0 |      | 5e pl  |
| Ralph Smeenk       | 10.34.0 |      | 10e pl |
| Alfred Meekes      | 11.02.0 |      | 14e pl |
| Heren              | 8800 m  |      |        |
| Robert Leussenkamp | 29.35.0 | M 25 |        |
| Henk ter Weeme     | 33.16.0 | M 52 |        |

## Enschede 11-11-90 Tioncross Lonnekerberg

|                     |         |        |        |
|---------------------|---------|--------|--------|
| J.B.                | 2450 m  |        |        |
| Dennis te Nijenhuis | 10.09.5 | 11e pl |        |
| Heren               | 9800 m  |        |        |
| Robert Leussenkamp  | 36.06   | M 25   | 13e pl |

### **Beek 17-11-90 1e Wedstrijd Oostelijke Crosscompetitie**

|                        |               |               |
|------------------------|---------------|---------------|
| <b>J.B.</b>            | <b>2610 m</b> |               |
| <b>Ben Harbers</b>     | <b>8.56</b>   | <b>4e pl</b>  |
| <b>Ralph Smeenk</b>    | <b>9.36</b>   | <b>15e pl</b> |
| <b>Alfred Meekes</b>   | <b>9.56</b>   | <b>19e pl</b> |
| <b>Bert Bart Prins</b> | <b>10.51</b>  | <b>30e pl</b> |

### **Haaksbergen 18-11-90 10e Bultencross ASV Eibergen**

### **Nijmegen 18-11-90 7e Zevenheuvelenloop**

|                           |                  |             |
|---------------------------|------------------|-------------|
| <b>Heren</b>              | <b>15 km</b>     |             |
| <b>Robert Leussenkamp</b> | <b>56.41.1</b>   | <b>M 25</b> |
| <b>Henry Barts</b>        | <b>1.02.00.6</b> | <b>M 25</b> |

### **Markelo 25-11-90 Herikerbergcross**

### **Enschede 01-12-90 Diesloop**

|                           |                |             |               |
|---------------------------|----------------|-------------|---------------|
| <b>Heren</b>              | <b>9200 m</b>  |             |               |
| <b>Robert Leussenkamp</b> | <b>34.15.0</b> | <b>M 25</b> | <b>18e pl</b> |

### **Apeldoorn 15-12-90 2e Wedstrijd Oostelijke Crosscompetitie**

### **Losser 23-12-90 Kerstloop**

### **Meddo 23-12-90 Keiloop**

## Leden 1991

### M.P.C.

|                   |      |     |          |  |
|-------------------|------|-----|----------|--|
| Belinda Borchert  | 1984 | V 7 | 01-10-91 |  |
| Carolien Dijkstra | 1984 | V 7 | 01-11-91 |  |

### M.P.B.

|               |      |     |          |          |
|---------------|------|-----|----------|----------|
| Nienke Hövels | 1982 | V 9 | 01.11.91 | 01.07.95 |
| Karin Lukens  | 1982 | V 9 | 15.04.90 | 01.12.99 |
| Magne Vogel   | 1982 | V 9 | 31.10.93 | 01.08.00 |

### M.P.A.

|               |      |      |          |  |
|---------------|------|------|----------|--|
| Femia Metz    | 1980 | V 11 | 20-11-90 |  |
| Yvonne Lukens | 1980 | V 11 | 15-09-90 |  |

### M.D.

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Wendy Grooters    | 1979 | V 12 | 01-02-90 |          |
| Angelien ten Have | 1979 | V 12 | 01.01.89 | 31.12.98 |
| Hester Schilp     | 1978 | V 13 | 01-06-89 | 01-12-91 |

### M.C.

|                    |      |      |          |          |
|--------------------|------|------|----------|----------|
| Hadewich Heutema   | 1977 | V 14 | 15-09-90 |          |
| Miriam Huurneman   | 1977 | V 14 | 01-10-90 |          |
| Minette Korterink  | 1977 | V 14 | 01-11-90 |          |
| Chantal Kruger     | 1977 | V 14 | 01-10-88 |          |
| Mira te Nijenhuis  | 1977 | V 14 | 07.10.84 | 01.05.00 |
| Laura Oldegberts   | 1977 | V 14 | 01-01-87 | 01-04-91 |
| Cherrylene Wassink | 1976 | V 15 | 01-01-86 |          |

### M.B.

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Danielle Frissen | 1974 | V 17 |          | 01-07-91 |
| Maartje Jacobs   | 1975 | V 16 | 01-11-91 |          |

### M.A.

|                        |      |      |          |          |
|------------------------|------|------|----------|----------|
| Muriel van der Heijden | 1972 | V 19 |          |          |
| Lisette Jansen         | 1973 | V 18 | 04-01-91 |          |
| Janneke Smit           | 1972 | V 19 | 01-10-90 | 01-07-91 |

### Dames

|                           |      |      |          |          |
|---------------------------|------|------|----------|----------|
| Alie Bartelink            | 1944 | V 47 | 20-05-05 |          |
| Willemien Berkemeyer      | 1949 | V 42 | 01-11-89 |          |
| Ine Brinkman              | 1960 | V 31 |          |          |
| Betty Dimmendaal          | 1969 | V 22 | 14-03-91 |          |
| Silvia Eppink             | 1957 | V 34 | 01.01.90 | 01.04.95 |
| Anne Grooters             | 1965 | V 26 |          |          |
| Gerrie Heinneman          | 1946 | V 45 |          |          |
| Ans 't Hooft              | 1951 | V 40 | 26-11-90 |          |
| Ans Heutinck              | 1962 | V 29 | 01-11-90 | 01-11-91 |
| Susanne Huyts             | 1971 | V 20 | 1980     | 01-02-91 |
| Lies Jacobs               | 1948 | V 43 | 01.10.90 | 14.04.97 |
| Ria Kemink                | 1967 | V 24 | 14-10-91 |          |
| Rolin Kluivers            | 1953 | V 38 | 01.09.91 |          |
| Natasja Lansing-Bartelink | 1968 | V 23 | 1976     |          |
| Sacha Lutje Spelberg      | 1948 | V 43 | 01.01.90 |          |
| Janny te Nijenhuis        | 1948 | V 43 | 01-01-90 |          |
| Janny Nijkamp             | 1957 | V 34 | 01.11.89 |          |
| Kitty de Marie            | 1947 | V 44 | 01.04.88 |          |
| Jeannine Scheinck         | 1959 | V 32 | 22-04-91 | 01-12-91 |
| Karin Tankink             | 1956 | V 35 | 01.10.89 |          |
| Truus Timmermans          | 1948 | V 43 |          |          |
| Janny Tuit                | 1955 | V 36 | 01.10.89 | 31.12.95 |
| Sosien te Velthuis        | 1964 | V 27 | 01-02-91 | 01-11-91 |
| Ineke Visser              | 1955 | V 36 | 01.01.91 |          |
| Anje Wedel                |      |      |          |          |
| Gerda Wiggers             |      |      |          |          |
| Doris Willekes            | 1963 | V 28 | 01.05.84 | 01.11.02 |

Trainster

|                     |      |     |          |          |
|---------------------|------|-----|----------|----------|
| <b>J.P.C.</b>       |      |     |          |          |
| Sander Arends       | 1984 | M 7 | 25-11-91 |          |
| Dennis ten Barge    |      |     |          |          |
| Arno Daleman        | 1983 | M 8 | 03-03-91 | 01-10-97 |
| Carlos Groeneweg    | 1983 | M 8 | 01-11-90 |          |
| Sjoerd Hövels       |      |     |          |          |
| Harmen Kets         | 1984 | M 7 | 28-10-91 |          |
| Niels Lubbers       | 1983 | M 8 | 15-10-90 | 01-08-91 |
| Remco Nijkamp       | 1985 | M 6 | 15.02.91 |          |
| Roy Nijkamp         | 1983 | M 8 | 01.10.90 |          |
| Thijs Peterkamp     | 1984 | M 7 | 01-11-90 |          |
| Thijs Pietersen     | 1985 | M 6 | 01.07.91 | 01.05.95 |
| Ruben Pillen        | 1983 | M 8 | 01.06.90 | 01.05.00 |
| Michiel Rothman     | 1983 | M 8 | 08-04-91 |          |
| Kjell Vogel         | 1984 | M 7 | 01.03.91 |          |
| Andre Louis Wassing | 1984 | M 7 | 01.09.91 | 16.08.02 |
| Laurens Wientjes    | 1984 | M 7 | 01-09-91 |          |
| Jacko Zieverink     | 1984 | M 7 | 23-09-91 |          |

|                       |      |     |          |  |
|-----------------------|------|-----|----------|--|
| <b>J.P.B.</b>         |      |     |          |  |
| Arjan Borchert        | 1982 | M 9 |          |  |
| Dirk Jan Dijkstra     | 1982 | M 9 | 27-10-91 |  |
| Sjoerd Hövels         | 1982 | M 9 |          |  |
| Xander Lutje Spelberg | 1982 | M 9 | 01-01-90 |  |
| Jorrit Neele          | 1982 | M 9 | 01-11-90 |  |
| Peter te Vaarwerk     | 1982 | M 9 | 15-11-90 |  |
| Anton Wientjes        | 1982 | M 9 | 06-04-91 |  |

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| <b>J.P.A.</b>        |      |      |          |          |
| Jurgen Arends        | 1981 | M 10 | 07-01-91 |          |
| Martijn Beusink      | 1980 | M 11 | 22-09-91 |          |
| Maikel Geurts        | 1980 | M 11 | 01-03-89 |          |
| Michel ter Haar      | 1980 | M 11 | 15-10-90 |          |
| Matthijs ten Have    | 1981 | M 10 | 01.09.88 | 31.12.96 |
| Frank Hövels         | 1980 | M 11 | 21-10-91 |          |
| Ivo Maatman          | 1980 | M 11 |          |          |
| Johan Kural          | 1980 | M 11 | 01-12-89 | 01-03-91 |
| Dries Lasonder       | 1981 | M 10 | 15-12-90 |          |
| Senaka Lukens        | 1980 | M 11 |          |          |
| Misha Lutje Spelberg | 1980 | M 11 | 01.12.87 | 31.12.96 |
| Rimmert Ooink        | 1981 | M 10 | 01-10-90 |          |
| Dries Ottink         |      |      |          |          |
| Joost Ottink         | 1980 | M 11 | 01.06.90 | 03.11.02 |
| Joris Pardijs        | 1980 | M 11 | 01-12-87 |          |
| Roeland Peterkamp    | 1981 | M 10 | 11-11-91 |          |
| Thomas Rietman       | 1981 | M 9  | 15-11-90 | 01-12-91 |
| Alexander Tijhuis    | 1980 | M 11 | 01-07-89 | 31-12-91 |

|                          |      |      |          |          |
|--------------------------|------|------|----------|----------|
| <b>J.D.</b>              |      |      |          |          |
| Maurice ten Barge        | 1979 | M 12 | 15-10-90 |          |
| Ronald Boomkamp          | 1979 | M 12 | 01.07.87 |          |
| Marc Groeneveld          | 1979 | M 12 | 01-11-90 |          |
| Bram de Groot            | 1979 | M 12 | 01.12.86 |          |
| Tom Hulzink              | 1979 | M 12 | 15-02-91 |          |
| Roy Hulzink              | 1978 | M 13 | 15-02-91 | 01-07-91 |
| Nick Maatman             | 1978 | M 13 | 01.04.86 |          |
| Ewald Meekes             | 1979 | M 12 | 01-04-88 |          |
| Tom Oudelaar             | 1979 | M 12 | 03-12-90 | 01-07-91 |
| Chrispijn Pepplinkhuizen | 1978 | M 13 |          |          |
| Daan de Vries            | 1979 | M 12 |          |          |

|                     |      |      |          |          |        |
|---------------------|------|------|----------|----------|--------|
| <b>J.C.</b>         |      |      |          |          |        |
| Thijs Abbink        | 1976 | M 15 | 01-09-91 |          |        |
| Walter boomkamp     | 1977 | M 14 |          | 01-07-91 |        |
| Stefan Konniger     | 1976 | M 15 | 1983     |          |        |
| Eelco Wedel         | 1976 | M 15 | 1984     | 01-07-91 |        |
| <b>J.B.</b>         |      |      |          |          |        |
| Gerton Berkemeijer  | 1975 | M 16 | 01.05.88 | 01.11.98 |        |
| Sander Jan Grijzen  | 1974 | M 17 | 1982     | 01-08-91 |        |
| Ben Harbers         | 1975 | M 16 | 01.12.87 | 01.12.98 |        |
| Dennis te Nijenhuis | 1974 | M 17 | 07.10.84 |          |        |
| Alfred Meekes       | 1975 | M 16 |          |          |        |
| Bert Bart Prins     | 1975 | M 16 |          | 31-12-91 |        |
| Ralph Smeenk        | 1975 | M 16 |          |          |        |
| <b>J.A.</b>         |      |      |          |          |        |
| Mark Temmink        | 1972 | M 19 | 01.06.85 | 31.12.99 |        |
| Paul Wormgoor       | 1973 | M 18 | 01-11-84 | 01.07.96 |        |
| <b>Heren</b>        |      |      |          |          |        |
| Tom Bangert         | 1953 | M 38 | 01-06-87 |          |        |
| Udo ten Barge       | 1971 | M 20 | 1988     |          |        |
| Joop Bartelink      | 1940 | M 51 | 1955     |          |        |
| Erik Bats           | 1960 | M 31 | 1988     | 01-07-91 |        |
| Hans Dimmendaal     | 1967 | M 24 | 15.02.91 | 31.08.96 |        |
| Frank Douglas       | 1944 | M 47 | 21-10-91 |          |        |
| Henny ten Els       | 1963 | M 28 | 01.02.91 | 01.04.96 |        |
| Marty Firing        | 1945 | M 46 | 1968     |          |        |
| Herbert Garritsen   | 1966 | M 25 | 1975     |          |        |
| Hans Garritsen      | 1946 | M 45 | 01.02.87 | 01.07.98 |        |
| L. Ijssenagger      | 1910 | M 81 | 1948     | 16-03-00 | Erelid |
| Peter Kamps         | 1964 | M 27 |          |          |        |
| Johan van der Kous  | 1933 | M 58 | 1957     | 01.01.95 |        |
| Harald Lensink      | 1963 | M 28 |          |          |        |
| Erwin leussenkamp   | 1969 | M 22 | 01.08.81 | 01.12.05 |        |
| Robert Leussenkamp  | 1965 | M 26 | 01.08.81 | 01.04.02 |        |
| Marcel Liebrand     | 1959 | M 32 | 01.06.85 |          |        |
| Tonnie Lutikholt    | 1954 | M 37 | 1972     |          |        |
| Jacco de Maat       | 1971 | M 20 | 15-09-89 | 01-02-91 |        |
| Theo Nijkamp        | 1952 | M 39 | 1972     |          |        |
| Jan Plat            | 1966 | M 25 | 1984     | 01-02-91 |        |
| Huub Ras            | 1930 | M 61 | 1956     |          |        |
| Rene Siegerink      | 1962 | M 29 |          |          |        |
| Gezines Siepel      | 1959 | M 32 |          |          |        |
| Arie Simmelink      | 1932 | M 59 | 1952     | 1998     | Erelid |
| Erik Stotelder      | 1962 | M 29 | 26-10-91 | 01.10.99 |        |
| Michel Stoverink    | 1967 | M 24 | 01.05.91 | 31.12.95 |        |
| Hennie Temmink      | 1943 | M 48 | 01.01.84 |          |        |
| Chris Timmermans    | 1945 | M 45 | 1982     | 1991     |        |
| Jan van Onzen       | 1946 | M 45 | 01.04.90 | 31.12.95 |        |
| Bert Vogel          |      |      |          |          |        |
| Johan Wansing       | 1932 | M 59 | 1948     |          |        |
| Willem Warmerdam    | 1958 | M 33 | 01-10-91 |          |        |
| Rudy Wedel          | 1947 | M 44 | 1961     |          |        |
| Henk ter Weeme      | 1938 | M 53 | 1954     | 07-05-05 |        |
| Erik Weiss          | 1969 | M 22 | 1983     | 01-02-91 |        |
| Bernhard Wiggers    |      |      |          |          |        |
| Hans Wildebeest     | 1967 | M 24 |          |          |        |
| Gerard Willekes     | 1956 | M 35 | 01-03-90 |          |        |
| Hans ter Woerds     | 1955 | M 36 | 01.11.91 | 01.03.01 |        |
| Chris Timmermans    | 1945 | M 45 |          |          |        |

# 1991

Eibergen 06-01-91 Nieuwjaarscross

Enschede 12-01-91 Indoorwedstrijd

Nijmegen 12-01-91 3e Wedstrijd Oostelijke Crosscompetitie

|                 |        |        |
|-----------------|--------|--------|
| J.B.            | 3500 m |        |
| Ben Harbers     | 13.39  | 15e pl |
| Ralph Smeenk    | 14.42  | 25e pl |
| Alfred Meekes   | 14.59  | 30e pl |
| Bert Bart Prins | 15.49  | 38e pl |

Enschede 13-01-91 Indoorwedstrijd

Zwolle 18/19-01-91 Open Oostnederlandse Kampioenschappen Senioren en Junioren

Rhede Dld 27-01-91 Indoorwedstrijd

Eibergen 02-02-91 Karnevalsliep

Ambt Delden 10-02-91 Twente Cross

|                     |        |       |
|---------------------|--------|-------|
| M.C.                | 1500 m |       |
| Mira te Nijenhuis   | 5.53.6 | 2e pl |
| J.B.                | 4000 m |       |
| Dennis te Nijenhuis | 17.24  | 8e pl |
| Alfred Meekes       | 16.23  | 5e pl |

Den Haag 15/16-02-91 C spelen Indoor

Harderwijk 23-02-91 4e Wedstrijd Oostelijke Crosscompetitie

|               |        |        |
|---------------|--------|--------|
| J.B.          | 4000 m |        |
| Ben Harbers   | 15.05  | 12e pl |
| Alfred Meekes | 16.17  | 18e pl |

Enschede 24-02-91 Indoorwedstrijd AC Fortis

|                    |      |        |
|--------------------|------|--------|
| M.C.               | 60 m | Kogel  |
| Minette Korterink  | 8.9  | 7.18 m |
| Cherrylene Wassink | 9.9  | 8.02 m |

## **Winterswijk 02-03-91 EM Wegwedstrijd**

|                    |               |      |        |
|--------------------|---------------|------|--------|
| <b>Heren</b>       | <b>9200 m</b> |      |        |
| Robert Leussenkamp | 1.06.42       | M 26 | 32e pl |

## **Markelo 01-03-91 Herikerbergloop AV Goor**

## **Enschede 01-03-91 Tionloop**

## **Groenlo 07-03-91 10 EM Loop LV Groenlo - DAV Winterwijk - AVA'70 Aalten**

## **Hengelo 14-03-91 Houtmaatloop**

## **Hengelo 22-03-91 Woolderesloop MPM**

## **Almelo 28-03-91 Voorjaarsloop Sisu**

## **Aalten 28-03-91 Lenteloop 30 km Wegwedstrijd AVA '70**

## **Gaanderen 29-03-91 33e Achterhoekcross**

## **Losser 29-03-91 Dinkelloop 3 AV Iphitos**

## **Hengelo 13-04-91 1e Medaillewedstrijd**

|               |             |             |            |
|---------------|-------------|-------------|------------|
| <b>M.P.A.</b> | <b>60 m</b> | <b>Hoog</b> | <b>Bal</b> |
| Yvonne Lukens | 11.4        | 0.75 m      | 19.80 m    |

|                   |             |             |              |
|-------------------|-------------|-------------|--------------|
| <b>M.D.</b>       | <b>60 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Angeliën ten Have | 9.8         | 1.10 m      | 6.46 m       |

|                    |              |            |              |
|--------------------|--------------|------------|--------------|
| <b>M.C.</b>        | <b>600 m</b> | <b>Ver</b> | <b>Speer</b> |
| Miriam Huurneman   | 2.11.3       | 3.26 m     | 16.44 m      |
| Minette Korterink  | 2.13.8       | 3.65 m     | 18.12 m      |
| Mira te Nijenhuis  | 1.59.3       | 3.98 m     | 22.98 m      |
| Cherrylene Wassink | 2.05.4       | 3.40 m     | 17.20 m      |
| Chantal Kruger     | 2.14.3       | 3.72 m     | 15.24 m      |
| Hadewich Heutema   | 2.11.8       | 3.74 m     | 16.52 m      |

|                   |             |            |            |
|-------------------|-------------|------------|------------|
| <b>J.P.C.</b>     | <b>40 m</b> | <b>Ver</b> | <b>Bal</b> |
| Kjell Vogel       | 8.1         | 2.65 m     | 7.82 m     |
| Thijs Peterkamp   | 9.0         | 2.20 m     | 11.14 m    |
| Ruben Pillen      | 7.4         | 2.70 m     | 14.44 m    |
| Roy Nijkamp       | 7.8         | 2.53 m     | 10.98 m    |
| Niels Lubbers     | 8.1         | 2.40 m     | 7.34 m     |
| Carlos Groeneweg  | 8.1         | 2.53 m     | 9.36 m     |
| Arno Daleman      | 7.2         | 2.80 m     | 14.50 m    |
| Michiel Rothman   | 7.4         | 2.79 m     | 17.28 m    |
| Anton Wientjes    | 7.4         | 2.80 m     | 12.96 m    |
| Peter te Vaarwerk | 8.2         | 2.73 m     | 18.76 m    |

## Hengelo 13-04-91 1e Medaillewedstrijd vervolg

|                       |      |        |        |
|-----------------------|------|--------|--------|
| J.P.B.                | 40 m | Hoog   | Kogel  |
| Xander Lutje Spelberg | 7.2  | 1.00 m | 5.09 m |
| Joris Neele           | 8.1  | 0.70 m | 4.16 m |

|                      |        |        |        |
|----------------------|--------|--------|--------|
| J.P.A.               | 1000 m | Ver    | Kogel  |
| Rimmert Ooink        | 5.05.5 | 2.40 m | 5.15 m |
| Matthijs ten Have    | 4.12.9 | 3.48 m | 7.83 m |
| Ivo Maatman          | 3.50.2 | 3.38 m | 6.49 m |
| Misha Lutje Spelberg | 4.10.9 | 3.84 m | 6.88 m |
| Jurgen Arends        | 4.25.4 | 2.93 m | 5.40 m |
| Dries Lasonder       | 3.57.5 | 2.96 m | 5.75 m |

|                 |        |        |        |
|-----------------|--------|--------|--------|
| J.D.            | 1000 m | Ver    | Kogel  |
| Ronald Boomkamp | 4.00.5 | 3.51 m | 5.66 m |
| Marc Groeneveld | 4.07.7 | 3.11 m | 4.69 m |
| Daan de Vries   | 3.55.5 | 3.55 m | 5.43 m |

## Oldenzaal 14-04-91 Hoge Lage Torenloop

|              |       |      |
|--------------|-------|------|
| Heren        | 15 km |      |
| Theo Nijkamp | 59.46 | M 39 |

## Enschede 20-04-91 1e C/D Competitiewedstrijd

|                          |        |         |      |
|--------------------------|--------|---------|------|
| J.D.                     |        |         |      |
| Nick Maatman             | 4x80 m | 52.5    | M 13 |
| Ronald Boomkamp          | 4x80 m | 52.5    | M 12 |
| Marc Groeneveld          | 4x80 m | 52.5    | M 12 |
| Bram de Groot            | 4x80 m | 52.5    | M 12 |
| Chrispijn Pepplinkhuizen | 80 m   | 12.2    | M 13 |
| Daan de Vries            | 80 m   | 13.0    | M 12 |
| Tom Hulzink              | 80 mh  | 16.9    | M 12 |
| Daan de Vries            | 80 mh  | 17.5    | M 12 |
| Bram de Groot            | 1000 m | 3.45.2  | M 12 |
| Daan de Vries            | Ver    | 3.04 m  | M 12 |
| Nick Maatman             | Hoog   | 1.20 m  | M 13 |
| Ronald Boomkamp          | Kogel  | 6.18 m  | M 12 |
| Tom Hulzink              | Discus | 14.22 m | M 12 |
| Chrispijn Pepplinkhuizen | Speer  | 18.38 m | M 13 |

|                    |        |         |      |
|--------------------|--------|---------|------|
| M.C.               |        |         |      |
| Hadewich Heutema   | 4x80 m | 46.1    | V 14 |
| Minette Korterink  | 4x80 m | 46.1    | V 14 |
| Chantal Kruger     | 4x80 m | 46.1    | V 14 |
| Mira te Nijenhuis  | 4x80 m | 46.1    | V 14 |
| Miriam Huurneman   | 80 mh  | 18.7    | V 14 |
| Minette Korterink  | 80 mh  | 16.7    | V 14 |
| Cherrylene Wassink | 1000 m | 3.43.3  | V 15 |
| Miriam Huurneman   | 1000 m | 4.11.1  | V 14 |
| Chantal Kruger     | Ver    | 3.56 m  | V 14 |
| Hadewich Heutema   | Hoog   | 1.20 m  | V 14 |
| Mira te Nijenhuis  | Kogel  | 8.22 m  | V 14 |
| Cherrylene Wassink | Discus | 17.78 m | V 15 |
| Mira te Nijenhuis  | Speer  | 23.56 m | V 14 |



## Eibergen 27-04-91 2e Medaillewedstrijd

## Hengelo 28-04-91 1e A/B Competitiewedstrijd

J.B.

|                     |         |         |      |
|---------------------|---------|---------|------|
| Gerton Berkemeijer  | 4x100 m | 50.8    | M 16 |
| Ralph Smeenk        | 4x100 m | 50.8    | M 16 |
| Ben Harbers         | 4x100 m | 50.8    | M 16 |
| Alfred Meekes       | 4x100 m | 50.8    | M 16 |
| Ben Harbers         | 100 m   | 12.3    | M 16 |
| Ben Harbers         | 400 m   | 54.9    | M 16 |
| Dennis te Nijenhuis | 800 m   | 2.36.2  | M 17 |
| Alfred Meekes       | 3000 m  | 10.27.2 | M 16 |
| Ralph Smeenk        | Ver     | 5.05 m  | M 16 |
| Bert Bart Prins     | Hoog    | 1.50 m  | M 16 |
| Gerton Berkemeijer  | Kogel   | 9.62 m  | M 16 |
| Ralph Smeenk        | Discus  | 23.84 m | M 16 |
| Gerton Berkemeijer  | Speer   | 40.28 m | M 16 |

## Haaksbergen 04-05-91 Pupillen C/D Wedstrijd

|              |      |        |        |
|--------------|------|--------|--------|
| M.P.B.       | 40 m | Ver    | Bal    |
| Karin Lukens | 8.1  | 2.60 m | 9.54 m |

|               |      |        |        |
|---------------|------|--------|--------|
| M.P.A.        | 60 m | Ver    | Kogel  |
| Yvonne Lukens | 11.9 | 2.33 m | 4.48 m |

|                   |      |        |         |
|-------------------|------|--------|---------|
| J.P.C.            | 40 m | Ver    | Bal     |
| Kjell Vogel       | 8.4  | 2.96 m | 10.50 m |
| Roy Nijkamp       | 8.4  | 2.58 m | 10.04 m |
| Thijs Peterkamp   | 9.0  | 2.16 m | 10.28 m |
| Carlos Groeneweg  | 7.8  | 2.68 m | 13.78 m |
| Dennis ten Barge  | 9.1  | 2.47 m | 12.06 m |
| Peter te Vaarwerk | 8.0  | 2.61 m | 18.06 m |
| Michiel Rothman   | 7.8  | 2.72 m | 18.70 m |
| Anton Wientjes    | 7.8  | 2.81 m | 12.92 m |
| Arno Daleman      | 7.5  | 2.87 m | 17.06 m |

|                       |      |        |         |
|-----------------------|------|--------|---------|
| J.P.B.                | 40 m | Hoog   | Bal     |
| Jorrit Neele          | 8.1  | x      | 14.06 m |
| Xander Lutje Spelberg | 7.2  | 0.95 m | 15.56 m |

|                      |      |        |        |
|----------------------|------|--------|--------|
| J.P.A.               | 60 m | Ver    | Kogel  |
| Matthijs ten Have    | 10.1 | 3.12 m | 7.80 m |
| Misha Lutje Spelberg | 9.4  | 3.53 m | 6.71 m |
| Senaka Lukens        | 10.7 | 3.24 m | 5.88 m |

|                          |      |        |        |         |
|--------------------------|------|--------|--------|---------|
| J.D.                     | 80 m | Hoog   | Kogel  | Discus  |
| Tom Hulzink              |      | 1.15 m |        | 19.50 m |
| Roy Hulzink              |      | 1.00 m | 6.61 m | 14.66 m |
| Marc Groeneveld          | 12.6 |        |        | 8.70 m  |
| Chrispijn Pepplinkhuizen | 11.6 |        |        |         |

## Hengelo 08-05-91 Testwedstrijden

|             |       |       |
|-------------|-------|-------|
| J.B.        | 100 m |       |
| Ben Harbers | 12.3  | 6e pl |

|                    |        |         |      |       |
|--------------------|--------|---------|------|-------|
| Heren              | 1500 m | Kogel   |      |       |
| Robert Leussenkamp | 4.14.7 |         | M 26 | 4e pl |
| Rene Siegerink     |        | 12.38 m | M 29 | 2e pl |

## Gendringen 11-05-91 2e C/D Competitiewedstrijd

### J.D.

|                          |        |         |      |
|--------------------------|--------|---------|------|
| Nick Maatman             | 4x80 m | 51.0    | M 13 |
| Ronald Boomkamp          | 4x80 m | 51.0    | M 12 |
| Marc Groeneveld          | 4x80 m | 51.0    | M 12 |
| Bram de Groot            | 4x80 m | 51.0    | M 12 |
| Chrispijn Pepplinkhuizen | 80 m   | 12.2    | M 13 |
| Daan de Vries            | 80 m   | 13.1    | M 12 |
| Tom Hulzink              | 80 mh  | 16.3    | M 12 |
| Marc Groeneveld          | 80 mh  | 18.2    | M 12 |
| Bram de Groot            | 1000 m | 3.41.7  | M 12 |
| Marc Groeneveld          | 1000 m | 4.02.3  | M 12 |
| Daan de Vries            | Ver    | 3.66 m  | M 12 |
| Nick Maatman             | Hoog   | 1.25 m  | M 13 |
| Ronald Boomkamp          | Kogel  | 6.07 m  | M 12 |
| Tom Hulzink              | Discus | 14.14 m | M 12 |
| Bram de Groot            | Speer  | 19.86 m | M 12 |

### M.C.

|                   |        |      |      |
|-------------------|--------|------|------|
| Hadewich Heutema  | 4x80 m | 46.2 | V 14 |
| Minette Korterink | 4x80 m | 46.2 | V 14 |
| Chantal Kruger    | 4x80 m | 46.2 | V 14 |
| Mira te Nijenhuis | 4x80 m | 46.2 | V 14 |

### M.C. vervolg

|                    |        |         |      |
|--------------------|--------|---------|------|
| Minette Korterink  | 80 m   | 11.5    | V 14 |
| Chantal Kruger     | 80 m   | 12.3    | V 14 |
| Miriam Huurneman   | 80 mh  | 18.2    | V 14 |
| Cherrylene Wassink | 1000 m | 3.33.4  | V 15 |
| Chantal Kruger     | Ver    | 3.83 m  | V 14 |
| Miriam Huurneman   | Hoog   | 1.30 m  | V 14 |
| Mira te Nijenhuis  | Kogel  | 8.16 m  | V 14 |
| Cherrylene Wassink | Discus | 17.64 m | V 15 |

## Enschede 12-05-91 1e Senioren Competitiewedstrijd

### Heren

|                    |         |         |      |
|--------------------|---------|---------|------|
| Hans Wildebeest    | 4x100 m | 47.4    | M 24 |
| Harald Lensink     | 4x100 m | 47.4    | M 28 |
| Erwin leussenkamp  | 4x100 m | 47.4    | M 22 |
| Michel Stoverink   | 4x100 m | 47.4    | M 24 |
| Harald Lensink     | 100 m   | 11.9    | M 28 |
| Hans Wildebeest    | 110 mh  | 19.4    | M 24 |
| Erwin leussenkamp  | 400 m   | 55.6    | M 22 |
| Robert Leussenkamp | 1500 m  | 4.13.9  | M 26 |
| Theo Nijkamp       | 5000 m  | 18.24.8 | M 39 |
| Harald Lensink     | Ver     | 6.11 m  | M 28 |
| Herbert Garritsen  | Hoog    | 1.70 m  | M 25 |
| Rene Siegerink     | Kogel   | 12.14 m | M 29 |
| Rene Siegerink     | Discus  | 35.22 m | M 29 |
| Michel Stoverink   | Speer   | 41.28 m | M 24 |

## Hengelo 18-05-91 Baanwedstrijd

### Heren

|                |       |         |      |
|----------------|-------|---------|------|
| Rene Siegerink | Kogel | 12.38 m | M 29 |
|----------------|-------|---------|------|

## Goor 25-05-91 Pupillenwedstrijd

|                       |      |        |        |         |
|-----------------------|------|--------|--------|---------|
| M.P.B.                | 40 m | Ver    | Bal    |         |
| Karin Lukens          | 7.9  | 2.57 m | 9.95 m |         |
| M.P.A.                | 60 m | Hoog   | Kogel  |         |
| Femia Metz            | 10.8 | 1.05 m | 5.00 m |         |
| Yvonne Lukens         | 11.2 | 0.80 m | 4.22 m |         |
| J.P.C.                | 40 m | 1000 m | Ver    | Bal     |
| Arno Daleman          | 7.3  | 4.18.7 | 2.74 m | 17.00 m |
| Ruben Pillen          | 7.4  |        | 2.62 m | 19.06 m |
| Anton Wientjes        | 7.3  | 4.25.3 | 2.62 m | 14.57 m |
| Michiel Rothman       | 7.4  | 4.51.2 | 2.53 m | 15.75 m |
| Carlos Groeneweg      | 7.4  |        | 2.28 m | 14.26 m |
| Peter te Vaarwerk     | 7.9  | 4.39.4 | 2.44 m | 13.65 m |
| Roy Nijkamp           | 8.0  |        | 2.39 m | 13.82 m |
| Thijs Peterkamp       | 8.9  |        | 2.16 m | 11.70 m |
| J.P.B.                | 40 m | 1000 m | Ver    | Bal     |
| Xander Lutje Spelberg | 7.1  | 4.23.1 | 3.07 m | 16.55 m |
| Jorrit Neele          | 7.9  |        | 2.06 m | 15.18 m |
| J.P.A.                | 60 m | 1000 m | Hoog   | Kogel   |
| Misha Lutje Spelberg  | 9.5  |        | 1.20 m | 7.33 m  |
| Matthijs ten Have     | 10.3 |        | 1.10 m | 7.36 m  |
| Senaka Lukens         | 10.5 |        | 1.15 m | 6.32 m  |
| Dries Lasonder        | 10.8 | 4.06.3 | 0.95 m | 6.01 m  |
| Rimmert Ooink         | 11.8 |        | 0.90 m | 5.48 m  |
| Jurgen Arends         | 11.9 |        | 0.95 m | 4.78 m  |

## Hengelo 01-06-91 3e C/D Competitiewedstrijd 2e klas

|                          |          |         |       |
|--------------------------|----------|---------|-------|
| J.D.                     | 3468 pnt | 2e klas | 3e pl |
| Chrispijn Pepplinkhuizen | 80 m     | 11.7    | M 13  |
| Nick Maatman             | 80 mh    | 17.8    | M 13  |
| Bram de Groot            | 1000 m   | 3.33.2  | M 12  |
| Ronald Boomkamp          | 1000 m   | 3.51.0  | M 12  |
| Daan de Vries            | Ver      | 3.26 m  | M 12  |
| Nick Maatman             | Hoog     | 1.15 m  | M 13  |
| Ronald Boomkamp          | Kogel    | 6.24 m  | M 12  |
| Tom Hulzink              | Discus   | 14.46 m | M 12  |
| Bram de Groot            | Speer    | 23.30 m | M 12  |
| M.C.                     | 4172 pnt | 2e klas | 8e pl |
| Minette Korterink        | 80 m     | 11.1    | V 14  |
| Chantal Kruger           | 80 m     | 12.1    | V 14  |
| Hadewich Heutema         | 80 mh    | 17.7    | V 14  |
| Chantal Kruger           | 80 mh    | 17.6    | V 14  |
| Cherrylene Wassink       | 1000 m   | 3.30.5  | V 15  |
| Miriam Huurneman         | 1000 m   | 3.52.8  | V 14  |
| Hadewich Heutema         | Ver      | 3.47 m  | V 14  |
| Miriam Huurneman         | Hoog     | 1.25 m  | V 14  |
| Mira te Nijenhuis        | Kogel    | 8.87 m  | V 14  |
| Cherrylene Wassink       | Discus   | 23.14 m | V 15  |
| Mira te Nijenhuis        | Speer    | 25.18 m | V 14  |

## Hengelo 08-06-91 Pupillenwedstrijd

|                       |      |        |        |         |
|-----------------------|------|--------|--------|---------|
| M.P.B.                | 40 m | 1000 m | Ver    | Bal     |
| Karin Lukens          | 7.7  | 4.36.0 | 2.90 m | 10.50 m |
| M.P.A.                | 60 m | 1000 m | Hoog   | Kogel   |
| Femia Metz            | 11.1 |        | 1.10 m | 5.22 m  |
| Yvonne Lukens         | 11.2 | 4.34.4 | 0.80 m | 4.65 m  |
| J.P.C.                | 40 m | 1000 m | Ver    | Bal     |
| Kjell Vogel           | 8.5  | 4.49.5 | 2.78 m | 10.85 m |
| Roy Nijkamp           | 8.1  | 5.50.1 | 2.20 m | 11.96 m |
| Michiel Rothman       | 7.7  |        | 2.90 m | 16.45 m |
| Anton Wientjes        | 7.6  | 4.25.1 | 2.71 m | 9.80 m  |
| Arno Daleman          | 7.6  | 4.08.1 | 3.05 m | 17.75 m |
| Ruben Pillen          | 7.7  | 4.42.4 | 2.86 m | 15.75 m |
| Thijs Peterkamp       | 8.7  |        | 2.27 m | 13.43 m |
| Peter te Vaarwerk     | 8.1  |        | 2.70 m | 19.15 m |
| J.P.B.                | 40 m | Ver    | Kogel  |         |
| Xander Lutje Spelberg | 7.1  | 3.17 m | 5.26 m |         |
| J.P.A.                | 60 m | 1000 m | Hoog   | Kogel   |
| Senaka Lukens         | 10.4 | 4.09.9 | 1.15 m | 6.66 m  |
| Matthijs ten Have     | 10.4 | 4.16.7 | 1.05 m | 7.50 m  |
| Dries Lasonder        | 10.7 | 4.03.7 | 1.00 m | 5.30 m  |
| Jurgen Arends         | 11.6 |        | 0.95 m | 4.85 m  |

## Hengelo 11-06-91 Baanwedstrijd

|                   |      |
|-------------------|------|
| M.C.              | 80 m |
| Minette Korterink | 11.1 |

## Enschede 15-06-91 Marathon

|             |          |      |        |
|-------------|----------|------|--------|
| Heren       | Marathon |      |        |
| Tom Bangert | 2.47.42  | M 38 | 46e pl |

## Hegelo 16-06-91 Junioren A/B/C/D Baanwedstrijd

### Drachten 16-06-91 2e Senioren Competitiewedstrijd 2e klas

|                    |         |         |      |
|--------------------|---------|---------|------|
| Heren              |         |         |      |
| Hans Wildebeest    | 4x100 m | 47.2    | M 24 |
| Harald Lensink     | 4x100 m | 47.2    | M 28 |
| Erwin leussenkamp  | 4x100 m | 47.2    | M 22 |
| Michel Stoverink   | 4x100 m | 47.2    | M 24 |
| Harald Lensink     | 100 m   | 12.1    | M 28 |
| Hans Wildebeest    | 110 mh  | ?       | M 24 |
| Erwin leussenkamp  | 400 m   | 55.3    | M 22 |
| Robert Leussenkamp | 1500 m  | 4.19.1  | M 26 |
| Hans Wildebeest    | 5000 m  | 19.59.9 | M 24 |
| Harald Lensink     | Ver     | x       | M 28 |
| Herbert Garritsen  | Hoog    | 1.70 m  | M 25 |
| Rene Siegerink     | Kogel   | 11.67 m | M 29 |
| Rene Siegerink     | Discus  | 36.46 m | M 29 |
| Michel Stoverink   | Speer   | 40.90 m | M 24 |
| Herbert Garritsen  | Speer   | 38.26 m | M 25 |

## Eibergen 19-06-91 KNAU Jubileum Baanwedstrijd

|                          |        |        |        |        |
|--------------------------|--------|--------|--------|--------|
| M.D.                     | 600 m  | Hoog   |        |        |
| Angelien ten Have        | 2.09.3 | 1.10 m |        |        |
| M.C.                     | 80 m   | Ver    | Kogel  |        |
| Miriam Huurneman         | 12.3   | 3.28 m |        |        |
| Chantal Kruger           | 12.5   | 3.54 m |        |        |
| Minette Korterink        | 11.9   |        | 7.49 m |        |
| Hadewich Heutema         |        |        | 8.11 m |        |
| Cherrylene Wassink       |        |        | 9.04 m |        |
| J.D.                     | 80 m   | 1000 m | Ver    | Kogel  |
| Nick Maatman             |        | 3.43.7 | 3.08 m |        |
| Bram de Groot            |        | 3.48.7 | 3.60 m |        |
| Chrispijn Pepplinkhuizen | 12.7   |        | 2.94 m |        |
| Ronald Boomkamp          |        |        | 3.14 m | 6.34 m |
| Daan de Vries            | 13.1   |        | 3.58 m |        |
| Tom Hulzink              | 12.6   |        | 3.42 m |        |

## Eibergen 23-06-92 Halve Marathon

## Zwolle 23-06-91 2e A/B Competitiewedstrijd

|                     |        |         |      |  |
|---------------------|--------|---------|------|--|
| J.B.                |        |         |      |  |
| Ben Harbers         | 100 m  | 12.3    | M 16 |  |
| Ben Harbers         | 400 m  | 55.6    | M 16 |  |
| Dennis te Nijenhuis | 800 m  | 2.44.1  | M 17 |  |
| Alfred Meekes       | 3000 m | 10.50.1 | M 16 |  |
| Ralph Smeenk        | Ver    | 5.32 m  | M 16 |  |
| Bert Bart Prins     | Hoog   | 1.50 m  | M 16 |  |
| Gerton Berkemeijer  | Kogel  | 10.42 m | M 16 |  |
| Ralph Smeenk        | Discus | 29.00 m | M 16 |  |
| Gerton Berkemeijer  | Speer  | 39.22 m | M 16 |  |

## Hengelo 25-06-91 APM Games

|                   |         |  |
|-------------------|---------|--|
| J.P.A.            | 1000 m  |  |
| Ivo Maatman       | 3.53.06 |  |
| Dries Lasonder    | 3.53.57 |  |
| Matthijs ten Have | 4.13.03 |  |

## Goor 09-08-91 Cityloop

|             |       |      |
|-------------|-------|------|
| Heren       | 10 km |      |
| Tom Bangert | 33.16 | M 38 |

## Sprankeren 24-08-91 Halve Marathon

|             |                |      |
|-------------|----------------|------|
| Heren       | Halve Marathon |      |
| Tom Bangert | 1.19.40        | M 38 |

## Hengelo 31-08-91 3e Medaillewedstrijd

|                          |        |        |         |
|--------------------------|--------|--------|---------|
| M.P.B.                   | 1000 m | Ver    | Bal     |
| Karin Lukens             | 4.21.0 | 2.59 m | 11.66 m |
| M.P.A.                   | 60 m   | Hoog   | Bal     |
| Yvonne Lukens            | 11.2   | 0.95 m | 19.36   |
| M.D.                     | 60 m   | Hoog   | Kogel   |
| Angeliën ten Have        | 9.9    | 1.20 m | 7.30 m  |
| M.C.                     | 600 m  | Ver    | Speer   |
| Mira te Nijenhuis        | 1.56.6 | 3.98 m | 25.98 m |
| Cherrylene Wassink       | x      | x      | 20.68 m |
| Chantal Kruger           | 2.06.6 | 3.76 m | 16.08 m |
| Hadewich Heutema         | 2.17.4 | 3.99 m | 23.48 m |
| J.P.C.                   | 40 m   | Ver    | Bal     |
| Ruben Pillen             | 7.6    | 2.96 m | 14.32 m |
| Kjell Vogel              | 8.0    | 2.83 m | 10.78 m |
| Roy Nijkamp              | 8.2    | 2.30 m | 12.18 m |
| Thijs Peterkamp          | 8.9    | 2.12 m | 13.06 m |
| Arno Daleman             | 7.5    | 3.14 m | 18.76 m |
| Dennis te Barge          | 8.5    | 2.54 m | 5.82 m  |
| Michiel Rothman          | 7.9    | 2.75 m | 16.58 m |
| Anton Wientjes           | 7.2    | 3.00 m | 16.00 m |
| Carlos Groeneweg         | 7.9    | 2.70 m | 15.64 m |
| Peter te Vaarwerk        | 8.0    | 2.57 m | 22.60 m |
| J.P.B.                   | 40 m   | Hoog   | Kogel   |
| Xander Lutje Spelberg    | 7.5    | 1.10 m | 4.72 m  |
| J.P.A.                   | 1000 m | Ver    | Kogel   |
| Matthijs ten Have        | 4.15.0 | 3.81 m | 7.89 m  |
| Ivo Maatman              | 4.09.0 | 3.41 m | 6.06 m  |
| Misha Lutje Spelberg     | 4.08.0 | 3.64 m | 6.61 m  |
| Senaka Lukens            | 4.05.0 | 3.35 m | 6.02 m  |
| Jurgen Arends            | 4.23.0 | 2.89 m | 5.16 m  |
| Dries Lasonder           | 3.50.0 | 3.02 m | 5.70 m  |
| J.D.                     | 1000 m | Ver    | Kogel   |
| Chrispijn Pepplinkhuizen | 3.55.0 | 3.20 m | 5.42 m  |
| Tom Hulzink              | 3.40.0 | 3.81 m | 6.66 m  |
| Daan de Vries            | 4.13.0 | 3.35 m | 5.61 m  |
| Ronald Boomkamp          | 3.54.0 | 3.11 m | 6.28 m  |

## Warnsveld 07-09-91 22e Hanzeloop

|             |                |      |        |
|-------------|----------------|------|--------|
| Heren       | Halve Marathon |      |        |
| Tom Bangert | 1.18.36        | M 38 | 34e pl |

## Enschede 08-09-91 Pupillen C/D Wedstrijd

## Eibergen 11-09-91 Werp 3 Kamp

| M.C.                | Kogel   | Discus  | Speer   |      |
|---------------------|---------|---------|---------|------|
| Hadewich Heutema    | 7.88 m  | 15.42 m | 21.94 m |      |
| Cherrylene Wassink  | 8.68 m  | 19.28 m | 20.48 m |      |
| Miriam Huurneman    | 7.10 m  | 13.96 m | 15.36 m |      |
| Minette Korterink   | 7.59 m  | 17.06 m | 24.00 m |      |
| Mira te Nijenhuis   | 9.09 m  | 20.16 m | 24.52 m |      |
| Chantal Kruger      | 5.90 m  | 15.36 m | 19.08 m |      |
|                     |         |         |         |      |
| Dames               | Kogel   | Discus  | Speer   |      |
| Doris Willekes      | 11.75 m | 38.20 m | 20.76 m | V 28 |
|                     |         |         |         |      |
| J.B.                | Kogel   | Discus  | Speer   |      |
| Gerton Berkemeijer  | 11.74 m | 28.84 m | 45.26 m |      |
| Ben Harbers         | 9.11 m  | 20.86 m | 36.98 m |      |
| Alfred Meekes       | 8.07 m  | 19.46 m | 27.48 m |      |
| Dennis te Nijenhuis | 10.80 m | 22.82 m | 29.76 m |      |
|                     |         |         |         |      |
| J.A.                | Kogel   | Discus  | Speer   |      |
| Paul Wormgoor       | 11.87 m | 32.60 m | 45.88 m | M 18 |
|                     |         |         |         |      |
| Heren               | Kogel   | Discus  | Speer   |      |
| Rene Siegerink      | 12.28 m | 34.92 m | 32.46 m | M 29 |
| Robert Leussenkamp  | 7.98 m  | 23.92 m | 31.10 m | M 26 |
| Erwin leussenkamp   | 6.53 m  | 19.48 m | 35.06 m | M 22 |
| Herbert Garritsen   | 8.46 m  | 26.38 m | 34.12 m | M 25 |
| Peter Kamps         | 8.26 m  | 20.46 m | 27.60 m | M 27 |
| Michel stoverink    | 8.94 m  | 23.10 m | 38.60 m | M 24 |
| Hans Dimmendaal     | 6.87 m  | 14.68 m | 30.84 m | M 24 |

## Oldenzaal 22-09-91 Halve Marathon

| Heren       | Halve Marathon |      |        |
|-------------|----------------|------|--------|
| Tom Bangert | 1.19.36        | M 38 | 34e pl |

## Hengelo 28-09-91 4e Medaillewedstrijd

| M.P.B.             | 40 m   | Ver    | Bal     |         |
|--------------------|--------|--------|---------|---------|
| Karin Lukens       | 7.9    | 2.65 m | 9.60 m  |         |
|                    |        |        |         |         |
| M.D.               | 600 m  | Ver    | Speer   |         |
| Angeliën ten Have  | 2.03.4 | 3.24 m | 12.06 m |         |
|                    |        |        |         |         |
| M.C.               | 80 m   | Hoog   | Kogel   | Discus  |
| Cherrylene Wassink | 12.4   | 1.25 m | 8.68 m  | 17.50 m |
| Mira te Nijenhuis  | 12.3   | 1.30 m | 9.47 m  | 21.92 m |
| Minette Korterink  | 11.8   | 1.10 m | 7.03 m  | 16.96 m |
|                    |        |        |         |         |
| J.P.C.             | 1000 m | Ver    |         |         |
| Kjell Vogel        | 4.29.0 | 2.56 m |         |         |
| Michiel Rothman    | 4.40.8 | 2.56 m |         |         |
| Dennis ten Barge   | 4.43.2 | 2.43 m |         |         |
| Roy Nijkamp        | 4.59.3 | 2.45 m |         |         |
| Peter te Vaarwerk  | 4.31.7 | 2.66 m |         |         |
| Anton Wientjes     | 4.20.2 | 2.75 m |         |         |
| Arno Daleman       | 4.01.0 | 2.89 m |         |         |
| Ruben Pillen       | 4.30.6 | 2.70 m |         |         |
| Laurens Wientjes   | 4.40.6 | 2.15 m |         |         |
| Thijs Peterkamp    | 5.09.3 | 2.10 m |         |         |

## Hengelo 28-09-91 4e Medaillewedstrijd vervolg

| J.P.A.            | 60 m | Hoog   | Bal     |
|-------------------|------|--------|---------|
| Rimmert Ooink     | 11.4 | 0.85 m | 16.40 m |
| Matthijs ten Have | 9.5  | 1.10 m | 32.10 m |
| Jurgen Arends     | 10.5 | 1.00 m | 20.18 m |
| Dries Lasonder    | 10.4 | 1.05 m | 16.12 m |
| Joost Ottink      | 10.2 | x      | x       |
| Dries Ottink      | x    | 0.95 m | 18.54 m |

| J.D.                     | 80 m | Hoog   | Speer   |
|--------------------------|------|--------|---------|
| Daan de Vries            | 12.9 | 1.10 m | 14.42 m |
| Ronald Boomkamp          | 12.9 | 1.10 m | 16.84 m |
| Marc Groeneveld          | 13.5 | 1.05 m | 14.80 m |
| Chrispijn Pepplinkhuizen | 12.1 | 1.05 m | 16.54 m |
| Tom Hulzink              | 12.2 | 1.25 m | 18.20 m |

## Eibergen 06-10-91 Club kampioenschappen

| M.P.C.            | 40 m | 600 m  | Ver    | kogel  |
|-------------------|------|--------|--------|--------|
| Nienke Pardijs    | 9.1  | 2.40.4 | 2.09 m | 2.42 m |
| Belinda Borchert  | 9.0  | 2.54.6 | 1.90 m | 2.70 m |
| Carolien Dijkstra | 8.5  | 3.06.0 | 2.54 m | 4.19 m |

| M.P.B.        | 40 m | 600 m  | 3000 m | Ver    | Kogel 2 kg |
|---------------|------|--------|--------|--------|------------|
| Karin Lukens  | 7.5  | 2.27.2 | 15.26  | 2.88 m | 3.35 m     |
| Magne Vogel   | 7.4  | 2.30.3 |        | 2.61 m | 3.66 m     |
| Nienke Hovels | 7.6  | 2.48.9 |        | 2.73 m | 4.51 m     |

| M.P.A.        | 60 m | 600 m  | Ver    | Kogel  |
|---------------|------|--------|--------|--------|
| Yvonne Lukens | 11.6 | 2.38.6 | 2.80 m | 5.05 m |
| Femia Metz    | 11.1 | 2.33.5 | 3.17 m | 6.13 m |

| M.D.              | 60 m | 600 m  | 3000 m | Hoog   | Discus  |
|-------------------|------|--------|--------|--------|---------|
| Angeliën ten Have | 9.4  | 2.01.5 | 13.38  | 1.25 m | 15.82 m |

| M.C.               | 80 m | 600 m  | 3000 m | Hoog   | Discus  |
|--------------------|------|--------|--------|--------|---------|
| Hadewich Huitema   | 12.6 | 2.06.8 |        | 1.35 m | 16.66 m |
| Mira te Nijenhuis  | 12.6 | 1.57.0 | 14.19  | 1.35 m | 24.31 m |
| Cherrylene Wassink | 12.2 | 2.00.9 |        | 1.20 m | 23.35 m |

| Ouders + Recreanten Dames | 100 m | 600 m  | 3000 m | Ver    | Speer 600 gr |      |
|---------------------------|-------|--------|--------|--------|--------------|------|
| Karin Tankink             | 16.1  | 2.11.1 |        | 3.85 m | 18.00 m      | V 35 |
| Alie ten Have             | 19.2  | 2.51.3 |        | 3.07 m | 18.22 m      | V 35 |
| Janny Nijkamp             |       |        | 14.24  |        |              |      |

| J.P.C.              | 40 m | 600 m  | 3000 m | Ver    | Kogel  |
|---------------------|------|--------|--------|--------|--------|
| Dennis ten Barge    | 8.6  | 2.49.1 |        | 2.49   | 3.19 m |
| Laurens Wientjes    | 8.7  | 2.48.7 | 15.29  | 2.20 m | 3.51 m |
| Remco nijkamp       | 11.0 | 3.22.4 |        | 1.72 m | 1.89 m |
| Jacko Zieverink     | 8.2  | 2.35.6 |        | 2.72 m | 4.13 m |
| Andre Louis Wassing | 7.9  | 2.26.0 |        | 2.82 m | 4.23 m |
| Kjell Vogel         | 8.0  | 2.45.1 |        | 2.56 m | 4.38 m |
| Carlos Groeneweg    | 8.4  | 3.01.1 |        | 2.38 m | 3.89 m |
| Roy Nijkamp         | 8.5  | 2.53.5 |        | 2.59 m | 3.73 m |
| Ruben Pillen        | 8.0  | 2.35.1 |        | 2.68 m | 4.09 m |
| Michiel Rothman     | 8.2  | x      |        | 2.70 m | 5.11 m |
| Thijs Pietersen     | 8.4  | x      |        | 2.54 m | 3.67 m |
| Sjoerd Hövels       | 8.7  | x      |        | 1.98 m | 4.51 m |
| Arno Daleman        | 7.5  | x      |        | 3.15 m | 5.58 m |
| Thijs Peterkamp     |      |        |        | 2.31 m |        |
| Frank Borchert      | 10.5 |        |        | 2.09 m |        |



## Eibergen 06-10-91 Club kampioenschappen vervolg

| J.P.B.                | 40 m | 600 m  | 3000 m | Ver    | Kogel  |
|-----------------------|------|--------|--------|--------|--------|
| Xander Lutje Spelberg | 6.8  | 2.25.6 |        | 3.32 m | 5.47 m |
| Anton Wientjes        | 7.4  | 2.24.3 | 14.33  | 2.94 m | 3.19 m |
| Arjan Borchert        | 7.4  | 2.29.9 |        | 2.76 m | 3.79 m |
| Dirk Jan Dijkstra     | 7.9  | 2.30.8 |        | 2.68 m | 5.21 m |
| Arno Daleman          |      | 2.17.0 | 14.08  |        |        |
| Michiel Rothman       |      | 2.48.1 |        |        |        |
| Thijs Pietersen       |      | 2.49.7 |        |        |        |
| Thijs Peterkamp       |      | 3.02.0 |        |        |        |
| Sjoerd Hövels         |      | 3.10.8 |        |        |        |

| J.P.A.               | 60 m | 600 m  |  | Ver    | Kogel  |
|----------------------|------|--------|--|--------|--------|
| Micha Lutje Spelberg | 9.4  | 2.21.2 |  | 4.00 m | 7.93 m |
| Martijn Beusink      | 11.5 | 2.30.6 |  | 2.93 m | 5.77 m |
| Joris Pardijs        | 10.7 | 2.07.7 |  | 3.44 m | 7.05 m |
| Senaka Lukens        | 10.7 | 2.19.0 |  | 3.36 m | 5.75 m |
| Matthijs ten Have    | 10.1 | 2.19.6 |  | 3.88 m | 7.75 m |
| Frank Hövels         | x    | 2.17.4 |  | 3.33 m | 6.61 m |
| Roeland Peterkamp    | x    | 2.35.1 |  | x      | 6.78 m |

| J.D.                     | 80 m | 800 m  | 3000 m | Hoog   | Discus  |
|--------------------------|------|--------|--------|--------|---------|
| Marc Groeneveld          | 13.5 | 2.26.2 |        | 1.10 m | 12.86 m |
| Ewald Meekes             | 14.7 | 3.34.4 |        | 1.05 m | 11.58 m |
| Bram de Groot            | 13.1 | 2.55.7 | 14.12  | 1.15 m | 16.08 m |
| Ronald Boomkamp          | 13.2 | 3.01.1 |        | 1.20 m | 12.90 m |
| Chrispijn Pepplinkhuizen | 12.1 | 2.55.7 |        | 1.10 m | 12.40 m |
| Tom Hulzink              | 12.4 | 2.56.9 |        | 1.30 m | 15.98 m |

| J.C.                    | 100 m | 800 m  | 3000 m | Hoog   | Speer 600 gr |
|-------------------------|-------|--------|--------|--------|--------------|
| Reginald Pepplinkhuizen | 16.7  | 2.53.4 |        | 1.15 m | 22.08 m      |
| Thijs Abbink            | 13.8  | 2.19.2 | 11.41  | 1.35 m | 20.38 m      |

| J.B.                | 100 m | 800 m  | 3000 m | Ver    | Speer 700 gr |
|---------------------|-------|--------|--------|--------|--------------|
| Dennis te Nijenhuis | 13.7  | 2.50.2 |        | 4.65 m | 29.62 m      |
| Ben Harbers         | 13.0  | 2.18.4 | 11.40  | 5.09 m | 35.04 m      |
| Alfred Meekes       | 14.4  | 2.36.6 | 12.05  | 4.64 m | 26.64 m      |

M 16

| J.A.          | 100 m | 1500 m |  | Ver    | Discus  |
|---------------|-------|--------|--|--------|---------|
| Paul Wormgoor | 12.8  | 5.06.4 |  | 5.05 m | 28.17 m |

| Heren              | 100 m | 1500 m | 3000 m | Ver    | Discus  |
|--------------------|-------|--------|--------|--------|---------|
| Michel Stoverink   | 12.6  | 5.15.5 | 12.45  | 5.82 m | 26.48 m |
| Robert Leussenkamp | 12.9  | 4.32.7 | 11.03  | 5.35 m | 22.25 m |
| Rene Siegerink     | 13.6  |        |        | 4.39 m |         |

M 23

M 26

| Ouders + Recreanten Heren | 100 m | 600 m  | 3000 m | Ver    | Speer 600 gr |
|---------------------------|-------|--------|--------|--------|--------------|
| Hans Zieverink            | 15.5  | 2.09.9 |        | 4.25 m | 27.62 m      |
| Anton de Marie            | 16.6  | 2.07.7 |        | 3.74 m | 20.62 m      |
| Martin Peterkamp          |       | 2.15.4 |        | x      | 27.62 m      |
| Henk Daleman              | 14.4  | 1.53.7 |        | 4.37 m | 26.02 m      |
| Jo Wassink                | 15.5  | 2.07.3 |        | 3.55 m | 18.86 m      |
| Mike Wientjes             | 14.9  | 2.02.0 | 12.59  | 3.97 m | 15.80 m      |

## Holten 26-10-91 Holterbergloop

## Enschede 27-10-91 Indoorwedstrijd

### Haaksbergen 03-11-91 19e Pingelloop

|                    |         |        |        |
|--------------------|---------|--------|--------|
| M.P.B.             | 1100 m  |        |        |
| Karin Lukens       | 6.25.0  | 13e pl |        |
| M.D.               | 1100 m  |        |        |
| Angelien ten Have  | 4.49.0  | 2e pl  |        |
| J.D.               | 1100 m  |        |        |
| Joris Pardijs      | 4.50.0  | 8e pl  |        |
| Ronald Boomkamp    | 4.54.0  | 10e pl |        |
| Bram de Groot      | 4.58.0  | 13e pl |        |
| Martijn Beusink    | 5.41.0  | 23e pl |        |
| Heren              | 8800 m  |        |        |
| Robert Leussenkamp | 30.30.0 | M 26   | 11e pl |

### Enschede 09-11-91 Tion Cross

### Haaksbergen 17-11-91 11e Bultencross ASV Eibergen

### Nijmegen 17-11-91 8e Zevenheuvelenloop

|                    |           |      |  |
|--------------------|-----------|------|--|
| Heren              | 15 km     |      |  |
| Robert Leussenkamp | 56.44.1   | M 26 |  |
| Henny Barts        | 1.02.00.6 |      |  |

### Markelo 24-11-91 Herikerbergcross AV Goor

|                    |       |       |        |
|--------------------|-------|-------|--------|
| M.D.               |       |       |        |
| Angelien ten Have  | 5.06  | 3e pl |        |
| J.D.               |       |       |        |
| Ronald Boomkamp    | 4.25  | 5e pl |        |
| Bram de Groot      | 4.57  | 7e pl |        |
| J.B.               |       |       |        |
| Ben Harbers        | 11.18 | 2e pl |        |
| Thijs Abbink       | 11.20 | 3e pl |        |
| Heren              |       |       |        |
| Robert Leussenkamp | 36.17 | M 26  | 21e pl |

### Enschede 30-11-91 Diesloop AV Kronos

|                   |        |        |  |
|-------------------|--------|--------|--|
| M.P.A.            | 1000 m |        |  |
| Karin Lukens      | 5.40 m | 6e pl  |  |
| M.D.              | 1400 m |        |  |
| Angelien ten Have | 5.30   | 3e pl  |  |
| Yvonne Lukens     | 7.20   | 15e pl |  |
| J.P.C.            | 1000 m |        |  |
| Kjell Vogel       | 5.32   | 3e pl  |  |
| Jacko Zieverink   | 5.51   | 4e pl  |  |
| Harmen Kets       | 5.58   | 5e pl  |  |
| Remco Nijkamp     | 6.45   | 6e pl  |  |

### **Enschede 30-11-91 Diesloop AV Kronos vervolg**

|              |        |       |
|--------------|--------|-------|
| J.P.B.       | 1000 m |       |
| Arno Daleman | 4.45   | 3e pl |
| Roy Nijkamp  | 5.42   | 6e pl |

|                |        |        |
|----------------|--------|--------|
| J.P.A.         | 1000 m |        |
| Dries Lasonder | 4.42   | 13e pl |

|                 |        |        |
|-----------------|--------|--------|
| J.D.            | 1400 m |        |
| Ronald Boomkamp | 5.27   | 7e pl  |
| Bram de Groot   | 5.34   | 11e pl |
| Joris Pardijs   | 5.42   | 14e pl |
| Joost Ottink    | 5.58   | 18e pl |
| Ivo Maatman     | 6.04   | 19e pl |
| Marc Groeneveld | 6.07   | 21e pl |
| Martijn Beusink | 7.16   | 27e pl |

|              |        |       |
|--------------|--------|-------|
| J.B.         | 3350 m |       |
| Thijs Abbink | 11.41  | 2e pl |

### **Oldenzaal 08-12-91 Siemerinkloop Laac**

### **Enschede 08-12-91 Tionloop**

### **Eibergen 11-12-91 Coopertest ASV**

### **Oldenzaal 15-12-91 Hulsbeekcross AC Fortis**

|                   |        |  |
|-------------------|--------|--|
| M.C.              | 1350 m |  |
| Mira te Nijenhuis | 5.21.2 |  |

|                     |        |  |
|---------------------|--------|--|
| J.B.                | 4400 m |  |
| Dennis te Nijenhuis | 18.14  |  |
| Ben Harbers         | 18.15  |  |

### **Rijssen 21-12-91 Tarwo Sterrenloop Schwarzwaldcross AV Rijssen**

### **Losser 22-12-91 Kerstcross**

### **Almelo 29-12-91 Oudejaarsloop AV Sisu**

**Leden 1992**

geb .d.d

d.d in

d.d. uit

**M.P.C.**

|                   |      |     |          |  |
|-------------------|------|-----|----------|--|
| Belinda Borchert  | 1984 | V 8 | 30-09-91 |  |
| Merle Daleman     |      |     |          |  |
| Susanne ten have  | 1985 | V 7 | 16-11-92 |  |
| Nienke Pardijs    |      |     |          |  |
| Janne Scharenborg |      |     |          |  |
| Nicole Scholten   | 1986 | V 6 | 27-04-92 |  |
| Carolien Dijkstra | 1984 | V 8 | 27-10-91 |  |
| Leonie Willekes   | 1986 | V 6 | 21-01-92 |  |

**M.P.B.**

|              |      |     |          |          |
|--------------|------|-----|----------|----------|
| Karin Meijer | 1983 | V 9 | 15.09.92 | 01.07.98 |
|--------------|------|-----|----------|----------|

**M.P.A.**

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Nienke Hövels    | 1982 | V 10 | 01.11.91 | 01.07.95 |
| Marleen Scholten | 1981 | V 11 | 01.12.92 | 01.05.96 |
| Karin Lukens     | 1982 | V 10 | 15.04.90 | 01.12.99 |
| Magne Vogel      | 1982 | V 10 | 31.10.93 | 01.08.00 |

**M.D.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Angeliën ten Have | 1979 | V 13 | 01.01.89 | 31.12.98 |
| Yvonne Lukens     | 1980 | V 12 |          |          |

**M.C.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Mira te Nijenhuis | 1977 | V 15 | 07.10.84 | 01.05.00 |
| Minette Korterink | 1977 | V 15 | 01-11-90 |          |
| Hadewich Huitema  | 1977 | V 15 | 15-09-90 |          |
| Mirjam Huurneman  | 1977 | V 15 | 01-10-90 |          |
| Kim Oldenboom     | 1978 | V 14 | 01.02.92 | 01.07.95 |

**M.B.**

|                    |      |      |          |  |
|--------------------|------|------|----------|--|
| Cherrylene Wassink | 1e j | V 16 | 01-01-86 |  |
|--------------------|------|------|----------|--|

**Dames**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Trijnïe Barts        | 1963 | V 29 | 05-10-92 |          |
| Alie Bartelink       | 1944 | V 48 | 29-05-05 |          |
| Silvia Eppink        | 1957 | V 35 | 01.01.90 | 01.04.95 |
| Alie ten Have        | 1956 | V 36 | 01.10.92 |          |
| Hannie ten Have      | 1956 | V 36 | 16-11-92 |          |
| Lies Jacobs          | 1948 | V 44 | 01.10.90 | 14.04.97 |
| Rolin Kluivers       | 1953 | V 39 | 01.09.91 |          |
| Marian Lukens        | 1953 | V 39 | 01.10.92 |          |
| Sacha Lutje Spelberg | 1948 | V 44 | 01.01.90 |          |
| Janny Nijkamp        | 1957 | V 35 | 01.11.89 |          |
| Kitty de Marie       | 1947 | V 45 | 01.04.88 |          |
| Hellie van de Peppel | 1954 | V 38 | 28-09-92 | 01-10-95 |
| Karin Tankink        | 1956 | V 36 | 01.10.89 |          |
| Janny Tuit           | 1955 | V 37 | 01.10.89 | 31.12.95 |
| Ineke Visser         | 1955 | V 37 | 01.01.90 |          |
| Hillie Weenink       | 1954 | V 38 | 01.10.92 | 01.09.95 |
| Doris Willekes       | 1963 | V 29 | 01.05.84 | 01.11.02 |

**J.P.C.**

|                    |      |     |          |          |
|--------------------|------|-----|----------|----------|
| Sander Arends      | 1984 |     |          |          |
| Lars Blauw         | 1985 | M 7 | 07-09-92 |          |
| Frank Borchert     |      |     |          |          |
| Joep Brinkers      | 1984 | M 8 | 01.02.92 |          |
| Stefan Dorelijers  | 1984 | M 8 |          |          |
| Stijn Goossens     | 1985 | M 7 | 01.10.92 | 01.04.96 |
| Jorne Hagens       | 1984 | M 8 | 01.10.92 | 01.07.95 |
| Sjoerd Hövels      | 1984 | M 8 | 09-03-92 |          |
| Harmen Kets        | 1984 | M 8 |          |          |
| Jan Joris te Kulve | 1984 | M 8 | 01-05-92 | 01.07.95 |

**J.P.C. Vervolg**

|                       |      |     |          |          |
|-----------------------|------|-----|----------|----------|
| Richard Mark Lodewijk | 1984 | M 8 | 29-09-92 |          |
| Peter Loonstein       | 1984 | M 8 | 07-11-92 |          |
| Ard Nijkamp           | 1987 | M 5 | 14-09-92 |          |
| Remco Nijkamp         | 1985 | M 7 | 15.02.91 |          |
| Thijs Pietersen       | 1985 | M 7 | 01.07.91 | 01.05.95 |
| Idzert Postma         | 1984 | M 8 | 01-06-92 |          |
| Rob Relker            | 1985 | M 7 | 07-09-92 |          |
| Joost Scharenborg     | 1984 | M 8 | 15.03.92 | 01.07.95 |
| Thijs Peterkamp       | 1984 | M 8 |          |          |
| Kjell Vogel           | 1984 | M 8 | 01.03.91 |          |
| Tamo Vogel            | 1986 | M 6 | 02-11-92 |          |
| Andre Louis Wassing   | 1984 | M 8 | 01.09.91 | 16.08.02 |
| Laurens Wientjes      | 1984 | M 8 |          |          |
| Jacko Zieverink       | 1984 | M 8 |          |          |

**J.P.B.**

|                     |      |     |          |          |
|---------------------|------|-----|----------|----------|
| Arno Daleman        | 1983 | M 9 | 01.03.91 | 01-10-97 |
| Dirk Jan Dijkstra   | 1983 | M 9 |          |          |
| Roy Nijkamp         | 1983 | M 9 | 01.10.90 |          |
| Carlos Groeneveld   | 1983 | M 9 |          |          |
| Jan Willem Kluivers | 1983 | M 9 |          |          |
| Arno Maatman        | 1983 | M 9 |          |          |
| Ruben Pillen        | 1983 | M 9 | 01.06.90 | 01.05.00 |
| Michiel Rothman     | 1983 | M 9 |          |          |
| Maurits Visch       | 1983 | M 9 | 23-11-92 |          |

**J.P.A.**

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Jurgen Arends         | 1981 | M 11 |          |          |
| Arjan Borchert        |      |      |          |          |
| Ruud Brinkers         |      |      |          |          |
| Noud Esselink         | 1982 | M 10 | 14-03-92 |          |
| Matthijs ten Have     | 1981 | M 11 | 01.09.88 | 31.12.96 |
| Oscar Hendrikx        | 1982 | M 10 | 01.12.92 | 19.03.97 |
| Dries Lasonder        | 1981 | M 11 |          |          |
| Xander Lutje Spelberg | 1982 | M 10 |          |          |
| Roeland Peterkamp     | 1981 | M 11 |          |          |
| Peter te Vaarwerk     | 1982 | M 10 |          |          |
| Remco Verdoold        | 1982 | M 11 | 26-04-92 | 01.04.98 |
| Anton Wientjes        | 1982 | M 10 |          |          |

**J.D.**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Martijn Beusink      | 1980 | M 12 |          |          |
| Ronald Boomkamp      | 1979 | M 13 | 01.07.87 |          |
| Marc Groeneveld      | 1979 | M 13 |          |          |
| Bram de Groot        | 1979 | M 13 | 01.12.86 |          |
| Michel ter Haar      | 1980 | M 12 |          |          |
| Frank Hövels         | 1980 | M 12 |          |          |
| Tom Hulzink          | 1979 | M 13 |          |          |
| Josef Isic           |      |      |          |          |
| Ivo Karel            | 1980 | M 12 | 22-01-92 |          |
| Gerben Kluivers      |      |      |          |          |
| Johan Kural          | 1980 | M 12 | 05-02-92 |          |
| Senaka Lukens        | 1980 | M 12 |          |          |
| Misha Lutje Spelberg | 1980 | M 12 | 01.12.87 | 31.12.96 |
| Ivo Maatman          | 1980 | M 12 |          |          |
| Jeroen Menkehorst    | 1980 | M 12 | 18-11-92 |          |
| Thomas Notten        | 1980 | M 12 | 21-10-92 |          |
| Joost Ottink         | 1980 | M 12 | 01.06.90 | 03.11.02 |
| Joris Pardijs        | 1980 | M 12 |          |          |
| Daan de Vries        | 1979 | M 13 | 12-10-92 |          |

|                      |      |      |          |          |        |
|----------------------|------|------|----------|----------|--------|
| <b>J.C.</b>          |      |      |          |          |        |
| Wilfred Brons        | 1978 | M 14 | 01.10.92 | 01.11.98 |        |
| Nick Maatman         | 1978 | M 14 | 01.04.86 |          |        |
| Maurice Waanders     |      |      |          |          |        |
| Stefan Mol           | 1978 | M 14 | 01.11.92 | 01.07.00 |        |
| <b>J.B.</b>          |      |      |          |          |        |
| Thijs Abbink         | 1976 | M 16 |          |          |        |
| Gerton Berkemeijer   | 1975 | M 17 | 01.05.88 | 01.11.98 |        |
| Ben Harbers          | 1975 | M 17 | 01.12.87 | 01.12.98 |        |
| Stefan Könninger     | 1976 | M 16 |          |          |        |
| Alfred Meekes        | 1975 | M 17 | 01.05.86 |          |        |
| Ralph Smeenk         | 1975 | M 17 |          |          |        |
| <b>J.A.</b>          |      |      |          |          |        |
| Marc Floor           | 1974 | M 18 | 28-04-92 |          |        |
| Dennis te Nijenhuis  | 1974 | M 18 | 07.10.84 |          |        |
| Paul Wormgoor        | 1973 | M 19 | 01-11-84 | 01.07.96 |        |
| <b>Heren</b>         |      |      |          |          |        |
| Joop Bartelink       | 1940 | M 52 | 08-05-05 |          |        |
| Ton Bangert          | 1953 | M 39 | 01.03.92 |          |        |
| Ronny Bokdam         | 1958 | M 34 | 03-01-92 |          |        |
| Hans Dimmendaal      | 1967 | M 25 | 15.02.91 | 31.08.96 |        |
| Frank Douglas        | 1944 | M 48 | 21-10-91 |          |        |
| Henny ten Els        | 1963 | M 29 | 01.02.91 | 01.04.96 |        |
| Marty Firing         | 1945 | M 47 | 1968     |          |        |
| Herbert Garritsen    | 1966 | M 26 | 28-05-05 |          |        |
| Hans Garritsen       | 1946 | M 46 | 01.02.87 | 01.07.98 |        |
| Bennie Huirne        | 1935 | M 57 | 01.01.92 |          |        |
| L. Ijssenagger       | 1910 | M 82 | 1948     | 16-03-00 | Erelid |
| Geert Klein Bruinink | 1965 | M 27 | 11.04.92 |          |        |
| Harold Kloosters     | 1971 | M 22 | 07-04-92 |          |        |
| Johan van der Kous   | 1933 | M 59 | 10-05-05 | 01.01.95 |        |
| Erwin Leussenkamp    | 1969 | M 21 | 01.08.81 | 01.12.05 |        |
| Robert Leussenkamp   | 1965 | M 27 | 01.08.81 | 01.04.02 |        |
| Marcel Liebrand      | 1959 | M 33 | 01.06.85 |          |        |
| Albert Lukens        | 1949 | M 43 | 01.10.92 |          |        |
| Tonnie Lutikholt     | 1954 | M 38 | 25-05-05 |          |        |
| Theo Nijkamp         | 1952 | M 40 | 25-05-05 |          |        |
| Freek Notten         | 1951 | M 41 | 01.03.92 | 01.11.01 |        |
| Huub Ras             | 1930 | M 62 | 09-05-05 |          |        |
| Theo Schootman       | 1949 | M 43 | 01.12.92 |          |        |
| Rene Siegerink       | 1962 | M 30 |          |          |        |
| Leo Sijtsma          | 1941 | M 51 | 01.11.92 | 31.12.99 |        |
| Arie Simmelink       | 1932 | M 60 | 1952     | 1998     | Erelid |
| Jan Staring          | 1945 | M 47 | 22.04.92 | 01.04.01 |        |
| Erik Stotelder       | 1962 | M 30 | 26-10-91 | 01.10.99 |        |
| Michel Stoverink     | 1967 | M 25 | 01.05.91 | 31.12.95 |        |
| Hennie Temmink       | 1943 | M 49 | 01.01.84 |          |        |
| Mark Temmink         | 1972 | M 20 | 01.06.85 | 31.12.99 |        |
| Jan van Onzen        | 1946 | M 46 | 01.04.90 | 31.12.95 |        |
| Johan Wansing        | 1932 | M 60 | 01-05-05 |          |        |
| Rudy Wedel           | 1947 | M 45 | 14-05-05 |          |        |
| Henk Wesselink       | 1950 | M 42 | 01.12.92 | 01.07.02 |        |
| Mike Wientjes        | 1958 | M 34 | 01.03.92 | 01.09.02 |        |
| Hans Wildenbeest     | 1967 | M 25 |          |          |        |
| Gerard Willekes      | 1956 | M 36 | 01-03-90 |          |        |
| Hans ter Woerds      | 1955 | M 37 | 01.11.91 | 01.03.01 |        |

# 1992

## Nijverdal 04-01-92 Halve Marathon

### Eibergen 05-01-92 35e Nieuwjaarscross

|                       |         |       |
|-----------------------|---------|-------|
| M.P.A.                | 1080 m  |       |
| Karin Lukens          | 5.37    |       |
| Nienke Hövels         | 6.35    |       |
| M.D.                  | 1080 m  |       |
| Angeliën ten Have     | 4.35    | 3e pl |
| J.P.C.                | 1080 m  |       |
| Kjell Vogel           | 5.40    | 1e pl |
| Laurens Wientjes      | 5.57    | 2e pl |
| Thijs Peterkamp       | 6.41    | 3e pl |
| Remco Nijkamp         | 7.16    |       |
| J.P.B.                | 1080 m  |       |
| Arno Daleman          | 4.55    | 2e pl |
| Michiel Rothman       | 5.48    |       |
| Ruben Pillen          | 5.51    |       |
| Roy Nijkamp           | 6.11    |       |
| J.P.A.                | 1080 m  |       |
| Anton Wientjes        | 5.19    |       |
| Xander Lutje Spelberg | 5.30    |       |
| J.D.                  |         |       |
| Ronald Boomkamp       | 4.44    |       |
| Bram de Groot         | 4.54    |       |
| Frank Hövels          | 5.06    |       |
| Misha Lutje Spelberg  | 5.37    |       |
| J.B.                  | 3580 m  |       |
| Ben Harbers           | 14.07   | 1e pl |
| Thijs Abbink          | 14.09   | 2e pl |
| Heren                 | 11120 m |       |
| Robert Leussenkamp    | 47.45   | M 27  |

## Epe 11-01-92 3e Crosscompetitiewedstrijd Cialfo

## Enschede 12-01-92 Indoorwedstrijd AC Tion

### Goor 18-01-92 Herikerbergcross AV Goor

|                   |        |       |
|-------------------|--------|-------|
| M.D.              | 1200 m |       |
| Angeliën ten Have | 5.32   | 1e pl |
| J.P.C.            | 1200 m |       |
| Kjell Vogel       | 5.43   | 2e pl |

### **Goor 18-01-92 Herikerbergcross AV Goor vervolg**

|                |        |        |
|----------------|--------|--------|
| J.P.B.         | 1200 m |        |
| Arno Daleman   | 5.01   | 1e pl  |
| J.P.A.         | 1200 m |        |
| Anton Wientjes | 5.32   | 20e pl |
| J.B.           | 3200 m |        |
| Thijs Abbink   | 10.59  | 2e pl  |

### **Zwolle 18/19-01-92 Open Oostelijke Indoorkampioenschppen en NK Meerkamp**

### **Apeldoorn 01-02-92 19e Midwintermarathon**

### **Hengelo 02-02-92 Woolderesloop M.P.M.**

### **Delden 09-02-92 Twente Cross**

|                   |       |        |
|-------------------|-------|--------|
| M.P.A.            |       |        |
| Karin Lukens      | 5.46  | 6e pl  |
| M.D.              |       |        |
| Angelien ten Have | 4.45  | 3e pl  |
| J.P.C.            |       |        |
| Kjell Vogel       | 5.41  | 2e pl  |
| Laurens Wientjes  | 5.44  | 3e pl  |
| Jacko Zieverink   | 5.46  | 4e pl  |
| Remco Nijkamp     | 6.53  | 5e pl  |
| J.P.B.            |       |        |
| Arno Daleman      | 5.19  | 3e pl  |
| Roy Nijkamp       | 6.05  | 8e pl  |
| J.P.A.            |       |        |
| Anton Wientjes    | 5.25  | 19e pl |
| J.D.              |       |        |
| Ronald Boomkamp   | 4.21  | 2e pl  |
| Bram de Groot     | 4.47  | 8e pl  |
| Joris Pardijs     | 4.48  | 9e pl  |
| Joost Ottink      | 5.12  | 18e pl |
| Johan Kural       | 5.51  | 20e pl |
| Martijn Beusink   | 5.54  | 21e pl |
| J.B.              |       |        |
| Alfred Meekes     | 18.38 | 10e pl |

### **Eibergen 15-02-92 Karnevalslloop**

### **Den Haag 15/16-02-92 Nederlandse Indoorkampioenschappen Senioren en Nationale C Spelen**

### **Oldenzaal 16-02-92 Hulsbeekcross AC Laac**



## **Emmeloord 22-02-92 4e Cross Oostelijke Crosscompetitie**

|              |        |       |
|--------------|--------|-------|
| J.B.         | 4000 m |       |
| Thijs Abbink | 15.01  | 5e pl |

## **Enschede 23-02-92 Indoorwedstrijd**

## **Almelo 23-02-92 Sisucross**

## **Hengelo 22-02-92 Woolderesloop M.P.M.**

## **Utrecht 01-03-92 NK Veldloop Senioren Junioren**

## **Winterswijk 07-03-92 4e Engelse Mijlenloop**

|               |         |  |
|---------------|---------|--|
| Heren         | 10 EM   |  |
| Bennie Huirne | 1.22.24 |  |

## **Oldenzaal 08-03-92 Hulsbeek Cross**

|                   |      |       |
|-------------------|------|-------|
| M.D.              |      |       |
| Angeliën ten Have | 4.13 | 3e pl |

|             |      |       |
|-------------|------|-------|
| J.P.C.      |      |       |
| Kjell Vogel | 5.11 | 2e pl |

|                 |      |       |
|-----------------|------|-------|
| J.P.B.          |      |       |
| Arno Daleman    | 4.36 | 2e pl |
| Michiel Rothman | 5.25 | 6e pl |

|                |      |        |
|----------------|------|--------|
| J.P.A.         |      |        |
| Anton Wientjes | 4.59 | 16e pl |

|               |       |       |
|---------------|-------|-------|
| J.B.          |       |       |
| Alfred Meekes | 11.01 | 7e pl |

## **Enschede 15-03-92 Indoorwedstrijd AC Tion**

## **Den Haag 28-03-92 City Pier Cityloop**

## **Eibergen 05-04-92 Indoor Clubkampioenschappen**

|                   |      |        |        |       |
|-------------------|------|--------|--------|-------|
| M.P.C.            | 30 m | Ver    | Kogel  | Bal   |
| Leonie Willekes   | 7.1  | 1.52 m | 2.84 m | 6.05  |
| Carolien Dijkstra | 5.9  | 1.99 m | 5.80 m | 13.98 |

|              |      |        |        |        |
|--------------|------|--------|--------|--------|
| M.P.A.       | 30 m | Ver    | Kogel  | Bal    |
| Karin Lukens | 5.5  | 2.54 m | 3.68 m | 9.59 m |

## Eibergen 05-04-92 Indoor Clubkampioenschappen vervolg

|                       |        |        |        |         |      |
|-----------------------|--------|--------|--------|---------|------|
| M.D.                  | 30 m   | Ver    | Hoog   | Kogel   |      |
| Angeliën ten Have     | 5.4    | 3.58 m | 1.15 m | 7.66 m  |      |
| Yvonne Lukens         | 5.8    | 2.89 m | x      | 5.46 m  |      |
| M.C.                  | 30 m   | Ver    | Hoog   | Kogel   |      |
| Mirjam Huurneman      | 5.1    | 3.50 m | 1.35 m | 8.32 m  |      |
| Mira te Nijenhuis     | 5.3    | 3.81 m | 1.20 m | 9.48 m  |      |
| Hadewich Huitema      | 5.3    | 4.08 m | 1.40 m | 9.12 m  |      |
| M.B.                  | Ver    | Hoog   | Kogel  |         |      |
| Cherrylene Wassink    | 3.66 m | 1.20 m | 9.14 m |         |      |
| Dames                 | 30 m   | Ver    | Hoog   | Kogel   |      |
| Karin Tankink         | 5.2    | 3.52 m | 1.15 m | 8.86 m  | V 36 |
| Janny Nijkamp         | 5.7    | 3.05 m | 1.05 m | 5.97 m  | V 35 |
| Janny Tuit            | 5.4    | 3.44 m | 1.10 m | 6.35 m  |      |
| Doris Willekes        |        |        |        | 11.22 m | V 29 |
| J.P.C.                | 30 m   | Ver    | Kogel  | Bal     |      |
| Laurens Wientjes      | 6.1    | 2.20 m | 5.20 m | 14.10 m |      |
| Remco Nijkamp         | 7.1    | 1.55 m | 2.24 m | 5.14 m  |      |
| Jacko Zieverink       | 5.8    | 2.76 m | 6.76 m | 19.40 m |      |
| Stefan Dorelijers     | 5.5    | 2.56 m | 6.94 m | 23.93 m |      |
| Andre Louis Wassing   | 5.8    | 2.44 m | 6.42 m | 12.84 m |      |
| Thijs Peterkamp       | 6.4    | 1.94 m | 5.80 m | 14.25 m |      |
| Harmen Kets           | 6.4    | 2.02 m | 4.46 m | 9.43 m  |      |
| Joep Brinkers         | 5.8    | 2.50 m | 5.58 m | 12.28 m |      |
| Jan Joris te Kulve    | 6.5    | 2.02 m | 5.34 m | 10.09 m |      |
| Thijs Pietersen       | 5.9    | 2.47 m | 4.98 m | 11.74 m |      |
| Kjell Vogel           | 5.9    | 2.62 m | 6.36 m | 16.84 m |      |
| Joost Scharenborg     | 6.5    | 2.07 m | 4.20 m | 10.18 m |      |
| Idzert Postma         | 7.1    | 1.66 m | 4.54 m | 9.62 m  |      |
| J.P.B.                |        | Ver    | Kogel  | Bal     |      |
| Dirk Jan Dijkstra     | 5.8    | 2.57 m | 7.84 m | 24.62 m |      |
| Roy Nijkamp           | 5.9    | 1.94 m | 6.18 m | 15.27 m |      |
| Ruben Pillen          | 5.6    | 2.92 m | 6.10 m | 21.23 m |      |
| Michiel Rothman       | 5.5    | 2.36 m | 6.62 m | 15.70 m |      |
| Carlos Groeneveld     | 5.6    | 2.28 m | 6.62 m | 12.61 m |      |
| Arno Daleman          | 5.5    | 2.82 m | 6.46 m | 22.67 m |      |
| J.P.A.                | 30 m   | Ver    | Kogel  | Bal     |      |
| Matthijs ten Have     | 5.3    | 3.92 m | 9.02 m | 26.05 m |      |
| Roeland Peterkamp     | 5.6    | 3.55 m | 6.72 m | 23.68 m |      |
| Anton Wientjes        | 5.6    | 3.01 m | 4.58 m | 13.49 m |      |
| Xander Lutje Spelberg | 5.9    | 3.28 m | 5.56 m | 19.32 m |      |
| Peter te Vaarwerk     | 5.9    | 2.73 m | 5.30 m | 21.71 m |      |
| J.D.                  | 30 m   | Ver    | Hoog   | Kogel   |      |
| Misha Lutje Spelberg  | 5.5    | 3.29 m | 1.15 m | 7.30 m  |      |
| Tom Hulzink           | 4.9    | 3.68 m | 1.35 m | 8.20 m  |      |
| Joris Pardijs         | 5.8    | 3.28 m | 1.15 m | 6.42 m  |      |
| Ronald Boomkamp       | 5.1    | 3.72 m | 1.25 m | 8.24 m  |      |
| Michel ter Haar       | 5.4    | 3.32 m | 1.15 m | 5.72 m  |      |
| Marc Groeneveld       | 5.2    | 3.32 m | 1.15 m | 7.20 m  |      |
| Bram de Groot         | 5.4    | 3.55 m | 1.20 m | 7.28 m  |      |
| Senaka Lukens         | 5.8    | 3.28 m | 1.20 m | 5.42 m  |      |
| Josef Isic            | 6.0    | 2.92 m | x      | 5.56 m  |      |
| Ivo Karel             | 5.8    | 2.93 m | 1.25 m | 5.60 m  |      |

## Eibergen 05-04-92 Indoor Clubkampioenschappen vervolg

|                     |      |        |        |            |      |
|---------------------|------|--------|--------|------------|------|
| J.B.                | 30 m | Ver    | Hoog   | Kogel 5 kg |      |
| Alfred Meekes       | 4.9  | 4.97 m | 1.40 m | 8.66 m     |      |
| Ben Harbers         | 4.5  | 5.49 m | 1.55 m | 10.50 m    |      |
| Stefan Könninger    | 5.0  | 5.17 m | 1.55 m | 10.37 m    |      |
| J.A.                | 30 m | Ver    | Hoog   | Kogel 5 kg |      |
| Paul Wormgoor       | 4.5  | 5.35 m | 1.55 m | 13.48 m    |      |
| Dennis te Nijenhuis | 4.9  | 4.65 m | 1.55 m | 10.42 m    |      |
| Heren               | 30 m | Ver    | Hoog   | Kogel 5 kg |      |
| Hans Wildenbeest    | 4.3  | 5.45 m | 1.65 m | 9.72 m     | M 25 |
| Herbert Garritsen   | 4.5  | 4.95 m | 1.65 m | 10.22 m    | M 26 |
| Michel Stoverink    | 4.5  | 5.52 m | 1.60 m | 12.40 m    | M 25 |
| Bert Vogel          | 4.8  | 4.42 m | 1.40 m | 9.82 m     | M 39 |

## Rotterdam 05-04-92 12e Internationale Marathon

### Hengelo 11-04-92 1e Medaillewedstrijd

|                       |        |        |         |  |
|-----------------------|--------|--------|---------|--|
| M.P.A.                | 60 m   | Hoog   | Bal     |  |
| Karin Lukens          | 10.8   | 0.85 m | 10.02 m |  |
| M.D.                  | 60 m   | Hoog   | Kogel   |  |
| Yvonne Lukens         | 10.3   | 0.90 m | 4.94 m  |  |
| Angélien ten Have     | 9.0    | 1.25 m | 7.17 m  |  |
| M.C.                  | 600 m  | Ver    | Speer   |  |
| Hadewich Huitema      | 2.02.7 | 4.21 m | 24.98 m |  |
| J.P.C.                | 40 m   | Ver    | Bal     |  |
| Laurens Wientjes      | 7.9    | 2.45 m | 12.08 m |  |
| Andre Louis Wassing   | 7.4    | 2.88 m | 11.92 m |  |
| Joost Scharenborg     | 8.1    | 2.29 m | 10.32 m |  |
| Sjoerd Hövels         | 8.3    | 2.14 m | 15.52 m |  |
| Joep Brinkers         | 7.4    | 2.99 m | 14.22 m |  |
| Sander Arends         | 7.8    | 2.77 m | 15.02 m |  |
| Jan Joris te Kulve    | 8.1    | 2.23 m | 10.88 m |  |
| Stefan Dorelijers     | 7.1    | 2.88 m | 14.00 m |  |
| Thijs Pietersen       | 7.9    | 2.88 m | 14.00 m |  |
| Remco Nijkamp         | 9.4    | 1.93 m | 5.38 m  |  |
| Harmen Kets           | 8.5    | 2.55 m | 8.70 m  |  |
| Jacko Zieverink       | 7.5    | 2.91 m | 20.44 m |  |
| Kjell Vogel           | 7.8    | 3.03 m | 15.66 m |  |
| J.P.B.                | 40 m   | Hoog   | Kogel   |  |
| Ruben Pillen          | 7.2    | 0.85 m | 4.34 m  |  |
| Michiel Rothman       | 7.4    | 0.75 m | 3.78 m  |  |
| Arno Daleman          | 7.1    | 0.85 m | 4.62 m  |  |
| Carlos Groeneveld     | 7.2    | 0.70 m | 3.60 m  |  |
| Roy Nijkamp           | 7.6    | 0.70 m | 4.29 m  |  |
| J.P.A.                | 1000 m | Ver    | Kogel   |  |
| Dries Lasonder        | 4.46.6 | 3.18 m | 6.60 m  |  |
| Peter te Vaarwerk     | 4.23.3 | 2.71 m | 5.74 m  |  |
| Jurgen Arends         | 4.10.8 | 3.16 m | 6.20 m  |  |
| Anton Wientjes        | 4.06.4 | 2.98 m | 4.13 m  |  |
| Xander Lutje Spelberg | x      | 3.31 m | 4.34 m  |  |
| Matthijs ten Have     | 4.13.0 | 4.00 m | 8.90 m  |  |

## Hengelo 11-04-92 1e Medaillewedstrijd vervolg

| J.D.                 | 1000 m | Ver    | Kogel  |
|----------------------|--------|--------|--------|
| Joost Ottink         | 3.52.9 | 3.37 m | 5.39 m |
| Joris Pardijs        | 3.37.5 | 3.63 m | 6.31 m |
| Daan de Vries        | 3.56.9 | 3.68 m | 6.55 m |
| Frank Hövels         | 4.11.3 | 3.39 m | 6.95 m |
| Johan Kural          | 4.42.5 | 2.72 m | 5.91 m |
| Marc Groeneveld      | 4.06.7 | 2.99 m | 6.80 m |
| Misha Lutje Spelberg | 4.27.6 | 3.93 m | 7.36 m |
| Ronald Boomkamp      | 3.19.4 | 3.06 m | 8.05 m |
| Ivo Karel            | 4.15.6 | 3.13 m | 5.87 m |

## Hengelo 12-04-92 Woolderesloop

## Enschede 25-04-92 1e Competitiewedstrijd CD Junioren

| M.C.              |        |         |      |
|-------------------|--------|---------|------|
| Minette Korterink | 4x80 m | 47.3    | V 15 |
| Chantal Kruger    | 4x80 m | 47.3    | V 15 |
| Mira te Nijenhuis | 4x80 m | 47.3    | V 15 |
| Hadewich Heutema  | 4x80 m | 47.3    | V 15 |
| Minette Korterink | 80 m   | 11.5    | V 15 |
| Minette Korterink | 80 mh  | 16.1    | V 15 |
| Mira te Nijenhuis | 1000 m | 3.50.4  | V 15 |
| Chantal Kruger    | Ver    | 3.36 m  | V 15 |
| Hadewich Heutema  | Hoog   | 1.35 m  | V 15 |
| Hadewich Heutema  | Kogel  | 8.37 m  | V 15 |
| Chantal Kruger    | Discus | 12.78   | V 15 |
| Mira te Nijenhuis | Speer  | 27.90 m | V 15 |

| J.D.            |        |         |      |
|-----------------|--------|---------|------|
| Daan de Vries   | 4x80 m | 48.2    | M 13 |
| Ronald Boomkamp | 4x80 m | 48.2    | M 13 |
| Tom Hulzink     | 4x80 m | 48.2    | M 13 |
| Bram de Groot   | 4x80 m | 48.2    | M 13 |
| Daan de Vries   | 80 m   | 12.6    | M 13 |
| Tom Hulzink     | 80 mh  | 15.7    | M 13 |
| Ronald Boomkamp | 1000 m | 3.23.6  | M 13 |
| Daan de Vries   | Ver    | 3.49 m  | M 13 |
| Tom Hulzink     | Hoog   | 1.20 m  | M 13 |
| Ronald Boomkamp | Kogel  | 7.93 m  | M 13 |
| Bram de Groot   | Discus | 16.48 m | M 13 |
| Bram de Groot   | Speer  | 24.28 m | M 13 |

## Hengelo 26-04-92 Halve Marathon

## Eibergen 02-05-92 2e Medaillewedstrijd

| M.P.A.        | 1000 m | Ver    | Kogel   |
|---------------|--------|--------|---------|
| Nienke Hövels | 4.36.0 | 3.25 m | 4.95 m  |
| Karin Lukens  | 4.17.2 | 2.43 m | 3.37 m  |
| M.D.          | 600 m  | Ver    | Speer   |
| Yvonne Lukens | 2.20.8 | 2.71 m | 10.28 m |

## Eibergen 02-05-92 2e Medaillewedstrijd vervolg

| J.P.C.              | 1000 m | Ver    | Bal     |
|---------------------|--------|--------|---------|
| Kjell Vogel         | 4.30.5 | 3.00 m | 16.74 m |
| Laurens Wientjes    | 4.15.3 | 2.40 m | 11.52 m |
| Jacko Zieverink     | 4.33.1 | 2.77 m | 18.26 m |
| Andre Louis Wassing | x      | 2.96 m | 15.72 m |
| Remco Nijkamp       | 5.29.6 | 2.00 m | 6.12 m  |
| Thijs Pietersen     | 5.11.1 | 2.79 m | 16.16 m |
| Joost Scharenborg   | 4.52.5 | 2.33 m | 13.20 m |
| Sjoerd Hövels       | x      | 2.54 m | 11.32 m |

| J.P.B.          | 1000 m | Ver    | Bal     |
|-----------------|--------|--------|---------|
| Roy Nijkamp     | 4.51.2 | 2.62 m | 16.32 m |
| Arno Daleman    | 4.02.7 | 3.23 m | 23.12 m |
| Michiel Rothman | 4.15.3 | 3.05 m | 18.86 m |
| Ruben Pillen    | 4.28.8 | 3.14 m | 24.34 m |

| J.P.A.                | 60 m | Hoog   | Bal     |
|-----------------------|------|--------|---------|
| Xander Lutje Spelberg | 10.0 | 1.05 m | 18.88 m |
| Dirk Jan Dijkstra     | 11.3 | 0.95 m | 26.72 m |
| Matthijs ten Have     | 9.9  | 1.05 m | 29.66 m |
| Peter te Vaarwerk     | 11.5 | 0.85 m | 22.58 m |
| Anton Wientjes        | 10.5 | 0.90 m | x       |

| J.D.                 | 80 m | Hoog   | Speer   |
|----------------------|------|--------|---------|
| Marc Groeneveld      | 12.6 | 1.20 m | 14.12 m |
| Joris Pardijs        | 13.3 | 1.10 m | 19.66 m |
| Martijn Beusink      | 14.5 | 1.00 m | 10.60 m |
| Daan de Vries        | 12.4 | 1.10 m | 19.42 m |
| Tom Hulzink          | 12.1 | 1.20 m | 21.06 m |
| Ivo Karel            | 13.6 | 1.20 m | 12.52 m |
| Ronald Boomkamp      | 12.2 | 1.20 m | 15.06 m |
| Joost Ottink         | 13.0 | 1.05 m | 8.22 m  |
| Frank Hövels         | 12.2 | 1.10 m | 19.00 m |
| Misha Lutje Spelberg | 12.0 | 1.30 m | 21.78 m |

## Drienerloo 06-05-92 Testwedstrijden DAV Kronos

| J.B.               | 100 m | 400 m | Kogel   | Speer   |
|--------------------|-------|-------|---------|---------|
| Thijs Abbink       | 12.8  | 57.6  |         |         |
| Gerton Berkemeijer |       |       | 10.37 m | 44.46 m |

| J.A.                | Hoog   | Kogel   | Speer   |
|---------------------|--------|---------|---------|
| Paul Wormgoor       | 1.55 m | 12.56 m | 43.18 m |
| Dennis te Nijenhuis | 1.55 m | 9.33 m  | 30.26 m |

## Utrecht 10-05-92 Citymarathon

## Deventer 09-05-92 2e Competitiewedstrijd CD Junioren

### M.C.

|                   |        |         |      |
|-------------------|--------|---------|------|
| Minette Korterink | 4x80 m | 46.6    | V 15 |
| Chantal Kruger    | 4x80 m | 46.6    | V 15 |
| Mira te Nijenhuis | 4x80 m | 46.6    | V 15 |
| Hadewich Heutema  | 4x80 m | 46.6    | V 15 |
| Minette Korterink | 80 m   | 11.5    | V 15 |
| Minette Korterink | 80 mh  | 16.1    | V 15 |
| Hadewich Heutema  | 1000 m | 3.42.7  | V 15 |
| Chantal Kruger    | Ver    | 3.67 m  | V 15 |
| Chantal Kruger    | Hoog   | 1.20 m  | V 15 |
| Mira te Nijenhuis | Kogel  | 8.46 m  | V 15 |
| Hadewich Heutema  | Discus | 17.58 m | V 15 |
| Mira te Nijenhuis | Speer  | 27.40 m | V 15 |

### J.D.

|                 |        |         |      |
|-----------------|--------|---------|------|
| Daan de Vries   | 4x80 m | 47.9    | M 13 |
| Ronald Boomkamp | 4x80 m | 47.9    | M 13 |
| Tom Hulzink     | 4x80 m | 47.9    | M 13 |
| Ivo Karel       | 4x80 m | 47.9    | M 12 |
| Daan de Vries   | 80 m   | 12.7    | M 13 |
| Tom Hulzink     | 80 mh  | 15.1    | M 13 |
| Ronald Boomkamp | 1000 m | 3.22.6  | M 13 |
| Daan de Vries   | Ver    | 3.65 m  | M 13 |
| Ivo Karel       | Hoog   | 1.25 m  | M 12 |
| Ronald Boomkamp | Kogel  | 7.94 m  | M 13 |
| Tom Hulzink     | Discus | 16.52 m | M 13 |
| Ivo Karel       | Speer  | 15.48 m | M 12 |

## Apeldoorn 13-05-92 1e Competitiewedstrijd B Junioren

### J.B.

|                    |        |         |      |
|--------------------|--------|---------|------|
| Alfred Meekes      | 100 m  | 13.6    | M 17 |
| Stefan Könninger   | 110 mh | 18.6    | M 16 |
| Thijs Abbink       | 400 m  | 56.6    | M 16 |
| Alfred Meekes      | 400 m  | 62.1    | M 17 |
| Thijs Abbink       | 1500 m | 4.42.2  | M 16 |
| Ralph Smeenk       | Ver    | 5.67 m  | M 17 |
| Stefan Könninger   | Hoog   | 1.60 m  | M 16 |
| Gerton Berkemeijer | Kogel  | 12.20 m | M 17 |
| Ralph Smeenk       | Discus | 32.58 m | M 17 |
| Gerton Berkemeijer | Speer  | 44.90 m | M 17 |

## Nijmegen 17-05-92 1e Competitiewedstrijd Senioren

### Heren

|                    |        |         |      |
|--------------------|--------|---------|------|
| Michel Stoverink   | 100 m  | 12.4    | M 25 |
| Robert Leussenkamp | 110 mh | 22.2    | M 27 |
| Erwin Leussenkamp  | 400 m  | 55.0    | M 21 |
| Robert Leussenkamp | 1500 m | 4.29.0  | M 27 |
| Harald Kloosters   | 5000 m | 21.44.6 |      |
| Michel Stoverink   | Ver    | 5.42 m  | M 25 |
| Herbert Garritsen  | Hoog   | 1.75 m  | M 26 |
| Rene Siegerink     | Kogel  | 12.87 m | M 30 |
| Herbert Garritsen  | Discus | 34.00 m | M 26 |
| Erwin Leussenkamp  | Speer  | 35.32 m | M 21 |

## **Zwolle 23-24-05-92 Oostelijke Kampioenschappen**

|               |               |       |               |       |
|---------------|---------------|-------|---------------|-------|
| <b>J.B.</b>   | <b>1500 m</b> |       | <b>3000 m</b> |       |
| Thijs Abbink  | 4.19.5        | 2e pl | 9.43.06       | 3e pl |
| <b>J.A.</b>   | <b>Kogel</b>  |       | <b>Speer</b>  |       |
| Paul Wormgoor | 12.15 m       | 5e pl | 41.64 m       | 8e pl |

## **Zutphen 30-05-92 3e Competitiewedstrijd CD Junioren**

|               |        |         |      |
|---------------|--------|---------|------|
| <b>J.D.</b>   |        |         |      |
| Daan de Vries | 4x80 m | 50.3    | M 13 |
| Bram de Groot | 4x80 m | 50.3    | M 13 |
| Tom Hulzink   | 4x80 m | 50.3    | M 13 |
| Ivo Karel     | 4x80 m | 50.3    | M 12 |
| Daan de Vries | 80 m   | 12.6    | M 13 |
| Tom Hulzink   | 80 mh  | 15.9    | M 13 |
| Bram de Groot | 1000 m | 3.40.1  | M 13 |
| Daan de Vries | Ver    | 3.65 m  | M 13 |
| Ivo Karel     | Hoog   | 1.20 m  | M 12 |
| Ivo Karel     | Kogel  | 5.97 m  | M 12 |
| Tom Hulzink   | Discus | 24.26 m | M 13 |
| Bram de Groot | Speer  | 21.40 m | M 12 |

## **Eibergen 31-05-92 Halve Marathon 5 km en 10 km**

|                 |                       |      |
|-----------------|-----------------------|------|
| <b>Heren</b>    | <b>Halve Marathon</b> |      |
| Hans ter Woerds | 1.39.49               | M 37 |

## **Deventer 03-06-92 2e Competitiewedstrijd B Junioren**

|                    |        |         |      |
|--------------------|--------|---------|------|
| <b>J.B.</b>        |        |         |      |
| Ben Harbers        | 100 m  | 12.5    | M 17 |
| Alfred Meekes      | 110 mh | 21.3    | M 17 |
| Thijs Abbink       | 400 m  | 55.5    | M 16 |
| Alfred Meekes      | 800 m  | 2.24.9  | M 17 |
| Thijs Abbink       | 1500 m | 4.36.0  | M 16 |
| Ralph Smeenk       | Ver    | 5.27 m  | M 17 |
| Ben Harbers        | Hoog   | 1.50 m  | M 17 |
| Gerton Berkemeijer | Kogel  | 12.26 m | M 17 |
| Ralph Smeenk       | Discus | 33.20 m | M 17 |
| Gerton Berkemeijer | Speer  | 42.04 m | M 17 |

## **Hengelo 11-06-92 Baanwedstrijd**

|                   |              |
|-------------------|--------------|
| <b>M.D.</b>       | <b>60 m</b>  |
| Angeliën ten Have | 9.0          |
| <b>M.C.</b>       | <b>Speer</b> |
| Hadewich Huitema  | 24.98 m      |

## Enschede 13-06-92 Pupillenwedstrijd

|                  |      |        |        |       |        |
|------------------|------|--------|--------|-------|--------|
| J.P.C.           | 40 m | Ver    | Kogel  |       | 1000 m |
| Kjell Vogel      | 7.6  | 2.88 m | 5.30 m | 3e pl | 4.35.5 |
| Laurens Wientjes | 7.7  | 2.92 m | 4.79 m | 4e pl | 4.10.3 |
| Remco Nijkamp    | 9.8  | 1.98 m | 2.48 m | 7e pl | 5.11.9 |

|                 |      |        |        |        |        |
|-----------------|------|--------|--------|--------|--------|
| J.P.B.          | 40 m | Ver    | Kogel  |        | 1000 m |
| Arno Daleman    | 7.2  | 3.20 m | 4.56 m | 5e pl  | 3.56.1 |
| Michiel Rothman | 7.4  | 3.00 m | 4.20 m | 11e pl | x      |
| Roy Nijkamp     | 7.9  | 2.64 m | 4.01 m | 14e pl | 4.44.5 |

|                |      |        |        |        |         |
|----------------|------|--------|--------|--------|---------|
| J.P.A.         | 60 m | Ver    | Kogel  |        | 1000 m  |
| Anton Wientjes | 10.4 | 2.74 m | 4.34 m | 13e pl | 4.03.8+ |

## Eibergen 20-06-92 Pupillen 3 Kamp

|              |        |
|--------------|--------|
| M.P.A.       | 1000 m |
| Karin Lukens | 4.26.9 |

|                     |      |        |        |         |
|---------------------|------|--------|--------|---------|
| J.P.C.              | 40 m | 1000 m | Ver    | Bal     |
| Kjell Vogel         | 7.7  | 4.25.2 | 2.97 m | 19.50 m |
| Laurens Wientjes    | 8.0  | 4.19.9 | 2.75 m | 14.92 m |
| Jacko Zieverink     | 7.9  | 4.50.2 | 3.11 m | 21.62 m |
| Thijs Pietersen     | 7.7  | 5.26.6 | 3.00 m | 18.95 m |
| Joep Brinkers       | 7.4  | 4.25.7 | 3.02 m | 16.72 m |
| Carlos Groeneveld   | 7.4  | 5.25.7 | 3.10 m | 15.63 m |
| Andre Louis Wassing | 7.6  | 4.43.7 | 2.93 m | 19.07 m |
| Stefan Dorelijers   | 7.2  | 4.59.9 | 3.17 m | 28.41 m |
| Remco Nijkamp       | 10.1 | 5.29.3 | 2.12 m | 5.99 m  |
| Joost Scharenborg   | 8.3  | x      | 2.76 m | 16.03 m |
| Sander Arends       | 8.4  | x      | 2.72 m | 15.23 m |
| Harmen Kets         | 9.1  | x      | 2.65 m | 12.85 m |
| Jan Joris te Kulve  | 8.5  | x      | 2.43 m | 10.56   |
| Thijs Peterkamp     | 8.9  | x      | 2.63 m | 13.29 m |

|                 |      |        |        |        |
|-----------------|------|--------|--------|--------|
| J.P.B.          | 40 m | 1000 m | Ver    | Kogel  |
| Ruben Pillen    | 7.4  | 4.19.3 | 3.28 m | 4.67 m |
| Michiel Rothman | 7.6  | 4.34.5 | 3.24 m | 4.10 m |
| Arno Daleman    | 7.5  | 4.08.6 | 3.36 m | 4.42 m |
| Roy Nijkamp     | 8.0  | 4.42.2 | 2.84 m | 4.28 m |

|                       |      |        |        |        |
|-----------------------|------|--------|--------|--------|
| J.P.A.                | 60 m | 1000 m | Hoog   | Kogel  |
| Roeland Peterkamp     | 10.7 | x      | 1.05 m | 7.72 m |
| Jurgen Arends         | 11.1 | x      | 1.10 m | 5.61 m |
| Matthijs ten Have     | 10.4 | x      | 1.25 m | 8.14 m |
| Remco Verdoold        | 10.7 | x      | 0.95 m | 5.37 m |
| Xander Lutje Spelberg | 10.2 | x      | 1.05 m | 5.15 m |
| Anton Wientjes        | 10.9 | 4.09.2 | 0.90 m | 4.19 m |
| Dries Lasonder        | 10.5 | 3.52.6 | 1.05 m | 6.91 m |

## Enschede 20-06-92 Districtsfinale Competitiewedstrijd CD Junioren

|                 |          |         |       |
|-----------------|----------|---------|-------|
| J.D.            | 4234 pnt |         | 6e pl |
| Daan de Vries   | 80 m     | 12.2    | M 13  |
| Tom Hulzink     | 80 mh    | 15.8    | M 13  |
| Ronald Boomkamp | 1000 m   | 3.26.4  | M 13  |
| Daan de Vries   | Ver      | 3.92 m  | M 13  |
| Ivo Karel       | Hoog     | 1.30 m  | M 12  |
| Ronald Boomkamp | Kogel    | 8.30 m  | M 12  |
| Tom Hulzink     | Discus   | 23.68 m | M 13  |
| Bram de Groot   | Speer    | 25.84 m | M 12  |



## Gendringen 21-06-92 2e Competitiewedstrijd Senioren

### Heren

|                    |        |         |      |
|--------------------|--------|---------|------|
| Michel Stoverink   | 100 m  | 12.2    | M 25 |
| Robert Leussenkamp | 110 mh | 21.5    | M 27 |
| Erwin Leussenkamp  | 400 m  | 55.8    | M 21 |
| Robert Leussenkamp | 1500 m | 4.22.1  | M 27 |
| Jan starring       | 5000 m | 18.13.1 | M 47 |
| Freek Notten       | 5000 m | 19.12.8 | M 41 |
| Michel Stoverink   | Ver    | 5.60 m  | M 25 |
| Herbert Garritsen  | Hoog   | 1.70 m  | M 26 |
| Rene Siegerink     | Kogel  | 12.35 m | M 30 |
| Rene Siegerink     | Discus | 35.88 m | M 26 |
| Herbert Garritsen  | Speer  | 37.86 m | M 21 |

## Enschede 26-08-92 Baanwedstrijd

|                   |        |         |
|-------------------|--------|---------|
| M.D.              | 600 m  | Speer   |
| Angeliën ten Have | 1.57.4 |         |
| Yvonne Lukens     |        | 15.06 m |

|                   |        |
|-------------------|--------|
| M.C.              | Kogel  |
| Mira te Nijenhuis | 9.88 m |

|               |        |
|---------------|--------|
| J.P.C.        | 1000 m |
| Kjell Vogel   | 3.53.9 |
| Joep Brinkers | 4.06.0 |

## Hengelo 28-06-92 11e APM Atletiekgala

|              |         |        |
|--------------|---------|--------|
| J.P.B.       | 1000 m  |        |
| Arno Daleman | 3.51.43 | 7e pl  |
| Roy Nijkamp  | 4.35.24 | 18e pl |

|                |         |       |
|----------------|---------|-------|
| J.P.A.         | 1000 m  |       |
| Anton Wientjes | 3.56.40 | 9e pl |

## Eibergen 02-09-92 Werpdriekamp Senioren A/B Junioren

## Zutphen 05-09-92 23e Hanzeloop

|             |                |      |        |
|-------------|----------------|------|--------|
| Heren       | Halve Marathon |      |        |
| Ton Bangert | 1.21.09        | M 39 | 49e pl |

## Hengelo 05-09-92 3e Medaillewedstrijd

|               |      |        |         |
|---------------|------|--------|---------|
| M.P.A.        | 60 m | Hoog   | Bal     |
| Nienke Hövels | 10.2 | 1.00 m | 17.48 m |
| Karin Lukens  | 10.3 | 0.95 m | 11.10 m |

|                   |      |        |        |
|-------------------|------|--------|--------|
| M.D.              | 60 m | Hoog   | Kogel  |
| Angeliën ten Have | 9.2  | 1.25 m | 8.10 m |
| Yvonne Lukens     | 11.2 | x      | 5.25 m |

|                   |        |        |         |
|-------------------|--------|--------|---------|
| M.C.              | 600 m  | Ver    | Speer   |
| Mira te Nijenhuis | 1.56.9 | 3.97 m | 27.94 m |
| Hadewich Huitema  | 2.06.2 | 4.20 m | 22.54 m |

## Hengelo 05-09-92 3e Medaillewedstrijd vervolg

| J.P.C.              | 40 m | Ver    | Bal     |
|---------------------|------|--------|---------|
| Joost Scharenborg   | 7.9  | 2.84 m | 15.66 m |
| Andre Louis Wassing | 7.1  | 2.80 m | 12.26 m |
| Kjell Vogel         | 7.5  | 3.04 m | 14.18 m |
| Remco Nijkamp       | 9.0  | 1.99 m | 7.18 m  |
| Thijs Peterkamp     | 8.2  | 2.31 m | 12.20 m |
| Thijs Pietersen     | 7.5  | 2.95 m | 16.44 m |
| Laurens Wientjes    | 7.6  | 2.41 m | 14.22 m |
| Jacko Zieverink     | 7.8  | 3.02 m | 23.78 m |
| Jan Joris te Kulve  | 8.0  | 2.11 m | 12.34 m |
| Joep Brinkers       | 7.5  | 2.66 m | 17.48 m |
| Sander Arends       | 8.5  | 2.45 m | 16.76 m |

| J.P.B.            | 40 m | Hoog   | Kogel  |
|-------------------|------|--------|--------|
| Carlos Groeneveld | 7.2  | 0.90 m | 4.12 m |
| Michiel Rothman   | 7.3  | 0.95 m | 3.99 m |
| Ruben Pillen      | 7.3  | 1.00 m | 4.75 m |
| Roy Nijkamp       | 7.5  | 0.85 m | 4.40 m |
| Arno Daleman      | 7.2  | 1.00 m | 5.57 m |

| J.P.A.                | 1000 m | Ver    | Kogel  |
|-----------------------|--------|--------|--------|
| Dries Lasonder        | 3.41.1 | 3.46 m | 7.48 m |
| Xander Lutje Spelberg | 4.15.7 | 3.50 m | 5.28 m |
| Jurgen Arends         | 4.10.0 | 3.43 m | 5.91 m |
| Matthijs ten Have     | 4.14.8 | 4.10 m | 9.30 m |
| Anton Wientjes        | 3.58.3 | 2.98 m | 3.75 m |
| Remco Verdoold        | 4.09.2 | 2.75 m | 4.95 m |

| J.D.            | 1000 m | Ver    | Kogel  |
|-----------------|--------|--------|--------|
| Ronald Boomkamp | 3.26.9 | 3.78 m | 7.54 m |

## Eibergen 13-09-92 Junioren CD Wedstrijd

| M.D.              | 60 m | 600 m  | Hoog   | Discus  |
|-------------------|------|--------|--------|---------|
| Angeliën ten Have | 9.6  | 2.06.6 | 1.20 m | 19.41 m |
| Yvonne Lukens     | 10.8 | 2.26.5 | 0.90 m | 11.81 m |

| M.C.              | 80 m | Kogel  |
|-------------------|------|--------|
| Mira te Nijenhuis | 12.3 | 9.66 m |

| J.D.                 | 80 m | 1000 m | Hoog   | Kogel  |
|----------------------|------|--------|--------|--------|
| Ronald Boomkamp      | 12.5 | 3.18.8 | 1.25 m | 8.04 m |
| Ivo Karel            | 13.7 | 4.31.4 | 1.25 m | 6.64 m |
| Misha Lutje Spelberg | 12.2 | 4.27.8 | 1.30 m | 7.80 m |
| Johan Kural          | 16.2 | 5.18.5 | x      | 6.18 m |
| Joris Pardijs        | 13.7 | 3.44.1 | x      | 6.58 m |
| Joost Ottink         | 13.3 | 3.57.2 | x      | 6.00 m |

## Oldenzaal 20-09-92 Halve Marathon

| Heren       | Halve Marathon |      |        |
|-------------|----------------|------|--------|
| Ton Bangert | 1.21.09        | M 39 | 49e pl |

## Enschede 26-09-92 4e Medaillewedstrijd

|                      |        |        |         |         |
|----------------------|--------|--------|---------|---------|
| M.P.A.               | 1000 m | Ver    | Kogel   |         |
| Karin Lukens         | 4.07.0 | 3.20 m | 3.76 m  |         |
| M.D.                 | 600 m  | Ver    | Speer   |         |
| Angelien ten Have    | 1.57.4 | 3.70 m | 16.28 m |         |
| Yvonne Lukens        | 2.15.8 | 2.96 m | 15.06 m |         |
| M.C.                 | 80 m   | Hoog   | Kogel   | Discus  |
| Mira te Nijenhuis    | 12.1   | 1.30 m | 9.88 m  | 22.20 m |
| J.P.C.               | 1000 m | Ver    | Bal     |         |
| Joost Scharenborg    | 4.10.7 | 2.22 m | 12.86 m |         |
| Sander Arends        | 4.43.0 | 2.64 m | 12.96 m |         |
| Jan Joris te Kulve   | 4.57.6 | 2.36 m | 10.64 m |         |
| Remco Nijkamp        | 5.11.1 | 2.10 m | 7.20 m  |         |
| Kjell Vogel          | 3.53.9 | 3.12 m | 16.92 m |         |
| Joep Brinkers        | 4.06.0 | 2.77 m | 20.32 m |         |
| Thijs Pietersen      | 4.37.1 | 3.18 m | 14.48 m |         |
| Thijs Peterkamp      | 5.18.0 | 2.49 m | 10.42 m |         |
| J.P.B.               | 1000 m | Ver    | Bal     |         |
| Arno Daleman         | 3.41.0 | 3.49 m | 23.48 m |         |
| Roy Nijkamp          | 4.31.1 | 2.83 m | 16.78 m |         |
| J.P.A.               | 60 m   | Hoog   | Bal     |         |
| Remco Verdoold       | 10.3   | 0.95 m | 21.26 m |         |
| Jurgen Arends        | 10.0   | 1.05 m | 24.30 m |         |
| Matthijs ten Have    | 9.8    | 1.25 m | 30.24 m |         |
| Anton Wientjes       | 10.3   | 0.95 m | 13.98 m |         |
| Dries Lasonder       | 9.9    | 1.10 m | 23.46 m |         |
| J.D.                 | 80 m   | Hoog   | Speer   |         |
| Ivo Karel            | 13.6   | 1.20 m | 17.00 m |         |
| Joost Ottink         | 12.6   | x      | x       |         |
| Misha Lutje Spelberg | 12.0   | 1.30 m | 21.66 m |         |
| Ronald Boomkamp      | 12.3   | 1.25 m | 16.80 m |         |

## Münster Dld 27-09-92 Interland Münsterland - Distrikt Oost

|                    |         |       |         |       |
|--------------------|---------|-------|---------|-------|
| J.B.               | Kogel   |       | Speer   |       |
| Gerton Berkemeijer | 12.33 m | 4e pl | 47.98 m | 4e pl |
| M.C.               | Speer   |       |         |       |
| Mira te Nijenhuis  |         |       |         |       |

## Eibergen 04-10-92 Clubkampioenschappen

|                   |      |        |        |            |
|-------------------|------|--------|--------|------------|
| M.P.C.            | 40 m | 600 m  | Ver    | Kogel 1 kg |
| Belinda Borchert  | 8.3  | 2.38.8 | 2.34 m | 3.81 m     |
| Esli Vogel        | 9.8  | 3.10.5 | 1.72 m | 2.20 m     |
| Merle Daleman     | 10.5 | 3.41.1 | 1.41 m | 2.57 m     |
| Janne Scharenborg | 9.4  | 3.13.5 | 2.15 m | 2.53 m     |
| Nienke Pardijs    | 8.8  | 2.40.2 | 2.31 m | 3.10 m     |
| Leonie Willekes   | 9.7  | x      | 1.72 m | 3.90 m     |
| M.P.B.            | 40 m | 600 m  | Ver    | Kogel 2 kg |
| Karin Meijer      | 10.8 | 2.23.8 | 3.17 m | 3.21 m     |

|                       |        |         |         |         |            |
|-----------------------|--------|---------|---------|---------|------------|
| M.P.A.                | 60 m   | 3000 m  | 600 m   | Ver     | Kogel      |
| Marleen Scholten      | 10.5   |         | 2.30.3  | 3.55 m  | 5.11 m     |
| Karin Lukens          | 10.6   | 15.23.0 | 2.18.6  | 3.19 m  | 3.19 m     |
| Nienke Hövels         | 10.5   | 16.22.0 | 2.25.6  | 3.33 m  | 5.15 m     |
| Magne Vogel           | 10.3   |         | 2.33.5  | 2.92 m  | 4.37 m     |
| M.D.                  | 60 m   | 3000 m  | 600 m   | Hoog    | Speer      |
| Ivonne Lukens         | 11.2   | 15.34.0 | 2.21.0  | 1.00 m  | 9.05 m     |
| Angeliën ten Have     | 10.0   | 13.22.0 | 2.05.8  | 1.30 m  | 18.12 m    |
| M.C.                  | Hoog   | Speer   |         |         |            |
| Mira te Nijenhuis     | 1.40 m | 31.08 m | V 15    |         |            |
| Dames                 | 100 m  | 600 m   | Hoog    | Speer   |            |
| Muriel van der Heyden | 16.9   | x       | 1.40 m  | 18.95 m |            |
| Rolin Kluivers        | 17.9   | 2.52.1  | 1.10 m  | 13.74 m |            |
| Karin Tankink         | 16.0   | 2.18.5  | 1.25 m  | 14.81 m |            |
| J.P.C.                | 40 m   | 600 m   | 3000 m  | Ver     | Kogel 1 kg |
| Laurens Wientjes      | 7.9    | 2.23.9  | 13.42.0 | 2.76 m  | 4.84 m     |
| Joost Scharenborg     | 8.0    | 2.36.1  |         | 2.77 m  | 4.52 m     |
| Jorne Hagens          | 7.9    | 2.41.0  |         | 2.02 m  | 4.02 m     |
| Joep Brinkers         | 7.8    | 2.23.4  |         | 2.84 m  | 5.28 m     |
| Jacko Zieverink       | 7.9    | 2.31.1  |         | 3.12 m  | 8.48 m     |
| Andre Louis Wassing   | 7.2    | 2.14.2  |         | 3.24 m  | 5.18 m     |
| Lars Blauw            | 8.3    | 3.05.0  |         | 2.74 m  | 3.95 m     |
| Stefan Dorelijers     | 6.9    | 2.21.6  |         | 2.98 m  | 6.51 m     |
| Jan Joris te Kulve    | 8.5    | 2.40.0  |         | 2.58 m  | 4.84 m     |
| Remco Nijkamp         | 9.7    | 3.07.1  |         | 2.17 m  | 3.12 m     |
| Ard Nijkamp           | 11.2   | 4.42.4  |         | 1.71 m  | 1.51 m     |
| J.P.C. Vervolg        |        |         |         |         |            |
| Kjell Vogel           | 7.6    | 2.19.8  |         | 3.06 m  | 5.41 m     |
| Sjoerd Hövels         | 8.3    | 2.39.5  |         | 2.91 m  | 4.96 m     |
| Frank Borchert        | 9.4    | 3.27.0  |         | 2.49 m  | 3.86 m     |
| Robbert Jan te Kulve  | 10.2   | 3.54.0  |         | 1.95 m  | 2.85 m     |
| Tamo Vogel            | 8.7    | 2.56.7  |         | 1.86 m  | 3.52 m     |
| J.P.B.                | 40 m   | 600 m   | 3000 m  | Ver     | Kogel 2 kg |
| Roy Nijkamp           | 8.0    | 2.45.9  |         | 2.72 m  | 4.64 m     |
| Arno Daleman          | 7.8    | 2.11.2  | 12.55.3 | 3.47 m  | 4.26 m     |
| Ruben Pillen          | 7.3    | 2.27.5  | 15.14.0 | 3.38 m  | 4.21 m     |
| Michiel Rothman       | 7.2    | 2.28.4  |         | 3.21 m  | 4.02 m     |
| Jan Willem Kluivers   | 7.7    | 2.24.3  |         | 2.92 m  | 3.79 m     |
| J.P.A.                | 60 m   | 600 m   | 3000 m  | Ver     | Kogel 2 kg |
| Xander Lutje Spelberg | 10.7   | 2.23.3  |         | 3.35 m  | 5.47 m     |
| Anton Wientjes        | 10.6   | 2.16.4  | 14.05.0 | 3.13 m  | 4.31 m     |
| Remco Verdoold        | 11.0   | 2.27.5  |         | 3.02 m  | 4.84 m     |
| Arjan Borchert        | 10.9   | 2.20.1  |         | 3.12 m  | 4.96 m     |
| Dries Lasonder        | 10.7   | 2.04.9  |         | 3.54 m  | 6.89 m     |
| Ruud Brinkers         | 11.5   | 2.22.9  |         | 2.89 m  | 5.05 m     |
| Matthijs ten Have     | 10.3   | 2.20.4  |         | 4.35 m  | 8.57 m     |
| J.D.                  | 80 m   | 800 m   | 3000 m  | Ver     | Kogel      |
| Johan Kural           | 14.9   | 3.35.4  |         | 2.93 m  | 6.74 m     |
| Joost Ottink          | 13.0   | 2.59.4  |         | 3.78 m  | 5.98 m     |
| Martijn Beusink       | 15.3   | 3.20.2  |         | 3.10 m  | 5.30 m     |
| Bram de Groot         | 12.6   | 2.48.0  |         | 3.91 m  | 6.54 m     |
| Ronald Boomkamp       | 12.3   | 2.39.6  | 13.40.0 | 3.81 m  | 8.25 m     |
| Misha Lutje Spelberg  | 13.0   | 3.09.2  |         | 4.25 m  | 7.80 m     |
| Jeroen Menkehorst     | 14.0   | 3.19.2  |         | 3.44 m  | 5.07 m     |
| Joris Pardijs         | 14.3   | 2.52.7  |         | 3.53 m  | 6.32 m     |
| Daan de Vries         | 12.6   | 2.58.2  |         | 4.22 m  | 6.89 m     |
| Gerben Kluivers       | 12.7   | 2.52.3  |         | 3.83 m  | 5.22 m     |

## Eibergen 04-10-92 Clubkampioenschappen vervolg

| J.B.               | 100 m | 800 m  | 3000 m  | Ver    | Kogel   |
|--------------------|-------|--------|---------|--------|---------|
| Gerton Berkemeijer | 13.5  | 2.31.6 |         | 4.63 m | 11.93 m |
| Stefan Könninger   | 13.7  | 2.33.3 |         | 5.07 m | 9.85 m  |
| Ben Harbers        | 13.3  | 2.28.5 | 11.16.2 | 5.33 m | 9.19 m  |
| Alfred Meekes      | 14.7  | 2.32.5 |         | 4.94 m | 8.96 m  |

| J.A.                | 100 m | 1500 m | 3000 m  | Ver    | Kogel   |
|---------------------|-------|--------|---------|--------|---------|
| Paul Wormgoor       | 13.0  | 5.27.0 | 13.54.0 | 5.10 m | 11.88 m |
| Dennis te Nijenhuis | 13.3  | 5.40.3 | 13.08.0 | 5.56 m | 10.03 m |

| Heren              | 100 m | 1500 m | 3000 m  | Ver    | Kogel  |      |
|--------------------|-------|--------|---------|--------|--------|------|
| Robert Leussenkamp | 13.3  | 4.41.1 | 10.47.1 | 4.49 m | 7.71 m | M 27 |
| Harold Kloosters   | 13.5  | 5.21.2 |         | 3.95 m | 5.48 m |      |
| Herbert Garritsen  | 13.0  | 5.44.2 |         | 5.70 m | 8.42 m | M 26 |

| Ouders Recr Heren  | 100 m | 600 m  | 3000 m  | Hoog   | Speer   |      |
|--------------------|-------|--------|---------|--------|---------|------|
| Tonnie Scharenborg | 15.3  | 1.54.0 | 13.10.0 | 1.20 m | 26.70 m |      |
| Gé Scholten        | 16.2  | x      |         | 1.10 m | 25.09 m |      |
| Mike Wientjes      | 15.0  | 1.53.5 | 12.24.3 | 1.25 m | 17.15 m | M 34 |
| Jo Wassing         | 15.4  | 2.14.7 |         | 1.30 m | 16.90 m |      |
| Jan te Kulve       | 15.4  | 2.06.2 |         | 1.30 m | 24.95 m |      |
| Rinus Brinkers     | 14.9  | 1.51.5 |         | 1.30 m | 22.86 m |      |
| Bert Vogel         |       |        | 11.22.0 |        |         | M 39 |
| M. Hövels          |       |        | 13.25.0 |        |         |      |

## Holten 31-10-92 Diepehel Holterbergloop

| Heren              | 10 EM   |      |        |
|--------------------|---------|------|--------|
| Robert Leussenkamp | 59.18   | M 27 | 47e pl |
| Ton Bangert        | 1.00.41 | M 39 | 56e pl |

## Haaksbergen 01-11-92 20e Pingelloop

| M.P.A.        | 1100 m |       |
|---------------|--------|-------|
| Karin Lukens  | 5.32.0 | 7e pl |
| Karin Meijer  | 5.51.0 | 8e pl |
| Nienke Hövels | 5.58.0 | 9e pl |

| M.C.              | 1100 m |       |
|-------------------|--------|-------|
| Angelien ten Have | 4.43.0 | 4e pl |

| J.P.C.            | 1100 m |       |
|-------------------|--------|-------|
| Joost Scharenborg | 5.36.0 | 1e pl |
| Rob Relkes        | 5.59.0 | 3e pl |
| Tamo Vogel        | 5.59.0 | 3e pl |
| Remco Nijkamp     | 5.59.0 | 3e pl |

| J.P.B.           | 1100 m |       |
|------------------|--------|-------|
| Kjell Vogel      | 5.03.0 | 1e pl |
| Joep Brinkers    | 5.04.0 | 2e pl |
| Laurens Wientjes | 5.06.0 | 3e pl |
| Sjoerd Hövels    | 5.38.0 | 4e pl |
| Jorne Hagens     | 5.57.0 | 5e pl |

| J.P.A.            | 1100 m |        |
|-------------------|--------|--------|
| Arno Daleman      | 4.40.0 | 5e pl  |
| Ruben Pillen      | 5.03.0 | 8e pl  |
| Anton Wientjes    | 5.04.0 | 9e pl  |
| Roy Nijkamp       | 5.47.0 | 13e pl |
| Carlos Groeneveld | 5.53.0 | 14e pl |

## Haaksbergen 01-11-92 20e Pingelloop vervolg

|               |        |        |
|---------------|--------|--------|
| J.D.          | 1100 m |        |
| Joris Pardijs | 4.27.0 | 7e pl  |
| Joost Ottink  | 4.52.0 | 11e pl |
| Thomas Notten | 5.38.0 | 15e pl |

## Eibergen 04-11-92 Coopertest

### Enschede 07-11-92 Tioncross

|              |        |       |
|--------------|--------|-------|
| M.P.A.       | 1000 m |       |
| Karin Lukens | 4.26   | 7e pl |
| Karin Meijer | 4.35   | 8e pl |

|                 |        |       |
|-----------------|--------|-------|
| J.P.C.          | 1000 m |       |
| Thijs Pietersen | 5.13   | 3e pl |
| Remco Nijkamp   | 5.19   | 4e pl |

|                     |        |       |
|---------------------|--------|-------|
| J.P.B.              | 1000 m |       |
| Peter Loonstein     | 5.02   | 1e pl |
| Sjoerd Hövels       | 5.11   | 2e pl |
| Kjell Vogel         | 5.14   | 3e pl |
| Andre Louis Wassing | 5.17   | 4e pl |
| Jacko Zieverink     | 5.25   | 5e pl |
| Laurens Wientjes    | 5.27   | 7e pl |

|                   |        |        |
|-------------------|--------|--------|
| J.P.A.            | 1000 m |        |
| Arno Daleman      | 4.06   | 3e pl  |
| Ruben Pillen      | 4.15   | 5e pl  |
| Roy Nijkamp       | 4.54   | 14e pl |
| Carlos Groeneveld | 5.02   | 18e pl |

|               |        |        |
|---------------|--------|--------|
| J.D.          | 1000 m |        |
| Joost Ottink  | 3.57   | 11e pl |
| Thomas Notten | 4.25   | 18e pl |

|                  |        |        |
|------------------|--------|--------|
| J.C.             | 1580 m |        |
| Maurice Waanders | 6.58   | 13e pl |

### Enschede 21-11-92 Diesloop

|              |        |        |
|--------------|--------|--------|
| M.P.A.       | 1100 m |        |
| Karin Meijer | 4.56   | 11e pl |

|               |        |       |
|---------------|--------|-------|
| M.D.          | 1100 m |       |
| Yvonne Lukens | 5.14   | 6e pl |

|                   |        |       |
|-------------------|--------|-------|
| M.C.              | 1100 m |       |
| Angelien ten Have | 4.08   | 5e pl |

|               |        |        |
|---------------|--------|--------|
| J.D.          | 1100 m |        |
| Ivo Maatman   | 4.25   | 10e pl |
| Joost Ottink  | 4.27   | 11e pl |
| Thomas Notten | 5.13   | 15e pl |

|                 |        |       |
|-----------------|--------|-------|
| J.C.            | 1500 m |       |
| Nick Maatman    | 5.27   | 6e pl |
| Ronald Boomkamp | 5.34   | 7e pl |

## Haaksbergen 22-11-92 12e Bultencross ASV Eibergen

|               |        |        |
|---------------|--------|--------|
| J.D.          | 1,5 km |        |
| Joris Pardijs | 6.15   |        |
| Arno Daleman  | 6.19   | J.P.A. |
| Joost Ottink  | 6.28   |        |

|                 |        |        |
|-----------------|--------|--------|
| J.C.            | 3,5 km |        |
| Ronald Boomkamp | 15.44  | 3e mpl |

## Goor 29-11-92 Herikerbergcross

|              |        |        |
|--------------|--------|--------|
| M.P.A.       | 1200 m |        |
| Karin Lukens | 5.35   | 9e pl  |
| Karin Meijer | 5.56   | 11e pl |

|                   |        |       |
|-------------------|--------|-------|
| M.C.              | 1200 m |       |
| Angélien ten Have | 4.43   | 2e pl |

|                    |        |       |
|--------------------|--------|-------|
| J.P.C.             | 1200 m |       |
| Joost Scharenborg  | 5.52   | 2e pl |
| Jan Joris te Kulve | 6.22   | 3e pl |
| Remco Nijkamp      | 6.27   | 4e pl |
| Tamo Vogel         | 6.31   | 5e pl |
| Lars Blauw         | 6.43   | 6e pl |

|                     |        |       |
|---------------------|--------|-------|
| J.P.B.              | 1200 m |       |
| Andre Louis Wassing | 5.06   | 1e pl |
| Joep Brinkers       | 5.21   | 3e pl |
| Laurens Wientjes    | 5.27   | 4e pl |
| Kjell Vogel         | 5.34   | 6e pl |
| Jacko Zieverink     | 6.01   | 7e pl |
| Jorne Hagens        | 6.43   | 8e pl |

|                   |        |        |
|-------------------|--------|--------|
| J.P.A.            | 1200 m |        |
| Arno Daleman      | 5.02   | 5e pl  |
| Ruben Pillen      | 5.23   | 11e pl |
| Anton Wientjes    | 5.27   | 14e pl |
| Michiel Rothman   | 5.41   | 16e pl |
| Roy Nijkamp       | 5.58   | 17e pl |
| Carlos Groeneveld | 6.18   | 18e pl |

|               |        |        |
|---------------|--------|--------|
| J.D.          | 1200 m |        |
| Ivo Maatman   | 4.48   | 9e pl  |
| Joris Pardijs | 4.49   | 10e pl |
| Joost Ottink  | 5.05   | 12e pl |
| Johan Kural   | 6.29   | 16e pl |

|                 |        |        |
|-----------------|--------|--------|
| J.C.            | 1600 m |        |
| Ronald Boomkamp | 5.47   | 7e pl  |
| Nick Maatman    | 5.50   | 8e pl  |
| Wifred Brons    | 5.54   | 9e pl  |
| Bram de Groot   | 6.15   | 11e pl |

|              |        |       |
|--------------|--------|-------|
| J.B.         | 3200 m |       |
| Thijs Abbink | 11.06  | 2e pl |

## Eibergen 11-12-92 Coopertest ASV

**Oldenzaal 06-12-92 Siemerinkloop Laac****Lochem 12-12-92 2e wedstrijd Crosscompetitie AV Hanzesport****Losser 13-12-92 Kerstcross Iphitos**

| <b>Leden 1993</b>     | <b>geb .d.d</b> |      | <b>d.d in</b> | <b>d.d. uit</b> |
|-----------------------|-----------------|------|---------------|-----------------|
| <b>M.P.C.</b>         |                 |      |               |                 |
| Liesbeth ten Barge    | 1985            | V 8  | 01.12.93      | 01.07.96        |
| Rosemarijn Berteler   | 1985            | V 8  | 15.11.93      | 01.07.95        |
| Tessa Marleen Janssen | 1985            | V 8  | 29-11-93      |                 |
| Nienke Reinderink     | 1986            | V 7  | 15.09.93      | 01.04.96        |
| Nicole Roders         | 1985            | V 8  | 01.11.93      | 01.07.00        |
| Reina Visser          | 1985            | V 8  | 01.06.93      | 01.07.98        |
| <b>M.P.B.</b>         |                 |      |               |                 |
| Belinda Borchert      | 1984            | V 9  | 01-10-91      |                 |
| Marlous Jansen        | 1984            | V 9  | 25-10-93      |                 |
| Janneke Scholten      | 1984            | V 9  | 05-05-93      |                 |
| Inge Thijssen         | 1984            | V 9  | 15.06.93      | 01.07.00        |
| <b>M.P.A.</b>         |                 |      |               |                 |
| Nienke Hövels         | 1982            | V 11 | 01.11.91      | 01.07.95        |
| Karin Meijer          | 1983            | V 10 | 15.09.92      | 01.07.98        |
| Karin Lukens          | 1982            | V 11 | 15.04.90      | 01.12.99        |
| Magne Vogel           | 1982            | V 11 | 31.10.93      | 01.08.00        |
| Marlies Breteler      | 1982            | V 11 | 13-10-93      |                 |
| <b>M D.</b>           |                 |      |               |                 |
| Lizette Hendriks      | 1981            | V 12 | 15.11.93      | 19.03.97        |
| Bella Hendriks        | 1981            | V 12 | 15.11.93      | 19.03.97        |
| Margo Hulzink         | 1981            | V 12 | 01.04.93      | 01.05.95        |
| Yvonne Lukens         | 1980            | V 13 | 15-09-90      |                 |
| Femia Metz            | 1980            | V 13 | 10.02.93      | 01.11.96        |
| Marleen Scholten      | 1981            | V 12 | 01.12.92      | 01.05.96        |
| Suzanne Dijkstra      | 1981            | V 12 | 27.10.93      |                 |
| <b>M.C.</b>           |                 |      |               |                 |
| Angelien ten Have     | 1979            | V 14 | 01.01.89      | 31.12.98        |
| Kim Oldenboom         | 1978            | V 15 | 01.02.92      | 01.07.95        |
| <b>M.B.</b>           |                 |      |               |                 |
| Hadewich Huitema      | 1977            | V 16 | 15-09-90      |                 |
| Mira te Nijenhuis     | 1977            | V 16 | 07.10.84      | 01.05.00        |



**Dames**

|                          |      |      |          |          |
|--------------------------|------|------|----------|----------|
| Alie Bartelink           | 1944 | V 49 | 1976     |          |
| Ine Brinkman             | 1960 | V 33 | 01.06.85 | 31.12.99 |
| Silvia Eppink            | 1957 | V 36 | 01.01.90 | 01.04.95 |
| Alie ten Have            | 1956 | V 37 | 01.10.92 |          |
| Marielle van der Heijden | 1972 | V 21 |          |          |
| Lies Jacobs              | 1948 | V 45 | 01.10.90 | 14.04.97 |
| Rolin Kluivers           | 1953 | V 40 | 01.09.91 |          |
| Marga van Loosen         | 1955 | V 38 | 20.09.93 |          |
| Sacha Lutje Spelberg     | 1948 | V 45 | 01.01.90 |          |
| Kitty de Marie           | 1947 | V 46 | 01.04.88 |          |
| Janny te Nijenhuis       | 1948 | V 45 | 01-01-90 |          |
| Janny Nijkamp            | 1957 | V 36 | 01.11.89 |          |
| Hillie van de Peppel     | 1954 | V 39 | 01-10-92 | 01-10-95 |
| Karin Tankink            | 1956 | V 37 | 01.10.89 |          |
| Janny Tuit               | 1955 | V 38 | 01.10.89 | 31.12.95 |
| Ineke Visser             | 1955 | V 38 | 01.01.90 |          |
| Anje Wedel               |      |      |          |          |
| Hillie Weenink           | 1954 | V 39 | 01.10.92 | 01.09.95 |
| Doris Willekes           | 1963 | V 30 | 01.05.84 | 01.11.02 |

**J.P.C.**

|                      |      |     |          |          |
|----------------------|------|-----|----------|----------|
| Lars Blauw           | 1985 | M 8 | 07-09-92 |          |
| Wessel Braakman      | 1986 | M 7 | 01.03.93 | 01.09.99 |
| Maarten Jan Berteler | 1987 | M 6 | 15.11.93 | 01.07.95 |
| Jasper Franco        | 1985 | M 8 | 15.10.93 | 01.08.95 |
| Stijn Goossens       | 1985 | M 8 | 01.10.92 | 01.04.96 |
| Koen de Graaf        | 1985 | M 8 | 15.11.93 | 01.08.95 |
| Arnoud Graven        | 1985 | M 8 | 08-11-93 |          |
| Jan Joris te Kulve   | 1985 | M 8 | 01-05-92 | 01.07.95 |
| Robert Jan te Kulve  | 1987 | M 6 | 25.10.93 | 01.07.95 |
| Peter Loonstein      | 1985 | M 8 | 07-11-92 |          |
| Ard Nijkamp          | 1987 | M 6 | 15.09.92 |          |
| Remco Nijkamp        | 1985 | M 8 | 15.02.91 |          |
| Joris Pietersen      | 1987 | M 6 | 15.03.93 | 31.12.96 |
| Armin Pillen         | 1987 | M 6 | 15.04.93 | 25.08.02 |
| Joost Scharenborg    |      |     |          |          |
| Martijn Siemerink    | 1987 | M 6 | 01.02.93 | 30.09.96 |
| Niek Thijssen        | 1987 | M 6 | 08-11-93 | 31.12.98 |
| Tamo Vogel           | 1986 | M 7 | 02-11-92 |          |

**J.P.B.**

|                     |      |     |          |          |
|---------------------|------|-----|----------|----------|
| Sander Arends       |      |     |          |          |
| Tom Braakman        | 1984 | M 9 | 01.03.93 | 01.09.99 |
| Joep Brinkers       | 1984 | M 9 | 01.02.92 |          |
| Stephan Doreleijers | 1984 | M 9 | 1992     |          |
| Jorne Hagens        | 1984 | M 9 | 01.10.92 | 01.07.95 |
| Sjoerd Hövels       | 1984 | M 9 | 09-03-92 |          |
| Peter Loonstein     | 1984 | M 9 | 07-11-92 |          |
| Thijs Pietersen     | 1984 | M 9 | 01.07.91 | 01.05.95 |
| Thijs Peterkamp     | 1984 | M 9 | 01-11-90 |          |
| Joost Scharenborg   | 1984 | M 9 | 15.03.92 | 01.07.95 |
| Kjell Vogel         | 1984 | M 9 | 01.03.91 |          |
| Andre Louis Wassing | 1984 | M 9 | 01.09.91 | 16.08.02 |
| Laurens Wientjes    | 1984 | M 9 | 01-09-91 |          |
| Marco Wolthuis      | 1984 | M 9 | 08-02-93 |          |
| Jacko Zieverink     | 1984 | M 9 | 23-09-91 |          |

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| <b>J.P.A.</b>         |      |      |          |          |
| Arjan Borchert        | 1982 | M 11 | 1991     |          |
| Patrick Bauer         | 1983 | M 10 | 10-01-93 |          |
| Arno Daleman          | 1983 | M 10 | 01.03.91 | 35704    |
| Wilco Geerdes         | 1982 | M 11 | 08.11.93 | 01.08.96 |
| Oscar Hendrikx        | 1982 | M 11 | 01.12.92 | 19.03.97 |
| Nick Kamers           | 1983 | M 10 | 06.03.93 |          |
| Roy Nijkamp           | 1983 | M 10 | 01.10.90 |          |
| Xander Lutje Spelberg | 1982 | M 11 | 01.06.94 | 01.11.97 |
| Ruben Pillen          | 1983 | M 10 | 01.06.90 | 01.05.00 |
| Lucas van Uem         | 1982 | M 11 | 15.09.93 | 01.07.96 |
| Remco Verdoold        | 1982 | M 11 | 26-04-92 |          |
| Anton Wientjes        | 1983 | M 10 | 06-04-91 |          |
| <b>J.D.</b>           |      |      |          |          |
| Jurgen Arends         | 1981 | M 12 | 07-01-91 |          |
| Martijn Beusink       | 1980 | M 13 | 22-09-91 |          |
| Jelle Broekman        | 1981 | M 12 | 23-06-93 |          |
| Matthijs ten Have     | 1981 | M 12 | 01.09.88 | 31.12.96 |
| Ivo Karel             | 1980 | M 13 | 22-01-92 |          |
| Johan Kural           | 1980 | M 13 | 05-02-92 |          |
| Dries Lasonder        | 1981 | M 12 | 10-12-90 |          |
| Micha Lutje Spelberg  | 1980 | M 13 | 01.12.87 | 31.12.96 |
| Ivo Maatman           | 1980 | M 13 | 1989     |          |
| Jeroen Menkehorst     | 1980 | M 13 | 18-11-92 |          |
| Joost Mesersmid       |      |      |          |          |
| Thomas Notten         | 1980 | M 13 | 21-10-92 |          |
| Joost Ottink          | 1980 | M 13 | 01.06.90 | 03.11.02 |
| Joris Pardijs         | 1980 | M 13 | 1988     |          |
| <b>J.C.</b>           |      |      |          |          |
| Ronald Boomkamp       | 1979 | M 14 | 01.07.87 |          |
| Wilfred Brons         | 1978 | M 15 | 01.10.92 | 01.11.98 |
| Tom Hulzink           | 1979 | M 14 | 15-02-91 |          |
| Bram de Groot         | 1979 | M 14 | 01.12.86 |          |
| Nick Maatman          | 1978 | M 15 | 01.04.86 |          |
| Stefan Mol            | 1978 | M 15 | 01.11.92 | 01.07.00 |
| Patrick Postma        | 1979 | M 14 | 10-03-93 |          |
| <b>J.B.</b>           |      |      |          |          |
| Thijs Abbink          | 1976 | M 17 | 01-09-91 |          |
| Stefan Könninger      | 1976 | M 17 | 1983     |          |
| Michael Douglas       | 1977 | M 16 | 01.01.93 | 01.12.95 |
| <b>J.A.</b>           |      |      |          |          |
| Gerton Berkemeijer    | 1975 | M 18 | 01.05.88 | 01.11.98 |
| Ben Harbers           | 1975 | M 18 | 01.12.87 | 01.12.98 |
| Alfred Meekes         | 1975 | M 18 | 01.05.86 |          |
| Dennis te Nijenhuis   | 1974 | M 19 | 07.10.84 |          |
| <b>Heren</b>          |      |      |          |          |
| Joop Bartelink        | 1940 | M 53 | 1955     |          |
| Marcel Bos            | 1972 | M 22 | 27.09.93 | 01.10.98 |
| Theo Broekman         | 1948 | M 45 | 03.10.93 | 31.12.01 |
| Hans Dimmendaal       | 1967 | M 26 | 15.02.91 | 31.08.96 |
| Henny ten Els         | 1963 | M 30 | 01.02.91 | 01.04.96 |
| Marty Firing          | 1945 | M 48 | 1968     |          |
| Herbert Garritsen     | 1966 | M 27 | 1975     |          |
| Hans Garritsen        | 1946 | M 47 | 01.02.87 | 01.07.98 |

## Heren vervolg

|                      |      |      |          |          |        |
|----------------------|------|------|----------|----------|--------|
| Hans Gerfen          | 1951 | M 42 | 20.01.93 | 01.05.00 |        |
| Frans Göbel          | 1959 | M 34 | 21.08.93 | 30.09.96 |        |
| Gerard Grooters      | 1968 | M 25 | 30-11-93 |          |        |
| Gerrit Harder        | 1953 | M 40 | 01.09.93 | 31.12.05 |        |
| Herman Heideveld     | 1952 | M 41 | 01.06.93 | 01.07.06 |        |
| Ewald Hendrikx       | 1965 | M 28 | 01.04.93 | 01.07.99 |        |
| Jan Homrighausen     | 1954 | M 39 | 01-09-93 |          |        |
| Bennie Huirne        | 1935 | M 58 | 01.01.92 |          |        |
| L. Ijssenagger       | 1910 | M 83 | 1948     | 36601    | Erelid |
| Gerrit Kamers        | 1956 | M 37 | 15.11.93 | 40511    |        |
| Geert Klein Bruinink | 1965 | M 28 | 11.04.92 |          |        |
| Johan van der Kous   | 1933 | M 60 | 1957     | 01.01.95 |        |
| Erwin Leussenkamp    | 1969 | M 24 | 01.08.81 | 01.12.05 |        |
| Robert Leussenkamp   | 1965 | M 28 | 01.08.81 | 01.04.02 |        |
| Marcel Liebrand      | 1959 | M 34 | 01.06.85 |          |        |
| Albert Lukens        | 1949 | M 44 | 01.10.92 |          |        |
| Tonnie Lutikholt     | 1954 | M 39 | 1972     |          |        |
| Theo Nijkamp         | 1952 | M 41 | 1972     |          |        |
| Freek Notten         | 1951 | M 42 | 01.03.92 | 01.11.01 |        |
| Theo Schootman       | 1949 | M 44 | 01.12.92 |          |        |
| Huib Ras             | 1930 | M 63 | 1956     |          |        |
| Gerard Sedee         | 1959 | M 34 | 15.11.93 | 01.08.96 |        |
| René Siegerink       | 1962 | M 31 | 1989     |          |        |
| Leo Sijtsma          | 1941 | M 52 | 01.11.92 | 31.12.99 |        |
| Arie Simmelink       | 1932 | M 61 | 1952     | 1998     | Erelid |
| Jan Staring          | 1945 | M 48 | 22.04.92 | 01.04.01 |        |
| Erik Stotelder       | 1962 | M 31 | 26-10-91 | 01.10.99 |        |
| Michel Stoverink     | 1967 | M 26 | 01.05.91 | 31.12.95 |        |
| Hennie Temmink       | 1943 | M 50 | 01.01.84 |          |        |
| Mark Temmink         | 1972 | M 21 | 01.06.85 | 31.12.99 |        |
| Jan van Onzen        | 1946 | M 47 | 01.04.90 | 31.12.95 |        |
| Pim van Vuren        | 1947 | M 46 | 01.10.93 |          |        |
| Johan Wansing        | 1932 | M 61 | 1948     |          |        |
| Eef Weenink          | 1954 | M 39 | 01.01.93 | 01.09.95 |        |
| Rudy Wedel           | 1947 | M 46 | 1961     |          |        |
| Henk Wesselink       | 1950 | M 43 | 01.12.92 | 01.07.02 |        |
| Mike Wientjes        | 1958 | M 35 | 01.03.92 | 01.09.02 |        |
| Wim Wieskamp         | 1946 | M 47 | 01.04.93 | 01.07.98 |        |
| Gerard Willekes      | 1956 | M 37 | 01-03-90 |          |        |
| Hans ter Woerds      | 1955 | M 38 | 01.11.91 | 01.03.01 |        |
| Paul Wormgoor        | 1973 | M 20 | 01-11-84 | 01.07.96 |        |

**1993**

**Oldenzaal 01-01-93 Nieuwjaarsloop Laac**

**Nijverdal 02-01-93 Halve Marathon Athletics**

## Eibergen 03-01-93 36e Nieuwjaarscross ASV

|                      |         |       |       |
|----------------------|---------|-------|-------|
| M.P.A.               | 1080 m  |       |       |
| Karin Meijer         | 5.40.0  |       |       |
| Karin Lukens         | 5.50.0  |       |       |
| M D.                 | 1080 m  |       |       |
| Yvonne Lukens        | 6.35.0  |       |       |
| M.C.                 | 1080 m  |       |       |
| Angélien ten Have    | 4.17.2  | 2e pl |       |
| M.B.                 | 1480 m  |       |       |
| Mira te Nijenhuis    | 6.31.4  | 2e pl |       |
| Dames                | 3860 m  |       |       |
| Janny Nijkamp        | 19.48.0 | V 36  |       |
| J.P.C.               | 1080 m  |       |       |
| Joost Scharenborg    | 5.53.0  | 3e pl |       |
| Jan Joris te Kulve   | 6.01.0  |       |       |
| Peter Loonstein      | 6.11.0  |       |       |
| Remco Nijkamp        | 6.35.0  |       |       |
| J.P.B.               | 1080 m  |       |       |
| Kjell Vogel          | 4.54.6  | 1e pl |       |
| Joep Brinkers        | 5.03.6  | 3e pl |       |
| Andre Louis Wassing  | 5.07.0  |       |       |
| Laurens Wientjes     | 5.37.0  |       |       |
| Jorne Hagens         | 6.17.0  |       |       |
| J.P.A.               | 1080 m  |       |       |
| Arno Daleman         | 4.43.0  |       |       |
| Ruben Pillen         | 5.01.0  |       |       |
| Roy Nijkamp          | 5.35.0  |       |       |
| J.D.                 | 1080 m  |       |       |
| Ivo Maatman          | 4.26.0  |       |       |
| Dries Lasonder       | 4.45.0  |       |       |
| Thomas Notten        |         |       |       |
| Joost Ottink         | 4.50.0  |       |       |
| Jurgen Arends        | 5.11.0  |       |       |
| Matthijs ten Have    | 5.12.0  |       |       |
| Martijn Beusink      | 5.30.0  |       |       |
| J.C.                 | 2160 m  |       |       |
| Nick Maatman         | 8.22.6  | 3e pl |       |
| Ronald Boomkamp      | 8.23.0  |       |       |
| Bram de Groot        | 9.18.0  |       |       |
| Stefan Mol           | 9.34.0  |       |       |
| J.B.                 | 3580 m  |       |       |
| Thijs Abbink         | 13.35.8 | 1e pl |       |
| Heren                | 7000 m  |       |       |
| Geert Klein Bruinink | 27.10.2 | M 28  | 1e pl |
| Heren                | 14000 m |       |       |
| Robert Leussenkamp   | 42.41.0 | M 28  |       |
| Freek Notten         | 49.17.0 | M 42  |       |
| Theo Schootman       | 53.48.0 | M 44  |       |

### **Stokkum 09-01-93 3e Wedstrijd Crosscompetitie Atletico ' 73**

|                    |        |        |       |
|--------------------|--------|--------|-------|
| M.C.               | 1500 m |        |       |
| Angelien ten Have  | 6.10   | 8e pl  |       |
| J.C.               | 2000 m |        |       |
| Ronald Boomkamp    | 8.29   | 10e pl |       |
| J.B.               | 3500 m |        |       |
| Thijs Abbink       | 12.31  | 3e pl  |       |
| Heren              | 1500 m |        |       |
| Robert Leussenkamp | 5.01   | M 28   | 5e pl |

### **Eibergen 09-01-93 Crossloop Sportclub Eibergen**

### **Enschede 10-01-93 Indoorwedstrijd Tion**

|                     |        |       |         |       |
|---------------------|--------|-------|---------|-------|
| M.C.                | 60 mh  |       | Hoog    |       |
| Angelien ten Have   | 11.7   | 1e pl | 1.30 m  | 4e pl |
| M.B.                | 60 mh  |       | Kogel   |       |
| Mira te Nijenhuis   | 11.3   | 3e pl | 10.06 m | 1e pl |
| J.A.                | Hoog   |       | Kogel   |       |
| Dennis te Nijenhuis | 1.50 m | 1e pl | 10.55 m | 2e pl |

### **Hengelo 10-01-93 1e Woolderes Trimloop MPM**

### **Holten 16-01-93 Holterbergcross SV Holten**

|                     |        |        |
|---------------------|--------|--------|
| M.P.A.              | 1200 m |        |
| Karin Lukens        | 5.21   | 6e pl  |
| Karin Meijer        | 5.29   | 7e pl  |
| M.C.                | 1600 m |        |
| Angelien ten Have   | 6.18   | 2e pl  |
| J.P.C.              | 1200 m |        |
| Jan Joris te Kulve  | 6.12   | 4e pl  |
| Remco Nijkamp       | 6.34   | 6e pl  |
| J.P.B.              | 1200 m |        |
| Kjell Vogel         | 5.00   | 1e pl  |
| Andre Louis Wassing | 5.03   | 2e pl  |
| Joep Brinkers       | 5.06   | 3e pl  |
| Laurens Wientjes    | 5.10   | 4e pl  |
| Joost Scharenborg   | 5.48   | 5e pl  |
| Jorne Hagens        | 5.23   | 6e pl  |
| Sjoerd Hövels       | 6.32   | 7e pl  |
| J.P.A.              | 1200 m |        |
| Arno Daleman        | 4.54   | 5e pl  |
| Ruben Pillen        | 4.58   | 7e pl  |
| Roy Nijkamp         | 5.31   | 13e pl |

## **Holten 16-01-93 Holterbergcross SV Holten vervolg**

|                |        |        |
|----------------|--------|--------|
| J.D.           | 1200 m |        |
| Dries Lasonder | 4.40   | 8e pl  |
| Ivo Maatman    | 4.46   | 11e pl |
| Joost Ottink   | 4.56   | 12e pl |

|                 |        |       |
|-----------------|--------|-------|
| J.C.            | 1600 m |       |
| Wilfred Brons   | 5.40   | 5e pl |
| Ronald Boomkamp | 5.49   | 6e pl |
| Nick Maatman    | 6.01   | 7e pl |

## **Oldenzaal 17-10-93 Hulsbeekloop AC Fortis**

## **Eibergen 20-01-93 Coopertest ASV**

## **Zwolle 23-24-01-93 Open Oostelijke Indoorkampioenschappen**

|                   |        |
|-------------------|--------|
| M.C.              | 600 m  |
| Angelien ten Have | 1.54.8 |

|                   |      |       |
|-------------------|------|-------|
| M.B.              | 60 m | 60 mh |
| Mira te Nijenhuis | 9.34 | 10.82 |

|                 |        |
|-----------------|--------|
| J.C.            | 800 m  |
| Ronald Boomkamp | 2.36.9 |

|              |        |        |
|--------------|--------|--------|
| J.B.         | 800 m  | 1500 m |
| Thijs Abbink | 2.10.6 | 4.30.0 |

|                     |      |        |        |         |
|---------------------|------|--------|--------|---------|
| J.A.                | 60 m | 800 m  | Ver    | Kogel   |
| Ben Harbers         | 7.67 | 2.09.0 | 5.48 m |         |
| Dennis te Nijenhuis | 8.20 |        | 5.24 m | 10.00 m |
| Gerton Berkemeijer  |      |        |        | 10.96 m |

|               |              |
|---------------|--------------|
| Heren         | Kogel        |
| Paul Wormgoor | 11.03 m M 20 |

## **Nijmegen 24-01-93 Leemkuilcross Cifla /'t Haasje**

## **Enschede 31-01-93 Indoorwedstrijd**

|               |      |        |        |
|---------------|------|--------|--------|
| J.D.          | 60 m | Hoog   | Kogel  |
| Joris Pardijs |      | 1.15 m | 6.77 m |
| Johan Kural   |      |        | 8.41 m |
| Joost Ottink  | 9.2  |        | 5.88 m |

## **Hengelo 31-01-93 2e Woolderesloop Trimloop MPM**

## **Enschede 31-01-93 Tionloop**

## **Eibergen 06-02-93 Carnvalsloop**

|                    |              |      |       |
|--------------------|--------------|------|-------|
| <b>Heren</b>       | <b>15 km</b> |      |       |
| Robert Leussenkamp | 51.11        | M 28 | 1e pl |
| Theo Schootman     | 51.46        | M 44 | 2e pl |

## **Apeldoorn 06-02-93 Midwintermarathon**

## **Ambt Delden 07-02-93 Tarvo Twentecross MPM**

|                     |               |        |  |
|---------------------|---------------|--------|--|
| <b>M.P.A.</b>       | <b>1180 m</b> |        |  |
| Karin Lukens        | 5.01          | 10e pl |  |
| <b>M.C.</b>         | <b>1690 m</b> |        |  |
| Angelien ten Have   | 6.53          | 4e pl  |  |
| <b>J.P.C.</b>       | <b>1180 m</b> |        |  |
| Jan Joris te Kulve  | 5.30          | 3e pl  |  |
| Tamo Vogel          | 5.54          | 6e pl  |  |
| Remco Nijkamp       | 6.00          | 7e pl  |  |
| <b>J.P.B.</b>       | <b>1180 m</b> |        |  |
| Andre Louis Wassing | 4.49          | 1e pl  |  |
| Joep Brinkers       | 4.50          | 2e pl  |  |
| Kjell Vogel         | 4.55          | 4e pl  |  |
| Laurens Wientjes    | 5.09          | 6e pl  |  |
| Joost Scharenborg   | 5.21          | 8e pl  |  |
| Jorne Hagens        | 6.25          | 11e pl |  |
| <b>J.P.A.</b>       | <b>1180 m</b> |        |  |
| Arno Daleman        | 4.42          | 2e pl  |  |
| Ruben Pillen        | 4.44          | 5e pl  |  |
| Roy Nijkamp         | 5.38          | 13e pl |  |
| <b>J.D.</b>         | <b>1180 m</b> |        |  |
| Ivo Maatman         | 4.19          | 6e pl  |  |
| Joris Pardijs       | 4.27          | 10e pl |  |
| Joost Ottink        | 4.48          | 15e pl |  |

## **Hengelo 07-02-93 Tarvo Twentecross vervolg**

|                 |               |        |  |
|-----------------|---------------|--------|--|
| <b>J.C.</b>     | <b>2300 m</b> |        |  |
| Wilfred Brons   | 8.24          | 4e pl  |  |
| Nick Maatman    | 8.24          | 5e pl  |  |
| Ronald Boomkamp | 8.39          | 6e pl  |  |
| Bram de Groot   | 8.54          | 8e pl  |  |
| Stefan Mol      | 9.39          | 11e pl |  |
| <b>J.B.</b>     | <b>4440 m</b> |        |  |
| Thijs Abbink    | 15.41         | 2e pl  |  |

## **Heerde 13-02-93 4e Wedstrijd Crosscompetitie**

**Oldenzaal 14-02-93 Hulbeekcross Laac**

**Laag Soeren 20-02-93 Jutbergloop GAV Gelre**

**Den Haag 20/21-02-93 NK Indoor Junioren A /B**

**Den Haag 27/28-02-93 NK Indoor Senioren en Nationale C Spelen**

**Hengelo 28-02-93 3e Woolderesloop Trimloop MPM**

**Markelo 28-02-93 Herikerbergloop AV Goor**

**Winterswijk 06-03-93 EM Loop**

|                      |         |      |
|----------------------|---------|------|
| Heren                | 10 EM   |      |
| Robert Leussenkamp   | 58.44   | M 28 |
| Theo Schootman       | 1.00.45 | M 44 |
| Geert Klein Bruinink | 1.01.06 | M 28 |
| Hans Gerfen          | 1.10.22 | M 50 |
| Hans ter Woerds      | 1.11.48 | M 38 |
| Mike Wientjes        | 1.13.31 | M 35 |
| Bennie Huirne        | 1.22.35 | M 58 |

**Almelo 06-03-93 Sisu-Cross**

|                   |        |       |
|-------------------|--------|-------|
| M.C.              | 1260 m |       |
| Angélien ten Have | 4.46   | 5e pl |

|                    |        |       |
|--------------------|--------|-------|
| J.P.C.             | 1260 m |       |
| Jan Joris te Kulve | 5.50   | 2e pl |
| Remco Nijkamp      | 6.02   | 4e pl |

|                   |        |       |
|-------------------|--------|-------|
| J.P.B.            | 1260 m |       |
| Joep Brinkers     | 5.12   | 2e pl |
| Laurens Wientjes  | 5.19   | 5e pl |
| Kjell Vogel       | 5.45   | 7e pl |
| Joost Scharenborg | 5.51   | 8e pl |
| Sjoerd Hövels     | 6.20   | 9e pl |

|              |        |        |
|--------------|--------|--------|
| J.P.A.       | 1260 m |        |
| Arno Daleman | 4.52   | 4e pl  |
| Ruben Pillen | 5.16   | 9e pl  |
| Roy Nijkamp  | 5.52   | 16e pl |

|               |        |        |
|---------------|--------|--------|
| J.D.          | 1260 m |        |
| Ivo Maatman   | 4.50   | 7e pl  |
| Joris Pardijs | 4.52   | 9e pl  |
| Joost Ottink  | 5.12   | 12e pl |
| Johan Kural   | 6.19   | 14e pl |

|                 |        |       |
|-----------------|--------|-------|
| J.C.            | 1850 m |       |
| Wilfred Brons   | 6.51   | 4e pl |
| Ronald Boomkamp | 7.12   | 6e pl |
| Nick Maatman    | 7.13   | 7e pl |



## **Harderwijk 07-03-93 De Reebok NK Cross Senioren en Mars Cross Junioren**

**J.B.**

|              |         |        |
|--------------|---------|--------|
| Thijs Abbink | 22.22.0 | 25e pl |
|--------------|---------|--------|

## **Enschede 07-03-93 Indoorwedstrijd AC Tion**

## **Enschede 07-03-93 Tionloop AC Tion**

## **Hengelo 13-03-93 Houtmaatloop**

## **Oldenzaal 14-03-93 Fortis-Cross**

|               |               |
|---------------|---------------|
| <b>M.P.A.</b> | <b>1350 m</b> |
| Karin Lukens  | 6.12          |
| Karin Meijer  | 6.27          |

|                   |               |
|-------------------|---------------|
| <b>M.C.</b>       | <b>1350 m</b> |
| Angeliën ten Have | 5.42          |

|                    |               |
|--------------------|---------------|
| <b>J.P.C.</b>      | <b>1350 m</b> |
| Jan Joris te Kulve | 6.42          |
| Tamo Vogel         | 7.00          |
| Remco Nijkamp      | 7.04          |

|                     |             |
|---------------------|-------------|
| <b>J.P.B.</b>       | <b>1350</b> |
| Andre Louis Wassing | 5.28        |
| Joep Brinkers       | 5.39        |
| Laurens Wientjes    | 5.51        |
| Joost Scharenborg   | 6.26        |
| Kjell Vogel         | 6.42        |
| Sjoerd Hövels       | 7.11        |
| Jorne Hagens        | 7.14        |

|               |               |
|---------------|---------------|
| <b>J.P.A.</b> | <b>1350 m</b> |
| Arno Daleman  | 5.34          |
| Ruben Pillen  | 5.52          |
| Roy Nijkamp   | 6.45          |

|                |               |
|----------------|---------------|
| <b>J.D.</b>    | <b>1350 m</b> |
| Dries Lasonder | 5.29          |
| Ivo Maatman    | 5.32          |
| Joost Ottink   | 6.03          |

|                 |               |
|-----------------|---------------|
| <b>J.C.</b>     | <b>2200 m</b> |
| Nick Maatman    | 7.53          |
| Ronald Boomkamp | 8.03          |
| Bram de Groot   | 8.24          |

|              |               |
|--------------|---------------|
| <b>J.B.</b>  | <b>4200 m</b> |
| Thijs Abbink | 15.01         |

## Eind Klassering Ploegen Twentse Crosscompetitie

|                     |       |         |
|---------------------|-------|---------|
| ASV                 | 1e pl | 306 pnt |
| M.P.A.              |       |         |
| Karin Lukens        | 9e    | 49 pnt  |
| Karin Meijer        | 10e   | 52 pnt  |
| J.P.C.              |       |         |
| Joost Scharenborg   | 2e    | 13 pnt  |
| Jan Joris te Kulve  | 4e    | 20 pnt  |
| Remco Nijkamp       | 5e    | 29 pnt  |
| J.P.B.              |       |         |
| Andre Louis Wassing | 1e    | 10 pnt  |
| Kjell Vogel         | 2e    | 11 pnt  |
| Joep Brinkers       | 3e    | 13 pnt  |
| Laurens Wientjes    | 4e    | 24 pnt  |
| Sjoerd Hövels       | 6e    | 36 pnt  |
| Jorne Hagens        | 7e    | 46 pnt  |
| J.P.A.              |       |         |
| Arno Daleman        | 5e    | 25 pnt  |
| Ruben Pillen        | 7e    | 39 pnt  |
| Roy Nijkamp         | 13e   | 74 pnt  |

Eibergen 17-03-93 Coopertest ASV

Den Haag 03-04-93 19e City-Pier-City Loop

Losser 21-03-93 3e Dinkelloop AV Iphitos

Hengelo 21-03-93 4e Woolderesloop MPM

Aalten 27-03-93 lenteloop 30 km

Gaanderen 28-03-93 23e Achterhoekcross AV Argo

Enschede 28-03-93 Hoge-Lage Torenloop DAV Kronos

Eibergen 04-04-93 2e Clubkampioenschappen Indoor

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| M.P.C.           | 30 m | Ver    | Kogel  | Bal     |
| Suzanne ten Have | 6.7  | 2.15 m | 4.52 m | 8.15 m  |
| Leonie Willekes  | 7.3  | 2.10 m | 4.10 m | 7.60 m  |
| M.P.B.           | 30 m | Ver    | Kogel  | Bal     |
| Belinda Borchert | 6.4  | 2.57 m | 3.34 m | 10.44 m |
| Inge Thijssen    | 6.4  | 2.20 m | 3.20 m | 15.25 m |
| M.P.A.           | 30 m | Ver    | Kogel  | Bal     |
| Karin Lukens     | 5.9  | 2.79 m | 4.26 m | 14.52 m |
| Karin Meijer     | 6.0  | 2.82 m | 4.14 m | 14.12 m |

## Eibergen 04-04-93 2e Clubkampioenschappen Indoor vervolg

| M.D.             | 30 m | Ver    | Hoog   | Kogel  |
|------------------|------|--------|--------|--------|
| Yvonne Lukens    | 6.1  | 3.14 m | x      | 6.04 m |
| Margo Hulzink    | 6.1  | 2.93 m | 1.00 m | 5.54 m |
| Femia Metz       | 5.8  | 3.41 m | 1.10 m | 7.20 m |
| Marleen Scholten | 5.3  | 3.75 m | 1.10 m | 7.06 m |

| M.C.              | 30 m | Ver    | Hoog   | Kogel  |
|-------------------|------|--------|--------|--------|
| Angeliën ten Have | 5.7  | 3.81 m | 1.20 m | 7.42 m |

| M.B.              | 30 m | Ver    | Hoog   | Kogel   |
|-------------------|------|--------|--------|---------|
| Hadewich Huitema  | 5.5  | 3.86 m | 1.40 m | 10.02 m |
| Mira te Nijenhuis | 5.5  | 4.04 m | 1.20 m | 9.94 m  |

| Dames                    | 30 m | Ver    | Hoog   | Kogel  |
|--------------------------|------|--------|--------|--------|
| Mariëlle van der Heijden | 5.9  | 4.05 m | 1.20 m | 7.24 m |

| J.P.C.             | 30 m | Ver    | Kogel  | Bal     |
|--------------------|------|--------|--------|---------|
| Stijn Goossens     | 7.3  | 1.44 m | 5.26 m | 14.35 m |
| Jan Joris te Kulve | 6.3  | 1.83 m | 5.10 m | 13.81 m |
| Thijs Pieterse     | 6.2  | 2.51 m | 7.90 m | 18.74 m |
| Martijn Siemerink  | 7.3  | 1.65 m | 3.96 m | 9.15 m  |
| Tamo Vogel         | 6.8  | 1.66 m | 4.20 m | 12.16 m |
| Wessel Braakman    | 7.9  | 1.40 m | 3.46 m | 9.41 m  |
| Armin Pillen       | 7.4  | 1.73 m | 3.50 m | 7.63 m  |
| Lars Blauw         | 6.4  | 2.57 m | 4.44 m | 12.75 m |
| Remco Nijkamp      | 7.1  | 1.85 m | 3.50 m | 9.65 m  |
| Ad Nijkamp         | 8.0  | 1.26 m | 2.72 m | 7.40 m  |
| Joost Scharenborg  | 6.5  | 1.74 m | 4.34 m | 13.66 m |

| J.P.B.              | 30 m | Ver    | Kogel  | Bal     |
|---------------------|------|--------|--------|---------|
| Laurens Wientjes    | 6.5  | 2.33 m | 4.36 m | 18.61 m |
| Joep Brinkers       | 6.1  | 2.90 m | 4.24 m | 22.56 m |
| Andre Louis Wassing | 6.0  | 2.84 m | 4.56 m | 20.15 m |
| Kjell Vogel         | 6.3  | 2.66 m | 5.68 m | 18.68 m |
| Peter Loonstein     | 6.4  | 2.60 m | 4.88 m | 20.61 m |
| Tom Braakman        | 6.9  | 2.00 m | 2.68 m | 7.78 m  |
| Jorne Hagens        | 6.6  | 2.11 m | 4.26 m | 14.00 m |
| Thijs Peterkamp     | 6.8  | 2.31 m | 5.00 m | 14.77 m |
| Stephan Doreleijers | 5.7  | 2.89 m | 5.42 m | 27.71 m |

| J.P.A.                | 30 m | Ver    | Kogel  | Bal     |
|-----------------------|------|--------|--------|---------|
| Xander Lutje Spelberg | 5.9  | 3.70 m | 5.54 m | 18.40 m |
| Nick Kamers           | 6.1  | 2.17 m | 4.68 m | 9.39 m  |
| Riben Pillen          | 6.0  | 2.82 m | 5.54 m | 26.78 m |
| Remco verdoold        | 6.2  | 2.90 m | 6.22 m | 24.07 m |
| Arno Daleman          | 5.9  | 2.88 m | 6.64 m | 24.80 m |
| Arjan Borchert        | 6.0  | 2.18 m | 5.28 m | 24.25 m |
| Anton Wientjes        | 6.1  | 2.92 m | 5.10 m | 17.83 m |
| Roy Nijkamp           | 6.4  | 2.22 m | 4.80 m | 19.04 m |

| J.D.                 | 30 m | Ver    | Hoog   | Kogel  |
|----------------------|------|--------|--------|--------|
| Micha Lutje Spelberg | 5.2  | 3.95 m | 1.45 m | 9.10 m |
| Matthijs ten Have    | 5.9  | 3.63 m | 1.25 m | 7.50 m |
| Jeroen Menkehorst    | 6.0  | 3.53 m | 1.15 m | 5.04 m |
| Martijn Beusink      | 6.3  | 2.85 m | x      | 4.88 m |
| Thomas Notten        | 6.0  | 3.12 m | 1.00 m | 5.42 m |
| Joris Pardijs        | 6.0  | 3.31 m | 1.10 m | 6.50 m |
| Joost Ottink         | 5.6  | 3.40 m | 1.10 m | 6.32 m |
| Ivo Maatman          | 5.8  | 2.81 m | 1.10 m | 7.58 m |
| Johan Kural          | 6.4  | 2.95 m | x      | 8.16 m |

## Eibergen 04-04-93 2e Clubkampioenschappen Indoor vervolg

|                    |      |        |        |         |      |
|--------------------|------|--------|--------|---------|------|
| J.C.               | 30 m | Ver    | Hoog   | Kogel   |      |
| Ronald Boomkamp    | 5.7  | 4.08 m | 1.25 m | 7.54 m  |      |
| Tom Hulzink        | 5.3  | 4.55 m | 1.40 m | 8.54 m  |      |
| Stefan Mol         | 5.3  | 3.85 m | 1.35 m | 9.02 m  |      |
| Patrick Postma     | 5.3  | 3.64 m | 1.15 m | 6.48 m  |      |
| J.B.               | 30 m | Ver    | Hoog   | Kogel   |      |
| Stefan Könninger   | 5.3  | 5.27 m | 1.60 m | 11.58 m |      |
| Alfred Meekes      | 5.2  | 5.20 m | 1.35 m | 9.98 m  |      |
| J.A.               | 30 m | Ver    | Hoog   | Kogel   |      |
| Gerton Berkemeijer | 5.1  | 4.43 m | 1.25 m | 9.66 m  | M 18 |
| Ben Harbers        | 4.8  | 5.43 m | 1.55 m | 7.58 m  | M 18 |
| Heren              | 30 m | Ver    | Hoog   | Kogel   |      |
| Paul wormgoor      | 4.7  | 5.24 m | 1.60 m | 11.50 m |      |
| Herbert Garritsen  | 4.9  | 4.95 m | 1.60 m | 8.56 m  | M 27 |
| Michel Stoverink   | 4.8  | 5.20 m | 1.50 m | 9.48 m  |      |
| Erwin Leussenkamp  | 5.0  | 4.80 m | 1.40 m | 6.82 m  |      |
| Mike Wientjes      | 5.4  | 4.00 m | 1.10 m | 6.92 m  | M 35 |

## Enschede 04-04-93 Trimloop Tarvo AC Tion

## Geesteren 12-04-93 Delmar-Omloop AAV Sisu

## Hengelo 17-04-93 1e Medaillewedstrijd AV Goor/ Iphitos

|                     |        |        |         |  |
|---------------------|--------|--------|---------|--|
| M.P.B.              | 1000 m | Ver    | Bal     |  |
| Inge Thijssen       | 4.39.9 | 2.51 m | 10.02 m |  |
| M.P.A.              | 60 m   | Hoog   | Bal     |  |
| Karin Lukens        | 10.4   | 0.90 m | 13.38 m |  |
| Karin Meijer        | 10.5   | x      | 10.60 m |  |
| M D.                | 60 m   | Hoog   | Kogel   |  |
| Femia Metz          | 9.9    | 1.20 m | 6.82 m  |  |
| Yvonne Lukens       | 10.5   | 1.05 m | 5.60 m  |  |
| Margo Hulzink       | 10.2   | 1.05 m | 5.21 m  |  |
| Marleen Scholten    | 9.6    | 1.05 m | 6.19 m  |  |
| J.P.C.              | 40 m   | Ver    | Bal     |  |
| Remco Nijkamp       | 8.7    | 2.09 m | 6.36 m  |  |
| Joost Scharenborg   | 7.6    | 2.85 m | 13.32 m |  |
| Tamo Vogel          | 8.2    | 2.08 m | 9.46 m  |  |
| Stijn Goossens      | 8.9    | 2.32 m | 12.86 m |  |
| Jan Joris te Kulve  | 7.6    | 2.56 m | 11.68 m |  |
| Martijn Siemerink   | 8.6    | 1.76 m | 10.46 m |  |
| J.P.B.              | 40 m   | Hoog   | Kogel   |  |
| Kjell Vogel         | 7.3    | 0.90 m | 4.92 m  |  |
| Joep Brinkers       | 7.2    | 0.90 m | 4.38 m  |  |
| Jorne Hagens        | 7.3    | 0.80 m | 4.81 m  |  |
| Thijs Pieterse      | 7.3    | 0.95 m | 4.65 m  |  |
| Andre Louis Wassing | 7.1    | 1.05 m | 4.21 m  |  |
| Sander Arends       | 7.3    | 0.90 m | 4.04 m  |  |
| Laurens Wientjes    | 7.6    | 0.90 m | 4.38 m  |  |

## Hengelo 17-04-93 1e Medaillewedstrijd AV Goor/ Iphitos vervolg

| J.P.A.                | 1000 m | Ver    | Kogel  |
|-----------------------|--------|--------|--------|
| Anton Wientjes        | 4.07.5 | 3.19 m | 4.37 m |
| Remco Verdoold        | 4.11.7 | 3.16 m | 6.06 m |
| Xander Lutje Spelberg | 4.11.4 | 3.36 m | 5.86 m |
| Arno Daleman          | 3.41.9 | 3.25 m | 5.31 m |
| Ruben Pillen          | 3.55.1 | 3.22 m | 4.76 m |
| Roy Nijkamp           | 4.40.3 | 2.70 m | 5.11 m |

| J.D.                 | 1000 m | Ver    | Kogel  |
|----------------------|--------|--------|--------|
| Joris Pardijs        | 3.46.4 | 3.40 m | 6.20 m |
| Jurgen Arends        | 3.53.4 | 3.03 m | 5.82 m |
| Thomas Notten        | 4.59.8 | 3.41 m | 5.69 m |
| Matthijs ten Have    | 4.16.8 | 3.76 m | 7.00 m |
| Joost Ottink         | 3.59.3 | 3.43 m | 6.25 m |
| Ivo Maatman          | 3.44.6 | 3.42 m | 6.80 m |
| Micha Lutje Spelberg | 3.40.0 | 4.02 m | 8.57 m |
| Ivo Karel            | 4.32.4 | 3.22 m | 6.86 m |
| Jeroen Menkehorst    | 4.14.1 | 3.44 m | 5.60 m |

| J.C.            | 100 m | Hoog   | Speer   |
|-----------------|-------|--------|---------|
| Tom Hulzink     | 13.5  | 1.25 m | 30.00 m |
| Patrick Postma  | 14.5  | 1.20 m | 16.25 m |
| Stefan Mol      | 14.5  | 1.25 m | 23.66 m |
| Ronald Boomkamp | 14.6  | 1.25 m | 17.65 m |

## Hengelo 18-04-93 5e Woolderesloop MPM

## Enschede 24-04-93 1e Competitiewedstrijd CD Junioren AC Tion

| J.D.                 |        |         |      |
|----------------------|--------|---------|------|
| Jurgen Arends        | 80 m   | 12.7    | M 12 |
| Thomas Notten        | 80 m   | 12.9    | M 12 |
| Micha Lutje Spelberg | 80 mh  | 15.0    | M 13 |
| Joost Ottink         | 80 mh  | 17.2    | M 13 |
| Joris Pardijs        | 1000 m | 3.30.0  |      |
| Ivo Maatman          | 1000 m | 3.31.4  | M 13 |
| Matthijs ten Have    | Ver    | 4.12 m  | M 12 |
| Micha Lutje Spelberg | Hoog   | 1.35 m  | M 13 |
| Ivo Maatman          | Kogel  | 7.38 m  | M 13 |
| Joris Pardijs        | Discus | 16.20 m |      |
| Matthijs ten Have    | Speer  | 16.40 m | M 12 |

| J.C.            |        |         |      |
|-----------------|--------|---------|------|
| Patrick Postma  | 100 m  | 14.3    |      |
| Ronald Boomkamp | 100 m  | 14.4    | M 14 |
| Patrick Postma  | 100 mh | 21.8    |      |
| Daan de Vries   | 100 mh | 21.9    | M 14 |
| Ronald Boomkamp | 1500 m | 5.09.6  | M 14 |
| Daan de Vries   | Ver    | 4.57 m  | M 14 |
| Tom Hulzink     | Hoog   | 1.30 m  | M 14 |
| Stefan Mol      | Kogel  | 9.70 m  | M 15 |
| Stefan Mol      | Discus | 26.14 m | M 15 |
| Tom Hulzink     | Speer  | 30.80 m | M 14 |

## Zwolle 25-04-93 1e Competitiewedstrijd A Junioren

|                     |        |         |      |
|---------------------|--------|---------|------|
| Ben Harbers         | 100 m  | 12.0    | M 18 |
| Ben Harbers         | 400 m  | 55.3    | M 18 |
| Stefan Könninger    | 400 m  | 61.3    | J.B. |
| Thijs Abbink        | 800 m  | 2.14.8  | J.B. |
| Thijs Abbink        | 3000 m | 9.30.9  | J.B. |
| Alfred Meekes       | 3000 m | 10.58.2 | M 18 |
| Dennis te Nijenhuis | Ver    | 5.32 m  | M 19 |
| Stefan Könninger    | Hoog   | 1.65 m  | J.B. |
| Gerton Berkemeijer  | Kogel  | 10.73 m | M 18 |
| Dennis te Nijenhuis | Discus | 29.92 m | M 19 |
| Gerton Berkemeijer  | Speer  | 46.76 m | M 18 |

## Hengelo 25-04-93 Halve Marathon MPM

## Aalten 30-04-93 Koninginneloop AVA'70

## Haaksbergen 30-04-93 24e Oranjeloop AV Haaksbergen

## Enschede 05-05-93 Johan Knaap Games DAV Kronos

|                    |         |      |  |
|--------------------|---------|------|--|
| Heren              | 5000 m  |      |  |
| Robert Leussenkamp | 16.17.9 | M 28 |  |

## Hengelo 07-05-93 1e Competitiewedstrijd B Junioren M.P.M. / Iphitos

|                   |          |         |      |
|-------------------|----------|---------|------|
| M.B.              |          |         |      |
| Hadewich Huitema  | 4x 100 m | 60.8    | V 16 |
| Mira te Nijenhuis | 4x 100 m | 60.8    | V 16 |
| Angeliën ten Have | 4x 100 m | 60.8    | M.C. |
| Kim Oldenboom     | 4x 100 m | 60.8    | M.C. |
| Kim Oldenboom     | 100 m    | 12.8    | M.C. |
| Angeliën ten Have | 400 m    | 62.5    | M.C. |
| Angeliën ten Have | 800 m    | 2.50.6  | M.C. |
| Mira te Nijenhuis | ver      | 4.10 m  | V 16 |
| Hadewich Huitema  | Hoog     | 1.45 m  | V 16 |
| Kim Oldenboom     | Kogel    | 5.70 m  | M.C. |
| Hadewich Huitema  | Discus   | 23.50 m | V 16 |
| Mira te Nijenhuis | Speer    | 29.22 m | V 16 |

## Eibergen 08-05-93 2e Medaillewedstrijd ASV

|                  |        |        |         |
|------------------|--------|--------|---------|
| M.P.C.           | 40 m   | Ver    | Kogel   |
| Suzanne ten Have | 7.8    | 2.20 m | 3.58 m  |
| M.P.B.           | 40 m   | Hoog   | Kogel   |
| Inge Thijssen    | 7.9    | 0.90 m | 3.77 m  |
| M.P.A.           | Ver    | Kogel  |         |
| Karin Lukens     | 3.37 m | 4.45 m |         |
| M D.             | 600 m  | Ver    | Speer   |
| Margo Hulzink    | 2.19.5 | 3.03 m | 6.04 m  |
| Yvonne Lukens    | 2.27.7 | 3.24 m | 14.60 m |
| Femia Metz       | 2.20.0 | 3.81 m | 9.68 m  |

## Eibergen 08-05-93 2e Medaillewedstrijd vervolg

|                       |        |        |         |         |
|-----------------------|--------|--------|---------|---------|
| M.C.                  | 80 m   | Hoog   | Kogel   | Discus  |
| Angeliën ten Have     | 13.2   | 1.30 m | 7.26 m  | 15.94 m |
| J.P.C.                | 1000 m | Ver    | Kogel   |         |
| Peter Loonstein       | 4.31.6 | 3.14 m | 6.80 m  |         |
| Joris Pieterse        | 5.35.5 | 2.04 m | 2.26 m  |         |
| Remco Nijkamp         | 4.51.5 | 2.38 m | 3.75 m  |         |
| Jan Joris te Kulve    | 4.37.8 | 2.85 m | 4.19 m  |         |
| Stijn Goossens        | 5.06.2 | 2.54 m | 5.45 m  |         |
| Joost Scharenborg     | 4.28.3 | 2.91 m | 4.95 m  |         |
| Martijn Siemerink     | 5.37.2 | 2.00 m | 2.35 m  |         |
| Tamo Vogel            | 4.35.1 | 2.57 m | 3.72 m  |         |
| J.P.B.                | 1000 m | Ver    | Kogel   |         |
| Joep Brinkers         | 4.04.8 | 3.27 m | 3.98 m  |         |
| Andre Louis Wassing   | 3.59.5 | 3.38 m | 4.42 m  |         |
| Laurens Wientjes      | 4.06.7 | 3.00 m | 4.16 m  |         |
| Thijs Pieterse        | 4.53.2 | 3.02 m | 5.20 m  |         |
| Jorne Hagens          | 4.59.5 | 3.00 m | 3.96 m  |         |
| Kjell Vogel           | 4.16.5 | 3.52 m | 5.09 m  |         |
| J.P.A.                | 60 m   | Hoog   | Kogel   |         |
| Roy Nijkamp           | 11.0   | 0.95 m | 5.61 m  |         |
| Xander Lutje Spelberg | 10.9   | 1.10 m | 5.67 m  |         |
| Arno Daleman          | 10.6   | 0.95 m | 5.38 m  |         |
| J.D.                  | 80 m   | Hoog   | Speer   |         |
| Joost Mesersmid       | 14.5   | x      | 10.50 m |         |
| Micha Lutje Spelberg  | 12.0   | 1.35 m | 25.54 m |         |
| Joost Ottink          | 12.6   | 1.20 m | 15.78 m |         |
| Ivo Maatman           | 13.1   | x      | 16.26 m |         |
| Thomas Notten         | 13.6   | x      | 19.08 m |         |
| Dries Lasonder        | 13.8   | 1.10 m | 12.08 m |         |
| Jeroen Menkehorst     | 13.4   | 1.15 m | 10.70 m |         |
| Matthijs ten Have     | 13.2   | 1.25 m | 16.94 m |         |
| J.C.                  | 800 m  | Ver    | Kogel   | Discus  |
| Tom Hulzink           | 2.40.6 | 4.46 m | 8.77 m  | 22.04 m |
| Stefan Mol            | 2.54.9 | 3.98 m | 10.56 m | 25.04 m |
| Ronald Boomkamp       | 2.31.2 | 4.21 m | 7.17 m  | 13.86 m |

## Deventer 08/09-05-93 Meerkampen Senioren A/B/C/D Junioren Daventria

## Utrecht 09-05-93 City Marathon

## Hengelo 13-05-93 Senioren Instuif Laac

## Hengelo 15-05-93 2e Competitiewedstrijd CD Junioren MPM

J.D.

|                      |        |         |      |
|----------------------|--------|---------|------|
| Jurgen Arends        | 80 m   | 13.2    | M 12 |
| Thomas Notten        | 80 m   | 13.1    | M 12 |
| Micha Lutje Spelberg | 80 mh  | 13.6    | M 13 |
| Joris Pardijs        | 1000 m | 3.37.8  | M 13 |
| Ivo Maatman          | 1000 m | 3.36.7  | M 13 |
| Matthijs ten Have    | Ver    | 3.61 m  | M 12 |
| Micha Lutje Spelberg | Hoog   | 1.40 m  | M 13 |
| Ivo Maatman          | Kogel  | 7.69 m  | M 13 |
| Joris Pardijs        | Discus | 15.36 m | M 13 |
| Matthijs ten Have    | Speer  | 21.80 m | M 12 |

J.C.

|                 |        |         |      |
|-----------------|--------|---------|------|
| Patrick Postma  | 100 m  | 14.2    | M 14 |
| Patrick Postma  | 100 mh | 21.1    | M 14 |
| Ronald Boomkamp | 1500 m | 5.01.2  | M 14 |
| Ronald Boomkamp | Ver    | 3.56 m  | M 14 |
| Tom Hulzink     | Hoog   | 1.30 m  | M 14 |
| Stefan Mol      | Kogel  | 9.70 m  | M 15 |
| Stefan Mol      | Discus | 24.06 m | M 15 |
| Tom Hulzink     | Speer  | 30.00 m | M 14 |

## Gendringen 16-05-93 1e Competitiewedstrijd Senioren

Heren

|                      |        |         |      |
|----------------------|--------|---------|------|
| Michel Stoverink     | 100 m  | 12.2    | M 26 |
| Gerton Berkemeijer   | 110 mh | 22.1    | J.A. |
| Michel Stoverink     | 400 m  | 58.6    | M 26 |
| Robert Leussenkamp   | 1500 m | 4.13.6  | M 28 |
| Geert Klein Bruinink | 5000 m | 18.03.4 | M 28 |
| Freek Notten         | 5000 m | 19.45.5 | M 42 |
| Paul Wormgoor        | Ver    | 5.07 m  | M 20 |
| Herbert Garritsen    | Hoog   | 1.75 m  | M 27 |
| Paul Wormgoor        | Kogel  | 11.28 m | M 20 |
| Herbert Garritsen    | Discus | 29.54 m | M 27 |
| Gerton Berkemeijer   | Speer  | 45.08 m | J.A. |

## Oldenzaal 16-05-93 15 en 30 km Wegwedstrijd Laac

## Lochem 20-05-93 Vestingsloop AV de Cloese

## Hengelo 22-05-93 Oostelijke Kampioenschappen CD Junoren

|                      |        |        |        |         |         |
|----------------------|--------|--------|--------|---------|---------|
| M.C.                 | 1000 m |        |        |         |         |
| Angélien ten Have    | 3.38.4 |        |        |         |         |
| J.D.                 | 80 mh  |        |        |         |         |
| Micha Lutje Spelberg | 13.01  | 1e pl  |        |         |         |
| J.C.                 | 1500 m | Ver    | Kogel  | Discus  | Speer   |
| Ronald Boomkamp      | 5.00.8 |        |        |         |         |
| Tom Hulzink          |        | 4.50 m |        |         | 31.68 m |
| Stefan Mol           |        |        | 9.53 m | 24.14 m |         |



## **Zevenaar 22/23-05-93 Oostelijke Kampioenschappen AB Junoren en Senioren**

|                                              |                   |       |                   |       |                  |       |
|----------------------------------------------|-------------------|-------|-------------------|-------|------------------|-------|
| M.B.<br>Hadewich Huitema                     | Hoog<br>1.40 m    | 3e pl |                   |       |                  |       |
| J.B.<br>Thijs Abbink                         | 1500 m<br>4.13.06 | 3e pl | 3000 m<br>9.14.62 | 1e pl |                  |       |
| J.A.<br>Gerton Berkemeijer<br>Ben Harbers    | 800 m<br>2.10.55  | 8e pl | Kogel<br>10.90 m  | 3e pl | Speer<br>46.72   | 3e pl |
| Heren<br>Robert Leussenkamp<br>Paul Wormgoor | 1500 m<br>4.13.34 | 9e pl | Kogel<br>10.93 m  | 7e pl | Speer<br>41.94 m | 8e pl |

## **Eibergen 23-05-1993 Halve Marathon**

|                      |                |      |
|----------------------|----------------|------|
| Heren                | Halve Marathon |      |
| Gerrit Harder        | 1.18.53        | M 40 |
| Pim van Vuren        | 1.28.21        | M 46 |
| Mike Wientjes        | 1.46.58        | M 35 |
| Bennie Huirne        | 1.49.04        | M 58 |
| Heren                | 4x5 km         |      |
| Geert Klein Bruinink | 1.24.47        | M 28 |
| Theo Schootman       | 1.24.47        | M 44 |
| Hans Gerfen          | 1.24.47        | M 42 |
| Robert Leussenkamp   | 1.24.47        | M 28 |

## **Zwolle 25-05-93 1e Competitiewedstrijd A Junioren**

## **Doetinchem 29-05-93 Cityloop Argo**

## **Hoorn 29/30-05-93 NK Meerkamp A/B junioren en NK 10km A junioren**

## **Hengelo 03-06-93 Senioren Instuif Laac**

## **Enschede 06-06-93 Stratenloop AC Fortis**

## **Losser 06-06-93 Pupillen Driekamp Iphitos**

## **Hengelo 10-06-93 Dubbele Mijl Adriaan Paulen Memorial**

## **Enschede 11-06-93 Baanwedstrijd Senioren A/B Junioren**

## **Haaksbergen 12-06-93 Pupillen C/D Wedstrijd AV Haaksbergen**

## Gendringen 12/13-06-93 Oost Nederlandse Kampioenschappen Meerkamp

|                      |        |         |          |        |
|----------------------|--------|---------|----------|--------|
| J.D.                 | 80 m   | 10.9    | 3076 pnt | 5e pl  |
| Micha Lutje Spelberg | Ver    | 4.35 m  |          |        |
|                      | Speer  | 30.78 m |          |        |
|                      | 80 mh  | 12.5    |          |        |
|                      | Hoog   | 1.45 m  |          |        |
|                      | kogel  | 9.20 m  |          |        |
|                      | 1000 m | 3.28.6  |          |        |
| J.C.                 | 100 m  | 12.9    | 4003 pnt | 7e pl  |
| Tom Hulzink          | Ver    | 4.80 m  |          |        |
|                      | Kogel  | 8.71 m  |          |        |
|                      | Hoog   | 1.45 m  |          |        |
|                      | 100 mh | 18.8    |          |        |
|                      | Discus | 26.56 m |          |        |
|                      | Speer  | 20.26 m |          |        |
|                      | 1000 m | 3.16.8  |          |        |
| J.C.                 | 100 m  | 14.1    | 3638 pnt | 32e pl |
| Stefan Mol           | Ver    | 4.80 m  |          |        |
|                      | Kogel  | 9.81 m  |          |        |
|                      | Hoog   | 1.50 m  |          |        |
|                      | 100 mh | 23.7    |          |        |
|                      | Discus | 26.40 m |          |        |
|                      | Speer  | 28.40 m |          |        |
|                      | 1000 m | 3.26.2  |          |        |

## Enschede 13-06-93 Marathon Stg Marathon Enschede

## Haaksbergen 16-06-93 Baanwedstrijd Senioren A/B Junioren

## Eibergen 19-06-93 Pupillen Driekamp

## Hengelo 20-06-93 APM Atletiekgala

|                     |         |
|---------------------|---------|
| J.P.B.              | 1000 m  |
| Andre Louis Wassing | 3.34.40 |
| Joep Brinkers       | 3.36.61 |
| Kjell Vogel         | 3.48.67 |

## Zevenaar 20-06-93 2e Competitiewedstrijd A Junioren

|                     |        |         |         |      |
|---------------------|--------|---------|---------|------|
| J.A.                | 800 m  | Kogel   | Discus  |      |
| Ben Harbers         | 2.04.9 |         |         |      |
| Dennis te Nijenhuis |        |         | 30.54 m | M 19 |
| Gerton Berkemeijer  |        | 11.32 m |         |      |

## Groningen 25-26-27-06-93 NK AB Junioren

|              |         |       |
|--------------|---------|-------|
| J.B.         | 3000 m  |       |
| Thijs Abbink | 9.05.55 | 7e pl |

|                    |         |        |
|--------------------|---------|--------|
| J.A.               | Speer   |        |
| Gerton Berkemeijer | 46.46 m | 11e pl |

## Hengelo 30-06-93 Baanwedstrijd Senioren A/B Junioren Iphitos

### Eibergen 03-07-93 Pupillen Driekamp

|              |      |        |        |
|--------------|------|--------|--------|
| M.P.C.       | 40 m | Ver    | Kogel  |
| Reina visser | 7.9  | 2.53 m | 3.54 m |

|                  |      |        |        |        |
|------------------|------|--------|--------|--------|
| M.P.B.           | 40 m | Ver    | Kogel  | 1000 m |
| Inge Thijssen    | 7.7  | 2.87 m | 3.14 m | 4.45.8 |
| Janneke Scholten | 8.0  | 2.32 m | 2.38 m |        |

|               |      |        |        |        |
|---------------|------|--------|--------|--------|
| M.P.A.        | 60 m | Hoog   | Kogel  | 1000 m |
| Nienke Hovels | 9.8  | 1.10 m | 6.24 m | 4.29.8 |
| Karin Meijer  | 9.8  | 0.85 m | 3.14 m | 3.59.2 |
| Karin Lukens  | 9.9  | 0.95 m | 3.35 m | 4.00.8 |

|                    |      |        |        |        |
|--------------------|------|--------|--------|--------|
| J.P.C.             | 40 m | Ver    | Kogel  | 1000 m |
| Jan Joris te Kulve | 7.7  | 2.48 m | 4.81 m | 4.35.4 |
| Armin Pillen       | 14.1 | 2.47 m | 3.14 m |        |
| Tamo Vogel         | 8.0  | 2.53 m | 3.87 m | 4.54.3 |
| Martijn Siemerink  | 8.1  | 2.02 m | 3.59 m |        |
| Joost Scharenborg  | 7.3  | 3.20 m | 5.42 m | 4.01.1 |
| Stijn Goossens     | 8.0  | 2.73 m | 4.90 m |        |
| Remco Nijkamp      | 8.1  | 2.38 m | 4.38 m | 4.33.8 |

|                     |      |        |        |        |
|---------------------|------|--------|--------|--------|
| J.P.B.              | 40 m | Ver    | Kogel  | 1000 m |
| Kjell Vogel         | 7.2  | 3.17 m | 5.23 m | 4.02.2 |
| Sjoerd Hövels       | 7.4  | 2.68 m | 4.88 m |        |
| Andre Louis Wassing | 6.9  | 3.35 m | 5.01 m | 3.44.2 |
| Jorne Hagens        | 7.4  | 2.81 m | 5.06 m | 4.42.2 |
| Laurens Wientjes    | 7.6  | 2.86 m | 3.98 m | 3.50.7 |
| Joep Brinkers       | 7.0  | 3.21 m | 3.61 m | 3.32.3 |

|                       |      |        |        |        |
|-----------------------|------|--------|--------|--------|
| J.P.A.                | 60 m | Hoog   | Kogel  | 1000 m |
| Arno Daleman          | 10.0 | 0.95 m | 5.26 m | 3.28.4 |
| Xander Lutje Spelberg | 9.8  | 1.05 m | 6.22 m |        |
| Anton Wientjes        | 9.9  | 0.90 m | 5.17 m | 4.13.0 |
| Roy Nijkamp           | 10.5 | 0.80 m | 5.62 m | 4.30.1 |
| Ruben Pillen          | 10.0 | 0.95 m | 5.90 m | 3.51.6 |

## Hengelo 04-07-93 2e Competitiewedstrijd Senioren

|                      |        |         |      |
|----------------------|--------|---------|------|
| Heren                |        |         |      |
| Michel Stoverink     | 100 m  | 12.4    | M 26 |
| Paul Wormgoor        | 100 m  | 12.2    | M 20 |
| Gerton Berkemeijer   | 110 mh | 22.1    | J.A. |
| Erwin Leussenkamp    | 400 m  | 56.5    | M 24 |
| Geert Klein Bruinink | 1500 m | 4.47.8  | M 28 |
| Robert Leussenkamp   | 5000 m | 16.26.0 | M 28 |
| Michel Stoverink     | Ver    | 5.46 m  | M 26 |
| Erwin Leussenkamp    | Hoog   | 1.70 m  | M 24 |
| Paul Wormgoor        | Kogel  | 11.05 m | M 20 |
| Herbert Garritsen    | Discus | 25.56 m | M 27 |
| Gerton Berkemeijer   | Speer  | 43.78 m | J.A. |

**Hengelo 08-07-93 Senioren Instuif Laac**

**Enschede 10-07-93 Blokwedstrijd Pupillen en D Junioren AC Tion**

**Enschede 17-07-93 Pupillen C/D Wedstrijd AC Fortis**

**Apeldoorn 14-08-93 10 EM AV Veluwe**

**Aalten 17-08-93 Zomeravond Trimloop AVA'70**

**Goor 21-08-93 Wegwedstrijd 10 km AV Goor**

**Amsterdam 21/22-08-93 Nationale C Spelen**

**Oldenzaal 22-08-93 Black and White Halve Marathon**

**Hengelo 25-08-93 Baanwedstrijd Senioren A/B Junioren DAV Kronos**

**Lochem 28-08-93 Witte Wievenloop AV de Cloese**

**Warnsveld 04-09-93 24e Hanzeloop**

|                    |                       |             |               |
|--------------------|-----------------------|-------------|---------------|
| <b>Heren</b>       | <b>Halve Marathon</b> |             |               |
| <b>Frans Gober</b> | <b>1.16.47</b>        | <b>M 34</b> | <b>25e pl</b> |

**Enschede 04-09-93 Interland Nederland - Westfalen C Junioren AC Tion**

**Hengelo 11-09-93 3e Medaillewedstrijd MPM - KEV**

|                      |               |               |                |
|----------------------|---------------|---------------|----------------|
| <b>M.P.B.</b>        | <b>1000 m</b> | <b>Ver</b>    | <b>Bal</b>     |
| <b>Inge Thijssen</b> | <b>4.44.4</b> | <b>2.97 m</b> | <b>14.74 m</b> |

|                     |             |               |                |
|---------------------|-------------|---------------|----------------|
| <b>M.P.A.</b>       | <b>60 m</b> | <b>Hoog</b>   | <b>Bal</b>     |
| <b>Karin Lukens</b> | <b>10.3</b> | <b>0.95 m</b> | <b>12.10 m</b> |

|                         |             |               |               |
|-------------------------|-------------|---------------|---------------|
| <b>M D.</b>             | <b>60 m</b> | <b>Hoog</b>   | <b>Kogel</b>  |
| <b>Marleen Scholten</b> | <b>9.5</b>  | <b>1.05 m</b> | <b>6.14 m</b> |
| <b>Femia Metz</b>       | <b>9.8</b>  | <b>1.10 m</b> | <b>6.94 m</b> |

|                           |             |               |                |
|---------------------------|-------------|---------------|----------------|
| <b>J.P.C.</b>             | <b>40 m</b> | <b>Ver</b>    | <b>Bal</b>     |
| <b>Stijn Goossens</b>     | <b>7.9</b>  | <b>2.65 m</b> | <b>19.60 m</b> |
| <b>Martijn Siemerink</b>  | <b>8.3</b>  | <b>2.15 m</b> | <b>10.16 m</b> |
| <b>Tamo Vogel</b>         | <b>7.8</b>  | <b>2.40 m</b> | <b>14.08 m</b> |
| <b>Jan Joris te Kulve</b> | <b>7.8</b>  | <b>2.66 m</b> | <b>12.46 m</b> |
| <b>Joost Scharenborg</b>  | <b>7.5</b>  | <b>2.93 m</b> | <b>9.28 m</b>  |

## Hengelo 11-09-93 3e Medaillewedstrijd MPM - KEV vervolg

|                     |      |        |        |
|---------------------|------|--------|--------|
| J.P.B.              | 40 m | Hoog   | Kogel  |
| Remco Nijkamp       | 8.7  | 0.75 m | 3.36 m |
| Laurens Wientjes    | 7.8  | 0.90 m | 4.28 m |
| Sander Arends       | 7.4  | 0.90 m | 4.19 m |
| Andre Louis Wassing | 7.1  | 0.90 m | 4.86 m |
| Kjell Vogel         | 7.3  | 0.90 m | 5.57 m |

|                |        |        |        |
|----------------|--------|--------|--------|
| J.P.A.         | 1000 m | Ver    | Kogel  |
| Arno Daleman   | 3.38.3 | 3.66 m | 5.21 m |
| Roy Nijkamp    | 4.33.0 | 2.04 m | 5.62 m |
| Ruben Pillen   | 3.59.1 | 3.19 m | 5.43 m |
| Remco Verdoold | 4.02.0 | 3.24 m | 6.38 m |

|                      |         |        |         |
|----------------------|---------|--------|---------|
| J.D.                 | 1000 m  | Ver    | Kogel   |
| Jelle Broekman       | 3.56.5  | 3.55 m | 5.47 m  |
| Ivo Maatman          | x       | x      | 7.03 m  |
| Thomas Notten        | x       | 3.47 m | 5.85 m  |
| Joost Ottink         | 3.39.3  | 3.69 m | 6.96 m  |
| Matthijs ten Have    | 4.05.0- | 3.90 m | 8.64 m  |
| Jurgen Arends        | 4.04.0  | 3.53 m | 5.71 m  |
| Micha Lutje Spelberg | 3.39.2  | 4.79 m | 10.57 m |

|                 |       |        |         |
|-----------------|-------|--------|---------|
| J.C.            | 100 m | Hoog   | Speer   |
| Stefan Mol      | 13.9  | 1.40 m | 32.44 m |
| Tom Hulzink     | 13.0  |        | 32.36 m |
| Ronald Boomkamp | 15.4  | 1.20 m | 13.34 m |

|               |      |        |        |
|---------------|------|--------|--------|
| M D.          | 60 m | 600 m  | Ver    |
| Margo Hulzink | 10.8 | 2.12.0 | 3.00 m |

|                      |      |        |        |         |
|----------------------|------|--------|--------|---------|
| J.D.                 | 80 m | 1000 m | Ver    | Speer   |
| Joost Ottink         | 12.6 |        | 3.77 m |         |
| Micha Lutje Spelberg | 10.7 | 3.50.6 | 4.99 m | 29.22 m |
| Dries Lasonder       | 12.9 | 3.41.7 | 3.64 m | 14.92 m |

## Almelo 11-09-93 Halve Marathon Sisu

## Eibergen 12-09-93 CD Junioren Wedstrijd

|                 |       |        |        |         |
|-----------------|-------|--------|--------|---------|
| J.C.            | 100 m | 1500 m | Hoog   | Kogel   |
| Tom Hulzink     | 13.5  |        | 1.50 m | 9.09 m  |
| Stefan Mol      |       |        | 1.35 m | 11.46 m |
| Bram de Groot   | 15.1  | 6.28.4 |        |         |
| Ronald Boomkamp | 15.5  | 5.09.0 |        |         |

## Oldenzaal 12-09-93 Essenloop Laac

## Enschede 17-09-93 Baanwedstrijd Senioren A/B Junioren AC Tion

## Almelo 18-09-93 Pupillen C/D Wedstrijd Sisu

**Amsterdam 19-09-93 Nationale D Spelen Blauw - Wit**

|                      |       |       |  |
|----------------------|-------|-------|--|
| J.D.                 | 80 mh |       |  |
| Micha Lutje Spelberg | 12.2  | 1e pl |  |

**Oldenzaal 19-09-93 Halve Marathon Laac**

**Hengelo 19-09-93 Baanwedstrijd Senioren A/B /C/D Junioren AC Fortis**

**Enschede 25-09-93 4e Medaillewedstrijd AC Tion**

**Haaksbergen 26-09-93 10 km Sterloop**

|                    |       |      |        |
|--------------------|-------|------|--------|
| Heren              | 10 km |      |        |
| Frans Gober        | 34.40 | M 34 | 13e pl |
| Robert Leussenkamp | 34.59 | M 28 | 15e pl |

**Zevenaar 26-09-92 Interland Distrikt Oost - Münsterland De Liemers**

|                   |       |
|-------------------|-------|
| M.C.              | Speer |
| Mira te Nijenhuis | ?     |

**Haaksbergen 02-10-93 Pupillen C/D Wedstrijd Openingswedstrijd Nieuwe Baan AVH**

|             |      |        |        |
|-------------|------|--------|--------|
| M.P.A.      | 60 m | Ver    | Kogel  |
| Magne Vogel | 10.3 | 3.05 m | 5.42 m |

|               |      |        |         |
|---------------|------|--------|---------|
| J.P.C.        | 40 m | Ver    | Bal     |
| Tamo Vogel    | 8.0  | 2.56 m | 10.60 m |
| Remco Nijkamp | 8.6  | 2.33 m | 12.53 m |

|             |      |        |        |
|-------------|------|--------|--------|
| J.P.B.      | 40 m | Ver    | Kogel  |
| Kjell Vogel | 7.4  | 3.28 m | 5.18 m |

|              |      |        |        |
|--------------|------|--------|--------|
| J.P.A.       | 60 m | Ver    | Kogel  |
| Arno Daleman | 9.9  | 3.49 m | 5.26 m |
| Roy Nijkamp  | 11.1 | 2.73 m | 5.36 m |

**Enschede 02-10-93 Halve Marathon AC Tion**

**Groenlo 03-10-93 Kanonsloop**

**Zwolle 09-10-93 Open Oost Nederlands Kampioenschappen Halve Marathon PEC 1910**

**Eindhoven 10-10-93 Marathon en NK Marathon Veteranen**

**Oldenzaal 10-10-93 Hulsbeekloop AC Fortis**

## Enschede 17-10-93 Senioren A/B/C/ Junioren Slotwedstrijd AC Tion

|                   |        |
|-------------------|--------|
| M.C.              | 1000 m |
| Angeliën ten Have | 3.40.1 |
| J.C.              | 800 m  |
| Ronald Boomkamp   | 2.27.6 |
| J.B.              | 100 m  |
| Michael Douglas   | 13.1   |

## Holten 30-10-93 Diepe Hel Holterbergloop AV Athletics

|                      |         |      |
|----------------------|---------|------|
| Heren                | 10 EM   |      |
| Theo Schootman       | 59.37   | M 44 |
| Robert Leussenkamp   | 57.18   | M 28 |
| Gerrit Harder        | 59.52   | M 40 |
| Geert Klein Bruinink | 1.01.35 | M 28 |
| Herman Heideveld     | 1.03.14 | M 41 |
| Pim van Vuren        | 1.03.46 | M 46 |
| Henk Daleman         | 1.06.52 | M 40 |
| Mike Wientjes        | 1.07.55 | M 35 |
| Henk Wesselink       | 1.08.15 | M 43 |
| Leo Sijtsma          | 1.14.11 | M 52 |
| Bennie Huurne        | 1.19.14 | M 58 |

## Gaanderen 31-10-93 39e Argoloop AV Argo

## Enschede 31-10-93 Indoorwedstrijd AC Tion

|                  |      |        |        |
|------------------|------|--------|--------|
| M.P.A.           | 60 m | Hoog   | Kogel  |
| Magne Vogel      | 10.0 | 1.15 m | 6.08 m |
| Marlies Breteler | 10.1 | 0.95 m | 5.38 m |
| Karin Lukens     | 10.0 | 1.00 m | 4.53 m |
| M D.             | 60 m | 60 mh  |        |
| Margo Hulzink    | 10.2 |        |        |
| Marleen Scholten | 9.7  | 12.6   |        |
| J.P.C.           | 40 m | Hoog   | Kogel  |
| Remco Nijkamp    | 8.4  | 0.75 m | 5.04 m |

## Enschede 31-10-93 Indoorwedstrijd AC Tion vervolg

|                      |         |        |        |        |       |
|----------------------|---------|--------|--------|--------|-------|
| J.P.B.               | 40 m    | Hoog   | Kogel  |        |       |
| Andre Louis Wassing  | 6.9     | 1.00 m | 5.48 m |        |       |
| J.P.A.               | 60 m    | Hoog   | Kogel  |        |       |
| Remco Verdoold       | 10.3    | 1.00 m | 6.70 m |        |       |
| Arno Daleman         | 10.4    | 1.10 m | 5.54 m |        |       |
| Nick Kamers          | 10.6    | 1.05 m | 5.51 m |        |       |
| Ruben Pillen         | 10.0    | 1.00 m | 4.78 m |        |       |
| Roy Nijkamp          | 10.9    | 0.95 m | 5.76 m |        |       |
| J.D.                 | 60 m    |        | 60 mh  | Hoog   |       |
| Micha Lutje Spelberg | 8.3     | 3e pl  | 9.6    | 1.50 m | 3e pl |
| Jelle Broekman       | 9.7     |        | 12.5   |        |       |
| J.C.                 | Kogel   |        |        |        |       |
| Stefan Mol           | 10.79 m |        |        |        |       |

## Eibergen 03-11-93 Coopertest ASV

## Lochem 07-11-93 Wilde Zandcross AV Hanzesport

### Haaksbergen 07-11-93 21e Pingelloop

|                     |         |        |       |
|---------------------|---------|--------|-------|
| M.P.C.              | 11.40 m |        |       |
| Esli Vogel          | 5.45.0  | 1e pl  |       |
| M.P.A.              | 1140 m  |        |       |
| Karin Meijer        | 5.05.0  | 5e pl  |       |
| Inge Thijssen       | 5.49.0  | 12e pl |       |
| M D.                | 1650 m  |        |       |
| Suzanne Dijkstra    | 7.08.0  | 5e pl  |       |
| Karin Lukens        | 7.13.0  | 7e pl  |       |
| Magne Vogel         | ?       | 9e pl  |       |
| M.C.                | 2150 m  |        |       |
| Angeliën ten Have   | 8.37.0  | 3e pl  |       |
| Dames               | 4300 m  |        |       |
| Janny Nijkamp       | 7e pl   | V 36   |       |
| J.P.C.              | 11.40 m |        |       |
| Tamo Vogel          | 5.06.0  | 2e pl  |       |
| Ard Nijkamp         | 6.13.0  | 8e pl  |       |
| Robert Jan te Kulve | 6.18.0  | 11e pl |       |
| J.P.B.              |         |        |       |
| Thijs Pieterse      | 5.21.0  | 3e pl  |       |
| Jan Joris te Kulve  | 5.22.0  | 4e pl  |       |
| Remco Nijkamp       | 5.28.0  | 6e pl  |       |
| J.P.A.              | 1140 m  |        |       |
| Joep Brinkers       | 4.20.4  | 1e pl  |       |
| Arno Daleman        | 4.25.7  | 2e pl  |       |
| Ruben Pillen        | 4.36.0  | 5e pl  |       |
| Kjell Vogel         | 4.43.0  | 9e pl  |       |
| Andre Louis Wassing | 4.45.0  | 11e pl |       |
| Laurens Wientjes    | 4.50.0  | 13e pl |       |
| Joost Scharenborg   | 5.05.0  | 20e pl |       |
| Roy Nijkamp         | 5.29.0  | 23e pl |       |
| J.D.                | 1650 m  |        |       |
| Jelle Broekman      | 7.53 0  | 16e pl |       |
| J.C.                | 2150 m  |        |       |
| Ronald Boomkamp     | 7.20.2  | 2e pl  |       |
| Tom Hulzink         | 8.09.0  | 6e pl  |       |
| Joost Ottink        | 8.34.0  | 11e pl |       |
| Ivo Maatman         | 8.34.0  | 11e pl |       |
| J.B.                |         |        |       |
| Nick Maatman        |         |        |       |
| Heren               | 10700 m |        |       |
| Robert Leussenkamp  | 38.17.0 | M 28   | 7e pl |
| Theo Schootman      | ?       | M 44   | 9e pl |

1e plaats ASV 109 pnt



**Aalten 13-11-93 1e Loohuiscross AVA '70**

**Enschede 13-11-1993 1e Wedstrijd Oostelijke Cross Competitie**

|                  |         |        |
|------------------|---------|--------|
| M.D. 1e Jaars    | 1468 m  |        |
| Karin Lukens     | 7.05.0  | 19e pl |
| M.D. 2e jaars    | 1468    |        |
| Suzanne Dijkstra | 6.14.0  | 13e pl |
| J.P.A. 2e jaars  | 998 m   |        |
| Arno Daleman     | 3.48.0  | 5e pl  |
| J.D. 2e jaars    | 1896 m  |        |
| Dries Lasonder   | 7.39.0  | 28e pl |
| J.C. 1e jaars    | 2466 m  |        |
| Ivo Maatman      | 10.02.0 | 22e pl |
| Joost Ottink     | 10.21.0 | 31e pl |
| J.C. 2e jaars    | 2466 m  |        |
| Ronald Boomkamp  | 8.54.0  | 10e pl |

**Doetinchem 14-11-93 9e Halve Marathon AV Argo**

**Enschede 14-11-93 Pupillen C/D Junioren Indoorwedstrijd AC Fortis**

**Nijverdal 20-11-93 Crossloop Athletics**

**Haaksbergen 21-11-93 13e Bultencross ASV Eibergen**

**Nijmegen 21-11-93 Zevenheuvelenloop**

**Aalten 27-11-93 2e Loohuiscross AVA '70**

**Markelo 28-11-93 Herikenbergloop AV Goor '75**

|                   |        |       |
|-------------------|--------|-------|
| M.P.C.            | 1200 m |       |
| Esli Vogel        | 6.05   | 1e pl |
| M.P.A.            | 1200 m |       |
| Karin Meijer      | 5.30   | 3e pl |
| Inge Thijssen     | 6.18   | 9e pl |
| M D.              | 1200 m |       |
| Suzanne Dijkstra  | 4.59   | 4e pl |
| Karin Lukens      | 5.19   | 6e pl |
| Magne Vogel       | 5.35   | 8e pl |
| M.C.              | 1600 m |       |
| Angelien ten Have | 6.17   | 1e pl |

## Markelo 28-11-93 Herikenbergloop AV Goor '75 vervolg

### Dames

|               |       |      |       |
|---------------|-------|------|-------|
| Janny Nijkamp | 14.45 | V 36 | 4e pl |
|---------------|-------|------|-------|

|        |        |  |  |
|--------|--------|--|--|
| J.P.C. | 1200 m |  |  |
|--------|--------|--|--|

|                     |      |        |  |
|---------------------|------|--------|--|
| Tamo Vogel          | 5.36 | 1e pl  |  |
| Armin Pillen        | 6.06 | 2e pl  |  |
| Robert Jan te Kulve | 6.38 | 7e pl  |  |
| Ard Nijkamp         | 7.05 | 9e pl  |  |
| Joris Pieterse      | 7.27 | 11e pl |  |

|        |        |  |  |
|--------|--------|--|--|
| J.P.B. | 1200 m |  |  |
|--------|--------|--|--|

|                    |      |       |  |
|--------------------|------|-------|--|
| Remco Nijkamp      | 5.48 | 3e pl |  |
| Jan Joris te Kulve | 5.54 | 5e pl |  |
| Thijs Pieterse     | 6.02 | 6e pl |  |
| Jasper Franco      | 6.09 | 9e pl |  |

|        |        |  |  |
|--------|--------|--|--|
| J.P.A. | 1200 m |  |  |
|--------|--------|--|--|

|                     |      |        |  |
|---------------------|------|--------|--|
| Joep Brinkers       | 4.42 | 1e pl  |  |
| Ruben Pillen        | 5.05 | 4e pl  |  |
| Andre Louis Wassing | 5.11 | 7e pl  |  |
| Kjell Vogel         | 5.15 | 8e pl  |  |
| Laurens Wientjes    | 5.20 | 9e pl  |  |
| Joost Scharenborg   | 5.31 | 13e pl |  |
| Roy Nijkamp         | 5.42 | 16e pl |  |
| Jorne Hagens        | 6.07 | 21e pl |  |

|      |        |  |  |
|------|--------|--|--|
| J.D. | 1200 m |  |  |
|------|--------|--|--|

|                |      |       |  |
|----------------|------|-------|--|
| Jelle Broekman | 4.57 | 8e pl |  |
|----------------|------|-------|--|

|      |        |  |  |
|------|--------|--|--|
| J.C. | 1600 m |  |  |
|------|--------|--|--|

|                 |      |       |  |
|-----------------|------|-------|--|
| Ronald Boomkamp | 5.26 | 2e pl |  |
| Bram de Groot   | 6.01 | 6e pl |  |
| Ivo Maatman     | 6.02 | 7e pl |  |
| Joris Pardijs   | 6.15 | 8e pl |  |
| Joost Ottink    | 6.16 | 9e pl |  |

|      |  |  |  |
|------|--|--|--|
| J.B. |  |  |  |
|------|--|--|--|

|              |       |       |  |
|--------------|-------|-------|--|
| Nick Maatman | 12.30 | 5e pl |  |
|--------------|-------|-------|--|

## Tilburg 28-11-93 35e Warandeloop

### Enschede 04-12-93 Diesloop

|        |        |  |  |
|--------|--------|--|--|
| M.P.C. | 1060 m |  |  |
|--------|--------|--|--|

|            |      |       |  |
|------------|------|-------|--|
| Esli Vogel | 5.03 | 1e pl |  |
|------------|------|-------|--|

|        |        |  |  |
|--------|--------|--|--|
| M.P.B. | 1060 m |  |  |
|--------|--------|--|--|

|               |      |       |  |
|---------------|------|-------|--|
| Nicole Roders | 5.36 | 3e pl |  |
|---------------|------|-------|--|

|        |        |  |  |
|--------|--------|--|--|
| M.P.A. | 1060 m |  |  |
|--------|--------|--|--|

|              |      |        |  |
|--------------|------|--------|--|
| Karin Meijer | 5.44 | 12e pl |  |
|--------------|------|--------|--|

|      |        |  |  |
|------|--------|--|--|
| M D. | 1475 m |  |  |
|------|--------|--|--|

|              |      |       |  |
|--------------|------|-------|--|
| Karin Lukens | 6.10 | 4e pl |  |
| Magne Vogel  | 6.14 | 6e pl |  |

|      |        |  |  |
|------|--------|--|--|
| M.C. | 1860 m |  |  |
|------|--------|--|--|

|                   |      |       |  |
|-------------------|------|-------|--|
| Angelien ten Have | 7.37 | 3e pl |  |
|-------------------|------|-------|--|

## Enschede 04-12-93 Diesloop vervolg

|                     |        |        |       |
|---------------------|--------|--------|-------|
| Dames               | 5110 m |        |       |
| Janny Nijkamp       | 25.05  | V 36   | 1e pl |
| J.P.C.              | 1060 m |        |       |
| Armin Pillen        | 4.41   | 1e pl  |       |
| Joris Pietersen     | 5.34   | 3e pl  |       |
| Ard Nijkamp         | 5.35   | 4e pl  |       |
| J.P.B.              | 1060 m |        |       |
| Remco Nijkamp       | 4.46   | 2e pl  |       |
| Jasper Franco       | 4.57   | 4e pl  |       |
| Stijn Goossens      | 4.59   | 5e pl  |       |
| Thijs Pietersen     | 5.10   | 6e pl  |       |
| J.P.A.              | 1060 m |        |       |
| Joep Brinkers       | 3.48   | 1e pl  |       |
| Arno Daleman        | 3.51   | 2e pl  |       |
| Andre Louis Wassing | 4.13   | 5e pl  |       |
| Kjell Vogel         | 4.14   | 6e pl  |       |
| Joost Scharenborg   | 4.23   | 12e pl |       |
| Roy Nijkamp         | 5.00   | 22e pl |       |
| Jorne Hagens        | 5.04   | 23e pl |       |
| J.D.                | 1860 m |        |       |
| Dries Lasonder      | 7.39   | 13e pl |       |
| Jelle Broekman      | 7.45   | 14e pl |       |
| J.C.                | 2685 m |        |       |
| Ronald Boomkamp     | 9.45   | 2e pl  |       |
| Bram de Groot       | 10.39  | 7e pl  |       |
| Ivo Maatman         | 10.52  | 8e pl  |       |
| Joost Ottink        | 11.09  | 10e pl |       |
| Tom Hulzink         | 11.42  | 12e pl |       |

## Epe 11-12-93 2e Wedstrijd Oostelijke Cross Competitie

|                   |         |        |  |
|-------------------|---------|--------|--|
| M.D. 2e jaars     | 2000 m  |        |  |
| Suzanne Dijkstra  | 7.17.2  | 17e pl |  |
| M.C.              | 2000 m  |        |  |
| Angeliën ten Have | 8.19.2  | 11e pl |  |
| J.P.A. 2e jaars   | 1000 m  |        |  |
| Arno Daleman      | 4.00.1  | 5e pl  |  |
| J.D. 2e jaars     | 2000 m  |        |  |
| Dries Lasonder    | 8.37.4  | 20e pl |  |
| Jelle Broekman    | 9.09.9  | 31e pl |  |
| J.C. 1e jaars     | 2500 m  |        |  |
| Ivo Maatman       | 10.42.6 | 22e pl |  |
| Joost Ottink      | 10.59.1 | 32e pl |  |
| J.C. 2e jaars     | 2500 m  |        |  |
| Ronald Boomkamp   | 9.27.9  | 9e pl  |  |
| Tom Hulzink       | 11.17.6 | 28e pl |  |

## Losser 12-12-93 Kerstcross

|                   |         |        |
|-------------------|---------|--------|
| M.P.A.            | 1000 m  |        |
| Karin Meijer      | 4.18.0  | 8e pl  |
| M.C.              | 2000 m  |        |
| Angeliën ten Have | 8.13.0  | 2e pl  |
| J.P.C.            | 1000 m  |        |
| Armin Pillen      | 4.35.0  | 2e pl  |
| Ard Nijkamp       | 5.19.0  | 6e pl  |
| Joris Pietersen   | 5.31.0  | 8e pl  |
| J.P.B.            | 1000 m  |        |
| Jasper Franco     | 4.43.0  | 3e pl  |
| Remco Nijkamp     | 4.46.0  | 4e pl  |
| Thijs Pietersen   | 4.48.0  | 5e pl  |
| J.P.A.            | 1000 m  |        |
| Joep Brinkers     | 3.39.0  | 1e pl  |
| Kjell Vogel       | 4.03.0  | 6e pl  |
| Joost Scharenborg | 4.14.0  | 11e pl |
| Ruben Pillen      | 4.31.0  | 15e pl |
| Roy Nijkamp       | 4.46.0  | 18e pl |
| J.C.              | 2500 m  |        |
| Ronald Boomkamp   | 9.22.0  | 1e pl  |
| Ivo Maatman       | 10.39.0 | 6e pl  |
| Joost Ottink      | 10.49.0 | 7e pl  |
| ,                 |         |        |
| J.B.              | 4000 m  |        |
| Nick Maatman      | 16.40.0 | 5e pl  |

## Rijssen 18-12-93 Schwarzwaldcross AV Rijssen

**Leden 1994**

geb .d.d

d.d in

d.d. uit

**M.P.C.**

|                   |      |     |          |          |
|-------------------|------|-----|----------|----------|
| Marlies Berteler  | 1987 | V 7 | 01.12.93 | 01.07.95 |
| Marike Brinkers   | 1987 | V 7 | 01.10.94 | 30.04.06 |
| Maaïke Emsbroek   | 1987 | V 7 | 01.10.94 | 01-10-02 |
| Dieuwertje Hammer | 1987 | V 7 | 30.05.94 | 31.12.99 |
| Nienke Reinderink | 1986 | V 8 | 15.09.93 | 01.04.96 |
| Esli Vogel        | 1986 | V 8 | 01.11.93 | 30.09.06 |
| Tess Wesselo      | 1989 | V 5 | 22.11.94 | 20.02.96 |

**M.P.B.**

|                       |      |     |          |          |
|-----------------------|------|-----|----------|----------|
| Liesbeth ten Barge    | 1985 | V 9 | 01.12.93 | 01.07.96 |
| Rosemarijn Berteler   | 1985 | V 9 | 15.11.93 | 01.07.95 |
| Tessa Marleen Janssen | 1985 | V 9 | 29-11-93 |          |
| Nicole Roders         | 1985 | V 9 | 01.11.93 | 01.07.00 |
| Reina Visser          | 1985 | V 9 | 01.06.93 | 01.07.98 |
| Karin Wientjes        | 1985 | V 9 | 27-06-94 |          |

**M.P.A.**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Johanneke Lageschaar | 1983 | V 11 | 17.04.94 | 01.06.95 |
| Karin Meijer         | 1983 | V 11 | 15.09.92 | 01.07.98 |
| Inge Thijssen        | 1984 | V 10 | 15.06.93 | 01.07.00 |

**M.D.**

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Suzanne Dijkstra | 1981 | V 13 | 27.10.93 |          |
| Lizette Hendriks | 1981 | V 13 | 15.11.93 | 19.03.97 |
| Bella Hendriks   | 1981 | V 13 | 15.11.93 | 19.03.97 |
| Nienke Hövels    | 1982 | V 12 | 01.11.91 | 01.07.95 |
| Margo Hulzink    | 1981 | V 13 | 01.04.93 | 01.05.95 |
| Karin Lukens     | 1982 | V 12 | 15.04.90 | 01.12.99 |
| Wilma te Raaij   | 1981 | V 13 | 20.04.94 | 31.12.99 |
| Marleen Scholten | 1981 | V 13 | 01.12.92 | 01.05.96 |
| Magne Vogel      | 1982 | V 12 | 31.10.93 | 01.08.00 |

**M.C.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Angélien ten Have | 1979 | V 15 | 01.01.89 | 31.12.98 |
| Femia Metz        | 1980 | V 14 | 10.02.93 | 01.11.96 |

**M.B.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Renate Hummelink  | 1978 | V 16 | 20-12-93 | 30.04.06 |
| Hadewich Huitema  | 1977 | V 17 | 01.10.94 | 31.08.02 |
| Mira te Nijenhuis | 1977 | V 17 | 07.10.84 | 01.05.00 |
| Marieke Markerink | 1978 | V 16 | 17-01-94 | 01.03.00 |
| Kim Oldenboom     | 1978 | V 16 | 01.02.92 | 01.07.95 |

**Dames**

|                          |      |      |          |          |
|--------------------------|------|------|----------|----------|
| Alie Bartelink           | 1944 | V 50 | 1976     |          |
| Trijn Bats               |      |      |          |          |
| Marjet te Biesebeek      | 1961 | V 33 | 01.03.94 |          |
| Ine Brinkman             | 1960 | V 34 | 01.06.85 | 31.12.99 |
| Marieke Droppers         | 1971 | V 23 | 01.06.94 | 01.08.95 |
| Henriette van der Duim   | 1964 | V 30 | 01.01.94 | 01.11.98 |
| Silvia Eppink            | 1957 | V 37 | 01.01.90 | 01.04.95 |
| Alie ten Have            | 1956 | V 38 | 01.10.92 |          |
| Marielle van der Heijden | 1972 | V 22 | 1988     | 01.07.95 |
| Lies Jacobs              | 1948 | V 46 | 01.10.90 | 14.04.97 |
| Rolin Kluivers           | 1953 | V 41 | 01.09.91 |          |
| Marga van Loosen         | 1955 | V 39 | 01.06.93 | 01.07.98 |
| Yvonne van Loosen        | 1955 | V 39 | 01.04.94 | 01.02.01 |
| Marian Lukens            |      |      |          |          |
| Sacha Lutje Spelberg     | 1948 | V 46 | 01.01.90 |          |
| Diana Luyrink            | 1959 | V 35 | 01.10.94 |          |
| Janny te Nijenhuis       | 1948 | V 46 | 01-01-90 |          |

## Dames vervolg

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Kitty de Marie       | 1947 | V 47 | 01.04.88 |          |
| Janny Nijkamp        | 1957 | V 37 | 01.11.89 |          |
| Hillie van de Peppel | 1954 | V 40 | 01-10-92 | 01-10-95 |
| Karin Tankink        | 1956 | V 38 | 17.04.94 | 01.06.95 |
| Janny Tuit           | 1955 | V 39 | 01.10.89 | 31.12.95 |
| Ineke Visser         | 1955 | V 39 | 15.09.92 | 01.07.98 |
| Anje Wedel           |      |      |          |          |
| Hillie Weenink       | 1954 | V 40 | 01.10.92 | 01.09.95 |
| Gerda Wiggers        |      |      |          |          |
| Doris Willekes       | 1963 | V 31 | 01.05.84 | 01.11.02 |
| Ada ter Woerds       | 1955 | V 39 | 01.03.94 | 01.09.00 |
| Liliane Zuidema      | 1966 | V 28 | 01.03.94 | 01.08.02 |

## J.P.C.

|                      |      |     |          |          |
|----------------------|------|-----|----------|----------|
| Hidde Braakman       | 1988 | M 6 | 27.10.93 | 01.09.99 |
| Wessel Braakman      | 1986 | M 8 | 01.03.93 | 01.09.99 |
| Maarten Jan Berteler | 1987 | M 7 | 15.11.93 | 19.03.97 |
| Rik Bruil            | 1988 | M 6 | 11-04.94 | 01.07.95 |
| Robert Jan te Kulve  | 1987 | M 7 | 25-10-93 | 01.05.95 |
| Ard Nijkamp          | 1987 | M 7 | 15.04.90 | 01.12.99 |
| Joris Pietersen      | 1987 | M 7 | 15.03.93 | 31.12.96 |
| Armin Pillen         | 1987 | M 7 | 15.04.93 | 25.08.02 |
| Martijn Siemerink    | 1987 | M 7 | 01.02.93 | 30.09.96 |
| Wouter Siemerink     | 1988 | M 6 | 01.04.94 | 01.08.95 |
| Niek Thijssen        | 1987 | M 7 | 08-11-93 | 31.12.98 |
| Tamo Vogel           | 1986 | M 8 | 01.11.92 | 01.11.03 |

## J.P.B.

|                      |      |     |          |          |
|----------------------|------|-----|----------|----------|
| Jasper Franco        | 1985 | M 9 | 01.01.94 | 01.05.00 |
| Ruud Geerdes         | 1985 | M 9 | 1994     | 31.03.03 |
| Stijn Goossens       | 1985 | M 9 | 01.10.92 | 01.04.96 |
| Koen de Graaf        | 1985 | M 9 | 15.11.93 | 01.08.95 |
| Jan Joris te Kulve   | 1985 | M 9 | 01-05-92 | 01.07.95 |
| Remco Nijkamp        | 1985 | M 9 | 15.02.91 |          |
| Thijs Pietersen      | 1985 | M 9 | 01.07.91 | 01.05.95 |
| Klaas Jan Lageschaar | 1985 | M 9 | 01.07.94 | 01.06.95 |

## J.P.A.

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Frank van Amersfoort | 1983 | M 11 | 28.03.94 | 01.04.95 |
| Sander Arends        | 1984 | M 10 | 20.09.93 |          |
| Tom Braakman         | 1984 | M 10 | 01.03.93 | 01.09.99 |
| Joep Brinkers        | 1984 | M 10 | 01.02.92 |          |
| Arno Daleman         | 1983 | M 11 | 01.11.89 | 01-10-97 |
| Jorne Hagens         | 1984 | M 10 | 01.10.89 |          |
| Sjoerd Hövels        | 1984 | M 10 | 01.01.90 |          |
| Nick Kamers          | 1983 | M 11 | 01.05.84 | 01.11.02 |
| Roy Nijkamp          | 1983 | M 11 | 01.10.90 |          |
| Ruben Pillen         | 1983 | M 11 | 01.06.90 | 01.05.00 |
| Joost Scharenborg    | 1984 | M 10 | 15.03.92 | 01.07.95 |
| Kjell Vogel          | 1984 | M 10 | 01-03-91 |          |
| Andre Louis Wassing  | 1984 | M 10 | 01.09.91 | 16.08.02 |
| Laurens Wientjes     | 1984 | M 10 | 01-09-91 |          |
| Lu Zhizong           | 1983 | M 11 | 01.07.94 | 31.12.95 |

## J.D.

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Jelle Broekman        | 1981 | M 13 | 23-06-93 | 1994     |
| Wilco Geerdes         | 1982 | M 12 | 15.03.93 | 31.12.96 |
| Matthijs ten Have     | 1981 | M 13 | 01.09.88 | 31.12.96 |
| Oscar Hendrikx        | 1982 | M 12 | 01.02.93 | 30.09.96 |
| Jetze van de Kamp     | 1981 | M 13 | 01.04.94 | 01.08.95 |
| Xander Lutje Spelberg | 1982 | M 12 | 08.11.93 | 15.07.01 |
| Thomas Notten         | 1981 | M 13 | 01.11.92 | 01.11.03 |
| Lucas van Uem         | 1982 | M 12 | 15.09.93 | 01.07.95 |
| Remco Verdoold        | 1982 | M 12 | 26-04-92 | 01.04.98 |

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| <b>J.C.</b>          |      |      |          |          |
| Ronald Boomkamp      | 1979 | M 15 | 01.07.87 |          |
| Bram de Groot        | 1979 | M 15 | 15.03.92 | 01.07.95 |
| Tom Hulzink          | 1979 | M 15 | 15.02.91 | 1994     |
| Micha Lutje Spelberg | 1980 | M 14 | 01.07.91 | 01.05.95 |
| Ivo Maatman          | 1980 | M 14 | 01.07.94 | 01.06.95 |
| Thomas Notten        | 1980 | M 14 | 21-10-92 | 1994     |
| Joost Ottink         | 1980 | M 14 | 01.06.90 | 01.12.98 |
| Joris Pardijs        | 1980 | M 14 | 28.03.94 | 01.04.95 |
| Patrick Postma       | 1979 | M 15 | 10-03-93 | 1994     |
| <b>J.B.</b>          |      |      |          |          |
| Wilfred Brons        | 1978 | M 16 | 01.10.92 | 01.11.98 |
| Michael Douglas      | 1977 | M 17 | 08-04-94 | 01.07.95 |
| Nick Maatman         | 1978 | M 16 | 01.04.86 |          |
| Stefan Mol           | 1978 | M 16 | 01.11.92 | 01.07.00 |
| <b>J.A.</b>          |      |      |          |          |
| Gerton Berkemeijer   | 1975 | M 19 | 01.05.88 | 01.11.98 |
| Ben Harbers          | 1975 | M 19 | 01.12.87 | 16.08.02 |
| Alfred Meekes        | 1975 | M 19 | 01.05.86 |          |
| Peter Nijenhuis      | 1976 | M 18 | 09.05.94 | 01.02.95 |
| <b>Heren</b>         |      |      |          |          |
| Joop Bartelink       | 1940 | M 54 | 1955     |          |
| Peter Beutink        | 1962 | M 32 | 05.09.94 | 01.12.95 |
| Marcel Bos           | 1972 | M 22 | 27.09.93 | 01.10.98 |
| Theo Broekman        | 1948 | M 46 | 03.10.93 | 31.12.01 |
| Henk Daleman         | 1953 | M 41 | 27-12-94 | 31.12.00 |
| Henny ten Els        | 1963 | M 31 | 01.02.91 | 01.04.96 |
| Hans Dimmendaal      | 1967 | M 27 | 15.02.91 | 31.08.96 |
| Marty Firing         | 1945 | M 49 | 1968     |          |
| Henk Fontijn         | 1965 | M 29 | 22-02-94 | 19.03.97 |
| Herbert Garritsen    | 1966 | M 28 | 1975     |          |
| Hans Garritsen       | 1946 | M 48 | 01.02.87 | 01.07.98 |
| Martin Gerfen        | 1943 | M 51 | 01.12.94 | 31.12.04 |
| Hans Gerfen          | 1951 | M 43 | 15.09.93 | 01.05.00 |
| Frans Göbel          | 1959 | M 35 | 21.08.93 | 30.09.96 |
| Gerrit Harder        | 1953 | M 41 | 01.09.93 | 31.12.05 |
| Bennie Huirne        | 1935 | M 59 | 01.01.92 |          |
| Herman Heideveld     | 1952 | M 42 | 01.06.93 | 01.07.06 |
| Ewald Hendrixx       | 1965 | M 29 | 01.04.93 | 01.07.99 |
| Jan Homrighausen     | 1954 | M 40 | 01.09.93 |          |
| L. Ijssenagger       | 1910 | M 84 | 1948     | 16-03-00 |
| Gerrit Kamers        | 1956 | M 38 | 15.11.93 | 29-11-10 |
| Harry Kemna          | 1955 | M 39 | 06.09.94 | 01.10.99 |
| Geert Klein Bruinink | 1965 | M 29 | 11.04.92 |          |
| Johan van der Kous   | 1933 | M 61 | 1957     | 01.01.95 |
| Erwin Leussenkamp    | 1969 | M 25 | 01.08.81 | 01.12.05 |
| Robert Leussenkamp   | 1965 | M 29 | 01.06.90 | 01.12.98 |
| Marcel Liebrand      | 1959 | M 35 | 01.06.85 |          |
| Albert Lukens        | 1949 | M 45 | 01.10.92 |          |
| Tonnie Lutikholt     | 1954 | M 40 | 1972     |          |
| Dennis te Nijenhuis  | 1974 | M 20 | 07.10.84 |          |
| Ben te Nijenhuis     | 1948 | M 46 | 1987     | 2003     |
| Theo Nijhuis         | 1951 | M 43 | 21.12.94 | 01.01.98 |
| Theo Nijkamp         | 1952 | M 42 | 1972     |          |
| Freek Notten         | 1951 | M 43 | 01.03.92 | 01.11.01 |
| Huub Ras             | 1930 | M 64 | 1956     |          |
| Theo Schootman       | 1949 | M 45 | 01.12.92 |          |
| Gerard Sedee         | 1959 | M 35 | 15.11.93 | 01.08.96 |
| René Siegerink       | 1962 | M 32 | 1989     | 1993     |
| Leo Sijtsma          | 1941 | M 53 | 01.11.92 | 31.12.99 |
| Arie Simmelink       | 1932 | M 62 | 1952     | 1998     |
| Jan Staring          | 1945 | M 49 | 01.10.92 | 01.11.98 |

Erelid

Erelid

## Heren vervolg

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Erik Stotelder   | 1962 | M 32 | 01.11.91 | 01.10.99 |
| Michel Stoverink | 1967 | M 27 | 01.01.93 | 01.12.95 |
| Hennie Temmink   | 1943 | M 51 | 01.01.84 |          |
| Mark Temmink     | 1972 | M 22 | 01.06.85 | 31.12.99 |
| Jan van Onzen    | 1946 | M 48 | 01.04.90 | 31.12.95 |
| Bert Vogel       | 1953 | M 41 | 03-03-94 |          |
| Pim van Vuren    | 1947 | M 47 | 01.11.92 |          |
| Johan Wansing    | 1932 | M 62 | 1948     |          |
| Eef Weenink      | 1954 | M 40 | 01.01.93 | 01.09.95 |
| Rudy Wedel       | 1947 | M 47 | 1961     |          |
| Eef Weenink      | 1954 | M 40 | 01.01.93 | 01.09.95 |
| Henk Wesselink   | 1950 | M 44 | 01.12.92 | 01.07.02 |
| Henk Wielens     | 1947 | M 47 | 01.09.94 | 31.12.98 |
| Mike Wientjes    | 1958 | M 36 | 01.05.88 | 01.11.98 |
| Wim Wieskamp     | 1946 | M 48 | 01.12.87 | 01.12.98 |
| Gerard Willekes  | 1956 | M 38 | 01-03-90 |          |
| Hans ter Woerds  | 1955 | M 39 | 01.11.91 | 01.03.01 |
| Paul Wormgoor    | 1973 | M 21 | 01-11-84 | 01.07.96 |

## 1994

### Oldenzaal 01-01-94 Nieujaarsloop Laac

### Eibergen 02-01-94 37e Nieuwjaarscross

|                     |        |       |
|---------------------|--------|-------|
| M.P.C.              | 1080 m |       |
| Esli Vogel          | 6.06   | 1e pl |
| Nienke Reinderink   | 7.09   |       |
| M.P.B.              | 1080 m |       |
| Nicole Roders       | 7.41   |       |
| Rosemarijn Berteler | 7.42   |       |
| Tessa Janssen       | 7.42   |       |
| Reina Visser        | 8.16   |       |
| M.P.A.              | 1500 m |       |
| Karin Meijer        | 7.28   |       |
| Inge Thijssen       | 9.03   |       |
| M.D.                | 1500 m |       |
| Suzanne Dijkstra    | 5.12   |       |
| Karin Lukens        | 5.25   |       |
| Marlies Berteler    | 5.57   |       |
| Wilma te Raa        |        |       |
| M.C.                | 2120 m |       |
| Angélien ten Have   | 9.28   | 3e pl |



## Eibergen 02-01-94 37e Nieuwjaarscross vervolg

|                     |        |       |
|---------------------|--------|-------|
| J.P.C.              | 1080 m |       |
| Tamo Vogel          | 5.37   | 2e pl |
| Armin Pillen        | 5.56   | 3e pl |
| Robert Jan te Kulve | 6.46   |       |
| Ad Nijkamp          | 6.59   |       |
| Martijn Siemerink   | 7.07   |       |

|                    |        |       |
|--------------------|--------|-------|
| J.P.B.             | 1080 m |       |
| Jan Joris te Kulve | 5.47   | 3e pl |
| Remco Nijkamp      | 6.00   |       |
| Thijs Pieterse     | 6.28   |       |
| Stijn Goossens     | 6.36   |       |

|                     |        |       |
|---------------------|--------|-------|
| J.P.A.              | 1500 m |       |
| Joep Brinkers       | 5.02   | 1e pl |
| Arno Daleman        | 6.21   |       |
| Kjell Vogel         | 6.35   |       |
| Laurens Wientjes    | 7.09   |       |
| Andre Louis Wassing | 7.13   |       |
| Ruben Pillen        | 7.48   |       |
| Roy Nijkamp         | 7.52   |       |
| Jorne Hagens        | 7.55   |       |

|               |       |  |
|---------------|-------|--|
| J.D.          | 2120  |  |
| Wilco Geerdes | 14.10 |  |

|                 |        |       |
|-----------------|--------|-------|
| J.C.            | 3200 m |       |
| Ronald Boomkamp | 12.25  | 1e pl |
| Ivo Maatman     | 14.07  | 3e pl |
| Bram de Groot   | 14.43  |       |
| Joost Ottink    | 14.54  |       |

|              |        |       |
|--------------|--------|-------|
| J.B.         | 5760 m |       |
| Nick Maatman | 25.54  | 2e pl |

|                    |      |      |
|--------------------|------|------|
| J.A.               | 8640 |      |
| Ben Harbers        |      | M 19 |
| Gerton Berkemeijer |      | M 19 |
| Alfred Meekes      |      | M 19 |

|                    |       |      |
|--------------------|-------|------|
| Heren              | 11520 |      |
| Robert Leussenkamp | 45.39 | M 29 |
| Theo Schootman     | 46.42 | M 45 |
| Freek Notten       | 51.40 | M 43 |

## Hengelo 09-01-94 1e Woolderesloop MPM

## Enschede 09-01-94 Indoorwedstrijd AC Tion

|              |      |        |        |
|--------------|------|--------|--------|
| M.P.A.       | 60 m | Hoog   | Kogel  |
| Karin Meijer | 10.4 | 0.90 m | 3.75 m |

|                  |      |        |        |
|------------------|------|--------|--------|
| M.D.             | 60 m | Hoog   | Kogel  |
| Karin Lukens     | 10.0 | 1.00 m |        |
| Marlies Berteler | 10.3 | 1.05 m |        |
| Marleen Scholten | 9.5  |        | 6.56 m |
| Margo Hulzink    | 10.3 |        | 5.73 m |

### Enschede 09-01-94 Indoorwedstrijd AC Tion vervolg

|                      |         |        |        |              |
|----------------------|---------|--------|--------|--------------|
| J.P.A.               | 60 m    | Hoog   | Kogel  |              |
| Arno Daleman         | 10.4    | 1.00 m | 5.31 m |              |
| Roy Nijkamp          | 11.2    | 0.95 m | 5.89 m |              |
| J.D.                 | 60 m    | Kogel  |        |              |
| Remco Verdoold       | 10.0    | 5.29 m |        |              |
| Matthijs ten Have    | 9.8     | 8.94 m |        |              |
| Jelle Broekman       | 9.5     | 5.94 m |        |              |
| J.C.                 | 60 m    | 60 mh  | Hoog   | Kogel        |
| Joost Ottink         | 9.1     | 12.3   |        |              |
| Patrick Postma       | 9.5     |        |        | 8.18 m       |
| Joris Pardijs        | 10.2    |        |        | 5.77 m       |
| Micha Lutje Spelberg |         |        | 1.55 m | 1e pl 9.74 m |
| J.B.                 | Kogel   |        |        |              |
| Stefan Mol           | 10.64 m | 2e pl  |        |              |

### Heerde 15-01-94 3e Wedstrijd Oostelijke Cross Competitie tevens Oostelijk Kampioenschap

|                   |         |        |
|-------------------|---------|--------|
| M D.              | 1503 m  |        |
| Karin Lukens      | 6.42.4  | 10e pl |
| M.C.              | 2043 m  |        |
| Angelien ten Have | 8.42.8  |        |
| J.P.A. 2e jaars   | 1503 m  |        |
| Arno Daleman      | 6.08.4  | 8e pl  |
| J.D. 2e jaars     | 2043 m  |        |
| Dries Lasonder    | 8.39.4  | 25e pl |
| Jelle Broekman    | 9.22.0  | 41e pl |
| J.C. 1e jaars     | 3660 m  |        |
| Ivo Maatman       | 15.30.2 | 29e pl |
| Joost Ottink      | 15.54.5 | 39e pl |
| J.C. 2e jaars     | 3660 m  |        |
| Ronald Boomkamp   | 13.29.3 | 6e pl  |
| Tom Hulzink       | 17.11.7 | 36e pl |

### Holten 15-01-94 Holterbergcross SV Holten

### Haaksbergen 16-01-94 Watermolenloop AVH

### Oldenzaal 16-01-94 Hulsbeekloop AC Fortis

### Zwolle 22-23-01-94 Open Oost Nederlands Kampioenschap en NK Meerkamp

|                   |        |
|-------------------|--------|
| J.D.              | Kogel  |
| Matthijs ten Have | 8.89 m |

## **Zwolle 22-23-01-94 Open Oost Nederlands Kampioenschap en NK Meerkamp vervolg**

|                      |      |       |        |
|----------------------|------|-------|--------|
| J.C.                 | 50 m | 60 mh | 800 m  |
| Micha Lutje Spelberg | 7.0  |       |        |
| Ronald Boomkamp      |      | 9.51  | 2.27.7 |

|                   |         |
|-------------------|---------|
| J.A.              | Kogel   |
| Gerton Berkemeyer | 10.96 m |

|               |         |      |       |
|---------------|---------|------|-------|
| Heren         | Kogel   |      |       |
| Paul Wormgoor | 12.30 m | M 21 | 6e pl |

## **Eibergen 19-01-94 Coopertest ASV**

## **Enschede 23-01-94 2e Tionloop AC Tion**

## **Almelo 29-01-94 Sisucross AAV Sisu**

|              |        |       |  |
|--------------|--------|-------|--|
| M.P.A.       | 1800 m |       |  |
| Karin Meijer | 8.46   | 6e pl |  |

|                  |        |       |  |
|------------------|--------|-------|--|
| M.D.             | 1800 m |       |  |
| Suzanne Dijkstra | 8.03   | 4e pl |  |
| Karin Lukens     | 8.26   | 6e pl |  |
| Magne Vogel      | 8.35   | 7e pl |  |

|                   |        |       |  |
|-------------------|--------|-------|--|
| M.C.              | 1800 m |       |  |
| Angelien ten Have | 7.19   | 3e pl |  |

|            |        |       |  |
|------------|--------|-------|--|
| J.P.C.     | 1000 m |       |  |
| Ad Nijkamp | 5.16   | 3e pl |  |

|               |        |       |  |
|---------------|--------|-------|--|
| J.P.B.        | 1800 m |       |  |
| Remco Nijkamp | 9.13   | 2e pl |  |

|              |        |        |  |
|--------------|--------|--------|--|
| J.P.A.       | 1800 m |        |  |
| Arno Daleman | 7.45   | 4e pl  |  |
| Ruben Pillen | 8.33   | 7e pl  |  |
| Roy Nijkamp  | 9.10   | 11e pl |  |

|                |        |        |  |
|----------------|--------|--------|--|
| J.D.           | 1800 m |        |  |
| Jelle Broekman | 7.53   | 10e pl |  |
| Lucas van Uem  | 9.16   | 14e pl |  |

|                 |        |       |  |
|-----------------|--------|-------|--|
| J.C.            | 3600 m |       |  |
| Ronald Boomkamp | 13.41  | 2e pl |  |
| Ivo Maatman     | 15.05  | 4e pl |  |
| Joost Ottink    | 15.16  | 6e pl |  |
| Joris Pardijs   | 15.40  | 9e pl |  |

|                |        |      |       |
|----------------|--------|------|-------|
| Heren          | 9000 m |      |       |
| Theo Schootman | 33.06  | M 45 | 4e pl |

## **Hengelo 30-01-94 2e Woolderesloop MPM**

## **Apeldoorn 05-02-94 21e Midwintermarathon**

## Apeldoorn 13-02-94 NK Veldlopen

|                |        |      |       |
|----------------|--------|------|-------|
| Heren          | 9000 m |      |       |
| Theo Schootman | 33.06  | M 45 | 4e pl |

## Enschede 13-02-94 Indoorwedstrijd

|            |      |        |        |
|------------|------|--------|--------|
| M.P.C.     | 40 m | Hoog   | Kogel  |
| Esli Vogel | 7.9  | 0.70 m | 3.25 m |

|               |      |        |        |
|---------------|------|--------|--------|
| M.P.B.        | 40 m | Hoog   | Kogel  |
| Nicole Roders | 6.1  | 0.75 m | 3.33 m |

## Enschede 13-02-94 Indoorwedstrijd vervolg

|             |      |        |  |
|-------------|------|--------|--|
| M.D.        | 60 m | Hoog   |  |
| Magne Vogel | 10.0 | 1.15 m |  |

|            |      |        |        |
|------------|------|--------|--------|
| J.P.C.     | 40 m | Hoog   | Kogel  |
| Ad Nijkamp | 9.0  | 0.65 m | 3.70 m |

|               |      |        |        |
|---------------|------|--------|--------|
| J.P.B.        | 40 m | Hoog   | Kogel  |
| Remco Nijkamp | 8.3  | 0.90 m | 3.96 m |

|                     |      |        |        |
|---------------------|------|--------|--------|
| J.P.A.              | 60 m | Hoog   | Kogel  |
| Andre Louis Wassing | 9.8  | 1.05 m | 5.43 m |
| Ruben Pillen        | 9.9  | 1.00 m | 5.12 m |
| Kjell Vogel         | 10.2 | 0.95 m | 5.58 m |
| Roy Nijkamp         | 10.6 | 0.85 m | 6.14 m |
| Joost Scharenborg   | 10.3 | 0.95 m | 4.33 m |

|                   |      |        |        |
|-------------------|------|--------|--------|
| J.D.              | 60 m | Hoog   | Kogel  |
| Lucas van Uem     | 10.0 | 1.05 m |        |
| Matthijs ten Have |      |        | 9.14 m |

|                |      |        |  |
|----------------|------|--------|--|
| J.C.           | 60 m | Kogel  |  |
| Patrick Postma | 8.6  | 7.49 m |  |

|            |         |  |  |
|------------|---------|--|--|
| J.B.       | Kogel   |  |  |
| Stefan Mol | 10.17 m |  |  |

## Den Haag 19-20-02-94 C Spelen en NK Senioren Indoor

|                      |       |         |  |
|----------------------|-------|---------|--|
| J.C.                 | 60 mh | 1500 m  |  |
| Ronald Boomkamp      |       | 4.52.76 |  |
| Micha Lutje Spelberg | 9.44  |         |  |

## Den Haag 26/27-02-94 NK Indoor Junioren A/B

## Winterswijk 05-03-94 EM Wegwedstrijd

|                 |       |      |  |
|-----------------|-------|------|--|
| Dames           | 5 EM  |      |  |
| Liliane Zuidema | 39.47 | V 28 |  |
| Ada ter Woerds  | 42.47 | V 39 |  |

## **Winterswijk 05-03-94 EM Wegwedstrijd**

|                    |              |      |
|--------------------|--------------|------|
| <b>Heren</b>       | <b>10 EM</b> |      |
| Robert Leussenkamp | 59.21        | M 29 |
| Theo Schootman     | 1.01.22      | M 45 |
| Marcel Bos         | 1.06.35      | M 22 |
| Henk Daleman       | 1.07.10      | M 41 |
| Hans ter Woerds    | 1.07.20      | M 39 |
| Bert Vogel         | 1.08.04      | M 41 |
| Freek Notten       | 1.10.00      | M 43 |
| Hans Gerfen        | 1.10.15      | M 43 |
| Mike Wientjes      | 1.16.30      | M 36 |
| Bennie Huirne      | 1.22.07      | M 59 |

## **Groenlo 05-03-94 Tien Engelse Mijlenloop Lopersvereniging Groenlo**

## **Markelo 05-03-94 Herikerbergloop AV Goor**

## **Enschede 06-03-94 3e Tionloop AC Tion**

## **Wieringermeer 06-03-94 Reebok NK Cross en Mars NK Junioren**

## **Oldenzaal 13-03-94 Hulsbeekcross Fortis**

|                     |               |        |       |
|---------------------|---------------|--------|-------|
| <b>M.P.C.</b>       | <b>1350 m</b> |        |       |
| Esli Vogel          | 6.48          | 1e pl  |       |
| <b>M.P.B.</b>       | <b>1350 m</b> |        |       |
| Nicole Roders       | 8.21          | 4e pl  |       |
| <b>M.P.A.</b>       | <b>1350 m</b> |        |       |
| Karin Meijer        | 6.46          | 10e pl |       |
| <b>M.D.</b>         | <b>1350 m</b> |        |       |
| Suzanne Dijkstra    | 6.01          | 6e pl  |       |
| Karin Lukens        | 6.07          | 7e pl  |       |
| Magne Vogel         | 6.19          | 8e pl  |       |
| <b>M.C.</b>         | <b>2100 m</b> |        |       |
| Angelien ten Have   | 9.14          | 3e p   |       |
| <b>Dames</b>        | <b>6000 m</b> |        |       |
| Janny Nijkamp       | 30.44         | V 37   | 3e pl |
| <b>J.P.C.</b>       | <b>1350 m</b> |        |       |
| Tamo Vogel          | 6.16          | 1e pl  |       |
| Armin Pillen        | 6.48          | 3e pl  |       |
| Robert Jan te Kulve | 7.40          | 8e pl  |       |
| Ad Nijkamp          | 7.48          | 9e pl  |       |
| <b>J.P.B.</b>       | <b>1350 m</b> |        |       |
| Jan Joris te Kulve  | 6.47          | 3e pl  |       |
| Remco Nijkamp       | 7.04          | 4e pl  |       |
| Jasper Franco       | 7.04          | 5e pl  |       |
| Thijs Pieterse      | 7.18          | 7e pl  |       |

### **Oldenzaal 13-03-94 Hulsbeekcross Fortis vervolg**

|                     |        |        |       |
|---------------------|--------|--------|-------|
| J.P.A.              | 1350 m |        |       |
| Joep Brinkers       | 5.29   | 2e pl  |       |
| Arno Daleman        | 5.31   | 3e pl  |       |
| Ruben Pillen        | 5.59   | 8e pl  |       |
| Kjell Vogel         | 6.10   | 12e pl |       |
| Laurens Wientjes    | 6.11   | 13e pl |       |
| Joost Scharenborg   | 6.25   | 14e pl |       |
| Andre Louis Wassing | 6.45   | 16e pl |       |
| Roy Nijkamp         | 6.46   | 17e pl |       |
| Jorne Hagens        | 7.27   | 21e pl |       |
| J.C.                | 3500 m |        |       |
| Ronald Boomkamp     | 11.49  | 2e pl  |       |
| Joost Ottink        | 13.57  | 9e pl  |       |
| Joris Pardijs       | 14.19  | 12e pl |       |
| J.B.                | 6000 m |        |       |
| Nick Maatman        | 24.43  | 5e pl  |       |
| Heren               | 12 km  |        |       |
| Theo Schootman      | 43.19  | M 45   | 3e pl |

### **Hengelo 12-03-94 Houtmaatloop**

### **Eibergen 16-03-94 Coopertest**

### **Almelo 19-03-94 Voorjaarsloop**

|                      |       |      |       |
|----------------------|-------|------|-------|
| Heren                | 10 km |      |       |
| Geert Klein Bruinink | 40.30 | M 28 | 6e pl |

### **Heerde 19-03-94 Wegwedstrijd 30 km**

|                     |         |        |  |
|---------------------|---------|--------|--|
| Heren               | 30 km   |        |  |
| Leendert van Vuuren | 2.14.04 | 41e pl |  |

### **Lochem 19-03-94 4e Wedstrijd Oostelijke Cross Competitie AV Hanzesport**

|                   |        |        |  |
|-------------------|--------|--------|--|
| M D.              | 1600 m |        |  |
| Karin Lukens      | 7.36   | 15e pl |  |
| M.C.              | 2160 m |        |  |
| Angelien ten Have | 9.37   | 9e pl  |  |
| J.P.A. 2e jaars   | 1600 m |        |  |
| Arno Daleman      | 6.42   | 5e pl  |  |
| J.D. 2e jaars     | 2160 m |        |  |
| Jelle Broekman    | 10.49  | 36e pl |  |

**Lochem 19-03-94 4e Wedstrijd Oostelijke Cross Competitie AV Hanzesport vervolg**

|               |        |        |
|---------------|--------|--------|
| J.C. 1e jaars | 3690 m |        |
| Ivo Maatman   | 15.38  | 22e pl |
| Joost Ottink  | 16.16  | 29e pl |

|                 |        |        |
|-----------------|--------|--------|
| J.C. 2e jaars   | 3690 m |        |
| Ronald Boomkamp | 14.04  | 6e pl  |
| Tom Hulzink     | 18.11  | 35e pl |

**Naaldwijk 19-03-94 25e Internationale Westland Marathon**

**Enschede 20-03-94 Indoor AC tion**

|                |      |         |
|----------------|------|---------|
| J.C.           | 60 m | Kogel   |
| Tom Hulzink    | 8.1  | 11.43 m |
| Patrick Postma | 8.6  | 8.33 m  |

**Hengelo 20-03-94 4e Woolderesloop MPM**

**Losser 20-03-94 3e Dinkelloop AV Iphitos**

**Aalten 26-03-94 30 km Wegwedstrijd AVA'70**

**Gaanderen 27-03-94 24e Achterhoekcross**

**Den Haag 27-03-94 20e Internationale City-Pier-Cityloop**

**Aalten 26-03-94 Lenteloop AVA 70**

**Gaanderen 27-03-94 24e Achterhoekcross AV Argo**

**Haaksbergen 27-03-94 Bosloop AV Haaksbergen**

**Almelo 02-04-94 Baanwedstrijd CD Junioren SISU**

**Neede 02-04-94 25e Paasveldloop**

|                        |       |      |
|------------------------|-------|------|
| Dames                  | 6 km  |      |
| Henriette van der Duim | 28.47 | V 30 |
| Ada ter Woerds         | 30.12 | V 39 |

|                 |       |      |
|-----------------|-------|------|
| Dames           | 9 km  |      |
| Liliane Zuidema | 42.00 | V 28 |

## Neede 02-04-94 25e Paasveldloop vervolg

|                      |       |      |
|----------------------|-------|------|
| Heren                | 6 km  |      |
| Marcel Bos           | 21.21 | M 22 |
| Geert Klein Bruinink | 22.30 | M 28 |
| Freek Notten         | 23.53 | M 43 |
| Henk Wesselink       | 26.00 | M 44 |

|                    |       |      |
|--------------------|-------|------|
| Heren              | 9 km  |      |
| Robert Leussenkamp | 30.52 | M 29 |
| Frans Gober        | 31.56 | M 35 |
| Hans ter Woerds    | 35.30 | M 39 |
| Hans Gerfen        | 36.13 | M 43 |
| Leo Sijtsma        | 38.34 | M 53 |
| Bennie Huirne      | 44.04 | M 59 |

|                |         |      |
|----------------|---------|------|
| Heren          | 15 km   |      |
| Theo Schootman | 54.56   | M 45 |
| Henk Fontijn   | 1.00.12 | M 29 |

## Almelo 04-04-94 Halve Marathon SISU

### Eibergen 10-04-94 Clubkampioenschappen Indoor

|                     |      |        |        |         |
|---------------------|------|--------|--------|---------|
| M.P.B.              | 30 m | Ver    | Kogel  | Bal     |
| Reina Visser        | 6.1  | 2.61 m | 5.24 m | 16.34 m |
| Nicole Roders       | 6.4  | 2.30 m | 4.86 m | 13.06 m |
| Rosemarijn Berteler | 5.9  | 2.37 m | 3.48 m | 8.82 m  |

|               |      |        |        |         |
|---------------|------|--------|--------|---------|
| M.P.A.        | 30 m | Ver    | Kogel  | Bal     |
| Inge Thijssen | 6.0  | 2.69 m | 4.54 m | 16.56 m |

|                  |      |        |        |        |
|------------------|------|--------|--------|--------|
| M.D.             | 30 m | Ver    | Hoog   | Kogel  |
| Wilma te Raai    | 5.4  | 3.17 m | 1.10 m | 7.50 m |
| Lizette Hendriks | 5.6  | 3.01 m | 1.10 m | 6.76 m |
| Margo Hulzink    | 5.5  | 3.24 m | 1.05 m | 5.86 m |
| Bella Hendriks   | 5.6  | 2.95 m | 1.05 m | 6.47 m |
| Karin Lukens     | 5.5  | 2.98 m | 1.10 m | 4.64 m |
| Suzanne Dijkstra | 5.5  | 2.65 m | 1.00 m | 6.51 m |

|                   |      |        |        |        |
|-------------------|------|--------|--------|--------|
| M.C.              | 30 m | Ver    | Hoog   | Kogel  |
| Angeliën ten Have | 5.2  | 3.46 m | 1.35 m | 8.70 m |
| Femia Metz        | 5.3  | 3.57 m | 1.25 m | 6.68 m |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.B.              | 30 m | Ver    | Hoog   | Kogel   |
| Hadewich Huitema  | 5.4  | 4.18 m | 1.40 m | 10.52 m |
| Mira te Nijenhuis | 5.1  | 3.99 m | 1.35 m | 9.99 m  |
| Renate Hummelink  | 5.1  | 3.45 m | 1.25 m | 7.55 m  |
| Marieke Markerink | 5.7  | 3.22 m | 1.20 m | 6.76 m  |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| J.P.C.            | 30 m | Ver    | Kogel  | Bal     |
| Martijn Siemerink | 6.3  | 2.22 m | 4.53 m | 12.34 m |
| Armin Pillen      | 6.3  | 2.50 m | 3.72 m | 11.63 m |
| Niek Thijssen     | 6.7  | 2.29 m | 3.03 m | 17.08 m |
| Wessel Braakman   | 6.9  | 1.77 m | 4.47 m | 9.50 m  |
| Ad Nijkamp        | 6.7  | 1.95 m | 3.37 m | 6.81 m  |
| Joris Pietersen   | 6.8  | 2.03 m | 2.56 m | 9.30 m  |
| Rik Bruil         | 8.0  | 1.38 m | 1.77 m | 7.12 m  |



## Eibergen 10-04-94 Clubkampioenschappen Indoor vervolg

| J.P.B.         | 30 m | Ver    | Kogel  | Bal     |
|----------------|------|--------|--------|---------|
| Jasper Franco  | 6.2  | 2.65 m | 4.48 m | 17.14 m |
| Stijn Goossens | 6.3  | 2.12 m | 4.71 m | 24.69 m |
| Remco Nijkamp  | 6.5  | 2.37 m | 3.37 m | 11.97 m |

| J.P.A.               | 30 m | Ver    | Kogel  | Bal     |
|----------------------|------|--------|--------|---------|
| Ruben Pillen         | 5.5  | 3.46 m | 5.67 m | 26.58 m |
| Frank van Amersfoort | 5.6  | 3.16 m | 6.80 m | 27.48 m |
| Joep Brinkers        | 5.5  | 3.09 m | 5.49 m | 24.47 m |
| Arno Daleman         | 5.6  | 2.99 m | 5.66 m | 26.54 m |
| Andre Louis Wassing  | 5.4  | 3.15 m | 5.12 m | 18.07 m |
| Roy Nijkamp          | 5.9  | 2.62 m | 5.70 m | 20.87 m |
| Jorne Hagens         | 6.0  | 2.74 m | 5.67 m | 17.09 m |
| Joost Scharenborg    | 5.5  | 2.68 m | 3.92 m | 14.77 m |

| J.D.              | 30 m | Ver    | Hoog   | Kogel  |
|-------------------|------|--------|--------|--------|
| Matthijs ten Have | 5.4  | 3.63 m | 1.25 m | 9.32 m |
| Thomas Notten     | 5.3  | 3.47 m | 1.20 m | 5.99 m |
| Jelle Broekman    | 5.4  | 3.62 m | 1.15 m | 6.12 m |
| Lucas van Uem     | 5.5  | 3.16 m | 1.10 m | 5.07 m |
| Wilco Geerdes     | 6.2  | 2.69 m | x      | 4.62 m |

| J.C.                 | 30 m | Ver    | Hoog   | Kogel  |
|----------------------|------|--------|--------|--------|
| Micha Lutje Spelberg | 4.7  | 4.86 m | 1.60 m | 9.25 m |
| Joost Ottink         | 4.9  | 3.73 m | 1.20 m | 6.73 m |
| Ivo Maatman          | 5.4  | 3.42 m | 1.35 m | 5.85 m |

| J.B.         | 30 m | Ver    | Hoog   | Kogel   |
|--------------|------|--------|--------|---------|
| Stefan Mol   | 4.8  | 4.18 m | 1.45 m | 10.46 m |
| Nick Maatman | 5.0  | 4.40 m | 1.45 m | 8.58 m  |

| Heren               | 30 m | Ver    | Hoog   |      |
|---------------------|------|--------|--------|------|
| Paul wormgoor       | 4.5  | 4.93 m | 1.45 m | M 21 |
| Dennis te Nijenhuis | 4.7  | 5.09 m | 1.55 m | M 20 |
| Herbert Garritsen   | 4.6  | 4.85 m | 1.60 m | M 28 |
| Mike Wientjes       | 4.9  | 3.64 m | 1.00 m | M 36 |

## Oldenzaal/ Enschede 10-04-94 Wegwedstrijd 15 km DAV

## Enschede 10-04-94 Baanwedstrijd Senioren A/B/C Junioren AC Tion

## Hengelo 16-04-94 1e Medaillewedstrijd

| M.P.C.     | 1000 m | Ver    | Bal    |
|------------|--------|--------|--------|
| Esli Vogel | 4.25.1 | 2.73 m | 7.88 m |

| M.P.B.              | 1000 m | Ver    | Bal     |
|---------------------|--------|--------|---------|
| Nicole Roders       | 4.58.0 | 2.51 m | 11.90 m |
| Rosemarijn Berteler | 4.36.4 | 2.81 m | 9.62 m  |

| M.P.A.        | 60 m | Hoog   | Bal   |
|---------------|------|--------|-------|
| Inge Thijssen | 11.0 | 0.90 m | 18.46 |

## Hengelo 16-04-94 1e Medaillewedstrijd vervolg

|                |      |        |        |
|----------------|------|--------|--------|
| M.D.           | 60 m | Hoog   | Kogel  |
| Magne Vogel    | 10.0 | 1.15 m | 6.02 m |
| Margo Hulzink  | 11.0 | 1.10 m | 5.3 m  |
| Wilma te Raai  | 10.0 | 1.20 m | 7.38 m |
| Karin Lukens   | 10.2 | 1.10 m | 4.02 m |
| Bella Hendrikx |      | 1.10 m | 6.04 m |

|                   |        |        |         |
|-------------------|--------|--------|---------|
| M.C.              | 600 m  | Ver    | Speer   |
| Angelien ten Have | 1.56.1 | 3.61 m | 16.48 m |
| Femia Metz        | 2.05.1 | 3.79 m | 10.54 m |

|                     |      |        |         |
|---------------------|------|--------|---------|
| J.P.C.              | 40 m | Hoog   | Bal     |
| Martijn Siemerink   | 7.9  | 0.80 m | 14.54 m |
| Robert Jan te Kulve | 8.9  | 0.75 m | 15.52 m |
| Armin Pillen        | 8.2  | 0.75 m | 10.44 m |
| Joris Pietersen     | 8.3  | 0.80 m | 8.54 m  |
| Tamo Vogel          | 7.5  | 1.00 m | 14.36 m |

|                    |      |        |        |
|--------------------|------|--------|--------|
| J.P.B.             | 40 m | Hoog   | Kogel  |
| Jan Joris te Kulve | 7.8  | 0.90 m | 4.00 m |
| Thijs Pieterse     | 7.2  | 1.05 m | 4.66 m |
| Remco Nijkamp      | 8.7  | 0.70 m | 3.65 m |

|                     |        |        |        |
|---------------------|--------|--------|--------|
| J.P.A.              | 1000 m | Ver    | Kogel  |
| Joep Brinkers       | 3.30.4 | 3.43 m | 5.22 m |
| Kjell Vogel         | 3.48.3 | 3.43 m | 5.25 m |
| Arno Daleman        | 3.31.2 | 3.85 m | 5.92 m |
| Roy Nijkamp         | 4.10.3 | 3.02 m | 5.72 m |
| Ruben Pillen        | 3.45.7 | 3.21 m | 6.00 m |
| Jorne Hagens        | 4.39.2 | 3.40 m | 5.20 m |
| Joost Scharenborg   | 3.57.2 | 2.98 m | 4.62 m |
| Andre Louis Wassing | 3.55.3 | 3.70 m | 5.10 m |

|                   |        |        |        |
|-------------------|--------|--------|--------|
| J.D.              | 1000 m | Ver    | Kogel  |
| Matthijs ten Have | 4.01.0 | 3.87 m | 9.57 m |
| Lucas van Uem     | 4.10.4 | 3.37 m | 4.98 m |

|                      |       |        |         |
|----------------------|-------|--------|---------|
| J.C.                 | 100 m | Hoog   | Speer   |
| Micha Lutje Spelberg | 13.0  | 1.55 m | 25.62 m |
| Thomas Notten        | 16.1  | 1.20 m | 20.46 m |
| Joost Ottink         | 14.6  | 1.20 m | 21.10 m |

## Enschede 23-04-94 1e Competitiewedstrijd CD Junioren

|                  |        |         |
|------------------|--------|---------|
| M.D.             |        |         |
| Marleen Scholten | 4x60 m | 36.90   |
| Magne Vogel      | 4x60 m | 36.90   |
| Karin Lukens     | 4x60 m | 36.90   |
| Margo Hulzink    | 4x60 m | 36.90   |
| Marleen Scholten | 60 m   | 9.70    |
| Marleen Scholten | 60 mh  | 12.60   |
| Magne Vogel      | 60 mh  | 13.70   |
| Karin Lukens     | 1000 m | 3.40.90 |
| Karin Lukens     | Ver    | 3.29 m  |
| Magne Vogel      | Hoog   | 1.20 m  |
| Margo Hulzink    | Kogel  | 5.08 m  |
| Wilma te Raai    | Speer  | 20.32 m |

## Enschede 23-04-94 1e Competitiewedstrijd CD Junioren vervolg

|                      |         |         |
|----------------------|---------|---------|
| J.C.                 |         |         |
| Micha Lutje Spelberg | 4x100 m | 56.70   |
| Thomas Notten        | 4x100 m | 56.70   |
| Joost Ottink         | 4x100 m | 56.70   |
| Ivo Maatman          | 4x100 m | 56.70   |
| Thomas Notten        | 100 m   | 16.4    |
| Thomas Notten        | 100 mh  | 22.3    |
| Joost Ottink         | 100 mh  | 20.8    |
| Ivo Maatman          | 800 m   | 2.29.5  |
| Joost Ottink         | 1500 m  | 5.39.10 |
| Micha Lutje Spelberg | Ver     | 5.25 m  |
| Micha Lutje Spelberg | Hoog    | 1.55 m  |
| Ivo Maatman          | Kogel   | 6.94 m  |
| Joris Pardijs        | Discus  | 19.02 m |
| Joris Pardijs        | Speer   | 20.32 m |

## Apeldoorn 24-04-94 1e Competitiewedstrijd A Junioren

|                    |        |          |      |  |
|--------------------|--------|----------|------|--|
| J.A.               |        |          |      |  |
| Michael Douglas    | 100 m  | 13.21    | J.B. |  |
| Michael Douglas    | 400 m  | 60.38    | J.B. |  |
| Nick Maatman       | 800 m  | 2.24.63  | J.B. |  |
| Peter Nijenhuis    | 3000 m | 10.34.15 |      |  |
| Alfred Meekes      | Ver    | 4.99 m   |      |  |
| Stefan Mol         | Hoog   | 1.55 m   | J.B. |  |
| Gerton Berkemeijer | Kogel  | 11.13 m  |      |  |
| Stefan Mol         | Discus | 26.14 m  | J.B. |  |
| Gerton Berkemeijer | Speer  | 46.60 m  |      |  |

## Haaksbergen 09-05-94 Pupillen CD Wedstrijd

|               |      |        |        |         |
|---------------|------|--------|--------|---------|
| J.P.B.        | 40 m | 1000 m | Hoog   | Bal     |
| Remco Nijkamp | 8.5  | 4.39.1 | 0.80 m | 13.00 m |
| J.P.A.        | 60 m | 1000 m | Ver    | Kogel   |
| Roy Nijkamp   | 10.4 | 4.29.0 | 3.32 m | 5.60 m  |

## Enschede 07-05-94 2e Competitiewedstrijd CD Junioren

|                  |        |         |
|------------------|--------|---------|
| M.D.             |        |         |
| Marlies Berteler | 4x60 m | 37.1    |
| Marleen Scholten | 4x60 m | 37.1    |
| Magne Vogel      | 4x60 m | 37.1    |
| Margo Hulzink    | 4x60 m | 37.1    |
| Marlies Berteler | 60 m   | 10.3    |
| Marleen Scholten | 60 m   | 9.3     |
| Marleen Scholten | 60 mh  | 12.8    |
| Magne Vogel      | 60 mh  | 31.2    |
| Suzanne Dijkstra | 1000 m | 3.28.0  |
| Karin Lukens     | 1000 m | 3.42.7  |
| Karin Lukens     | Ver    | 3.28 m  |
| Magne Vogel      | Hoog   | 1.15 m  |
| Margo Hulzink    | Kogel  | 6.17 m  |
| Wilma te Raa     | Speer  | 13.58 m |

## Enschede 07-05-94 2e Competitiewedstrijd CD Junioren vervolg

J.C.

|                      |        |        |
|----------------------|--------|--------|
| Bram de Groot        | 100 m  | 14.4   |
| Joost Ottink         | 100 m  | 14.5   |
| Micha Lutje Spelberg | 100 mh | 15.8   |
| Joost Ottink         | 800 m  | 2.41.6 |
| Ronald Boomkamp      | 1500 m | 4.50.7 |
| Bram de Groot        | Ver    | 4.16 m |
| Micha Lutje Spelberg | Hoog   | 1.55 m |

## Goor 07-05-94 Pupillenwedstrijd

|                     |      |        |         |        |        |
|---------------------|------|--------|---------|--------|--------|
| M.P.B.              | 40 m | Hoog   | Kogel   |        |        |
| Reina Visser        | 7.6  | 0.85 m | 3.49    | 5e pl  |        |
| M.P.A.              | 60 m | Ver    | Bal     |        |        |
| Karin Meijer        | 10.0 | 3.46 m | 12.34 m | 13e pl |        |
| J.P.C.              | 40 m | Hoog   | Kogel   |        | 1000 m |
| Armin Pillen        | 7.9  | 0.75 m | 4.80 m  | 7e pl  | 4.27.5 |
| Ad Nijkamp          | 8.4  | x      | 3.54 m  | 11e pl | 4.54.4 |
| J.P.B.              | 40 m | Hoog   | Kogel   |        | 1000 m |
| Remco Nijkamp       | 8.6  | 0.95 m | 3.60 m  | 15e pl | 4.46.2 |
| J.P.A.              | 60 m | Ver    | Bal     |        | 1000 m |
| Arno Daleman        | 9.8  | 3.86 m | 24.18 m | 2e pl  | 3.28.4 |
| Ruben Pillen        | 9.5  | 3.47 m | 25.00 m | 4e pl  | 3.56.5 |
| Andre Louis Wassing | 10.2 | 3.55 m | 18.34 m | 12e pl |        |

## Haaksbergen 11-05-94 Junioren A/B/C en Seniorenwedstrijd

|                      |         |         |         |         |        |         |
|----------------------|---------|---------|---------|---------|--------|---------|
| M.B.                 | 100 m   | 200 m   | Hoog    | H.S.S.  | Kogel  | Speer   |
| Renate Hummelink     | 13.9    | 29.6    |         |         |        |         |
| Mira te Nijenhuis    |         |         |         |         | 9.70 m | 29.46 m |
| Hadewich Huitema     |         |         | 1.40 m  | 8.91 m  |        |         |
| J.C.                 | Kogel   | Discus  | Speer   |         |        |         |
| Micha Lutje Spelberg | 9.24 m  | 26.84 m | 28.36 m | 6e pl   |        |         |
| Ivo Maatman          | 6.81 m  | 20.82 m | 19.54 m | 8e pl   |        |         |
| J.B.                 | 200 m   | Kogel   | Discus  | Speer   |        |         |
| Michael Douglas      | 27.2    |         |         |         |        |         |
| Stefan Mol           |         | 9.75 m  | 23.38 m | 26.86 m |        |         |
| J.A.                 | Kogel   | Discus  | Speer   |         |        |         |
| Gerton Berkemeijer   | 11.39 m | 27.98 m | 44.64 m |         |        |         |
| Heren                | Kogel   | Discus  | Speer   |         |        |         |
| Paul Wormgoor        | 11.07 m | 30.94 m | 45.06 m | M 21    |        |         |

## Eibergen 15-05-94 Halve Marathon

|                 |       |
|-----------------|-------|
| J.C.            | 5 km  |
| Ronald Boomkamp | 20.23 |

|               |       |
|---------------|-------|
| J.A.          | 5 km  |
| Alfred Meekes | 21.38 |

|               |                |      |
|---------------|----------------|------|
| Heren         | Halve Marathon |      |
| Bennie Huirne | 1.45.53        | M 59 |

## Enschede 05-06-94 Marathon

|                      |                |      |
|----------------------|----------------|------|
| Heren                | Halve Marathon |      |
| Robert Leussenkamp   | 1.14.56        | M 29 |
| Theo Schootman       | 1.19.30        | M 45 |
| Marcel Bos           | 1.22.38        | M 22 |
| Geert Klein Bruinink | 1.23.02        | M 28 |
| Hans ter Woerds      | 1.25.24        | M 39 |
| Henk Daleman         | 1.27.46        | M 41 |
| Henk Wesselink       | 1.27.46        | M 44 |
| Jan Wikkerink        | 1.29.22        | M 40 |
| Bert Vogel           | 1.31.36        | M 41 |

|               |          |      |
|---------------|----------|------|
| Heren         | Marathon |      |
| Pim van Vuren | 3.17.11  | M 47 |
| Hans Gerfen   | 3.34.31  | M 43 |

## Oldenzaal 08-05-94 Marmoleumloop

|                    |       |      |
|--------------------|-------|------|
| Heren              | 15 km |      |
| Robert Leussenkamp | 53.20 | M 29 |

|               |         |      |
|---------------|---------|------|
| Heren         | 30 km   |      |
| Pim van Vuren | 2.11.26 | M 47 |

## Ulft 15-05-94 1e Competitiewedstrijd Senioren

|                     |        |         |      |
|---------------------|--------|---------|------|
| Heren               |        |         |      |
| Michel Stoverink    | 100 m  | 12.3    | M 27 |
| Gerton Berkemeijer  | 100 mh | 22.6    | J.A. |
| Ben Harbers         | 400 m  | 56.7    | J.A. |
| Ben Harbers         | 1500 m | 4.44.3  | J.A. |
| Robert Leussenkamp  | 5000 m | 16.27.7 | M 29 |
| Dennis te Nijenhuis | Ver    | 5.29 m  | M 20 |
| Herbert Garritsen   | Hoog   | 1.70 m  | M 28 |
| Herbert Garritsen   | Kogel  | 8.55 m  | M 28 |
| Dennis te Nijenhuis | Discus | 28.62 m | M 20 |
| Gerton Berkemeijer  | Speer  | 43.22 m | J.A. |

## Zwolle 28-05-94 Oost Nederlands Kampioenschap C/D Junioren

|                  |         |       |        |
|------------------|---------|-------|--------|
| M.D.             | 4x 60 m | 60 mh | 1000 m |
| Karin Lukens     |         |       | 3.38.6 |
| Suzanne Dijkstra | 37.0    |       | 3.25.0 |
| Marleen Scholten | 37.0    | 12.6  |        |
| Wilma te Raa     | 37.0    |       |        |
| Margo Hulzink    | 37.0    |       |        |

## Zwolle 28-05-94 Oost Nederlands Kampioenschap C/D Junioren vervolg

|                      |        |         |        |        |        |
|----------------------|--------|---------|--------|--------|--------|
| M.C.                 | Hoog   |         |        |        |        |
| Femia Metz           | 1.35 m |         |        |        |        |
| J.D.                 | Kogel  | Speer   |        |        |        |
| Matthijs ten Have    | 9.97 m | 25.78 m |        |        |        |
| J.C.                 | 100 m  | 100 mh  | 800 m  | 1500 m | Ver    |
| Bram de Groot        | 14.2   |         |        |        |        |
| Ivo Maatman          |        |         | 2.28.3 |        |        |
| Ronald Boomkamp      |        |         |        | 4.42.2 |        |
| Micha Lutje Spelberg |        | 14.9    |        |        | 5.46 m |

## Deventer 03-06-94 3e C/D Competitiewedstrijd

|                      |        |         |
|----------------------|--------|---------|
| M.D.                 |        |         |
| Marlies Berteler     | 60 m   | 9.6     |
| Marleen Scholten     | 60 m   | 9.2     |
| Marleen Scholten     | 60 mh  | 12.5    |
| Magne Vogel          | 60 mh  | 13.2    |
| Suzanne Dijkstra     | 1000 m | 3.25.7  |
| Karin Lukens         | 1000 m | 3.49.3  |
| Karin Lukens         | Ver    | 3.16 m  |
| Magne Vogel          | Hoog   | 1.10 m  |
| Margo Hulzink        | Kogel  | 6.30 m  |
| Wilma te Raai        | Speer  | 11.18 m |
| J.C.                 |        |         |
| Joost Ottink         | 100 m  | 14.2    |
| Micha Lutje Spelberg | 100 mh | 15.1    |
| Joost Ottink         | 100 mh | 21.5    |
| Ivo Maatman          | 800 m  | 2.39.0  |
| Ronald Boomkamp      | 1500 m | 4.46.8  |
| Bram de Groot        | Ver    | 3.95 m  |
| Micha Lutje Spelberg | Hoog   | 1.50 m  |
| Ronald Boomkamp      | Kogel  | 6.71 m  |
| Joris Pardijs        | Discus | 17.80 m |
| Thomas Notten        | Speer  | 20.40 m |

## Gendringen 11-12-06-94 Oost Nederlandse Kampioenschappen Meerkamp

|                      |        |         |          |       |
|----------------------|--------|---------|----------|-------|
| J.C.                 | 100 m  | 12.8    | 3237 pnt | 9e pl |
| Micha Lutje Spelberg | Ver    | 5.47 m  |          |       |
|                      | Kogel  | 10.10 m |          |       |
|                      | Hoog   | 1.50 m  |          |       |
|                      | 100 mh | 14.9    |          |       |
|                      | Discus | ?       |          |       |
|                      | Speer  | ?       |          |       |
|                      | 1000 m | ?       |          |       |

## Enschede 17-06-94 Electronic Games

|                   |        |       |        |         |
|-------------------|--------|-------|--------|---------|
| M.C.              | H.S.S. |       |        |         |
| Angeliën ten Have | 9.41 m |       |        |         |
| M.B.              | 100 m  | 200 m | H.S.S. | Kogel   |
| Renate Hummelink  | 14.27  | 29.22 |        |         |
| Hadewich Huitema  |        |       | 9.44 m |         |
| Mira te Nijenhuis |        |       |        | 10.76 m |
|                   |        |       |        | 27.82 m |

## Enschede 17-06-94 Electronic Games vervolg

|                     |         |         |       |      |  |
|---------------------|---------|---------|-------|------|--|
| J.C.                | 1500 m  |         |       |      |  |
| Ronald Boomkamp     | 4.39.26 | 6e pl   |       |      |  |
| J.A.                | Kogel   | Discus  |       |      |  |
| Gerton Berkemeijer  | 11.34 m | 29.58 m |       |      |  |
| Heren               | Kogel   | Discus  |       |      |  |
| Dennis te Nijenhuis |         | 28.66 m | 6e pl | M 20 |  |
| Paul Wormgoor       | 12.15 m | 3e pl   |       | M 21 |  |

## Eibergen 18-06-94 2e Medaillewedstrijd

|                     |        |        |         |         |
|---------------------|--------|--------|---------|---------|
| M.P.C.              | 40 m   | Ver    | Kogel   |         |
| Nienke Reinderink   | 8.4    | 2.29 m | 5.84 m  |         |
| Esli Vogel          | 7.4    | 2.95 m | 3.40 m  |         |
| M.P.B.              | 40 m   | Ver    | Kogel   |         |
| Rosemarijn Berteler | 7.2    | 0.80 m | 3.83 m  |         |
| Nicole Roders       | 7.8    | 0.90 m | 3.06 m  |         |
| Karin Wientjes      | 8.0    | 0.80 m | 3.44 m  |         |
| Reina Visser        | 7.6    | 0.90 m | 3.96 m  |         |
| M.P.A.              | 1000 m | Ver    | Kogel   |         |
| Inge Thijssen       | 4.47.8 | 3.05 m | 4.48 m  |         |
| Karin Meijer        | 4.14.1 | 3.61 m | 5.07 m  |         |
| M.D.                | 600 m  | Ver    | Speer   |         |
| Karin Lukens        | 2.02.3 | 3.13 m | 5.58 m  |         |
| Margo Hulzink       | 2.08.1 | 3.27 m | 9.64 m  |         |
| Magne Vogel         | 2.04.8 | 3.46 m | 12.56 m |         |
| Lizette Hendriks    | 2.14.7 | 3.61 m | 13.36 m |         |
| Bella Hendriks      | 2.10.5 | 3.37 m | 9.92 m  |         |
| Wilma te Raaij      | 2.23.9 | 3.76 m | 13.98 m |         |
| Suzanne Dijkstra    | 1.50.6 | 3.41 m | 10.56 m |         |
| M.C.                | 80 m   | Hoog   | Kogel   | Discus  |
| Femia Metz          | 12.1   | 1.30 m | 7.36 m  | 14.92 m |
| J.P.C.              | 1000 m | Ver    | Kogel   |         |
| Tamo Vogel          | 4.04.4 | 2.76 m | 4.94 m  |         |
| Ad Nijkamp          | 5.28.1 | 2.30 m | 3.85 m  |         |
| Rik Bruil           | 5.57.0 | 2.01 m | 2.78 m  |         |
| Armin Pillen        | 4.14.9 | 2.86 m | 4.51 m  |         |
| Wouter Siemerink    | 5.23.5 | 2.26 m | 3.29 m  |         |
| Robert Jan te Kulve | 4.42.3 | 2.51 m | 4.33 m  |         |
| Joris Pietersen     | 4.59.7 | 2.23 m | 3.41 m  |         |
| Martijn Siemerink   | 5.09.3 | 2.89 m | 4.35 m  |         |
| J.P.B.              | 1000 m | Ver    | Bal     |         |
| Thijs Pietersen     | 4.23.0 | 3.25 m | 24.40 m |         |
| Jan Joris te Kulve  | 4.23.6 | 2.84 m | 16.08 m |         |
| Remco Nijkamp       | 4.30.9 | 2.55 m | 11.04 m |         |

## Eibergen 18-06-94 2e Medaillewedstrijd vervolg

| J.P.A.              | 60 m | Hoog   | Bal     |
|---------------------|------|--------|---------|
| Arno Daleman        | 9.7  | x      | 23.72 m |
| Roy Nijkamp         | 10.0 | 1.00 m | 22.60 m |
| Jorne Hagens        | 10.2 | 0.95 m | 17.10 m |
| Kjell Vogel         | 10.1 | 1.00 m | 22.20 m |
| Ruben Pillen        | 9.5  | 1.00 m | 24.10 m |
| Laurens Wientjes    | 10.8 | 0.90 m | 18.40 m |
| Joep Brinkers       | 9.9  | 1.10 m | 22.56 m |
| Joost Scharenborg   | 9.8  | 0.95 m | 17.42 m |
| Andre Louis Wassing | 9.8  | 1.05 m | 17.06 m |
| Nick Kamers         | 10.0 | 0.95 m | 13.76 m |

| J.D.                  | 80 m | Hoog   | Speer   |
|-----------------------|------|--------|---------|
| Jelle Broekman        | 12.1 | 1.20 m | 17.78 m |
| Matthijs ten Have     | 12.1 | 1.25 m | 30.34 m |
| Lucas van Uem         | 13.2 | 1.10 m | 14.40 m |
| Xander Lutje Spelberg | 12.2 | 1.30 m | 14.84 m |
| Jetze van de Kamp     | 11.6 | 1.15 m | 15.76 m |

| J.C.                 | 800 m  | Ver    | Kogel   | Discus  |
|----------------------|--------|--------|---------|---------|
| Ronald Boomkamp      | 2.23.7 | 3.92 m | 7.41 m  | 15.00 m |
| Micha Lutje Spelberg | 2.28.4 | 5.46 m | 10.91 m | 31.80 m |
| Thomas Notten        | x      | x      | 4.72 m  | 19.04 m |
| Joost Ottink         | 2.40.4 | 4.29 m | 6.98 m  | 16.76 m |

## Groningen 25/26/27-06-93 NK A/B Junioren

### Eibergen 02-07-94 Pupillen 3 Kamp en CD Junioren Wedstrijd

| M.P.C.            | 40 m | Hoog   | Kogel  |
|-------------------|------|--------|--------|
| Nienke Reinderink | 8.8  | 0.85 m | 5.37 m |

| M.P.B.         | 40 m | Ver    | Kogel  |
|----------------|------|--------|--------|
| Karin Wientjes | 8.3  | 2.19 m | 2.90 m |

| M.D.             | 60 m | 600 m  | Hoog   | Speer   | 1000 m |
|------------------|------|--------|--------|---------|--------|
| Karin Lukens     | 10.0 | 2.11.6 | 1.00 m | 7.82 m  |        |
| Margo Hulzink    | 10.1 |        | 1.15 m | 12.32 m |        |
| Wilma te Raai    | 10.0 |        | 1.15 m | 13.76 m |        |
| Lizette Hendrikx |      |        | 1.15 m |         |        |
| Bella Hendrikx   |      |        | 1.05 m | 9.56 m  |        |
| Magne Vogel      |      |        |        | 11.58 m | 2.15.9 |
| Suzanne Dijkstra |      |        |        | 12.26 m | 1.52.7 |

| J.P.C.               | 40 m | Hoog   | Kogel  |
|----------------------|------|--------|--------|
| Armin Pillen         | 8.0  | 0.70 m | 4.54 m |
| Joris Pietersen      | 8.6  | 0.95 m | 3.90 m |
| Robbert Jan te Kulve | 8.7  | 0.75 m | 4.46 m |

| J.P.B.          | 40 m | Ver    | Kogel  |
|-----------------|------|--------|--------|
| Thijs Pietersen | 7.2  | 3.12 m | 5.47 m |

| J.P.A.              | 60 m | Hoog   | Kogel  | 1000 m |
|---------------------|------|--------|--------|--------|
| Andre Louis Wassing | 10.1 | 1.15 m | 5.41 m | 4.06.6 |
| Joep Brinkers       | 10.2 | 1.00 m | 5.32 m | 3.27.9 |
| Laurens Wientjes    | 11.3 | x      | 5.01 m |        |
| Ruben Pillen        | 10.2 | 0.90 m | 5.94 m | 3.46.0 |



## **Eibergen 02-07-94 Pupillen 3 Kamp en CD Junioren Wedstrijd vervolg**

|                       |       |        |        |         |
|-----------------------|-------|--------|--------|---------|
| J.D.                  | 80 m  | Hoog   |        |         |
| Xander Lutje Spelberg | 12.3  | 1.25 m |        |         |
| Jetze van de Kamp     |       | 1.25 m |        |         |
| J.C.                  | 100 m | 1000 m | Ver    | Speer   |
| Micha Lutje Spelberg  | 12.8  |        | 5.57 m | 35.20 m |
| Ronald Boomkamp       |       | 3.03.5 |        |         |

## **Assen 16/17-07-94 NK Senioren**

## **Apeldoorn 13-08-94 Tien Engelse Mijlen AV Veluwe**

## **Aalten 16-08-94 Zomeravondloop AVA 70**

## **Goor 21-08-94 Cityloop AV Goor 75**

## **Amsterdam 27/28-08-94 Nationale C Spelen**

|                      |         |         |        |  |
|----------------------|---------|---------|--------|--|
| M.C.                 | 1000 m  |         |        |  |
| Angeliën ten Have    | 3.29.04 |         |        |  |
| J.C.                 | 100 mh  | 1500 m  | Ver    |  |
| Micha Lutje Spelberg | 15.52   |         | 5.42 m |  |
| Ronald Boomkamp      |         | 4.48.37 |        |  |

## **Hengelo 31-08-94 Baanwedstrijd Senioren A/B Junioren DAV Kronos**

## **Warnsveld 01-09-94 ONG Graffelloop AV Hanzesport**

## **Warnsveld 03-09-94 Hanzeloop tevens ONK Halve Marathon AV Hanzesport**

## **Haaksbergen 07-09-94 Baanwedstrijd Senioren A/B/C Junioren AV Haaksbergen**

## **Enschede 10-09-94 3e Medaillewedstrijd MPM en KeV**

## **Enschede 16-09-94 2e wedstrijd Seniorencompetitie**

|                    |         |      |
|--------------------|---------|------|
| Heren              | 5000 m  |      |
| Robert Leussenkamp | 16.34.0 | M 29 |

## **Amsterdam 18-09-94 Nationale D Spelen Blauw - Wit**

## Haaksbergen 01-10-94 Pupillen Junioren C/D Wedstrijd

|                       |       |        |         |        |        |
|-----------------------|-------|--------|---------|--------|--------|
| M.D.                  | 60 m  | Hoog   | Speer   |        | 600 m  |
| Suzanne Dijkstra      | 9.7   | 1.30 m | 13.24 m | 10e pl | 1.52.8 |
| Wilma te Raai         | 9.9   | 1.20 m | 12.38 m | 17e pl |        |
| Margo Hulzink         | 10.0  | 1.15 m | 11.28 m | 19e pl |        |
| M.C.                  | 80 m  | Ver    | Discus  |        |        |
| Angeliën ten Have     | 12.4  | 4.06 m | 21.16 m | 10e pl |        |
| J.D.                  | 80 m  | Ver    | Discus  |        |        |
| Jetze van de Kamp     | 11.0  | 4.10 m | 13.50 m | 4e pl  |        |
| Xander Lutje Spelberg | 12.7  | 3.86 m | 14.30 m | 8e pl  |        |
| J.C.                  | 100 m | Hoog   | speer   |        |        |
| Micha Lutje Spelberg  | 12.8  | 1.55 m | 34.24 m | 1e pl  |        |
| Joost Ottink          | 14.7  | 1.35 m | 19.82 m | 11e pl |        |

## Hengelo 10-09-94 3e Medaillewedstrijd

|                     |        |        |         |  |
|---------------------|--------|--------|---------|--|
| J.C.                | 800 m  |        |         |  |
| Ronald Boomkamp     | 2.23.8 | 2e pl  |         |  |
| M.P.C.              | 1000 m | Ver    | Bal     |  |
| Nienke Reinderink   | 5.41.7 | 2.30 m | 13.46   |  |
| M.P.B.              | 1000 m | Ver    | Bal     |  |
| Karin Wientjes      | 4.55.8 | 2.81 m | 11.46 m |  |
| Reina Visser        | 4.44.2 | 3.02 m | 17.90 m |  |
| Rosemarijn Berteler | 4.55.3 | 2.78 m | 12.62 m |  |
| M.P.A.              | 60 m   | Hoog   | Bal     |  |
| Karin Meijer        | 9.8    | 1.10 m | 13.60 m |  |
| Inge Thijssen       | 10.8   | 1.00 m | 15.64 m |  |
| M.D.                | 60 m   | Hoog   | Kogel   |  |
| Karin Lukens        | 10.0   | 0.95 m | 4.19 m  |  |
| Suzanne Dijkstra    | 9.5    | 1.20 m | 6.75 m  |  |
| Margo Hulzink       | 10.0   | 1.05 m | 6.63 m  |  |
| Wilma te Raai       | 9.7    | 1.15 m | 6.77 m  |  |
| Lizette Hendrikx    | 10.2   | 1.15 m | 7.75 m  |  |
| Bella Hendrikx      | 10.1   | 1.10 m | 6.24 m  |  |
| M.C.                | 600 m  | Ver    | Speer   |  |
| Femia Metz          | 2.18.0 | 3.64 m | 13.16 m |  |
| J.P.C.              | 40 m   | Hoog   | Bal     |  |
| Robert Jan te Kulve | 8.8    | 0.80 m | 20.40 m |  |
| Martijn Siemerink   | 7.7    | 0.80 m | 14.78 m |  |
| Wouter Siemerink    | 9.0    | 0.75 m | 10.00 m |  |
| Armin Pillen        | 7.9    | 0.70 m | 14.46 m |  |
| Ad Nijkamp          | 8.3    | 0.90 m | 8.70 m  |  |
| J.P.B.              | 40 m   | Hoog   | Kogel   |  |
| Jan Joris te Kulve  | 8.1    | 0.90 m | 4.54 m  |  |
| Remco Nijkamp       | 8.2    | 0.90 m | 4.01 m  |  |
| Thijs Pietersen     | 7.1    | 1.15 m | 5.68 m  |  |

### Hengelo 10-09-94 3e Medaillewedstrijd vervolg

|                      |        |        |         |        |
|----------------------|--------|--------|---------|--------|
| J.P.A.               | 1000 m | Ver    | Kogel   | J.P.B. |
| Klaas Jan Lageschaar | 4.26.3 | 3.29 m | 5.33 m  |        |
| Jorne Hagens         | 4.41.2 | 3.15 m | 6.10 m  |        |
| Joost Scharenborg    | 4.11.9 | 3.15 m | 5.21 m  |        |
| Joep Brinkers        | 3.33.8 | 3.59 m | 5.61 m  |        |
| Roy Nijkamp          | 4.21.9 | 3.20 m | 6.64 m  |        |
| Andre Louis Wassing  | 3.52.8 | 3.60 m | 5.39 m  |        |
| Ruben Pillen         | 4.02.6 | 3.48 m | 6.53 m  |        |
|                      |        |        |         |        |
| J.D.                 | 1000 m | Ver    | Kogel   |        |
| Jetze van de Kamp    | 3.38.4 | 4.11 m | 8.72 m  |        |
| Lucas van Uem        | 4.18.6 | 3.08 m | 5.10 m  |        |
|                      |        |        |         |        |
| J.C.                 | 100 m  | Hoog   | Speer   |        |
| Ivo Maatman          | 14.4   | 1.30 m | 19.16 m |        |
| Micha Lutje Spelberg | 12.9   | 1.50 m | 24.96 m |        |
| Joost Ottink         | 13.9   | 1.25 m | 17.54 m |        |

### Almelo 17-09-94 Pupillen en Junioren C/D Wedstrijd

|              |      |        |        |       |        |
|--------------|------|--------|--------|-------|--------|
| J.P.A.       | 60 m | Hoog   | Kogel  |       | 1000 m |
| Arno Daleman | 10.0 | 1.15 m | 6.41 m | 6e pl | 3.37.2 |

### Enschede 24-09-94 4e Medaillewedstrijd

|                      |        |        |         |         |
|----------------------|--------|--------|---------|---------|
| M.P.C.               | 40 m   | Ver    | Kogel   |         |
| Esli Vogel           | 7.7    | 2.70 m | 3.71 m  |         |
| Nienke Reinderink    | 8.1    | 2.49 m | 5.40 m  |         |
|                      |        |        |         |         |
| M.P.B.               | 40 m   | Hoog   | Kogel   |         |
| Reina Visser         | 7.5    | 1.00 m | 4.41 m  |         |
|                      |        |        |         |         |
| M.P.A.               | 1000 m | Ver    | Kogel   |         |
| Johanneke Lageschaar | 4.00.1 | 2.78 m | 4.55 m  |         |
| Karin Meijer         | 4.00.2 | 3.66 m | 4.99 m  |         |
|                      |        |        |         |         |
| M.D.                 | 600 m  | Ver    | Speer   |         |
| Lizette Hendrikk     | 2.04.0 | 3.06 m | 18.04 m |         |
| Bella Hendrikk       | 2.06.2 | 3.27 m | 9.70 m  |         |
| Magne Vogel          | 2.05.6 | 3.46 m | 12.56 m |         |
| Margo Hulzink        | 2.04.7 | 3.21 m | 12.64 m |         |
| Suzanne Dijkstra     | 1.51.9 | 3.27 m | 11.44 m |         |
| Karin Lukens         | 2.00.7 | 3.10 m | 8.68 m  |         |
|                      |        |        |         |         |
| M.C.                 | 80 m   | Hoog   | Kogel   | Discus  |
| Angeliën ten Have    | 12.0   | 1.45 m | 8.34 m  | 18.96 m |
|                      |        |        |         |         |
| J.P.C.               | 1000 m | Ver    | Kogel   |         |
| Ad Nijkamp           | 4.30.2 | 2.39 m | 3.37 m  |         |
| Armin Pillen         | 4.16.1 | 2.34 m | 4.70 m  |         |
| Joris Pietersen      | 4.37.4 | 2.67 m | 4.60 m  |         |
| Tamo Vogel           | 4.12.0 | 2.76 m | 5.74 m  |         |
| Wouter Siemerink     | 5.06.2 | 2.13 m | 3.91 m  |         |
| Martijn Siemerink    | 4.38.1 | 2.59 m | 4.61 m  |         |
| Robert Jan te Kulve  | 4.29.0 | 2.59 m | 4.50 m  |         |

## Enschede 24-09-94 4e Medaillewedstrijd vervolg

| J.P.B.               | 1000 m | Ver    | Bal     |
|----------------------|--------|--------|---------|
| Jan Joris te Kulve   | 4.09.4 | 2.86 m | 20.22 m |
| Remco Nijkamp        | 4.24.1 | 2.76 m | 16.30 m |
| Thijs Pietersen      | 4.20.0 | 3.12 m | 27.74 m |
| Klaas Jan Lageschaar | 4.17.2 | 3.08 m | 16.30 m |

| J.P.A.              | 60 m | Hoog   | Bal     |
|---------------------|------|--------|---------|
| Ruben Pillen        | 9.7  | 0.95 m | 26.82 m |
| Roy Nijkamp         | 10.3 | 1.00 m | 27.02 m |
| Joost Scharenborg   | 10.3 | 1.00 m | 15.16 m |
| Jorne Hagens        | 9.8  | 0.95 m | 21.70 m |
| Kjell Vogel         | 10.2 | 1.00 m | 24.94 m |
| Andre Louis Wassing | 10.1 | 1.15 m | 18.76 m |
| Arno Daleman        | 9.8  | 1.05 m | 27.06 m |

| J.D.              | 80 m | Hoog   | Speer   |
|-------------------|------|--------|---------|
| Jetze van de Kamp | 10.8 | 1.35 m | 17.20 m |
| Matthijs ten Have | 12.4 | 1.30 m | 29.00 m |

| J.C.                 | 800 m  | Ver    | Kogel   | Discus  |
|----------------------|--------|--------|---------|---------|
| Micha Lutje Spelberg | 2.29.5 | 5.33 m | 10.17 m | 28.96 m |
| Joost Ottink         | 2.40.8 | 3.94 m | 7.73 m  | 18.00 m |
| Ronald Boomkamp      | 2.23.6 | 3.83 m | 7.27 m  | 14.66 m |

## Utrecht 25-09-94 50e Utrechtse Singelloop

## Eibergen 02-10-94 Clubkampioenschappen

| M.P.C.            | 40 m | 600 m  | Ver    | Kogel  |
|-------------------|------|--------|--------|--------|
| Esli Vogel        | 7.7  | 2.24.8 | 2.73 m | 3.72 m |
| Dieuwertje Hammer | 8.8  | 3.12.2 | 2.40 m | 2.04 m |
| Nienke Reinderink | 8.5  | 2.52.2 | 2.29 m | 5.45 m |
| Marike Brinkers   | 8.5  | 2.40.1 | 2.42 m | 2.50 m |

| M.P.B.        | 40 m | 600 m  | Ver    | Kogel  |
|---------------|------|--------|--------|--------|
| Reina Visser  | 7.6  | 2.45.1 | 3.00 m | 3.85 m |
| Nicole Roders | 8.0  | 2.45.9 | 2.73 m | 3.64 m |

| M.P.A.               | 60 m | 600 m  | Ver    | Kogel  |
|----------------------|------|--------|--------|--------|
| Inge Thijssen        | 10.8 | 2.20.8 | 3.09 m | 5.15 m |
| Johanneke Lageschaar | 10.9 | 2.24.0 | 2.80 m | 4.58 m |
| Karin Meijer         | 9.7  | 2.16.9 | 3.44 m | 5.05 m |

| M.D.             | 60 m | 600 m  | Ver    | Speer   |
|------------------|------|--------|--------|---------|
| Karin Lukens     | 9.5  | 2.05.6 | 3.47 m | 12.10 m |
| Magne Vogel      | 9.7  | 2.10.8 | 3.44 m | 11.62 m |
| Wilma te Raai    | 9.9  | 2.21.1 | 3.94 m | 14.58 m |
| Lizette Hendriks | 9.9  | 2.06.9 | 3.67 m | 17.36 m |
| Bella Hendriks   | 10.1 | 2.09.4 | 3.54 m | 13.24 m |
| Suzanne Dijkstra | 9.3  | 1.56.1 | 3.55 m | 15.10 m |

| M.C.              | 80 m | 600 m  | Ver    | Speer   |
|-------------------|------|--------|--------|---------|
| Femia Metz        | 12.3 | 2.08.1 | 4.14 m | 15.16 m |
| Angeliën ten Have | 12.1 | 1.51.9 | 4.25 m | 19.76 m |

## Eibergen 02-10-94 Clubkampioenschappen vervolg

|                        |       |        |         |         |      |
|------------------------|-------|--------|---------|---------|------|
| M.B.                   | 100 m | 800 m  | Ver     | Speer   |      |
| Renate Hummelink       | 14.4  | 2.41.8 | 4.06 m  | 18.40 m |      |
| Mira te Nijenhuis      | 15.0  | 2.56.5 | 4.12 m  | 32.26 m |      |
| Dames                  | 100 m | 1500 m | Ver     | Speer   |      |
| Janny Nijkamp          | 16.7  | 6.40.1 | 2.96 m  | 16.50 m | V 37 |
| Ineke Visser           | 16.6  | 6.55.3 | 3.67 m  | 19.08 m | V 39 |
| Dames                  | 300 m | 1500 m | 5000 m  |         |      |
| Ada ter Woerds         | 54.3  | 6.40.6 | 25.13.8 | V 39    |      |
| Henriette van der Duim | 54.3  | 6.33.1 | 24.54.9 | V 30    |      |
| J.P.C.                 | 40 m  | 600 m  | Ver     | Kogel   |      |
| Niek Thijssen          | 8.1   | 2.43.0 | 2.59 m  | 3.20 m  |      |
| Tamo Vogel             | 7.5   | 2.24.2 | 2.73 m  | 5.85 m  |      |
| Wessel Braakman        | 8.8   | 2.59.0 | 2.29 m  | 4.85 m  |      |
| Hidde Braakman         | 9.6   | 3.12.3 | 1.40 m  | 3.32 m  |      |
| Joris Pietersen        | 8.1   | 2.40.2 | 2.52 m  | 3.70 m  |      |
| Armin Pillen           | 7.7   | 2.34.1 | 2.65 m  | 5.15 m  |      |
| Wouter Siemerink       | 9.5   | 2.56.4 | 2.05 m  | 3.50 m  |      |
| Martijn Siemerink      | 7.6   | 2.37.8 | 2.67 m  | 4.50 m  |      |
| Rik Bruil              | 9.6   | 3.24.7 | 2.10 m  | 3.24 m  |      |
| Ad Nijkamp             | 8.3   | 2.44.4 | 2.32 m  | 3.65 m  |      |
| J.P.B.                 | 40 m  | 600 m  | Ver     | Kogel   |      |
| Jasper Franco          | 8.0   | 2.23.9 | 2.88 m  | 4.45 m  |      |
| Klaas Jan Lageschaar   | 7.7   | 2.27.8 | 3.15 m  | 4.50 m  |      |
| Stijn Goossens         | 7.9   | 2.39.7 | 2.81 m  | 5.00 m  |      |
| Remco Nijkamp          | 8.5   | 2.33.9 | 2.27 m  | 4.24 m  |      |
| Thijs Pietersen        | 7.3   | 2.34.5 | 2.55 m  | 5.94 m  |      |
| J.P.A.                 | 60 m  | 600 m  | Ver     | Kogel   |      |
| Andre Louis Wassing    | 10.3  | 2.12.4 | 3.47 m  | 5.30 m  |      |
| Kjell Vogel            | 10.3  | 2.10.3 | 3.38 m  | 6.25 m  |      |
| Tom Braakman           | 10.9  | 2.21.7 | 2.94 m  | 5.10 m  |      |
| Joep Brinkers          | 9.8   | 1.58.3 | 3.54 m  | 5.80 m  |      |
| Ruben Pillen           | 9.6   | 2.08.9 | 3.61 m  | 7.25 m  |      |
| Nick Kamers            | 9.8   | 2.04.9 | 3.57 m  | 5.95 m  |      |
| Arno Daleman           | 9.9   | 1.58.6 | 3.68 m  | 6.72 m  |      |
| Joost Scharenborg      | 10.3  | 2.18.5 | 3.40 m  | 4.85 m  |      |
| Roy Nijkamp            | 10.2  | 2.19.6 | 3.15 m  | 6.35 m  |      |
| J.D.                   | 80 m  | 800 m  | Hoog    | Discus  |      |
| Xander Lutje Spelberg  | 12.4  | 3.03.8 | 1.30 m  | 17.24 m |      |
| Matthijs ten Have      | 12.5  | 3.00.2 | 1.30 m  | 21.18 m |      |
| Jetze van de Kamp      | 10.8  | 2.40.9 | 1.35 m  | 12.40 m |      |
| J.C.                   | 100 m | 800 m  | Hoog    | Discus  |      |
| Micha Lutje Spelberg   | 13.0  | 2.32.3 | 1.50 m  | 27.78 m |      |
| Joost Ottink           | 14.3  | 2.45.4 | 1.30 m  | 15.20 m |      |
| Ronald Boomkamp        | 15.2  | 2.22.4 | 1.35 m  | 15.32 m |      |
| Ivo Maatman            | 15.2  | 2.34.5 | 1.40 m  | 16.90 m |      |
| J.B.                   | 100 m | 800 m  | Hoog    | Discus  |      |
| Nick Maatman           | 13.7  | 2.25.4 | 1.60 m  | 16.92 m |      |
| Stefan Mol             | 14.2  | 3.03.0 | 1.40 m  | 29.66 m |      |
| J.A.                   | 100 m | 1500 m | Hoog    | Discus  |      |
| Alfred Meekes          | 13.7  | 5.21.8 | 1.45 m  | 21.66 m |      |

## Eibergen 02-10-94 Clubkampioenschappen vervolg

|                      |       |        |         |         |      |
|----------------------|-------|--------|---------|---------|------|
| Heren                | 100 m | 1500 m | Hoog    | Discus  |      |
| Dennis te Nijenhuis  | 12.9  | 5.43.4 | 1.65 m  | 32.04 m | M 20 |
| Herbert Garritsen    | 13.3  | 5.50.8 | 1.60 m  | 27.94 m | M 28 |
| Heren                | 300 m | 1500 m | 5000 m  |         |      |
| Geert Klein Bruinink | 46.4  | 5.06.6 | 18.50.9 | M 28    |      |
| Henk Wesselink       | 45.6  | 5.21.2 | 20.09.7 | M 44    |      |
| Theo Schootman       | 47.8  | 5.00.0 | 18.14.9 | M 45    |      |
| Bennie Huirne        | 63.5  | 6.42.1 | 24.00.6 | M 59    |      |
| Henk Daleman         | 44.6  | 5.23.1 | 20.45.9 | M 41    |      |
| Hans ter Woerds      | 48.4  | 5.16.0 | 19.18.1 | M 39    |      |
| Pim van Vuren        | 50.5  | 5.24.9 | 19.34.8 | M 47    |      |

## Eindhoven 09-10-94 11e Marathon

## Enschede 16-10-94 Seizoensluiting AC Tion

|                 |        |
|-----------------|--------|
| J.C.            | 800 m  |
| Ronald Boomkamp | 2.28.5 |

## Enschede 30-10-94 Indoorwedstrijd AC Tion

|                       |       |        |         |
|-----------------------|-------|--------|---------|
| M.D.                  | 60 m  | 60 mh  | Hoog    |
| Suzanne Dijkstra      | 10.0  |        | 1.25 m  |
| Margo Hulzink         | 9.8   |        | 1.15 m  |
| Marleen Scholten      | 9.5   | 12.2   |         |
| M.C.                  | 60 mh | Hoog   |         |
| Femia Metz            | 11.7  |        |         |
| Angeliën ten Have     | 12.5  | 1.45 m |         |
| J.D.                  | 60 m  | Hoog   | Kogel   |
| Jetze van de Kamp     | 8.4   | 1.35 m |         |
| Xander Lutje Spelberg | 9.4   | 1.20 m | 7.34 m  |
| Matthijs ten Have     |       |        | 9.96 m  |
| J.C.                  | 60 m  | 60 mh  | Kogel   |
| Joost Ottink          | 9.1   |        | 7.73 m  |
| Micha Lutje Spelberg  |       | 9.2    | 11.11 m |

## Nijverdal Diepe Hel Holterbergloop

|               |         |      |        |
|---------------|---------|------|--------|
| Heren         | 10 EM   |      |        |
| Pim van Vuren | 1.04.43 | M 47 | 19e pl |

## Haaksbergen 06-11-94 22e Pingelloop

|                 |        |       |  |
|-----------------|--------|-------|--|
| M.P.C.          | 1070 m |       |  |
| Marike Brinkers | 4.39.1 | 1e pl |  |
| Maaïke Emsbroek | 5.18.9 | 3e pl |  |
| M.P.B.          | 1070 m |       |  |
| Esli Vogel      | 4.16.9 | 2e pl |  |

## Haaksbergen 06-11-94 22e Pingelloop vervolg

|                     |         |        |        |
|---------------------|---------|--------|--------|
| M.P.A.              | 1070 m  |        |        |
| Reina Visser        | 4.29.2  | 1e pl  |        |
| Nicole Roders       | 4.48.4  | 13e pl |        |
| M.D.                | 1070 m  |        |        |
| Karin Lukens        | 3.52.8  | 3e pl  |        |
| Magne Vogel         | 3.57.6  | 4e pl  |        |
| Karin Meijer        | 4.14.2  | 7e pl  |        |
| M.C.                | 2140 m  |        |        |
| Suzanne Dijkstra    | 7.55.2  | 3e pl  |        |
| M.B.                | 2140 m  |        |        |
| Angelien ten Have   | 8.19.9  | 4e pl  |        |
| Dames               | 5110 m  |        |        |
| Janny Nijkamp       | 23.45.4 | 7e pl  |        |
| J.P.C.              | 1070 m  |        |        |
| Armin Pillen        | 4.11.8  | 1e pl  |        |
| Ad Nijkamp          | 4.48.2  | 7e pl  |        |
| Joris Pardijs       | 5.11.7  | 10e pl |        |
| Robert Jan te Kulve | 6.30.0  | 11e pl |        |
| J.P.B.              | 1070 m  |        |        |
| Tamo Vogel          | 4.20.8  | 2e pl  |        |
| J.P.A.              | 1070 m  |        |        |
| Joep Brinkers       | 3.34.2  | 1e pl  |        |
| Kjell Vogel         | 3.44.5  | 5e pl  |        |
| Joost Scharenborg   | 3.51.0  | 7e pl  |        |
| Jan Joris te Kulve  | 4.17.1  | 12e pl |        |
| Jasper Franco       | 4.28.6  | 14e pl |        |
| Remco Nijkamp       | 4.30.6  | 15e pl |        |
| Thijs Pietersen     | 4.36.1  | 16e pl |        |
| Ruud Geerdes        | 5.02.5  | 22e pl |        |
| J.D.                | 2140 m  |        |        |
| Arno Daleman        | 7.50.7  | 5e pl  |        |
| Ruben Pillen        | 8.17.3  | 10e pl |        |
| Roy Nijkamp         | 10.29.1 | 19e pl |        |
| J.C.                | 2140 m  |        |        |
| Jetze van de Kamp   | 8.07.5  | 9e pl  |        |
| J.B.                | 3990 m  |        |        |
| Ronald Boomkamp     | 13.18.8 | 3e pl  |        |
| Heren               | 9830 m  |        |        |
| Theo Schootman      | 34.54.2 | M 45   | 2e pl  |
| Marcel Bos          | 35.40.2 | M 22   | 9e pl  |
| Bennie Huirne       | 46.10.9 | M 59   | 20e pl |

## 12-11-94 1e Wedstrijd Oostelijke Cross Competitie

|                   |        |        |  |
|-------------------|--------|--------|--|
| M.C. 1e j         | 2000 m |        |  |
| Suzanne Dijkstra  | 9,21   | 18e pl |  |
| M.B.              | 2000 m |        |  |
| Angelien ten Have | 9.18   | 10e pl |  |

## 12-11-94 1e Wedstrijd Oostelijke Cross Competitie vervolg

|                   |        |        |
|-------------------|--------|--------|
| J.P.A. 2e j       | 1000 m |        |
| Joep Brinkers     | 4.17   | 2e pl  |
| J.D. 1ej          | 2000 m |        |
| Arno Daleman      | 9.01   | 8e pl  |
| Roy Nijkamp       | 11.38  | 63e pl |
| J.C. 1e j         | 2500 m |        |
| Jetze van de Kamp | 10.39  | 16e pl |
| J.C. 2e j         | 2500 m |        |
| Joost Ottink      | 10.42  | 34e pl |
| J.B.              | 4000 m |        |
| Ronald Boomkamp   | 15.47  | 7e pl  |

## Enschede 13-11-94 Tioncross

|                     |        |        |       |
|---------------------|--------|--------|-------|
| M.P.C.              | 998 m  |        |       |
| Marika Brinkers     | 4.28   | 1e pl  |       |
| Maika Emsbroek      | 5.06   | 2e pl  |       |
| M.P.B.              | 998 m  |        |       |
| Esli Vogel          | 4.04   | 1e pl  |       |
| M.P.A.              | 998    |        |       |
| Rosemarijn Berteler | 4.33   | 12e pl |       |
| Reina Visser        | 4.40   | 14e pl |       |
| Nicole Roders       | 4.45   | 16e pl |       |
| M.D.                | 1468 m |        |       |
| Karin Lukens        | 6.11   | 1e pl  |       |
| Magne Vogel         | 6.36   | 2e pl  |       |
| Karin Meijer        | 6.51   | 3e pl  |       |
| M.B.                | 1895 m |        |       |
| Angeliën ten Have   | 7.14   | 1e pl  |       |
| Renate Hummelink    | 7.37   | 2e pl  |       |
| Dames               | 5685 m |        |       |
| Janny Nijkamp       | 27.10  | V 37   | 6e pl |
| J.P.C.              | 998 m  |        |       |
| Armin Pillen        | 4.08   | 1e pl  |       |
| Ad Nijkamp          | 4.36   | 5e pl  |       |
| J.P.B.              | 998 m  |        |       |
| Tamo Vogel          | 4.06   | 2e pl  |       |
| Wessel Braakman     | 5.54   | 9e pl  |       |
| J.P.A.              | 998 m  |        |       |
| Joep Brinkers       | 3.24   | 1e pl  |       |
| Joost Scharenborg   | 3.38   | 4e pl  |       |
| Kjell Vogel         | 3.40   | 6e pl  |       |
| Tom Braakman        | 4.10   | 10e pl |       |
| Jasper Franco       | 4.14   | 11e pl |       |
| Remco Nijkamp       | 4.14   | 11e pl |       |
| Jorne Hagens        | 4.16   | 14e pl |       |
| Ruud Geerdes        | 4.56   | 16e pl |       |



### Enschede 13-11-94 Tioncross vervolg

|                      |        |        |        |
|----------------------|--------|--------|--------|
| J.D.                 | 1895 m |        |        |
| Arno Daleman         | 7.14   | 8e pl  |        |
| Ruben Pillen         | 7.59   | 15e pl |        |
| Roy Nijkamp          | 8.32   | 17e pl |        |
| J.C.                 | 2936 m |        |        |
| Jetze van de Kamp    | 12.27  | 5e pl  |        |
| Micha Lutje Spelberg | 18.36  | 11e pl |        |
| J.B.                 | 3790 m |        |        |
| Ronald Boomkamp      | 1258 m | 2e pl  |        |
| Heren                | 9475 m |        |        |
| Theo Schootman       | 34.03  | M 45   | 14e pl |

### Enschede 20-11-94 Indoorwedstrijd

|                       |      |        |        |
|-----------------------|------|--------|--------|
| M.D.                  | 60 m | Hoog   |        |
| Karin Lukens          | 9.7  | 1.00 m |        |
| M.C.                  | 60 m | 60 mh  | Hoog   |
| Margo Hulzink         | 9.8  |        | 1.15 m |
| Femia Metz            |      | 12.7   |        |
| J.D.                  | 60 m | Hoog   | Kogel  |
| Xander Lutje Spelberg | 9.5  | 1.30 m | 7.62 m |
| J.C.                  | 60 m | 60 mh  | Kogel  |
| Micha Lutje Spelberg  | 8.0  | 9.1    |        |
| Jetze van de Kamp     | 8.3  |        | 7.84 m |
| Matthijs ten Have     |      |        | 8.33 m |

### Nijmegen 20-11-94 11e Zevenheuvelenloop

### Goor 26-11-94 Herikerbergcross

|                  |        |        |  |
|------------------|--------|--------|--|
| M.P.C.           | 1200 m |        |  |
| Marike Brinkers  | 6.03   | 2e pl  |  |
| Maike Emsbroek   | 6.45   | 4e pl  |  |
| M.P.B.           | 1200 m |        |  |
| Esli Vogel       | 5.32   | 1e pl  |  |
| M.P.A.           | 1200 m |        |  |
| Reina Visser     | 5.56   | 9e pl  |  |
| Nicole Roders    | 6.50   | 20e pl |  |
| M.D.             | 1600 m |        |  |
| Karin Lukens     | 6.24   | 3e pl  |  |
| Magne Vogel      | 6.36   | 5e pl  |  |
| Karin Meijer     | 7.06   | 6e pl  |  |
| M.C.             | 1600 m |        |  |
| Suzanne Dijkstra | 6.29   | 4e pl  |  |

## Goor 26-11-94 Herikerbergcross vervolg

|                      |        |        |        |
|----------------------|--------|--------|--------|
| M.B.                 | 1600 m |        |        |
| Renate Hummelink     | 6.08   | 2e pl  |        |
| Angeliën ten Have    | 6.23   | 5e pl  |        |
| Dames                | 5 km   |        |        |
| Janny Nijkamp        | 25.48  | V 37   | 5e pl  |
| Ada ter Woerds       | 26.31  | V 39   | 7e pl  |
| Diana Luyrink        | 44.24  | V 35   | 8e pl  |
| J.P.C.               | 1200 m |        |        |
| Armin Pillen         | 5.30   | 1e pl  |        |
| Robert Jan te Kulve  | 5.40   | 3e pl  |        |
| Ad Nijkamp           | 6.24   | 11e pl |        |
| J.P.B.               | 1200 m |        |        |
| Tamo Vogel           | 5.18   | 2e pl  |        |
| Wessel Braakman      | 6.31   | 9e pl  |        |
| J.P.A.               | 1200 m |        |        |
| Joep Brinkers        | 4.28   | 2e pl  |        |
| Kjell Vogel          | 5.03   | 5e pl  |        |
| Tom Braakman         | 5.40   | 15e pl |        |
| Jan Joris te Kulve   | 5.43   | 17e pl |        |
| Remco Nijkamp        | 5.48   | 22e pl |        |
| Jasper Franco        | 5.55   | 23e pl |        |
| Jorne Hagens         | 6.01   | 24e pl |        |
| Ruud Geerdes         | 7.11   | 30e pl |        |
| J.D.                 | 1600 m |        |        |
| Arno Daleman         | 6.15   | 7e pl  |        |
| Nick Kamers          | 6.22   | 9e pl  |        |
| Ruben Pillen         | 7.00   | 17e pl |        |
| Roy Nijkamp          | 7.22   | 21e pl |        |
| Wilco Geerdes        | 8.12   | 25e pl |        |
| Lu Zhizong           | 8.30   | 26e pl |        |
| Armin van den Akker  | 8.45   | 27e pl |        |
| J.C.                 | 3200 m |        |        |
| Joost Ottink         | 13.19  | 5e pl  |        |
| Jetze van de Kamp    | 13.20  | 6e pl  |        |
| Micha Lutje Spelberg | 15.43  | 13e pl |        |
| J.B.                 | 3200 m |        |        |
| Ronald Boomkamp      | 11.28  | 3e pl  |        |
| Heren                | 10 km  |        |        |
| Robert Leussenkamp   | 36.28  | M 29   | 9e pl  |
| Theo Schootman       | 37.15  | M 45   | 15e pl |
| Bennie Huirne        | 50.38  | M 59   | 7e pl  |

## Enschede 03-12-94 Diesloop Kronos

|                 |        |       |  |
|-----------------|--------|-------|--|
| M.P.C.          | 961 m  |       |  |
| Maaïke Emsbroek | 5.02   | 3e pl |  |
| M.P.A.          | 961 m  |       |  |
| Nicole Roders   | 4.58   | 9e pl |  |
| M.D.            | 1512 m |       |  |
| Karin Lukens    | 5.58   | 3e pl |  |
| Karin Meijer    | 6.36   | 5e pl |  |

## Enschede 03-12-94 Diesloop Kronos vervolg

|                     |         |        |        |
|---------------------|---------|--------|--------|
| M.C.                | 1922 m  |        |        |
| Suzanne Dijkstra    | 7.43    | 4e pl  |        |
| M.B.                | 19.22 m |        |        |
| Renate Hummelink    | 7.25    | 3e pl  |        |
| Angelien ten Have   | 7.39    | 5e pl  |        |
| Dames               | 51.44 m |        |        |
| Janny Nijkamp       | 24.45   | V 37   | 7e pl  |
| J.P.C.              | 961 m   |        |        |
| Armin Pillen        | 4.07    | 1e pl  |        |
| Ad Nijkamp          | 4.30    | 4e pl  |        |
| Hidde Braakman      | 5.13    | 5e pl  |        |
| J.P.B.              | 961 m   |        |        |
| Wessel Braakman     | 4.47    | 7e pl  |        |
| J.P.A.              | 961 m   |        |        |
| Joep Brinkers       | 3.23    | 1e pl  |        |
| Andre Louis Wassing | 3.41    | 6e pl  |        |
| Joost Scharenborg   | 4.00    | 12e pl |        |
| Tom Braakman        | 4.07    | 13e pl |        |
| Remco Nijkamp       | 4.21    | 14e pl |        |
| Jorne Hagens        | 4.21    | 15e pl |        |
| Jasper Franco       | 4.23    | 17e pl |        |
| Ruud Geerdes        | 5.07    | 22e pl |        |
| J.D.                | 1922 m  |        |        |
| Arno Daleman        | 7.36    | 5e pl  |        |
| Nick Kamers         | 8.01    | 8e pl  |        |
| Ruben Pillen        | 8.09    | 11e pl |        |
| Roy Nijkamp         | 8.47    | 14e pl |        |
| Wilco Geerdes       | 9.38    | 18e pl |        |
| J.B.                | 3858 m  |        |        |
| Ronald Boomkamp     | 13.23   | 1e pl  |        |
| Heren               | 10284 m |        |        |
| Robert Leussenkamp  | 36.11   | M 29   | 6e pl  |
| Theo Schootman      | 37.28   | M 45   | 3e pl  |
| Bennie Huirne       | 50.17   | M 59   | 12e pl |

## Haaksbergen 04-12-94 Bultencross ASV Eibergen

### Zutphen 10-12-94 2e Wedstrijd Oostelijke Cross Competitie

|                   |        |        |  |
|-------------------|--------|--------|--|
| M.D. 2e j         | 1585 m |        |  |
| Karin Lukens      | 6.23   | 9e pl  |  |
| M.C. 1e j         | 2180 m |        |  |
| Suzanne Dijkstra  | 10.21  | 11e pl |  |
| M.B.              | 2180   |        |  |
| Angelien ten Have | 10.06  | 5e pl  |  |
| J.P.A. 2e j       | 1090 m |        |  |
| Joep Brinkers     | 4.29   | 2e pl  |  |

## Zutphen 10-12-94 2e Wedstrijd Oostelijke Cross Competitie vervolg

|                   |        |        |
|-------------------|--------|--------|
| J.D. 1ej          | 2180 m |        |
| Arno Daleman      | 10.04  | 7e pl  |
| Roy Nijkamp       | 12.31  | 53e pl |
|                   |        |        |
| J.C. 1e j         | 2675 m |        |
| Jetze van de Kamp | 11.21  | 17e pl |
|                   |        |        |
| J.C. 2e j         | 2675   |        |
| Joost Ottink      | 10.55  | 27e pl |
|                   |        |        |
| J.B.              | 4205 m |        |
| Ronald Boomkamp   | 15.09  | 9e pl  |

## Leden 1995

|                      | geb .d.d |      | d.d in   | d.d. uit |
|----------------------|----------|------|----------|----------|
| M.P.C.               |          |      |          |          |
| Marlies Berteler     | 1987     | V 8  |          | 01.07.95 |
| Marike Brinkers      | 1987     | V 8  | 01.10.94 | 30.04.06 |
| Maike Emsbroek       | 1987     | V 8  | 01.10.94 | 01-10-02 |
| Dieuwertje Hammer    | 1987     | V 8  | 30.05.94 | 31.12.99 |
| Judith Pietersen     | 1989     | V 6  | 19.03.95 | 31.12.96 |
| Tess Wesselo         | 1989     | V 6  | 22.11.94 | 20.02.96 |
|                      |          |      |          |          |
| M.P.B.               |          |      |          |          |
| Annemarie ten Hoopen | 1986     | V 9  | 01.07.95 | 01.08.98 |
| Cindy van Leussen    | 1986     | V 9  | 15.12.95 | 01.12.96 |
| Nienke Reinderink    | 1986     | V 9  | 15.09.93 | 01.04.96 |
| Esli Vogel           | 1986     | V 9  | 01.11.93 | 30.09.06 |
|                      |          |      |          |          |
| M.P.A.               |          |      |          |          |
| Liesbeth ten Barge   | 1985     | V 10 | 01.12.93 | 01.07.96 |
| Rosemarijn Berteler  | 1985     | V 10 | 15.11.93 | 01.07.95 |
| Merle Daleman        | 1984     | V 11 | 05.12.95 | 30.09.96 |
| Suzanne ten Have     | 1985     | V 10 | 01.09.95 | 31.12.98 |
| Tessa Janssen        | 1985     | V 10 | 29-11-93 |          |
| Nicole Roders        | 1985     | V 10 | 01.11.93 | 01.07.00 |
| Inge Thijssen        | 1984     | V 11 | 15.06.93 | 01.07.00 |
| Reina Visser         | 1985     | V 10 | 01.06.93 | 01.07.98 |
| Karin Wientjes       | 1985     | V 10 | 27-06-94 |          |
|                      |          |      |          |          |
| M.D.                 |          |      |          |          |
| Nienke Hövels        | 1982     | V 13 | 01.11.91 | 01.07.95 |
| Louise Kemna         | 1983     | V 12 | 15.10.95 | 01.08.01 |
| Johanneke Lageschaar | 1983     | V 12 | 17.04.94 | 01.06.95 |
| Karin Lukens         | 1982     | V 13 | 15.04.90 | 01.12.99 |
| Karin Meijer         | 1983     | V 12 | 15.09.92 | 01.07.98 |
| Magne Vogel          | 1982     | V 13 | 31.10.93 | 01.08.00 |

|                          |      |      |          |          |
|--------------------------|------|------|----------|----------|
| <b>M.C.</b>              |      |      |          |          |
| Suzanne Assinck          | 1980 | V 15 | 01.08.95 | 01.07.98 |
| Suzanne Dijkstra         | 1981 | V 14 | 27.10.93 |          |
| Lizette Hendrikx         | 1981 | V 14 | 15.11.93 | 19.03.97 |
| Bella Hendrikx           | 1981 | V 14 | 15.11.93 | 19.03.97 |
| Margo Hulzink            | 1981 | V 14 | 01.04.93 | 01.05.95 |
| Femia Metz               | 1980 | V 15 | 10.02.93 | 01.11.96 |
| Wilma te Raaij           | 1981 | V 14 | 20.04.94 | 31.12.99 |
| Marleen Scholten         | 1981 | V 14 | 01.12.92 | 01.05.96 |
| Hiske Vaarwerk           | 1980 | V 15 | 01.08.95 | 01.11.96 |
| Marja Werner             | 1980 | V 15 | 16.10.95 | 01.08.98 |
| <b>M.B.</b>              |      |      |          |          |
| Angeliën ten Have        | 1979 | V 16 | 01.01.89 | 31.12.98 |
| Renate Hummelink         | 1978 | V 17 | 20-12-93 | 01.05.00 |
| Marieke Markerink        | 1978 | V 17 | 17-01-94 | 01.03.00 |
| Kim Oldenboom            | 1978 | V 17 | 01.02.92 | 01.07.95 |
| <b>M.A.</b>              |      |      |          |          |
| Hadewich Huitema         | 1977 | V 18 | 01.10.94 | 31.08.02 |
| Mira te Nijenhuis        | 1977 | V 18 | 07.10.84 | 01.05.00 |
| <b>Dames</b>             |      |      |          |          |
| Alie Bartelink           | 1944 | V 51 | 1976     |          |
| Marjet te Biesebeek      | 1961 | V 34 | 01.03.94 |          |
| Ine Brinkman             | 1960 | V 35 | 01.06.85 | 31.12.99 |
| Marieke Droppers         | 1971 | V 24 | 01.06.94 | 01.08.95 |
| Hariette van der Duim    | 1964 | V 31 | 01.01.94 | 01.11.98 |
| Silvia Eppink            | 1957 | V 38 | 01.01.90 | 01.04.95 |
| Truus Floor              | 1954 | V 41 | 01.09.95 |          |
| Alie ten Have            | 1956 | V 39 | 01.10.92 |          |
| Mariëtte van der Heijden | 1972 | V 23 | 1988     | 01.07.95 |
| Lies Jacobs              | 1948 | V 47 | 01.10.90 | 14.04.97 |
| Selma Jurriëns           | 1959 | V 36 | 03.10.95 |          |
| Rolin Kluivers           | 1953 | V 42 | 01.09.91 |          |
| Greet Kok                | 1945 | V 50 | 05-02-95 | 1996     |
| Miep Te Loeke            | 1955 | V 40 | 20-06-95 |          |
| Marga van Loosen         | 1955 | V 40 | 20.09.93 |          |
| Yvonne van Loosen        | 1955 | V 40 | 01.04.94 | 01.02.01 |
| Sacha Lutje Spelberg     | 1948 | V 47 | 01.01.90 |          |
| Diana Luyrink            | 1959 | V 36 | 01.10.94 |          |
| Anjo Luttkholt - te Vogt | 1970 | V 25 | 06.03.95 | 01.07.02 |
| Lucy Maria Maarse        | 1955 | V 40 | 01.07.95 |          |
| Kitty de Marie           | 1947 | V 48 | 01.04.88 |          |
| Janny Nijkamp            | 1957 | V 38 | 01.11.89 |          |
| Hillie van de Peppel     | 1954 | V 41 | 01-10-92 | 01-10-95 |
| Ali Siemerink            | 1954 | V 41 | 01.03.95 | 30.09.98 |
| Gonny Spexgoor           | 1961 | V 34 | 16.06.95 | 20.11.02 |
| Karin Tankink            | 1956 | V 39 | 01.10.89 |          |
| Janny Tuit               | 1955 | V 40 | 01.10.89 | 31.12.95 |
| Marion Veenstra          | 1971 | V 24 | 22.03.95 | 01.08.96 |
| Ineke Visser             | 1955 | V 40 | 01.01.90 |          |
| Hillie Weenink           | 1954 | V 41 | 01.10.92 | 01.09.95 |
| Doris Willekes           | 1963 | V 32 | 01.05.84 | 01.11.02 |
| Diny Willemink           | 1950 | V 45 | 14.11.95 | 30.04.06 |
| Ada ter Woerds           | 1955 | V 40 | 01.03.94 | 01.09.00 |
| Lianne Zuidema           | 1966 | V 29 | 01.03.94 | 01.08.02 |

|                      |      |     |          |          |
|----------------------|------|-----|----------|----------|
| <b>J.P.C.</b>        |      |     |          |          |
| Hidde Braakman       | 1988 | M 7 | 01.07.94 | 01.09.99 |
| Maarten Jan Berteler | 1987 | M 8 | 15.11.93 | 01.07.95 |
| Rik Bruil            | 1988 | M 7 | 11-04.94 | 01.07.95 |
| Robert Jan te Kulve  | 1987 | M 8 | 25.10.93 | 01.07.95 |
| Ard Nijkamp          | 1987 | M 8 | 15.09.92 |          |
| Joël Ordelmans       | 1989 | M 6 | 20.03.95 | 31.08.96 |
| Joris Pietersen      | 1987 | M 8 | 15.03.93 | 31.12.96 |
| Armin Pillen         | 1987 | M 8 | 15.04.93 | 25.08.02 |
| Tom Relker           | 1988 | M 7 | 25-10-95 |          |
| Marco Roders         | 1989 | M 6 | 15.03.95 | 31.12.98 |
| Martijn Siemerink    | 1987 | M 8 | 01.02.93 | 30.09.96 |
| Wouter Siemerink     | 1988 | M 7 | 01.04.94 | 01.08.95 |
| Niek Thijssen        | 1987 | M 8 | 08.11.93 | 15.07.01 |

|                 |      |     |          |          |
|-----------------|------|-----|----------|----------|
| <b>J.P.B.</b>   |      |     |          |          |
| Wessel Braakman | 1986 | M 9 | 01.03.93 | 01.09.99 |
| Tamo Vogel      | 1986 | M 9 | 01.11.92 | 01.11.03 |

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| <b>J.P.A.</b>        |      |      |          |          |
| Niek Blekkink        | 1983 | M 12 | 01.09.95 | 01.04.05 |
| Tom Braakman         | 1984 | M 11 | 01.03.93 | 01.09.99 |
| Joep Brinkers        | 1984 | M 11 | 01.02.92 |          |
| Jasper Franco        | 1985 | M 10 | 15.10.93 | 01.08.95 |
| Ruud Geerdes         | 1985 | M 10 | 1994     | 31.03.03 |
| Stijn Goossens       | 1985 | M 10 | 01.10.92 | 01.04.96 |
| Koen de Graaf        | 1985 | M 10 | 15.11.93 | 01.08.95 |
| Jorne Hagens         | 1984 | M 11 | 01.10.92 | 01.07.95 |
| Thijs Hesselink      | 1985 | M 10 | 06.12.95 | 03.10.02 |
| Sjoerd Hövels        | 1984 | M 11 | 15.03.92 | 01.07.95 |
| Jan Joris te Kulve   | 1985 | M 10 | 01-05-92 | 01.07.95 |
| Klaas Jan Lageschaar | 1985 | M 10 | 01.07.94 | 01.06.95 |
| Fabian Maarse        | 1984 | M 11 | 01.04.95 | 16.12.95 |
| Remco Nijkamp        | 1985 | M 10 | 15.02.91 |          |
| Thijs Pietersen      | 1985 | M 10 | 01.07.91 | 01.05.95 |
| Stefan Roetman       |      |      |          |          |
| Joost Scharenborg    | 1984 | M 11 | 15.03.92 | 01.07.95 |
| Kjell Vogel          | 1984 | M 11 | 01.03.91 |          |
| Andre Louis Wassing  | 1984 | M 11 | 01.09.91 | 16.08.02 |

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| <b>J.D.</b>           |      |      |          |          |
| Armin van den Akker   | 1982 | M 13 | 01.01.95 | 01.03.96 |
| Frank van Amersfoort  | 1983 | M 12 | 28.03.94 | 01.04.95 |
| Niek Blekkink         | 1983 | M 12 | 01.09.95 | 01.04.05 |
| Arno Daleman          | 1983 | M 12 | 01.03.91 | 01-10-97 |
| Wilco Geerdes         | 1982 | M 13 | 08.11.93 | 01.08.96 |
| Matthijs ten Have     | 1982 | M 14 | 01.09.88 | 31.12.96 |
| Oscar Hendrikx        | 1982 | M 13 | 01.12.92 | 19.03.97 |
| Nick Kamers           | 1983 | M 12 | 06.03.93 |          |
| Xander Lutje Spelberg | 1982 | M 13 | 01.06.94 | 01.11.97 |
| Roy Nijkamp           | 1983 | M 12 | 01.10.90 |          |
| Ruben Pillen          | 1983 | M 12 | 01.06.90 | 01.05.00 |
| Lucas van Uem         | 1982 | M 13 | 15.09.93 | 01.07.95 |
| Remco Verdoold        | 1982 | M 13 | 26-04-92 | 01.04.98 |
| Lu Zhizong            | 1983 | M 12 | 01.07.94 | 31.12.95 |

|                        |      |      |          |          |
|------------------------|------|------|----------|----------|
| <b>J.C.</b>            |      |      |          |          |
| Matthijs ten Have      | 1981 | M 14 | 01.09.88 | 31.12.96 |
| Jetze van de Kamp      | 1981 | M 14 | 07.06.94 | 01-10-95 |
| Micha Lutje Spelberg   | 1980 | M 15 | 01.12.87 | 31.12.96 |
| Joost Ottink           | 1980 | M 15 | 01.06.90 | 01.12.98 |
| Robbert van Veldhuizen | 1981 | M 14 | 01.10.95 | 01.04.96 |

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| <b>J.B.</b>          |      |      |          |          |
| Ronald Boomkamp      | 1979 | M 16 | 01.07.87 |          |
| Wilfred Brons        | 1978 | M 17 | 01.10.92 | 01.11.98 |
| Michel Floors        | 1979 | M 16 | 01.09.95 | 01.01.98 |
| Bram de Groot        | 1979 | M 16 | 15.03.92 | 01.07.95 |
| Barrie Issaga        | 1979 | M 16 | 15-12-95 |          |
| Nick Maatman         | 1978 | M 17 | 01.04.86 |          |
| Stefan Mol           | 1978 | M 17 | 01.11.92 | 01.07.00 |
| Mark Orriëns         | 1979 | M 16 | 01.09.95 | 01.05.99 |
| <b>J.A.</b>          |      |      |          |          |
| Michael Douglas      | 1977 | M 18 | 01.01.93 | 01.12.95 |
| Peter Nijenhuis      | 1976 | M 19 | 09.05.94 | 01.02.95 |
| Marc Floor           | 1976 | M 19 | 07.03.95 | 01.06.04 |
| <b>Heren</b>         |      |      |          |          |
| Joop Bartelink       | 1940 | M 55 | 1955     |          |
| Gerton Berkemeijer   | 1975 | M 20 | 01.05.88 | 01.11.98 |
| Peter Beutink        | 1962 | M 33 | 05.09.94 | 01.12.95 |
| Marcel Bos           | 1972 | M 23 | 27.09.93 | 01.10.98 |
| Theo Broekman        | 1948 | M 47 | 03.10.93 | 31.12.01 |
| Henk Daleman         | 1953 | M 42 | 01.01.95 | 31.12.00 |
| Henny ten Els        | 1963 | M 32 | 01.02.91 | 01.04.96 |
| Hans Dimmendaal      | 1967 | M 28 | 15.02.91 | 31.08.96 |
| Dick Drenten         | 1953 | M 42 | 08.03.95 |          |
| Marty Firing         | 1945 | M 50 | 1968     |          |
| Marc Floor           | 1974 | M 21 | 07.03.95 | 01.06.04 |
| Henk Fontijn         | 1965 | M 30 | 01.03.94 | 01.05.95 |
| Herbert Garritsen    | 1966 | M 29 | 1975     | 23.11.95 |
| Hans Garritsen       | 1946 | M 49 | 01.02.87 | 01.07.98 |
| Hans Gerfen          | 1951 | M 44 | 20.01.93 | 01.05.00 |
| Martin Gerfen        | 1943 | M 52 | 01.12.94 | 31.12.04 |
| Frans Göbel          | 1959 | M 36 | 21.08.93 | 30.09.96 |
| G . Grooters         | 1968 | M 27 |          | 13.10.95 |
| Ben Harbers          | 1975 | M 20 | 01.12.87 | 16.08.02 |
| Henk Jan Harbers     | 1966 | M 29 | 28.02.95 | 01.08.97 |
| Gerrit Harder        | 1953 | M 42 | 01.09.93 | 31.12.05 |
| Herman Heideveld     | 1952 | M 43 | 01.06.93 | 01.07.06 |
| Ewald Hendrixx       | 1965 | M 30 | 01.04.93 | 01.07.99 |
| Jan Homrighausen     | 1954 | M 41 | 01-09-93 |          |
| Bennie Huirne        | 1935 | M 60 | 01.01.92 |          |
| L. Ijssenagger       | 1910 | M 85 | 1948     | 16-03-00 |
| Gerrit Kamers        | 1956 | M 39 | 15.11.93 | 29-11-10 |
| Harry Kemna          | 1955 | M 40 | 06.09.94 | 01.10.99 |
| Geert Klein Bruinink | 1965 | M 30 | 11.04.92 |          |
| Gerrit kuipers       | 1961 | M 35 | 11-12-95 |          |
| Erwin Leussenkamp    | 1969 | M 26 | 01.08.81 | 01.12.05 |
| Robert Leussenkamp   | 1965 | M 30 | 01.08.81 | 01.04.02 |
| Marcel Liebrand      | 1959 | M 36 | 01.06.85 |          |
| Albert Lukens        | 1949 | M 46 | 01.10.92 |          |
| Tonnie Lutikholt     | 1954 | M 41 | 1972     |          |
| Alfred Meekes        | 1975 | M 20 | 01.05.86 |          |
| Paul Nijenhuis       | 1959 | M 34 | 27.11.95 |          |
| Ben te Nijenhuis     | 1948 | M 47 | 1987     | 2003     |
| Dennis te Nijenhuis  | 1974 | M 21 | 07.10.84 |          |
| Theo Nijhuis         | 1951 | M 44 | 21.12.94 | 01.01.98 |
| Theo Nijkamp         | 1952 | M 43 | 1972     |          |
| Freek Notten         | 1951 | M 44 | 01.03.92 | 01.11.01 |
| Jan van Onzen        | 1946 | M 49 | 01.04.90 | 31.12.95 |
| Huub Ras             | 1930 | M 65 | 1956     |          |
| Jos van Rooijen      | 1947 | M 48 | 01.04.95 | 31.12.05 |
| Theo Schootman       | 1949 | M 46 | 01.12.92 |          |
| Gerard Sedee         | 1959 | M 36 | 15.11.93 | 01.08.96 |
| Leo Sijtsma          | 1941 | M 54 | 01.11.92 | 31.12.99 |

## Heren vervolg

|                  |      |      | 1952     | 1998     | Erelid |
|------------------|------|------|----------|----------|--------|
| Arie Simmelink   | 1932 | M 63 |          |          |        |
| Jan Staring      | 1945 | M 50 | 22.04.92 | 01.04.01 |        |
| Erik Stotelder   | 1962 | M 33 | 26-10-91 | 01.10.99 |        |
| Michel Stoverink | 1967 | M 28 | 01.05.91 | 31.12.95 |        |
| Hennie Temmink   | 1943 | M 52 | 01.01.84 |          |        |
| Mark Temmink     | 1972 | M 23 | 01.06.85 | 31.12.99 |        |
| Mario Veenstra   | 1971 | M 24 | 22.03.95 | 01.08.96 |        |
| Bert Vogel       | 1953 | M 42 | 04-11-93 |          |        |
| Ronny Vogt       | 1968 | M 27 | 1995     | 01.05.99 |        |
| Tonnie Vrieze    | 1953 | M 42 | 04.09.95 | 01.11.99 |        |
| Pim van Vuren    | 1947 | M 48 | 01.10.93 |          |        |
| Johan Wansing    | 1932 | M 63 | 1948     |          |        |
| Jo Wassink       | 1948 | M 47 | 01.08.95 | 31.12.05 |        |
| Eef Weenink      | 1954 | M 41 | 01.01.93 | 01.09.95 |        |
| Rudy Wedel       | 1947 | M 48 | 1961     |          |        |
| Henk Wesselink   | 1950 | M 45 | 01.12.92 | 01.07.02 |        |
| Henk Wielens     | 1947 | M 48 | 01.09.94 | 31.12.98 |        |
| Mike Wientjes    | 1958 | M 37 | 01.03.92 | 01.09.02 |        |
| Wim Wieskamp     | 1946 | M 49 | 01.04.93 | 01.07.98 |        |
| Gerard Willekes  | 1956 | M 39 | 01-03-90 |          |        |
| Hans ter Woerds  | 1955 | M 40 | 01.11.91 | 01.03.01 |        |
| Paul Wormgoor    | 1973 | M 22 | 01-11-84 | 01.07.96 |        |

## 1995

### Enschede 08-01-95 Indoorwedstrijd

|                       |         |        |        |        |
|-----------------------|---------|--------|--------|--------|
| J.P.A.                | 60 m    | Hoog   | Kogel  |        |
| Andre Louis Wassing   | 10.0    | 1.20 m | 5.84 m |        |
| J.D.                  | 60 m    | Hoog   |        |        |
| Xander Lutje Spelberg | 9.2     | 1.30 m |        |        |
| J.C.                  | 60 m    | 60 mh  | Hoog   | Kogel  |
| Jetze van de Kamp     | 8.3     |        |        |        |
| Micha Lutje Spelberg  |         | 9.2    | 1.60 m |        |
| Matthijs ten Have     |         |        |        | 9.19 m |
| J.B.                  | Kogel   |        |        |        |
| Stefan Mol            | 10.12 m |        |        |        |

### Egmond 08-01-95 Nike Halve Marathon



## Harderwijk 14-01-95 Oost Nederlandse Kampioenschappen Cross

|                   |        |        |
|-------------------|--------|--------|
| M.D. 2e j         | 1500 m |        |
| Karin Lukens      | 6.36   | 8e pl  |
| M.C. 1e j         | 2000 m |        |
| Suzanne Dijkstra  | 7.24   | 15e pl |
| M.B.              | 3000 m |        |
| Angelien ten Have | 13.53  | 6e pl  |
| Renate Hummelink  | 14.08  | 9e pl  |
| J.P.A. 2e j       | 1500 m |        |
| Joep Brinkers     | 5.59   | 2e pl  |
| J.D. 1e j         | 2000 m |        |
| Arno Daleman      | 7.32   | 19e pl |
| Roy Nijkamp       | 9.11   | 52e pl |
| J.C. 1e j         | 3500 m |        |
| Jetze van de Kamp | 15.56  | 26e pl |
| J.C. 2e j         | 3500 m |        |
| Joost Ottink      | 15.12  | 29e pl |
| J.B.              | 6000 m |        |
| Ronald Boomkamp   | 22.21  | 10e pl |

## Eibergen 15-01-95 Nieuwjaarscross

|                     |        |        |
|---------------------|--------|--------|
| M.P.C.              | 1080 m |        |
| Marike Brinkers     | 5.31   | 1e pl  |
| Maike Emsbroek      | 6.11   | 2e pl  |
| M.P.B.              | 1500 m |        |
| Esli Vogel          | 6.26   | 1e pl  |
| Nienke Reinderink   | 8.06   | 3e pl  |
| M.P.A.              | 1500 m |        |
| Suzanne ten Have    | 6.47   | 7e pl  |
| Reina Visser        | 6.52   | 8e pl  |
| Nicole Roders       | 7.21   | 12e pl |
| M.D.                | 1500 m |        |
| Karin Lukens        | 5.32   | 2e pl  |
| Magne Vogel         | 6.05   | 3e pl  |
| Karin Meijer        | 6.25   | 4e pl  |
| M.C.                | 2120 m |        |
| Suzanne Dijkstra    | 9.12   | 4e pl  |
| Lizette Hendrikx    | 10.19  | 7e pl  |
| Bella Hendrikx      | 10.22  | 8e pl  |
| M.B.                | 2880 m |        |
| Angelien ten Have   | 12.36  | 3e pl  |
| Renate Hummelink    | 13.37  | 4e pl  |
| J.P.C.              | 1080 m |        |
| Armin Pillen        | 4.55   | 1e pl  |
| Robert Jan te Kulve | 5.18   | 4e pl  |
| Martijn Siemerink   | 6.14   | 10e pl |
| Wouter Siemerink    | 6.35   | 11e pl |
| Joris Pietersen     | 8.33   | 14e pl |

## Eibergen 15-01-95 Nieuwjaarscross vervolg

|                      |          |        |        |
|----------------------|----------|--------|--------|
| J.P.B.               | 1500 m   |        |        |
| Tamo Vogel           | 6.25     | 4e pl  |        |
| J.P.A.               | 1500 m   |        |        |
| Joep Brinkers        | 5.12     | 1e pl  |        |
| Kjell Vogel          | 5.51     | 7e pl  |        |
| Andre Louis Wassing  | 6.06     | 10e pl |        |
| Joost Scharenborg    | 6.14     | 12e pl |        |
| Jan Joris te Kulve   | 6.21     | 13e pl |        |
| Jasper Franco        | 6.33     | 16e pl |        |
| Jorne Hagens         | 6.39     | 18e pl |        |
| Stefan Roetman       | 6.41     | 20e pl |        |
| Remco Nijkamp        | 6.56     | 21e pl |        |
| Thijs Pietersen      | 7.06     | 22e pl |        |
| Ruud Geerdes         | 7.47     | 25e pl |        |
| J.D.                 | 2120 m   |        |        |
| Arno Daleman         | 8.48     | 8e pl  |        |
| Nick Kamers          | 9.15     | 12e pl |        |
| Ruben Pillen         | 9.15     | 13e pl |        |
| Roy Nijkamp          | 11.08    | 18e pl |        |
| Lucas van Uem        | 11.16    | 19e pl |        |
| Wilco Geerdes        | 12.34    | 20e pl |        |
| J.C.                 | 2880 m   |        |        |
| Joost Ottink         | 11.55    | 5e pl  |        |
| Jetze van de Kamp    | 12.03    | 6e pl  |        |
| Micha Lutje Spelberg | 15.23    | 9e pl  |        |
| J.B.                 | 5760 m   |        |        |
| Ronald Boomkamp      | 22.13    | 3e pl  |        |
| Heren                | 11.520 m |        |        |
| Robert Leussenkamp   | 41.57    | M 30   | 3e pl  |
| Bennie Huirne        | 1.00.17  | M 60   | 24e pl |

## Almelo 28-01-95 SISU Cross

|                   |        |        |  |
|-------------------|--------|--------|--|
| M.P.A.            | 1570 m |        |  |
| Nicole Roders     | 9.03   | 12e pl |  |
| M.D.              | 1570 m |        |  |
| Karin Lukens      | 6.02   | 1e pl  |  |
| Karin Meijer      | 6.54   | 3e pl  |  |
| M.C.              | 2000 m |        |  |
| Suzanne Dijkstra  | 8.21   | 3e pl  |  |
| M.B.              | 3390 m |        |  |
| Angelien ten Have | 13.27  | 3e pl  |  |
| Renate Hummelink  | 14.26  | 4e pl  |  |
| J.P.C.            | 1130 m |        |  |
| Armin Pillen      | 5.04   | 1e pl  |  |
| Ard Nijkamp       | 5.30   | 5e pl  |  |
| Hidde Braakman    | 6.25   | 9e pl  |  |
| J.P.B.            | 1570 m |        |  |
| Wessel Braakman   | 7.52   | 5e pl  |  |

## **Almelo 28-01-95 SISU Cross vervolg**

|                      |                 |        |
|----------------------|-----------------|--------|
| <b>J.P.A.</b>        | <b>1570 m</b>   |        |
| Joep Brinkers        | 5.37            | 1e pl  |
| Tom Braakman         | 7.10            | 14e pl |
| Remco Nijkamp        | 7.13            | 16e pl |
| Ruud Geerdes         | 7.27            | 17e pl |
| <b>J.D.</b>          | <b>2000 m</b>   |        |
| Arno Daleman         | 7.53            | 4e pl  |
| Ruben Pillen         | 8.26            | 11e pl |
| Roy Nijkamp          | 9.56            | 17e pl |
| Wilco Geerdes        | 12.26           | 19e pl |
| <b>J.C.</b>          | <b>3860 m</b>   |        |
| Joost Ottink         | 16.04           | 4e pl  |
| Jetze van de Kamp    | 16.32           | 5e pl  |
| Micha Lutje Spelberg | 19.00           | 7e pl  |
| <b>J.B.</b>          | <b>5720 m</b>   |        |
| Ronald Boomkamp      | 21.39           | 3e pl  |
| <b>Heren</b>         | <b>11.440 m</b> |        |
| Theo Schootman       | 44.23           | M 46   |
| Hans Gerfen          | 52.13           | M 44   |
| Bennie Huirne        | 1.00.02         | M 60   |

## **Hengelo 05-02-95 Twente Cross MPM**

|                     |      |        |
|---------------------|------|--------|
| <b>M.P.C.</b>       |      |        |
| Marike Brinkers     | 5.20 | 1e pl  |
| Maike Emsbroek      | 6.07 | 3e pl  |
| <b>M.P.B.</b>       |      |        |
| Esli Vogel          | 5.05 | 1e pl  |
| <b>M.P.A.</b>       |      |        |
| Reina Visser        | 5.30 | 9e pl  |
| Rosemarijn Berteler | 5.45 | 11e pl |
| <b>M.D.</b>         |      |        |
| Karin Lukens        | 4.31 | 3e pl  |
| Magne Vogel         | 4.47 | 4e pl  |
| Karin Meijer        | 5.06 | 7e pl  |
| <b>M.C.</b>         |      |        |
| Suzanne Dijkstra    | 6.50 | 4e pl  |
| <b>J.P.C.</b>       |      |        |
| Robert Jan te Kulve | 5.12 | 2e pl  |
| Ard Nijkamp         | 5.38 | 6e pl  |
| Joris Pietersen     | 5.56 | 8e pl  |
| <b>J.P.B.</b>       |      |        |
| Tamo Vogel          | 4.55 | 2e pl  |
| Wessel Braakman     | 6.02 | 10e pl |

## Hengelo 05-02-95 Twente Cross MPM vervolg

### J.P.A.

|                     |      |        |
|---------------------|------|--------|
| Joep Brinkers       | 4.09 | 1e pl  |
| Jan Joris te Kulve  | 4.21 | 4e pl  |
| Kjell Vogel         | 4.45 | 7e pl  |
| Joost Scharenborg   | 4.54 | 8e pl  |
| Andre Louis Wassing | 4.55 | 10e pl |
| Remco Nijkamp       | 5.07 | 12e pl |
| Tom Braakman        | 5.10 | 14e pl |
| Jasper Franco       | 5.11 | 16e pl |
| Jorne Hagens        | 5.22 | 19e pl |
| Thijs Pietersen     | 5.36 | 20e pl |

### J.D.

|                     |      |        |
|---------------------|------|--------|
| Arno Daleman        | 4.27 | 8e pl  |
| Nick Kamers         | 4.35 | 12e pl |
| Roy Nijkamp         | 5.12 | 17e pl |
| Lucas van Uem       | 5.13 | 18e pl |
| Wilco Geerdes       | 5.38 | 21e pl |
| Armin van den Akker | 5.50 | 22e pl |

### J.B.

|                 |       |       |
|-----------------|-------|-------|
| Ronald Boomkamp | 15.38 | 2e pl |
|-----------------|-------|-------|

### Heren

|                    |       |      |        |
|--------------------|-------|------|--------|
| Robert Leussenkamp | 40.23 | M 30 | 4e pl  |
| Theo Schootman     | 41.03 | M 46 | 7e pl  |
| Hans Gerfen        | 46.20 | M 44 | 25e pl |

## Enschede 12-02-95 Indoorwestrijd AC Fortis

|                   |      |        |        |
|-------------------|------|--------|--------|
| M.P.B.            | 40 m | Hoog   | Kogel  |
| Nienke Reinderink | 7.9  | 0.85 m | 4.96 m |

|               |      |        |        |
|---------------|------|--------|--------|
| M.P.A.        | 60 m | Hoog   | Kogel  |
| Nicole Roders | 10.9 | 0.90 m | 3.93 m |

|                  |      |        |        |
|------------------|------|--------|--------|
| M.C.             | 60 m | Hoog   | Kogel  |
| Bella Hendrikx   | 10.7 | 1.15 m | 4.96 m |
| Lizette Hendrikx | 10.4 | 1.25 m | 5.85 m |

|                  |      |
|------------------|------|
| M.B.             | 60 m |
| Renate Hummelink | 9.1  |

|                     |      |        |        |
|---------------------|------|--------|--------|
| J.P.A.              | 60 m | Hoog   | Kogel  |
| Andre Louis Wassing | 9.9  | 1.15 m | 5.79 m |

|                       |      |       |        |        |
|-----------------------|------|-------|--------|--------|
| J.D.                  | 60 m | 60 mh | Hoog   | Kogel  |
| Armin van den Akker   | 10.2 | 13.4  |        |        |
| Xander Lutje Spelberg | 9.3  | 11.4  | 1.30 m |        |
| Lu Zhizong            |      | 15.1  |        | 4.35 m |

|                      |      |       |        |         |
|----------------------|------|-------|--------|---------|
| J.C.                 | 60 m | 60 mh | Hoog   | Kogel   |
| Jetze van de Kamp    | 8.5  |       | 1.35 m | 8.14 m  |
| Micha Lutje Spelberg |      | 9.0   |        | 10.76 m |
| Matthijs ten Have    |      |       |        | 7.48 m  |

|            |      |       |
|------------|------|-------|
| J.B.       | 60 m | Kogel |
| Stefan Mol | 8.9  | 11.01 |

## Den Haag 18-02-95 Nationale C Spelen Indoor

|                      |       |       |        |       |
|----------------------|-------|-------|--------|-------|
| J.C.                 | 60 mh |       | Ver    |       |
| Micha Lutje Spelberg | 9.10  | 8e pl | 5.43 m | 9e pl |

## Eibergen 18-02-95 Karnevalsloop

|                  |        |       |       |  |
|------------------|--------|-------|-------|--|
| M.P.A.           | 1500 m |       |       |  |
| Reina Visser     | 6.54   | 2e pl |       |  |
| M.C.             | 5000 m |       |       |  |
| Suzanne Dijkstra | 21.26  | 2e pl |       |  |
| Dames            | 5000 m |       |       |  |
| Ada ter Woerds   | 24.40  | V 40  | 3e pl |  |
| Dames            | 10 km  |       |       |  |
| Lianne Zuidema   | 46.35  | V 29  |       |  |
| J.B.             | 5000 m |       |       |  |
| Ronald Boomkamp  | 18.20  |       |       |  |
| Heren            | 5000 m |       |       |  |
| Theo Schootman   | 17.59  | M 46  |       |  |
| Marcel Bos       | 19.01  | M 23  |       |  |

## Holten 25-02-95 Holterbergcross

|                   |        |       |  |  |
|-------------------|--------|-------|--|--|
| M.P.C.            | 1350 m |       |  |  |
| Marike Brinkers   | 6.25   | 1e pl |  |  |
| Maike Emsbroek    | 7.19   | 3e pl |  |  |
| M.P.B.            | 1350 m |       |  |  |
| Esli Vogel        | 6.04   | 1e pl |  |  |
| M.D.              | 1350 m |       |  |  |
| Karin Lukens      | 5.05   | 1e pl |  |  |
| Magne Vogel       | 5.35   | 3e pl |  |  |
| Karin Meijer      | 5.44   | 4e pl |  |  |
| M.C.              | 1800 m |       |  |  |
| Suzanne Dijkstra  | 7.02   | 2e pl |  |  |
| M.B.              | 1800 m |       |  |  |
| Angelien ten Have | 6.55   | 1e pl |  |  |
| Renate Hummelink  | 7.28   | 2e pl |  |  |
| Dames             | 10 km  |       |  |  |
| Liliane Zuidema   | 47.45  | V 29  |  |  |
| J.P.C.            | 1350 m |       |  |  |
| Armin Pillen      | 5.45   | 1e pl |  |  |
| Ard Nijkamp       | 6.38   | 6e pl |  |  |
| Hidde Braakman    | 8.30   | 8e pl |  |  |
| J.P.B.            | 1350 m |       |  |  |
| Tamo Vogel        | 5.41   | 3e pl |  |  |
| Wessel Braakman   | 6.55   | 9e pl |  |  |

## Holten 25-02-95 Holterbergcross vervolg

|                     |        |        |        |
|---------------------|--------|--------|--------|
| J.P.A.              | 1350 m |        |        |
| Andre Louis Wassing | 5.34   | 5e pl  |        |
| Kjell Vogel         | 5.43   | 10e pl |        |
| Tom Braakman        | 5.51   | 11e pl |        |
| Remco Nijkamp       | 6.06   | 14e pl |        |
| Thijs Pietersen     | 6.43   | 19e pl |        |
| J.D.                | 1350 m |        |        |
| Arno Daleman        | 5.09   | 6e pl  |        |
| Ruben Pillen        | 5.19   | 8e pl  |        |
| Roy Nijkamp         | 6.17   | 15e pl |        |
| Lucas van Uem       | 6.27   | 16e pl |        |
| Wilco Geerdes       | 6.52   | 17e pl |        |
| J.C.                | 1800 m |        |        |
| Joost Ottink        | 6.47   | 3e pl  |        |
| Jetze van de Kamp   | 6.50   | 4e pl  |        |
| J.B.                | 3600 m |        |        |
| Ronald Boomkamp     | 12.12  | 1e pl  |        |
| Heren               | 10 km  |        |        |
| Theo Schootman      | 35.17  | M 46   | 4e pl  |
| Hans Gerfen         | 38.31  | M 44   | 11e pl |
| Bennie Huirne       | 47.56  | M 60   | 18e pl |

## Winterwijk 04-03-95 Engelse Mijlenloop

|                    |         |      |  |
|--------------------|---------|------|--|
| Dames              | 10 EM   |      |  |
| Liliane Zuidema    | 1.17.58 | V 29 |  |
| Ada ter Woerds     | 1.27.06 | V 40 |  |
| Heren              | 10 EM   |      |  |
| Robert Leussenkamp | 56.27   | M 30 |  |
| Theo Schootman     | 58.49   | M 46 |  |
| Gerrit Harder      | 1.01.44 | M 42 |  |
| Matty Gerfen       | 1.04.24 | M 52 |  |
| Hans ter Woerds    | 1.04.36 | M 40 |  |
| Henk Wielens       | 1.06.30 | M 48 |  |
| Henk Wesselink     | 1.07.21 | M 45 |  |
| Leo Sijtsma        | 1.09.00 | M 53 |  |
| Mike Wientjes      | 1.09.57 | M 37 |  |
| Hans Gerfen        | 1.12.22 | M 44 |  |
| Bennie Huirne      | 1.20.22 | M 60 |  |

## Wassenaar 05-03-95 NK Cross

|                 |        |        |  |
|-----------------|--------|--------|--|
| J.B.            | 6065 m |        |  |
| Ronald Boomkamp | 24.08  | 27e pl |  |

## Enschede 05-03-95 Indoorwedstrijd

|                   |      |        |        |
|-------------------|------|--------|--------|
| M.P.B.            | 40 m | Hoog   | Kogel  |
| Nienke Reinderink | 7.7  | 0.90 m | 5.19 m |
| M.P.A.            | 60 m | Hoog   | Kogel  |
| Nicole Roders     | 10.8 | 0.85 m | 4.07 m |

## Enschede 05-03-95 Indoorwedstrijd vervolg

|                       |        |         |        |         |
|-----------------------|--------|---------|--------|---------|
| M.C.                  | Hoog   | Kogel   |        |         |
| Bella Hendrikx        | 1.25 m | 5.32 m  |        |         |
| Lizette Hendrikx      | 1.15 m | 5.94 m  |        |         |
| M.B.                  | 60 m   |         |        |         |
| Renate Hummelink      | 8.9    |         |        |         |
| J.P.A.                | 60 m   | Hoog    | Kogel  |         |
| Andre Louis Wassing   | 9.8    | 1.20 m  | 6.73 m |         |
| J.D.                  | 60 m   | 60 mh   | Hoog   |         |
| Xander Lutje Spelberg | 9.2    | 12.2    | 1.20 m |         |
| J.C.                  | 60 m   | 60 mh   | Hoog   | Kogel   |
| Jetze van de Kamp     | 8.4    |         | 1.35 m |         |
| Micha Lutje Spelberg  |        | 9.1     | 1.50 m | 10.98 m |
| Matthijs ten Have     |        |         |        | 8.78 m  |
| J.B.                  | 60 m   | Kogel   |        |         |
| Stefan Mol            | 9.0    | 11.11 m |        |         |

## Oldenzaal 12-03-95 Hulsbeekcross AC Fortis

|                     |        |        |
|---------------------|--------|--------|
| M.P.C.              | 1050 m |        |
| Marike Brinkers     | 5.40   | 1e pl  |
| Maike Emsbroek      | 5.45   | 3e pl  |
| M.D.                | 1450 m |        |
| Karin Lukens        | 6.00   | 2e pl  |
| Karin Meijer        | 6.36   | 5e pl  |
| M.C.                | 2200 m |        |
| Suzanne Dijkstra    | 9.42   | 4e pl  |
| M.B.                | 3300 m |        |
| Angeliën ten Have   | 14.50  | 1e pl  |
| Renate Hummelink    | 16.17  | 3e pl  |
| J.P.C.              | 1050 m |        |
| Armin Pillen        | 5.18   | 1e pl  |
| Robert Jan te Kulve | 5.36   | 4e pl  |
| Ard Nijkamp         | 6.07   | 9e pl  |
| J.P.A.              | 1450 m |        |
| Joep Brinkers       | 5.30   | 1e pl  |
| Andre Louis Wassing | 6.16   | 9e pl  |
| Joost Scharenborg   | 6.30   | 11e pl |
| Jan Joris te Kulve  | 6.49   | 13e pl |
| Jorne Hagens        | 7.11   | 16e pl |
| Remco Nijkamp       | 7.11   | 16e pl |
| J.D.                | 2200 m |        |
| Arno Daleman        | 9.24   | 8e pl  |
| Roy Nijkamp         | 10.14  | 15e pl |
| Ruben Pillen        | 10.18  | 17e pl |
| Nick Kamers         | 10.27  | 18e pl |
| Wilco Geerdes       | 13.39  | 21e pl |

## **Oldenzaal 12-03-95 Hulsbeekcross AC Fortis**

|                      |               |       |
|----------------------|---------------|-------|
| <b>J.C.</b>          | <b>3300 m</b> |       |
| Jetze van de Kamp    | 13.46         | 5e pl |
| Joost Ottink         | 13.49         | 6e pl |
| Micha Lutje Spelberg | 14.56         | 9e pl |
| <b>J.B.</b>          | <b>5900 m</b> |       |
| Ronald Boomkamp      | 22.47         | 2e pl |
| <b>Heren</b>         |               |       |
| Theo Schootman       | 45.11         | M 46  |

## **Epe 18-03-95 4e Wedstrijd Oostelijke Cross Competitie**

|                    |               |        |
|--------------------|---------------|--------|
| <b>M.D. 2e j</b>   | <b>1540 m</b> |        |
| Karin Lukens       | 6.33          | 8e pl  |
| <b>M.B.</b>        | <b>3080 m</b> |        |
| Angelien ten Have  | 13.35         | 3e pl  |
| <b>J.P.A. 2e j</b> | <b>1540 m</b> |        |
| Joep Brinkers      | 5.57          | 2e pl  |
| <b>J.D. 1e j</b>   | <b>1880 m</b> |        |
| Arno Daleman       | 7.53          | 9e pl  |
| Roy Nijkamp        | 9.47          | 47e pl |
| <b>J.C. 1e j</b>   | <b>3420 m</b> |        |
| Jetze van de Kamp  | 14.58         | 21e pl |
| <b>J.C. 2e j</b>   | <b>3420 m</b> |        |
| Joost Ottink       | 14.39         | 27e pl |
| <b>J.B.</b>        |               |        |
| Ronald Boomkamp    | 21.39         | 7e pl  |

## **Eind Klassering Ploegen Twentse Crosscompetitie na 10 Wedstrijden**

|                       |                |
|-----------------------|----------------|
| <b>Pupillen 1e pl</b> | <b>559 pnt</b> |
| <b>M.P.C.</b>         |                |
| Marika Brinkers       | 1e pl          |
| Maike Emsbroek        | 3e pl          |
| <b>M.P.B.</b>         |                |
| Esli Vogel            | 1e pl          |
| <b>M.P.A.</b>         |                |
| Reina Visser          | 10e pl         |
| Nicole Roders         | 12e pl         |
| <b>J.P.C.</b>         |                |
| Armin Pillen          | 1e pl          |
| Ard Nijkamp           | 6e pl          |
| <b>J.P.B.</b>         |                |
| Tamo Vogel            | 2e pl          |
| Wessel Braakman       | 8e pl          |



**Pupillen 1e pl vervolg** **559 pnt**

**J.P.A.**

**Joep Brinkers** **1e pl**

**Kjell Vogel** **7e pl**

**Remco Nijkamp** **11e pl**

**Jasper Franco** **12e pl**

**Junioren 1e pl** **307 pnt**

**M.D.**

**Karin Lukens** **2e pl**

**Karin Meijer** **4e pl**

**Magne Vogel** **5e pl**

**M.C.**

**Suzanne Dijkstra** **3e pl**

### **Eind Klassering Ploegen Twentse Crosscompetitie na 10 Wedstrijden vervolg**

**M.B.**

**Angeliën ten Have** **2e pl**

**Renate Hummelink** **3e pl**

**J.D.**

**Arno Daleman** **7e pl**

**Ruben Pillen** **14e pl**

**Roy Nijkamp** **17e pl**

**Wilco Geerdes** **19e pl**

**J.C.**

**Joost Ottink** **5e pl**

**Jetze van de Kamp** **7e pl**

**Micha Lutje Spelberg** **11e pl**

**J.B.**

**Ronald Boomkamp** **2e pl**

**Senioren 4e pl** **187 pnt**

**Heren**

**Theo Schootman** **3e pl** **M 46**

**Matty Gerfen** **8e pl** **M 52**

### **Heerde 25-03-95 1e Runing Center Run**

**Heren** **30 km**

**Pim van Vuren** **2.11.48** **M 48**

### **Haaksbergen 26-03-95 1e Engelse Mijlenloop**

**Dames** **10 EM**

**Diana Luyrink** **1.08.17** **V 36**

**Henriette van der Duim** **1.27.28** **V 31**

## Haaksbergen 26-03-95 1e Engelse Mijlenloop vervolg

|                    |         |      |
|--------------------|---------|------|
| Heren              | 10 EM   |      |
| Theo Schootman     | 58.43   | M 46 |
| Robert Leussenkamp | 59.06   | M 30 |
| Marcel Bos         | 1.01.42 | M 23 |
| Matty Gerfen       | 1.04.37 | M 52 |
| Hans ter Woerds    | 1.05.11 | M 40 |
| Henk Wesselink     | 1.06.26 | M 45 |
| Mike Wientjes      | 1.10.44 | M 37 |
| Wim Wieskamp       | 1.25.20 | M 49 |
| Theo Broekman      | 1.28.25 | M 47 |

## Enschede 01-04-95 Seizoens Openingswedstrijd

|                       |       |        |        |        |         |
|-----------------------|-------|--------|--------|--------|---------|
| M.C.                  | 80 m  | 600 m  | Hoog   |        |         |
| Suzanne Dijkstra      | 12.4  | 1.52.0 | 1.20 m |        |         |
| J.D.                  | 80 mh | 1000 m | Ver    | Hoog   | Discus  |
| Xander Lutje Spelberg | 14.8  |        |        | 1.20 m | 15.47 m |
| Arno Daleman          |       | 3.38.7 | 3.87 m | 1.15 m |         |
| J.C.                  | 100 m | 100 mh | 800 m  | Ver    | Hoog    |
| Micha Lutje Spelberg  | 12.9  | 15.4   |        | 5.64 m |         |
| Jetze van de Kamp     | 13.2  |        | 2.35.9 | 3.85 m | 1.40 m  |

## Hengelo 08-04-95 1e Medaillewedstrijd

|                      |        |        |         |
|----------------------|--------|--------|---------|
| M.P.C.               | 1000 m | Ver    | Bal     |
| Maike Emsbroek       | 5.02.8 | 2.74 m | 10.96 m |
| Dieuwertje Hammer    |        | 2.35 m | 5.40 m  |
| M.P.B.               | 1000 m | Ver    | Bal     |
| Nienke Reinderink    | 4.53.2 | 2.52 m | 14.54 m |
| M.P.A.               | 60 m   | Hoog   | Bal     |
| Suzanne ten Have     | 9.7    | 0.95 m | 11.26 m |
| Nicole Roders        | 10.5   | 0.85 m | 7.98 m  |
| Reina Visser         | 10.6   | 0.90 m | 15.38 m |
| Inge Thijssen        | 10.4   | 1.05 m | 18.30 m |
| Rosemarijn Berteler  | 10.3   | 0.90 m | 8.28 m  |
| M.D.                 | 60 m   | Hoog   | Kogel   |
| Karin Lukens         | 9.6    | 1.05 m | 4.60 m  |
| Karin Meijer         | 9.6    | 1.15 m | 4.68 m  |
| M.C.                 | 600 m  | Ver    | Speer   |
| Suzanne Dijkstra     | 1.49.2 | 3.44 m | 12.86 m |
| J.P.C.               | 40 m   | Ver    | Bal     |
| Martijn Siemerink    | 8.3    | 2.81 m | 20.16 m |
| Joris Pietersen      | 7.7    | 2.71 m | 8.98 m  |
| Niek Thijssen        | 7.2    | 2.61 m | 15.54 m |
| Ard Nijkamp          | 7.9    | 2.52 m | 8.62 m  |
| Wouter Siemerink     | 7.4    | 2.24 m | 12.66 m |
| Maarten Jan Berteler | 7.7    | 2.64 m | 14.56 m |
| Armin Pillen         | 7.4    | 2.71 m | 17.04 m |

## Hengelo 08-04-95 1e Medaillewedstrijd vervolg

|                     |        |        |        |
|---------------------|--------|--------|--------|
| J.P.A.              | 1000 m | Ver    | Kogel  |
| Joep Brinkers       | 3.21.2 | 3.41 m | 6.33 m |
| Andre Louis Wassing | 3.51.2 | 3.59 m | 6.26 m |
| Remco Nijkamp       | 4.15.5 | 2.73 m | 4.71 m |

|                       |        |        |        |
|-----------------------|--------|--------|--------|
| J.D.                  | 1000 m | Ver    | Kogel  |
| Xander Lutje Spelberg | 3.57.5 | 4.08 m | 7.38 m |
| Roy Nijkamp           | 4.14.6 | 3.14 m | 5.64 m |
| Arno Daleman          | 3.23.7 | 3.63 m | 6.08 m |
| Lucas van Uem         | 4.22.3 | 3.48 m | 5.88 m |
| Ruben Pillen          | 3.46.1 | 3.78 m | 5.42 m |

|                      |       |        |         |
|----------------------|-------|--------|---------|
| J.C.                 | 100 m | Hoog   | Speer   |
| Jetze van de Kamp    | 12.6  | 1.35 m | 15.64 m |
| Micha Lutje Spelberg | 12.5  | 1.55 m | 36.44 m |
| Matthijs ten Have    | 14.7  |        | 28.58 m |
| Joost Ottink         | 14.1  |        | 19.04 m |

## Haaksbergen 15-04-95 Blokwedstrijden C/D Junioren en Pupillen

|                 |      |        |        |         |       |
|-----------------|------|--------|--------|---------|-------|
| M.P.C.          | 40 m | 1000 m | Ver    | Bal     |       |
| Maike Emsbroek  | 7.3  | 5.12.1 | 2.82 m | 10.42 m | 1e pl |
| Marike Brinkers | 7.8  | 4.25.7 | 2.92 m | 8.72 m  | 2e pl |

|                  |      |        |        |        |        |
|------------------|------|--------|--------|--------|--------|
| M.P.A.           | 60 m | 1000 m | Ver    | Kogel  |        |
| Nicole Roders    | 10.6 | 4.44.6 | 2.81 m | 3.94 m | 18e pl |
| Suzanne ten Have | 10.3 | 4.23.8 | 2.91 m | 3.12 m | 19e pl |

|             |      |       |        |        |         |       |
|-------------|------|-------|--------|--------|---------|-------|
| M.D.        | 60 m | 60 mh | Ver    | Kogel  | Discus  |       |
| Magne Vogel | 9.4  | 12.5  | 3.70 m | 7.10 m | 14.64 m | 8e pl |

|             |      |        |        |        |        |
|-------------|------|--------|--------|--------|--------|
| J.P.A.      | 60 m | 1000 m | Ver    | Kogel  |        |
| Kjell Vogel | 9.9  | 3.44.9 | 3.41 m | 6.70 m | 11e pl |

## Haaksbergen 15-04-95 Blokwedstrijden C/D Junioren en Pupillen vervolg

|                       |      |       |        |        |        |        |
|-----------------------|------|-------|--------|--------|--------|--------|
| J.D.                  | 80 m | 80 mh | Ver    | Hoog   | Kogel  |        |
| Xander Lutje Spelberg | 12.1 | 14.9  | 4.05 m | 1.45 m | 7.41 m | 1e pl  |
| Ruben Pillen          | 12.3 | 16.7  | 3.72 m | 1.10 m | 5.60 m | 11e pl |

|                      |       |        |        |         |         |       |
|----------------------|-------|--------|--------|---------|---------|-------|
| J.C.                 | 100 m | 100 mh | Ver    | Kogel   | Discus  |       |
| Micha Lutje Spelberg | 12.4  | 14.2   | 5.35 m | 10.46 m | 24.42 m | 1e pl |
| Jetze van de Kamp    | 12.8  | 19.0   | 4.50 m | 7.67 m  | 13.38 m | 4e pl |
| Joost Ottink         | 14.1  | 20.4   | 4.69 m | 8.18 m  | 17.56 m | 6e pl |

## Deventer 22-04-95 1e Competitiewedstrijd CD Junioren

|                      |        |        |
|----------------------|--------|--------|
| J.C.                 |        |        |
| Jetze van de Kamp    | 100 m  | 12.5   |
| Micha Lutje Spelberg | 100 mh | 14.3   |
| Joost Ottink         | 1500 m | 5.35.7 |
| Micha Lutje Spelberg | Ver    | 5.93 m |
| Jetze van de Kamp    | Hoog   | 1.35 m |
| Joost Ottink         | Kogel  | 8.27 m |

## Hengelo 03-05-95 Johan Knaap Games

|                   |         |      |  |
|-------------------|---------|------|--|
| M.B.              | 100 m   |      |  |
| Renate Hummelink  | 14.0    |      |  |
| J.B.              | Kogel   |      |  |
| Stefan Mol        | 11.07 m |      |  |
| Heren             | 400 m   |      |  |
| Erwin Leussenkamp | 57.6    | M 26 |  |

## Enschede 07-05-95 1e Competitiewedstrijd Senioren

|                     |        |         |      |
|---------------------|--------|---------|------|
| Heren               |        |         |      |
| Paul Wormgoor       | 100 m  | 12.3    | M 22 |
| Herbert Garritsen   | 110 mh | 21.2    | M 28 |
| Erwin Leussenkamp   | 400 m  | 57.3    | M 26 |
| Michel Stoverink    | 1500 m | 4.58.5  | M 28 |
| Robert Leussenkamp  | 5000 m | 16.57.7 | M 30 |
| Dennis te Nijenhuis | Ver    | 5.46 m  | M 21 |
| Herbert Garritsen   | Hoog   | 1.75 m  | M 28 |
| Paul Wormgoor       | Kogel  | 12.02 m | M 22 |
| Dennis te Nijenhuis | Discus | 27.52 m | M 21 |
| Gerton Berkemeijer  | Speer  | 32.48 m | M 20 |

## Hengelo 13-05-95 2e Competitiewedstrijd CD Junioren

|                      |        |         |  |
|----------------------|--------|---------|--|
| J.C.                 |        |         |  |
| Jetze van de Kamp    | 100 m  | 12.6    |  |
| Micha Lutje Spelberg | 100 mh | 14.1    |  |
| Joost Ottink         | 1500 m | 5.28.2  |  |
| Micha Lutje Spelberg | Ver    | 5.68    |  |
| Jetze van de Kamp    | Hoog   | 1.35 m  |  |
| Joost Ottink         | Kogel  | 8.07 m  |  |
| Matthijs ten Have    | Discus | 26.88 m |  |
| Matthijs ten Have    | Speer  | 32.48 m |  |

## Haaksbergen 17-05-95 Avondwedstrijd junioren ABC en Senioren

|                 |         |         |         |          |       |
|-----------------|---------|---------|---------|----------|-------|
| J.B.            | Kogel   | Discus  | Speer   |          |       |
| Stefan Mol      | 10.79 m | 21.12 m | 26.34 m | 1048 pnt | 3e pl |
| J.B.            | 800 m   |         |         |          |       |
| Ronald Boomkamp | 2.16.6  | 4e pl   |         |          |       |

## Apeldoorn 20-21-05-95 Oost Nederlandse Kampioenschappen Meerkamp

|              |          |        |
|--------------|----------|--------|
| M.C. 1e j    | 7 kamp   |        |
| Wilma te Raa | 2523 pnt | 11e pl |
| 80 mh        | 15.7     |        |
| Hoog         | 1.30 m   |        |
| Kogel        | 7.62 m   |        |
| 150 m        | 23.0     |        |
| Ver          | 3.87 m   |        |
| Speer        | 18.80 m  |        |
| 600 m        | 2.15.6   |        |

## Apeldoorn 20-21-05-95 Oost Nederlandse Kampioenschappen Meerkamp vervolg

|                       |         |          |        |
|-----------------------|---------|----------|--------|
| J.D. 2e j             |         | 7 kamp   |        |
| Xander Lutje Spelberg |         | 3231 pnt | 10e pl |
| 80 m                  | 11.5    |          |        |
| 80 m Horden           | 14.3    |          |        |
| 1000 m                | 3.28.2  |          |        |
| Ver                   | 4.33 m  |          |        |
| Hoog                  | 1.40 m  |          |        |
| Kogel                 | 9.15 m  |          |        |
| Speer                 | 18.26 m |          |        |

|                   |          |        |  |
|-------------------|----------|--------|--|
| J.C. 1e j         | 8 kamp   |        |  |
| Jetze van de Kamp | 3761 pnt | 10e pl |  |
| 100 m             | 12.5     |        |  |
| Ver               | 4.57 m   |        |  |
| Kogel             | 7.81 m   |        |  |
| Hoog              | 1.40 m   |        |  |
| 100 m Horden      | 16.4     |        |  |
| Discus            | 17.62 m  |        |  |
| Speer             | 13.83 m  |        |  |
| 1000 m            | 3.22.3   |        |  |

|                      |          |       |  |
|----------------------|----------|-------|--|
| J.C. 2e j            | 8 kamp   | 2e pl |  |
| Micha Lutje Spelberg | 5186 pnt |       |  |
| 100 m                | 12.3     |       |  |
| Ver                  | 5.63 m   |       |  |
| Kogel                | 10.72 m  |       |  |
| Hoog                 | 1.55 m   |       |  |
| 100 m Horden         | 14.2     |       |  |
| Discus               | 32.34 m  |       |  |
| Speer                | 40.74 m  |       |  |
| 1000 m               | 3.19.9   |       |  |

## Goor 20-05-95 Pupillen A/B/C Wedstrijd

|                     |      |        |         |
|---------------------|------|--------|---------|
| M.P.C.              | 40 m | Ver    | Bal     |
| Maike Emsbroek      | 7.5  | 2.74 m | 11.18 m |
| M.P.A.              | 60 m | Ver    | Bal     |
| Reina Visser        | 10.6 | 3.08 m | 17.74 m |
| J.P.C.              | 40 m | Hoog   | Kogel   |
| Ard Nijkamp         | 7.6  | 0.85 m | 4.33 m  |
| J.P.A.              | 60 m | Hoog   | Kogel   |
| Andre Louis Wassing | 9.7  | 1.25 m | 5.73 m  |
| Remco Nijkamp       | 11.6 | 0.85 m | 4.81 m  |

## Oldenzaal 21-05-95 Marmoleumloop LAAC

|                  |         |      |       |
|------------------|---------|------|-------|
| Dames            | 28,5 km |      |       |
| Diana Luyrink    | 2.06.56 | V 36 | 1e pl |
| Heren            | 28,5 km |      |       |
| Herman Heideveld | 1.57.14 | M 43 |       |
| Pim van Vuren    | 1.57.44 | M 48 |       |

## Doetinchem 21-05-95 Cityloop

|                 |       |      |
|-----------------|-------|------|
| Dames           | 10 km |      |
| Ada ter Woerds  | 49.21 | V 40 |
| Heren           | 10 km |      |
| Marcel Bos      | 36.49 | M 23 |
| Hans ter Woerds | 38.21 | M 40 |
| Leo Sijsma      | 41.43 | M 54 |
| Theo Broekman   | 48.30 | M 47 |

## Zevenaer 21-05-95 2e Competitiewedstrijd Senioren

|                     |        |         |      |
|---------------------|--------|---------|------|
| Heren               |        |         |      |
| Paul Wormgoor       | 100 m  | 12.2    | M 22 |
| Herbert Garritsen   | 110 mh | 20.3    | M 28 |
| Gerton Berkemeijer  | 400 m  | 60.0    | M 20 |
| Michel Stoverink    | 1500 m | 5.04.5  | M 28 |
| Robert Leussenkamp  | 5000 m | 16.48.0 | M 30 |
| Dennis te Nijenhuis | Ver    | 5.69 m  | M 21 |
| Herbert Garritsen   | Hoog   | 1.70 m  | M 28 |
| Paul Wormgoor       | Kogel  | 12.24 m | M 22 |
| Dennis te Nijenhuis | Discus | 30.32 m | M 21 |
| Gerton Berkemeijer  | Speer  | 40 00 m | M 20 |

## Rijssen 11-06-95 7e Rijsserbergloop

|              |         |      |
|--------------|---------|------|
| Heren        | 10 EM   |      |
| Marty Gerfen | 1.05.31 | M 52 |

## Gendringen 17-06-95 Oostelijke Kampioenschappen C/D Junioren

|                       |            |            |        |        |        |
|-----------------------|------------|------------|--------|--------|--------|
| M.C.                  | 80 mh      | 300 mh     | 1000 m |        |        |
| Wilma te Raai         | 15.5       | 57.6       |        |        |        |
| Suzanne Dijkstra      |            |            | 3.17.3 |        |        |
| J.D.                  | 80 m       | 80 mh      | Hoog   |        |        |
| Xander Lutje Spelberg | 11.6       | 14.2       | 1.45 m |        |        |
| J.C.                  | 100 mh     | 300 mh     | 800 m  | 1500 m | Ver    |
| Micha Lutje Spelberg  | 14.2 3e pl | 43.8 2e pl |        |        | 5.38 m |
| Jetze van de Kamp     | 17.6       |            | 2.32.5 |        |        |
| Joost Ottink          |            |            |        | 5.20.0 |        |
| J.C.                  | 4x 100 m   |            |        |        |        |
| Xander Lutje Spelberg | 51.4       |            |        |        |        |
| Micha Lutje Spelberg  | 51.4       |            |        |        |        |
| Joost Ottink          | 51.4       |            |        |        |        |
| Jetze van de Kamp     | 51.4       |            |        |        |        |

## Apeldoorn 17-06-95 Oostelijke Kampioenschappen Junioren A/B

|                   |        |         |       |
|-------------------|--------|---------|-------|
| M.B.              | 100 mh | H.S.S   |       |
| Angeliën ten Have | 17.4   | 10.40 m | 1e pl |
| J.B.              | 1500 m | 3000 m  |       |
| Ronald Boomkamp   | 3e pl  | 3e pl   |       |

## Enschede 18-06-95 Twente Marathon

|                  |                |      |            |
|------------------|----------------|------|------------|
| Dames            | Halve Marathon |      |            |
| Ada ter Woerds   | 1.59.18        | V 40 |            |
| Dames            | Marathon       |      |            |
| Diana Luyrink    | 3.24.18        | V 36 | 1e pl V 35 |
| Heren            | 11,1 km        |      |            |
| Dick Drenten     | 1953           | M 42 |            |
| Heren            | Halve Marathon |      |            |
| Theo Schootman   | 1.20.15        | M 46 |            |
| Marcel Bos       | 1.23.25        | M 23 |            |
| Tonnie Vrieze    | 1.23.57        | M 42 |            |
| Hans ter Woerds  | 1.28.30        | M 40 |            |
| Gerard Sedee     | 1.32.11        | M 36 |            |
| Theo Broekman    | 2.00.08        | M 47 |            |
| Heren            | Marathon       |      |            |
| Herman Heideveld | 3.08.18        | M 43 |            |
| Pim van Vuren    | 3.22.20        | M 48 |            |
| Bert Vogel       | 3.27.13        | M 42 |            |
| Henk Wesselink   | 3.32.28        | M 45 |            |

## Hengelo 23-06-95 Senioren en Junioren A/B Wedstrijd Tion-- Kronos

|                  |       |
|------------------|-------|
| M.B.             | 400 m |
| Renate Hummelink | 65.7  |

## Eibergen 24-06-95 2e Mediallewedstrijd

|                     |        |
|---------------------|--------|
| M.P.C.              | Hoog   |
| Marike Brinkers     | 0.85 m |
| J.P.B.              | Kogel  |
| Niek Thijsen        | 6.53 m |
| Armin Pillen        | 5.96 m |
| J.P.A.              | Hoog   |
| Andre Louis Wassing | 1.25 m |

## Eibergen 02-07-95 Pupillen C/D Junioren Wedstrijd

|                      |        |            |
|----------------------|--------|------------|
| M.P.C.               | Hoog   | Kogel 2 kg |
| Maaïke Emsbroek      | 0.95 m |            |
| Marike Brinkers      |        | 4.30 m     |
| Diewertje Hammer     | 0.85 m |            |
| M.P.B.               | Ver    |            |
| Esli Vogel           | 3.12 m |            |
| M.D.                 | 60 m   |            |
| Magne Vogel          | 9.0    |            |
| J.C.                 | Hoog   |            |
| Micha Lutje Spelberg | 1.70 m |            |
| M.D.                 | 600 m  |            |
| Karin Lukens         | 1.56.0 |            |

## Emmen 27-08-95 Vijf Districten Wedstrijd A/B/ Junioren

|                   |         |       |
|-------------------|---------|-------|
| M.B.              | H.S.S.  |       |
| Angelien ten Have | 10.12 m | 7e pl |

## Amsterdam 26-27-08-95 Nationale C Spelen

|                      |        |         |         |         |       |
|----------------------|--------|---------|---------|---------|-------|
| M.C.                 | 80 mh  | 300 mh  | 600 m   | 1000 m  |       |
| Wilma te Raai        | 15.77  | 1.00.29 |         |         |       |
| Suzanne Dijkstra     |        |         | 1.52.00 | 3.25.30 |       |
| J.C.                 | 100 mh | 300 mh  |         | Ver     |       |
| Micha Lutje Spelberg | 14.4   | 43.52   | 7e pl   | 5.96 m  | 5e pl |
| J.C.                 | 100 m  |         |         |         |       |
| Jetze van de Kamp    | 12.88  |         |         |         |       |

## Enschede 28-08-95 Blokmeerkamp

|             |      |        |         |         |       |
|-------------|------|--------|---------|---------|-------|
| J.D.        | 80 m | Kogel  | Discus  | Speer   |       |
| Roy Nijkamp | 13.1 | 6.25 m | 13.58 m | 18.10 m | 8e pl |

## Warnsveld 02-09-95 26e Hanzeloop

|                |                |      |
|----------------|----------------|------|
| Dames          | Halve Marathon |      |
| Diana Luyrink  | 1.29.05        | V 36 |
| Ada ter Woerds | 1.51.43        | V 40 |
| Heren          | 5000 m         |      |
| Dick Drenten   | 25.00          | M 42 |
| Heren          | Halve Marathon |      |
| Matty Gerfen   | 1.29.00        | M 52 |
| Henk Wesselink | 1.32.01        | M 45 |
| Hans Gerfen    | 1.35.13        | M 44 |
| Theo Broekman  | 1.50.00        | M 47 |

## Haaksbergen 02-09-95 Baanwedstrijd

|                   |      |        |         |        |        |
|-------------------|------|--------|---------|--------|--------|
| M.P.C.            | 40 m | Ver    | Kogel   |        |        |
| Maike Emsbroek    | 7.7  | 2.87 m | 4.12 m  | 4e pl  |        |
| M.P.B.            | 40 m | Ver    | Kogel   |        |        |
| Esli Vogel        | 7.4  | 3.06 m | 3.18 m  | 8e pl  |        |
| Nienke Reinderink | 8.1  | 2.65 m | 4.97 m  | 10e pl |        |
| M.D.              | 60 m | Hoog   | Speer   |        |        |
| Magne Vogel       | 9.0  | 1.30 m | 15.08 m | 5e pl  |        |
| Karin Lukens      | 9.4  | 1.05 m | 11.84 m | 11e pl |        |
| M.C.              | 80 m | Ver    | Discus  |        | 600 m  |
| Suzanne Dijkstra  | 12.1 | 3.99 m | 15.68 m | 8e pl  | 1.48.5 |
| Lizette Hendrikx  | 13.1 | 3.70 m | 13.96 m | 11e pl |        |
| Bella Hendrikx    | 15.7 | 3.62 m | 10.92 m | 13e pl |        |
| J.P.C.            | 40 m | Ver    | Kogel   |        |        |
| Armin Pillen      | 7.5  | 2.78 m | 5.70 m  | 2e pl  |        |
| Ard Nijkamp       | 8.6  | 3.43 m | 4.71 m  | 8e pl  |        |



## Haaksbergen 02-09-95 Baanwedstrijd vervolg

|                       |              |             |               |        |               |
|-----------------------|--------------|-------------|---------------|--------|---------------|
| <b>J.P.A.</b>         | <b>60 m</b>  | <b>Hoog</b> | <b>Kogel</b>  |        |               |
| Andre Louis Wassing   | 9.6          | 1.15 m      | 5.91 m        | 11e pl |               |
| Kjell Vogel           | 9.9          | 1.05 m      | 7.34 m        | 12e pl |               |
| Remco Nijkamp         | 11.6         | 0.90 m      | 4.64 m        | 22e pl |               |
| <b>J.D.</b>           | <b>80 m</b>  | <b>Ver</b>  | <b>Discus</b> |        | <b>1000 m</b> |
| Xander Lutje Spelberg | 11.4         | 4.35 m      | 17.52 m       | 1e pl  |               |
| Arno Daleman          | 12.2         | 3.80 m      | 11.14 m       | 12e pl | 3.25.5        |
| Ruben Pillen          | 12.2         | 3.73 m      | 11.70 m       | 13e pl | 3.32.2        |
| Roy Nijkamp           | 12.9         | 3.19 m      | 12.98 m       | 14e pl | 4.07.4        |
| Lucas van Uem         | 13.4         | 3.32 m      | 13.58 m       | 15e pl | 4.33.1        |
| Armin van den Akker   | 13.4         | 3.22 m      | 12.02 m       | 16e pl |               |
| <b>J.C.</b>           | <b>100 m</b> | <b>Hoog</b> | <b>Speer</b>  |        | <b>1000 m</b> |
| Micha Lutje Spelberg  | 12.4         | 1.55 m      | 34.40 m       | 2e pl  | 3.08.9        |
| Jetze van de Kamp     | 12.7         | 1.50 m      | 22.86 m       | 4e pl  | 2.29.3        |
| Matthijs ten Have     | 15.0         | 1.35 m      | 28.04 m       | 7e pl  |               |

## Hengelo 09-09-95 3e Medaillewedstrijd

|                       |               |             |              |  |
|-----------------------|---------------|-------------|--------------|--|
| <b>M.P.C.</b>         | <b>1000 m</b> | <b>Ver</b>  | <b>Bal</b>   |  |
| Maike Emsbroek        | 4.38.3        | 3.08 m      | 11.42 m      |  |
| Dieuwertje Hammer     | 5.33.3        | 2.33 m      | 6.26 m       |  |
| <b>M.P.B.</b>         | <b>1000 m</b> | <b>Ver</b>  | <b>Bal</b>   |  |
| Nienke Reinderink     | 4.36.2        | 2.68 m      | 19.80 m      |  |
| <b>M.P.A.</b>         | <b>60 m</b>   | <b>Hoog</b> | <b>Bal</b>   |  |
| Reina Visser          | 10.6          | 0.95 m      | 16.96 m      |  |
| Nicole Roders         | 11.0          | 0.80 m      | 10.12 m      |  |
| <b>M.D.</b>           | <b>60 m</b>   | <b>Hoog</b> | <b>Kogel</b> |  |
| Karin Lukens          | 9.1           | 1.10 m      | 5.30 m       |  |
| Karin Meijer          | 9.5           | 1.20 m      | 6.03 m       |  |
| <b>M.C.</b>           | <b>600 m</b>  | <b>Ver</b>  | <b>Speer</b> |  |
| Lizette Hendrikx      | 2.06.7        | 3.63 m      | 15.76 m      |  |
| Femia Metz            | 2.26.4        | 3.88 m      | 20.98 m      |  |
| Bella Hendrikx        | 2.05.9        | 3.34 m      | 13.10 m      |  |
| Wilma te Raai         | 2.11.5        | 4.28 m      | 19.50 m      |  |
| <b>J.P.C.</b>         | <b>40 m</b>   | <b>Hoog</b> | <b>Bal</b>   |  |
| Armin Pillen          | 7.6           | 0.95 m      | 18.96 m      |  |
| Martijn Siemerink     | 7.7           | 0.85 m      | 20.06 m      |  |
| Joris Pietersen       | 7.7           | 0.90 m      | 12.34 m      |  |
| Ard Nijkamp           | 8.3           | x           |              |  |
| <b>J.P.A.</b>         | <b>1000 m</b> | <b>Ver</b>  | <b>Kogel</b> |  |
| Joep Brinkers         | 3.20.9        | 3.25 m      | 5.31 m       |  |
| Andre Louis Wassing   | 3.40.6        | 3.70 m      | 6.18 m       |  |
| Remco Nijkamp         | 4.08.3        | 2.59 m      | 4.94 m       |  |
| <b>J.D.</b>           | <b>1000 m</b> | <b>Ver</b>  | <b>Kogel</b> |  |
| Roy Nijkamp           | 4.17.8        | 2.59 m      | 6.32 m       |  |
| Xander Lutje Spelberg | 3.28.5        | 4.58 m      | 8.75 m       |  |
| Ruben Pillen          | 3.41.0        | 3.68 m      | 5.89 m       |  |
| Arno Daleman          | 3.28.1        | 3.91 m      | 6.29 m       |  |
| Nick Kamers           | 3.55.4        | 3.52 m      | 4.87 m       |  |

## Hengelo 09-09-95 3e Medaillewedstrijd vervolg

| J.C.                 | 100 m | Hoog   | Speer   |
|----------------------|-------|--------|---------|
| Matthijs ten Have    | 14.5  | 1.35 m | 28.78 m |
| Micha Lutje Spelberg | 11.9  | 1.55 m | 34.60 m |
| Jetze van de Kamp    | 12.5  | 1.35 m | 13.10 m |
| Joost Ottink         | 13.7  | x      | 19.50 m |

## Goor 10-09-95 Cityloop

| Heren         | 10 km |      |
|---------------|-------|------|
| Theo Broekman | 49.22 | M 47 |

## Amsterdam 17-09-95 Nationale D Spelen

| J.D.                  | 80 mh | Ver    | Hoog   |
|-----------------------|-------|--------|--------|
| Xander Lutje Spelberg | 14.55 | 4.58 m | 1.50 m |

## Haaksbergen 29-09-95 Sterloop

| Heren         | 10 km |      |
|---------------|-------|------|
| Frans Gober   | 35.56 | M 36 |
| Tonnie Vrieze | 38.24 | M 42 |
| Mike Wientjes | 41.40 | M 37 |
| Hans Gerfen   | 43.25 | M 44 |
| Theo Broekman | 47.41 | M 47 |
| Bennie Huirne | 49.31 | M 60 |

## Enschede 30-09-95 4e Medaillewedstrijd

| M.P.C.            | 40 m | Hoog   | Kogel  |
|-------------------|------|--------|--------|
| Maike Emsbroek    | 7.3  | 0.85 m | 4.06 m |
| Dieuwertje Hammer | 8.1  | 0.85 m | 3.42 m |

| M.P.B.            | 40 m | Hoog   | Kogel  |
|-------------------|------|--------|--------|
| Nienke Reinderink | 7.7  | 0.95 m | 5.20 m |

| M.P.A.        | 1000 m | Ver    | Kogel  |
|---------------|--------|--------|--------|
| Inge Thijssen | 4.25.6 | 3.24 m | 5.06 m |
| Nicole Roders | 4.43.0 | 2.92 m | 4.30 m |

| M.D.         | 600 m  | Ver    | Speer   |
|--------------|--------|--------|---------|
| Karin Lukens | 1.56.1 | 3.29 m | 12.52 m |
| Karin Meijer | 2.05.7 | 3.52 m | 11.34 m |

| M.C.             | 80 m | Hoog   | Kogel  | Discus  |
|------------------|------|--------|--------|---------|
| Lizette Hendrikx | 12.7 | 1.25 m | 6.58 m | 13.90 m |
| Wilma te Raaij   | 12.0 | 1.30 m | 8.31 m | 21.74 m |
| Femia Metz       | 12.2 | 1.35 m | 7.70 m | 18.64 m |
| Bella Hendrikx   | x    | 1.20 m | 5.67 m | 12.60 m |

| J.P.C.            | 1000 m | Ver    | Kogel  |
|-------------------|--------|--------|--------|
| Armin Pillen      | 4.02.1 | 2.42 m | 5.74 m |
| Niek Thijssen     | 4.20.8 | 2.85 m | 5.27 m |
| Ard Nijkamp       | 4.35.9 | 1.99 m | 4.66 m |
| Martijn Siemerink | 4.52.0 | 2.78 m | 5.46 m |

## Enschede 30-09-95 4e Medaillewedstrijd vervolg

|                       |        |        |         |         |
|-----------------------|--------|--------|---------|---------|
| J.P.A.                | 60 m   | Hoog   | Bal     |         |
| Remco Nijkamp         | 11.5   | 0.95 m | 16.06 m |         |
| J.D.                  | 80 m   | Hoog   | Speer   |         |
| Arno Daleman          | 12.3   | 1.15 m | 14.92 m |         |
| Roy Nijkamp           | 12.8   | 1.05 m | 21.06 m |         |
| Ruben Pillen          | 12.3   | 1.15 m | 19.70 m |         |
| Xander Lutje Spelberg | 11.4   | 1.35 m | 26.80 m |         |
| J.C.                  | 800 m  | Ver    | Kogel   | Discus  |
| Joost Ottink          | 3.27.4 | 4.39 m | 8.85 m  | 19.82 m |
| Jetze van de Kamp     | 2.27.6 | 4.45 m | 9.77 m  | 20.28 m |
| Matthijs ten Have     | 3.01.6 | 4.19 m | 9.13 m  | 24.76 m |

## Eibergen 01-10-95 Clubkampioenschappen

|                   |      |        |        |        |
|-------------------|------|--------|--------|--------|
| M.P.C.            | 40 m | 600 m  | Hoog   | Kogel  |
| Maike Emsbroek    | 7.4  | 2.33.7 | 0.85 m | 3.97 m |
| Marike Brinkers   | 8.0  | 2.31.2 | 0.85 m | 2.82 m |
| Dieuwertje Hammer | 8.3  | 2.59.5 | 0.85 m | 3.57 m |
| Judith Pietersen  | 9.0  | 3.18.5 | 0.70 m | 2.41 m |

|                      |      |        |        |        |
|----------------------|------|--------|--------|--------|
| M.P.B.               | 40 m | 600 m  | Hoog   | Kogel  |
| Esli Vogel           | 7.5  | 2.23.9 | 0.90 m | 4.00 m |
| Nienke Reinderink    | 8.0  | 2.46.6 | 0.95 m | 5.17 m |
| Annemarie ten Hoopen | 7.7  | 2.49.7 | 1.00 m | 3.37 m |

|                  |      |        |        |        |
|------------------|------|--------|--------|--------|
| M.P.A.           | 60 m | 600 m  | Hoog   | Kogel  |
| Inge Thijssen    | 10.8 | 2.22.9 | 1.05 m | 5.52 m |
| Suzanne ten Have | 10.4 | 2.23.3 | 1.00 m | 4.82 m |
| Reina Visser     | 10.7 | 2.41.3 | 1.05 m | 4.97 m |

|              |      |        |        |         |
|--------------|------|--------|--------|---------|
| M.D.         | 60 m | 600 m  | Hoog   | Discus  |
| Magne Vogel  | 9.6  | 2.02.2 | 1.30 m | 15.30 m |
| Karin Lukens | 9.6  | 1.58.3 | 1.05 m | 12.14 m |
| Karin Meijer | 9.8  | 2.15.1 | 1.25 m | 10.98 m |
| Louise Kemna | 9.9  | 2.21.0 | 1.10 m | 10.40 m |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| M.C.             | 80 m | 600 m  | Hoog   | Discus  |
| Wilma te Raa     | 12.1 | 2.11.6 | 1.35 m | 18.64 m |
| Lizette Hendriks | 13.1 | 2.01.9 | 1.30 m | 15.30 m |
| Marja Werner     | 12.1 | 2.04.4 | 1.25 m | 11.30 m |
| Femia Metz       | 12.7 | 2.22.8 | 1.35 m | 16.36 m |
| Bella Hendriks   | 13.5 | 2.05.5 | 1.25 m | 15.54 m |
| Hiske Vaarwerk   | 13.4 | 2.21.6 | 1.15 m | 16.42 m |

|                   |       |        |         |  |
|-------------------|-------|--------|---------|--|
| M.B.              | 100 m | Hoog   | Discus  |  |
| Angeliën ten Have | 15.3  | 1.45 m | 26.58 m |  |

|              |       |        |        |         |      |
|--------------|-------|--------|--------|---------|------|
| Dames        | 100 m | 800 m  | Ver    | Speer   |      |
| Ineke Visser | 17.1  | 3.34.3 | 3.87 m | 18.56 m | V 40 |

|                |        |        |      |  |  |
|----------------|--------|--------|------|--|--|
| Dames          | 400 m  | 1500 m |      |  |  |
| Selma Jurriëns | 1.10.9 | 7.35.4 | V 36 |  |  |

## Eibergen 01-10-95 Clubkampioenschappen vervolg

|                        |              |               |               |              |      |
|------------------------|--------------|---------------|---------------|--------------|------|
| <b>J.P.C.</b>          | <b>40 m</b>  | <b>600 m</b>  | <b>Hoog</b>   | <b>Kogel</b> |      |
| Armin Pillen           | 7.5          | 2.22.8        | 0.95 m        | 5.89 m       |      |
| Niek Thijssen          | 7.6          | 2.33.1        | 0.95 m        | 5.20 m       |      |
| Joris Pietersen        | 7.6          | 2.50.8        | 0.95 m        | 5.39 m       |      |
| Martijn Siemerink      | 7.7          | 2.36.4        | 0.75 m        | 5.85 m       |      |
| Ard Nijkamp            | 8.1          | 2.37.6        | 0.90 m        | 4.99 m       |      |
| Hidde Braakman         | 9.3          | 3.00.8        | 0.75 m        | 3.20 m       |      |
| Joël Ordelmans         | 9.2          | 3.11.7        | x             | 3.56 m       |      |
| Marco Roders           | 10.2         | 3.14.4        | 0.80 m        | 2.64 m       |      |
| <b>J.P.B.</b>          | <b>40 m</b>  | <b>600 m</b>  | <b>Hoog</b>   | <b>Kogel</b> |      |
| Wessel Braakman        | 8.3          | 2.43.5        | 0.85 m        | 4.71 m       |      |
| <b>J.P.A.</b>          | <b>60 m</b>  | <b>600 m</b>  | <b>Hoog</b>   | <b>Kogel</b> |      |
| Joep Brinkers          | 9.6          | 1.57.8        | 1.10 m        | 5.81 m       |      |
| Kjell Vogel            | 10.3         | 2.15.3        | 1.15 m        | 8.28 m       |      |
| Tom Braakman           | 11.0         | 2.18.5        | 1.00 m        | 5.73 m       |      |
| Remco Nijkamp          | 11.3         | 2.31.1        | 1.00 m        | 4.87 m       |      |
| Ruud Geerdes           | 11.7         | 2.59.6        | 0.90 m        | 5.82 m       |      |
| <b>J.D.</b>            | <b>80 m</b>  | <b>800 m</b>  | <b>Ver</b>    | <b>Speer</b> |      |
| Xander Lutje Spelberg  | 11.8         | 2.49.6        | 4.41 m        | 22.18 m      |      |
| Ruben Pillen           | 12.5         | 2.48.3        | 3.68 m        | 17.92 m      |      |
| Arno Daleman           | 12.5         | 2.44.9        | 3.91 m        | 14.28 m      |      |
| Nick Kamers            | 13.0         | 2.56.7        | 3.40 m        | 15.20 m      |      |
| Roy Nijkamp            | 13.0         | 3.19.9        | 3.34 m        | 22.20 m      |      |
| Niek Blekkink          | 12.8         | 3.22.1        | 3.20 m        | 18.00 m      |      |
| Wilco Geerdes          | 14.2         | 3.22.4        | 3.02 m        | 12.32 m      |      |
| Armin van den Akker    | 14.2         | 3.43.5        | 3.22 m        | 10.60 m      |      |
| <b>J.C.</b>            | <b>100 m</b> | <b>800 m</b>  | <b>Ver</b>    | <b>Speer</b> |      |
| Jetze van de Kamp      | 13.0         | 2.35.2        | 4.44 m        | 21.12 m      |      |
| Robbert van Veldhuizen | 14.5         | 2.35.0        | 4.60 m        | 27.14 m      |      |
| Joost Ottink           | 14.3         | 2.48.3        | 4.62 m        | 24.54 m      |      |
| Matthijs ten Have      | 14.2         | 3.08.3        | 4.29 m        | 32.26 m      |      |
| <b>J.B.</b>            | <b>100 m</b> | <b>800 m</b>  | <b>Ver</b>    | <b>Speer</b> |      |
| Stefan Mol             | 14.1         | 3.01.8        | 4.44 m        | 34.82 m      |      |
| Ronald Boomkamp        | 15.0         | 2.22.9        | 3.80 m        | 21.58 m      |      |
| Michel Floors          | 14.5         | 3.05.9        | 4.11 m        | 20.66 m      |      |
| <b>Heren</b>           | <b>100 m</b> | <b>1500 m</b> | <b>Ver</b>    | <b>Speer</b> |      |
| Paul Wormgoor          | 12.5         | 5.42.8        | 4.77 m        | 45.28 m      | M 22 |
| Herbert Garritsen      | 13.1         | 5.37.8        | 5.25 m        | 37.74 m      | M 29 |
| Dennis te Nijenhuis    | 13.2         | 5.53.0        | 5.16 m        | 37.06 m      | M 21 |
| <b>Heren</b>           | <b>100 m</b> | <b>800 m</b>  | <b>Ver</b>    | <b>Speer</b> |      |
| Mike Wientjes          | 14.5         | 2.41.6        | 3.97 m        | 30.24 m      | M 37 |
| <b>Heren</b>           | <b>400 m</b> | <b>1500 m</b> | <b>5000 m</b> |              |      |
| Robert Leussenkamp     | 1.02.8       | 4.49.5        | 17.59         | M 30         |      |
| Theo Schootman         | 1.08.3       | 4.58.2        | 18.32         | M 46         |      |
| Harry Kemna            | 1.08.4       | 5.43.3        | 21.13         | M 40         |      |
| Theo Nijhuis           | 1.11.2       | 5.51.7        | 21.55         | M 44         |      |

## Holten 28-10-95 Diepe Hel Holterbergloop

|                |              |      |
|----------------|--------------|------|
| <b>Dames</b>   | <b>10 EM</b> |      |
| Diana Luyrink  | 1.07.37      | V 36 |
| Ada ter Woerds | 1.25.21      | V 40 |

## **Holten 28-10-95 Diepe Hel Holterbergloop vervolg**

|                  |              |      |
|------------------|--------------|------|
| <b>Heren</b>     | <b>10 EM</b> |      |
| Herman Heideveld | 1.02.47      | M 43 |
| Hans ter Woerds  | 1.04.11      | M 40 |
| Pim van Vuren    | 1.04.46      | M 48 |
| Matty Gerfen     | 1.06.41      | M 52 |
| Henk Wesselink   | 1.07.13      | M 45 |
| Mike Wientjes    | 1.08.49      | M 37 |
| Bert Vogel       | 1.10.04      | M 42 |

## **Enschede 29-10-95 Indoorwedstrijd Tion**

|                       |              |             |              |
|-----------------------|--------------|-------------|--------------|
| <b>M.P.C.</b>         | <b>40 m</b>  | <b>Hoog</b> | <b>Kogel</b> |
| Maike Emsbroek        | 7.1          | 0.75 m      | 4.49 m       |
| <b>M.P.A.</b>         | <b>60 m</b>  | <b>Hoog</b> | <b>Kogel</b> |
| Reina Visser          | 10.5         | 1.00 m      | 4.76 m       |
| <b>J.P.A.</b>         | <b>60 m</b>  | <b>Hoog</b> | <b>Kogel</b> |
| Andre Louis Wassing   | 9.8          | 1.20 m      | 6.07 m       |
| <b>J.D.</b>           | <b>60 mh</b> | <b>Hoog</b> | <b>Kogel</b> |
| Xander Lutje Spelberg | 10.9         | 1.30 m      | 8.65 m       |
| <b>J.C.</b>           | <b>Kogel</b> |             |              |
| Matthijs ten Have     | 8.54 m       |             |              |
| Micha Lutje Spelberg  | 1.71 m       |             |              |

## **Haaksbergen 05-11-95 Pingelloop**

|                   |               |       |
|-------------------|---------------|-------|
| <b>M.P.B.</b>     | <b>1000 m</b> |       |
| Marike Brinkers   | 3.28.4        | 1e pl |
| Maike Emsbroek    | 3.33.9        | 2e pl |
| <b>M.P.A.</b>     | <b>1000 m</b> |       |
| Esli Vogel        | 3.24.9        | 3e pl |
| Suzanne ten Have  | 3.34.1        |       |
| Reina Visser      | 3.34.7        |       |
| Nicole Roders     | 3.52.8        |       |
| <b>M.D.</b>       | <b>1800 m</b> |       |
| Karin Meijer      | 7.47.6        |       |
| <b>M.C.</b>       | <b>1800 m</b> |       |
| Suzanne Dijkstra  | 6.32.1        | 2e pl |
| Karin Lukens      | 6.35.7        | 3e pl |
| Magne Vogel       | 7.03.3        |       |
| <b>M.B.</b>       | <b>2900 m</b> |       |
| Angelien ten Have | 11.57.0       |       |
| <b>M.A.</b>       | <b>2900 m</b> |       |
| Marieke Markerink | 12.23.0       |       |

## Haaksbergen 05-11-95 Pingelloop vervolg

|                |         |      |
|----------------|---------|------|
| Dames          | 5800 m  |      |
| Diana Luyrink  | 22.35.8 | V 36 |
| Gonny Spexgoor | 23.19.5 | V 34 |
| Lianne Zuidema | 25.58.1 | V 29 |
| Ada ter Woerds | 27.12.5 | V 40 |

|                |        |  |
|----------------|--------|--|
| J.P.C.         | 1000 m |  |
| Hidde Braakman | 4.03.6 |  |

|                 |        |       |
|-----------------|--------|-------|
| J.P.B.          | 1000 m |       |
| Armin Pillen    | 3.11.7 | 1e pl |
| Ard Nijkamp     | 3.42.8 |       |
| Joris Pietersen | 4.02.0 |       |

|                 |        |  |
|-----------------|--------|--|
| J.P.A.          | 1000 m |  |
| Remco Nijkamp   | 3.31.5 |  |
| Wessel Braakman | 3.48.2 |  |
| Ruud Geerdes    | 3.52.8 |  |

|                     |        |       |
|---------------------|--------|-------|
| J.D.                | 1800 m |       |
| Joep Brinkers       | 6.15.3 | 1e pl |
| Arno Daleman        | 6.30.4 |       |
| Ruben Pillen        | 6.53.4 |       |
| Kjell Vogel         | 6.56.6 |       |
| Tom Braakman        | 7.03.0 |       |
| Nick Kamers         | 7.09.0 |       |
| Andre Louis Wassing | 7.38.3 |       |
| Roy Nijkamp         | 7.48.3 |       |

|                        |         |  |
|------------------------|---------|--|
| J.C.                   | 2900 m  |  |
| Robbert van Veldhuizen | 10.54.8 |  |
| Wilco Geerdes          | 13.08.6 |  |

|                 |         |       |
|-----------------|---------|-------|
| J.B.            | 2900 m  |       |
| Ronald Boomkamp | 9.18.0  | 1e pl |
| Joost Ottink    | 10.55.6 |       |

|                      |          |      |       |
|----------------------|----------|------|-------|
| Heren                | 11.600 m |      |       |
| Theo Schootman       | 40.40.0  | M 46 | 1e pl |
| Herman Heideveld     | 43.41.4  | M 43 |       |
| Hans ter Woerds      | 43.46.8  | M 40 |       |
| Tonnie Vrieze        | 44.13.7  | M 42 |       |
| Marcel Bos           | 44.19.2  | M 23 |       |
| Geert Klein Bruinink | 44.29.8  | M 30 |       |
| Matty Gerfen         | 44.30.9  | M 52 | 2e pl |
| Pim van Vuren        | 44.49.0  | M 48 |       |
| Henk Daleman         | 44.50.0  | M 42 |       |
| Henk Wesselink       | 45.28.0  | M 45 |       |
| Mike Wientjes        | 46.28.5  | M 37 |       |
| Hans Gerfen          | 47.09.1  | M 44 |       |
| Bert Vogel           | 48.05.0  | M 42 |       |
| Robert Leussenkamp   | 48.51.1  | M 30 |       |

## Epe 11-11-95 1e Wedstrijd Oostelijke Cross Competitie

|                        |         |        |
|------------------------|---------|--------|
| M.P.B.                 | 1000 m  |        |
| Marike Brinkers        | 4.18    | 3e pl  |
| M.C.                   | 2000 m  |        |
| Suzanne Dijkstra       | 7.33.6  | 7e pl  |
| Karin Lukens           | 7.50.8  | 15e pl |
| M.B.                   | 2000 m  |        |
| Angelien ten Have      | 8.04.3  | 7e pl  |
| J.P.A. 2e j            | 1000 m  |        |
| Remco Nijkamp          | 4.07.1  | 20e pl |
| J.D. 1e j              | 2000 m  |        |
| Joep Brinkers          | 7.15.4  | 2e pl  |
| J.D. 2e j              | 2000 m  |        |
| Roy Nijkamp            | 9.29.6  | 44e pl |
| J.C. 2e j              | 2500 m  |        |
| Robbert van Veldhuizen | 9.54.2  | 8e pl  |
| J.B.                   | 4000 m  |        |
| Ronald Boomkamp        | 15.35.4 | 6e pl  |

## Enschede 19-11-95 Indoorwedstrijd

|                       |       |        |        |
|-----------------------|-------|--------|--------|
| M.P.B.                | 40 m  | Hoog   | Kogel  |
| Maike Emsbroek        | 7.0   | 0.90 m | 4.24 m |
| M.P.A.                | 60 m  | Hoog   | Kogel  |
| Reina Visser          | 10.5  | 1.05 m | 4.77 m |
| M.C.                  | 60 m  | 60 mh  | Kogel  |
| Wilma te Raa          | 9.2   | 11.9   | 8.85 m |
| M.B.                  | 60 m  | Hoog   | Kogel  |
| Hiske Vaarwerk        |       |        | 7.49 m |
| Marja Werner          | 8.5   | 1.30 m | 6.57 m |
| J.C.                  | 60 mh | Hoog   | Kogel  |
| Xander Lutje Spelberg | 12.0  | 1.40 m | 7.46 m |
| Matthijs ten Have     |       |        | 9.49 m |
| J.B.                  | 60 m  | 60 mh  |        |
| Micha Lutje Spelberg  | 7.9   | 9.3    |        |

## Goor 26-11-95 Herikerbergcross

|                 |        |       |
|-----------------|--------|-------|
| M.P.B.          | 1200 m |       |
| Marike Brinkers | 5.28   | 1e pl |
| Maike Emsbroek  | 6.08   | 2e pl |
| M.P.A.          | 1200 m |       |
| Esli Vogel      | 5.21   | 3e pl |
| Reina Visser    | 5.51   | 5e pl |
| Nicole Roders   | 6.28   | 7e pl |

## Goor 26-11-95 Herikerbergcross vervolg

|              |        |        |
|--------------|--------|--------|
| M.D.         | 1600 m |        |
| Karin Meijer | 7.04   | 6e pl  |
| Louise Kemna | 7.33   | 12e pl |

|                  |        |       |
|------------------|--------|-------|
| M.C.             | 1600 m |       |
| Suzanne Dijkstra | 6.01   | 2e pl |
| Karin Lukens     | 6.06   | 3e pl |
| Magne Vogel      | 6.23   | 4e pl |

|                   |        |       |
|-------------------|--------|-------|
| M.B.              | 2500 m |       |
| Angelien ten Have | 11.06  | 2e pl |

|                   |        |       |
|-------------------|--------|-------|
| M.A.              | 3200 m |       |
| Marieke Markerink | 12.38  | 1e pl |

|                |        |       |
|----------------|--------|-------|
| Dames          | 5000 m |       |
| Diana Luyrink  | 19.02  | 2e pl |
| Gonny Spexgoor | 19.47  | 3e pl |
| Ada ter Woerds | 21.20  | 4e pl |
| Lianne Zuidema | 23.00  | 5e pl |

|                |        |       |
|----------------|--------|-------|
| J.P.C.         | 1200 m |       |
| Hidde Braakman | 6.28   | 3e pl |

|              |        |        |
|--------------|--------|--------|
| J.P.B.       | 1200 m |        |
| Armin Pillen | 5.18   | 4e pl  |
| Ard Nijkamp  | 5.54   | 10e pl |

|                 |        |        |
|-----------------|--------|--------|
| J.P.A.          | 1200 m |        |
| Remco Nijkamp   | 5.32   | 15e pl |
| Wessel Braakman | 6.10   | 21e pl |
| Ruud Geerdes    | 7.26   | 24e pl |

|                     |        |        |
|---------------------|--------|--------|
| J.D.                | 1600 m |        |
| Joep Brinkers       | 5.48   | 2e pl  |
| Ruben Pillen        | 6.01   | 7e pl  |
| Nick Kamers         | 6.11   | 9e pl  |
| Kjell Vogel         | 6.14   | 10e pl |
| Andre Louis Wassing | 6.26   | 16e pl |
| Tom Braakman        | 6.49   | 20e pl |
| Roy Nijkamp         | 6.59   | 21e pl |

|                 |        |       |
|-----------------|--------|-------|
| J.B.            | 5000 m |       |
| Ronald Boomkamp | 16.07  | 1e pl |
| Joost Ottink    | 18.29  | 5e pl |

|                      |       |      |        |
|----------------------|-------|------|--------|
| Heren                | 10 km |      |        |
| Theo Schootman       | 36.11 | M 46 | 7e pl  |
| Marcel Bos           | 38.19 | M 23 | 21e pl |
| Herman Heideveld     | 38.20 | M 43 | 19e pl |
| Geert Klein Bruinink | 38.29 | M 30 | 22e pl |
| Tonnie Vrieze        | 38.41 | M 42 | 21e pl |
| Hans ter Woerds      | 39.20 | M 40 | 26e pl |
| Matty Gerfen         | 39.49 | M 52 |        |
| Henk Wesselink       | 40.31 | M 45 | 28e pl |
| Mike Wientjes        | 40.38 | M 37 | 30e pl |
| Pim van Vuren        | 40.46 | M 48 | 31e pl |
| Bert Vogel           | 42.31 | M 42 | 36e pl |
| Hans Gerfen          | 42.37 | M 44 | 37e pl |
| Theo Broekman        | 48.13 | M 47 | 39e pl |



## **Zutphen 09-12-95 2e Wedstrijd Oostelijke Cross Competitie**

|                        |        |        |
|------------------------|--------|--------|
| M.P.B.                 | 1000 m |        |
| Marike Brinkers        | 5.08   | 2e pl  |
| M.P.A.                 | 1000 m |        |
| Nicole Roders          | 6.22   | 35e pl |
| M.C.                   | 2000 m |        |
| Suzanne Dijkstra       | 9.29   | 6e pl  |
| Karin Lukens           | 9.55   | 10e pl |
| M.B.                   | 2000 m |        |
| Angelien ten Have      | 10.14  | 13e pl |
| J.P.A. 2e j            | 1000 m |        |
| Remco Nijkamp          | 5.23   | 30e pl |
| J.D. 1e j              | 2000 m |        |
| Joep Brinkers          | 9.11   | 1e pl  |
| J.D. 2e j              | 2000 m |        |
| Roy Nijkamp            | 12.15  | 43e pl |
| J.C. 2e j              | 2500 m |        |
| Robbert van Veldhuizen | 10.15  | 7e pl  |
| J.B.                   | 4000 m |        |
| Ronald Boomkamp        | 14.09  | 4e pl  |
| Joost Ottink           | 17.14  | 33e pl |

## **Losser 10-12-95 Kerstcross AV Iphitos**

|                  |        |        |       |
|------------------|--------|--------|-------|
| M.P.B.           | 1000 m |        |       |
| Marike Brinkers  | 4.32   | 1e pl  |       |
| Maike Emsbroek   | 4.59   | 4e pl  |       |
| M.P.A.           | 1000 m |        |       |
| Reina Visser     | 4.53   | 4e pl  |       |
| Suzanne ten Have | 6.01   | 9e pl  |       |
| M.D.             | 1500 m |        |       |
| Karin Meijer     | 7.36   | 7e pl  |       |
| Louise Kemna     | 8.40   | 11e pl |       |
| M.C.             | 2000 m |        |       |
| Karin Lukens     | 8.36   | 3e pl  |       |
| Dames            | 5000 m |        |       |
| Diana Luyrink    | 22.20  | V 36   | 1e pl |
| Gonny Spexgoor   | 22.44  | V 34   | 4e pl |
| Ada ter Woerds   | 26.14  | V 40   | 5e pl |
| J.P.C.           | 1000 m |        |       |
| Hidde Braakman   | 5.27   | 4e pl  |       |
| J.P.B.           | 1000 m |        |       |
| Armin Pillen     | 4.20   | 4e pl  |       |
| J.P.A.           | 1000 m |        |       |
| Wessel Braakman  | 4.59   | 18e pl |       |
| Ruud Geerdes     | 5.32   | 22e pl |       |

## Losser 10-12-95 Kerstcross AV Iphitos vervolg

|                     |        |        |        |
|---------------------|--------|--------|--------|
| J.D.                | 2000 m |        |        |
| Arno Daleman        | 7.38   | 1e pl  |        |
| Joep Brinkers       | 7.39   | 2e pl  |        |
| Ruben Pillen        | 8.15   | 7e pl  |        |
| Nick Kamers         | 8.52   | 12e pl |        |
| Tom Braakman        | 9.16   | 15e pl |        |
| Andre Louis Wassing | 9.20   | 16e pl |        |
| J.C.                | 2500 m |        |        |
| Wilco Geerdes       | 13.50  | 11e pl |        |
| J.B.                | 4000 m |        |        |
| Ronald Boomkamp     | 14.40  | 1e pl  |        |
| Joost Ottink        | 17.19  | 10e pl |        |
| Heren               | 10 km  |        |        |
| Theo Schootman      | 39.41  | M 46   | 3e pl  |
| Hans ter Woerds     | 42.58  | M 40   | 13e pl |
| Henk Wesselink      | 43.38  | M 45   | 16e pl |
| Mike Wientjes       | 46.12  | M 37   | 23e pl |

**Leden 1996**

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d.d in

d.d. uit

**M.P.C.**

|                     |      |     |          |          |
|---------------------|------|-----|----------|----------|
| Willeke Egberts     | 1988 | V 8 | 08.10.96 | 30.06.97 |
| Cheriëlle Dollekamp | 1989 | V 7 | 23.03.96 | 01.01.98 |
| Joyce Hemelt        | 1988 | V 8 | 09.12.96 | 01.05.98 |
| Loes te Loo         | 1990 | V 6 | 16.12.96 | 01.10.99 |
| Sherien Massoud     | 1990 | V 6 | 20.06.96 | 01.10.97 |
| Judith Pietersen    | 1989 | V 7 | 19.03.95 | 31.12.96 |
| Tess Wesselo        | 1989 | V 7 | 22.11.94 | 20.02.96 |
| Laura Willekes      | 1989 | V 7 | 06.10.96 | 01.03.02 |

**M.P.B.**

|                   |      |     |          |          |
|-------------------|------|-----|----------|----------|
| Maike Emsbroek    | 1987 | V 9 | 01.10.94 | 01-10-02 |
| Marieke Brinkers  | 1987 | V 9 | 01.10.94 | 30.04.06 |
| Dieuwertje Hammer | 1987 | V 9 | 30.05.94 | 31.12.99 |
| Jolien Wansink    | 1987 | V 9 | 22.10.96 | 01.05.99 |

**M.P.A.**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Liesbeth ten Barge   | 1985 | V 11 | 01.12.93 | 01.07.96 |
| Merle Daleman        | 1985 | V 11 | 05.12.95 | 30.09.96 |
| Justine Dijkstra     | 1986 | V 10 | 27.02.96 | 01.04.01 |
| Charlaine Dollenkamp | 1985 | V 11 | 11.01.96 | 01.11.97 |
| Suzanne ten Have     | 1985 | V 11 | 01.09.95 | 31.12.98 |
| Annemarie ten Hoopen | 1986 | V 10 | 01.07.95 | 01.08.98 |
| Cindy van Leussen    | 1986 | V 10 | 15.12.95 | 01.12.96 |
| Nienke Reinderink    | 1986 | V 10 | 15.09.93 | 01.04.96 |
| Nicole Roders        | 1985 | V 11 | 01.11.93 | 01.07.00 |
| Reina Visser         | 1985 | V 11 | 01.06.93 | 01.07.98 |
| Esli Vogel           | 1986 | V 10 | 01.11.93 | 30.09.06 |

**M.D.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Anne Heideveld    | 1983 | V 13 | 10.04.96 | 01.05.00 |
| Louise Kemna      | 1983 | V 13 | 15.10.95 | 01.08.01 |
| Karin Meijer      | 1983 | V 13 | 15.09.92 | 01.07.98 |
| Marielle Spanjer  | 1983 | V 13 | 29.05.96 | 01.11.99 |
| Inge Thijsen      | 1984 | V 12 | 15.06.93 | 01.07.00 |
| Willeke te Winkel | 1984 | V 12 | 01.07.96 | 01.08.04 |

**M.C.**

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Suzanne Dijkstra | 1981 | V 15 | 27.10.93 |          |
| Lizette Hendrixx | 1981 | V 15 | 15.11.93 | 19.03.97 |
| Bella Hendrixx   | 1981 | V 15 | 15.11.93 | 19.03.97 |
| Karin Lukens     | 1982 | V 14 | 15.04.90 | 01.12.99 |
| Wilma te Raai    | 1981 | V 15 | 20.04.94 | 31.12.99 |
| Marleen Scholten | 1981 | V 14 | 01.12.92 | 01.05.96 |
| Magne Vogel      | 1982 | V 14 | 31.10.93 | 01.08.00 |

**M.B.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Suzanne Assinck   | 1980 | V 16 | 01.08.95 | 01.07.98 |
| Angeliën ten Have | 1979 | V 17 | 01.01.89 | 31.12.98 |
| Femia Metz        | 1980 | V 16 | 10.02.93 | 01.11.96 |
| Hiske Vaarwerk    | 1980 | V 16 | 01.08.95 | 01.11.96 |
| Marja Werner      | 1980 | V 16 | 16.10.95 | 01.08.98 |

**M.A.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Boukje Broekman   | 1978 | V 18 | 09.12.96 | 01.09.97 |
| Renate Hummelink  | 1978 | V 18 | 20-12-93 | 01.05.00 |
| Marieke Markerink | 1978 | V 18 | 17-01-94 | 01.03.00 |
| Mira te Nijenhuis | 1977 | V 19 | 07.10.84 | 01.05.00 |

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| Inge ten Hoopen | 1977 | V 19 | 29.04.96 | 22.04.97 |
|-----------------|------|------|----------|----------|

**Dames**

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Alie Bartelink        | 1944 | V 52 | 1976     |          |
| Marjet te Biesebeek   | 1961 | V 35 | 01.03.94 |          |
| Monique Blankvoort    | 1963 | V 33 | 14.05.96 |          |
| Ine Brinkman          | 1960 | V 35 | 01.06.85 | 31.12.99 |
| Ans Broekman          | 1951 | V 45 | 14.10.96 | 01.08.98 |
| Hariette van der Duim | 1964 | V 32 | 01.01.94 | 01.11.98 |
| Truus Floor           | 1954 | V 42 | 01.09.95 |          |
| Joke Geerdes          | 1956 | V 40 | 28.08.96 |          |
| Alie ten Have         | 1956 | V 40 | 01.10.92 |          |
| Joke Hidding          | 1951 | V 45 | 06.05.96 | 31.12.96 |
| Erika ter Horst       | 1968 | V 28 | 27.04.96 | 01.12.97 |
| Lies Jacobs           | 1948 | V 48 | 01.10.90 | 14.04.97 |
| Selma Jurriëns        | 1959 | V 37 | 03.10.95 |          |
| Thea Kleine Punte     | 1940 | V 56 | 23-12-96 | 01-12-97 |
| Rolin Kluivers        | 1953 | V 43 | 01.09.91 |          |
| Greet Kok             | 1945 | V 51 | 05-02-95 | 1996     |
| Marga van Loosen      | 1955 | V 41 | 20.09.93 |          |
| Yvonne van Loosen     | 1955 | V 41 | 01.04.94 | 01.02.01 |
| Sacha Lutje Spelberg  | 1948 | V 48 | 01.01.90 |          |
| Diana Luyrink         | 1959 | V 37 | 01.10.94 |          |
| Anjo Luttkholt        | 1970 | V 26 | 06.03.95 | 01.07.02 |
| Lucy Maarse           | 1955 | V 41 | 01.07.95 |          |
| Kitty de Marie        | 1947 | V 49 | 01.04.88 |          |
| Janny Nijkamp         | 1957 | V 39 | 01.11.89 |          |
| Ali Siemerink         | 1954 | V 42 | 01.03.95 | 30.09.98 |
| Gonny Spexgoor        | 1961 | V 35 | 16.06.95 | 20.11.02 |
| Karin Tankink         | 1956 | V 40 | 01.10.89 |          |
| Marion Veenstra       | 1971 | V 24 | 22.03.95 | 01.08.96 |
| Ineke Visser          | 1955 | V 41 | 01.01.90 |          |
| Doris Willekes        | 1963 | V 33 | 01.05.84 | 01.11.02 |
| Diny Willemink        | 1950 | V 46 | 14.11.95 | 30.04.06 |
| Odette Willemsen      | 1973 | V 23 | 10.03.96 | 01.07.96 |
| Ada ter Woerds        | 1955 | V 41 | 01.03.94 | 01.09.00 |
| Lianne Zuidema        | 1966 | V 30 | 01.03.94 | 01.08.02 |

**J.P.C.**

|                 |      |     |          |          |
|-----------------|------|-----|----------|----------|
| Hidde Braakman  | 1988 | M 8 | 01.07.94 | 01.09.99 |
| Maarten Geerdes | 1988 | M 8 | 01.04.96 | 01.05.04 |
| Koen Maarse     | 1990 | M 6 | 06-10-96 |          |
| Joël Ordelmans  | 1989 | M 7 | 20.03.95 | 31.08.96 |
| Marco Roders    | 1989 | M 7 | 15.03.95 | 31.12.98 |

**J.P.B.**

|                   |      |     |          |          |
|-------------------|------|-----|----------|----------|
| Rens Geelink      | 1987 | M 9 | 01.04.96 | 01.10.97 |
| Ard Nijkamp       | 1987 | M 9 | 15.09.92 |          |
| Joris Pietersen   | 1987 | M 9 | 15.03.93 | 31.12.96 |
| Armin Pillen      | 1987 | M 9 | 15.04.93 | 25.08.02 |
| Martijn Siemerink | 1987 | M 9 | 01.02.93 | 30.09.96 |
| Niek Thijssen     | 1987 | M 9 | 08.11.93 | 15.07.01 |

**J.P.A.**

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| Wessel Braakman | 1986 | M 10 | 01.03.93 | 01.09.99 |
| Ruud Geerdes    | 1985 | M 11 | 1994     | 31.03.03 |
| Stijn Goossens  | 1985 | M 11 | 01.10.92 | 01.04.96 |
| Thijs Hesselink | 1985 | M 11 | 06.12.95 | 03.10.02 |
| Remco Nijkamp   | 1985 | M 11 | 15.02.91 |          |

|            |      |      |          |          |
|------------|------|------|----------|----------|
| Chris Meis | 1985 | M 11 | 12.02.96 | 01.11.98 |
| Tamo Vogel | 1986 | M 10 | 01.11.92 | 01.11.03 |

**J.D.**

|                     |      |      |          |          |
|---------------------|------|------|----------|----------|
| Niek Blekkink       | 1983 | M 13 | 01.09.95 | 01.04.05 |
| Tom Braakman        | 1984 | M 12 | 01.03.93 | 01.09.99 |
| Joep Brinkers       | 1984 | M 12 | 01.02.92 |          |
| Arno Daleman        | 1983 | M 13 | 01.03.91 | 01-10-97 |
| Arend Fekkes        | 1984 | M 12 | 08.09.96 | 01.07.98 |
| Nick Kamers         | 1983 | M 13 | 06.03.93 |          |
| Roy Nijkamp         | 1983 | M 13 | 01.10.90 |          |
| Ruben Pillen        | 1983 | M 13 | 01.06.90 | 01.05.00 |
| Erwin Saaltink      | 1984 | M 12 | 03.09.96 | 01.04.98 |
| Kjell Vogel         | 1984 | M 12 | 01.03.91 |          |
| Andre Louis Wassink | 1984 | M 12 | 01.09.91 | 16.08.02 |

**J.C.**

|                        |      |      |          |          |
|------------------------|------|------|----------|----------|
| Armin van den Akker    | 1982 | M 14 | 01.01.95 | 01.03.96 |
| Wilco Geerdes          | 1982 | M 14 | 08.11.93 | 01.08.96 |
| Matthijs ten Have      | 1982 | M 14 | 01.09.88 | 31.12.96 |
| Oscar Hendriks         | 1982 | M 14 | 01.12.92 | 19.03.97 |
| Xander Lutje Spelberg  | 1982 | M 14 | 01.06.94 | 01.11.97 |
| Robbert van Veldhuizen | 1981 | M 15 | 01.10.95 | 01.04.96 |
| Remco Verdoold         | 1982 | M 14 | 21.02.96 | 01.04.98 |

**J.B.**

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Ronald Boomkamp       | 1979 | M 17 | 01.07.87 |          |
| Michel Floors         | 1979 | M 17 | 01.09.95 | 01.01.98 |
| Mischa Lutje Spelberg | 1980 | M 16 | 01.12.87 | 31.12.96 |
| Mark Orriens          | 1979 | M 17 | 01.09.95 | 01.05.99 |
| Joost Ottink          | 1980 | M 16 | 01.06.90 | 01.12.98 |

**J.A.**

|               |      |      |          |          |
|---------------|------|------|----------|----------|
| Wilfred Brons | 1978 | M 18 | 01.10.92 | 01.11.98 |
| Nick Maatman  | 1978 | M 18 | 01.04.86 |          |
| Stefan Mol    | 1978 | M 18 | 01.11.92 | 01.07.00 |

**Heren**

|                    |      |      |          |          |
|--------------------|------|------|----------|----------|
| Joop Bartelink     | 1940 | M 56 | 1955     |          |
| Gerton Berkemeijer | 1975 | M 21 | 01.05.88 | 01.11.98 |
| Marcel Bos         | 1972 | M 24 | 27.09.93 | 01.10.98 |
| Theo Broekman      | 1948 | M 48 | 03.10.93 | 31.12.01 |
| Henk Daleman       | 1953 | M 43 | 01.01.95 | 31.12.00 |
| Hans Dimmendaal    | 1967 | M 29 | 15.02.91 | 31.08.96 |
| Dick Drenten       | 1953 | M 43 | 08.03.95 |          |
| Henny ten Els      | 1963 | M 33 | 01.02.91 | 01.04.96 |
| Marty Firing       | 1945 | M 51 | 1976     |          |
| Marc Floor         | 1974 | M 22 | 07.03.95 | 01.06.04 |
| Henk Fontijn       | 1965 | M 31 | 23.11.95 | 01.08.02 |
| Herbert Garritsen  | 1966 | M 30 | 1975     |          |
| Hans Garritsen     | 1946 | M 50 | 01.02.87 | 01.07.98 |
| Matty Gerfen       | 1943 | M 53 | 01.12.94 | 31.12.04 |
| Hans Gerfen        | 1951 | M 45 | 20.01.93 | 01.05.00 |
| Frans Göbel        | 1959 | M 37 | 21.08.93 | 30.09.96 |
| Ben Harbers        | 1975 | M 21 | 01.09.91 | 16.08.02 |
| Henk Jan Harbers   | 1966 | M 29 | 28.02.95 | 01.08.97 |
| Gerrit Harder      | 1953 | M 43 | 01.09.93 | 31.12.05 |

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Joop Haarlink    | 1954 | M 42 | 09.09.96 | 13.10.02 |
| Herman Heideveld | 1952 | M 44 | 01.06.93 | 01.07.06 |
| Ewald Hendriks   | 1965 | M 31 | 01.04.93 | 01.07.99 |
| Herman Hilhorst  | 1966 | M 30 | 09.11.96 | 11.11.02 |
| Jan Homrighausen | 1954 | M 42 | 01.09.93 |          |
| Bennie Huirne    | 1935 | M 61 | 01.01.92 |          |
| Jan Hummelink    | 1951 | M 45 | 10.02.96 | 01.12.98 |

#### Heren vervolg

|                        |      |      |          |          |        |
|------------------------|------|------|----------|----------|--------|
| L. Ijssenagger         | 1910 | M 86 | 1948     | 16-03-00 | Erelid |
| Gerrit Kamers          | 1956 | M 40 | 15.11.93 | 29-11-10 |        |
| Harry Kemna            | 1955 | M 41 | 06.09.94 | 01.10.99 |        |
| Geert Klein Bruinink   | 1965 | M 31 | 11.04.92 |          |        |
| Gerard Klein Wolterink | 1968 | M 28 | 18.12.96 | 01.04.01 |        |
| Henk Klein Wolterink   | 1965 | M 31 | 20.05.96 | 01.07.00 |        |
| Gerrit kuipers         | 1961 | M 36 | 11-12-95 |          |        |
| Erwin Leussenkamp      | 1969 | M 27 | 01.08.81 | 01.12.05 |        |
| Robert Leussenkamp     | 1965 | M 31 | 01.08.81 | 01.04.02 |        |
| Marcel Liebrand        | 1959 | M 37 | 01.06.85 |          |        |
| Albert Lukens          | 1949 | M 47 | 01.10.92 |          |        |
| Tonnie Lutikholt       | 1954 | M 42 | 1972     |          |        |
| Alfred Meekes          | 1975 | M 21 | 01.05.86 |          |        |
| Paul Nijenhuis         | 1959 | M 35 | 27.11.95 |          |        |
| Ben te Nijenhuis       | 1948 | M 48 | 1987     | 2003     |        |
| Dennis te Nijenhuis    | 1974 | M 22 | 07.10.84 |          |        |
| Theo Nijhuis           | 1951 | M 45 | 21.12.94 | 01.01.98 |        |
| Theo Nijkamp           | 1952 | M 44 | 1972     |          |        |
| Freek Notten           | 1951 | M 45 | 01.03.92 | 01.11.01 |        |
| Peter Pietersen        | 1950 | M 46 | 23.09.96 | 01.10.98 |        |
| Huub Ras               | 1930 | M 66 | 1956     |          |        |
| Jos van Rooijen        | 1947 | M 49 | 01.04.95 | 31.12.05 |        |
| Rene Rouwenhorst       | 1965 | M 31 | 18.03.96 | 01.09.97 |        |
| Dirk Schilp            | 1947 | M 49 | 29.05.96 | 01.04.00 |        |
| Theo Schootman         | 1949 | M 47 | 01.12.92 |          |        |
| Gerard Sedee           | 1959 | M 36 | 15.11.93 | 01.08.96 |        |
| Leo Sijsma             | 1941 | M 55 | 01.11.92 | 31.12.99 |        |
| Arie Simmelink         | 1932 | M 64 | 1952     | 1998     | Erelid |
| Jan Staring            | 1945 | M 51 | 22.04.92 | 01.04.01 |        |
| Erik Stotelder         | 1962 | M 34 | 01.11.91 | 01.10.99 |        |
| Hennie Temmink         | 1943 | M 53 | 01.01.84 |          |        |
| Pim Temmink            | 1973 | M 23 | 02.11.96 | 31.12.02 |        |
| Mark Temmink           | 1972 | M 24 | 01.06.85 | 31.12.99 |        |
| Mario Veenstra         | 1971 | M 25 | 22.03.95 | 01.08.96 |        |
| Bert Vogel             | 1953 | M 43 | 04-11-93 |          |        |
| Ronny Vogt             | 1968 | M 28 | 1995     | 01.05.99 |        |
| Tonnie Vrieze          | 1953 | M 43 | 04.09.95 | 01.11.99 |        |
| Pim van Vuren          | 1947 | M 49 | 01.10.93 |          |        |
| Johan Wansing          | 1932 | M 64 | 1948     |          |        |
| Jo Wassink             | 1948 | M 48 | 01.08.95 | 31.12.05 |        |
| Rudy Wedel             | 1947 | M 49 | 1961     |          |        |
| Henk Wesselink         | 1950 | M 46 | 01.12.92 | 01.07.02 |        |
| Henk Wielens           | 1947 | M 49 | 01.09.94 | 31.12.98 |        |
| Mike Wientjes          | 1958 | M 38 | 01.03.92 | 01.09.02 |        |
| Wim Wieskamp           | 1946 | M 50 | 01.04.93 | 01.07.98 |        |
| Gerard Willekes        | 1956 | M 40 | 01-03-90 |          |        |
| Hans ter Woerds        | 1955 | M 41 | 01.11.91 | 01.03.01 |        |
| Paul Wormgoor          | 1973 | M 22 | 01-11-84 | 01.07.96 |        |

## 1996

### Eibergen Nieuwjaarscross Afgelast wegens ijzel

#### Apeldoorn 13-01-96 Oost Nederlandse Cross Kampioenschappen

|                                         |                              |                 |
|-----------------------------------------|------------------------------|-----------------|
| M.P.B.<br>MARIKE Brinkers               | 1550 m<br>6.43.9             | 1e pl           |
| M.P.A. 2e j<br>NICOLE Roders            | 1550 m<br>8.14.0             | 35e pl          |
| M.C.<br>Karin Lukens                    | 2200 m<br>9.44.5             | 12e pl          |
| M.B.<br>Angelien ten Have               | 3100 m<br>14.06.7            | 17e pl          |
| J.P.B.<br>Armin Pillen                  | 1550 m<br>6.41.6             | 2e pl           |
| J.D. 1e j<br>Joep Brinkers              | 2200 m<br>8.52.0             | 2e pl           |
| J.D. 2e j<br>Ruben Pillen               | 2200 m<br>9.35.1             | 13e pl          |
| J.B.<br>RONALD Boomkamp<br>Joost Ottink | 6200 m<br>23.12.5<br>28.08.2 | 7e pl<br>35e pl |

#### Enschede 14-01-96 Indoorwedstrijd

|                                                    |              |                 |                 |
|----------------------------------------------------|--------------|-----------------|-----------------|
| M.P.B.<br>MAIKE Emsbroek                           | 40 m<br>7.2  | Hoog<br>0.90 m  | Kogel<br>3.65 m |
| M.D.<br>LOUISE Kemna                               | 60 m<br>9.8  | Hoog<br>1.05 m  | Kogel<br>5.28 m |
| M.C.<br>Wilma te Raaij                             | 60 m<br>11.5 | Kogel<br>7.58 m |                 |
| M.B.<br>Marja Werner                               | 60 m<br>8.6  | Hoog<br>1.30 m  | Kogel<br>6.94 m |
| J.D.<br>Andre Louis Wassink                        | 60 m<br>9.7  | Hoog<br>1.25 m  |                 |
| J.C.<br>Xander Lutje Spelberg<br>Matthijs ten Have | 60 m<br>10.9 | Hoog<br>1.55 m  | Kogel<br>9.52 m |

|                       |      |       |         |
|-----------------------|------|-------|---------|
| J.B.                  | 60 m | 60 mh | Kogel   |
| Mischa Lutje Spelberg | 7.8  | 9.2   | 10.60 m |
| Michel Floors         | 8.8  |       | 7.71 m  |

### Zwolle 20-21-01-95 Oostelijke Indoorkampioenschappen

|                  |       |        |        |
|------------------|-------|--------|--------|
| M.C.             | 60 mh | 600 m  | Ver    |
| Wilma te Raai    | 11.42 |        | 4.22 m |
| Karin Lukens     |       | 1.55.4 |        |
| Suzanne Dijkstra |       | 1.53.4 |        |

### Zwolle 20-21-01-95 Oostelijke Indoorkampioenschappen vervolg

|                       |         |        |        |        |
|-----------------------|---------|--------|--------|--------|
| J.C.                  | 60 m    | Hoog   |        |        |
| Xander Lutje Spelberg | 13.47   | 1.45 m |        |        |
| J.B.                  | 60 mh   |        | 1500 m | Ver    |
| Ronald Boomkamp       |         |        | 4.29.8 | 3e pl  |
| Mischa Lutje Spelberg | 8.88    | 4e pl  |        | 5.44 m |
| Heren                 | Kogel   |        |        |        |
| Paul Wormgoor         | 12.12 m | M 22   | 8e pl  |        |

### Heerde 27-01-96 4e Wedstrijd Oostelijke Cross Competitie

|                  |         |        |
|------------------|---------|--------|
| M.P.B.           | 1503 m  |        |
| Marike Brinkers  | 6.47.6  | 1e pl  |
| M.P.A. 2e j      | 1503 m  |        |
| Nicole Roders    | 8.22.5  | 27e pl |
| M.C.             | 2043 m  |        |
| Suzanne Dijkstra | 8.14.6  | 7e pl  |
| Karin Lukens     | 8.34.1  | 11e pl |
| J.P.A. 2e j      | 1503 m  |        |
| Remco Nijkamp    | 7.21.9  | 27e pl |
| J.D. 1e j        | 2043 m  |        |
| Joep Brinkers    | 7.57.8  | 1e pl  |
| J.D. 2e j        | 2043 m  |        |
| Roy Nijkamp      | 9.54.5  | 36e pl |
| J.B.             | 6030 m  |        |
| Ronald Boomkamp  | 22.23.0 | 3e pl  |
| Joost Ottink     | 27.14.3 | 18e pl |

### Almelo 28-01-96 Sisucross

|                  |        |       |
|------------------|--------|-------|
| M.D.             | 1445 m |       |
| Karin Meijer     | 6.43   | 4e pl |
| M.C.             | 2050 m |       |
| Suzanne Dijkstra | 8.24   | 1e pl |
| M.B.             | 2980 m |       |



|                     |        |        |
|---------------------|--------|--------|
| Angeliën ten Have   | 13.42  | 2e pl  |
| Dames               | 5770 m |        |
| Diana Luyrink       | 25.57  | 2e pl  |
| J.P.C.              | 1120 m |        |
| Hidde Braakman      | 6.18   | 3e pl  |
| J.P.B.              | 1445 m |        |
| Armin Pillen        | 6.23   | 4e pl  |
| J.D.                | 2050 m |        |
| Ruben Pillen        | 8.42   | 5e pl  |
| Nick Kamers         | 9.12   | 7e pl  |
| Andre Louis Wassink | 9.40   | 11e pl |
| Tom Braakman        | 10.28  | 13e pl |

### Almelo 28-01-96 Sisucross vervolg

|                 |          |       |        |
|-----------------|----------|-------|--------|
| J.C.            | 3910 m   |       |        |
| Wilco Geerdes   | 25.59    | 6e pl |        |
| J.B.            | 5770 m   |       |        |
| Ronald Boomkamp | 21.25    | 1e pl |        |
| Joost Ottink    | 26.02    | 5e pl |        |
| Heren           | 11.350 m |       |        |
| Theo Schootman  | 45.07    | M 47  | 1e pl  |
| Henk Daleman    | 49.30    | M 43  | 10e pl |
| Matty Gerfen    | 49.52    | M 53  | 11e pl |
| Hans Gerfen     | 53.08    | M 45  | 13e pl |

### Hengelo 04-02-96 2e Woolderesloop

|                    |       |      |       |
|--------------------|-------|------|-------|
| Heren              | 5 km  |      |       |
| Robert Leussenkamp | 18.14 | M 31 |       |
| Heren              | 10 km |      |       |
| Theo Schootman     | 36.14 | M 47 | 1e pl |
| Pim van Vuren      | 38.53 | M 49 |       |
| Hans Gerfen        | 41.00 | M 45 |       |

### Eibergen 10-02-96 Karnevalsloop ASV

### Oldenzaal 11-02-96 Hulsbeekcross LAAC

|                    |       |      |  |
|--------------------|-------|------|--|
| Heren              | 6 km  |      |  |
| Robert Leussenkamp | 25.21 | M 31 |  |

### Ènschede 11-02-96 Indoorwedstrijd

|                |      |        |        |
|----------------|------|--------|--------|
| M.P.B.         | 40 m | Kogel  | Hoog   |
| Maike Emsbroek | 7.0  | 0.95 m | 4.69 m |
| M.P.A.         | 60 m | Hoog   | Kogel  |
| Reina Visser   | 10.2 | 1.00 m | 4.72 m |
| M.D.           | 60 m | Hoog   | Kogel  |

|                       |         |        |        |         |
|-----------------------|---------|--------|--------|---------|
| Louise Kemna          | 9.7     | 1.05 m | 5.01 m |         |
| M.C.                  | 60 m    | Kogel  |        |         |
| Wilma te Raai         | 9.4     | 8.09 m |        |         |
| M.B.                  | 60 m    | Hoog   | Kogel  |         |
| Marja Werner          | 8.4     | 1.30 m |        |         |
| Hiske Vaarwerk        |         |        | 8.00 m |         |
| J.C.                  | 60 m    | 60 mh  | Hoog   | Kogel   |
| Xander Lutje Spelberg | 8.7     | 12.0   | 1.40 m |         |
| Matthijs ten Have     |         |        |        | 9.97 m  |
| J.B.                  | 60 m    | 60 mh  | Hoog   | Kogel   |
| Mischa Lutje Spelberg | 8.0     | 8.9    | 1.60 m | 11.04 m |
| Michel Floors         |         |        |        | 8.43 m  |
| J.A.                  | Kogel   |        |        |         |
| Stefan Mol            | 10.37 m |        |        |         |

### Den Haag 18-02-96 NK Indoor A/B Junioren

|                       |       |
|-----------------------|-------|
| J.B.                  | 60 mh |
| Mischa Lutje Spelberg | 8.72  |

### Uift 24-02-96 Engbergenloop

|              |       |      |
|--------------|-------|------|
| Heren        | 12 km |      |
| Jan Staring  | 50.12 | M 51 |
| Freek Notten | 52.06 | M 45 |

### Holten 24-02-96 Holterbergcross

|                  |        |        |       |
|------------------|--------|--------|-------|
| M.P.B.           | 1400 m |        |       |
| Marieke Brinkers | 10.33  | 1e pl  |       |
| Maike Emsbroek   | 11.58  | 3e pl  |       |
| M.P.A.           | 1400 m |        |       |
| Reina Visser     | 6.14   | 4e pl  |       |
| Suzanne ten Have | 6.43   | 6e pl  |       |
| M.D.             | 1400 m |        |       |
| Karin Meijer     | 6.06   | 8e pl  |       |
| Louise Kemna     | 6.43   | 9e pl  |       |
| M.C.             | 1800 m |        |       |
| Suzanne Dijkstra | 6.54   | 1e pl  |       |
| Karin Lukens     | 7.23   | 3e pl  |       |
| Magne Vogel      | 7.34   | 4e pl  |       |
| Dames            | 5000 m |        |       |
| Diana Luyrink    | 23.45  | V 37   | 3e pl |
| Gonny Spexgoor   | 24.11  | V 35   |       |
| Ada ter Woerds   | 26.36  | V 41   |       |
| J.P.C.           | 1400 m |        |       |
| Hidde Braakman   | 13.30  | 7e pl  |       |
| J.P.B.           | 1400 m |        |       |
| Armin Pillen     | 10.43  | 5e pl  |       |
| Ard Nijkamp      | 12.14  | 10e pl |       |
| J.P.A.           | 1400 m |        |       |
| Remco Nijkamp    | 5.49   | 6e pl  |       |
| Tamo Vogel       | 6.08   | 11e pl |       |

|                     |        |        |        |          |
|---------------------|--------|--------|--------|----------|
| Wessel Braakman     | 6.50   | 15e pl |        |          |
| J.D.                | 1400 m |        |        |          |
| Joep Brinkers       | 4.43   | 1e pl  |        |          |
| Arno Daleman        | 4.44   | 2e pl  |        |          |
| Ruben Pillen        | 4.52   | 5e pl  |        |          |
| Nick Kamers         | 5.01   | 7e pl  |        |          |
| Kjell Vogel         | 5.17   | 10e pl |        |          |
| Andre Louis Wassink | 5.37   | 14e pl |        |          |
| J.B.                | 3600 m |        |        |          |
| Ronald Boomkamp     | 11.58  | 1e pl  |        |          |
| Joost Ottink        | 14.17  | 5e pl  |        |          |
| Heren               | 10 km  |        |        |          |
| Herman Heideveld    | 44.31  | M 44   | 9e pl  |          |
| Tonnie Vrieze       | 44.57  | M 43   | 13e pl |          |
| Matty Gerfen        | 46.35  | M 53   | 17e pl |          |
| Henk Daleman        | 47.02  | M 43   | 18e pl |          |
| Hans Kempershof     | 49.13  |        | 21e pl | ASV ???? |

### Hengelo 25-02-96 3e Woolderesloop

### Winterswijk 02-03-96 8e Decohome 10 Engelse Mijlen

|                    |         |      |         |  |
|--------------------|---------|------|---------|--|
| Dames              | 10 EM   |      |         |  |
| Ada ter Woerds     | 1.22.41 | V 41 | 153e pl |  |
| Heren              | 10 EM   |      |         |  |
| Marcel Bos         | 1.01.47 | M 24 | 34e pl  |  |
| Robert Leussenkamp | 1.02.28 | M 31 | 38e pl  |  |
| Henk Fontijn       | 1.02.50 | M 31 | 41e pl  |  |
| Matty Gerfen       | 1.06.39 | M 53 | 66e pl  |  |
| Jan Hummelink      | 1.07.43 | M 45 | 79e pl  |  |
| Mike Wientjes      | 1.13.47 | M 38 | 120e pl |  |
| Hans Gerfen        | 1.14.22 | M 45 | 123e pl |  |
| Theo Broekman      | 1.19.21 | M 48 | 139e pl |  |
| Bennie Huirne      | 1.21.11 | M 61 | 145e pl |  |

### Markelo 02-03-96 Herikerbergloop AV Goor

### Enschede 03-03-96 3e Tion loop

### Tilburg 03-03-96 NK Cross

|                 |        |      |        |  |
|-----------------|--------|------|--------|--|
| J.B.            | 6000 m |      |        |  |
| Ronald Boomkamp | 21.40  | M 17 | 19e pl |  |

### Eindklassering Oostelijke Cross Competitie 1995-1996

|                 |       |  |  |  |
|-----------------|-------|--|--|--|
| M.P.B.          |       |  |  |  |
| Marike Brinkers | 1e pl |  |  |  |

|                  |        |
|------------------|--------|
| M.P.A. 2e j      |        |
| Nicole Roders    | 26e pl |
| M.C.             |        |
| Suzanne Dijkstra | 6e pl  |
| Karin Lukens     | 10e pl |
| J.P.A. 2e j      |        |
| Remco Nijkamp    | 24e pl |
| J.D. 1e j        |        |
| Joep Brinkers    | 2e pl  |
| J.D. 2e j        |        |
| Roy Nijkamp      | 33e pl |
| J.B.             |        |
| Ronald Boomkamp  | 3e pl  |
| Joost Ottink     | 21e pl |

## Nijverdal 16-03-96 Duivecatecross AV Athletics

## Enschede 17-03-96 3e Indoorwedstrijd AC TION

|                       |       |        |         |
|-----------------------|-------|--------|---------|
| M.P.B.                | 40 m  | Hoog   | Kogel   |
| Maike Emsbroek        | 7.1   | 0.85 m | 4.36 m  |
| M.P.A.                | 60 m  | Hoog   | Kogel   |
| Charlaine Dollenkamp  | 11.0  | 0.90 m | 4.36 m  |
| M.D.                  | 60 m  | Hoog   | Kogel   |
| Louise Kemna          | 9.7   | 1.10 m | 5.24 m  |
| M.C.                  | 60 m  | 60 mh  | Kogel   |
| Wilma te Raai         | 9.6   | 11.6   | 8.27 m  |
| M.B.                  | 60 m  | Hoog   |         |
| Marja Werner          | 8.5   | 1.30 m |         |
| J.C.                  | 60 mh | Hoog   | Kogel   |
| Xander Lutje Spelberg | 11.4  | 1.40 m |         |
| Matthijs ten Have     |       |        | 9.82 m  |
| J.B.                  | 60 m  | 60 mh  | Kogel   |
| Mischa Lutje Spelberg | 8.0   | 9.0    | 11.05 m |
| Michel Floors         | 8.4   |        | 8.14 m  |

## Hengelo 17-03-96 4e Woolderesloop M.P.M.

## Losser 17-03-96 3e Dinkelloop AV Iphitos

## Haaksbergen 24-03-96 2e Engelse Mijlenloop

|       |       |
|-------|-------|
| Dames | 10 EM |
|-------|-------|

|                |         |      |
|----------------|---------|------|
| Gonny Spexgoor | 1.10.22 | V 35 |
| Ada ter Woerds | 1.23.44 | V 41 |

|                      |         |      |
|----------------------|---------|------|
| Heren                |         |      |
| Theo Schootman       | 59.29   | M 47 |
| Herman Heideveld     | 1.02.20 | M 44 |
| Tonnie Vrieze        | 1.02.24 | M 43 |
| Geert Klein Bruinink | 1.02.40 | M 31 |
| Pim van Vuren        | 1.03.46 | M 49 |
| Matty Gerfen         | 1.06.00 | M 53 |
| Henk Wesselink       | 1.07.36 | M 46 |
| Jan Hummelink        | 1.07.47 | M 45 |
| Jan Staring          | 1.08.15 | M 51 |
| Mike Wientjes        | 1.08.27 | M 38 |
| Bert Vogel           | 1.09.32 | M 43 |
| Freek Notten         | 1.09.43 | M 45 |
| Hans Gerfen          | 1.10.20 | M 45 |
| Theo Broekman        | 1.20.00 | M 48 |
| Bennie Huirne        | 1.22.00 | M 61 |

### Nijverdal 30-03-96 Duivecatecross AV Athletics

### Almelo 30-03-96 Grasbaanwedstrijden Pupillen C/D Junioren

### Eibergen 31-03-96 Indoor Clubkampioenschappen

|                  |      |        |        |        |
|------------------|------|--------|--------|--------|
| M.P.C.           | 30 m | Ver    | Kogel  | Bal    |
| Judith Pietersen | 6.5  | 2.12 m | 2.46 m | 7.33 m |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.P.B.            | 30 m | Ver    | Kogel  | Bal     |
| Maike Emsbroek    | 5.5  | 2.90 m | 4.44 m | 11.25 m |
| Marieke Brinkers  | 5.6  | 2.68 m | 3.50 m | 8.02 m  |
| Dieuwertje Hammer | 6.1  | 2.18 m | 3.33 m | 5.69 m  |

|                      |      |        |        |         |
|----------------------|------|--------|--------|---------|
| M.P.A.               | 30 m | Ver    | Kogel  | Bal     |
| Reina Visser         | 5.6  | 2.94 m | 4.88 m | 18.37 m |
| Esli Vogel           | 5.2  | 2.55 m | 3.81 m | 11.50 m |
| Nicole Roders        | 5.8  | 2.81 m | 5.03 m | 11.58 m |
| Charlaine Dollenkamp | 6.0  | 2.40 m | 4.91 m | 13.51 m |
| Merle Daleman        | 6.1  | 2.30 m | 3.85 m | 10.08 m |

|              |      |        |        |        |
|--------------|------|--------|--------|--------|
| M.D.         | 30 m | Ver    | Hoog   | Kogel  |
| Louise Kemna | 5.2  | 3.13 m | 1.05 m | 5.60 m |
| Inge Thijsen | 5.7  | 2.93 m | 1.15 m | 6.50 m |

|                  |      |        |        |        |
|------------------|------|--------|--------|--------|
| M.C.             | 30 m | Ver    | Hoog   | Kogel  |
| Wilma te Raai    | 5.0  | 3.60 m | 1.25 m | 9.14 m |
| Lizette Hendrikx | 5.2  | 3.53 m | 1.30 m | 6.41 m |
| Bella Hendrikx   | 5.3  | 3.02 m | 1.25 m | 6.33 m |
| Karin Lukens     | 5.1  | 3.08 m | 1.20 m | 4.79 m |

|                 |      |        |        |        |
|-----------------|------|--------|--------|--------|
| M.B.            | 30 m | Ver    | Hoog   | Kogel  |
| Marja Werner    | 4.6  | 3.83 m | 1.25 m | 6.09 m |
| Suzanne Assinck | 4.9  | 3.79 m | 1.05 m | 6.72 m |
| Hiske Vaarwerk  | 5.5  | 3.23 m | 1.15 m | 7.66 m |

|                |      |        |        |         |
|----------------|------|--------|--------|---------|
| J.P.C.         | 30 m | Ver    | Kogel  | Bal     |
| Joël Ordelmans | 6.8  | 2.00 m | 3.82 m | 11.96 m |
| Hidde Braakman | 6.8  | 2.22 m | 2.79 m | 11.70 m |

|                       |      |        |        |         |
|-----------------------|------|--------|--------|---------|
| Marco Roders          | 6.8  | 1.77 m | 2.69 m | 6.30 m  |
| Maarten Geerdes       | 7.1  | 1.60 m | 2.33 m | 11.13 m |
| J.P.B.                | 30 m | Ver    | Kogel  | Bal     |
| Armin Pillen          | 5.7  | 3.30 m | 4.01 m | 18.57 m |
| Niek Thijssen         | 5.6  | 2.74 m | 5.13 m | 18.07 m |
| Martijn Siemerink     | 5.7  | 2.68 m | 5.02 m | 18.23 m |
| Joris Pietersen       | 5.9  | 2.62 m | 5.09 m | 13.27 m |
| Ard Nijkamp           | 6.2  | 2.24 m | 4.02 m | 17.21 m |
| J.P.A.                | 30 m | Ver    | Kogel  | Bal     |
| Thijs Hesselink       | 5.2  | 3.60 m | 6.16 m | 31.89 m |
| Chris Meis            | 5.4  | 3.55 m | 5.98 m | 23.30 m |
| Tamo Vogel            | 5.5  | 2.64 m | 5.79 m | 21.70 m |
| Remco Nijkamp         | 5.9  | 2.72 m | 4.78 m | 18.00 m |
| Ruud Geerdes          | 6.2  | 2.47 m | 6.03 m | 18.11 m |
| Wessel Braakman       | 6.0  | 2.60 m | 4.03 m | 16.82 m |
| J.D.                  | 30 m | Ver    | Hoog   | Kogel   |
| Niek Blekkink         | 5.2  | 3.48 m | 1.25 m | 7.29 m  |
| Andre Louis Wassink   | 5.3  | 3.38 m | 1.30 m | 5.04 m  |
| Kjell Vogel           | 5.3  | 3.38 m | 1.15 m | 6.54 m  |
| Roy Nijkamp           | 5.3  | 3.27 m | 1.10 m | 7.39 m  |
| Joep Brinkers         | 4.9  | 3.53 m | 1.05 m | 4.87 m  |
| Ruben Pillen          | 5.0  | 3.65 m | 1.00 m | 5.46 m  |
| Tom Braakman          | 5.5  | 3.17 m | 1.05 m | 4.49 m  |
| J.C.                  | 30 m | Ver    | Hoog   | Kogel   |
| Xander Lutje Spelberg | 4.7  | 4.33 m | 1.50 m | 8.81 m  |
| Remco Verdoold        | 5.2  | 3.62 m | 1.10 m | 7.39 m  |
| Oscar Hendriks        | 5.6  | 3.25 m | 1.25 m | 6.80 m  |
| Wilco Geerdes         | 5.9  | 2.38 m | 1.05 m | 6.59 m  |

#### Eibergen 31-03-96 Indoor Clubkampioenschappen vervolg

|                       |      |        |        |         |      |
|-----------------------|------|--------|--------|---------|------|
| J.B.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Mischa Lutje Spelberg | 4.2  | 4.93 m | 1.45 m | 11.53 m |      |
| Michel Floors         | 4.8  | 4.10 m | 1.35 m | 8.58 m  |      |
| J.A.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Nick Maatman          | 4.7  | 4.83 m | 1.60 m | 8.29 m  |      |
| Stefan Mol            | 4.8  | 3.98 m | 1.50 m | 8.34 m  |      |
| Heren                 | 30 m | Ver    | Hoog   | Kogel   |      |
| Paul Wormgoor         | 4.1  | 5.12 m | 1.60 m | 11.74 m | M 22 |

#### Gaanderen 31-03-96 Achterhoekcross AV Argo

#### Enschede 31-03-96 4e Tionloop

#### Almelo 08-04-96 Zentrasport Omloop van Almelo AAV Sisu

#### Aalten 13-04-96 Halve Marathon

|                |                |      |
|----------------|----------------|------|
| Dames          | 7 km           |      |
| Ada ter Woerds | 37.10          | V 41 |
| Dames          | Halve Marathon |      |
| Gonny Spexgoor | 1.35.49        | V 35 |
| Heren          | Halve Marathon |      |

|                  |         |      |
|------------------|---------|------|
| Herman Heideveld | 1.22.46 | M 44 |
| Hans ter Woerds  | 1.30.00 | M 41 |
| Pim van Vuren    | 1.30.39 | M 49 |
| Henk Wesselink   | 1.33.56 | M 46 |
| Henk Fontijn     | 1.35.49 | M 31 |
| Theo Broekman    | 1.48.00 | M 48 |
| Bennie Huirne    | 1.49.00 | M 61 |

### Hengelo 13-04-96 1e Medaillewedstrijd Ipithos en AV Goor

|                  |        |        |         |
|------------------|--------|--------|---------|
| M.P.B.           | 1000 m | Ver    | Bal     |
| Maike Emsbroek   | 4.26.4 | 3.37 m | 11.76 m |
| Marieke Brinkers | 3.58.2 | 3.10 m | 8.69 m  |

|                      |      |        |         |
|----------------------|------|--------|---------|
| M.P.A.               | 60 m | Hoog   | Bal     |
| Cindy van Leussen    | 12.9 | 0.80 m | 9.86 m  |
| Nicole Roders        | 10.5 | 0.95 m | 13.62 m |
| Charlaine Dollenkamp | 10.5 | 0.95 m | 13.94 m |
| Suzanne ten Have     | 10.3 | 0.95 m | 13 70 m |
| Merle Daleman        | 11.3 | 0.80 m | 11.42 m |
| Justine Dijkstra     | 10.6 | 0.70 m | 16.00 m |

|              |      |        |        |
|--------------|------|--------|--------|
| M.D.         | 60 m | Hoog   | Kogel  |
| Louise Kemna | 9.5  | 1.05 m | 6.34 m |

|                  |        |        |         |
|------------------|--------|--------|---------|
| M.C.             | 600 m  | Ver    | Speer   |
| Wilma te Raa     | 2.06.1 | 3.75 m | 18.16 m |
| Bella Hendrikx   | 2.11.1 | 3.30 m | 19.10 m |
| Suzanne Dijkstra | 1.48.0 | 3.67 m | 13.62 m |
| Karin Lukens     | 1.57.4 | 3.48 m | 11.74 m |
| Lizette Hendrikx | 2.04.8 | 3.92 m | 20.34 m |

### Hengelo 13-04-96 1e Medaillewedstrijd vervolg

|                   |      |        |        |
|-------------------|------|--------|--------|
| J.P.B.            | 40 m | Hoog   | Kogel  |
| Ard Nijkamp       | 7.5  | 0.85 m | 4.56 m |
| Joris Pietersen   | 7.4  | 1.05 m | 5.11 m |
| Armin Pillen      | 7.5  | 0.90 m | 4.79 m |
| Martijn Siemerink | 7.5  | 0.90 m | 4.62 m |

|                 |        |        |        |
|-----------------|--------|--------|--------|
| J.P.A.          | 1000 m | Ver    | Kogel  |
| Thijs Hesselink | 4.01.6 | 3.63 m | 6.94 m |
| Remco Nijkamp   | 4.01.8 | 2.80 m | 4.85 m |
| Chris Meis      | 4.24.9 | 3.67 m | 3.67 m |

|                     |        |        |        |
|---------------------|--------|--------|--------|
| J.D.                | 1000 m | Ver    | Kogel  |
| Nick Kamers         | 3.30.1 | 3.63 m | 5.79 m |
| Ruben Pillen        | 3.41.4 | 3.80 m | 5.79 m |
| Joep Brinkers       | 3.16.0 | 3.64 m | 5.25 m |
| Andre Louis Wassink | 3.49.3 | 3.74 m | 5.15 m |
| Arno Daleman        | 3.16.1 | 3.90 m | 7.32 m |
| Roy Nijkamp         | 4.07.1 | 3.57 m | 7.08 m |

|                       |       |        |         |
|-----------------------|-------|--------|---------|
| J.C.                  | 100 m | Hoog   | Speer   |
| Xander Lutje Spelberg | 13.5  | 1.55 m | 24.00 m |
| Oscar Hendrikx        | 17.2  | 1.20 m | 12.38 m |

### Hengelo 14-04-96 Stratenloop M.P.M.

**Oldenzaal 14-04-96 Hoge Lage Torenloop DAV Kronos**

**Enschede 14-04-96 Openingswedstrijd Senioren Junioren A/B**

**Apeldoorn 17-04-96 Orderboslopen AV'34**

**Nijverdal 20-04-96 Duivecatecross AV Athletics**

**Deventer 20-04-96 1e Competitiewedstrijd CD Junioren**

|                  |        |          |
|------------------|--------|----------|
| M.C.             | 6e pl  | 4165 pnt |
| Magne Vogel      | 4x80 m | 46.1     |
| Bella Hendriks   | 4x80 m | 46.1     |
| Lizette Hendriks | 4x80 m | 46.1     |
| Karin Lukens     | 4x80 m | 46.1     |
| Magne Vogel      | 80 m   | 12.4     |
| Bella Hendriks   | 80 m   | 12.9     |
| Wilma te Raaij   | 80 m   | 15.6     |
| Suzanne Dijkstra | 1000 m | 3.16.3   |
| Karin Lukens     | 1000 m | 3.34.3   |
| Suzanne Dijkstra | Ver    | 4.26 m   |
| Lizette Hendriks | Hoog   | 1.35 m   |
| Wilma te Raaij   | Kogel  | 8.20 m   |
| Magne Vogel      | Discus | 13.04 m  |
| Bella Hendriks   | Speer  | 19.14 m  |

**Deventer 20-04-96 1e Competitiewedstrijd CD Junioren vervolg**

|                     |        |          |
|---------------------|--------|----------|
| J.D.                | 3e pl  | 4060 pnt |
| Nick Kamers         | 4x80 m | 46.8     |
| Ruben Pillen        | 4x80 m | 46.8     |
| Kjell Vogel         | 4x80 m | 46.8     |
| Andre Louis Wassink | 4x80 m | 46.8     |
| Nick Kamers         | 80 m   | 12.1     |
| Ruben Pillen        | 80 m   | 12.1     |
| Joep Brinkers       | 80 m   | 15.8     |
| Andre Louis Wassink | 80 m   | 16.4     |
| Ruben Pillen        | 1000 m | 3.23.6   |
| Joep Brinkers       | 1000 m | 3.14.3   |
| Kjell Vogel         | Ver    | 3.87 m   |
| Andre Louis Wassink | Hoog   | 1.30 m   |
| Roy Nijkamp         | Kogel  | 7.52 m   |
| Nick Kamers         | Discus | 13.92 m  |
| Roy Nijkamp         | Speer  | 21.16 m  |

**Haaksbergen 27-04-96 Blokmeerkamp pupillen CD Junioren AVH**

|                   |      |        |        |       |        |       |
|-------------------|------|--------|--------|-------|--------|-------|
| M.P.B.            | 40 m | Ver    | Kogel  |       | 1000 m |       |
| Maike Emsbroek    | 6.8  | 3.40 m | 4.12 m | 1e pl | 4.25.8 | 3e pl |
| Dieuwertje Hammer | 7.7  | 2.79 m | 3.31 m |       | 4.56.6 |       |



|                       |       |        |        |        |         |       |
|-----------------------|-------|--------|--------|--------|---------|-------|
| M.P.A.                | 60 m  | Hoog   | Kogel  |        | 1000 m  |       |
| Charlaine Dollenkamp  | 10.7  | 1.00 m | 5.20 m |        | 4.51.2  |       |
| Esli Vogel            | 10.3  | 0.90 m | 4.04 m |        | 3.58.3  |       |
| Merle Daleman         | 11.3  | 0.80 m | 4.14 m |        | 5.43.6  |       |
| M.C.                  | 80 m  | 80 mh  | 600 m  | Ver    | Speer   |       |
| Wilma te Raaij        | 11.7  | 15.4   | 2.23.9 | 4.12 m | 17.00 m |       |
| Lizette Hendrikx      | 12.6  | 16.6   | 2.09.9 | 3.79 m | 19.42 m |       |
| Bella Hendrikx        | 12.8  | 17.3   | 2.03.1 | 3.67 m | 19.86 m |       |
| Magne Vogel           | 12.1  | 17.4   | 2.15.4 | 3.81 m | 12.06 m |       |
| J.P.B.                | 40 m  | Ver    | Kogel  |        | 1000 m  |       |
| Armin Pillen          | 7.0   | 3.00 m | 4.12 m | 3e pl  | 3.55.8  | 1e pl |
| Ard Nijkamp           | 7.9   | 2.51 m | 3.98 m |        | 4.17.3  |       |
| J.P.A.                | 60 m  | Hoog   | Kogel  |        | 1000 m  |       |
| Remco Nijkamp         | 10.0  | 1.05 m | 5.23 m |        | 3.54.1  |       |
| Tamo Vogel            | 10.8  | 1.00 m | 4.53 m |        | 4.03.1  |       |
| J.D.                  | 80 m  | 80 mh  | Ver    | Kogel  | Discus  |       |
| Arno Daleman          | 12.0  | 17.0   | 3.90 m | 7.23 m | 13.66 m |       |
| Ruben Pillen          | 11.8  | 17.3   | 3.83 m | 6.44 m | 11.90 m |       |
| Kjell Vogel           | 11.8  | 18.3   | 3.78 m | 6.12 m | 11.96 m |       |
| Roy Nijkamp           | 12.1  | 18.0   | 3.29 m | 7.34 m | 13.78 m |       |
| Andre Louis Wassink   | 12.5  | 16.1   | 3.54 m | 5.25 m | 12.08 m |       |
| J.C.                  | 100 m | 100 mh | 800 m  | Ver    | Speer   |       |
| Xander Lutje Spelberg | 13.4  | 17.4   | 2.52.0 | 4.90 m | 29.18 m |       |
| Remco Verdoold        | 15.2  | 21.8   | 3.06.5 | 3.73 m | 24.34 m |       |
| Oscar Hendrikx        | 17.4  | 26.3   | 3.24.4 | 3.37 m | 17.02 m |       |

Enschede 27-04-96 Open Twentse Pupillen Meerkamp AC Tion

Rotterdam 28-04-96 16e Internationale Marathon

Hengelo 28-04-96 Halve Marathon M.P.M.

Aalten 30-04-96 Koninginneloop AVA '70

Hengelo 01-05-96 Johan Knaap Games Senioren Junioren A/B Kronos

Eibergen 04-05-96 2e Medaillewedstrijd ASV

|                      |        |        |        |  |
|----------------------|--------|--------|--------|--|
| M.P.B.               | 40 m   | Hoog   | Kogel  |  |
| Maike Emsbroek       | 7.1    | 0.90 m | 4.04 m |  |
| Marieke Brinkers     | 7.6    | 0.85 m | 2.84 m |  |
| M.P.A.               | 1000 m | Ver    | Kogel  |  |
| Charlaine Dollenkamp | 4.53.3 | 2.74 m | 5.09 m |  |
| Merle Daleman        | 5.56.7 | 2.52 m | 3.74 m |  |
| Esli Vogel           | 4.05.8 | 3.31 m | 3.58 m |  |
| Justine Dijkstra     | 4.13.9 | 3.08 m | 4.13 m |  |
| Nicole Roders        | 4.31.9 | 3.07 m | 5.15 m |  |

|                       |        |        |         |         |
|-----------------------|--------|--------|---------|---------|
| Reina Visser          | 4.29.4 | 3.37 m | 4.66 m  |         |
| Cindy van Leussen     | 5.28.0 | 2.25 m | 2.99 m  |         |
| M.D.                  | 600 m  | Ver    | Speer   |         |
| Karin Meijer          | 2.15.3 | 3.44 m | 15.74 m |         |
| Louise Kemna          | 2.09.6 | 3.07 m | 8.82 m  |         |
| M.C.                  | 80 m   | Hoog   | Kogel   | Discus  |
| Bella Hendrikx        | 13.0   | 1.25 m | 6.57 m  | 12.98 m |
| Wilma te Raai         | 12.0   | 1.30 m | 8.82 m  | 18.23 m |
| Karin Lukens          | 11.8   | 1.15 m | 4.75 m  | 11.36 m |
| Magne Vogel           | 12.2   | 1.30 m | 6.70 m  | 14.20 m |
| Suzanne Dijkstra      | 12.5   | 1.20 m | 6.25 m  | 13.22 m |
| J.P.B.                | 1000 m | Ver    | Bal     |         |
| Armin Pillen          | 4.03.9 | 3.15 m | 20.68 m |         |
| Joris Pietersen       | 4.35.4 | 3.12 m | 14.36 m |         |
| Ard Nijkamp           | 4.26.7 | 2.76 m | 21.64 m |         |
| J.P.A.                | 60 m   | Hoog   | Bal     |         |
| Thijs Hesselink       | 10.0   | 1.20 m | 35.16 m |         |
| Chris Meis            | 10.4   | 1.05 m | 25.62 m |         |
| Tamo Vogel            | 10.3   | 1.05 m | 21.40 m |         |
| Remco Nijkamp         | 11.6   | 0.85 m | 16.14 m |         |
| J.D.                  | 80 m   | Hoog   | Speer   |         |
| Nick Kamers           | 11.8   | 1.25 m | 13.54 m |         |
| Roy Nijkamp           | 12.3   | 1.10 m | 20.82 m |         |
| Ruben Pillen          | 12.3   | 1.20 m | 19.32 m |         |
| Arno Daleman          | 12.4   | 1.20 m | 16.82 m |         |
| Andre Louis Wassink   | 12.5   | 1.30 m | 13.60 m |         |
| Joep Brinkers         | 12.6   | 1.15 m | 16.62 m |         |
| Kjell Vogel           | 12.3   | 1.05 m | 14.04 m |         |
| J.C.                  | 800 m  | Ver    | Kogel   | Discus  |
| Xander Lutje Spelberg | 2.48.8 | 4.76 m | 8.98 m  | 27.38 m |
| Oscar Hendrikx        | x      | 3.03 m | 5.86 m  | 15.20 m |

## Zelhelm 05-05-96 12e Bevrijdingsloop AV Argo

## Enschede 05-05-96 1e Competitiewedstrijd Senioren

| Heren               | 5803 pnt | 2e klasse | 5e pl |
|---------------------|----------|-----------|-------|
| Erwin Leussenkamp   | 4x100 m  | 49.13     | M 27  |
| Robert Leussenkamp  | 4x100 m  | 49.13     | M 31  |
| Herbert Garritsen   | 4x100 m  | 49.13     | M 30  |
| Gerton Berkemeijer  | 4x100 m  | 49.13     | M 21  |
| Gerton Berkemeijer  | 100 m    | 13.11     | M 21  |
| Herbert Garritsen   | 110 mh   | 20.91     | M 30  |
| Erwin Leussenkamp   | 400 m    | 57.98     | M 27  |
| Robert Leussenkamp  | 1500 m   | 4.37.44   | M 31  |
| Herman Heideveld    | 5000 m   | 17.44.98  | M 44  |
| Dennis te Nijenhuis | Ver      | 5.81 m    | M 22  |
| Herbert Garritsen   | Hoog     | 1.65 m    | M 30  |
| Stefan Mol          | Kogel    | 9.42 m    | J.A.  |
| Dennis te Nijenhuis | Discus   | 24.52 m   | M 22  |
| Gerton Berkemeijer  | Speer    | 44.24 m   | M 21  |

## Holten 07-05-96 Bevrijdingsloop SV Holten

## Hengelo 09-05-96 Baaninstuif Senioren Laac

## Hengelo 10-05-96 1e Competitiewedstrijd B Junioren Iphitos

|                       |          |           |       |
|-----------------------|----------|-----------|-------|
| J.B.                  | 4737 pnt | 2e klasse | 7e pl |
| Mischa Lutje Spelberg | 4x100 m  | 51.00     |       |
| Michel Floors         | 4x100 m  | 51.00     |       |
| Ronald Boomkamp       | 4x100 m  | 51.00     |       |
| Joost Ottink          | 4x100 m  | 51.00     |       |
| Michel Floors         | 100 m    | 13.6      |       |
| Ronald Boomkamp       | 100 m    | 14.6      |       |
| Mischa Lutje Spelberg | 110 mh   | 15.7      |       |
| Joost Ottink          | 800 m    | 2.36.4    |       |
| Ronald Boomkamp       | 1500 m   | 4.26.2    |       |
| Mischa Lutje Spelberg | Ver      | 5.63 m    |       |
| Xander Lutje Spelberg | Hoog     | 1.55 m    | J.C.  |
| Matthijs ten Have     | Kogel    | 9.20 m    | J.C.  |
| Michel Floors         | Discus   | 20.26 m   |       |
| Matthijs ten Have     | Speer    | 33.80 m   | J.C.  |

## Hengelo 11-05-96 2e Competitiewedstrijd C/D Junioren M.P.M.

|                  |          |           |       |
|------------------|----------|-----------|-------|
| M.C.             | 4089 pnt | 2e klasse | 7e pl |
| Lizette Hendrikk | 4x 80 m  | 47.4      |       |
| Bella Hendrikk   | 4x 80 m  | 47.4      |       |
| Karin Lukens     | 4x 80 m  | 47.4      |       |
| Magne Vogel      | 4x 80 m  | 47.4      |       |
| Magne Vogel      | 80 m     | 11.9      |       |
| Karin Lukens     | 80 m     | 11.9      |       |
| Magne Vogel      | 80 mh    | 15.6      |       |
| Suzanne Dijkstra | 1000 m   | 3.22.1    |       |
| Karin Lukens     | 1000 m   | 3.37.4    |       |
| Suzanne Dijkstra | Ver      | 4.11 m    |       |
| Bella Hendrikk   | Hoog     | 1.25 m    |       |
| Wilma te Raa     | Kogel    | 9.21 m    |       |
| Wilma te Raa     | Discus   | 21.58 m   |       |
| Lizette Hendrikk | Speer    | 17.56 m   |       |

## Hengelo 11-05-96 2e Competitiewedstrijd C/D Junioren M.P.M. vervolg

|                     |          |           |       |
|---------------------|----------|-----------|-------|
| J.D.                | 3983 pnt | 2e klasse | 3e pl |
| Joep Brinkers       | 4x 80 m  | 46.3      |       |
| Ruben Pillen        | 4x 80 m  | 46.3      |       |
| Kjell Vogel         | 4x 80 m  | 46.3      |       |
| Nick Kamers         | 4x 80 m  | 46.3      |       |
| Nick Kamers         | 80 m     | 12.0      |       |
| Ruben Pillen        | 80 m     | 12.1      |       |
| Joep Brinkers       | 80 mh    | 15.7      |       |
| Andre Louis Wassink | 80 mh    | 16.5      |       |
| Ruben Pillen        | 1000 m   | 3.31.3    |       |
| Joep Brinkers       | 1000 m   | 3.15.9    |       |
| Kjell Vogel         | Ver      | 3.63 m    |       |

|                     |        |         |
|---------------------|--------|---------|
| Andre Louis Wassink | Hoog   | 1.20 m  |
| Roy Nijkamp         | Kogel  | 7.46 m  |
| Nick Kamers         | Discus | 13.82 m |
| Roy Nijkamp         | Speer  | 21.40 m |

#### **Doetinchem 11-05-96 7e 5x5km Estafetteloop AV Argo**

#### **Oldenzaal 12-05-96 Marmoleumloop LAAC**

|                |         |      |       |
|----------------|---------|------|-------|
| Dames          | 15 km   |      |       |
| Gonny Spexgoor | 1.04.45 | V 35 | 2e pl |
| Heren          | 30 km   |      |       |
| Henk Wesselink | 3.51.79 | M 46 | 6e pl |

#### **Lochem 16-05-96 Vestingloop AV De Cloese**

#### **Enschede 18/19-05-96 NK Meerkamp en Estafettes Senioren en Junioren AC Tion**

#### **Haaksbergen 22-05-96 Avondwedstrijd Sen /Jun A-B-C AVH**

|                 |         |
|-----------------|---------|
| J.B.            | 800 m   |
| Ronald Boomkamp | 2.14.30 |

#### **Doetinchem 25-05-96 16e Cityloop AV Argo**

#### **Hengelo 27-05-96 APM Atletiekgala**

|                  |         |
|------------------|---------|
| M.P.A.           | 1000 m  |
| Justine Dijkstra | 4.05.86 |
| J.P.A.           | 1000 m  |
| Thijs Hesselink  | 3.51.79 |
| Chris Meis       | 4.13.38 |

#### **Zwolle 31-05-96 2e Competitiewedstrijd B Junioren PEC 1910**

|                       |          |           |       |
|-----------------------|----------|-----------|-------|
| J.B.                  | 5150 pnt | 2e klasse | 6e pl |
| Mischa Lutje Spelberg | 4x100 m  | 50.6      |       |
| Michel Floors         | 4x100 m  | 50.6      |       |
| Ronald Boomkamp       | 4x100 m  | 50.6      |       |
| Joost Ottink          | 4x100 m  | 50.6      |       |
| Michel Floors         | 100 m    | 13.3      |       |
| Ronald Boomkamp       | 100 m    | 15.1      |       |
| Mischa Lutje Spelberg | 110 mh   | 16.0      |       |

|                       |        |         |      |  |
|-----------------------|--------|---------|------|--|
| Joost Ottink          | 400 m  | 1.08.4  |      |  |
| Mark Orriens          | 800 m  | 2.36.4  |      |  |
| Ronald Boomkamp       | 1500 m | 4.29.0  |      |  |
| Joost Ottink          | Ver    | 4.39 m  |      |  |
| Mischa Lutje Spelberg | Hoog   | 1.65 m  |      |  |
| Matthijs ten Have     | Kogel  | 9.07 m  | J.C. |  |
| Michel Floors         | Discus | 25.28 m |      |  |
| Matthijs ten Have     | Speer  | 34.36 m | J.C. |  |

#### Goor 01-06-96 Pupillenwedstrijd AV Goor

|               |      |        |        |        |
|---------------|------|--------|--------|--------|
| J.P.B.        | 40 m | Hoog   | Kogel  |        |
| Ard Nijkamp   | 7.9  | 0.75 m | 3.94 m |        |
| J.P.A.        | 60 m | 1000 m | Hoog   | Kogel  |
| Remco Nijkamp | 11.5 | 4.09.5 | 0.95 m | 4.88 m |

#### Enschede 01-06-96 3e Competitiewedstrijd C/D Junioren AC Tion

#### Almelo 05-06-96 7e Cityloop AAV Sisu

#### Hengelo 06-06-96 Baan instuif Laac

#### Zwolle 08-06-96 Oost Nederlandse Kampioenschappen C/D Junioren

|                       |        |         |         |        |         |         |
|-----------------------|--------|---------|---------|--------|---------|---------|
| M.C.                  | 80 mh  | 300 mh  | 1000 m  | Hoog   | Kogel   | Discus  |
| Suzanne Dijkstra      |        |         | 3.23.24 |        |         |         |
| Karin Lukens          |        |         | 3.39.70 |        |         |         |
| Wilma te Raa          | 15.34  | 1.02.56 |         |        | 8.91 m  | 21.34 m |
| Lizette Hendriks      |        |         |         | 1.30 m |         |         |
| Bella Hendriks        |        |         |         | 1.30 m |         |         |
| J.D.                  | 80 mh  | 1000 m  |         |        |         |         |
| Joep Brinkers         |        | 3.12.58 |         |        |         |         |
| Andre Louis Wassink   | 16.88  |         |         |        |         |         |
| J.C.                  | 100 mh | Ver     | Hoog    | Kogel  | Speer   |         |
| Xander Lutje Spelberg | 19.18  | 4.99 m  | 1.55 m  |        |         |         |
| Matthijs ten Have     |        |         |         | 9.86 m | 36.58 m |         |

#### Rijssen 08-06-96 Rijsserbergloop AV Rijssen

#### Enschede 08-06-96 Stratenloop Fortis

#### Gendringen 09-06-96 2e Competitiewedstrijd Senioren Atletico '73

|                     |          |           |       |
|---------------------|----------|-----------|-------|
| Heren               | 5626 pnt | 2e klasse | 6e pl |
| Dennis te Nijenhuis | 4x100 m  | 49.45     | M 22  |
| Robert Leussenkamp  | 4x100 m  | 49.45     | M 31  |
| Herbert Garritsen   | 4x100 m  | 49.45     | M 30  |

|                     |         |          |      |
|---------------------|---------|----------|------|
| Paul Wormgoor       | 4x100 m | 49.45    | M 22 |
| Dennis te Nijenhuis | 100 m   | 12.83    | M 22 |
| Herbert Garritsen   | 110 mh  | 21.75    | M 30 |
| Stefan Mol          | 400 m   | 1.08.98  | J.A. |
| Robert Leussenkamp  | 1500 m  | 4.35.06  | M 31 |
| Theo Schootman      | 5000 m  | 17.42.00 | M 47 |
| Dennis te Nijenhuis | Ver     | 5.39 m   | M 22 |
| Herbert Garritsen   | Hoog    | 1.70 m   | M 30 |
| Paul Wormgoor       | Kogel   | 11.93 m  | M 22 |
| Stefan Mol          | Discus  | 25.80 m  | J.A. |
| Paul Wormgoor       | Speer   | 42.64 m  | M 22 |

### Eibergen 09-06-96 Pupillen C/D Wedstrijd

|                      |      |        |        |         |
|----------------------|------|--------|--------|---------|
| M.P.C.               | 40 m | Hoog   | Kogel  |         |
| Judith Pietersen     | 8.7  | 0.75 m | 3.37 m |         |
| M.P.B.               | 40 m | 1000 m | Ver    | Kogel   |
| Maaïke Emsbroek      | 6.7  | 4.18.6 | 3.25 m | 3.93 m  |
| Marieke Brinkers     | 7.3  | 4.04.1 | 2.87 m | 2.65 m  |
| Dieuwertje Hammer    | 7.6  | 4.56.8 | 2.73 m | 3.60 m  |
| M.P.A.               | 60 m | 1000 m | Hoog   | Kogel   |
| Reina Visser         | 10.2 |        | 1.05 m | 4.41 m  |
| Nicole Roders        | 10.4 | 4.29.3 | 0.95 m | 5.37 m  |
| Esli Vogel           | 10.1 |        | 0.85 m | 3.91 m  |
| Justine Dijkstra     | 10.2 | 4.11.3 | 0.90 m | 4.20 m  |
| Charlaine Dollenkamp | 10.9 |        | 0.90 m | 4.36 m  |
| Merle Daleman        | 11.6 |        | 0.75 m | 2.79 m  |
| M.D.                 | 60 m | 600 m  | Ver    | Discus  |
| Louise Kemna         | 9.3  | 2.14.6 | 3.27 m | 11.16 m |
| M.C.                 | 80 m | 600 m  | Hoog   | Speer   |
| Suzanne Dijkstra     |      | 1.50.1 |        |         |
| Karin Lukens         | 11.5 | 1.57.4 |        |         |
| Magne Vogel          | 11.7 | 2.03.9 | 1.45 m |         |
| Lizette Hendrikx     |      |        | 1.30 m | 19.10 m |
| Bella Hendrikx       |      |        | 1.30 m | 15.50 m |
| Wilma te Raai        | 11.9 |        |        | 17.86 m |
| J.P.C.               | 40 m | Hoog   | Kogel  |         |
| Maarten Geerdes      | 9.4  | 0.65 m | 3.45 m |         |
| J.P.B.               | 40 m | 1000 m | Ver    | Kogel   |
| Joris Pietersen      | 7.3  |        | 3.22 m | 5.78 m  |
| Armin Pillen         | 7.4  | 4.22.2 | 2.71 m | 4.66 m  |
| Rens Gehling         | 7.7  |        | 2.87 m | 3.87 m  |
| Ard Nijkamp          | 7.8  |        | 2.36 m | 4.01 m  |
| J.P.A.               | 60 m | 1000 m | Hoog   | Kogel   |
| Chris Meis           | 9.8  | 3.58.1 | 1.05 m | 6.27 m  |
| Tamo Vogel           | 10.0 | 3.51.1 | 1.05 m | 5.42 m  |
| Remco Nijkamp        | 11.5 |        | 0.95 m | 7.89 m  |
| Ruud Geerdes         | 11.7 |        | 0.95 m | 5.57 m  |

### Eibergen 09-06-96 Pupillen C/D Wedstrijd vervolg

|              |      |        |         |
|--------------|------|--------|---------|
| J.D.         | 80 m | Ver    | Speer   |
| Arno Daleman | 11.7 | 4.15 m | 15.00 m |

|               |      |        |         |
|---------------|------|--------|---------|
| Ruben Pillen  | 11.8 | 3.88 m | 27.72 m |
| Nick Kamers   | 11.7 | 4.28 m |         |
| Roy Nijkamp   | 12.2 | 3.75 m | 26.08 m |
| Joep Brinkers | 12.4 | 4.31 m | 13.74 m |
| Kjell Vogel   |      | 3.92 m |         |

|                       |       |        |        |         |
|-----------------------|-------|--------|--------|---------|
| J.C.                  | 100 m | 1000 m | Hoog   | Discus  |
| Xander Lutje Spelberg | 13.7  |        | 1.60 m | 21.94 m |
| Remco Verdoold        | 15.0  | 3.39.1 | 1.35 m | 17.58 m |
| Oscar Hendrikx        | 17.1  |        | 1.15 m | 18.06 m |
| Matthijs ten Have     |       |        |        | 26.38 m |

#### Ede 15-16-06-96 Oost Nederlandse Kampioenschappen A/B Junioren

|              |       |
|--------------|-------|
| M.B.         | 100 m |
| Marja Werner | 13.69 |

|                 |         |       |        |       |
|-----------------|---------|-------|--------|-------|
| J.B.            | 1500 m  |       | 3000 m |       |
| Ronald Boomkamp | 4.27.99 | 4e pl | 9.30.0 | 2e pl |

|                       |        |       |         |       |        |       |
|-----------------------|--------|-------|---------|-------|--------|-------|
| J.B.                  | 110 mh |       | 300 mh  |       | Ver    |       |
| Mischa Lutje Spelberg | 15.39  | 2e pl | 44.58 m | 5e pl | 6.00 m | 2e pl |

|            |         |       |
|------------|---------|-------|
| J.A.       | Kogel   |       |
| Stefan Mol | 10.81 m | 8e pl |

#### Apeldoorn 15-06-96 Tien engelse Mijlen AV '34

#### Apeldoorn 15/16-06-96 Oost Nederlandse Kampioenschappen Meerkamp C/D Junioren AV '34

#### Enschede 16-06-96 Twente Marathon St.Twente Marathon

#### Hoorn 21/22/23-06-96 Nederlandse Kampioenschappen A/B Junioren

|                 |         |         |        |
|-----------------|---------|---------|--------|
| J.B.            | 1500 m  | 3000 m  |        |
| Ronald Boomkamp | 4.26.35 | 9.36.36 | 11e pl |

|                       |        |       |        |        |
|-----------------------|--------|-------|--------|--------|
| J.B.                  | 100 mh |       | 300 mh | Ver    |
| Mischa Lutje Spelberg | 17.22  | 7e pl | 42.72  | 5.68 m |

#### Enschede 21-06-96 Electronic Games Senioren Junioren A/B AC Tion / Kronos

#### Leiden 22-06-96 25e Gouden Spike

#### De Lutte 22-06-96 Dorpsloop Loopgroep De Lutte

#### Hengelo 26-06-96 Avondwedstrijd Senioren Junioren A/B Iphitos

#### Hengelo 04-07-96 Baaninstuif Laac

#### Aalten 16-07-96 Walfortloop AVA '70

**Deventer 07-07-96 Reebok NK Halve Marathon**

**Lichtenvoorde 30-07-96 Besselinkschansloop AVA '70**

**Apeldoorn 10-08-96 Tien Engelse Mijlen AV Veluwe**

**Enschede 11-08-96 Strandcityloop AC Tion**

**Lichtenvoorde 13-08-96 Zomeravondloop AVA 70**

**Aalten 18-08-99 Walfortloop**

|                |       |      |
|----------------|-------|------|
| Dames          | 5 km  |      |
| Lianne Zuidema | 28.18 | V 30 |

|                |       |      |
|----------------|-------|------|
| Dames          | 10 km |      |
| Gonny Spexgoor | 47.09 | V 35 |
| Anjo Lutikholt | 47.45 | V 26 |
| Ada ter Woerds | 50.54 | V 41 |

|                 |       |      |
|-----------------|-------|------|
| Heren           | 5 km  |      |
| Peter Pietersen | 27.20 | M 46 |

|                 |       |      |
|-----------------|-------|------|
| Heren           | 10 km |      |
| Hans ter Woerds | 40.52 | M 41 |
| Jan Hummelink   | 41.39 | M 45 |
| Leo Sijtsma     | 42.03 | M 55 |
| Theo Broekman   | 49.02 | M 48 |
| Bennie Huirne   | 50.33 | M 61 |

**Losser 18-08-96 Losserloop**

|              |       |      |
|--------------|-------|------|
| Heren        | 5 km  |      |
| Dick Drenten | 23.55 | M 43 |

**Eibergen 24-08-96 Baanwedstrijd**

|                |        |
|----------------|--------|
| M.P.B.         | Hoog   |
| Maike Emsbroek | 1.00 m |

**Haaksbergen 24-08-96 Pupillen C/D Wedstrijd AVH**

|                   |      |        |        |
|-------------------|------|--------|--------|
| M.P.B.            | 40 m | Hoog   | Kogel  |
| Maike Emsbroek    | 6.8  | 1.00 m | 4.48 m |
| Dieuwertje Hammer | 7.8  | 0.90 m | 3.80 m |

|                      |      |        |        |
|----------------------|------|--------|--------|
| M.P.A.               | 60 m | Ver    | Kogel  |
| Reina Visser         | 10.1 | 3.46 m | 4.74 m |
| Esli Vogel           | 10.0 | 3.38 m | 3.97 m |
| Charlaine Dollenkamp | 10.4 | 2.96 m | 5.73 m |



|               |      |        |        |
|---------------|------|--------|--------|
| Merle Daleman | 11.2 | 2.76 m | 3.98 m |
|---------------|------|--------|--------|

## Haaksbergen 24-08-96 Pupillen C/D Wedstrijd AVH vervolg

|              |      |        |        |        |
|--------------|------|--------|--------|--------|
| M.D.         | 60 m | 1000 m | Hoog   | Speer  |
| Louise Kemna | 9.3  | 4.15.7 | 1.15 m | 7.46 m |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| M.C.             | 80 m | 600 m  | Ver    | Discus  |
| Magne Vogel      | 11.4 |        | 4.24 m | 18.12 m |
| Wilma te Raa     | 12.5 |        | 4.14 m | 21.98 m |
| Karin Lukens     | 11.6 | 2.00.7 | 3.86 m | 12.74 m |
| Suzanne Dijkstra | 12.1 | 1.49.5 | 4.04 m | 11.60 m |
| Lizette Hendrikx | 12.7 |        | 3.84 m | 13.64 m |
| Bella Hendrikx   | 12.8 |        | 3.62 m | 13.58 m |

|              |      |        |        |
|--------------|------|--------|--------|
| J.P.B.       | 40 m | Hoog   | Kogel  |
| Armin Pillen | 7.2  | 0.85 m | 4.37 m |
| Ard Nijkamp  | 7.9  | 0.85 m | 4.13 m |

|               |      |        |        |
|---------------|------|--------|--------|
| J.P.A.        | 60 m | Ver    | Kogel  |
| Tamo Vogel    | 10.0 | 2.74 m | 5.48 m |
| Remco Nijkamp | 11.0 | 2.98 m | 5.19 m |

|                     |      |        |        |         |
|---------------------|------|--------|--------|---------|
| J.D.                | 80 m | 1000 m | Hoog   | Speer   |
| Ruben Pillen        | 11.8 | 3.39.8 | 1.20 m | 25.42 m |
| Kjell Vogel         | 11.8 |        | 1.20 m | 18.48 m |
| Roy Nijkamp         | 12.2 |        | 1.05 m | 25.74 m |
| Andre Louis Wassink | 11.9 |        | 1.30 m | 14.08 m |
| Nick Kamers         | 11.7 | 3.30.1 | 1.20 m | 15.12 m |
| Arno Daleman        | 12.1 | 3.23.3 | x      | 18.20 m |

|                       |       |        |        |         |
|-----------------------|-------|--------|--------|---------|
| J.C.                  | 100 m | 800 m  | Ver    | Discus  |
| Xander Lutje Spelberg | 13.5  | 2.47.5 | 4.66 m | 23.50 m |

## Amsterdam 24/25-08-96 27e Nationale C Spelen

## Warnsveld 29-08-96 Graffelloop AV Hanzesport

## Enschede 31-08-96 Blokmeerkamp Pupillen en Junioren AC Tion

|               |      |        |         |         |
|---------------|------|--------|---------|---------|
| M.C.          | 80 m | Kogel  | Discus  | Speer   |
| Wilma te Raa  | 12.4 | 8.80 m | 23.82 m | 18.12 m |
| Bella Hendrix | 12.5 | 7.17 m | 12.30 m | 19.48 m |

|             |      |        |         |        |
|-------------|------|--------|---------|--------|
| J.P.B.      | 40 m | Ver    | Bal     | 1000 m |
| Ard Nijkamp | 7.9  | 2.48 m | 14.84 m | 4.23.1 |

|               |      |        |        |        |
|---------------|------|--------|--------|--------|
| J.P.A.        | 80 m | Ver    | hoog   | Kogel  |
| Remco Nijkamp | 11.2 | 2.78 m | 1.25 m | 5.50 m |

|                     |      |       |        |        |
|---------------------|------|-------|--------|--------|
| J.D.                | 80 m | 80m H | Ver    | Hoog   |
| Andre Louis Wassink | 12.6 | 16.5  | 3.64 m | 1.25 m |

|             |      |        |         |         |
|-------------|------|--------|---------|---------|
| J.D.        | 80 m | Kogel  | Discus  | Speer   |
| Roy Nijkamp | 12.6 | 7.12 m | 15.44 m | 18.72 m |

|                       |       |        |        |        |       |
|-----------------------|-------|--------|--------|--------|-------|
| J.C.                  | 100 m | 100 mH | Ver    | Hoog   |       |
| Xander Lutje Spelberg | 13.7  | 17.6   | 4.87 m | 1.60 m | 1e pl |

## Aalten 31-08-96 Gerard Tebroke Memorialloop

## Zutphen 07-09-96 Hanzeloop

| Heren           | Halve Marathon |      |
|-----------------|----------------|------|
| Henk Wesselink  | 1.33.31        | M 46 |
| Hans Gerfen     | 1.36.44        | M 45 |
| Hans ter Woerds | 1.57.19        | M 40 |

## Hengelo 07-09-96 3e Medaillewedstrijd M.P.M.

| M.P.B.           | 1000 m | Ver    | Bal     |
|------------------|--------|--------|---------|
| Marieke Brinkers | 4.08.4 | 3.02 m | 9.52 m  |
| Maaïke Emsbroek  | 4.23.3 | 3.23 m | 15.90 m |

| M.P.A.               | 60 m | Hoog   | Bal     |
|----------------------|------|--------|---------|
| Justine Dijkstra     | 9.8  | 0.80 m | 10.20 m |
| Nicole Roders        | 10.1 | 0.90 m | 16.78 m |
| Reina Visser         | 10.5 | 0.95 m | 25.38 m |
| Charlaine Dollenkamp | 10.7 | 0.95 m | 15.10 m |
| Cindy van Leussen    | 12.0 | 0.80 m | 11.16 m |
| Suzanne ten Have     | 12.1 | 0.95 m | 17.16 m |

| M.D.         | 60 m | Hoog   | Kogel  |
|--------------|------|--------|--------|
| Louise Kemna | 9.3  | 1.20 m | 6.29 m |

| M.C.             | 600 m  | Ver    | Speer   |
|------------------|--------|--------|---------|
| Suzanne Dijkstra | 1.47.0 | 3.90 m | 14.28 m |
| Karin Lukens     | 2.03.2 | 3.52 m | 15.58 m |
| Wilma te Raai    | 2.26.7 | 3.82 m | 18.58 m |
| Lizette Hendrikx | 2.01.8 | 3.55 m | 20.20 m |
| Bella Hendrikx   | x      | 3.41 m | 19.04 m |

| J.P.B.            | 40 m | Hoog   | Kogel  |
|-------------------|------|--------|--------|
| Martijn Siemerink | 7.5  | 0.85 m | 5.30 m |
| Joris Pietersen   | 7.6  | 1.00 m | 4.91 m |
| Ard Nijkamp       | 7.8  | 0.75 m | 3.98 m |

| J.P.A.          | 1000 m | Ver    | Kogel  |
|-----------------|--------|--------|--------|
| Thijs Hesselink | 3.56.8 | 3.89 m | 7.39 m |
| Chris Meis      | 4.00.0 | 3.79 m | 5.81 m |

| J.D.                | 1000 m | Ver    | Kogel  |
|---------------------|--------|--------|--------|
| Andre Louis Wassink | 3.40.9 | 3.46 m | 5.58 m |
| Roy Nijkamp         | 3.52.4 | 3.55 m | 7.42 m |
| Nick Kamers         | 3.25.5 | 3.81 m | 5.50 m |
| Arno Daleman        | 3.22.7 | 3.88 m | 7.44 m |

| J.C.                  | 100 m | Hoog   | Speer   |
|-----------------------|-------|--------|---------|
| Xander Lutje Spelberg | 13.3  | x      | 23.70 m |
| Oscar Hendrikx        | 16.5  | 1.25 m | 20.74 m |

## Warnsveld 07-09-96 Hanzeloop AV Hanzesport

**Goor 07-09-96 Cityloop AV Goor**

**Emmen 08-09-96 Finale Senioren Competitie 2e klasse Noord / Oost**

|                     |        |          |          |       |
|---------------------|--------|----------|----------|-------|
| Heren               |        |          | 5478 pnt | 8e pl |
| Dennis te Nijenhuis | 4x100  | 48.7     | M 22     |       |
| Erwin Leussenkamp   | 4x100  | 48.7     | M 27     |       |
| Alfred Meekes       | 4x100  | 48.7     | M 21     |       |
| Nick Maatman        | 4x100  | 48.7     | J.A.     |       |
| Dennis te Nijenhuis | 100 m  | 13.03    | M 22     |       |
| Erwin Leussenkamp   | 400 m  | 58.1     | M 27     |       |
| Nick Maatman        | 400 m  | 57.2     | J.A.     |       |
| Nick Maatman        | 1500 m | 5.06.52  | J.A.     |       |
| Alfred Meekes       | 5000 m | 20.32.46 | M 21     |       |
| Alfred Meekes       | 110 mH | 21.77    | M 21     |       |
| Herbert Garritsen   | Hoog   | 1.65 m   | M 30     |       |
| Dennis te Nijenhuis | Ver    | 5.56 m   | M 22     |       |
| Stefan Mol          | Kogel  | 9.88 m   | J.A.     |       |
| Gerton Berkemeijer  | Discus | 28.42 m  | M 21     |       |
| Gerton Berkemeijer  | Speer  | 42.82 m  | M 21     |       |

**Haaksbergen 13-09-96 Junioren ABC en Senioren Avond Wedstrijd AVH**

|                       |        |         |         |         |
|-----------------------|--------|---------|---------|---------|
| M.C.                  | Kogel  | Discus  | Speer   |         |
| Wilma te Raai         | 8.82 m | 23.14 m | 17.58 m |         |
| J.C.                  | Kogel  | Discus  | Speer   |         |
| Xander Lutje Spelberg | 8.28 m | 23.04 m | 29.48 m |         |
| J.B.                  | 110 mH | 1500 m  | Ver     | Discus  |
| Mischa Lutje Spelberg | 16.0   |         | 5.34 m  | 28.38 m |
| Ronald Boomkamp       |        | 4.27.5  |         |         |

**Almelo 14-09-96 Pupillen C/D Grasbaanwedstrijd AAV Sisu**

**Oldenzaal 15-09-96 Halve Marathon en 10 km Laac / M.P.M.**

**Amsterdam 15-09-96 Landelijke D Spelen**

**Winterwijk 21-09-96 Badarieloop AV Archeus**

**Enschede 28-09-96 4e Medaillewedstrijd**

|                  |        |        |        |
|------------------|--------|--------|--------|
| M.P.B.           | 40 m   | Hoog   | Kogel  |
| Marieke Brinkers | 7.6    | 0.95 m | 3.11 m |
| M.P.A.           | 1000 m | Ver    | Kogel  |
| Justine Dijkstra | 4.14.9 | 2.92 m | 4.43 m |

|                      |        |        |        |
|----------------------|--------|--------|--------|
| Suzanne ten Have     | 4.17.4 | 2.93 m | 4.87 m |
| Reina Visser         | 1.19.5 | 3.45 m | 5.06 m |
| Charlaine Dollenkamp | 4.40.3 | 2.80 m | 5.84 m |

|              |        |        |         |
|--------------|--------|--------|---------|
| M.D.         | 600 m  | Ver    | Speer   |
| Louise Kemna | 2.12.4 | 3.42 m | 10.12 m |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| M.C.             | 80 m | Hoog   | Kogel  | Discus  |
| Karin Lukens     | 11.9 | 1.15 m | 5.14 m | 13.02 m |
| Wilma te Raai    | 12.4 | 1.30 m | 8.81 m | 23.48 m |
| Lizette Hendrikx | 12.7 | 1.25 m | 6.80 m | 14.18 m |
| Bella Hendrikx   | x    | 1.25 m | 6.35 m | 14.26 m |

#### Enschede 28-09-96 4e Medaillewedstrijd vervolg

|                   |        |        |         |
|-------------------|--------|--------|---------|
| J.P.B.            | 1000 m | Ver    | Bal     |
| Armin Pillen      | 3.54.6 | 2.53 m | 23.24 m |
| Ard Nijkamp       | 4.20.7 | 2.53 m | 14.08 m |
| Joris Pietersen   | 4.30.3 | 2.99 m | 17.70 m |
| Martijn Siemerink | 4.42.5 | 2.80 m | 30.06 m |

|                 |      |        |         |
|-----------------|------|--------|---------|
| J.P.A.          | 60 m | Hoog   | Bal     |
| Thijs Hesselink | 9.7  | 1.25 m | 28.96 m |
| Chris Meis      | 9.9  | 1.10 m | 25.94 m |
| Remco Nijkamp   | 11.4 | 0.95 m | 17.00 m |

|                     |      |        |         |
|---------------------|------|--------|---------|
| J.D.                | 80 m | Hoog   | Speer   |
| Andre Louis Wassink | 12.8 | 1.20 m | 18.94 m |
| Joep Brinkers       | 11.6 | 1.15 m | 25.32 m |
| Arno Daleman        | 12.2 | 1.20 m | 19.66 m |
| Ruben Pillen        | 12.6 | 1.20 m | 25.18 m |
| Nick Kamers         | 11.6 | 1.25 m | 14.88 m |
| Roy Nijkamp         | 12.4 | 1.15 m | 20.42 m |

|                       |        |        |        |         |
|-----------------------|--------|--------|--------|---------|
| J.C.                  | 800 m  | Ver    | Kogel  | Discus  |
| Xander Lutje Spelberg | 2.41.8 | 4.64 m | 8.21 m | 21.60 m |
| Oscar Hendrikx        | 3.11.4 | 3.34 m | 5.69 m | 17.02 m |

#### Haaksbergen 29-09-96 Rabo Sterloop

|                |         |      |
|----------------|---------|------|
| Dames          | 10 km   |      |
| Gonny Spexgoor | 41.10.8 | V 34 |

|                      |         |      |
|----------------------|---------|------|
| Heren                | 10 km   |      |
| Theo Schootman       | 36.14.2 | M 47 |
| Geert Klein Bruinink | 37.11.1 | M 31 |
| Tonnie Vrieze        | 39.02.4 | M 43 |
| Henk Fontijn         | 39.26.1 | M 31 |
| Harry Kemna          | 39.47.3 | M 41 |
| Henk Daleman         | 40.03.6 | M 43 |
| Jan Hummelink        | 41.05.5 | M 45 |
| Hans Gerfen          | 43.51.0 | M 45 |
| Dick Drenten         | 46.56.9 | M 43 |
| Gerrit Kamers        | 47.33.5 | M 40 |

#### Enschede 05-10-96 Herfstloop ACTION

#### Markelo 06-10-96 Kariboecross

## Eibergen 06-10-96 Clubkampioenschappen

|                     |     |        |        |            |
|---------------------|-----|--------|--------|------------|
| M.P.C.              | 40  | 600 m  | Ver    | Kogel 1 kg |
| Willeke Egberts     | 7.9 | 2.29.7 | 2.95 m | 6.06 m     |
| Laura Willekes      | 8.3 | 2.54.9 | 2.05 m | 4.34 m     |
| Cherielie Dollekamp | 9.0 | 3.08.1 | 2.12 m | 3.24 m     |
| Sherien Massoud     | 9.8 | x      | 1.74 m | 2.88 m     |

|                  |     |        |        |            |
|------------------|-----|--------|--------|------------|
| M.P.B.           | 40  | 600 m  | Ver    | Kogel 2 kg |
| Maike Emsbroek   | 7.2 | 2.32.3 | 3.01 m | 4.62 m     |
| Marieke Brinkers | 7.8 | 2.15.8 | 2.96 m | 3.26 m     |

## Eibergen 06-10-96 Clubkampioenschappen vervolg

|                      |      |        |        |            |
|----------------------|------|--------|--------|------------|
| M.P.A.               | 60 m | 600 m  | Ver    | Kogel 2 kg |
| Esli Vogel           | 10.3 | 2.12.4 | 3.33 m | 4.92 m     |
| Reina Visser         | 10.5 | 2.20.2 | 3.60 m | 5.46 m     |
| Suzanne ten Have     | 10.2 | 2.16.7 | 3.00 m | 5.32 m     |
| Annemarie ten Hoopen | 10.8 | 2.32.7 | 3.48 m | 3.44 m     |
| Charlaine Dollenkamp | 11.1 | 2.33.3 | 2.60 m | 5.64 m     |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.D.              | 60 m | 600 m  | Hoog   | Discus  |
| Willeke te Winkel | 9.6  | 2.07.3 | 1.20 m | 12.72 m |
| Karin Meijer      | 9.7  | 2.08.3 | 1.15 m | 15.40 m |
| Louise Kemna      | 9.6  | 2.13.2 | 1.15 m | 14.90 m |
| Marielle Spanjer  | 10.7 | 2.17.5 | 1.20 m | 16.36 m |
| Inge Thijsen      | 11.2 | x      | 1.05 m | 14.68 m |

|               |      |        |        |         |
|---------------|------|--------|--------|---------|
| M.C.          | 80 m | 600 m  | Hoog   | Discus  |
| Magne Vogel   | 12.0 | 2.02.4 | 1.35 m | 14.80 m |
| Wilma te Raai | 12.4 | 2.14.5 | 1.25 m | 24.96 m |
| Karin Lukens  | 11.9 | 1.58.6 | 1.10 m | 13.78 m |

|                   |       |        |        |         |
|-------------------|-------|--------|--------|---------|
| M.B.              | 100 m | 600 m  | Hoog   | Discus  |
| Angeliën ten have | 15.2  | 2.04.0 | 1.40 m | 26.56 m |
| Marja werner      | 14.2  | 2.00.2 | 1.10 m | 15.60 m |
| Suzanne Assinck   | 15.1  | 2.00.7 | x      | 12.22 m |

|                |       |       |        |        |         |      |
|----------------|-------|-------|--------|--------|---------|------|
| Dames          | 100 m | 800 m | 1500 m | Ver    | Speer   |      |
| Ada ter Woerds | 16.2  |       | 6.36.2 | 4.12 m | 17.84 m | V 41 |
| Lianne Zuidema | 16.3  |       | 6.22.8 |        | 17.58 m | V 30 |

|                 |      |        |        |        |
|-----------------|------|--------|--------|--------|
| J.P.C.          | 40 m | 600 m  | Ver    | Kogel  |
| Hidde Braakman  | 8.5  | 2.35.8 | 2.29 m | 4.68 m |
| Maarten Geerdes | 8.8  | 3.40.1 | 2.00 m | 4.30 m |

|               |      |        |        |        |
|---------------|------|--------|--------|--------|
| J.P.B.        | 40 m | 600 m  | Ver    | Kogel  |
| Niek Thijssen | 7.3  | 2.15.6 | 3.30 m | 5.42 m |
| Armin Pillen  | 7.3  | 2.14.5 | 3.19 m | 4.68 m |
| Ard Nijkamp   | 8.0  | 2.28.8 | 2.87 m | 4.44 m |

|                 |      |        |        |        |
|-----------------|------|--------|--------|--------|
| J.P.A.          | 60 m | 600 m  | Ver    | Kogel  |
| Chris Meis      | 9.7  | 2.11.7 | 3.89 m | 6.60 m |
| Thijs Hesselink | 10.5 | 2.08.4 | 3.72 m | 7.40 m |
| Tamo Vogel      | 10.5 | 2.10.8 | 3.00 m | 5.88 m |
| Remco Nijkamp   | 11.8 | 2.18.6 | 3.00 m | 5.60 m |
| Wessel Braakman | 11.8 | 2.37.5 | 2.69 m | 4.26 m |
| Ruud Geerdes    | 11.6 | 2.53.0 | 2.62 m | 6.28 m |

|               |      |        |        |         |
|---------------|------|--------|--------|---------|
| J.D.          | 80 m | 800 m  | Ver    | Speer   |
| Joep Brinkers | 12.0 | 2.30.0 | 4.19 m | 23.02 m |

|                     |      |        |        |         |
|---------------------|------|--------|--------|---------|
| Arno Daleman        | 12.2 | 2.34.6 | 4.15 m | 24.00 m |
| Ruben Pillen        | 12.6 | 2.40.0 | 3.77 m | 28.18 m |
| Niek Blekkink       | 12.5 | 2.57.2 | 4.20 m | 27.82 m |
| Nick Kamers         | 12.0 | 2.36.8 | 4.06 m | 14.86 m |
| Kjell Vogel         | 12.6 | 2.41.7 | 3.90 m | 15.00 m |
| Roy Nijkamp         | 12.7 | 2.56.1 | 3.28 m | 22.36 m |
| Erwin Saaltink      | 13.2 | 2.55.8 | 3.41 m | 23.32 m |
| Andre Louis Wassink | 13.4 | 2.55.6 | 3.57 m | 17.50 m |
| Arend Fekkes        | 12.9 | 3.12.6 | 3.51 m | 10.16 m |
| Tom Braakman        | 14.1 | 3.03.6 | 2.96 m | 9.20 m  |

|                       |       |        |        |         |
|-----------------------|-------|--------|--------|---------|
| J.C.                  | 100 m | 800 m  | Ver    | Speer   |
| Xander Lutje Spelberg | 14.1  | 2.53.5 | 4.74 m | 29.74 m |
| Oscar Hendrikx        | 14.7  | 2.56.7 | 4.55 m | 23.44 m |

|                       |       |        |        |         |
|-----------------------|-------|--------|--------|---------|
| J.B.                  | 100 m | 800 m  | Ver    | Speer   |
| Mischa Lutje Spelberg | 12.7  | 2.31.6 | 5.66 m | 38.40 m |
| Ronald Boomkamp       | 14.8  | 2.16.1 | 4.03 m | 19.72 m |
| Michel Floors         | 14.1  | 2.59.5 | 4.44 m | 26.40 m |

### Eibergen 06-10-96 Clubkampioenschappen vervolg

|              |       |        |        |         |
|--------------|-------|--------|--------|---------|
| J.A.         | 100 m | 800 m  | Ver    | Speer   |
| Nick Maatman | 13.8  | 2.31.3 | 4.43 m | 28.46 m |
| Stefan Mol   | 16.1  | 3.10.0 | 3.70 m | 31.04 m |

|                     |       |        |        |         |      |
|---------------------|-------|--------|--------|---------|------|
| Heren               | 100 m | 800 m  | Ver    | Speer   |      |
| Herbert Garritsen   | 13.0  | 2.33.1 | 5.23 m | 40.92 m | M 30 |
| Dennis te Nijenhuis | 13.1  | 2.46.4 | 5.35 m | 42.16 m | M 22 |

|                    |       |        |        |         |      |
|--------------------|-------|--------|--------|---------|------|
| Heren Lopers       | 100 m | 1500 m | Ver    | Speer   |      |
| Robert Leussenkamp | 14.1  | 4.45.7 | 4.92 m | 35.53 m | M 31 |
| Henk Daleman       | 13.8  | 5.17.5 | 4.16 m | 26.38 m | M 43 |
| Henk Fontijn       | 14.7  | 5.10.1 | 4.26 m | 28.44 m | M 31 |
| Harry Kemna        | 14.6  | 5.21.7 | 4.35 m | 28.16 m | M 41 |
| Tonnie Vrieze      | 14.5  | 5.12.5 | 4.57 m | 19.68 m | M 43 |
| Theo Schootman     | 15.1  | 4.50.1 | 4.03 m | 20.30 m | M 47 |
| Dick Drenten       | 14.2  | 6.20.6 | 4.68 m | 20.98 m | M 43 |
| Henk Wielens       | 14.9  | 5.34.5 | 4.39 m | 21.14 m | M 46 |
| Hans Gerfen        | 15.1  | 5.24.7 | 3.82 m | 20.66 m | M 45 |

### Enschede 13-10-96 Baan Seizoenafsluiting AC Tion

|               |        |       |         |       |
|---------------|--------|-------|---------|-------|
| M.C.          | Kogel  |       | Discus  |       |
| Wilma te Raai | 8.80 m | 8e pl | 23.90 m | 3e pl |

|                       |        |       |        |       |        |       |
|-----------------------|--------|-------|--------|-------|--------|-------|
| J.C.                  | 100 mH |       | Ver    |       | Hoog   |       |
| Xander Lutje Spelberg | 18.9   | 4e pl | 4.96 m | 2e pl | 1.55 m | 2e pl |

### Eindhoven 13-10-96 13e Marathon en NK Marathon Veteranen

### Enschede 20-10-96 30e Rutbeekloop Recreatie Sport Twente

### Nijverdal 26-10-96 9e Diepehel Holterbergloop Athletics / Holten

|                 |         |      |
|-----------------|---------|------|
| Heren           | 10 EM   |      |
| Hans ter Woerds | 1.04.20 | M 41 |
| Mike Wientjes   | 1.06.05 | M 38 |
| Henk Wesselink  | 1.06.44 | M 46 |
| Hans Gerfen     | 1.10.41 | M 45 |

## Gaanderen 27-10-96 41e Argoloop AV Argo

## Enschede 27-10-96 Indoorwedstrijd AC Tion

|                     |       |        |        |          |
|---------------------|-------|--------|--------|----------|
| M.P.B.              | 40 m  | Hoog   | Kogel  |          |
| Maike Emsbroek      | 7.3   | 1.00 m | 4.32 m | 775 pnt  |
| Dieuwertje Hammer   | 7.8   | 0.80 m | 3.51 m |          |
| M.P.A.              | 60 m  | Hoog   | Kogel  |          |
| Reina Visser        | 10.4  | 1.10 m | 5.61 m | 883 pnt  |
| J.P.A.              | 60 m  | Hoog   | Kogel  |          |
| Chris Meis          | 9.7   | 1.15 m | 5.67 m | 1024 pnt |
| J.D.                | 60 mH | Hoog   |        |          |
| Andre Louis Wassing | 12.0  | 1.25 m |        |          |

## Aalten 01-11-96 Loohuiscross AVA 70

## Lochem 03-11-96 Wilde Zandcross AV Hanzesport

## Amsterdam 03-11-96 Delta Lloyd Amsterdam Marathon

## Haaksbergen 03-11-96 24e Pingelloop

|                      |         |      |
|----------------------|---------|------|
| M.P.B.               | 1000 m  |      |
| Willeke Egberts      | 3.35.0  |      |
| M.P.A.               | 1000 m  |      |
| Marike Brinkers      | 3.11.1  |      |
| Esli Vogel           | 3.14.0  |      |
| Justine Dijkstra     | 3.23.0  |      |
| Maike Emsbroek       | 3.37.0  |      |
| M.D.                 | 1800 m  |      |
| Suzanne ten Have     | 8.02.0  |      |
| Willeke te Winkel    | 8.10.0  |      |
| Reina Visser         | 8.13.0  |      |
| Nicole Roders        | 8.42.0  |      |
| Inge Thijsen         | 8.44.0  |      |
| Charlaine Dollenkamp | 8.47.0  |      |
| M.C.                 | 1800 m  |      |
| Karin Lukens         | 6.56.0  |      |
| Magne Vogel          | 7.16.0  |      |
| Karin Meijer         | 7.48.0  |      |
| Anne Heideveld       | 7.53.0  |      |
| Louise Kemna         | 8.08.0  |      |
| Marielle Spanjer     | 8.40.0  |      |
| M.B.                 | 2900 m  |      |
| Suzanne Dijkstra     | 11.01.0 |      |
| Dames                | 5800 m  |      |
| Gonny Spexgoor       | 22.45.0 | V 34 |
| Anjo Lutikholt       | 26.53.0 | V 26 |
| Lianne Zuidema       | 26.57.0 | V 30 |

|              |        |
|--------------|--------|
| J.P.C.       | 1000 m |
| Marco Roders | 4.00.0 |

|                 |        |
|-----------------|--------|
| J.P.B.          | 1000 m |
| Hidde Braakman  | 3.35.0 |
| Maarten Geerdes | 4.27.0 |

|                 |        |
|-----------------|--------|
| J.P.A.          | 1000 m |
| Tamo Vogel      | 3.04.0 |
| Armin Pillen    | 3.12.2 |
| Niek Thijssen   | 3.24.0 |
| Wessel Braakman | 3.47.0 |

|                     |         |
|---------------------|---------|
| J.D.                | 1800 m  |
| Joep Brinkers       | 6.00.5  |
| Kjell Vogel         | 6.31.0  |
| Tom Braakman        | 6.51.0  |
| Andre Louis Wassink | 6.58.0  |
| Chris Meis          | 7.19.0  |
| Thijs Hesselink     | 7.28.0  |
| Remco Nijkamp       | 7.34.0  |
| Arend Fekkes        | 8.09.0  |
| Ruud Geerdes        | 10.03.0 |

#### Haaksbergen 03-11-96 24e Pingelloop vervolg

|               |         |
|---------------|---------|
| J.C.          | 2900 m  |
| Arno Daleman  | 10.22.1 |
| Nick Kamers   | 10.43.0 |
| Ruben Pillen  | 11.25.0 |
| Roy Nijkamp   | 12.11.0 |
| Niek Blekkink | 12.27.0 |

|                 |         |
|-----------------|---------|
| J.A.            | 5800 m  |
| Ronald Boomkamp | 19.14.4 |
| Mark Orriëns    | 21.25.0 |

|                  |          |      |
|------------------|----------|------|
| Heren            | 11.600 m |      |
| Theo Schootman   | 40.59.0  | M 47 |
| Herman Heideveld | 44.43.0  | M 44 |
| Tonnie Vrieze    | 45.02.0  | M 33 |
| Mike Wientjes    | 45.47.0  | M 38 |
| Marty Gerfen     | 46.42.0  | M 53 |
| Henk Wesselink   | 47.50.0  | M 46 |
| Hans van Gerfen  | 49.19.0  | M 45 |
| Bennie Huirne    | 57.22.0  | M 61 |

#### Epe 09-11-96 1e Wedstrijd Oostelijke Cross Competitie

|                  |        |       |
|------------------|--------|-------|
| M.P.A. 1e j      | 1000 m |       |
| Marieke Brinkers | 4.09.1 | 4e pl |

|               |        |       |
|---------------|--------|-------|
| J.D. 2e j     | 2000 m |       |
| Joep Brinkers | 7.20.0 | 3e pl |

|              |         |        |
|--------------|---------|--------|
| J.C. 1e j    | 2500 m  |        |
| Arno Daleman | 9.49.2  | 4e pl  |
| Ruben Pillen | 10.14.6 | 9e pl  |
| Nick Kamers  | 10.21.9 | 12e pl |
| Roy Nijkamp  | 13.00.6 | 28e pl |



|                 |         |       |
|-----------------|---------|-------|
| J.A.            | 6000 m  |       |
| Ronald Boomkamp | 23.19.4 | 3e pl |

## Doetinchem 10-11-96 12e Intersport Halve Marathon AV Argo

### Enschede 17-11-96 Tion Cross 2e Wedstrijd TCC

|                 |        |       |
|-----------------|--------|-------|
| M.P.B.          | 1210 m |       |
| Willeke Egberts | 5.27   | 1e pl |

|                  |        |       |
|------------------|--------|-------|
| M.P.A.           | 1210 m |       |
| Marieke Brinkers | 4.47   | 2e pl |
| Justine Dijkstra | 5.00   |       |
| Esli Vogel       | 5.15   |       |
| Jolien Wansink   | 7.01   |       |

|              |        |  |
|--------------|--------|--|
| M.D.         | 1400 m |  |
| Reina Visser | 5.58   |  |
| Inge Thijsen | 6.35   |  |

|                  |        |       |
|------------------|--------|-------|
| M.C.             | 2100 m |       |
| Karin Lukens     | 8.41   | 2e pl |
| Magne Vogel      | 8.47   | 3e pl |
| Karin Meijer     | 9.02   |       |
| Anne Heideveld   | 9.32   |       |
| Louise Kemna     | 9.37   |       |
| Marielle Spanjer | 9.53   |       |

### Enschede 17-11-96 Tion Cross 2e Wedstrijd TCC vervolg

|                  |        |       |
|------------------|--------|-------|
| M.B.             | 2680 m |       |
| Suzanne Dijkstra | 10.05  | 1e pl |

|                |        |            |
|----------------|--------|------------|
| Dames          | 5360 m |            |
| Lianne Zuidema | 25.28  | V 30 3e pl |

|                 |        |  |
|-----------------|--------|--|
| J.P.B.          | 1210 m |  |
| Hidde Braakman  | 5.45   |  |
| Maarten Geerdes | 6.56   |  |

|                 |        |  |
|-----------------|--------|--|
| J.P.A.          | 1210 m |  |
| Armin Pillen    | 4.59   |  |
| Ard Nijkamp     | 5.09   |  |
| Niek Thijssen   | 5.10   |  |
| Wessel Braakman | 7.45   |  |
| Tamo Vogel      | 8.02   |  |

|                     |        |       |
|---------------------|--------|-------|
| J.D.                | 2100 m |       |
| Joep Brinkers       | 7.15   | 1e pl |
| Kjell Vogel         | 8.04   |       |
| Andre Louis Wassink | 8.14   |       |
| Tom Braakman        | 8.35   |       |
| Remco Nijkamp       | 8.46   |       |
| Thijs Hesselink     | 8.52   |       |
| Chris Meis          | 9.23   |       |
| Arend Fekkes        | 9.32   |       |
| Ruud Geerdes        | 11.44  |       |

|              |        |       |
|--------------|--------|-------|
| J.C.         | 2680 m |       |
| Arno Daleman | 9.46   | 3e pl |
| Ruben Pillen | 10.13  |       |

|               |       |
|---------------|-------|
| Roy Nijkamp   | 11.34 |
| Niek Blekkink | 12.00 |

|                 |        |       |
|-----------------|--------|-------|
| J.A.            | 5360 m |       |
| Ronald Boomkamp | 18.14  | 1e pl |

|                      |          |      |       |
|----------------------|----------|------|-------|
| Heren                | 10.720 m |      |       |
| Theo Schootman       | 37.55    | M 47 | 2e pl |
| Geert Klein Bruinink | 41.29    | M 31 |       |
| Tonnie Vrieze        | 41.40    | M 43 |       |
| Herman Heideveld     | 41.57    | M 44 |       |
| Mike Wientjes        | 43.03    | M 38 |       |
| Matty Gerfen         | 43.07    | M 53 | 3e pl |
| Henk Wesselink       | 43.40    | M 46 |       |
| Hans Gerfen          | 44.48    | M 45 |       |

### Nijmegen 17-11-96 13e Zevenheuvelenloop

|                |         |      |
|----------------|---------|------|
| Dames          | 15 km   |      |
| Gonny Spexgoor | 1.05.19 | V 35 |
| Anjo Lutikholt | 1.14.11 | V 26 |

|                 |         |      |
|-----------------|---------|------|
| Heren           | 15 km   |      |
| Dick Drenten    | 1.10.08 | M 43 |
| Peter Pietersen | 1.11.47 | M 46 |

### Aalten 23-11-96 Loohuiscross AVA '70

### Markelo 24-11-96 Herikerbergloop 2e Wedstrijd TCC AV Goor

|                 |        |       |
|-----------------|--------|-------|
| M.P.B.          | 1200 m |       |
| Willeke Egberts | 6.02   | 2e pl |

|                  |        |       |
|------------------|--------|-------|
| M.P.A.           | 1200 m |       |
| Marieke Brinkers | 5.12   | 3e pl |
| Justine Dijkstra | 5.51   |       |
| Maike Emsbroek   | 6.08   |       |

|                      |        |  |
|----------------------|--------|--|
| M.D.                 | 1600 m |  |
| Suzanne ten Have     | 7.25   |  |
| Willeke te Winkel    | 7.46   |  |
| Inge Thijsen         | 7.54   |  |
| Nicole Roders        | 8.11   |  |
| Charlaine Dollenkamp | 9.00   |  |

|                  |        |       |
|------------------|--------|-------|
| M.C.             | 1600 m |       |
| Karin Lukens     | 6.22   | 1e pl |
| Karin Meijer     | 6.45   | 2e pl |
| Anne Heideveld   | 6.54   |       |
| Louise Kemna     | 7.27   |       |
| Marielle Spanjer | 7.37   |       |

|                |        |      |
|----------------|--------|------|
| Dames          | 5000 m |      |
| Anjo Lutikholt | 24.00  | V 26 |
| Lianne Zuidema | 24.42  | V 30 |

|              |        |
|--------------|--------|
| J.P.C.       | 1200 m |
| Marco Roders | 6.38   |

|                 |               |  |
|-----------------|---------------|--|
| <b>J.P.B.</b>   | <b>1200 m</b> |  |
| Hidde Braakman  | 6.15          |  |
| Maarten Geerdes | 7.25          |  |

|               |               |  |
|---------------|---------------|--|
| <b>J.P.A.</b> | <b>1200 m</b> |  |
| Armin Pillen  | 5.19          |  |
| Ard Nijkamp   | 5.32          |  |
| Niek Thijssen | 5.37          |  |
| Rens Gehling  | 6.00          |  |

|                     |      |       |
|---------------------|------|-------|
| <b>J.D.</b>         |      |       |
| Joep Brinkers       | 5.37 | 1e pl |
| Kjell Vogel         | 6.27 |       |
| Tom Braakman        | 6.30 |       |
| Andre Louis Wassink | 6.35 |       |
| Thijs Hesselink     | 6.49 |       |
| Remco Nijkamp       | 6.52 |       |
| Ruud Geerdes        | 9.07 |       |

|               |               |       |
|---------------|---------------|-------|
| <b>J.C.</b>   | <b>2500 m</b> |       |
| Arno Daleman  | 9.03          | 3e pl |
| Ruben Pillen  | 9.34          |       |
| Roy Nijkamp   | 11.15         |       |
| Niek Blekkink |               |       |

|                 |               |       |
|-----------------|---------------|-------|
| <b>J.A.</b>     | <b>5000 m</b> |       |
| Ronald Boomkamp | 17.41         | 2e pl |
| Mark Orriens    | 18.48         | 3e pl |

|              |               |      |
|--------------|---------------|------|
| <b>Heren</b> | <b>5000 m</b> |      |
| Dick Drenten | 22.00         | M 43 |

## Markelo 24-11-96 Herikerbergloop 2e Wedstrijd TCC AV Goor vervolg

|                  |              |      |       |
|------------------|--------------|------|-------|
| <b>Heren</b>     | <b>10 km</b> |      |       |
| Theo Schootman   | 35.38        | M 47 | 3e pl |
| Tonnie Vrieze    | 38.56        | M 43 |       |
| Hans ter Woerds  | 39.26        | M 41 |       |
| Mike Wientjes    | 40.07        | M 38 |       |
| Henk Wesselink   | 40.36        | M 46 |       |
| Hans Gerfen      | 42.26        | M 45 |       |
| Peter Pietersen  | 47.09        | M 46 |       |
| Jan Homrighausen | 45.47        | M 42 |       |
| Theo Broekman    | 48.33        | M 48 |       |

## Enschede 30-11-96 Diesloop DAV Kronos 3e Wedstrijd TCC

|                  |              |        |
|------------------|--------------|--------|
| <b>M.P.A.</b>    | <b>950 m</b> |        |
| Marieke Brinkers | 3.47         | 3e pl  |
| Justine Dijkstra | 4.06         | 6e pl  |
| Maike Emsbroek   | 4.43         | 10e pl |
| Jolien Wansink   | 5.22         | 12e pl |

|                      |               |       |
|----------------------|---------------|-------|
| <b>M.D.</b>          | <b>1512 m</b> |       |
| Willeke te Winkel    | 7.10          | 6e pl |
| Charlaine Dollenkamp | 7.34          | 7e pl |

|              |               |       |
|--------------|---------------|-------|
| <b>M.C.</b>  | <b>1920 m</b> |       |
| Karin Lukens | 7.44          | 2e pl |

|                     |          |        |       |
|---------------------|----------|--------|-------|
| Karin Meijer        | 8.00     | 3e pl  |       |
| Marielle Spanjer    | 9.16     | 7e pl  |       |
| M.B.                | 1920 m   |        |       |
| Suzanne Dijkstra    | 7.32     | 1e pl  |       |
| Dames               | 5144 m   |        |       |
| Gonny Spexgoor      | 22.03    | V 35   | 2e pl |
| J.P.B.              | 950 m    |        |       |
| Hidde Braakman      | 4.38     | 5e pl  |       |
| J.P.A.              | 950 m    |        |       |
| Armin Pillen        | 3.44     | 5e pl  |       |
| Wessel Braakman     | 4.28     | 14e pl |       |
| J.D.                | 1920 m   |        |       |
| Joep Brinkers       | 6.53     | 1e pl  |       |
| Tom Braakman        | 7.29     | 6e pl  |       |
| Erwin Saaltink      | 7.45     | 10e pl |       |
| Andre Louis Wassink | 7.58     | 11e pl |       |
| Chris Meis          | 8.26     | 13e pl |       |
| Arend Fekkes        | 9.02     | 16e pl |       |
| J.C.                | 2572 m   |        |       |
| Ruben Pillen        | 10.03    | 1e pl  |       |
| Niek Blekkink       | 11.32    | 6e pl  |       |
| J.A.                | 6430 m   |        |       |
| Ronald Boomkamp     | 22.51    | 2e pl  |       |
| Mark Orriens        | 25.49    | 3e pl  |       |
| Heren               | 10.284 m |        |       |
| Theo Schootman      | 38.34    | M 47   | 4e pl |
| Matty Gerfen        | 43.52    | M 53   | 2e pl |

## Losser 08-12-96 Kerstcross Av Iphitos

|                  |        |        |  |
|------------------|--------|--------|--|
| M.P.A.           | 1000 m |        |  |
| Marieke Brinkers | 4.12   | 1e pl  |  |
| Justine Dijkstra | 4.30   | 5e pl  |  |
| Maike Emsbroek   | 5.18   | 10e pl |  |
| Jolien Wansink   | 6.08   | 12e pl |  |
| M.D.             | 1500 m |        |  |
| Suzanne ten Have | 7.34   | 6e pl  |  |
| Nicole Roders    | 8.27   | 9e pl  |  |
| M.C.             | 2000 m |        |  |
| Karin Lukens     | 8.48   | 2e pl  |  |
| Magne Vogel      | 9.24   | 3e pl  |  |
| Karin Meijer     | 9.26   | 4e pl  |  |
| Anne Heideveld   | 10.11  | 5e pl  |  |
| Louise Kemna     | 10.43  | 9e pl  |  |
| Marielle Spanjer | 11.17  | 10e pl |  |
| M.B.             | 2000 m |        |  |
| Suzanne Dijkstra | 8.06   | 2e pl  |  |
| Dames            | 5000 m |        |  |
| Ada ter Woerds   | 28.18  | V 41   |  |

|                         |                 |               |               |
|-------------------------|-----------------|---------------|---------------|
| <b>J.P.B.</b>           | <b>1000 m</b>   |               |               |
| <b>Hidde Braakman</b>   | <b>5.11</b>     | <b>8e pl</b>  |               |
| <b>J.P.A.</b>           | <b>1000 m</b>   |               |               |
| <b>Armin Pillen</b>     | <b>4.11</b>     | <b>5e pl</b>  |               |
| <b>Ard Nijkamp</b>      | <b>4.33</b>     | <b>13e pl</b> |               |
| <b>Wessel Braakman</b>  | <b>5.00</b>     | <b>19e pl</b> |               |
| <b>J.D.</b>             | <b>2000 m</b>   |               |               |
| <b>Joep Brinkers</b>    | <b>7.32</b>     | <b>1e pl</b>  |               |
| <b>Tom Braakman</b>     | <b>8.17</b>     | <b>6e pl</b>  |               |
| <b>Kjell Vogel</b>      | <b>8.23</b>     | <b>7e pl</b>  |               |
| <b>Remco nijkamp</b>    | <b>9.22</b>     | <b>17e pl</b> |               |
| <b>Erwin Saaltink</b>   | <b>9.39</b>     | <b>18e pl</b> |               |
| <b>Ruud Geerdes</b>     | <b>12.30</b>    | <b>21e pl</b> |               |
| <b>J.C.</b>             | <b>2500 m</b>   |               |               |
| <b>Arno Daleman</b>     | <b>9.51</b>     | <b>2e pl</b>  |               |
| <b>Ruben Pillen</b>     | <b>10.28</b>    | <b>3e pl</b>  |               |
| <b>Roy Nijkamp</b>      | <b>12.03</b>    | <b>6e pl</b>  |               |
| <b>J.A.</b>             | <b>6000 m</b>   |               |               |
| <b>Ronald Boomkamp</b>  | <b>22.34</b>    | <b>2e pl</b>  |               |
| <b>Mark Orriens</b>     | <b>24.37</b>    | <b>3e pl</b>  |               |
| <b>Dames</b>            | <b>5,4 km</b>   |               |               |
| <b>Ada ter Woerds</b>   | <b>28.18</b>    | <b>V 41</b>   |               |
| <b>Heren</b>            | <b>10,800 m</b> |               |               |
| <b>Theo Schootman</b>   | <b>39.31</b>    | <b>M 47</b>   | <b>3e pl</b>  |
| <b>Hans ter Woerds</b>  | <b>42.57</b>    | <b>M 41</b>   | <b>14e pl</b> |
| <b>Herman Heideveld</b> | <b>43.05</b>    | <b>M 44</b>   | <b>15e pl</b> |
| <b>Mike Wientjes</b>    | <b>43.56</b>    | <b>M 38</b>   | <b>18e pl</b> |
| <b>Matty Gerfen</b>     | <b>45.15</b>    | <b>M 53</b>   | <b>26e pl</b> |

## Haaksbergen 01-12-96 Bultencross ASV Eibergen

|                            |               |             |  |
|----------------------------|---------------|-------------|--|
| <b>M.P.A.</b>              | <b>1500 m</b> |             |  |
| <b>Justine Dijkstra</b>    | <b>7.29</b>   |             |  |
| <b>M.C.</b>                | <b>1500 m</b> |             |  |
| <b>Louise Kemna</b>        | <b>7.18</b>   |             |  |
| <b>M.B.</b>                | <b>4200 m</b> |             |  |
| <b>Suzanne Dijkstra</b>    | <b>18.30</b>  |             |  |
| <b>Dames</b>               | <b>4200 m</b> |             |  |
| <b>Yvonne van Loosen</b>   | <b>27.04</b>  | <b>V 41</b> |  |
| <b>Diny Willeminck</b>     | <b>27.04</b>  | <b>V 46</b> |  |
| <b>Dames</b>               | <b>7700 m</b> |             |  |
| <b>Lianne Zuidema</b>      | <b>38.58</b>  | <b>V 30</b> |  |
| <b>Anjo Luttkholt</b>      | <b>39.02</b>  | <b>V 26</b> |  |
| <b>Lucy Maarse</b>         | <b>47.07</b>  | <b>V 41</b> |  |
| <b>J.D.</b>                | <b>1500 m</b> |             |  |
| <b>Andre Louis Wassink</b> | <b>6.23</b>   |             |  |

|                  |          |      |
|------------------|----------|------|
| J.D.             | 4200 m   |      |
| Joep Brinkers    | 16.27    |      |
| J.C.             | 4200 m   |      |
| Arno Daleman     | 17.13    |      |
| J.A.             | 4200 m   |      |
| Stefan Mol       | ?        |      |
| J.A.             | 7700 m   |      |
| Ronald Boomkamp  | 28.33    |      |
| Heren            | 14.800 m |      |
| Theo Schootman   | 57.443   | M 47 |
| Hans ter Woerds  | 1.02.07  | M 41 |
| Henk Wesselink   | 1.03.53  | M 46 |
| Jan Hummelink    | 1.03.55  | M 45 |
| Hans Gerfen      | 1.08.17  | M 45 |
| Jan Homrighausen | 1.13.18  | M 42 |

### Lichtenvoorde 08-12 96 Theo Scharenborgloop

|                    |        |      |         |        |
|--------------------|--------|------|---------|--------|
| Dames              | 6,1 km |      |         |        |
| Gonny Spexgoor     | 27.45  | V 35 | Parcour | Record |
| Anjo Luttkholt     | 32.31  | V 26 |         |        |
| Heren              | 6,1 km |      |         |        |
| Robert Leussenkamp | 28.75  | M 31 |         |        |
| Dick Drenten       | 30.36  | M 43 |         |        |
| Peter Pietersen    | 31.16  | M 46 |         |        |

### Eibergen 11-12-96 Cooperttest ASV

### Borculo 14-12-96 Deoloop

|                |                |      |       |
|----------------|----------------|------|-------|
| Dames          | Halve Marathon |      |       |
| Gonny Spexgoor | 1.38.51        | V 35 | 1e pl |
| Heren          | 7 km           |      |       |
| Henk Fontijn   | 27.29          | M 31 |       |

### Apeldoorn 14-12-96 2e Wedstrijd Oostelijke Cross Competitie

|                  |        |        |
|------------------|--------|--------|
| M.P.A. 1e j      | 1000 m |        |
| Marieke Brinkers | 4.32   | 3e pl  |
| J.P.A. 1e j      | 1000 m |        |
| Armin Pillen     | 4.28   | 7e pl  |
| Ard Nijkamp      | 4.50   | 15e pl |
| J.D. 1e j        | 2000 m |        |
| Remco Nijkamp    | 10.25  | 34e pl |
| J.D. 2e j        | 2000 m |        |
| Joep Brinkers    | 7.53   | 2e pl  |
| J.C. 1e j        | 2500 m |        |
| Arno Daleman     | 9.47   | 4e pl  |
| Ruben Pillen     | 9.56   | 5e pl  |
| Nick Kamers      | 11.01  | 19e pl |
| Roy Nijkamp      | 12.19  | 34e pl |

|                 |        |       |  |
|-----------------|--------|-------|--|
| J.A.            | 6000 m |       |  |
| Ronald Boomkamp | 21.39  | 6e pl |  |

## Enschede 15-12-96 Tionloop

|                |         |      |       |
|----------------|---------|------|-------|
| Heren Vet 1    | 12,6 km |      |       |
| Theo Schootman | 46.41   | M 47 | 1e pl |

|              |         |      |       |
|--------------|---------|------|-------|
| Heren Vet 2  | 12,6 km |      |       |
| Matty Gerfen | 53.22   | M 53 | 1e pl |

## Almen 21-12-96 De Berkelloop SV Almen

## Rijssen 21-12-96 Schwarzwaldcross AV Rijssen

## Vriezenveen 27-12-96 Vjennecross AV Vriezeveen

## Meddo 29-12-96 Keiloop SV Meddo

## Vorden 29-12-96 Oudejaarscross

## Almelo 31-12-96 Oudejaarsloop Sisu

## Leden 1997

|                     |      |     |          |          |
|---------------------|------|-----|----------|----------|
| M.P.C.              |      |     |          |          |
| Hilde van den Bos   | 1990 | V 7 | 10.10.97 | 01.12.99 |
| Barbara Dijkstra    | 1989 | V 8 | 13.01.97 | 24.03.97 |
| Cherielle Dollekamp | 1989 | V 8 | 23.03.96 | 01.01.98 |
| Tiffanie Gussinklo  | 1989 | V 8 | 24.11.97 | 31.12.98 |
| Bente Hammer        | 1991 | V 6 | 17.11.97 | 01.07.04 |
| Franka Huizinga     | 1989 | V 8 | 02-06-97 | 31.12.98 |
| Emma koerts         | 1992 | V 5 | 10.12.97 | 01.11.99 |
| Loes te Loo         | 1990 | V 7 | 16.12.96 | 01.10.99 |
| Sherien Massoud     | 1990 | V 7 | 20.06.96 | 01.10.97 |
| Tessa Anne Mulkens  | 1991 | V 6 | 02.12.97 | 31.12.99 |
| Dorijn van de Voort | 1989 | V 8 | 24.11.97 | 01.12.98 |
| Lotte van der Voort | 1991 | V 6 | 16.11.97 | 01.12.98 |
| Laura Willekes      | 1989 | V 8 | 06.10.96 | 01.03.02 |

**M.P.B.**

|                 |      |     |          |          |
|-----------------|------|-----|----------|----------|
| Willeke Egberts | 1988 | V 9 | 08.10.96 | 30.06.97 |
| Joyce Hemelt    | 1988 | V 9 | 09.12.96 | 01.05.98 |
| Merel Maarse    | 1988 | V 9 | 17.02.97 | 01.04.98 |
| Lilian Meerbeek | 1988 | V 9 | 16-06-97 | 31.03.06 |

**M.P.A.**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Marieke Brinkers     | 1987 | V 10 | 01.10.94 | 30.04.06 |
| Justine Dijkstra     | 1986 | V 11 | 27.02.96 | 01.04.01 |
| Maike Emsbroek       | 1987 | V 10 | 01.10.94 | 01-10-02 |
| Dieuwertje Hammer    | 1987 | V 10 | 30.05.94 | 31.12.99 |
| Annemarie ten Hoopen | 1986 | V 11 | 01.07.95 | 01.08.98 |
| Esli Vogel           | 1986 | V 11 | 01.11.93 | 30.09.06 |
| Jolien Wansink       | 1987 | V 10 | 22.10.96 | 01.05.99 |
| Leonie Willekes      | 1986 | V 11 | 01-10-97 | 18-09-02 |

**M.D.**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Charlaine Dollenkamp | 1985 | V 12 | 11.01.96 | 01.11.97 |
| Ayan Falah Falah     | 1984 | V 13 | 05.11.97 | 01.12.98 |
| Suzanne ten Have     | 1985 | V 12 | 01.09.95 | 31.12.98 |
| Marjolein Hövels     | 1985 | V 12 | 29.09.97 | 01.06.98 |
| Nicole Roders        | 1985 | V 12 | 01.11.93 | 01.07.00 |
| Inge Thijssen        | 1984 | V 13 | 15.06.93 | 01.07.00 |
| Renske Visser        | 1985 | V 12 | 20.04.97 | 01.07.98 |
| Reina Visser         | 1985 | V 12 | 01.06.93 | 01.07.98 |
| Willeke te Winkel    | 1984 | V 13 | 01.07.96 | 01.08.04 |

**M.C.**

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Anne Heideveld   | 1983 | V 14 | 10.04.96 | 01.05.00 |
| Mirjam Heinneman | 1983 | V 14 | 12.11.97 | 01.09.99 |
| Louise Kemna     | 1983 | V 14 | 15.10.95 | 01.08.01 |
| Karin Lukens     | 1982 | V 15 | 15.04.90 | 01.12.99 |
| Karin Meijer     | 1983 | V 14 | 15.09.92 | 01.07.98 |
| Marielle Spanjer | 1983 | V 14 | 29.05.96 | 01.11.99 |
| Magne Vogel      | 1982 | V 15 | 31.10.93 | 01.08.00 |
| Marlon Wantia    | 1983 | V 14 | 10.11.97 | 01.10.99 |

**M.B.**

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Suzanne Assinck  | 1980 | V 17 | 01.08.95 | 01.07.98 |
| Suzanne Dijkstra | 1981 | V 16 | 27.10.93 |          |
| Lizette Hendrikx | 1981 | V 16 | 15.11.93 | 19.03.97 |
| Bella Hendrikx   | 1981 | V 16 | 15.11.93 | 19.03.97 |
| Wilma te Raai    | 1981 | V 16 | 20.04.94 | 31.12.99 |
| Marja Werner     | 1980 | V 17 | 16.10.95 | 01.08.98 |

**M.A.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Boukje Broekman   | 1978 | V 19 | 09.12.96 | 01.09.97 |
| Angeliën ten Have | 1979 | V 18 | 01.01.89 | 31.12.98 |
| Renate Hummelink  | 1978 | V 19 | 20-12-93 | 01.05.00 |
| Marieke Markerink | 1978 | V 19 | 17-01-94 | 01.03.00 |

**Dames**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Alie Bartelink       | 1944 | V 53 | 1976     |          |
| Marjet te Biesebeek  | 1961 | V 36 | 01.03.94 |          |
| Monique Blankvoort   | 1963 | V 34 | 14.05.96 |          |
| Tiny te Barge        | 1951 | V 46 | 03.03.97 | 01.04.01 |
| Ine Brinkman         | 1960 | V 37 | 01.06.85 | 31.12.99 |
| Ans Broekman         | 1951 | V 46 | 14.10.96 | 01.08.98 |
| Harriët van der Duim | 1964 | V 33 | 01.01.94 | 01.11.98 |



|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Wilma Emsbroek       | 1960 | V 37 | 01.01.97 |          |
| Truus Floor          | 1954 | V 43 | 01.09.95 |          |
| Joke Geerdes         | 1956 | V 41 | 28.08.96 |          |
| Alie ten Have        | 1956 | V 41 | 01.10.92 |          |
| Anne t'Hooft         | 1976 | V 21 | 03-02-97 | 01-08-97 |
| Inge ten Hoopen      | 1977 | V 20 | 29.04.96 | 22.04.97 |
| Erika ter Horst      | 1968 | V 29 | 27.04.96 | 01.12.97 |
| Lies Jacobs          | 1948 | V 49 | 01.10.90 | 14.04.97 |
| Selma Jurriëns       | 1959 | V 38 | 03.10.95 |          |
| Thea Kleine Punte    | 1940 | V 57 | 23-12-96 | 01-12-97 |
| Rolin Kluivers       | 1953 | V 44 | 01.09.91 |          |
| Margret Koerts       | 1962 | V 35 | 24.11.97 |          |
| Ans te Kulve         | 1955 | V 42 | 17.11.97 | 01.05.05 |
| Ursela te Loo        | 1965 | V 32 | 01.12.97 | 01.07.05 |
| Marga van Loosen     | 1955 | V 42 | 20.09.93 |          |
| Yvonne van Loosen    | 1955 | V 42 | 01.04.94 | 01.02.01 |
| Sacha Lutje Spelberg | 1948 | V 49 | 01.01.90 |          |
| Diana Luyrink        | 1959 | V 38 | 01.10.94 |          |
| Anjo Luttkholt       | 1970 | V 27 | 06.03.95 | 01.07.02 |
| Lucy Maarse          | 1955 | V 42 | 01.07.95 |          |
| Kitty de Marie       | 1947 | V 50 | 01.04.88 |          |
| Mira te Nijenhuis    | 1977 | V 20 | 07.10.84 | 01.05.00 |
| Janny Nijkamp        | 1957 | V 40 | 01.11.89 |          |
| Ali Siemerink        | 1954 | V 43 | 01.03.95 | 30.09.98 |
| Gonny Spexgoor       | 1961 | V 36 | 16.06.95 | 20.11.02 |
| Karin Tankink        | 1956 | V 41 | 01.10.89 |          |
| Ineke Visser         | 1955 | V 42 | 01.01.90 |          |
| Leonie Wenting       | 1969 | V 28 | 30.09.97 |          |
| Doris Willekes       | 1963 | V 34 | 01.05.84 | 01.11.02 |
| Diny Willemink       | 1950 | V 47 | 14.11.95 | 30.04.06 |
| Ada ter Woerds       | 1955 | V 42 | 01.03.94 | 01.09.00 |
| Lianne Zuidema       | 1966 | V 31 | 01.03.94 | 01.08.02 |

#### J.P.C.

|               |      |     |          |          |
|---------------|------|-----|----------|----------|
| Rinse Hammer  | 1989 | M 8 | 17.11.97 | 01.04.02 |
| Gijs Koerts   | 1991 | M 6 | 10.04.97 |          |
| Koen Maarse   | 1990 | M 7 | 01.10.96 | 01.11.99 |
| Marco Roders  | 1989 | M 8 | 15.03.95 | 31.12.98 |
| Thomas te Loo | 1992 | M 5 | 01.12.97 | 01.10.99 |

#### J.P.B.

|                 |      |     |          |          |
|-----------------|------|-----|----------|----------|
| Hidde Braakman  | 1988 | M 9 | 01.07.94 | 01.09.99 |
| Maarten Geerdes | 1988 | M 9 | 01.04.96 | 01.05.04 |
| Koen van de Bos | 1988 | M 9 | 10.10.97 | 01.12.99 |

#### J.P.A.

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| Wessel Braakman | 1986 | M 11 | 01.03.93 | 01.09.99 |
| Rens Geelink    | 1987 | M 10 | 01.04.96 | 01.10.97 |
| Ard Nijkamp     | 1987 | M 10 | 15.09.92 |          |
| Armin Pillen    | 1987 | M 10 | 15.04.93 | 25.08.02 |
| Niek Thijssen   | 1987 | M 10 | 08.11.93 | 15.07.01 |
| Tamo Vogel      | 1986 | M 11 | 01.11.92 | 01.11.03 |
| Kay Jansen      | 1987 | M 10 | 06.01.97 | 01.10.98 |

#### J.D.

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Sebastiaan Abbink | 1984 | M 13 | 06-10-97 | 01-02-98 |
| Tom Braakman      | 1984 | M 13 | 01.03.93 | 01.09.99 |
| Joep Brinkers     | 1984 | M 13 | 01.03.93 | 01.09.99 |

|                     |      |      |          |          |
|---------------------|------|------|----------|----------|
| Melvyn Doekharan    | 1984 | M 13 | 10.09.97 | 31.12.99 |
| Arend Fekkes        | 1984 | M 13 | 08.09.96 | 01.07.98 |
| Ruud Geerdes        | 1985 | M 12 | 01.01.97 | 31.03.03 |
| Thijs Hesselink     | 1985 | M 12 | 06.12.95 | 03.10.02 |
| Chris Meis          | 1985 | M 12 | 12.02.96 | 01.11.98 |
| Maikel Nijhuis      | 1984 | M 13 | 07.04.97 | 01.12.00 |
| Remco Nijkamp       | 1985 | M 12 | 15.02.91 |          |
| Frank van Rooijen   | 1984 | M 13 | 23.06.97 | 31.12.02 |
| Erwin Saaltink      | 1984 | M 13 | 03.09.96 | 01.04.98 |
| Kjell Vogel         | 1984 | M 13 | 01.03.91 |          |
| Andre Louis Wassink | 1984 | M 13 | 01.09.91 | 16.08.02 |

#### J.C.

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Niek Blekkink         | 1983 | M 14 | 01.09.95 | 01.04.05 |
| Joep Brinkers         | 1983 | M 14 | 01.02.92 |          |
| Arno Daleman          | 1983 | M 14 | 01.03.91 | 01-10-97 |
| Oscar Hendrikx        | 1982 | M 15 | 01.12.92 | 19.03.97 |
| Nick Kamers           | 1983 | M 14 | 06.03.93 |          |
| Xander Lutje Spelberg | 1982 | M 15 | 01.06.94 | 01.11.97 |
| Roy Nijkamp           | 1983 | M 14 | 01.10.90 |          |
| Ruben Pillen          | 1983 | M 14 | 01.06.90 | 01.05.00 |
| Remco Verdoold        | 1982 | M 15 | 21.02.96 | 01.04.98 |

#### J.B.

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Joost Ottink          | 1980 | M 17 | 01.06.90 | 03.11.02 |
| Mischa Lutje Spelberg | 1980 | M 17 | 02.04.97 | 01.11.97 |

#### J.A.

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| Ronald Boomkamp | 1979 | M 18 | 01.07.87 |          |
| Wilfred Brons   | 1978 | M 19 | 01.10.92 | 01.11.98 |
| Nick maatman    | 1978 | M 19 | 01.04.86 |          |
| Stefan Mol      | 1978 | M 19 | 01.11.92 | 01.07.00 |
| Mark Orriëns    | 1979 | M 18 | 01.09.95 | 01.05.99 |
| Michel Floors   | 1979 | M 18 | 01.09.95 | 01.01.98 |

#### Heren

|                    |      |      |          |          |
|--------------------|------|------|----------|----------|
| Joop Bartelink     | 1940 | M 57 | 08-05-05 |          |
| Gerton Berkemeijer | 1975 | M 22 | 01.05.88 | 01.11.98 |
| Marcel Bos         | 1972 | M 25 | 27.09.93 | 01.10.98 |
| Theo Broekman      | 1948 | M 49 | 03.10.93 | 31.12.01 |
| Dewald Bruntink    | 1976 | M 21 | 05.05.97 | 01.05.99 |
| Henk Daleman       | 1953 | M 44 | 01.01.95 | 31.12.00 |
| Dick Drenten       | 1953 | M 44 | 08.03.95 |          |
| Marty Firing       | 1945 | M 52 | 1976     |          |
| Mark Floor         | 1974 | M 23 | 07.03.95 | 01.06.04 |
| Henk Fontijn       | 1965 | M 32 | 23.11.95 | 01.08.02 |
| Herbert Garritsen  | 1966 | M 31 | 28-05-05 |          |
| Hans Garritsen     | 1946 | M 51 | 01.02.87 | 01.07.98 |
| Matty Gerfen       | 1943 | M 54 | 01.12.94 | 31.12.04 |
| Hans Gerfen        | 1951 | M 46 | 20.01.93 | 01.05.00 |
| Leo Groot Zevert   | 1935 | M 64 | 28.04.97 | 28.02.05 |
| Ben Harbers        | 1975 | M 22 | 01.09.91 | 16.08.02 |
| Henk Jan Harbers   | 1966 | M 29 | 28.02.95 | 01.08.97 |
| Gerrit Harder      | 1953 | M 44 | 01.09.93 | 31.12.05 |

#### Heren vervolg

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Joop Haarlink    | 1954 | M 43 | 09.09.96 | 13.10.02 |
| Herman Heideveld | 1952 | M 45 | 01.06.93 | 01.07.06 |
| Ewald Hendriks   | 1965 | M 32 | 01.04.93 | 01.07.99 |
| Herman Hilhorst  | 1966 | M 31 | 09.11.96 | 11.11.02 |
| Jan Homrighausen | 1954 | M 42 | 01.09.93 |          |
| Bennie Huirne    | 1935 | M 62 | 01.01.92 |          |
| Jan Hummelink    | 1951 | M 46 | 10.02.96 | 01.12.98 |
| L. Ijssenagger   | 1910 | M 87 | 1948     | 16-03-00 |
| Gerrit Kamers    | 1956 | M 41 | 15.11.93 | 29-11-10 |

Erelid

|                        |      |      |          |          |        |
|------------------------|------|------|----------|----------|--------|
| Harry Kemna            | 1955 | M 42 | 06.09.94 | 01.10.99 |        |
| Geert Klein Bruinink   | 1965 | M 32 | 11.04.92 |          |        |
| Gerard Klein Wolterink | 1968 | M 29 | 18.12.96 | 01.04.01 |        |
| Henk Klein Wolterink   | 1965 | M 32 | 20.05.96 | 01.07.00 |        |
| Alan Knigge            | 1963 | M 34 | 03.05.97 |          |        |
| Jos Kolner             | 1958 | M 39 | 04.02.97 | 01.07.99 |        |
| Gerrit kuipers         | 1961 | M 37 | 11-12-95 |          |        |
| Erwin Leussenkamp      | 1969 | M 28 | 01.08.81 | 01.12.05 |        |
| Robert Leussenkamp     | 1965 | M 32 | 01.08.81 | 01.04.02 |        |
| Marcel Liebrand        | 1959 | M 38 | 01.06.85 |          |        |
| Albert Lukens          | 1949 | M 48 | 01.10.92 |          |        |
| Tonnie Lutikholt       | 1954 | M 43 | 25-05-05 |          |        |
| Alfred Meekes          | 1975 | M 22 | 01.05.86 |          |        |
| Paul Nijenhuis         | 1959 | M 35 | 27.11.95 |          |        |
| Ben te Nijenhuis       | 1948 | M 49 | 1987     | 2003     |        |
| Dennis te Nijenhuis    | 1974 | M 23 | 07.10.84 |          |        |
| Theo Nijhuis           | 1951 | M 46 | 21.12.94 | 01.01.98 |        |
| Theo Nijkamp           | 1952 | M 45 | 25-05-05 |          |        |
| Freek Notten           | 1951 | M 46 | 01.03.92 | 01.11.01 |        |
| Peter Pietersen        | 1950 | M 47 | 23.09.96 | 01.10.98 |        |
| Huub Ras               | 1930 | M 67 | 09-05-05 |          |        |
| Roy Reimerink          | 1974 | M 23 | 08-04-97 | 01-03-98 |        |
| Jos van Rooijen        | 1947 | M 50 | 01.04.95 | 31.12.05 |        |
| Martin Rooks           | 1955 | M 42 | 29.10.97 |          |        |
| Rene Rouwenhorst       | 1965 | M 32 | 18.03.96 | 01.09.97 |        |
| Dirk Schilp            | 1947 | M 50 | 29.05.96 | 01.04.00 |        |
| Theo Schootman         | 1949 | M 48 | 01.12.92 |          |        |
| Leo Sijtsma            | 1941 | M 56 | 01.11.92 | 31.12.99 |        |
| Arie Simmelink         | 1932 | M 65 | 1952     | 1998     | Erelid |
| Jan Staring            | 1945 | M 52 | 22.04.92 | 01.04.01 |        |
| Erik Stotelder         | 1962 | M 36 | 01.11.91 | 01.10.99 |        |
| Hennie Temmink         | 1943 | M 54 | 01.01.84 |          |        |
| Pim Temmink            | 1973 | M 24 | 02.11.96 | 31.12.02 |        |
| Mark Temmink           | 1972 | M 25 | 01.06.85 | 31.12.99 |        |
| Bert Vogel             | 1953 | M 44 | 04-11-93 |          |        |
| Ronny Vogt             | 1968 | M 29 | 1995     | 01.05.99 |        |
| Tonnie Vrieze          | 1953 | M 44 | 04.09.95 | 01.11.99 |        |
| Pim van Vuren          | 1947 | M 50 | 01.10.93 |          |        |
| Rob van Waardenburg    | 1974 | M 23 | 24.06.97 | 31.01.98 |        |
| Johan Wansing          | 1932 | M 65 | 01-05-05 |          |        |
| Jo Wassink             | 1948 | M 49 | 01.08.95 | 31.12.05 |        |
| Rudy Wedel             | 1947 | M 50 | 14-05-05 |          |        |
| Michel Wenting         | 1968 | M 29 | 30-09-97 |          |        |
| Henk Wesselink         | 1950 | M 47 | 01.12.92 | 01.07.02 |        |
| Henk Wielens           | 1947 | M 50 | 01.09.94 | 31.12.98 |        |
| Mike Wientjes          | 1958 | M 39 | 01.03.92 | 01.09.02 |        |
| Wim Wieskamp           | 1946 | M 51 | 01.04.93 | 01.07.98 |        |
| Bernhard Wiggers       | 1925 | M 72 |          | 31-12-97 |        |
| Jan Wikkerink          | 1954 | M 43 | 01.07.97 |          |        |
| Gerard Willekes        | 1956 | M 41 | 01-03-90 |          |        |
| Hans ter Woerds        | 1955 | M 42 | 01.11.91 | 01.03.01 |        |

1997

Oldenzaal 01-01-97 Nieuwjaarsloop LAAC

Eibergen 05-01-97 Nieuwjaarscross ASV

**Enschede 12-01-97 Indoorwedstrijd AC Tion**

**Hengelo 12-01-97 1e Woolderesloop MPM**

**Eibergen 18-01-97 Crossloop Sportclub Eibergen**

|                |        |       |       |
|----------------|--------|-------|-------|
| Dames          | 10 km  |       |       |
| Lianne Zuidema | 36.13  | V 31  | 1e pl |
| J.P.A.         | 1000 m |       |       |
| Tamo Vogel     | 4.12   | 1e pl |       |

**Nijverdal 18-01-97 Duivencatecross AV Athletics**

**Enschede 19-01-97 38e Bommelasloop RST**

**Haaksbergen 19-01-97 4e Watermolenloop**

|                |         |      |       |
|----------------|---------|------|-------|
| Dames          | 10 km   |      |       |
| Anjo Luttkholt | 48.13   | V 27 |       |
| Heren          | 10 km   |      |       |
| Gerrit Kamers  | 48.08   | M 41 |       |
| Heren          | 15 km   |      |       |
| Theo Schootman | 54.52   | M 48 | 1e pl |
| Mike Wientjes  | 1.00.20 | M 39 |       |
| Matty Gerfen   | 1.04.00 | M 54 |       |
| Hans Gerfen    | 1.07.12 | M 46 |       |

**Zwolle 25/26-01-97 AA Drink 25e Indoor Zwolle tevens NK Meerkamp Senioren AB Junioren**

**Zwolle 25-01-97 Open Oost Nederlands Kampioenschap CD Junioren**

**Zwolle 26-01-97 Open Oost Nederlands Kampioenschap Senioren AB Junioren**

**Enschede 26-01-97 Tionloop**

**Apeldoorn 01-02-97 24e Midwintermarathon**

**Enschede 02-02-97 Indoorwedstrijd AC Tion**

**Hengelo 02-02-97 2e Woolderesloop**

**Eibergen 08-02-97 Karnevalsloop ASV**

Lichtenvoorde 09-02-97 Schansloop

Almelo 09-02-97 Luctorloop

Den Haag 15/16-02-97 NK AB Junioren KNAU

Uift 22-02-97 2e Engbergenloop Atletico '73

Den Haag 22/23-02-97 NK Senioren en Nationale C Spelen KNAU

Winterswijk 01-03-97 9e Engelse Mijlenloop AV Archeus

|                 |         |      |
|-----------------|---------|------|
| Heren           | 10 EM   |      |
| Theo Schootman  | 59.44   | M 48 |
| Mike Wientjes   | 1.05.21 | M 39 |
| Marcel Bos      | 1.07.38 | M 25 |
| Henk Fontijn    | 1.08.24 | M 32 |
| Hans van Gerfen | 1.10.22 | M 46 |

Markelo 01-03-97 Herikerbergloop AV Goor

Apeldoorn 02-03-97 NK Veldlopen

|                 |        |      |        |
|-----------------|--------|------|--------|
| J.A.            | 8250 m |      |        |
| Ronald Boomkamp | 29.36  | M 18 | 16e pl |

Enschede 02-03-97 Tionloop AC Tion

Dortmund 02-03-97 Indoorwedstrijd TSV Kirchlinde

|              |      |       |        |        |
|--------------|------|-------|--------|--------|
| M.B.         | 60 m | 60 mh | 800 m  | Ver    |
| Karin Lukens | 8.9  |       | 2.45.2 |        |
| Wilma te Raa |      | 11.97 |        | 3.97 m |

|                   |      |       |        |        |
|-------------------|------|-------|--------|--------|
| M.A.              | 60 m | 200 m | H.S.S. | Kogel  |
| Renate Hummelink  | 8.5  | 29.86 |        |        |
| Angelien ten Have |      |       | 9.42 m | 9.52 m |

|                       |        |  |  |
|-----------------------|--------|--|--|
| J.B.                  | Ver    |  |  |
| Joost Ottink          | 4.02 m |  |  |
| Xander Lutje Spelberg | 5.03 m |  |  |

|              |        |        |         |
|--------------|--------|--------|---------|
| J.A.         | 800 m  | 1500 m | Kogel   |
| Mark Orriëns | 2.09.6 |        |         |
| Nick Maatman |        | 4.42.8 |         |
| Stefan Mol   |        |        | 10.82 m |

|                     |       |        |         |      |
|---------------------|-------|--------|---------|------|
| Heren               | 60 mh | Ver    | H.S.S.  |      |
| Alfred Meekes       | 11.18 |        |         | M 22 |
| Dennis te Nijenhuis |       | 5.39 m | 10.88 m | M 23 |
| Herbert Garritsen   |       | 5.13 m |         | M 31 |

Den Haag 09-03-97 Nationale D Spelen Startbaan

**Enschede 09-03-97 31e Rutbeekloop Recreatie Sport Twente**

**Eibergen 12-03-97 Coopertest ASV**

**Nijverdal 15-03-97 Duivecatecross AV Athletics**

**Enschede 16-03-97 indoorwedstrijd AC Tion**

|                     |      |        |        |        |
|---------------------|------|--------|--------|--------|
| M.P.C.              | 40   | Hoog   | Kogel  |        |
| Laura Willekes      | 7.8  | 0.80 m | 3.80 m |        |
| M.P.A.              | 60 m | Hoog   | Kogel  |        |
| Maike Emsbroek      | 10.1 | 0.95 m | 5.60 m |        |
| Diewertje Hammer    | 11.0 | 0.90 m | 4.49 m |        |
| M.D.                | 60 m | Hoog   | Kogel  |        |
| Reina Visser        | 10.2 | 1.15 m | 6.05 m |        |
| Susanne ten Have    | 9.9  | 1.10 m | 5.73 m |        |
| M.C.                | 60 m | Kogel  |        |        |
| Louise Kemna        | 9.6  | 6.16 m |        |        |
| J.D.                | 60 m | 60 mh  | Hoog   | Kogel  |
| Andre Louis Wassing |      | 12.1   | 1.30 m |        |
| Chris Meiss         | 9.5  |        | 1.15 m | 6.00 m |

**Hengelo 16-03-97 4e Woolderesloop M.P.M.**

**Haaksbergen 23-03-97 3e EM Loop**

|                      |         |      |  |
|----------------------|---------|------|--|
| Dames                | 5 EM    |      |  |
| Anjo Luttkholt       | 38.11   | V 27 |  |
| Harriët van der Duim | 41.22   | V 33 |  |
| Yvonne van Loosen    | 52.04   | V 42 |  |
| Dames                | 10 EM   |      |  |
| Diana Luyrink        | 1.10.13 | V 38 |  |
| Gonny Spexgoor       | 1.13.10 | V 36 |  |
| Monique Blankvoort   | 1.26.24 | V 34 |  |
| Rolin Kluivers       | 1.31.51 | V 44 |  |
| Truus Floor          | 1.32.50 | V 43 |  |
| Heren                | 5 EM    |      |  |
| Robert Leussenkamp   | 30.58   | M 32 |  |
| Joost Ottink         | 38.33   | J.B. |  |
| Dick Drenten         | 39.42   | M 44 |  |
| Heren                | 10 EM   |      |  |
| Theo Schootman       | 58.01   | M 48 |  |
| Geert Klein Bruinink | 1.00.27 | M 32 |  |
| Tonnie Vrieze        | 1.02.58 | M 44 |  |
| Mike Wientjes        | 1.04.24 | M 39 |  |
| Hans ter Woerds      | 1.06.05 | M 42 |  |
| Jan Hummelink        | 1.08.03 | M 46 |  |
| Matty Gerfen         | 1.08.56 | M 54 |  |
| Hans van Gerfen      | 1.09.32 | M 46 |  |
| Bert Vogel           | 1.11.12 | M 44 |  |

|               |         |      |
|---------------|---------|------|
| Gerrit Kamers | 1.19.44 | M 41 |
| Bennie Huirne | 1.24.00 | M 62 |
| Theo Broekman | 1.24.47 | M 49 |

## Eibergen 23-03-97 Clubkampioenschappen Indoor

|                       |      |        |        |         |      |
|-----------------------|------|--------|--------|---------|------|
| M.P.C.                | 30 m | Ver    | Kogel  | Bal     |      |
| Laura Willekes        | 6.9  | 2.15 m | 4.64 m | 11.16 m |      |
| Cherielle Dollekamp   | 7.5  | 1.97 m | 4.68 m | 10.08 m |      |
| Loes te Loo           | 8.2  | 1.91 m | 3.68 m | 13.10 m |      |
| M.P.B.                | 30 m | Ver    | Kogel  | Bal     |      |
| Merel Maarse          | 7.4  | 2.24 m | 3.40 m | 10.24 m |      |
| Joyce Hemelt          | 8.1  | 1.85 m | 2.50 m | 5.98 m  |      |
| M.P.A.                | 30 m | Ver    | Kogel  | Bal     |      |
| Maike Emsbroek        | 6.3  | 2.96 m | 5.78 m | 17.56 m |      |
| Marieke Brinkers      | 6.6  | 2.69 m | 3.88 m | 10.16 m |      |
| Dieuwertje Hammer     | 6.8  | 2.39 m | 4.24 m | 11.36 m |      |
| M.D.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Willeke te Winkel     | 5.7  | 3.17 m | 1.25 m | 6.54 m  |      |
| Suzanne ten Have      | 6.2  | 3.74 m | 1.15 m | 6.17 m  |      |
| Nicole Roders         | 6.3  | 3.19 m | 1.00 m | 6.28 m  |      |
| Charlaine Dollenkamp  | 6.6  | 2.84 m | 1.00 m | 7.00 m  |      |
| M.B.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Marja Werner          | 5.5  | 4.13 m | 1.30 m | 7.47 m  |      |
| Wilma te Raai         | 6.2  | 3.26 m | 1.35 m | 9.15 m  |      |
| M.A.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Angeliën ten Have     | 5.7  | 3.83 m | 1.40 m | 8.67 m  |      |
| J.P.C.                | 30 m | Ver    | Kogel  | Bal     |      |
| Koen Maarse           | 8.3  | 1.77 m | 4.20 m | 8.92 m  |      |
| J.P.A.                | 30 m | Ver    | Kogel  | Bal     |      |
| Armin Pillen          | 6.6  | 2.71 m | 5.42 m | 24.66 m |      |
| Ard Nijkamp           | 6.7  | 2.73 m | 4.81 m | 16.60 m |      |
| J.D.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Joep Brinkers         | 5.5  | 4.27 m | 1.25 m | 6.40 m  |      |
| Andre Louis Wassink   | 6.0  | 4.05 m | 1.30 m | 7.04 m  |      |
| Erwin Saaltink        | 6.1  | 4.01 m | 1.30 m | 6.64 m  |      |
| Arend Fekkes          | 6.0  | 3.89 m | 1.25 m | 6.66 m  |      |
| Chris Meis            | 6.0  | 4.17 m | 1.10 m | 5.74 m  |      |
| Remco Nijkamp         | 6.6  | 2.60 m | 1.05 m | 4.72 m  |      |
| J.C.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Xander Lutje Spelberg | 5.6  | 4.71 m | 1.55 m | 8.33 m  |      |
| Remco Verdoold        | 5.5  | 4.12 m | 1.40 m | 8.27 m  |      |
| Niek Blekkink         | 5.6  | 3.93 m | 1.45 m | 7.57 m  |      |
| Roy Nijkamp           | 5.8  | 3.76 m | 1.20 m | 6.87 m  |      |
| Ruben Pillen          | 5.8  | 3.60 m | 1.30 m | 5.91 m  |      |
| J.B.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Mischa Lutje Spelberg | 5.2  | 4.95 m | 1.60 m | 10.37   |      |
| J.A.                  | 30 m | Ver    | Hoog   | Kogel   |      |
| Nick maatman          | 5.4  | 4.64 m | 1.60 m | 9.45 m  |      |
| Stefan Mol            | 5.7  | 3.90 m | 1.45 m | 11.77 m |      |
| Heren                 | 30 m | Ver    | Hoog   | Kogel   |      |
| Herbert Garritsen     | 5.2  | 4.96 m | 1.65 m | 8.58 m  | M 31 |
| Dennis te Nijenhuis   | 5.3  | 5.24 m | 1.55 m | 9.40 m  | M 23 |

Gaanderen 23-03-97 27e Achterhoekcross AV Argo

Neede 29-03-97 Paasveldloop

Lichtervoorde 30-03-97 Paasloop

Almelo 31-03-97 Omloop van Almelo AAV Sisu

Diepenheim 05-04-97 Crossloop

Nijverdal 05-04-97 Duivecatecross AV Athletics

Almelo 05-04-97 Baanopeningswedstrijd Pulillen C/D Junioren AAV Sisu

Vorden 06-04-97 Acht Kastelen Minimathon VV Vorden

Enschede 06-04-97 Tionloop AC Tion

### Hengelo 12-04-97 1e Medaillewedstrijd

|                |        |        |         |
|----------------|--------|--------|---------|
| M.P.C.         | 600 m  | Ver    | Bal     |
| Laura Willekes | 2.41.9 | 2.79 m | 13.67 m |

|                 |        |        |         |
|-----------------|--------|--------|---------|
| M.P.B.          | 1000 m | Ver    | Bal     |
| Merel maarse    | 5.28.6 | 2.76 m | 11.13 m |
| Willeke Egberts | 4.20.1 | 3.04   | 19.69 m |

|                  |      |        |         |
|------------------|------|--------|---------|
| M.P.A.           | 60 m | Hoog   | Bal     |
| Diewertje Hammer | 10.9 | 0.90 m | 9.70 m  |
| Justine Dijkstra | 9.6  | 0.95 m | 13.84 m |
| Maïke Emsbroek   | 9.7  | 0.95 m | 16.96 m |

|                     |      |        |        |
|---------------------|------|--------|--------|
| M.D.                | 60 m | Hoog   | Kogel  |
| Willeke te Winkel   | 9.1  | 1.25 m | 6.74 m |
| Reina Visser        | 9.9  | 1.15 m | 6.42 m |
| Charlaine Dollekamp | 10.3 | x      | 6.51 m |
| IngeThijssen        | 10.2 | 1.10 m | 6.46 m |

|              |        |     |         |
|--------------|--------|-----|---------|
| M.C.         | 600 m  | Ver | Speer   |
| Karin Lukens | 2.00.8 | x   | 14.42 m |

|               |        |        |        |
|---------------|--------|--------|--------|
| J.P.A.        | 1000 m | Ver    | Kogel  |
| Ard Nijkamp   | 4.13.3 | 2.66 m | 4.56 m |
| Armin Pillen  | 4.13.0 | 2.78 m | 5.53 m |
| Niek Thijssen | 4.21.8 | 3.24 m | 4.37 m |

|                     |        |        |        |
|---------------------|--------|--------|--------|
| J.D.                | 1000 m | Ver    | Kogel  |
| Erwin Saaltink      | 3.49.1 | 3.56 m | 6.70 m |
| Remco Nijkamp       | 4.10.9 | 2.92 m | 4.61 m |
| Andre Louis Wassink | 3.42.5 | 3.85 m | 6.49 m |
| Thijs Hesselink     | 3.55.3 | 3.53 m | 6.91 m |
| Maikel Nijhuis      | 3.26.3 | 3.68 m | 6.25 m |



|                       |        |        |         |
|-----------------------|--------|--------|---------|
| Arend Fekkes          | 4.14.9 | 3.62 m | 5.54 m  |
| J.C.                  | 100 m  | Hoog   | Speer   |
| Arno Daleman          | 14.2   | 1.35 m | 14.68 m |
| Nick Kamers           | 14.3   | 1.25 m | 14.06 m |
| Niek Blekkink         | 13.9   | 1.35 m | 27.98 m |
| Ruben Pillen          | 14.7   | 1.20 m | 22.94 m |
| Remco Verdoold        | 13.9   | 1.40 m | 24.56 m |
| Roy Nijkamp           | 14.1   | 1.25 m | 20.04 m |
| Xander Lutje Spelberg | 13.1   | 1.50 m | 30.42 m |

### Oldenzaal 13-04-97 Hoge Lage Torenloop DAV Kronos

|                  |         |      |  |
|------------------|---------|------|--|
| Dames            | 15 km   |      |  |
| Lilianne Zuidema | 1.17.24 |      |  |
| Heren            | 15 km   |      |  |
| Theo Schootman   | 53.21   | M 48 |  |
| Henk Daleman     | 1.01.33 | M 44 |  |
| Matty Gerfen     | 1.03.32 | M 54 |  |

### Enschede 13-04-97 Senioren Junioren A/B Baanwedstrijd AC Tion

### Enschede 13-04-97 Hoge Lage Torenloop Kronos

### Haaksbergen 19-04-97 Blokmeerkamp pupillen CD Junioren

|                       |       |        |         |         |         |
|-----------------------|-------|--------|---------|---------|---------|
| M.P.C.                | 40 m  | 600 m  | Ver     | Bal     |         |
| Laura Willekes        | 7.6   | 2.40.8 | 2.60 m  | 15.96 m |         |
| M.P.B.                | 40 m  | Hoog   | Bal     |         |         |
| Joyce Hemelt          | 8.6   | 0.95 m | 11.44 m |         |         |
| M.P.A.                | 60 m  | 1000 m | Ver     | Kogel   |         |
| Maike Emsbroek        | 9.9   | 4.16.7 | 3.27 m  | 5.25 m  |         |
| Esli Vogel            | 10.1  | 4.05.1 | 3.30 m  | 4.80 m  |         |
| Justine Dijkstra      | 9.8   | 4.15.2 | 3.21 m  | 4.21 m  |         |
| M.C.                  | 80 m  | 80 mh  | Hoog    | Kogel   | Discus  |
| Magne Vogel           | 11.5  | 15.4   | 1.45 m  | 7.42 m  | 14.68 m |
| J.P.A.                | 60 m  | 1000 m | Ver     | Kogel   |         |
| Armin Pillen          | 10.3  | 4.10.5 | 2.44 m  | 5.36 m  |         |
| Ard Nijkamp           | 11.3  | 4.23.1 | 2.68 m  | 4.63 m  |         |
| J.D.                  | 80 m  | 80 mh  | 1000 m  | Ver     | Kogel   |
| Andre Louis Wassink   | 12.2  | 16.1   | 3.38.5  | 3.63 m  | 6.71 m  |
| Maikel Nijhuis        | 12.5  | 16.6   | 3.32.9  | 3.64 m  | 5.83 m  |
| Erwin Saaltink        | 12.8  | 17.4   | 3.55.2  | 3.54 m  | 6.67 m  |
| Arend Fekkes          | 12.6  | 17.1   | 4.13.2  | 3.37.m  | 5.57 m  |
| Remco Nijkamp         | 13.5  | 23.5   | 4.00.0  | 2.75 m  | 4.49 m  |
| J.C.                  | 100 m | 100 mh | Ver     | Kogel   | Discus  |
| Xander Lutje Spelberg | 13.4  | 17.7   | 4.98 m  | 9.56 m  | 24.74 m |
| Remco Verdoold        | 14.2  | 19.8   | 3.97 m  | 8.79 m  | 19.16 m |
| Arno Daleman          | 14.2  | 19.0   | 4.23 m  | 7.02 m  | 18.52 m |
| Roy Nijkamp           | 14.8  | 22.4   | 3.97 m  | 7.09 m  | 20.18 m |
| Ruben Pillen          | 15.0  | 23.0   | 3.75 m  | 5.74 m  | 15.98 m |

### Deventer 26-04-97 1e Competitiewedstrijd. CD Junioren 2e klas

|      |          |       |
|------|----------|-------|
| M.D. | 3110 pnt | 4e pl |
|------|----------|-------|

|                     |        |         |
|---------------------|--------|---------|
| Reina Visser        | 4x60 m | 37.2    |
| Willeke te Winkel   | 4x60 m | 37.2    |
| Suzanne ten Have    | 4x60 m | 37.2    |
| Willeke te Winkel   | 4x60 m | 37.2    |
| Reina Visser        | 60 m   | 9.9     |
| Willeke te Winkel   | 60 m   | 9.3     |
| Willeke te Winkel   | 60 mh  | 12.9    |
| Suzanne ten Have    | 1000 m | 3.55.8  |
| Reina Visser        | Ver    | 3.67 m  |
| Inge Thijsen        | Hoog   | 1.10 m  |
| Charlaine Dollekamp | Kogel  | 6.80 m  |
| Nicole Roders       | Speer  | 10.90 m |

## Deventer 26-04-97 1e Competitiewedstrijd. CD Junioren 2e klas vervolg

J.D. 3728 pnt 3e pl

|                     |        |         |
|---------------------|--------|---------|
| Arend Fekkes        | 4x80 m | 46.7    |
| Maikel Nijhuis      | 4x80 m | 46.7    |
| Kjell Vogel         | 4x80 m | 46.7    |
| Thijs Hesselink     | 4x80 m | 46.7    |
| Arend Fekkes        | 80 m   | 12.4    |
| Maikel Nijhuis      | 80 m   | 12.0    |
| Thijs Hesselink     | 80 mh  | 16.3    |
| Andre Louis Wassink | 80 mh  | 15.9    |
| Maikel Nijhuis      | 1000 m | 3.21.5  |
| Kjell Vogel         | 1000 m | 3.24.5  |
| Kjell Vogel         | Ver    | 3.94 m  |
| Erwin Saaltink      | Hoog   | 1.30 m  |
| Thijs Hesselink     | Kogel  | 7.06 m  |
| Andre Louis Wassink | Discus | 16.90 m |

M.C. 4180 pnt 4e pl

|                  |        |         |
|------------------|--------|---------|
| Anne Heideveld   | 4x80 m | 44.5    |
| Karin Lukens     | 4x80 m | 44.5    |
| Magne Vogel      | 4x80 m | 44.5    |
| Louise Kemna     | 4x80 m | 44.5    |
| Anne Heideveld   | 80 m   | 11.4    |
| Karin Lukens     | 80 m   | 12.3    |
| Magne Vogel      | 80 mh  | 14.5    |
| Karin Lukens     | 1000 m | 3.44.3  |
| Louise Kemna     | Ver    | 3.87 m  |
| Magne Vogel      | Hoog   | 1.45 m  |
| Marielle Spanjer | Kogel  | 6.11 m  |
| Marielle Spanjer | Discus | 14.54 m |
| Karin Meijer     | Speer  | 15.72 m |

J.C. 5009 pnt 3e pl

|                       |         |         |
|-----------------------|---------|---------|
| Nick Kamers           | 1x100 m | 54.8    |
| Arno Daleman          | 1x100 m | 54.8    |
| Xander Lutje Spelberg | 1x100 m | 54.8    |
| Remco Verdoold        | 1x100 m | 54.8    |
| Nick Kamers           | 100 m   | 14.8    |
| Arno Daleman          | 100 m   | 14.2    |
| Xander Lutje Spelberg | 100 mh  | 17.6    |
| Arno Daleman          | 800 m   | 2.25.7  |
| Remco Verdoold        | Ver     | 4.08 m  |
| Xander Lutje Spelberg | Hoog    | 1.65 m  |
| Roy Nijkamp           | Kogel   | 7.99 m  |
| Remco Verdoold        | Discus  | 22.88 m |
| Roy Nijkamp           | Speer   | 23.80 m |

Enschede 27-04-97 1e competitiewedstrijd B junioren

Hengelo 27-04-97 Halve Marathon M.P.M.

Aalten 30-04-97 Koninginneloop AVA '70

Lichtenvoorde 30-04-97 Dr Breninkmeijerloop

Lisse 03-05-97 15e Ter Specke Bokaal

Enschede 04-05-97 14e Euregio Grensstreekloop Recreatie Sport Twente

Hengelo 04-05-97 Johan Knaap Games Kronos

|                      |         |        |         |         |         |       |
|----------------------|---------|--------|---------|---------|---------|-------|
| M.B.                 | 400 m   |        |         |         |         |       |
| Suzanne Dijkstra     | 65.1    | 2e pl  |         |         |         |       |
| M.A.                 | 100 mh  |        | Speer   |         |         |       |
| Angeliën ten Have    | 19.4    | 1e pl  | 31.02 m | 2e pl   |         |       |
| Dames                | Ver     |        | Speer   |         |         |       |
| Mira te Nijenhuis    | 4.19 m  | 2e pl  | 35.02 m | 3e pl   |         |       |
| J.B.                 | 110 mh  |        | Kogel   |         | Speer   |       |
| Micha Lutje Spelberg | 15.7    | 1e pl  | 11.00 m | 1e pl   | 38.22 m | 3e pl |
| J.A.                 | 100 m   | 1500 m |         | Kogel   |         |       |
| Nick Maatman         | 13.1    | 4.59.6 | 2e pl   |         |         |       |
| Ronald Boomkamp      |         | 4.24.5 | 1e pl   |         |         |       |
| Stefan Mol           |         |        |         | 12.55 m | 1e pl   |       |
| Heren                | Speer   |        |         |         |         |       |
| Gerton Berkemeijer   | 43.94 m | 2e pl  |         |         |         |       |

Lochem 08-05-97 Vestingloop AV De Cloese

Hengelo 08/09-05-97 Nederlandse Studentenkampioenschap NSSS / Kronos

Doetinchem 10-05-97 8e 5x5km Estafetteloop AV Argo

Velp 10-05-97 Geove Postbankloop CAV Gelre

Fleringen 10-05-97 Kroezenboommijl AAV Sisu

Oldenzaal 11-05-97 Marmoleumloop Laac

|                    |         |      |
|--------------------|---------|------|
| Dames              | 15 km   |      |
| Gonny Spexgoor     | 1.05.50 | V 36 |
| Monique Blankvoort | 1.17.32 | V 34 |
| Heren              | 15 km   |      |
| Theo Broekman      | 1.17.25 | M 49 |

Bennie Huirne 1.20.50 M 62

## Nijmegen 11-05-97 1e Competitie Wedstrijd 2e Klasse

| Dames             |        | 5550 pnt | 4e pl |
|-------------------|--------|----------|-------|
| Angelien ten Have | 4x100  | 57.71    | V 18  |
| Renate Hummelink  | 4x100  | 57.71    | V 19  |
| Marieke markerink | 4x100  | 57.71    | V 19  |
| Mira te Nijenhuis | 4x100  | 57.71    | V 20  |
| Renate Hummelink  | 100 m  | 14.55    | V 19  |
| Angelien ten Have | 100 mH | 19.31    | V 18  |
| Renate Hummelink  | 400 m  | 78.05    | V 19  |
| Marieke markerink | 800 m  | 2.50.49  | V 19  |
| Mira te Nijenhuis | Ver    | 4.17 m   | V 20  |
| Angelien ten Have | Hoog   | 1.40 m   | V 18  |
| Doris Willekes    | Kogel  | 10.72 m  | V 34  |
| Doris Willekes    | Discus | 37.74 m  | V 34  |
| Mira te Nijenhuis | Speer  | 31.54 m  | V 20  |

## Nijmegen 11-05-97 1e Competitie Wedstrijd 2e Klasse vervolg

| Heren              |          | 5161 pnt | 9e pl |
|--------------------|----------|----------|-------|
| Nick maatman       | 4x 100 m | 51.28    | M 19  |
| Herbert Garritsen  | 4x 100 m | 51.28    | M 31  |
| Ronald Boomkamp    | 4x 100 m | 51.28    | M 18  |
| Gerton Berkemeijer | 4x 100 m | 51.28    | M 22  |
| Nick Maatman       | 100 m    | 13.48    | M 19  |
| Herbert Garritsen  | 110 mh   | 21.40    | M 31  |
| Ronald Boomkamp    | 400 m    | 65.02    | M 18  |
| Nick maatman       | 1500 m   | 4.52.76  | M 19  |
| Ronald Boomkamp    | 5000 m   | 16.55.06 | M 18  |
| Gerton Berkemeijer | Ver      | 5.03 m   | M 22  |
| Herbert Garritsen  | Hoog     | 1.60 m   | M 31  |
| Stefan Mol         | Kogel    | 9.75 m   | M 19  |
| Stefan Mol         | Discus   | 28.28 m  | M 19  |
| Gerton Berkemeijer | Speer    | 42.98 m  | M 22  |

## Zutphen 15-05-97 Zuidwijklopen AV Hanzesport

## Haaksbergen 23-05-97 Avondwedstrijd Jun ABC AVH

|                      |        |         |         |
|----------------------|--------|---------|---------|
| M.B.                 | 1500 m |         |         |
| Suzanne Dijkstra     | 5.01.7 |         |         |
| J.C.                 | Kogel  | Discus  | Speer   |
| Roy Nijkamp          | 7.72 m | 20.40 m | 24.72 m |
| J.B.                 | 400 m  |         |         |
| Micha Lutje Spelberg | 56.1   |         |         |
| J.A.                 | 800 m  |         |         |
| Ronald Boomkamp      | 2.11.4 |         |         |

## Hengelo 24-05-97 2e Competitie Wedstrijd 2e Klasse M.P.M.

|                     |          |         |       |
|---------------------|----------|---------|-------|
| M.D.                | 3156 pnt |         | 5e pl |
| Reina Visser        | 4x60 m   | 36.6    |       |
| Willeke te Winkel   | 4x60 m   | 36.6    |       |
| Suzanne ten Have    | 4x60 m   | 36.6    |       |
| Willeke te Winkel   | 4x60 m   | 36.6    |       |
| Reina Visser        | 60 m     | 10.0    |       |
| Willeke te Winkel   | 60 m     | 9.3     |       |
| Willeke te Winkel   | 60 mh    | 12.6    |       |
| Suzanne ten Have    | 1000 m   | 3.58.8  |       |
| Reina Visser        | Ver      | 3.32 m  |       |
| Inge Thijsen        | Hoog     | 1.15 m  |       |
| Charlaine Dollekamp | Kogel    | 7.17 m  |       |
| Nicole Roders       | Speer    | 10.78 m |       |

## Hengelo 24-05-97 2e Competitie Wedstrijd 2e Klasse M.P.M. vervolg

|                     |          |         |       |
|---------------------|----------|---------|-------|
| J.D.                | 4203 pnt |         | 2e pl |
| Arend Fekkes        | 4x80 m   | 42.8    |       |
| Maikel Nijhuis      | 4x80 m   | 42.8    |       |
| Kjell Vogel         | 4x80 m   | 42.8    |       |
| Thijs Hesselink     | 4x80 m   | 42.8    |       |
| Arend Fekkes        | 80 m     | 12.2    |       |
| Maikel Nijhuis      | 80 m     | 12.6    |       |
| Thijs Hesselink     | 80 mh    | 16.2    |       |
| Andre Louis Wassink | 80 mh    | 15.8    |       |
| Maikel Nijhuis      | 1000 m   | 3.28.2  |       |
| Joep Brinkers       | 1000 m   | 3.10.2  |       |
| Kjell Vogel         | Ver      | 4.20 m  |       |
| Erwin Saaltink      | Hoog     | 1.35 m  |       |
| Thijs Hesselink     | Kogel    | 7.34 m  |       |
| Andre Louis Wassink | Discus   | 17.32 m |       |

|                  |          |         |       |
|------------------|----------|---------|-------|
| M.C.             | 4386 pnt |         | 4e pl |
| Anne Heideveld   | 4x80 m   | 42.0    |       |
| Karin Lukens     | 4x80 m   | 42.0    |       |
| Magne Vogel      | 4x80 m   | 42.0    |       |
| Louise Kemna     | 4x80 m   | 42.0    |       |
| Anne Heideveld   | 80 m     | 11.1    |       |
| Karin Lukens     | 80 m     | 12.1    |       |
| Magne Vogel      | 80 mh    | 14.7    |       |
| Karin Lukens     | 1000 m   | 3.45.6  |       |
| Louise Kemna     | Ver      | 3.53 m  |       |
| Magne Vogel      | Hoog     | 1.40 m  |       |
| Louise Kemna     | Kogel    | 6.86 m  |       |
| Marielle Spanjer | Discus   | 12.40 m |       |
| Karin Meijer     | Speer    | 15.42 m |       |

|              |          |      |       |
|--------------|----------|------|-------|
| J.C.         | 5043 pnt |      | 4e pl |
| Nick Kamers  | 1x100 m  | 54.1 |       |
| Arno Daleman | 1x100 m  | 54.1 |       |

|                       |         |         |
|-----------------------|---------|---------|
| Xander Lutje Spelberg | 1x100 m | 54.1    |
| Remco Verdoold        | 1x100 m | 54.1    |
| Nick Kamers           | 100 m   | 14.4    |
| Ruben Pillen          | 100 m   | 14.8    |
| Xander Lutje Spelberg | 100 mh  | 21.6    |
| Remco Verdoold        | 100 mh  | 18.6    |
| Arno Daleman          | 800 m   | 2.22.7  |
| Ruben Pillen          | 800 m   | 2.53.8  |
| Xander Lutje Spelberg | Ver     | 4.91 m  |
| Niek Blekkink         | Hoog    | 1.40 m  |
| Roy Nijkamp           | Kogel   | 7.65 m  |
| Remco Verdoold        | Discus  | 20.16 m |
| Roy Nijkamp           | Speer   | 32.72 m |

#### Goor 24-05-97 Pupillenwedstrijd AV Goor

|                      |      |        |        |         |
|----------------------|------|--------|--------|---------|
| M.P.C.               | 40 m | Ver    | Bal    |         |
| Cherielles Dollekamp | 8.7  | 2.25 m | 9.32 m |         |
| M.P.A.               | 60 m | 1000 m | Ver    | Bal     |
| Maike Emsbroek       | 10.1 | 4.20.7 | 3.10 m | 18.22 m |
| Justine Dijkstra     | 10.4 | 4.14.0 | 3.20 m | 11.42 m |
| J.P.A.               | 60 m | 1000 m | Hoog   | Kogel   |
| Ard Nijkamp          | 11.4 | 4.18.4 | 0.85 m | 4.24 m  |

#### Hengelo 31-05-97 Adriaan Paulen Memorial ( IAAF GP II )

|             |         |
|-------------|---------|
| M.P.A.      | 1000 m  |
| Esli Vogel  | 4.00.58 |
| J.P.A.      | 1000 m  |
| Tamo Vogel  | 3.40.54 |
| Ard Nijkamp | 4.11.52 |

#### Doetinchem 31-05-97 17e Cityloop AV Argo

#### Almelo 04-06-97 8e Cityloop AAV Sisu

#### Hengelo 05-06-97 Instuifwedstrijd Laac

#### Borculo 07-06-97 Trimloop VV Deo

#### Enschede 08-06-97 Internationale Twente Marathon ST. Twente Marathon

#### Enschede 13-06-97 Electronic Games Tion / Kronos

|                      |       |       |         |       |        |       |
|----------------------|-------|-------|---------|-------|--------|-------|
| J.B.                 | 200 m |       | H.S.S.  |       | Discus |       |
| Micha Lutje Spelberg | 25.0  | 2e pl | 11.94 m | 1e pl | 30.34  | 1e pl |
| M.B.                 |       |       |         |       |        |       |
| Marja Werner         |       |       |         |       |        |       |
| Suzanne Assinck      |       |       |         |       |        |       |
| Wilma te Raa         |       |       |         |       |        |       |

## Eibergen 14-06-97 2e Medaillewedstrijd ASV

|                     |      |        |        |
|---------------------|------|--------|--------|
| M.P.C.              | 40 m | Hoog   | Kogel  |
| Cherielle Dollekamp | 8.3  | 0.65 m | 4.59 m |
| Laura Willekes      | 7.2  | 0.70 m | 3.89 m |
| Franka Huizinga     | 8.2  | 0.75 m | 3.41 m |

|                 |      |        |        |
|-----------------|------|--------|--------|
| M.P.B.          | 40 m | Hoog   | Kogel  |
| Lilian Meerbeek | 7.7  | 0.95 m | 3.34 m |
| Joyce Hemelt    | 8.8  | 0.80 m | 3.31 m |
| Willeke Egberts | 7.5  | 0.95 m | 4.90 m |

|                      |        |        |        |
|----------------------|--------|--------|--------|
| M.P.A.               | 1000 m | Ver    | Kogel  |
| Dieuwertje Hammer    | 4.49   | 2.67 m | 3.97 m |
| Marieke Brinkers     | 3.57   | 2.94 m | 3.88 m |
| Annemarie ten Hoopen | 4.28   | 3.36 m | 4.90 m |
| Marieke Brinkers     | 4.13   | 3.18 m | 4.79 m |

|                      |       |        |         |
|----------------------|-------|--------|---------|
| M.D.                 | 600 m | Ver    | Speer   |
| Suzanne ten Have     | 2.12  | 3.20 m | 5.96 m  |
| Nicole Roders        | 2.14  | 3.35 m | 13.26 m |
| Inge Thijssen        | 2.18  | 3.40 m | 12.64 m |
| Willeke te Winkel    | 2.14  | 4.16 m | 11.72 m |
| Charlaine Dollenkamp | 2.30  | 2.88 m | 9.10 m  |
| Reina Visser         | 2.17  | 3.58 m | 11.84 m |
| Renske Visser        | 2.15  | 3.19 m | x       |

|              |      |        |        |         |
|--------------|------|--------|--------|---------|
| M.C.         | 80 m | Hoog   | Kogel  | Discus  |
| Louise Kemna | 12.0 | 1.25 m | 7.09 m | 10.94 m |

|               |      |        |         |
|---------------|------|--------|---------|
| J.P.A.        | 60 m | Hoog   | Bal     |
| Niek Thijssen | 10.3 | 1.00 m | 26.72 m |

## Eibergen 14-06-97 2e Medaillewedstrijd ASV vervolg

|                     |      |        |         |
|---------------------|------|--------|---------|
| J.D.                | 80 m | Hoog   | Speer   |
| Erwin Saaltink      | 12.4 | 1.40 m | 24.92 m |
| Joep Brinkers       | 11.7 | 1.25 m | 27.18 m |
| Maikel Nijhuis      | 12.5 | 1.30 m | 18.04 m |
| Andre Louis Wassink | 12.0 | 1.35 m | 20.78 m |
| Thijs Hesselink     | 12.7 | 1.40 m | 23.70 m |

|                       |       |        |        |         |
|-----------------------|-------|--------|--------|---------|
| J.C.                  | 800 m | Ver    | Kogel  | Discus  |
| Remco Verdoold        | 2.49  | 4.21 m | 8.57 m | 19.74 m |
| Xander Lutje Spelberg | x     | 4.79 m | 8.63 m | 20.92 m |
| Ruben Pillen          | 2.44  | 4.06 m | 5.94 m | 16.44 m |
| Nick Kamers           | 2.39  | 4.48 m | 5.84 m | 16.86 m |
| Niek Blekkink         | 2.51  | 4.35 m | 9.38 m | 20.98 m |
| Arno Daleman          | 2.25  | 4.62 m | 7.39 m | 18.78 m |

## Rijssen 14-06-97 9e Rijsserbergloop

|              |         |      |
|--------------|---------|------|
| Heren        | 10 EM   |      |
| Jan Staring  | 1.08.59 | M 52 |
| Freek Notten | 1.14.52 | M 46 |

## Enschede 14-06-97 Twekkelerveldloop Kronos

## Amsterdam 15-06-97 NK A/B Junioren

|                 |         |
|-----------------|---------|
| J.A.            | 1500 m  |
| Ronald Boomkamp | 4.17.64 |

## Bergentheim 20-06-97 3e Banthumloop AV Spurt '88

## De Lutte 21-06-97 Dorpsloop Loopgroep De Lutte

## Enschede 21-06-97 Open Twentse Pupillen Meerkamp

|                   |      |        |        |        |        |          |
|-------------------|------|--------|--------|--------|--------|----------|
| M.P.C.            | 40 m | 600 m  | Ver    | Hoog   | Kogel  | 5e pl    |
| Laura Willekes    | 7.6  | 3.25.4 | 2.66 m | 0.75 m | 4.49 m | 700 pnt  |
| M.P.B.            | 40 m | 600 m  | Ver    | Hoog   | Kogel  | 10e pl   |
| Joyce Hemelt      | 8.7  | 2.51.4 | 1.96 m | 0.75 m | 3.48 m | 335 pnt  |
| M.P.A. 1e j       | 60 m | 600 m  | Ver    | Hoog   | Kogel  | 5e pl    |
| Maike Emsbroek    | 10.0 | 2.23.0 | 3.22 m | 0.90 m | 4.85 m | 1214 pnt |
| M.P.A. 1e j       | 60 m | 600 m  | Ver    | Hoog   | Kogel  | 18e pl   |
| Dieuwertje Hammer | 11.5 | 2.42.8 | 2.70 m | 0.90 m | 3.65 m | 693 pnt  |
| M.P.A. 2e j       | 60 m | 600 m  | Ver    | Hoog   | Kogel  | 20e pl   |
| Leonie Willekes   | 11.0 | 2.28.9 | 2.96 m | 0.95 m | 6.30 m | 1114 pnt |

## Apeldoorn 21-06-97 Gebietsfinale C/D Competitie 2e klasse

|                      |         |          |       |
|----------------------|---------|----------|-------|
| M.D.                 |         | 3496 pnt | 8e pl |
| Willeke te Winkel    | 4x 60 m | 36.2     |       |
| Renske Visser        | 4x 60 m | 36.2     |       |
| Reina Visser         | 4x 60 m | 36.2     |       |
| Suzanne ten Have     | 4x 60 m | 36.2     |       |
| Willeke te Winkel    | 60 m    | 9.21     |       |
| Renske Visser        | 60 m    | 9.77     |       |
| Willeke te Winkel    | 60 mh   | 12.89    |       |
| Renske Visser        | 60 mh   | 13.34    |       |
| Suzanne ten Have     | 1000 m  | 3.34.17  |       |
| Inge Thijssen        | 1000 m  | 4.09.23  |       |
| Reina Visser         | Ver     | 3.77 m   |       |
| Inge Thijssen        | Hoog    | 1.10 m   |       |
| Charlaine Dollenkamp | Kogel   | 6.84 m   |       |
| Nicole Roders        | Speer   | 14.22 m  |       |
| M.C.                 |         | 4368 pnt | 5e pl |
| Anne Heideveld       | 4x80 m  | 44.90    |       |
| Magne Vogel          | 4x80 m  | 44.90    |       |
| Marielle Spanjer     | 4x80 m  | 44.90    |       |
| Karin Lukens         | 4x80 m  | 44.90    |       |
| Anne Heideveld       | 80 m    | 11.43    |       |
| Karin Lukens         | 80 m    | 12.15    |       |
| Magne Vogel          | 80 mh   | 14.57    |       |
| Karin Lukens         | 1000 m  | 3.44.80  |       |
| Louise Kemna         | 1000 m  | 3.50.33  |       |
| Anne Heideveld       | Ver     | 4.70 m   |       |



|                  |        |         |
|------------------|--------|---------|
| Magne Vogel      | Hoog   | 1.40 m  |
| Louise Kemna     | Kogel  | 6.99 m  |
| Marielle Spanjer | Discus | 14.62 m |
| Karin Meyer      | Speer  | 14.70 m |

|                     |         |          |       |
|---------------------|---------|----------|-------|
| J.D.                |         | 4041 pnt | 3e pl |
| Arend Fekkes        | 4x 80 m | 45.97    |       |
| Maikel Nijhuis      | 4x 80 m | 45.97    |       |
| Kjell Vogel         | 4x 80 m | 45.97    |       |
| Andre Louis Wassink | 4x 80 m | 45.97    |       |
| Arend Fekkes        | 80 m    | 11.81    |       |
| Maikel Nijhuis      | 80 m    | 12.18    |       |
| Andre Louis Wassink | 80 mh   | 15.86    |       |
| Thijs Hesselink     | 80 mh   | 17.01    |       |
| Maikel Nijhuis      | 1000 m  | 3.26.02  |       |
| Joep Brinkers       | 1000 m  | 3.09.56  |       |
| Kjell Vogel         | Ver     | 4.09 m   |       |
| Erwin Saaltink      | Hoog    | 1.35 m   |       |
| Thijs Hesselink     | Kogel   | 6.91 m   |       |
| Andre Louis Wassink | Discus  | 17.88 m  |       |

|                       |          |          |       |
|-----------------------|----------|----------|-------|
| J.C.                  |          | 5376 pnt | 5e pl |
| Nick Kamers           | 4x 100 m | 53.76    |       |
| Xander Lutje Spelberg | 4x 100 m | 53.76    |       |
| Arno Daleman          | 4x 100 m | 53.76    |       |
| Niek Blekkink         | 4x 100 m | 53.76    |       |
| Nick Kamers           | 100 m    | 14.69    |       |
| Roy Nijkamp           | 100 m    | 14.84    |       |
| Xander Lutje Spelberg | 100 mh   | 16.6     |       |
| Remco Verdoold        | 100 mh   | 18.7     |       |
| Arno Daleman          | 800 m    | 2.22.54  |       |
| Ruben Pillen          | 800 m    | 2.37.48  |       |
| Arno Daleman          | Ver      | 4.79 m   |       |
| Xander Lutje Spelberg | Hoog     | 1.55 m   |       |
| Remco Verdoold        | Kogel    | 10.01 m  |       |
| Roy Nijkamp           | Discus   | 19.32 m  |       |
| Niek Blekkink         | Speer    | 29.34 m  |       |

## Doetinchem 22-06-97 2e Competitie Wedstrijd 2e Klasse Senioren

|                    |          |          |       |
|--------------------|----------|----------|-------|
| Dames              | 6314 pnt |          | 2e pl |
| Angelien ten Have  | 4x100    | 59.29    | V 18  |
| Renate Hummelink   | 4x100    | 59.29    | V 19  |
| Marieke markerink  | 4x100    | 59.29    | V 19  |
| Mira te Nijenhuis  | 4x100    | 59.29    | V 20  |
| Renate Hummelink   | 100 m    | 14.03    | V 19  |
| Angelien ten Have  | 100 mH   | 18.70    | V 18  |
| Renate Hummelink   | 400 m    | 68.52    | V 19  |
| Marieke markerink  | 800 m    | 3.02.73  | V 19  |
| Diana Luyrink      | 3000 m   | 11.51.81 | V 38  |
| Mira te Nijenhuis  | Ver      | 4.12 m   | V 20  |
| Angelien ten Have  | Hoog     | 1.45 m   | V 18  |
| Doris Willekes     | Kogel    | 11.28 m  | V 34  |
| Doris Willekes     | Discus   | 39.18 m  | V 34  |
| Mira te Nijenhuis  | Speer    | 43.02 m  | V 20  |
| Heren              | 5487 pnt |          | 8e pl |
| Alfred Meekes      | 4x 100 m | 52.00    | M 19  |
| Herbert Garritsen  | 4x 100 m | 52.00    | M 31  |
| Ronald Boomkamp    | 4x 100 m | 52.00    | M 18  |
| Gerton Berkemeijer | 4x 100 m | 52.00    | M 22  |

|                    |        |          |      |
|--------------------|--------|----------|------|
| Alfred Meekes      | 100 m  | 13.44    | M 19 |
| Alfred Meekes      | 110 mH | 21.36    | M 22 |
| Gerton Berkemeijer | 400 m  | 62.35    | M 18 |
| Ronald Boomkamp    | 1500 m | 4.23.50  | M 19 |
| Theo Schootman     | 5000 m | 17.51.24 | M 48 |
| Herbert Garritsen  | Ver    | 5.07 m   | M 22 |
| Herbert Garritsen  | Hoog   | 1.70 m   | M 31 |
| Stefan Mol         | Kogel  | 10.20 m  | M 19 |
| Stefan Mol         | Discus | 29.52 m  | M 19 |
| Gerton Berkemeijer | Speer  | 46.28 m  | M 22 |

#### Enschede 25-06-97 Junioren A/B en Senioren Wedstrijd

|                   |        |         |          |       |
|-------------------|--------|---------|----------|-------|
| M.B.              | 100 m  | 200 m   |          |       |
| Marja Werner      | 13.6   | 29.7    | 1018 pnt | 3e pl |
| M.B.              | 800 m  |         |          |       |
| Suzanne Dijkstra  | 2.29.9 | 4e pl   |          |       |
| M.A.              | Hoog   | Ver     |          |       |
| Angelien ten Have | 1.45 m | 4.52 m  | 1230 pnt | 1e pl |
| M.A.              | Kogel  | Discus  |          |       |
| Angelien ten Have | 9.46 m | 23.54 m | 956 pnt  | 1e pl |

#### Aalten 15-07-97 Walfortloop AVA '70

#### Lichtenvoorde 29-07-97 Besselinkschansloop AVA '70

#### Aalten 12-08-97 Zomeravondloop AVA '70

#### Losser 17-08-97 Pupillenmeerkamp Iphitos

#### Enschede 22-08-97 Werpwedstrijd AC Tion

|             |         |
|-------------|---------|
| J.C.        | Speer   |
| Roy Nijkamp | 27.10 m |

#### Amsterdam 23/24-08-97 Nationale C Spelen

#### Eibergen 24-08-97 Pupillen C/D Wedstrijd ASV

|                |      |        |        |        |
|----------------|------|--------|--------|--------|
| M.P.C.         | 40 m | Hoog   | Kogel  |        |
| Laura Willekes | 7.6  | 0.60 m | 4.50   |        |
| M.P.B.         | 40 m | Ver    | Kogel  | 1000 m |
| Merel Maarse   | 7.9  | 2.62 m | 4.55 m | 4.38.2 |

#### Eibergen 24-08-97 Pupillen C/D Wedstrijd ASV vervolg

|                 |      |        |        |        |
|-----------------|------|--------|--------|--------|
| M.P.A.          | 60 m | Hoog   | Kogel  | 1000 m |
| Leonie Willekes | 10.7 | 1.00 m | 7.30 m |        |

|                      |      |        |        |        |
|----------------------|------|--------|--------|--------|
| Annemarie ten Hoopen | 10.4 | 1.15 m | 4.73 m |        |
| Maike Emsbroek       | 9.5  | 0.90 m | 4.63 m | 3.53.5 |
| Marieke Brinkers     | 10.1 | 1.00 m | 3.85 m | 3.54.6 |
| Justine Dijkstra     | 10.2 | 0.95 m | 4.31 m | 3.58.0 |
| Dieuwertje Hammer    | 10.7 | 0.95 m | 4.19 m |        |

|                   |      |        |         |        |
|-------------------|------|--------|---------|--------|
| M.D.              | 60 m | Ver    | Discus  | 600 m  |
| Willeke te Winkel | 9.4  | 4.23 m | 14.88 m | 2.12.2 |
| Reina Visser      | 9.7  | 3.79 m | 14.86 m | 2.25.2 |
| Suzanne ten Have  | 9.7  | 3.50 m | 12.58 m | 2.11.2 |
| Inge Thijssen     | 10.0 | 3.25 m | 18.54 m | 2.21.6 |

|                  |      |        |         |  |
|------------------|------|--------|---------|--|
| M.C.             | 80 m | Hoog   | Speer   |  |
| Karin Meijer     | 12.5 | x      | 13.26 m |  |
| Magne Vogel      | 11.3 | 1.40 m | 14.68 m |  |
| Louise Kemna     | 11.7 | 1.25 m | 11.88 m |  |
| Marielle Spanjer | 13.4 | 1.25 m | 12.66 m |  |

|               |      |        |        |        |
|---------------|------|--------|--------|--------|
| J.P.A.        | 60 m | Hoog   | Kogel  | 1000 m |
| Niek Thijssen | 10.1 | 1.05 m | 5.24 m | 4.02.5 |
| Armin Pillen  | 10.5 | 1.00 m | 5.69 m | 4.20.3 |
| Ard Nijkamp   | 10.9 | 0.90 m | 4.56 m | 4.13.8 |

|                     |      |        |         |        |
|---------------------|------|--------|---------|--------|
| J.D.                | 80 m | Ver    | Speer   | 1000 m |
| Frank van Rooijen   | 11.9 | 3.99 m | 22.84 m | 3.45.3 |
| Remco Nijkamp       | 12.7 | 2.89 m | 14.58 m | 4.05.9 |
| Kjell Vogel         | 12.0 | 4.15 m | 21.78 m | 3.30.6 |
| Arend Fekkes        | 12.0 | 3.68 m | 19.42 m | 4.10.9 |
| Maikel Nijhuis      | 12.2 | 4.02 m | 23.66 m | 3.39.1 |
| Joep Brinkers       | 11.5 | 3.98 m | 26.50 m | 3.13.2 |
| Andre Louis Wassink | 12.0 | 4.00 m | 19.16 m | 3.59.2 |
| Erwin Saaltink      | 12.5 | 3.79 m | 28.52 m | 4.04.9 |

|                       |       |        |         |        |
|-----------------------|-------|--------|---------|--------|
| J.C.                  | 100 m | Hoog   | Discus  | 1000 m |
| Xander Lutje Spelberg | 13.2  | 1.65 m | 25.70 m | x      |
| Remco Verdoold        | 13.7  | 1.50 m | 17.08 m | 3.48.8 |
| Roy Nijkamp           | 14.5  | 1.30 m | 18.60 m | 3.53.3 |
| Niek Blekkink         | 13.7  | 1.45 m | 24.52 m | 3.45.6 |
| Ruben Pillen          | 14.4  | 1.25 m | 15.94 m | 3.39.4 |
| Nick Kamers           | 14.8  | 1.30 m | 16.86 m | 3.12.9 |
| Arno Daleman          | 13.7  | 1.35 m | 18.76 m | 3.06.4 |

## Hengelo 27-08-97 Robin Bijsterveld Memorial Kronos

|                 |        |       |
|-----------------|--------|-------|
| J.A.            | 800 m  |       |
| Ronald Boomkamp | 2.08.7 | 1e pl |

## Enschede 30-08-97 Blokmeerkamp AC Tion

|                |       |        |         |         |          |       |
|----------------|-------|--------|---------|---------|----------|-------|
| J.D.           | 80 m  | 80 mh  | Ver     | Hoog    |          |       |
| Maikel Nijhuis | 12.7  | 16.9   | 3.60 m  | 1.25 m  | 1362 pnt | 3e pl |
| J.C.           | 100 m | 100 mh | Ver     | 800 m   |          |       |
| Arno Daleman   | 13.8  | 20.2   | 4.56 m  | 2.19.0  | 2072 pnt | 1e pl |
| J.C.           | 100 m | Kogel  | Discus  | Speer   |          |       |
| Roy Nijkamp    | 15.0  | 7.53 m | 20.06 m | 23.70 m | 1487 m   | 4e pl |

## Sittard 30-31-08-97 NK Meerkamp Senioren A junioren AV Unitas

## Hengelo 03-09-97 APM Games Twente Atletiek Stg APM

## Zutphen 04-09-97 Graffelloop Hanzesport

## Zutphen 06-09-97 28e Hanzeloop

| Heren           | Halve Marathon |      |
|-----------------|----------------|------|
| Hans ter Woerds | 1.41.30        | M 42 |
| Theo Broekman   | 1.47.05        | M 49 |
| Bennie Huirne   | 1.53.10        | M 62 |

## Hengelo 06-09-97 3e Medaillewedstrijd

|                   |        |        |         |
|-------------------|--------|--------|---------|
| M.P.C.            | 600 m  | Ver    | Bal     |
| Laura Willekes    | x      | 2.80 m | 12.16 m |
| M.P.A.            | 60 m   | Hoog   | Bal     |
| Maike Emsbroek    | 9.8    | 0.95 m | 16.84 m |
| Justine Dijkstra  | 10.2   | 1.00 m | 12.94 m |
| Dieuwertje Hammer | 10.8   | 0.90 m | 11.38 m |
| M.D.              | 60 m   | Hoog   | Kogel   |
| Suzanne ten Have  | 9.9    | 1.05 m | 6.19 m  |
| Reina Visser      | 9.9    | 1.20 m | 6.51 m  |
| Willeke te Winkel | 9.3    | 1.25 m | 8.21 m  |
| Renske Visser     | 9.6    | 1.05 m | 5.73 m  |
| Nicole Roders     | 10.0   | 1.10 m | 6.67 m  |
| M.C.              | 600 m  | Ver    | Speer   |
| Louise Kemna      | 2.05.0 | 3.68 m | 10.94 m |
| J.P.C.            | 40 m   | Hoog   | Bal     |
| Marco Roders      | 8.0    | 0.85 m | 12.44 m |
| J.P.A.            | 1000 m | Ver    | Kogel   |
| Armin Pillen      | 4.16.0 | 2.72 m | 6.52 m  |
| Ard Nijkamp       | 4.21.0 | 2.56 m | 4.23 m  |

## Hengelo 06-09-97 3e Medaillewedstrijd vervolg

|                     |        |        |         |
|---------------------|--------|--------|---------|
| J.D.                | 1000 m | Ver    | Kogel   |
| Joep Brinkers       | 3.04   | 3.83 m | 6.43 m  |
| Erwin Saaltink      | 3.39   | 3.64 m | 7.23 m  |
| Thijs Hesselink     | 3.52   | 3.70 m | 7.86 m  |
| Maikel Nijhuis      | 3.35   | 3.56 m | 5.68 m  |
| Andre Louis Wassink | 3.46   | 3.91 m | 6.46 m  |
| Remco Nijkamp       | 3.49   | 2.98 m | 4.76 m  |
| Frank van Rooijen   | 4.00   | 3.64 m | 6.47 m  |
| Arend Fekkes        | 3.54   | 3.35 m | 6.41 m  |
| J.C.                | 100 m  | Hoog   | Speer   |
| Arno Daleman        | 13.3   | 1.35 m | 25.08 m |
| Nick Kamers         | 14.7   | 1.20 m | 14.86 m |
| Roy Nijkamp         | 14.1   | 1.25 m | 25.50 m |

|                |      |        |         |
|----------------|------|--------|---------|
| Remco Verdoold | 13.7 | 1.45 m | 31.28 m |
|----------------|------|--------|---------|

## Nijmegen 07-09-97 Distict Finale Competitie 2e Klasse

|                   |        |          |       |
|-------------------|--------|----------|-------|
| Dames             |        | 5977 pnt | 6e pl |
| Angelien ten Have | 4x100  | 58.86    | V 18  |
| Renate Hummelink  | 4x100  | 58.86    | V 19  |
| Marieke markerink | 4x100  | 58.86    | V 19  |
| Mira te Nijenhuis | 4x100  | 58.86    | V 20  |
| Renate Hummelink  | 100 m  | 14.29    | V 19  |
| Angelien ten Have | 100 mH | 19.10    | V 18  |
| Renate Hummelink  | 400 m  | 73.29    | V 19  |
| Marieke markerink | 800 m  | 2.59.95  | V 19  |
| Diana Luyrink     | 3000 m | 11.29.13 | V 38  |
| Mira te Nijenhuis | Ver    | 4.17 m   | V 20  |
| Angelien ten Have | Hoog   | 1.45 m   | V 18  |
| Doris Willekes    | Kogel  | 11.02 m  | V 34  |
| Doris Willekes    | Discus | 28.08 m  | V 34  |
| Mira te Nijenhuis | Speer  | 31.08 m  | V 20  |

## Hengelo 11-09-97 Baaninstuif Laac

## Ruurlo 12-09-97 12e Dorpenloop Oranje vereniging

## Alphen a/d Rijn 13-09-97 Landelijke Finale C/D Competitie

|                     |          |         |         |
|---------------------|----------|---------|---------|
| J.D.                | 4144 pnt | 2e klas | 9e pl   |
| Arend Fekkes        | 4x 80 m  | 45.43   | 45.97   |
| Maikel Nijhuis      | 4x 80 m  | 45.43   | 45.97   |
| Kjell Vogel         | 4x 80 m  | 45.43   | 45.97   |
| Andre Louis Wassink | 4x 80 m  | 45.43   | 45.97   |
| Arend Fekkes        | 80 m     | 11.76   | 11.81   |
| Maikel Nijhuis      | 80 m     | 11.80   | 12.18   |
| Andre Louis Wassink | 80 mh    | 15.71   |         |
| Thijs Hesselink     | 80 mh    | 16.45   | 17.01   |
| Maikel Nijhuis      | 1000 m   | 3.27.65 | 3.26.02 |
| Joep Brinkers       | 1000 m   | 3.06.18 | 3.09.56 |
| Kjell Vogel         | Ver      | 4.04 m  | 4.09 m  |
| Erwin Saaltink      | Hoog     | 1.35 m  | 1.35 m  |
| Thijs Hesselink     | Kogel    | 8.05 m  | 6.91 m  |
| Andre Louis Wassink | Discus   | 15.86 m | 17.88 m |

## Haaksbergen 14-09-97 RABO Sterloop

|                 |       |      |
|-----------------|-------|------|
| Dames           | 10 km |      |
| Ada ter Woerds  | 50.04 | V 42 |
| Heren           | 10 km |      |
| Tonnie Vrieze   | 38.23 | M 44 |
| Pim van Vuren   | 39.00 | M 50 |
| Hans ter Woerds | 40.30 | M 42 |
| Mike Wientjes   | 42.57 | M 39 |

**Amsterdam 14-09-97 nationale D Spelen Blauw - Wit**

**Haarlem 20/21-09-97 de Mars NK Meerkamp B Junioren en C/D landelijk AV Haarlem en KAV Holland**

**Apeldoorn 20-09-97 17e Berg en Boscross Trim Apeldoorn**

**Oldenzaal 21-09-97 Halve marathon Laac**

**Enschede 27-09-97 4e Medaillewedstrijd**

|                     |        |        |         |         |
|---------------------|--------|--------|---------|---------|
| M.P.C.              | 40 m   | Hoog   | Kogel   |         |
| Laura Willekes      | 7.2    | 0.90 m | 4.76 m  |         |
| M.P.B.              | 40 m   | Hoog   | Kogel   |         |
| Lilian Meerbeek     | 8.0    | 1.00 m | 3.82 m  |         |
| M.P.A.              | 1000 m | Ver    | Kogel   |         |
| Justine Dijkstra    | 3.57.9 | 2.86 m | 4.36 m  |         |
| Maike Emsbroek      | 3.58.6 | 3.22 m | 4.37 m  |         |
| Diewertje Hammer    | 4.43.7 | 2.89 m | 4.40 m  |         |
| M.D.                | 600 m  | Ver    | Speer   |         |
| Charlaine Dollekamp | 2.24.5 | 2.79 m | 9.54 m  |         |
| Susanne ten Have    | 2.01.5 | 3.51 m | 11.08 m |         |
| Reina Visser        | 2.09.2 | 3.80 m | 15.14 m |         |
| Renske Visser       | 2.11.1 | 3.22 m | 9.94 m  |         |
| Willeke te Winkel   | 2.02.3 | 4.09 m | 13.32 m |         |
| Inge Thijssen       | 2.10.4 | 3.28 m | 13.42 m |         |
| M.C.                | 80 m   | Hoog   | Kogel   | Discus  |
| Louise Kemna        | 11.7   | x      | 7.68 m  | 15.88 m |
| J.P.C.              | 600 m  | Ver    | Kogel   |         |
| Marco Roders        | 2.31.1 | 2.23 m | 3.85 m  |         |
| J.P.B.              | 60 m   | Hoog   | Bal     |         |
| Armin Pillen        | 9.8    | 1.00 m | 25.72 m |         |
| Ard Nijkamp         | 10.8   | 0.95 m | 18.92 m |         |
| J.D.                | 80 m   | Hoog   | Speer   |         |
| Maikel Nijhuis      | 11.8   | 1.20 m | 28.28 m |         |
| Andre Louis Wassing | 11.9   | 1.25 m | 18.90 m |         |
| Remco Nijkamp       | 14.0   | 1.10 m | 14.68 m |         |
| Joep Brinkers       | 11.9   | 1.20 m | 28.38 m |         |
| Arend Fekkes        | 11.7   | 1.20 m | 21.76 m |         |
| Erwin Saaltink      | 12.3   | 1.40 m | 22.94 m |         |
| Thijs Hesselink     | 12.5   | 1.40 m | 19.92 m |         |
| Frank van Rooyen    | 11.9   | 1.00 m | 23.24 m |         |

**Enschede 27-09-97 4e Medaillewedstrijd vervolg**

|                       |        |        |        |         |
|-----------------------|--------|--------|--------|---------|
| J.C.                  | 800 m  | Ver    | Kogel  | Discus  |
| Nick Kamers           | 2.34.1 | 4.14 m | 5.49 m | 18.40 m |
| Ruben Pillen          | 2.38.9 | 3.92 m | 6.39 m | 19.08 m |
| Roy Nijkamp           | 2.42.8 | 4.24 m | 8.55 m | 16.90 m |
| Xander Lutje Spelberg | 2.57.5 | 5.13 m | 8.83 m | 31.74 m |
| Arno Daleman          | 2.17.4 | 4.49 m | 8.46 m | 20.16 m |
| Niek Blekkink         | 2.40.1 | 4.52 m | 9.35 m | 22.50 m |

## Borne 04-10-97 Stratenloop

## Enschede 04-10-97 Herfstloop AC Tion

## Groenlo 05-10-97 Kampermans Kanonsloop

## Markelo 05-10-97 Kariboecross

## Eibergen 05-10-97 Club Kampioenschappen

|                |      |        |        |        |
|----------------|------|--------|--------|--------|
| M.P.C.         | 40 m | 600 m  | Ver    | Kogel  |
| Laura Willekes | 7.5  | 2.45.0 | 2.62 m | 4.46 m |
| Loes te Loo    | 8.5  | x      | 2.36 m | 4.28 m |

|              |      |        |        |        |
|--------------|------|--------|--------|--------|
| M.P.B.       | 40 m | 600 m  | Ver    | Kogel  |
| Joyce Hemelt | 8.5  | 3.30.4 | 2.40 m | 3.00 m |

|                      |      |        |        |        |
|----------------------|------|--------|--------|--------|
| M.P.A.               | 60 m | 600 m  | Ver    | Kogel  |
| Esli Vogel           | 9.9  | 2.06.4 | 3.51 m | 5.60 m |
| Maike Emsbroek       | 9.8  | 2.15.7 | 3.41 m | 5.16 m |
| Leonie Willekes      | 10.6 | 2.32.1 | 3.40 m | 7.60 m |
| Annemarie ten Hoopen | 10.3 | 2.19.2 | 3.51 m | 4.06 m |
| Dieuwertje Hammer    | 11.5 | 2.30.2 | 3.01 m | 4.46 m |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.D.              | 60 m | 600 m  | Ver    | Discus  |
| Willeke te Winkel | 9.1  | 3.03.7 | 4.25 m | 15.71 m |
| Nicole Roders     | 9.6  | 2.14.0 | 3.88 m | 12.92 m |
| Suzanne ten Have  | 9.9  | 2.04.9 | 3.19 m | 13.33 m |
| Inge Thijssen     | 10.2 | 2.11.6 | 3.37 m | 15.87 m |
| Reina Visser      | 9.6  | 2.22.4 | 3.76 m | 11.17 m |
| Renske Visser     | 10.0 | 2.19.8 | 3.09 m | 11.45 m |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| M.C.             | 80 m | 600 m  | Ver    | Discus  |
| Magne Vogel      | 11.5 | 2.04.4 | 4.71 m | 15.81 m |
| Anne Heideveld   | 11.6 | 2.07.6 | 4.58 m | 15.52 m |
| Louise Kemna     | 12.2 | 2.02.4 | 3.91 m | 12.72 m |
| Karin Lukens     | 12.3 | 2.00.6 | 3.56 m | 14.28 m |
| Karin Meijer     | 12.6 | 2.12.4 | 4.27 m | 11.91 m |
| Marielle Spanjer | 13.8 | 2.28.7 | 3.57 m | 13.87 m |

|                 |       |        |        |         |
|-----------------|-------|--------|--------|---------|
| M.B.            | 100 m | 600 m  | Ver    | Discus  |
| Marja Werner    | 14.0  | 2.01.7 | 4.36 m | 17.72 m |
| Suzanne Assinck | 14.8  | 2.02.2 | 4.12 m | 13.40 m |
| Wilma te Raa    | 16.1  | 2.39.5 | 3.79 m | 24.73 m |

|                   |       |       |        |         |
|-------------------|-------|-------|--------|---------|
| M.A.              | 100 m | 600 m | Ver    | Discus  |
| Angeliën ten Have | 14.7  | x     | 4.61 m | 29.83 m |

## Eibergen 05-10-97 Club Kampioenschappen vervolg

|                |       |        |        |        |      |
|----------------|-------|--------|--------|--------|------|
| Dames          | 100 m | 1500 m | Ver    | Kogel  |      |
| Diana Luyrink  | 16.1  | 5.45.9 | 3.75 m | 7.24 m | V 38 |
| Ada ter Woerds | 16.9  | 6.30.7 | 3.90 m | 8.34 m | V 42 |

|                       |       |         |        |         |      |
|-----------------------|-------|---------|--------|---------|------|
| Ineke Visser          | 16.7  | 6.33.3  | 3.88 m | 7.26 m  | V 42 |
| Karin Tankink         | 18.0  | 7.36.4  | 3.36 m | 8.26 m  | V 41 |
| Monique Blankvoort    | 18.4  | 6.41.0  | 3.28 m | 5.76 m  | V 34 |
| Janny Nijkamp         | 17.0  | 6.55.2  | 2.90 m | 5.74 m  | V 40 |
| Wilma Emsbroek        | 17.0  | 8.31.7  | 3.09 m | 6.20 m  | V 37 |
| Ursela te Loo         | 19.3  | x       | 3.12 m | 6.74 m  | V 32 |
| Joke Geerdes          | 17.9  | 7.13.2  | 2.22 m | 6.38 m  | V 41 |
| Tiny te Barge         | 19.2  | 8.36.2  | 2.47 m | 5.36 m  | V 46 |
| Margret Koerts        | 20.5  | x       | 2.64 m | 5.10 m  | V 35 |
| J.P.C.                | 40 m  | 600 m   | Ver    | Kogel   |      |
| Marco Roders          | 8.6   | 2.30.6  | 2.26 m | 2.70 m  |      |
| Rinse Hammer          | 8.2   | 3.09.5  | 2.27 m | 4.20 m  |      |
| Gijs Koerts           | 9.6   | 3.23.5  | 2.43 m | 3.92 m  |      |
| Koen Maarse           | 9.3   | 3.21.2  | 2.26 m | 2.14 m  |      |
| J.P.B.                | 40 m  | 600 m   | Ver    | Kogel   |      |
| Maarten Geerdes       | 9.3   | 3.20.5  | 2.40 m | 3.00 m  |      |
| J.P.A.                | 60 m  | 600 m   | Ver    | Kogel   |      |
| Tamo Vogel            | 9.9   | 2.01.6  | 3.48 m | 6.16 m  |      |
| Armin Pillen          | 10.1  | 2.17.3  | 3.42 m | 5.18 m  |      |
| Niek Thijssen         | 10.5  | 2.17.3  | 3.39 m | 5.82 m  |      |
| Ard Nijkamp           | 11.6  | 2.234.8 | 3.65 m | 4.47 m  |      |
| J.D.                  | 80 m  | 800 m   | Hoog   | Discus  |      |
| Maikel Nijhuis        | 12.1  | 2.38.6  | 1.35 m | 12.46 m |      |
| Erwin Saaltink        | 12.2  | 2.52.3  | 1.40 m | 14.69 m |      |
| Kjell Vogel           | 12.0  | 2.42.2  | 1.20 m | 15.60 m |      |
| Thijs Hesselink       | 12.8  | 2.54.1  | 1.40 m | 17.08 m |      |
| Frank van Rooijen     | 12.0  | 2.50.6  | 1.20 m | 14.33 m |      |
| Andre Louis Wassink   | 12.4  | x       | 1.25 m | 16.72 m |      |
| Remco Nijkamp         | 14.8  | 3.08.5  | 1.05 m | 9.95 m  |      |
| Melvyn Doekharan      | 16.0  | 3.42.8  | 1.00 m | 7.15 m  |      |
| Ruud Geerdes          | 14.5  | 3.55.0  | 1.05 m | 11.71 m |      |
| J.C.                  | 100 m | 800 m   | Hoog   | Discus  |      |
| Xander Lutje Spelberg | 14.0  | 2.45.4  | 1.55 m | 27.44 m |      |
| Nick Kamers           | 14.7  | 2.35.2  | 1.35 m | 17.20 m |      |
| Roy Nijkamp           | 14.7  | 2.52.3  | 1.35 m | 19.88 m |      |
| Ruben Pillen          | 15.0  | 2.40.9  | 1.20 m | 17.74 m |      |
| J.B.                  | 100 m | 800 m   | Hoog   | Discus  |      |
| Mischa Lutje Spelberg | 13.1  | 3.11.0  | 1.55 m | 26.00 m |      |
| J.A.                  | 100 m | 800 m   | Hoog   | Discus  |      |
| Ronald Boomkamp       | 14.3  | 2.13.2  | 1.40 m | 14.04 m |      |
| Heren                 | 100 m | 800 m   | Hoog   | Discus  |      |
| Herbert Garritsen     | 13.5  | 2.34.7  | 1.60 m | 28.60 m | M 31 |
| Alfred Meekes         | 13.8  | 2.36.0  | 1.40 m | 18.68 m | M 22 |
| Heren                 | 100 m | 1500 m  | Ver    | Kogel   |      |
| Harry Kemna           | 14.7  | 5.31.5  | 4.53 m | 9.78 m  | M 42 |
| Bert Vogel            | 13.9  | 5.47.8  | 4.50 m | 8.92 m  | M 44 |
| Henk Wielens          | 15.1  | 5.26.6  | 4.41 m | 8.30 m  | M 50 |
| Walter van de Gevel   | 14.7  | 5.47.2  | 4.19 m | 8.86 m  | M 34 |
| Mike Wientjes         | 14.5  | 5.19.8  | 3.79 m | 8.14 m  | M 39 |
| Theo Schootman        | 15.3  | 4.55.7  | 3.57 m | 8.12 m  | M 48 |
| Jos van Rooijen       | 14.9  | 6.28.0  | 4.24 m | 8.82 m  | M 50 |
| Gerrit Kamers         | 15.2  | 5.53.5  | 3.81 m | 8.84 m  | M 41 |



## Papendal 11-10-97 Baanwedstrijd

|               |         |    |
|---------------|---------|----|
| J.D.          | 1000 m  |    |
| Joep Brinkers | 3.03.11 | CR |

## Eindhoven 12-10-97 14e Marathon

|                 |          |      |
|-----------------|----------|------|
| Heren           | Marathon |      |
| Hans ter Woerds | 3.38.50  | M 42 |
| Mike Wientjes   | 3.46.05  | M 39 |
| Theo Broekman   | 4.12.31  | M 49 |
| Bennie Huirne   | 4.16.44  | M 62 |

## Losser 12-10-97 1e Dinkelloop Av Iphitos

## Enschede 19-10-97 32e Rutbeekloop RST

## Holten 25-10-97 10e Diepe Hel Holterbergloop

|                |         |      |
|----------------|---------|------|
| Dames          | 10 EM   |      |
| Gonny Spexgoor | 1.16.39 | V 36 |

|                 |         |      |
|-----------------|---------|------|
| Heren           | 10 EM   |      |
| Gerrit Harder   | 1.05.45 | M 44 |
| Pim van Vuren   | 1.05.45 | M 50 |
| Hans ter woerds | 1.07.22 | M 42 |
| Mike Wientjes   | 1.09.10 | M 39 |
| Henk Wesselink  | 1.09.40 | M 47 |

## Enschede 26-10-97 Indoorwedstrijd AC Tion

|                |      |        |        |
|----------------|------|--------|--------|
| M.P.C.         | 40 m | Hoog   | Kogel  |
| Laura Willekes | 7.7  | 0.85 m | 7.65 m |

|                   |      |        |        |
|-------------------|------|--------|--------|
| M.P.A.            | 60 m | Hoog   | Kogel  |
| Leonie Willekes   | 10.5 | 1.00 m | 7.74 m |
| Maike Emsbroek    | 10.1 | 1.05 m | 5.03 m |
| Dieuwertje Hammer | 11.0 | 0.95 m | 4.96 m |

|                  |      |        |        |
|------------------|------|--------|--------|
| M.D.             | 60 m | Hoog   | Kogel  |
| Suzanne ten Have | 10.1 | x      | 6.94 m |
| Reina Visser     | 10.2 | 1.15 m | 6.87 m |
| Nicole Roders    | x    | 1.10 m | 6.50 m |

|              |      |        |        |
|--------------|------|--------|--------|
| J.P.C.       | 40 m | Hoog   | Kogel  |
| Marco Roders | 7.7  | 0.95 m | 4.10 m |

|                   |      |       |        |        |
|-------------------|------|-------|--------|--------|
| J.D.              | 60 m | 60 mh | Hoog   | Kogel  |
| Arend Fekkes      | 9.0  | 12.3  | x      | x      |
| Frank van Rooijen | 9.1  | x     | x      | 6.48 m |
| Chris Meis        | 9.5  | x     | 1.10 m | x      |
| Maikel Nijhuis    | 9.6  | 12.1  | 1.20 m | x      |
| Erwin Saaltink    | 9.6  | 13.4  | 1.30 m | 6.89 m |

## **Enschede 26-10-97 Indoorwedstrijd AC Tion vervolg**

|                       |      |       |        |        |
|-----------------------|------|-------|--------|--------|
| J.C.                  | 60 m | 60 mh | Hoog   | Kogel  |
| Remco Verdoold        | 8.7  | 11.8  | 1.40 m | 9.84 m |
| Xander Lutje Spelberg | 9.1  |       | 1.50 m | 9.19 m |

|                       |      |       |         |
|-----------------------|------|-------|---------|
| J.B.                  | 60 m | 60 mh | Kogel   |
| Mischa Lutje Spelberg | 8.4  | 9.4   | 11.07 m |

## **Gaanderen 26-10-97 42e Argoloop Argo**

## **Terschelling 26-10-97 1e Willem Barentsz Berenloop**

## **Hengelo 30-10-97 5 km Baanloop Laac**

## **Aalten 01-11-97 Loohuiscross AVA 70**

## **Lochem 02-11-97 Wilde Zandcross AV Hanzesport**

## **Amsterdam 02-11-97 Delta Lloyd Marathon**

## **Haaksbergen 02-11-97 25e Pingelloop**

|                  |        |       |
|------------------|--------|-------|
| M.P.A.           | 1000 m |       |
| Marieke Brinkers | 2.54   | 1e pl |
| Maïke Emsbroek   | 3.15   | 2e pl |
| Lilian Meerbeek  | 3.32   | 6e pl |

|                  |        |        |
|------------------|--------|--------|
| M.D.             | 1800 m |        |
| Esli Vogel       | 7.34   | 5e pl  |
| Justine Dijkstra | 8.02   | 8e pl  |
| Nicole Roders    | 8.30   | 11e pl |

|                   |        |        |
|-------------------|--------|--------|
| M.C.              | 1800 m |        |
| Anne Heideveld    | 7.50   | 8e pl  |
| Karin Meijer      | 7.51   | 9e pl  |
| Louise Kemna      | 8.24   | 11e pl |
| Willeke te Winkel | 9.02   | 13e pl |

|                  |        |       |
|------------------|--------|-------|
| M.B.             | 2900 m |       |
| Suzanne Dijkstra | 11.17  | 2e pl |
| Magne Vogel      | 12.38  | 3e pl |

|                |        |      |       |
|----------------|--------|------|-------|
| Dames          | 5800 m |      |       |
| Gonny Spexgoor | 22.36  | V 36 | 3e pl |
| Diana Luyrink  | 22.43  | V 38 | 4e pl |
| Anjo Luttkholt | 24.32  | V 27 | 2e pl |
| Ada ter Woerds | 26.29  | V 42 | 8e pl |

|              |        |       |
|--------------|--------|-------|
| J.P.B.       | 1000 m |       |
| Marco Roders | 3.33   | 3e pl |

|               |        |        |
|---------------|--------|--------|
| J.P.A.        | 1000 m |        |
| Ard Nijkamp   | 3.16   | 14e pl |
| Niek Thijssen | 3.21   | 17e pl |

#### Haaksbergen 02-11-97 25e Pingelloop vervolg

|               |        |        |
|---------------|--------|--------|
| J.D.          | 1800 m |        |
| Chris Meis    | 7.50   | 17e pl |
| Remco Nijkamp | 8.00   | 18e pl |

|                     |       |        |
|---------------------|-------|--------|
| J.C.                |       |        |
| Joep Brinkers       | 9.47  | 1e pl  |
| Nick Kamers         | 10.50 | 4e pl  |
| Ruben Pillen        | 10.50 | 5e pl  |
| Kjell Vogel         | 10.57 | 6e pl  |
| Tom Braakman        | 11.19 | 7e pl  |
| Maikel Nijhuis      | 11.36 | 8e pl  |
| Niek Blekkink       | 11.36 | 9e pl  |
| Andre Louis Wassink | 11.57 | 10e pl |
| Roy Nijkamp         | 12.01 | 12e pl |
| Frank van Rooijen   | 13.25 | 13e pl |

|                 |        |       |
|-----------------|--------|-------|
| J.A.            | 5800 m |       |
| Ronald Boomkamp | 19.08  | 1e pl |

|                |          |      |        |
|----------------|----------|------|--------|
| Heren          | 11.600 m |      |        |
| Theo Schootman | 41.07    | M 48 | 3e pl  |
| Tonnie Vrieze  | 43.40    | M 44 | 9e pl  |
| Pim van Vuren  | 45.01    | M 50 | 2e pl  |
| Henk Daleman   | 45.04    | M 44 | 16e pl |
| Jan Wikkerink  | 45.10    | M 43 | 17e pl |
| Mike Wientjes  | 49.16    | M 39 | 31e pl |

#### Apeldoorn 08-11-97 1e Wedstrijd Oostelijke Cross Competitie

|                 |        |        |
|-----------------|--------|--------|
| M.P.A. 2e j     | 1000 m |        |
| Marike Brinkers | 4.18   | 2e pl  |
| Maaïke Emsbroek | 5.20   | 24e pl |

|               |        |       |
|---------------|--------|-------|
| J.C. 1e j     | 2500 m |       |
| Joep Brinkers | 9.19   | 1e pl |

|                 |        |       |
|-----------------|--------|-------|
| J.A.            | 6000 m |       |
| Ronald Boomkamp | 21.48  | 6e pl |

#### Doetinchem 09-11-97 13e Intersport Halve Marathon

#### Enschede 16-11-97 Tion Cross

|                 |        |       |
|-----------------|--------|-------|
| M.P.A.          | 1210 m |       |
| Marike Brinkers | 4.32   | 1e pl |
| Maaïke Emsbroek | 5.14   | 3e pl |

|                  |        |        |
|------------------|--------|--------|
| M.D.             | 1400 m |        |
| Esli Vogel       | 5.19   | 3e pl  |
| Nicole Roders    | 5.51   | 9e pl  |
| Justine Dijkstra | 6.03   | 13e pl |

|                   |               |        |
|-------------------|---------------|--------|
| <b>M.C.</b>       | <b>2100 m</b> |        |
| Karin Meijer      | 8.57          | 8e pl  |
| Louise Kemna      | 9.04          | 10e pl |
| Anne Heideveld    | 9.22          | 11e pl |
| Inge Thijssen     | 10.07         | 14e pl |
| Willeke te Winkel | 10.18         | 15e pl |

### Enschede 16-11-97 Tion Cross vervolg

|                     |                |        |        |
|---------------------|----------------|--------|--------|
| <b>M.B.</b>         | <b>2680 m</b>  |        |        |
| Magne Vogel         | 11.32          | 1e pl  |        |
| <b>Dames</b>        | <b>5360 m</b>  |        |        |
| Ada ter Woerds      | 24.41          | V 41   | 5e pl  |
| <b>J.P.B.</b>       | <b>1210 m</b>  |        |        |
| Marco Roders        | 5.28           | 4e pl  |        |
| <b>J.P.A.</b>       | <b>1210 m</b>  |        |        |
| Armin Pillen        | 5.05           | 12e pl |        |
| Ard Nijkamp         | 5.05           | 12e pl |        |
| <b>J.D.</b>         | <b>2100 m</b>  |        |        |
| Tamo Vogel          | 7.47           | 2e pl  |        |
| Remco Nijkamp       | 9.01           | 17e pl |        |
| <b>J.C.</b>         | <b>2680 m</b>  |        |        |
| Joep Brinkers       | 8.50           | 1e pl  |        |
| Ruben Pillen        | 9.50           | 5e pl  |        |
| Kjell Vogel         | 10.01          | 7e pl  |        |
| Nick Kamers         | 10.06          | 8e pl  |        |
| Tom Braakman        | 10.24          | 9e pl  |        |
| Maikel Nijhuis      | 10.31          | 10e pl |        |
| Andre Louis Wassink | 11.12          | 11e pl |        |
| Frank van Rooyen    | 12.57          | 15e pl |        |
| Roy Nijkamp         | 13.04          | 16e pl |        |
| Arend Fekkes        | 13.05          | 17e pl |        |
| <b>J.A.</b>         | <b>5360 m</b>  |        |        |
| Ronald Boomkamp     | 17.44          | 1e pl  |        |
| <b>Heren</b>        | <b>10720 m</b> |        |        |
| Theo Schootman      | 38.43          | M 48   | 3e pl  |
| Tonnie Vrieze       | 41.30          | M 44   | 11e pl |
| Henk Daleman        | 42.28          | M 44   | 14e pl |
| Pim van Vuren       | 42.40          | M 50   | 2e pl  |
| Hans ter woerds     | 43.43          | M 42   | 19e pl |
| Hans van Gerfen     | 44.02          | M 46   | 20e pl |
| Mike Wientjes       | 44.32          | M 39   | 17e pl |
| Henk Wielens        | 45.33          | M 50   | 4e pl  |
| Harry Kemna         | 45.33          | M 42   | 4e pl  |

### Nijmegen 16-11-97 14e Zeven heuvelenloop

|                   |              |      |
|-------------------|--------------|------|
| <b>Dames</b>      | <b>15 km</b> |      |
| Anjo Luttkholt    | 1.10.36      | V 27 |
| Gonny Spexgoor    | 1.17.21      | V 36 |
| <b>Heren</b>      | <b>15 km</b> |      |
| Dirk Schilp       | 1.12.47      | M 50 |
| Herbert Garritsen | 1.14.24      | M 31 |
| Peter Pietersen   | 1.17.22      | M 47 |
| Theo Broekman     | 1.20.01      | M 49 |

|                     |         |      |
|---------------------|---------|------|
| Dennis te Nijenhuis | 1.20.55 | M 23 |
|---------------------|---------|------|

**Tilburg 30-11-97 39e Warandeloop Attila**

**Goor 30-11-97 Herikerbergloop**

|                     |        |        |       |
|---------------------|--------|--------|-------|
| M.P.A.              | 1600 m |        |       |
| Marike Brinkers     | 6.39   | 1e pl  |       |
| Maaïke Emsbroek     | 7.33   | 3e pl  |       |
| Lilian Meerbeek     | 8.14   | 9e pl  |       |
| M.D.                | 1600 m |        |       |
| Esli Vogel          | 6.54   | 5e pl  |       |
| Nicole Roders       | 7.25   | 7e pl  |       |
| M.C.                | 1600 m |        |       |
| Inge Thijssen       | 7.23   | 8e pl  |       |
| Karin Meijer        | 8.03   | 10e pl |       |
| Willeke te Winkel   | 8.05   | 11e pl |       |
| M.B.                | 2500 m |        |       |
| Magne Vogel         | 11.24  | 2e pl  |       |
| Dames               | 5000 m |        |       |
| Gonny Spexgoor      | 20.32  | V 36   | 2e pl |
| Diana Luyrink       | 20.42  | V 38   | 3e pl |
| Anjo Luttikholt     | 22.07  | V 27   | 4e pl |
| Ada ter Woerds      | 24.07  | V 41   | 8e pl |
| J.P.B.              | 1200 m |        |       |
| Marco Roders        | 6.18   | 5e pl  |       |
| J.P.A.              | 1600 m |        |       |
| Ard Nijkamp         | 6.50   | 5e pl  |       |
| Niek Thijsen        | 7.08   | 9e pl  |       |
| Armin Pillen        | 7.55   | 13e pl |       |
| J.D.                | 1600 m |        |       |
| Tamo Vogel          | 6.06   | 3e pl  |       |
| Remco Nijkamp       | 6.44   | 12e pl |       |
| J.C.                | 2500 m |        |       |
| Joep Brinkers       | 8.30   | 1e pl  |       |
| Nick Kamers         | 9.39   | 4e pl  |       |
| Kjell Vogel         | 9.54   | 6e pl  |       |
| Maikel Nijhuis      | 10.00  | 7e pl  |       |
| Niek Blekkink       | 10.07  | 8e pl  |       |
| Roy Nijkamp         | 10.17  | 9e pl  |       |
| Ruben Pillen        | 10.25  | 10e pl |       |
| Andre Louis Wassink | 10.29  | 11e pl |       |
| Frank van Rooyen    | 11.43  | 14e pl |       |
| Arend Fekkes        | 12.05  | 15e pl |       |
| J.A.                | 5000 m |        |       |
| Ronald Boomkamp     | 17.10  | 2e pl  |       |

|                 |       |      |        |
|-----------------|-------|------|--------|
| Heren           | 10 km |      |        |
| Theo Schootman  | 36.51 | M 48 | 6e pl  |
| Tonnie Vrieze   | 39.02 | M 44 | 20e pl |
| Gerrit Harder   | 39.35 | M 44 | 23e pl |
| Henk Daleman    | 39.53 | M 44 | 24e pl |
| Pim van Vuren   | 39.59 | M 50 | 5e pl  |
| Hans ter woerds | 41.00 | M 42 | 29e pl |
| Hans van Gerfen | 41.29 | M 46 | 33e pl |
| Matty Gerfen    | 42.49 | M 54 | 7e pl  |
| Theo Broekman   | 50.30 | M 49 | 44e pl |

## Epe 06-12-97 2e Wedstrijd Oostelijke Cross Competitie

|                 |        |        |  |
|-----------------|--------|--------|--|
| M.P.A.          | 1000 m |        |  |
| Marike Brinkers | 3.58   | 3e pl  |  |
| Maaïke Emsbroek | 4.40   | 20e pl |  |
| J.C.            | 2500 m |        |  |
| Joep Brinkers   | 9.06   | 1e pl  |  |
| J.A.            | 6000 m |        |  |
| Ronald Boomkamp | 23.40  | 4e pl  |  |

## Enschede 06-12-97 Diesloop

|                   |       |        |        |
|-------------------|-------|--------|--------|
| M.P.A.            |       |        |        |
| Lilian Meerbeek   | 5.32  | 5e pl  |        |
| M.D.              |       |        |        |
| Justine Dijkstra  | 7.37  | 6e pl  |        |
| Nicole Roders     | 7.39  | 7e pl  |        |
| M.C.              |       |        |        |
| Inge Thijssen     | 11.07 | 7e pl  |        |
| Willeke te Winkel | 11.46 | 9e pl  |        |
| M.B.              |       |        |        |
| Suzanne Dijkstra  | 9.49  | 1e pl  |        |
| J.P.B.            |       |        |        |
| Marco Roders      | 5.36  | 5e pl  |        |
| J.P.A.            |       |        |        |
| Niek Thijsen      | 5.00  | 12e pl |        |
| Armin Pillen      | 5.14  | 14e pl |        |
| J.C.              |       |        |        |
| Nick Kamers       | 8.40  | 3e pl  |        |
| Ruben Pillen      | 8.49  | 4e pl  |        |
| Tom Braakman      | 8.58  | 6e pl  |        |
| Maikel Nijhuis    | 9.00  | 7e pl  |        |
| Heren             |       |        |        |
| Tonnie Vrieze     | 40.27 | M 44   | 7e pl  |
| Pim van Vuren     | 41.44 | M 50   | 2e pl  |
| Hans van Gerfen   | 42.11 | M 46   | 13e pl |

## Eibergen 07-12-97 Bultencross

**Borculo 13-12-97 Deoloop**

**Enschede 14-12-97 Tionloop**

**Lievelde 14-12-97 Theo Scharenborgcross Lopersvereniging Groenlo**

**Rijssen 20-12-97 Crossloop AV Rijssen**

**Almen 20-12-16 Berkelloop SV Almen**

**Losser 21-12-97 Kerstcross 2e Dinkelloop Iphitos**

|                     |               |        |        |
|---------------------|---------------|--------|--------|
| <b>M.P.A.</b>       | <b>1200 m</b> |        |        |
| Marike Brinkers     | 4.56          | 1e pl  |        |
| Maaïke Emsbroek     | 5.58          | 4e pl  |        |
| <b>M.D.</b>         | <b>1500 m</b> |        |        |
| Esli Vogel          | 6.30          | 4e pl  |        |
| Justine Dijkstra    | 6.36          | 5e pl  |        |
| <b>M.C.</b>         | <b>1500 m</b> |        |        |
| Karin Meijer        | 6.43          | 6e pl  |        |
| Anne Heideveld      | 6.51          | 7e pl  |        |
| Louise Kemna        | 6.56          | 8e pl  |        |
| <b>M.B.</b>         | <b>2500 m</b> |        |        |
| Suzanne Dijkstra    | 11.17         | 1e pl  |        |
| <b>Dames</b>        | <b>5000 m</b> |        |        |
| Anjo Luttkholt      | 24.19         | V 27   | 2e pl  |
| Ada ter Woerds      | 25.59         | V 41   | 5e pl  |
| <b>J.P.A.</b>       | <b>1200 m</b> |        |        |
| Ard Nijkamp         | 5.19          | 8e pl  |        |
| <b>J.D.</b>         | <b>1500 m</b> |        |        |
| Tamo Vogel          | 5.45          | 1e pl  |        |
| Chris Meis          | 6.48          | 12e pl |        |
| Remco Nijkamp       | 7.03          | 15e pl |        |
| <b>J.C.</b>         | <b>2500 m</b> |        |        |
| Joep Brinkers       | 9.07          | 1e pl  |        |
| Nick Kamers         | 10.10         | 5e pl  |        |
| Kjell Vogel         | 10.40         | 6e pl  |        |
| Maikel Nijhuis      | 10.48         | 8e pl  |        |
| Andre Louis Wassink | 11.27         | 9e pl  |        |
| Roy Nijkamp         | 12.06         | 11e pl |        |
| Frank van Rooyen    | 13.36         | 14e pl |        |
| Arend Fekkes        | 13.37         | 15e pl |        |
| <b>J.A.</b>         | <b>5000 m</b> |        |        |
| Ronald Boomkamp     | 19.02         | 1e pl  |        |
| <b>Heren</b>        | <b>10 km</b>  |        |        |
| Theo Schootman      | 39.51         | M 49   | 2e pl  |
| Pim van Vuren       | 45.02         | M 51   | 17e pl |

|                 |       |      |        |
|-----------------|-------|------|--------|
| Hans van Gerfen | 45.24 | M 47 | 18e pl |
| Hans ter woerds | 46.49 | M 43 | 24e pl |

## Vorden 28-12-97 Oudejaarscross

## Meddo 28-12-97 13e Keiloop SC Meddo

## Almelo 31-12-97 Oudejaarsloop Sisu

## Soest 31-12-97 Sylvestercross

| leden 1998           | geb .d.d |      | d.d in   | d.d. uit |
|----------------------|----------|------|----------|----------|
| <b>M.P.C.</b>        |          |      |          |          |
| Eva van Enk          | 1991     | V 7  | 07.04.98 | 31.12.98 |
| Hilde van de Bos     | 1990     | V 8  | 10.10.97 | 01.12.99 |
| Bente Hammer         | 1991     | V 7  | 17.11.97 | 01.07.04 |
| Anne Fleur Heinen    | 1992     | V 6  | 11.05.98 | 01.03.99 |
| Emma Koerts          | 1992     | V 6  | 10.12.97 | 01.11.99 |
| Loes Markerink       | 1991     | V 7  | 02.03.98 | 01.08.99 |
| Tamara Meijer        | 1990     | V 8  | 09.02.98 | 01.11.99 |
| Marije Mol           | 1990     | V 8  | 16.05.98 | 01.03.01 |
| Tessa Anne Mulkens   | 1991     | V 7  | 02.12.97 | 31.12.99 |
| Lotte Anne Mulkens   | 1992     | V 6  | 02.02.98 | 01.09.99 |
| Loes Oltwater        | 1991     | V 7  | 1998     | 09-02-99 |
| Lotte van der Voort  | 1991     | V 7  | 16.11.97 | 01.12.98 |
| <b>M.P.B.</b>        |          |      |          |          |
| Cherielle Dollekamp  | 1989     | V 9  | 23.03.96 | 01.01.98 |
| Tiffanie Gussinklo   | 1989     | V 9  | 24.11.97 | 31.12.98 |
| Franka Huizinga      | 1989     | V 9  | 02-06-97 | 31.12.98 |
| Tamara Meijer        | 1989     | V 9  | 09.02.98 | 01.11.99 |
| Dorijn van de Voort  | 1989     | V 9  | 24.11.97 | 01.12.98 |
| Laura Willekes       | 1989     | V 9  | 06.10.96 | 01.03.02 |
| <b>M.P.A.</b>        |          |      |          |          |
| Kim Bentzink         | 1987     | V 11 | 20.04.98 | 01.07.99 |
| Marike Brinkers      | 1987     | V 11 | 01.10.94 | 30.04.06 |
| Maaïke Emsbroek      | 1987     | V 11 | 01.10.94 | 01-10-02 |
| Diewertje Hammer     | 1987     | V 11 | 30.05.94 | 31.12.99 |
| Joyce Hemelt         | 1988     | V 10 | 09.12.96 | 01.05.98 |
| Merel Maarse         | 1988     | V 10 | 17.02.97 | 01.04.98 |
| Lilian Meerbeek      | 1988     | V 10 | 16-06-97 | 31.03.06 |
| Chantal Meijer       | 1987     | V 11 | 20.04.98 | 01.11.99 |
| Jolien Wansink       | 1987     | V 11 | 22.10.96 | 01.05.99 |
| <b>M.D.</b>          |          |      |          |          |
| Justine Dijkstra     | 1986     | V 12 | 27.02.96 | 01.04.01 |
| Suzanne ten Have     | 1985     | V 13 | 01.09.95 | 31.12.98 |
| Annemarie ten Hoopen | 1986     | V 12 | 01.07.95 | 01.08.98 |
| Marjolein Hövels     | 1985     | V 13 | 29.09.97 | 01.06.98 |
| Djarah Nieuwenhuis   | 1986     | V 12 | 22.04.98 | 01.07.99 |
| Nicole Roders        | 1985     | V 13 | 01.11.93 | 01.07.00 |
| Reina Visser         | 1985     | V 13 | 01.06.93 | 01.07.98 |



|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Renske Visser        | 1985 | V 13 | 20.04.97 | 01.07.98 |
| Esli Vogel           | 1986 | V 12 | 01.11.93 | 30.09.06 |
| Leonie Willekes      | 1986 | V 12 | 01-10-97 | 18-09-02 |
| M.C.                 |      |      |          |          |
| Ayan Falah Falah     | 1984 | V 14 | 05.11.97 | 01.12.98 |
| Anne Heideveld       | 1983 | V 15 | 10.04.96 | 01.05.00 |
| Mirjam Heinneman     | 1983 | V 15 | 12.11.97 | 01.09.99 |
| Louise Kemna         | 1983 | V 15 | 15.10.95 | 01.08.01 |
| Karin Meijer         | 1983 | V 15 | 15.09.92 | 01.07.98 |
| Nienke Pardijs       | 1984 | V 14 | 03.03.98 | 01.05.99 |
| Marielle Spanjer     | 1983 | V 15 | 29.05.96 | 01.11.99 |
| Inge Thijssen        | 1984 | V 14 | 15.06.93 | 01.07.00 |
| Marion Wantia        | 1983 | V 15 | 10.11.97 | 01.10.99 |
| Willeke te Winkel    | 1984 | V 14 | 01.07.96 | 01.08.04 |
| M.B.                 |      |      |          |          |
| Suzanne Dijkstra     | 1981 | V 17 | 27.10.93 |          |
| Karin Lukens         | 1982 | V 16 | 15.04.90 | 01.12.99 |
| Wilma te Raaij       | 1981 | V 17 | 20.04.94 | 31.12.99 |
| Magne Vogel          | 1982 | V 16 | 31.10.93 | 01.08.00 |
| M.A.                 |      |      |          |          |
| Suzanne Assinck      | 1980 | V 18 | 01.08.95 | 01.07.98 |
| Angeliën ten Have    | 1979 | V 19 | 01.01.89 | 31.12.98 |
| Marja Werner         | 1980 | V 18 | 16.10.95 | 01.08.98 |
| Dames                |      |      |          |          |
| Tiny te Barge        | 1951 | V 47 | 03.03.97 | 01.04.01 |
| Alie Bartelink       | 1944 | V 54 | 1976     |          |
| Marjet te Biesebeek  | 1961 | V 37 | 01.03.94 |          |
| Monique Blankvoort   | 1963 | V 35 | 14.05.96 |          |
| Ans Broekman         | 1951 | V 47 | 14.10.96 | 01.08.98 |
| Tilly Brons          | 1950 | V 48 | 08.10.98 |          |
| Harriët van der Duim | 1964 | V 34 | 01.01.94 | 01.11.98 |
| Wilma Emsbroek       | 1960 | V 38 | 01.01.97 |          |
| Truus Floor          | 1954 | V 44 | 01.09.95 |          |
| Joke Geerdes         | 1956 | V 42 | 28.08.96 |          |
| Desiré Groot Zevert  | 1963 | V 35 | 26.05.98 |          |
| Alie ten Have        | 1956 | V 42 | 01.10.92 |          |
| Ans t'Hooft- Muller  | 1951 | V 47 | 12-10-98 | 03-01-01 |
| Renate Hummelink     | 1978 | V 20 | 20-12-93 | 01.05.00 |
| Selma Jurriëns       | 1959 | V 39 | 03.10.95 |          |
| Rolin Kluivers       | 1953 | V 45 | 01.09.91 |          |
| Margret Koerts       | 1962 | V 36 | 24.11.97 |          |
| Ans te Kulve         | 1955 | V 43 | 17.11.97 | 01.05.05 |
| Ursela te Loo        | 1965 | V 33 | 01.12.97 | 01.07.05 |
| Marga van Loosen     | 1955 | V 43 | 20.09.93 | 01.07.98 |
| Yvonne van Loosen    | 1955 | V 43 | 01.04.94 | 01.02.01 |
| Sacha Lutje Spelberg | 1948 | V 50 | 01.01.90 |          |
| Diana Luyrink        | 1959 | V 39 | 01.10.94 |          |
| Anjo Lutikholt       | 1970 | V 28 | 06.03.95 | 01.07.02 |
| Marieke Markerink    | 1978 | V 20 | 17-01-94 | 01.03.00 |
| Liane Maarse         | 1963 | V 35 | 21-09-98 |          |
| Lucy Maarse          | 1955 | V 43 | 01.07.95 |          |
| Kitty de Marie       | 1947 | V 51 | 01.04.88 |          |
| Mira te Nijenhuis    | 1977 | V 21 | 07.10.84 | 01.05.00 |
| Janny Nijkamp        | 1957 | V 41 | 01.11.89 |          |
| Muriël Penterman     | 1973 | V 25 | 22.09.98 | 01.08.03 |
| Ali Siemerink        | 1954 | V 44 | 01.03.95 | 30.09.98 |
| Gonny Spexgoor       | 1961 | V 37 | 16.06.95 | 20.11.02 |
| Karin Tankink        | 1956 | V 42 | 01.10.89 |          |

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Gerda Temmink         | 1949 | V 49 | 12.10.98 |          |
| Ineke Visser          | 1955 | V 43 | 01.01.90 |          |
| Leonie Wenting        | 1969 | V 29 | 30.09.97 |          |
| Ine Wilbrink-Brinkman | 1960 | V 38 | 01.06.85 | 31.12.99 |
| Doris Willekes        | 1963 | V 35 | 01.05.84 | 01.11.02 |
| Diny Willemink        | 1950 | V 48 | 14.11.95 | 30.04.06 |
| Ada ter Woerds        | 1955 | V 42 | 01.03.94 | 01.09.00 |
| Lianne Zuidema        | 1966 | V 32 | 01.03.94 | 01.08.02 |

#### J.P.C.

|                   |      |     |          |          |
|-------------------|------|-----|----------|----------|
| Edwin van den Bos | 1992 | M 6 | 07.09.98 | 01.06.00 |
| Maikel Groen      | 1991 | M 7 | 26.09.98 | 01.04.02 |
| Julian Hermans    | 1991 | M 7 | 23.11.98 | 01.07.99 |
| Martijn te Hoonte | 1991 | M 7 | 16.03.98 | 01.08.99 |
| Gijs koerts       | 1991 | M 7 | 10.04.97 |          |
| Thomas te Loo     | 1992 | M 6 | 01.12.97 | 01.10.99 |
| Koen Maarse       | 1990 | M 8 | 01.10.96 | 01.11.99 |
| Patrick Meijer    | 1993 | M 5 | 01.11.98 | 01.11.99 |
| Bas Mol           | 1990 | M 8 | 16.05.98 | 01.06.99 |
| Luuk van de Sandt | 1991 | M 7 | 18.01.98 | 01.11.98 |

#### J.P.B.

|                |      |     |          |          |
|----------------|------|-----|----------|----------|
| Rinse Hammer   | 1989 | M 9 | 17.11.97 | 01.04.02 |
| Pascal Hermans | 1989 | M 9 | 23.11.98 | 01.07.99 |
| Marco Roders   | 1989 | M 9 | 15.03.95 | 31.12.98 |

#### J.P.A.

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Koen van de Bos  | 1988 | M 10 | 10.10.97 | 01.12.99 |
| Hidde Braakman   | 1988 | M 10 | 01.07.94 | 01.09.99 |
| Chris Doornweerd | 1988 | M 10 | 15.09.98 |          |
| Maarten Geerdes  | 1988 | M 10 | 01.04.96 | 01.05.04 |
| Eelco van Hattem | 1987 | M 11 | 09.03.98 | 01.07.01 |
| Jasper Heming    | 1988 | M 10 | 28-09-98 |          |
| Ard Nijkamp      | 1987 | M 11 | 15.09.92 |          |
| Niek Thijsen     | 1987 | M 11 | 08.11.93 | 15.07.01 |
| Armin Pillen     | 1987 | M 11 | 15.04.93 | 25.08.02 |
| Kay Jansen       | 1987 | M 11 | 06.01.97 | 01.10.98 |

#### J.D.

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| Wessel Braakman | 1986 | M 12 | 01.03.93 | 01.09.99 |
| Ruud Geerdes    | 1985 | M 13 | 01.01.97 | 31.03.03 |
| Thijs Hesselink | 1985 | M 13 | 06.12.95 | 03.10.02 |
| Remco Nijkamp   | 1985 | M 13 | 15.02.91 |          |
| Chris Meis      | 1985 | M 13 | 12.02.96 | 01.11.98 |
| Tamo Vogel      | 1986 | M 12 | 01.11.92 | 01.11.03 |

#### J.C.

|                     |      |      |          |          |
|---------------------|------|------|----------|----------|
| Sebastiaan Abbink   | 1984 | M 14 | 06-10-97 | 01-02-98 |
| Niek Blekkink       | 1983 | M 15 | 01.09.95 | 01.04.05 |
| Tom Braakman        | 1984 | M 14 | 01.03.93 | 01.09.99 |
| Joep Brinkers       | 1984 | M 14 | 01.02.92 |          |
| Melvyn Doekharan    | 1984 | M 14 | 10.09.97 | 31.12.99 |
| Arend Fekkes        | 1984 | M 14 | 08.09.96 | 01.07.98 |
| Nick Kamers         | 1983 | M 15 | 06.03.93 |          |
| Maikel Nijhuis      | 1984 | M 14 | 07.04.97 | 01.12.00 |
| Roy Nijkamp         | 1983 | M 15 | 01.10.90 |          |
| Ruben Pillen        | 1983 | M 15 | 01.06.90 | 01.05.00 |
| Frank van Rooyen    | 1984 | M 14 | 23.06.97 | 31.12.02 |
| Kjell Vogel         | 1984 | M 14 | 01.03.91 |          |
| Andre Louis Wassink | 1984 | M 14 | 01.09.91 | 16.08.02 |

#### J.B.

|                |      |      |          |          |
|----------------|------|------|----------|----------|
| Remco Verdoold | 1982 | M 16 | 21.02.96 | 01.04.98 |
|----------------|------|------|----------|----------|

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| J.A.            |      |      |          |          |
| Ronald Boomkamp | 1979 | M 19 | 01.07.87 |          |
| Wilfred Brons   | 1978 | M 19 | 01.10.92 | 01.11.98 |
| Michel Floors   | 1979 | M 19 | 01.09.95 | 01.01.98 |
| Joost Ottink    | 1980 | M 18 | 01.06.90 | 03.11.02 |
| Mark Orriëns    | 1979 | M 19 | 01.09.95 | 01.05.99 |

|                     |      |      |          |          |
|---------------------|------|------|----------|----------|
| Heren               |      |      |          |          |
| Ton Bangert         | 1953 | M 45 | 24.05.98 | 31.12.01 |
| Joop Bartelink      | 1940 | M 58 | 08-05-05 |          |
| Gerton Berkemeijer  | 1975 | M 23 | 01.05.88 | 01.11.98 |
| Marcel Bos          | 1972 | M 26 | 27.09.93 | 01.10.98 |
| Ernst Jan Boswinkel | 1965 | M 33 | 22.09.98 |          |
| Theo Broekman       | 1948 | M 50 | 03.10.93 | 31.12.01 |
| Dewald Bruntink     | 1976 | M 22 | 05.05.97 | 01.05.99 |
| Henk Daleman        | 1953 | M 45 | 01.01.95 | 31.12.00 |
| Bob Doornweerd      | 1959 | M 39 | 02.11.98 |          |
| Dick Drenten        | 1953 | M 45 | 08.03.95 |          |
| Marty Firing        | 1945 | M 53 | 1976     |          |
| Mark Floor          | 1974 | M 24 | 07.03.95 | 01.06.04 |
| Henk Fontijn        | 1965 | M 33 | 23.11.95 | 01.08.02 |
| Herbert Garritsen   | 1966 | M 32 | 29-05-05 |          |
| Hans Garritsen      | 1946 | M 52 | 01.02.87 | 01.07.98 |
| Hans Gerfen         | 1951 | M 47 | 20.01.93 | 01.05.00 |
| Matty Gerfen        | 1943 | M 55 | 01.12.94 | 31.12.04 |
| Leo Groot Zevert    | 1935 | M 63 | 28.04.97 | 28.02.05 |

#### Heren vervolg

|                        |      |      |          |          |
|------------------------|------|------|----------|----------|
| Ben Harbers            | 1975 | M 23 | 01.09.91 | 16.08.02 |
| Gerrit Harder          | 1953 | M 45 | 01.09.93 | 31.12.05 |
| Joop Haarlink          | 1954 | M 44 | 09.09.96 | 13.10.02 |
| Herman Heideveld       | 1952 | M 46 | 01.06.93 | 01.07.06 |
| Ewald Hendriks         | 1965 | M 33 | 01.04.93 | 01.07.99 |
| Herman Hilhorst        | 1966 | M 32 | 09.11.96 | 11.11.02 |
| Jan Homrighausen       | 1954 | M 44 | 01.09.93 |          |
| Bennie Huirne          | 1935 | M 63 | 01.01.92 |          |
| Jan Hummelink          | 1951 | M 47 | 10.02.96 | 01.12.98 |
| L. Ijssenagger         | 1910 | M 88 | 1948     | 16-03-00 |
| Gerrit Kamers          | 1956 | M 42 | 15.11.93 | 29-11-10 |
| Harry Kemna            | 1955 | M 43 | 06.09.94 | 01.10.99 |
| Geert Klein Bruinink   | 1965 | M 33 | 11.04.92 |          |
| Gerard Klein Wolterink | 1968 | M 30 | 18.12.96 | 01.04.01 |
| Henk Klein Wolterink   | 1965 | M 33 | 20.05.96 | 01.07.00 |
| Alan Knigge            | 1963 | M 35 | 03.05.97 |          |
| Jos Kolner             | 1958 | M 40 | 04.02.97 | 01.07.99 |
| Gerrit kuipers         | 1961 | M 38 | 11-12-95 |          |
| Erwin Leussenkamp      | 1969 | M 29 | 01.08.81 | 01.12.05 |
| Robert Leussenkamp     | 1965 | M 33 | 01.08.81 | 01.04.02 |
| Marcel Liebrand        | 1959 | M 39 | 01.06.85 |          |
| Albert Lukens          | 1949 | M 49 | 01.10.92 |          |
| Tonnie Lutikholt       | 1954 | M 44 | 25-05-05 |          |
| Nick Maatman           | 1978 | M 20 | 01.04.86 |          |
| Alfred Meekes          | 1975 | M 23 | 01.05.86 |          |
| Stefan Mol             | 1978 | M 20 | 01.11.92 | 01.07.00 |
| Ben te Nijenhuis       | 1948 | M 50 | 1987     | 2003     |
| Dennis te Nijenhuis    | 1974 | M 24 | 07.10.84 |          |
| Paul Nijenhuis         | 1959 | M 39 | 27.11.95 |          |
| Theo Nijkamp           | 1952 | M 46 | 1972     |          |
| Freek Notten           | 1951 | M 47 | 01.03.92 | 01.11.01 |
| Mark Orriëns           | 1978 | M 20 | 01.09.95 | 01.05.99 |
| Peter Pietersen        | 1950 | M 48 | 23-09-96 | 01-10-98 |
| Huub Ras               | 1930 | M 68 | 1956     |          |

Erelid

|                     |      |      |          |          |        |
|---------------------|------|------|----------|----------|--------|
| Roy Reimerink       | 1974 | M 24 | 08-04-97 | 01-03-98 | Erelid |
| Jos van Rooijen     | 1947 | M 51 | 01.04.95 | 31.12.05 |        |
| Martin Rooks        | 1955 | M 43 | 29.10.97 |          |        |
| Dirk Schilp         | 1947 | M 51 | 29.05.96 | 01.04.00 |        |
| Theo Schootman      | 1949 | M 49 | 01.12.92 |          |        |
| Leo Sijtsma         | 1941 | M 57 | 01.11.92 | 31.12.99 |        |
| Arie Simmelink      | 1932 | M 65 | 1952     | 1998     |        |
| Jan Staring         | 1945 | M 53 | 22.04.92 | 01.04.01 |        |
| Erik Stotelder      | 1962 | M 36 | 01.11.91 | 01.10.99 |        |
| Hennie Temmink      | 1943 | M 65 | 01.01.84 |          |        |
| Pim Temmink         | 1973 | M 25 | 02.11.96 | 31.12.02 |        |
| Mark Temmink        | 1972 | M 26 | 01.06.85 | 31.12.99 |        |
| Bert Vogel          | 1953 | M 45 | 04-11-93 |          |        |
| Ronny Vogt          | 1968 | M 30 | 1995     | 01.05.99 |        |
| Tonnie Vrieze       | 1953 | M 45 | 04.09.95 | 01.11.99 |        |
| Pim van Vuren       | 1947 | M 51 | 01.10.93 |          |        |
| Rob van Waardenburg | 1974 | M 24 | 24.06.97 | 31.01.98 |        |
| Johan Wansing       | 1932 | M 66 | 1948     |          |        |
| Jo Wassink          | 1948 | M 50 | 01.08.95 | 31.12.05 |        |
| Rudy Wedel          | 1947 | M 51 | 1961     |          |        |
| Michel Wenting      | 1968 | M 30 | 30-09-97 |          |        |
| Henk Wesselink      | 1950 | M 48 | 01.12.92 | 01.07.02 |        |
| Henk Wielens        | 1947 | M 51 | 01.09.94 | 31.12.98 |        |
| Mike Wientjes       | 1958 | M 40 | 01.03.92 | 01.09.02 |        |
| Wim Wieskamp        | 1946 | M 52 | 01.04.93 | 01.07.98 |        |
| Jan Wikkerink       | 1954 | M 44 | 01.07.97 |          |        |
| Gerard Willekes     | 1956 | M 42 | 01-03-90 |          |        |
| Jan Willemink       | 1950 | M 48 | 01.02.98 | 01.05.99 |        |
| Hans ter Woerds     | 1955 | M 43 | 01.11.91 | 01.03.01 |        |

## 1998 November 50 Jaar ASV

### Eibergen 04-01-98 Nieuwjaarscross

|                   |        |        |       |
|-------------------|--------|--------|-------|
| M.P.A.            | 1500 m |        |       |
| Marike Brinkers   | 6.51   | 1e pl  |       |
| Maaïke Emsbroek   | 7.40   | 2e pl  |       |
| Lilian Meerbeek   | 9.29   | 8e pl  |       |
| M.D.              | 1500 m |        |       |
| Esli Vogel        | 7.11   | 4e pl  |       |
| Nicole Roders     | 7.52   | 9e pl  |       |
| M.C.              | 2100 m |        |       |
| Louise Kemna      | 10.46  | 5e pl  |       |
| Anne Heideveld    | 10.55  | 6e pl  |       |
| Inge Thijssen     | 10.58  | 7e pl  |       |
| Karin Meijer      | 11.09  | 8e pl  |       |
| Willeke te Winkel | 12.17  | 10e pl |       |
| M.B.              | 2880 m |        |       |
| Suzanne Dijkstra  | 12.35  | 2e pl  |       |
| Magne Vogel       | 15.10  | 4e pl  |       |
| Dames             | 5760 m |        |       |
| Anjo Luttkholt    | 28.02  | V 28   | 2e pl |
| J.P.A.            | 1500 m |        |       |
| Ard Nijkamp       | 7.26   | 6e pl  |       |
| Armin Pillen      | 7.39   | 11e pl |       |
| Niek Thijsen      | 7.40   | 12e pl |       |

|               |               |        |
|---------------|---------------|--------|
| <b>J.D.</b>   | <b>2100 m</b> |        |
| Tamo Vogel    | 8.58          | 1e pl  |
| Remco Nijkamp | 10.41         | 10e pl |

|                     |               |        |
|---------------------|---------------|--------|
| <b>J.C.</b>         | <b>2880 m</b> |        |
| Joep Brinkers       | 10.47         | 1e pl  |
| Nick Kamers         | 11.41         | 4e pl  |
| Kjell Vogel         | 12.31         | 5e pl  |
| Ruben Pillen        | 12.58         | 6e pl  |
| Maikel Nijhuis      | 13.14         | 8e pl  |
| Niek Blekkink       | 13.27         | 9e pl  |
| Roy Nijkamp         | 13.54         | 10e pl |
| Andre Louis Wassink | 14.11         | 11e pl |
| Tom Braakman        | 15.06         | 12e pl |
| Frank van Rooyen    | 16.13         | 14e pl |
| Arend Fekkes        | 16.18         | 15e pl |

|                 |               |       |
|-----------------|---------------|-------|
| <b>J.A.</b>     | <b>8640 m</b> |       |
| Ronald Boomkamp | 32.02         | 1e pl |

|                      |                |      |        |
|----------------------|----------------|------|--------|
| <b>Heren</b>         | <b>11520 m</b> |      |        |
| Theo Schootman       | 45.07          | M 49 | 2e pl  |
| Geert Klein Bruinink | 49.34          | M 33 | 9e pl  |
| Tonnie Vrieze        | 50.36          | M 45 | 9e pl  |
| Jan Wikkerink        | 50.53          | M 44 | 12e p  |
| Hans van Gerfen      | 52.17          | M 47 | 16e pl |
| Jan Hummelink        | 53.34          | M 47 | 17e pl |
| Hans ter woerds      | 54.24          | M 43 | 20e pl |
| Matty Gerfen         | 54.52          | M 55 | 2e pl  |
| Jan Homrighausen     | 55.36          | M 44 | 21e pl |
| Herbert Garritsen    | 59.59          | M 32 | 16e pl |

## Einduitslag Twentse Cross Competitie 1997/1998

|                 |       |
|-----------------|-------|
| <b>M.P.A.</b>   |       |
| Marike Brinkers | 1e pl |
| Maaïke Emsbroek | 3e pl |
| Lilian Meerbeek | 6e pl |

|                  |       |
|------------------|-------|
| <b>M.D.</b>      |       |
| Esli Vogel       | 4e pl |
| Justine Dijkstra | 6e pl |
| Nicole Roders    | 9e pl |

|                   |        |
|-------------------|--------|
| <b>M.C.</b>       |        |
| Karin Meijer      | 7e pl  |
| Anne Heideveld    | 8e pl  |
| Louise Kemna      | 9e pl  |
| Inge Thijssen     | 10e pl |
| Willeke te Winkel | 11e pl |

|                  |       |
|------------------|-------|
| <b>M.B.</b>      |       |
| Suzanne Dijkstra | 1e pl |
| Magne Vogel      | 2e pl |

|                |       |      |
|----------------|-------|------|
| <b>Dames</b>   |       |      |
| Anjo Luttkholt | 2e pl | V 28 |

|                 |       |      |
|-----------------|-------|------|
| <b>Dames 40</b> |       |      |
| Ada ter Woerds  | 6e pl | V 42 |

|                     |        |      |
|---------------------|--------|------|
| <b>J.P.B.</b>       |        |      |
| Marco Roders        | 5e pl  |      |
| <b>J.P.A.</b>       |        |      |
| Ard Nijkamp         | 9e pl  |      |
| Niek Thijsen        | 13e pl |      |
| Armin Pillen        | 14e pl |      |
| <b>J.D.</b>         |        |      |
| Tamo Vogel          | 2e pl  |      |
| Remco Nijkamp       | 14e pl |      |
| <b>J.C.</b>         |        |      |
| Joep Brinkers       | 1e pl  |      |
| Nick Kamers         | 5e pl  |      |
| Ruben Pillen        | 6e pl  |      |
| Kjell Vogel         | 8e pl  |      |
| Maikel Nijhuis      | 9e pl  |      |
| Tom Braakman        | 10e pl |      |
| Andre Louis Wassink | 11e pl |      |
| Roy Nijkamp         | 12e pl |      |
| Frank van Rooyen    | 15e pl |      |
| Arend Fekkes        | 16e pl |      |
| <b>J.A.</b>         |        |      |
| Ronald Boomkamp     | 1e pl  |      |
| <b>Heren 40</b>     |        |      |
| Theo Schootman      | 2e pl  | M 49 |
| Tonnie Vrieze       | 8e pl  | M 45 |
| Hans Gerfen         | 16e pl | M 47 |
| Hans ter Woerds     | 22e pl | M 43 |
| <b>Heren 50</b>     |        |      |
| Pim van Vuren       | 2e pl  | M 51 |

## **Einduitslag Twentse Cross Competitie 1997/1998 vervolg**

### **Verenigingsklassement**

|                 |              |                |
|-----------------|--------------|----------------|
| <b>Pupillen</b> | <b>5e pl</b> | <b>99 pnt</b>  |
| <b>Junioren</b> | <b>1e pl</b> | <b>363 pnt</b> |
| <b>Senioren</b> | <b>3e pl</b> | <b>178 pnt</b> |

## **Nijverdal 03-01-98 Nieuwjaarsloop AV Athletics**

## **Eibergen 10-01-98 Crossloop Sportclub Eibergen**

## **Nijmegen 10-01-98 Oost Nederlandse Cross Kampioenschappen**

|                        |               |        |
|------------------------|---------------|--------|
| <b>M.P.A. 2e jaars</b> | <b>1500 m</b> |        |
| Marike Brinkers        | 6.15          | 2e pl  |
| Maaïke Emsbroek        | 7.24          | 19e pl |
| <b>M.B.</b>            | <b>3500 m</b> |        |
| Suzanne Dijkstra       | 15.52         | 9e pl  |
| <b>J.C. 1e jaars</b>   | <b>3500 m</b> |        |

|                 |        |       |
|-----------------|--------|-------|
| Joep Brinkers   | 12.50  | 1e pl |
| J.A.            | 8000 m |       |
| Ronald Boomkamp | 28.15  | 7e pl |

Hengelo 11-01-98 1e Woolderesloop MPM

Enschede 11-01-98 indoorwedstrijd AC Tion

Enschede 18-01-98 40e Bommelasloop RST

Haaksbergen 18-01-98 Watermolenloop AV Haaksbergen

Hengelo 21-01-98 2e Woolderesloop MPM

Breda 18-01-98 29e Internationale Sprintcross

|                 |        |        |
|-----------------|--------|--------|
| J.A.            | 7300 m |        |
| Ronald Boomkamp | 26.08  | 13e pl |

Enschede 25-01-98 Tionloop

Holten 25-01-98 Holterbergcross AV Holten

Holten 31-01-98 OAD Crosslopen AV Rijssen

Hengelo 01-02-98 3e Woolderesloop MPM

Uden 01-02-98 Profile Cross AV de Keien

|                 |        |        |
|-----------------|--------|--------|
| J.C. 1e jaars   | 3230 m |        |
| Joep Brinkers   | 12.04  | 5e pl  |
| J.A.            | 7370 m |        |
| Ronald Boomkamp | 27.29  | 23e pl |

Apeldoorn 07-02-98 25e Midwinter Marathon

Losser 08-02-98 3e Dinkelloop AV Iphitos

Eibergen 14-02-98 Karnevalsloop

Heerde 14-02-98 4e wedstrijd Oost Nederlandse Kampioenschap

|                 |        |        |
|-----------------|--------|--------|
| M.P.A. 2e jaars | 1503 m |        |
| Marike Brinkers | 6.02   | 3e pl  |
| Maaïke Emsbroek | 7.09   | 19e pl |
| J.C. 1e jaars   | 3525 m |        |
| Joep Brinkers   | 12.59  | 2e pl  |
| J.A.            | 7971 m |        |
| Ronald Boomkamp | 28.27  | 4e pl  |

#### **Einduitslag Oost Nederlands Crosskampioenschappen 1997/1998**

|                 |        |  |
|-----------------|--------|--|
| M.P.A. 2e jaars |        |  |
| Marike Brinkers | 3e pl  |  |
| Maaïke Emsbroek | 19e pl |  |
| J.C. 1e jaars   |        |  |
| Joep Brinkers   | 1e pl  |  |
| J.A.            |        |  |
| Ronald Boomkamp | 4e pl  |  |

#### **Den Haag 14/15-02-98 NK Senioren en Nationale C Spelen KNAU**

#### **Valkenswaard 15-02-98 NK veldloop Veteranen**

#### **Oldenzaal 15-02-98 Hulsbeekcross**

|                |          |      |       |
|----------------|----------|------|-------|
| Heren          | 12.000 m |      |       |
| Theo Schootman | 47.12    | M 49 | 4e pl |

#### **Den Haag 21/22-02-98 NK AB Junioren KNAU**

#### **Nijverdal 21-02-98 Crosscompetitie ACO Touwen**

#### **Hengelo 22-02-98 4e Woolderesloop MPM**

#### **Goor 28-02-98 Herikerbergloop AV Goor**

#### **Asten 01-03-98 Delta Lloyd NK Veldlopen**

|                 |        |        |
|-----------------|--------|--------|
| J.A.            | 8000 m |        |
| Ronald Boomkamp | 28.01  | 15e pl |

#### **Winterswijk 07-03-98 10e Engelse Mijlenloop**

|                 |         |      |
|-----------------|---------|------|
| Heren           | 10 EM   |      |
| Theo Schootman  | 59.37   | M 49 |
| Gerrit Harder   | 1.04.41 | M 45 |
| Pim van Vuren   | 1.08.42 | M 51 |
| Hans van Gerfen | 1.11.44 | M 47 |

#### **Enschede 15-03-98 Indoorwedstrijd AC Tion**



|                 |      |        |        |       |
|-----------------|------|--------|--------|-------|
| M.P.B.          | 40 m | Hoog   | Kogel  |       |
| Laura Willekes  | 7.2  | 0.90 m | 5.53 m | 1e pl |
| M.P.A.          | 60 m | Hoog   | Kogel  |       |
| Maike Emsbroek  | 10.2 | 0.90 m | 5.14 m |       |
| M.D.            | 60 m | Kogel  |        |       |
| Leonie Willekes | 10.3 | 8.09 m |        |       |

### Haaksbergen 22-03-98 4e Engelse Mijlenloop

|                    |         |      |  |
|--------------------|---------|------|--|
| Dames              | 5 EM    |      |  |
| Lianne Zuidema     | 38.06   | V 32 |  |
| Dames              | 10 EM   |      |  |
| Monique Blankvoort | 1.19.12 | V 35 |  |
| Rolin Kluivers     | 1.27.52 | V 45 |  |
| Truus Floor        | 1.27.53 | V 44 |  |
| J.C.               | 5 EM    |      |  |
| Nick Kamers        | 33.33   |      |  |
| Tom Braakman       | 35.11   |      |  |
| Heren              | 5 EM    |      |  |
| Henk Fontijn       | 30.56   | M 33 |  |
| Stefan Mol         | 33.28   | M 20 |  |
| Heren              | 10 EM   |      |  |
| Theo Schootman     | 58.21   | M 49 |  |
| Matty Gerfen       | 1.08.18 | M 55 |  |
| Hans van Gerfen    | 1.10.08 | M 47 |  |
| Jan Willemink      | 1.14.57 | M 48 |  |
| Leo Groot Zevert   | 1.18.24 | M 63 |  |
| Bennie Huirne      | 1.19.43 | M 63 |  |
| Theo Broekman      | 1.20.47 | M 50 |  |
| Gerrit Kamers      | 1.22.35 | M 42 |  |
| Paul Nijenhuis     | 1.22.45 | M 39 |  |

### Gaanderen 29-03-98 28e Achterhoekcross AV Argo

### Losser 29-03-98 Drielandenloop 25 km Iphitos

### Aalten 04-04-98 Halve Marathon AVA 70

### Eibergen 05-04-98 Indoor Clubkampioenschappen

|                    |      |        |        |         |
|--------------------|------|--------|--------|---------|
| Mini Pup Meisjes   | 30 m | Ver    | Kogel  | Bal     |
| Lotte van de Voort | 6.7  | 2.02 m | 4.19 m | 7.24 m  |
| Emma koerts        | 6.6  | 2.00 m | 2.92 m | 6.00 m  |
| Bente Hammer       | 6.7  | 1.49 m | 2.40 m | 6.92 m  |
| Anne Fleur Heinen  | 7.2  | 1.48 m | 2.57 m | 6.74 m  |
| Loes markerink     | 7.4  | 1.70 m | 2.74 m | 6.90 m  |
| Eva van enk        | 7.3  | 1.68 m | 2.37 m | 5.64 m  |
| M.P.C.             | 30 m | Ver    | Kogel  | Bal     |
| Marije Mol         | 6.1  | 2.45 m | 3.16 m | 10.98 m |
| Tamara Meijer      | 6.3  | 1.97 m | 3.75 m | 9.84 m  |
| Hilde van de Bos   | 6.4  | 2.08 m | 2.86 m | 7.42 m  |

|                         |             |            |              |              |
|-------------------------|-------------|------------|--------------|--------------|
| <b>M.P.B.</b>           | <b>30 m</b> | <b>Ver</b> | <b>Kogel</b> | <b>Bal</b>   |
| Laura Willekes          | 5.6         | 2.93 m     | 5.55 m       | 15.70 m      |
| Dorijn van de Voort     | 6.5         | 2.29 m     | 3.39 m       | 9.54 m       |
| Tiffanie Gussinklo      | 6.4         | 1.95 m     | 2.94 m       | 8.42 m       |
| <b>M.P.A.</b>           | <b>30 m</b> | <b>Ver</b> | <b>Kogel</b> | <b>Bal</b>   |
| Maaïke Emsbroek         | 5.3         | 3.35 m     | 5.62 m       | 22.20 m      |
| Marieke Brinkers        | 5.6         | 3.13 m     | 4.46 m       | 11.80 m      |
| Diewertje Hammer        | 5.7         | 2.75 m     | 4.99 m       | 13.14 m      |
| Lilian Meerbeek         | 6.2         | 2.48 m     | 4.75 m       | 9.24 m       |
| <b>M.D.</b>             | <b>30 m</b> | <b>Ver</b> | <b>Hoog</b>  | <b>Kogel</b> |
| Reina Visser            | 5.2         | 3.78 m     | 1.15 m       | 7.89 m       |
| Renske Visser           | 5.2         | 3.35 m     | 1.15 m       | 7.39 m       |
| Leonie Willekes         | 5.6         | 2.90 m     | 1.20 m       | 8.27 m       |
| Nicole Roders           | 5.4         | 3.20 m     | 1.15 m       | 6.88 m       |
| Esli Vogel              | 5.4         | 3.24 m     | 1.00 m       | 6.08 m       |
| Djarah Nieuwenhuis      | 6.8         | 2.69 m     | 0.95 m       | 5.12 m       |
| <b>M.C.</b>             | <b>30 m</b> | <b>Ver</b> | <b>Hoog</b>  | <b>Kogel</b> |
| Willeke te Winkel       | 5.0         | 3.67 m     | 1.40 m       | 7.11 m       |
| Marielle Spanjer        | 5.4         | 3.30 m     | 1.25 m       | 6.96 m       |
| <b>M.B.</b>             | <b>30 m</b> | <b>Ver</b> | <b>Hoog</b>  | <b>Kogel</b> |
| Magne Vogel             | 5.0         | 4.18 m     | 1.40 m       | 7.90 m       |
| <b>Mini Pup Jongens</b> | <b>30 m</b> | <b>Ver</b> | <b>Kogel</b> | <b>Bal</b>   |
| Gijs koerts             | 6.3         | 2.09 m     | 4.60 m       | 11.96 m      |
| Luuk van de Sandt       | 6.5         | 2.30 m     | 4.31 m       | 13.36 m      |
| Martijn te Hoonte       | 6.7         | 1.62 m     | 2.68 m       | 6.10 m       |
| <b>J.P.C.</b>           | <b>30 m</b> | <b>Ver</b> | <b>Kogel</b> | <b>Bal</b>   |
| Koen Maarse             | 6.5         | 2.13 m     | 4.84 m       | 12.92 m      |
| Bas Mol                 | 6.5         | 1.91 m     | 3.12 m       | 9.26 m       |
| <b>J.P.B.</b>           | <b>30 m</b> | <b>Ver</b> | <b>Kogel</b> | <b>Bal</b>   |
| Rinse hammer            | 5.6         | 2.76 m     | 3.18 m       | 8.40 m       |
| <b>J.P.A.</b>           | <b>30 m</b> | <b>Ver</b> | <b>Kogel</b> | <b>Bal</b>   |
| Niek Thijsen            | 5.4         | 3.47 m     | 7.83 m       | 27.96 m      |
| Ard Nijkamp             | 5.6         | 3.03 m     | 6.34 m       | 22.88 m      |
| Kay Jansen              | 5.9         | 2.71 m     | 6.71 m       | 28.42 m      |
| Armin Pillen            | 5.6         | 2.42 m     | 6.12 m       | 27.96 m      |
| Koen van de Bos         | 5.9         | 2.71 m     | 5.38 m       | 21.44 m      |
| Maarten Geerdes         | 6.8         | 2.13 m     | 4.40 m       | 17.12 m      |
| <b>J.D.</b>             | <b>30 m</b> | <b>Ver</b> | <b>Hoog</b>  | <b>Kogel</b> |
| Chris Meis              | 5.1         | 4.02 m     | 1.20 m       | 7.03 m       |
| Tamo Vogel              | 5.2         | 3.41 m     | 1.20 m       | 5.30 m       |
| Remco Nijkamp           | 5.9         | 2.60 m     | 1.00 m       | 4.89 m       |

## Eibergen 05-04-98 Indoor Clubkampioenschappen vervolg

|                     |             |            |             |              |
|---------------------|-------------|------------|-------------|--------------|
| <b>J.C.</b>         | <b>30 m</b> | <b>Ver</b> | <b>Hoog</b> | <b>Kogel</b> |
| Niek Blekkink       | 4.6         | 4.62 m     | 1.60 m      | 10.87 m      |
| Roy Nijkamp         | 5.0         | 4.42 m     | 1.30 m      | 10.85 m      |
| Kjell Vogel         | 5.0         | 3.80 m     | 1.40 m      | 7.35 m       |
| Nick Kamers         | 5.0         | 3.90 m     | 1.30 m      | 6.00 m       |
| Joep Brinkers       | 4.9         | 3.70 m     | 1.30 m      | 5.78 m       |
| Frank van Rooyen    | 4.9         | 3.71 m     | 1.20 m      | 6.06 m       |
| Andre Louis Wassink | 5.5         | 3.85 m     | 1.30 m      | 6.08 m       |

|                     |      |        |        |        |      |
|---------------------|------|--------|--------|--------|------|
| Heren               | 30 m | Ver    | Hoog   | Kogel  |      |
| Dennis te Nijenhuis | 4.8  | 5.17 m | 1.65 m | 9.84 m | M 24 |
| Herbert Garritsen   | 4.6  | 4.60 m | 1.65 m | 8.50 m | M 32 |
| Nick Maatman        | 4.7  | 4.20 m | 1.55 m | 8.85 m | M 20 |
| Mark Floor          | 5.0  | 4.25 m | 1.30 m | 6.42 m | M 24 |

### Oldenzaal 05-04-98 Hoge Lage Torenloop

|                |         |      |       |  |
|----------------|---------|------|-------|--|
| Dames          | 15 km   |      |       |  |
| Lianne Zuidema | 1.17.16 | V 32 |       |  |
| Heren          | 15 km   |      |       |  |
| Theo Schootman | 54.37   | M 49 | 1e pl |  |
| Matty Gerfen   | 1.04.24 | M 55 |       |  |

### Almelo 13-04-98 Halve Marathon AV Sisu

### Haaksbergen 18-04-98 Pupillen CD Junioren Wedstrijd

|                     |       |        |         |        |         |
|---------------------|-------|--------|---------|--------|---------|
| M.P.B.              | 40 m  | Hoog   | Bal     |        |         |
| Laura Willekes      | 7.4   | 1.00 m | 17.72 m | 1e pl  |         |
| M.P.A.              | 60 m  | Ver    | Kogel   | 1000 m |         |
| Maaïke Emsbroek     | 9.6   | 3.45 m | 5.53 m  | 4.00.6 |         |
| Diewertje Hammer    | 11.2  | 2.77 m | 5.48 m  | 4.38.5 |         |
| M.D.                | 60 m  | 60 mh  | Ver     | Kogel  | Speer   |
| Reina Visser        | 9.5   | 13.3   | 3.88 m  | 7.42 m | 19.32 m |
| Leonie Willekes     | 10.0  | 14.8   | 3.59 m  | 7.86 m | 19.28 m |
| Justine Dijkstra    | 10.1  | 15.3   | 3.18 m  | 5.28 m | 8.34 m  |
| M.C.                | 80 m  | 80 mh  | 600 m   | Ver    | Kogel   |
| Willeke te Winkel   | 11.9  | 16.8   | 2.07.5  | 3.76 m | 7.46 m  |
| Marielle Spanjer    | 12.7  | 17.9   | x       | 3.26 m | 6.26 m  |
| J.P.B.              | 40 m  | Hoog   | Bal     | 1000 m |         |
| Rinse hammer        | 7.4   | 0.90 m | 8.80 m  | 4.22.3 |         |
| J.P.A.              | 60 m  | Ver    | Kogel   | 1000 m |         |
| Ard Nijkamp         | 10.7  | 3.00 m | 6.01 m  | 4.05.4 |         |
| Armin Pillen        | 10.9  | 2.97 m | 6.21 m  | 4.39.2 |         |
| J.C.                | 100 m | 100 mh | 800 m   | Hoog   | Kogel   |
| Niek Blekkink       | 12.7  | 16.4   | 2.32.1  | 1.55 m | 11.19 m |
| Roy Nijkamp         | 14.2  | 21.4   | 2.37.2  | 1.30 m | 9.08 m  |
| Andre Louis Wassink | 15.0  | 20.1   | 2.47.9  | 1.30 m | 5.67 m  |
| Ruben Pillen        | 15.0  | 21.8   | 2.40.2  | 1.20 m | 7.08 m  |
| Frank van Rooyen    | 14.5  | 22.8   | 2.59.2  | 1.25 m | 6.69 m  |
| Arend Fekkes        | 15.1  | 21.4   | 3.01.1  | x      | 5.61 m  |

### Apeldoorn 19-04-98 1e Compitiewedstrijd Jun A 2e klas

|                  |          |       |       |
|------------------|----------|-------|-------|
| M.A.             | 4627 Pnt |       | 4e pl |
| Marja Werner     | 4x100 m  | 57.58 |       |
| Magne Vogel      | 4x100 m  | 57.58 | M.B.  |
| Suzanne Dijkstra | 4x100 m  | 57.58 | M.B.  |
| Karin Lukens     | 4x100 m  | 57.58 | M.B.  |
| Marja Werner     | 100 m    | 13.93 |       |

|                  |        |         |      |
|------------------|--------|---------|------|
| Karin Lukens     | 400 m  | 1.16.28 | M.B. |
| Suzanne Dijkstra | 800 m  | 2.27.99 | M.B. |
| Magne Vogel      | Ver    | 3.97 m  | M.B. |
| Marja Werner     | Hoog   | 1.30 m  |      |
| Wilma te Raai    | Kogel  | 7.62 m  | M.B. |
| Wilma te Raai    | Discus | 24.82   | M.B. |
| Magne Vogel      | Speer  | 19.61 m | M.B. |

## Rotterdam 19-04-98 18e marathon

## Hengelo Gelderland 19-04-98 Stratenloop

|                |       |      |       |
|----------------|-------|------|-------|
| Heren          | 10 km |      |       |
| Theo Schootman | 36.20 | M 49 | 1e pl |

## Deventer 25-04-98 Halve Marathon van Raalte Darentria

## Hengelo 25-04-98 Competitiewedstrijd CD Junioren 1e en 2e Klas

|                      |        |         |       |
|----------------------|--------|---------|-------|
| M.D.                 | 3438   | 2e Klas | 6e pl |
| Annemarie ten Hoopen | 4x60 m | 36.5    |       |
| Justine Dijkstra     | 4x60 m | 36.5    |       |
| Esli Vogel           | 4x60 m | 36.5    |       |
| Nicole Roders        | 4x60 m | 36.5    |       |
| Annemarie ten Hoopen | 60 m   | 9.6     |       |
| Justine Dijkstra     | 60 m   | 9.9     |       |
| Esli Vogel           | 60 mh  | 13.2    |       |
| Nicole Roders        | 60 mh  | 14.8    |       |
| Justine Dijkstra     | 1000 m | 3.51.3  |       |
| Esli Vogel           | 1000 m | 3.38.2  |       |
| Annemarie ten Hoopen | Ver    | 3.38 m  |       |
| Leonie Willekes      | Kogel  | 8.77 m  |       |
| Leonie Willekes      | Speer  | 18.00 m |       |

|                   |          |         |       |
|-------------------|----------|---------|-------|
| M.C.              | 4081 pnt | 2e Klas | 4e pl |
| Anne Heideveld    | 4x80 m   | 44.8    |       |
| Mirjam Heinneman  | 4x80 m   | 44.8    |       |
| Willeke te Winkel | 4x80 m   | 44.8    |       |
| Marielle Spanjer  | 4x80 m   | 44.8    |       |
| Anne Heideveld    | 80 m     | 11.5    |       |
| Mirjam Heinneman  | 80 m     | 12.1    |       |
| Willeke te Winkel | 80 mh    | 17.2    |       |
| Marielle Spanjer  | 80 mh    | 19.5    |       |
| Louise Kemna      | 1000 m   | 3.42.3  |       |
| Karin Meijer      | 1000 m   | 3.53.4  |       |
| Anne Heideveld    | Ver      | 4.32 m  |       |
| Willeke te Winkel | Hoog     | 1.30 m  |       |
| Marielle Spanjer  | Kogel    | 7.45 m  |       |
| Inge Thijssen     | Discus   | 19.14 m |       |
| Marion Wantia     | Speer    | 14.62 m |       |

## Hengelo 25-04-98 Competitiewedstrijd CD Junioren 1e en 2e Klas vervolg

|      |      |         |       |
|------|------|---------|-------|
| J.D. | 3406 | 2e Klas | 5e pl |
|------|------|---------|-------|

|                 |        |         |
|-----------------|--------|---------|
| Thijs Hesselink | 4x80 m | 50.1    |
| Ruud Geerdes    | 4x80 m | 50.1    |
| Tamo Vogel      | 4x80 m | 50.1    |
| Chris Meis      | 4x80 m | 50.1    |
| Ruud Geerdes    | 80 m   | 12.4    |
| Remco Nijkamp   | 80 m   | 14.1    |
| Tamo Vogel      | 80 mh  | 17.8    |
| Chris Meis      | 80 mh  | 15.7    |
| Remco Nijkamp   | 1000 m | 3.53.2  |
| Tamo Vogel      | 1000 m | 3.24.5  |
| Chris Meis      | Ver    | 4.12 m  |
| Ruud Geerdes    | Hoog   | 1.10 m  |
| Thijs Hesselink | Kogel  | 9.08 m  |
| Thijs Hesselink | Discus | 20.78 m |

|                     |          |         |       |
|---------------------|----------|---------|-------|
| J.C.                | 8354 pnt | 1e klas | 2e pl |
| Niek Blekkink       | 4x100    | 54.1    |       |
| Arend Fekkes        | 4x100    | 54.1    |       |
| Maikel Nijhuis      | 4x100    | 54.1    |       |
| Frank van Rooyen    | 4x100    | 54.1    |       |
| Frank van Rooyen    | 100 m    | 14.0    |       |
| Arend Fekkes        | 100 m    | 14.8    |       |
| André Louis Wassing | 100 mh   | 20.2    |       |
| Maikel Nijhuis      | 100 mh   | 22.5    |       |
| Nick Kamers         | 800 m    | 2.29.2  |       |
| Ruben Pillen        | 1500 m   | 5.18.7  |       |
| Nick Kamers         | Ver      | 4.44 m  |       |
| Arend Fekkes        | Ver      | 4.12 m  |       |
| Niek Blekkink       | Hoog     | 1.50 m  |       |
| Maikel Nijhuis      | Hoog     | 1.25 m  |       |
| Roy Nijkamp         | Kogel    | 9.59 m  |       |
| Frank van Rooyen    | Kogel    | 7.23 m  |       |
| Roy Nijkamp         | Discus   | 21.46 m |       |
| André Louis Wassing | Discus   | 19.88 m |       |
| Niek Blekkink       | Speer    | 38.46 m |       |
| Ruben Pillen        | Speer    | 29.45 m |       |

#### **Hengelo 26-04-98 Halve Marathon MPM**

#### **Almelo 30-04-98 Oranjeloop Westerhaar Halve Marathon AV Sisu**

#### **Eibergen 02-05-98 Eiberrun ASV**

|                  |       |
|------------------|-------|
| M.P.A.           | 1 EM  |
| Marike Brinkers  | 2e pl |
| M.D.             | 1 EM  |
| Esli Vogel       | 1e pl |
| Justine Dijkstra | 3e pl |
| J.C.             | 2 EM  |
| Joep Brinkers    | 2e pl |
| M.B.             | 5 EM  |
| Suzanne Dijkstra | 34.39 |

## Eibergen 02-05-98 Eiberrun ASV vervolg

|                    |       |      |
|--------------------|-------|------|
| Dames              | 5 EM  |      |
| Monique Blankvoort | 38.51 | V 35 |
| Marga van Loosen   | 39.08 | V 43 |
| Rolin Kluivers     | 43.12 | V 45 |

|                |         |      |
|----------------|---------|------|
| Dames          | 10 EM   |      |
| Diana Luyrink  | 1.10.27 | V 39 |
| Anjo Luttkholt | 1.15.32 | V 28 |
| Truus Floor    | 1.34.06 | V 44 |

|                     |       |  |
|---------------------|-------|--|
| J.C.                | 5 EM  |  |
| Nick Kamers         | 34.58 |  |
| Tom Braakman        | 35.24 |  |
| Ruben Pillen        | 35.43 |  |
| Andre Louis Wassink | 40.40 |  |

|              |       |      |
|--------------|-------|------|
| Heren        | 5 EM  |      |
| Martin Rooks | 38.09 | M 43 |

|                    |         |      |
|--------------------|---------|------|
| Heren              | 10 EM   |      |
| Theo Schootman     | 59.15   | M 49 |
| Gerrit Harder      | 1.04.29 | M 45 |
| Robert Leussenkamp | 1.07.09 | M 33 |
| Jan Homrighausen   | 1.14.27 | M 44 |
| Paul Nijenhuis     | 1.16.53 | M 39 |
| Leo Groot Zevert   | 1.20.59 | M 63 |
| Theo Broekman      | 1.21.29 | M 50 |
| Bennie Huirne      | 1.21.37 | M 63 |

## Eibergen 09-05-98 1e Medaillewedstrijd

|               |        |        |         |
|---------------|--------|--------|---------|
| M.P.C.        | 600 m  | Ver    | Bal     |
| Marije Mol    | 2.27.7 | 2.70 m | 13.68 m |
| Tamara Meijer | 3.07.7 | 2.22 m | 14.66 m |

|                |        |        |         |
|----------------|--------|--------|---------|
| M.P.B.         | 1000 m | Ver    | Bal     |
| Laura Willekes | 4.39.6 | 3.05 m | 12.11 m |

|                  |      |        |         |
|------------------|------|--------|---------|
| M.P.A.           | 60 m | Hoog   | Bal     |
| Chantal Meijer   | 11.2 | 1.05 m | 11.77 m |
| Maaïke Emsbroek  | 9.4  | 1.10 m | 17.40 m |
| Lilian Meerbeek  | 10.9 | 1.00 m | 8.91 m  |
| Marieke Brinkers | 10.2 | 1.10 m | 11.75 m |
| Diewertje Hammer | 10.4 | 0.95 m | 13.52 m |

|                  |      |        |        |
|------------------|------|--------|--------|
| M.D.             | 60 m | Hoog   | Kogel  |
| Justine Dijkstra | 9.9  | 1.05 m | 5.42 m |
| Esli Vogel       | 9.4  | 1.10 m | 5.53 m |
| Leonie Willekes  | 10.1 | 1.15 m | 8.92 m |
| Renske Visser    | 9.6  | 1.00 m | 7.52 m |
| Nicole Roders    | 9.5  | 1.10 m | 7.26 m |

|                  |        |        |         |
|------------------|--------|--------|---------|
| M.C.             | 600 m  | Ver    | Speer   |
| Anne Heideveld   | 2.07.2 | 4.70 m | 13.66 m |
| Marion Wantia    | 2.26.4 | 3.25 m | 14.56 m |
| Inge Thijssen    | 2.05.4 | 3.52 m | 13.74 m |
| Mariëtte Spanjer | 2.13.7 | 4.00 m | 14.18 m |
| Louise Kemna     | 2.02.3 | 3.89 m | 10.47 m |

|         |      |        |         |
|---------|------|--------|---------|
| J.P.C.  | 40 m | Hoog   | Bal     |
| Bas Mol | 8.5  | 0.65 m | 10.25 m |

## Eibergen 09-05-98 1e Medaillewedstrijd vervolg

|              |      |        |        |
|--------------|------|--------|--------|
| J.P.B.       | 40 m | Hoog   | Kogel  |
| Rinse hammer | 7.3  | 0.85 m | 3.22 m |
| Marco Roders | 7.7  | 0.90 m | 3.70 m |

|              |        |        |        |
|--------------|--------|--------|--------|
| J.P.A.       | 1000 m | Ver    | Kogel  |
| Niek Thijsen | 4.05.3 | 3.54 m | 7.38 m |
| Ard Nijkamp  | 4.09.0 | 2.94 m | 6.37 m |
| Armin Pillen | 4.08.5 | 3.54 m | 6.02 m |

|               |        |        |        |
|---------------|--------|--------|--------|
| J.D.          | 1000 m | Ver    | Kogel  |
| Chris Meis    | 3.54.9 | 4.05 m | 7.15 m |
| Remco Nijkamp | 3.50.3 | 3.17 m | 5.61 m |

|                     |       |        |         |
|---------------------|-------|--------|---------|
| J.C.                | 100 m | Hoog   | Speer   |
| Roy Nijkamp         | 13.8  | 1.30 m | 28.42 m |
| Melvyn Doekharan    | 19.4  | x      | 9.81 m  |
| Nick Kamers         | 14.4  | 1.30 m | 21.50 m |
| Andre Louis Wassink | 15.0  | 1.30 m | 19.46 m |

## Gendringen 09-10-05-98 Gelders Overijssels Kampioenschap Meerkamp CD Junioren

|                   |          |       |
|-------------------|----------|-------|
| Willeke te Winkel | 2632 pnt | 7e pl |
|-------------------|----------|-------|

|             |         |
|-------------|---------|
| 80 m Horden | 14.68   |
| 150 m       | 22.01   |
| Ver         | 3.88 m  |
| Hoog        | 1.25 m  |
| Kogel       | 8.00 m  |
| Speer       | 14.56 m |
| 600 m       | 2.12.54 |

|               |          |       |
|---------------|----------|-------|
| Niek Blekkink | 5275 pnt | 2e pl |
|---------------|----------|-------|

|              |         |
|--------------|---------|
| 100 m        | 12.39   |
| Ver          | 5.00 m  |
| Kogel        | 12.07 m |
| Hoog         | 1.60 m  |
| 100 m Horden | 16.05   |
| Discus       | 29.85 m |
| Speer        | 45.54 m |
| 1000 m       | 3.13.12 |

## Doetinchem 10-05-98 1e Competitiewedstrijd Senioren 2e Klas

|       |          |       |
|-------|----------|-------|
| Dames | 6452 pnt | 3e pl |
|-------|----------|-------|

|                   |         |         |      |
|-------------------|---------|---------|------|
| Marja Werner      | 4x100 m | 54.9    | M.A. |
| Angeliën ten Have | 4x100 m | 54.9    | M.A. |
| Renate Hummelink  | 4x100 m | 54.9    | V 20 |
| Mira te Nijenhuis | 4x100 m | 54.9    | V 21 |
| Marja Werner      | 100 m   | 13.7    | M.A. |
| Angeliën ten Have | 100 mh  | 20.1    | M.A. |
| Renate Hummelink  | 400 m   | 71.2    | V 20 |
| Ada ter Woerds    | 800 m   | 2.57.2  | V 42 |
| Diana Luyrink     | 3000 m  | 11.53.3 | V 39 |
| Marja Werner      | Ver     | 4.37 m  | M.A. |
| Angeliën ten Have | Hoog    | 1.35 m  | M.A. |

|                   |        |         |      |
|-------------------|--------|---------|------|
| Doris Willekes    | Kogel  | 11.40 m | V 37 |
| Doris Willekes    | Discus | 37.45 m | V 37 |
| Mira te Nijenhuis | Speer  | 35.09 m | V 21 |

#### Doetinchem 10-05-98 1e Competitiewedstrijd Senioren 2e Klas vervolg

|                    |         |         |       |
|--------------------|---------|---------|-------|
| Heren              | 5697    |         | 8e pl |
| Ronald Boomkamp    | 4x100 m | 49.4    | J.A.  |
| Herbert Garritsen  | 4x100 m | 49.4    | M 32  |
| Robert Leussenkamp | 4x100 m | 49.4    | M 33  |
| Mark Orriëns       | 4x100 m | 49.4    | M 20  |
| Ronald Boomkamp    | 100 m   | 13.9    | J.A.  |
| Herbert Garritsen  | 110 mh  | 22.2    | M 32  |
| Robert Leussenkamp | 400 m   | 59.0    | M 33  |
| Mark Orriëns       | 400 m   | 56.1    | M 20  |
| Ronald Boomkamp    | 1500 m  | 4.16.1  | J.A.  |
| Theo Schootman     | 5000 m  | 17.47.9 | M 49  |
| Alfred Meekes      | Ver     | 5.23 m  | M 23  |
| Herbert Garritsen  | Hoog    | 1.70 m  | M 32  |
| Stefan Mol         | Kogel   | 9.23 m  | M 20  |
| Stefan Mol         | Discus  | 28.55 m | M 20  |
| Gerton Berkemeijer | Speer   | 42 65 m | M 23  |

#### Oldenzaal 10-05-98 Running Center Loop 30 km

#### Apeldoorn 16-05-98 Competitiewedstrijd CD Junioren

|                      |          |         |       |
|----------------------|----------|---------|-------|
| M.D.                 | 3612 pnt | 2e Klas | 6e pl |
| Annemarie ten Hoopen | 4x60 m   | 36.0    |       |
| Justine Dijkstra     | 4x60 m   | 36.0    |       |
| Esli Vogel           | 4x60 m   | 36.0    |       |
| Nicole Roders        | 4x60 m   | 36.0    |       |
| Annemarie ten Hoopen | 60 m     | 9.3     |       |
| Justine Dijkstra     | 60 m     | 10.0    |       |
| Esli Vogel           | 60 mh    | 12.8    |       |
| Nicole Roders        | 60 mh    | 14.2    |       |
| Justine Dijkstra     | 1000 m   | 3.40.6  |       |
| Esli Vogel           | 1000 m   | 3.35.3  |       |
| Annemarie ten Hoopen | Ver      | 3.21 m  |       |
| Leonie Willekes      | Kogel    | 9.52 m  |       |
| Leonie Willekes      | Speer    | 21.34 m |       |

|                   |          |         |       |
|-------------------|----------|---------|-------|
| M.C.              | 4409 pnt | 2e Klas | 3e pl |
| Anne Heideveld    | 4x80 m   | 45.2    |       |
| Mirjam Heinneman  | 4x80 m   | 45.2    |       |
| Willeke te Winkel | 4x80 m   | 45.2    |       |
| Marielle Spanjer  | 4x80 m   | 45.2    |       |
| Anne Heideveld    | 80 m     | 11.1    |       |
| Marion Wantia     | 80 m     | 13.2    |       |
| Willeke te Winkel | 80 mh    | 14.0    |       |



|                   |        |         |
|-------------------|--------|---------|
| Louise Kemna      | 1000 m | 3.39.5  |
| Inge Thijssen     | 1000 m | 4.04.0  |
| Anne Heideveld    | Ver    | 4.79 m  |
| Willeke te Winkel | Hoog   | 1.25 m  |
| Marielle Spanjer  | Kogel  | 7.27 m  |
| Inge Thijssen     | Discus | 17.87 m |
| Mirjam Heinneman  | Speer  | 15.76 m |

### Apeldoorn 16-05-98 Competitiewedstrijd CD Junioren vervolg

J.D. 3606 pnt 2e Klas 4e pl

|                 |        |         |
|-----------------|--------|---------|
| Thijs Hesselink | 4x80 m | 51.3    |
| Ruud Geerdes    | 4x80 m | 51.3    |
| Tamo Vogel      | 4x80 m | 51.3    |
| Chris Meis      | 4x80 m | 51.3    |
| Tamo Vogel      | 80 m   | 12.2    |
| Chris Meis      | 80 mh  | 15.4    |
| Remco Nijkamp   | 1000 m | 3.49.3  |
| Chris Meis      | Ver    | 4.05 m  |
| Ruud Geerdes    | Hoog   | 1.25 m  |
| Thijs Hesselink | Kogel  | 10.10 m |
| Thijs Hesselink | Discus | 23.80 m |

J.C. 8612 pnt 1e klas 2e pl

|                     |        |         |
|---------------------|--------|---------|
| Niek Blekkink       | 4x100  | 53.1    |
| Arend Fekkes        | 4x100  | 53.1    |
| Maikel Nijhuis      | 4x100  | 53.1    |
| Frank van Rooyen    | 4x100  | 53.1    |
| Maikel Nijhuis      | 100 m  | 14.0    |
| Arend Fekkes        | 100 m  | 14.4    |
| André Louis Wassing | 100 mh | 21.2    |
| Niek Blekkink       | 100 mh | 15.5    |
| Nick Kamers         | 800 m  | 2.38.9  |
| Ruben Pillen        | 1500 m | 5.12.8  |
| Nick Kamers         | Ver    | 4.34 m  |
| Arend Fekkes        | Ver    | 4.06 m  |
| Niek Blekkink       | Hoog   | 1.55 m  |
| Maikel Nijhuis      | Hoog   | 1.40 m  |
| Roy Nijkamp         | Kogel  | 10.19 m |
| Frank van Rooyen    | Kogel  | 6.45 m  |
| Roy Nijkamp         | Discus | 19.70 m |
| André Louis Wassing | Discus | 20.95 m |
| Frank van Rooyen    | Speer  | 25.11 m |
| Ruben Pillen        | Speer  | 27.12 m |

### Deventer 17-05-98 Hanzestedenloop

Heren Halve Marathon  
 Theo Schootman 1.22.08 M 49

### Enschede 17-05-98 2e Competitiewedstrijd Junioren A 2e klas

M.A. 3480 pnt 4e pl

|              |         |      |      |
|--------------|---------|------|------|
| Marja Werner | 4x100 m | 57.2 |      |
| Magne Vogel  | 4x100 m | 57.2 | M.B. |
| Wilma te Raa | 4x100 m | 57.2 | M.B. |

|               |         |         |      |
|---------------|---------|---------|------|
| Karin Lukens  | 4x100 m | 57.2    | M.B. |
| Marja Werner  | 100 m   | 13.53   |      |
| Karin Lukens  | 800 m   | 3.12.95 | M.B. |
| Magne Vogel   | Ver     | 3.88 m  | M.B. |
| Magne Vogel   | Hoog    | x       | M.B. |
| Wilma te Raai | Kogel   | 8.14 m  | M.B. |
| Wilma te Raai | Discus  | 24.79 m | M.B. |
| Marja Werner  | Speer   | 20.03   |      |

### Haaksbergen 20-05-98 Baanwedstrijd Senioren Junioren AB

|                  |        |       |
|------------------|--------|-------|
| M.B.             | 1500 m |       |
| Suzanne Dijkstra | 5.06.8 | 1e pl |
| J.A.             | 800 m  |       |
| Ronald Boomkamp  | 2.06.2 |       |

### Nijmegen 24-05-98 15e Zevenheuvelenloop

|                   |         |      |
|-------------------|---------|------|
| Dames             | 15 km   |      |
| Anjo Lutikholt    | 1.09.53 | V 28 |
| Heren             | 15 km   |      |
| Herbert Garritsen | 1.13.25 | M 32 |
| Theo Broekman     | 1.15.57 | M 50 |

### Hengelo 28-05-98 Dubbele Mijl

### Hengelo 01-06-98 APM Games

|                 |         |
|-----------------|---------|
| M.P.A.          | 1000 m  |
| Marike brinkers | 3.46.52 |
| Maike Emsbroek  | 4.04.01 |
| J.P.A.          | 1000 m  |
| Armin Pillen    | 4.04.38 |

### Zwolle 06-06-98 Gelders Overijssels Kampioenschap CD Junioren

|                   |         |         |                  |         |       |
|-------------------|---------|---------|------------------|---------|-------|
| M.D.              | 1000 m  | Kogel   | Discus           | Speer   |       |
| Esli Vogel        | 3.26.15 |         |                  |         |       |
| Leonie Willekes   |         | 8.85    | 23.28 m<br>1e pl | 18.14 m |       |
| M.C.              | 80 mh   | 300 mh  | 600 m            | Ver     | Speer |
| Willeke te Winkel | 16.46   | 59.12   |                  |         |       |
| Louise Kemna      |         |         | 1.54.52          |         |       |
| Marielle Spanjer  |         |         |                  | 3.77 m  | 17.39 |
| M.C.              | Kogel   | Discus  |                  |         |       |
| Inge Thijsen      | 7.95 m  | 23.26 m |                  |         |       |

### Zwolle 06-06-98 Gelders Overijssels Kampioenschap CD Junioren vervolg

|                 |              |               |
|-----------------|--------------|---------------|
| J.D.            | Kogel        | Discus        |
| Thijs Hesselink | 9.91 m 3e pl | 26.32 m 3e pl |

|                  |        |                |         |         |         |
|------------------|--------|----------------|---------|---------|---------|
| J.C.             | 100 m  | 100 mh         | 300 mh  | 800 m   | 1500 m  |
| Maikel Nijhuis   | 15.04  |                |         |         |         |
| Niek Blekkink    |        | 15.64<br>3e pl | 47.89   |         |         |
| Roy Nijkamp      |        |                |         | 2.34.48 |         |
| Kjell Vogel      |        |                |         |         | 5.16.65 |
| J.C.             | Ver    | Kogel          | Speer   |         |         |
| Niek Blekkink    |        |                | 44.31 m | 1e pl   |         |
| Roy Nijkamp      |        | 10.72 m        | 32.58 m |         |         |
| Frank van Rooyen | 4.52 m |                | 26.23 m |         |         |
| Maikel Nijhuis   |        |                | 24.16 m |         |         |
| Ruben Pillen     |        |                | 28.31 m |         |         |

### Enschede 07-06-98 30e Internationale Marathon

|                    |                |      |
|--------------------|----------------|------|
| Dames              | Halve Marathon |      |
| Diana Luyrink      | 1.33.40        | V 39 |
| Anjo Luttkholt     | 1.37.33        | V 28 |
| Monique Blankvoort | 1.44.42        | V 35 |
| Marga van Loosen   | 1.53.49        | V 43 |
| Rolin Kluivers     | 2.00.53        | V 45 |
| Truus Floor        | 2.03.04        | V 44 |
| Heren              | Halve Marathon |      |
| Theo Schootman     | 1.19.39        | M 49 |
| Gerrit Harder      | 1.26.24        | M 45 |
| Paul Nijenhuis     | 1.44.36        | M 39 |
| Herbert Garritsen  | 1.47.15        | M 32 |
| Mike Wientjes      | 1.49.58        | M 40 |
| Theo Broekman      | 2.02.22        | M 50 |
| Heren              | Marathon       |      |
| Matty Gerfen       | 3.43.38        | M 55 |

### Enschede 12-06-98 Electronic Games

|                  |         |       |
|------------------|---------|-------|
| M.B.             | 1500 m  |       |
| Suzanne Dijkstra | 5.09.98 | 1e pl |

### Vught 13-06-98 NK Baanatletiek

|                 |         |  |
|-----------------|---------|--|
| J.A.            | 1500 m  |  |
| Ronald Boomkamp | 4.21.83 |  |

### Enschede 20-06-98 Open Twentse Pupillen Meerkamp

|                |          |       |
|----------------|----------|-------|
| M.P.B.         |          |       |
| Laura Willekes | 1449 pnt | 3e pl |
| 40 m           | 6.9 s    |       |
| Ver            | 3.26 m   |       |
| Hoog           | 1.05 m   |       |
| Kogel          | 5.76 m   |       |
| 600 m          | 2.25.7 s |       |

## Enschede 20-06-98 Open Twentse Pupillen Meerkamp vervolg

|                |          |        |
|----------------|----------|--------|
| M.P.A. 2e j    |          |        |
| Maike Emsbroek | 1500 pnt | 11e pl |
| 60 m           | 9.4      |        |
| Ver            | 3.60 m   |        |
| Hoog           | 1.00 m   |        |
| Kogel          | 5.19 m   |        |
| 600 m          | 2.20.4   |        |

## Nijverdal 20-06-98 Cityloop Athletics

### Zevenaar 20-06-98 Gebietsfinale CD Junioren

|                  |          |         |       |
|------------------|----------|---------|-------|
| M.D.             | 3806 pnt | 2e Klas | 7e pl |
| Reina Visser     | 4x60 m   | 35.8    |       |
| Justine Dijkstra | 4x60 m   | 35.8    |       |
| Esli Vogel       | 4x60 m   | 35.8    |       |
| Nicole Roders    | 4x60 m   | 35.8    |       |
| Nicole Roders    | 60 m     | 9.57    |       |
| Esli Vogel       | 60 mh    | 12.69   |       |
| Reina Visser     | 60 mh    | 31.21   |       |
| Esli Vogel       | 1000 m   | 3.27.21 |       |
| Reina Visser     | Ver      | 3.94 m  |       |
| Nicole Roders    | Hoog     | 1.10 m  |       |
| Leonie Willekes  | Kogel    | 9.87 m  |       |
| Leonie Willekes  | Speer    | 18.08 m |       |

|                   |          |         |       |
|-------------------|----------|---------|-------|
| M.C.              | 4253 pnt | 2e Klas | 6e pl |
| Anne Heideveld    | 4x80 m   | 45.0    |       |
| Mirjam Heinneman  | 4x80 m   | 45.0    |       |
| Willeke te Winkel | 4x80 m   | 45.0    |       |
| Marielle Spanjer  | 4x80 m   | 45.0    |       |
| Anne Heideveld    | 80 m     | 11.49   |       |
| Mirjam Heinneman  | 80 m     | 12.16   |       |
| Willeke te Winkel | 80 mh    | 14.41   |       |
| Louise Kemna      | 1000 m   | 4.05.32 |       |
| Anne Heideveld    | Ver      | 4.86 m  |       |
| Marielle Spanjer  | Hoog     | 1.30 m  |       |
| Willeke te Winkel | Kogel    | 7.99 m  |       |
| Inge Thijssen     | Discus   | 21.39 m |       |
| Marielle Spanjer  | Speer    | 13.19 m |       |

|                 |          |         |       |
|-----------------|----------|---------|-------|
| J.D.            | 3874 pnt | 2e Klas | 4e pl |
| Thijs Hesselink | 4x80 m   | 47.3    |       |
| Ruud Geerdes    | 4x80 m   | 47.3    |       |
| Tamo Vogel      | 4x80 m   | 47.3    |       |
| Chris Meis      | 4x80 m   | 47.3    |       |
| Tamo Vogel      | 80 m     | 12.59   |       |
| Ruud Geerdes    | 80 m     | 13.07   |       |
| Chris Meis      | 80 mh    | 15.48   |       |
| Tamo Vogel      | 1000 m   | 3.21.77 |       |
| Remco Nijkamp   | 1000 m   | 3.46.90 |       |
| Chris Meis      | Ver      | 3.88 m  |       |
| Ruud Geerdes    | Hoog     | 1.25 m  |       |
| Thijs Hesselink | Kogel    | 9.96 m  |       |
| Thijs Hesselink | Discus   | 21.12 m |       |

|                     |          |         |       |
|---------------------|----------|---------|-------|
| J.C.                | 9153 pnt | 1e klas | 4e pl |
| Niek Blekkink       | 4x100    | 52.13   |       |
| Kjell Vogel         | 4x100    | 52.13   |       |
| Maikel Nijhuis      | 4x100    | 52.13   |       |
| Frank van Rooyen    | 4x100    | 52.13   |       |
| Frank van Rooyen    | 100 m    | 13.80   |       |
| André Louis Wassing | 100 m    | 15.03   |       |
| Joep Brinkers       | 100 mh   | 20.76   |       |
| Niek Blekkink       | 100 mh   | 15.21   |       |
| Ruben Pillen        | 800 m    | 2.29.52 |       |
| Joep Brinkers       | 1500 m   | 4.42.22 |       |
| Kjell Vogel         | 1500 m   | 5.25.25 |       |
| Kjell Vogel         | Ver      | 4.40 m  |       |
| Nick Kamers         | Ver      | 4.13 m  |       |
| Niek Blekkink       | Hoog     | 1.60 m  |       |
| Maikel Nijhuis      | Hoog     | 1.35 m  |       |
| Roy Nijkamp         | Kogel    | 9.02 m  |       |
| Frank van Rooyen    | Kogel    | 6.81 m  |       |
| Roy Nijkamp         | Discus   | 24.15 m |       |
| André Louis Wassing | Discus   | 21.77 m |       |
| Maikel Nijhuis      | Speer    | 27.96 m |       |
| Ruben Pillen        | Speer    | 26.69 m |       |

### Ede 21-06-98 2e Competitiewedstrijd Senioren 2e Klas

|                   |          |         |       |
|-------------------|----------|---------|-------|
| Dames             | 4340 pnt |         | 8e pl |
| Mira te Nijenhuis | 100 mh   | 18.5    | M.A.  |
| Angeliën ten Have | 400 m    | 69.9    | V 20  |
| Renate Hummelink  | 800 m    | 2.28.7  |       |
| Ada ter Woerds    | 800 m    | 3.00.9  | V 42  |
| Diana Luyrink     | 3000 m   | 12.36.4 | V 39  |
| Angeliën ten Have | Hoog     | 1.35 m  | M.A.  |
| Doris Willekes    | Kogel    | 9.88 m  | V 37  |
| Doris Willekes    | Discus   | 28.61 m | V 37  |
| Mira te Nijenhuis | Speer    | 34.10 m | V 21  |
| Heren             | 4740 pnt |         | 9e pl |
| Nick Maatman      | 100 m    | 12.8    | M 20  |
| Herbert Garritsen | 110 mh   | 21.1    | M 32  |
| Nick Maatman      | 400 m    | 58.6    | M 20  |
| Ronald Boomkamp   | 1500 m   | 4.13.3  | J.A.  |
| Theo Schootman    | 5000 m   | 18.19.4 | M 49  |
| Alfred Meekes     | Ver      | 5.21 m  | M 23  |
| Herbert Garritsen | Hoog     | 1.65 m  | M 32  |
| Stefan Mol        | Kogel    | 9.96 m  | M 20  |
| Stefan Mol        | Discus   | 27.59 m | M 20  |
| Rene Kroes        | Speer    | 39.51 m | M 23  |

### Hengelo 24-06-98 Wedstrijd Twente Circuit

|                 |         |       |  |
|-----------------|---------|-------|--|
| J.A.            | 800 m   |       |  |
| Ronald Boomkamp | 2.04.54 | 3e pl |  |

### Eibergen 28-06-98 Pupillen Junioren CD Wedstrijd

|            |      |        |        |       |        |       |
|------------|------|--------|--------|-------|--------|-------|
| M.P.C.     | 40 m | Hoog   | Kogel  |       | 600 m  |       |
| Marije Mol | 7.7  | 0.75 m | 4.37 m | 1e pl | 2.28.0 | 1e pl |

|                  |      |        |        |         |        |       |
|------------------|------|--------|--------|---------|--------|-------|
| Tamara Meijer    | 8.5  | 0.75 m | 4.80 m | 3e pl   | 3.03.7 | 3e pl |
| M.P.B.           | 40 m | Hoog   | Kogel  |         | 1000 m |       |
| Laura Willekes   | 7.0  | 3.32 m | 4.94 m | 1e pl   | 4.37.8 | 2e pl |
| M.P.A.           | 60 m | Ver    | Kogel  |         | 1000 m |       |
| Maaïke Emsbroek  | 9.4  | 3.68 m | 6.16 m |         | 4.15.0 |       |
| Marieke Brinkers | 10.1 | 3.50 m | 4.74 m |         | 3.41.5 |       |
| Diewertje Hammer | 10.4 | 3.28 m | 5.21 m |         | 4.37.3 |       |
| Chantal Meijer   | 11.3 | 2.55 m | 4.13 m |         | 5.21.8 |       |
| J.P.C.           | 40 m | Hoog   | Kogel  |         | 600 m  |       |
| Koen Maarse      | 8.6  | 0.80 m | 5.16 m | 3e pl   | 2.58.0 |       |
| Bas Mol          | 8.6  | 0.70 m | 2.99 m |         | 2.49.5 | 3e pl |
| J.P.B.           | 40 m | Ver    | Kogel  |         | 1000 m |       |
| Rinse hammer     | 7.4  | 3.08 m | 3.21 m | 1e pl   | 4.18.9 | 1e pl |
| J.P.A.           | 60 m | Hoog   | Kogel  |         | 1000 m |       |
| Armin Pillen     | 10.2 | 0.95 m | 5.38 m |         | 4.20.8 |       |
| Ard Nijkamp      | 10.7 | 0.90 m | 6.31 m |         | 4.13.4 |       |
| J.D.             | 80 m | 1000 m | Ver    | Speer   |        |       |
| Tamo Vogel       | 12.4 | 3.46.4 | 3.69 m | 11.56 m |        |       |
| Remco Nijkamp    | 14.0 | 3.54.8 | 3.27 m | 15.71 m |        |       |

### Enschede 27-06-98 2e Tweekelerveldloop Kronos

|                |       |      |
|----------------|-------|------|
| Heren          | 10 km |      |
| Theo Schootman | 33.58 | M 49 |

### Noordsche Schut 04-07-98 Drentse Volksmarathon

|               |          |      |
|---------------|----------|------|
| Heren         | Marathon |      |
| Bennie Huirne | 3.58.42  | M 63 |
| Matty Gerfen  | 4.08.27  | M 55 |

### De Lutte 04-07-98 Dorpsloop

|                |       |      |
|----------------|-------|------|
| Heren          | 10 km |      |
| Theo Schootman | 35.35 | M 49 |

### Enschede 04-07-98 2e Medaillewedstrijd

|                   |        |        |         |         |
|-------------------|--------|--------|---------|---------|
| M.P.C.            | 40 m   | Hoog   | kogel   |         |
| Marije Mol        | 7.3    | 0.75 m | 4.77    |         |
| M.P.B.            | 40 m   | Hoog   | kogel   |         |
| Laura Willekes    | 6.9    | 1.00 m | 5.69 m  |         |
| Franka Huizinga   | 8.1    | 0.75 m | 4.56 m  |         |
| M.P.A.            | 1000   | Ver    | Kogel   |         |
| Lilian Meerbeek   | 4.08.7 | 2.81 m | 4.39 m  |         |
| Marieke Brinkers  | 3.38.5 | 3.43 m | 4.76 m  |         |
| Maaïke Emsbroek   | 3.48.7 | 3.77 m | 5.74 m  |         |
| Diewertje Hammer  | 4.31.6 | 2.97 m | 4.78 m  |         |
| Chantal Meijer    | 5.18.0 | 2.60 m | 4.34 m  |         |
| M.D.              | 600 m  | Ver    | Speer   |         |
| Nicole Roders     | 2.08.4 | 3.55 m | 13.23 m |         |
| Leonie Willekes   | x      | 3.50 m | 17.54 m |         |
| M.C.              | 80 m   | Hoog   | Kogel   | Discus  |
| Willeke te Winkel | 11.4   | 1.30 m | 8.40 m  | 18.96 m |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| Inge Thijssen    | 12.5 | 1.15 m | 8.14 m | 20.62 m |
| Louise Kemna     | 11.7 | 1.30 m | 8.43 m | 20.27 m |
| Marielle Spanjer | 12.5 | 1.30 m | 6.83 m | 17.69 m |
| Anne Heideveld   | 11.4 | 1.30 m | 7.10 m | 16.35 m |
| Marion Wantia    | 13.1 | 1.15 m | 6.22 m | 12.61 m |

|             |        |        |        |
|-------------|--------|--------|--------|
| J.P.C.      | 600 m  | Ver    | Kogel  |
| Bas Mol     | 2.42.4 | 2.20 m | 3.20 m |
| Koen Maarse | 2.53.7 | 2.12 m | 4.78 m |

|              |        |        |         |
|--------------|--------|--------|---------|
| J.P.B.       | 1000 m | Ver    | Bal     |
| Rinse hammer | 4.04.1 | 2.72 m | 10.52 m |

|              |      |        |         |
|--------------|------|--------|---------|
| J.P.A.       | 60 m | Hoog   | Bal     |
| Niek Thijsen | 9.9  | 0.95 m | 27.53 m |
| Armin Pillen | 10.0 | 0.85 m | 21.24 m |
| Ard Nijkamp  | 10.4 | 1.00 m | 21.39 m |

|               |      |        |         |
|---------------|------|--------|---------|
| J.D.          | 80 m | Hoog   | Speer   |
| Remco Nijkamp | 13.7 | 1.05 m | 14.56 m |

|                     |        |        |         |         |
|---------------------|--------|--------|---------|---------|
| J.C.                | 800 m  | Ver    | Kogel   | Discus  |
| Maikel Nijhuis      | 2.34.2 | 4.05 m | 6.36 m  | 22.80 m |
| Andre Louis Wassink | 2.44.7 | 3.69 m | 6.30 m  | 20.26 m |
| Melvyn Doekharan    | x      | 2.69 m | 4.19 m  | 11.65 m |
| Niek Blekkink       | 2.29.0 | 5.09 m | 11.20 m | 30.76 m |
| Ruben Pillen        | 2.31.1 | 3.91 m | 6.88 m  | 23.34 m |
| Roy Nijkamp         | 2.33.7 | 4.38 m | 9.96 m  | 23.76 m |

#### Almelo 29-07-98 Kolenbranderloop Sisu

#### Hengelo 16-08-98 Boeskoolloop

#### Enschede 21-08-98 Sprint en Werpavond AC Tion

#### Hengelo 26-08-98 Robin Bijsterveld Memorial Kronos

|                 |        |       |
|-----------------|--------|-------|
| J.A.            | 800 m  |       |
| Ronald Boomkamp | 2.08.4 | 3e pl |

#### Nijverdal 28-08-98 Halve Marathon

|               |                |      |
|---------------|----------------|------|
| Heren         | Halve marathon |      |
| Matty Gerfen  | 1.32.49        | M 55 |
| Bennie Huirne | 1.43.09        | M 63 |

#### Aalten 29-08-98 Gerard Tebroke Memorial

|               |       |      |
|---------------|-------|------|
| Dames         | 5 km  |      |
| Janny Nijkamp | 24.45 | V 41 |

#### Aalten 29-08-98 Gerard Tebroke Memorial vervolg

|               |        |  |
|---------------|--------|--|
| J.D.          | 2500 m |  |
| Remco Nijkamp | 10.30  |  |

|             |       |  |
|-------------|-------|--|
| J.C.        | 5 km  |  |
| Roy Nijkamp | 21.25 |  |

|                  |       |      |
|------------------|-------|------|
| Heren            | 5 km  |      |
| Herman Heideveld | 19.33 | M 46 |
| Theo Nijkamp     | 22.02 | M 46 |

|                |       |      |
|----------------|-------|------|
| Heren          | 10 km |      |
| Theo Schootman | 36.54 | M 49 |
| Jan Wikkerink  | 40.08 | M 44 |
| Pim van Vuren  | 40.43 | M 51 |
| Mike Wientjes  | 44.45 | M 40 |

### Haaksbergen 29-08-98 Pupillen CD Wedstrijd

|                |      |        |        |
|----------------|------|--------|--------|
| M.P.B.         | 40 m | Ver    | Kogel  |
| Laura Willekes | 6.8  | 3.54 m | 5.36 m |

|                 |      |        |        |
|-----------------|------|--------|--------|
| M.P.A.          | 60 m | Ver    | Kogel  |
| Maaïke Emsbroek | 9.4  | 3.75 m | 5.55 m |

|                  |      |        |         |
|------------------|------|--------|---------|
| M.D.             | 60 m | Hoog   | Discus  |
| Justine Dijkstra | 9.7  | 1.10 m | 11.13 m |
| Leonie Willekes  | x    | x      | 23.49 m |

|              |      |        |        |
|--------------|------|--------|--------|
| J.P.A.       | 60 m | Ver    | Kogel  |
| Armin Pillen | 9.6  | 3.52 m | 6.98 m |

|                     |       |        |        |         |
|---------------------|-------|--------|--------|---------|
| J.C.                | 100 m | 800 m  | Ver    | Speer   |
| Frank van Rooyen    | 13.8  | 2.47.3 | 4.54 m | 20.50 m |
| Ruben Pillen        | 14.4  | 2.34.8 | 3.84 m | 31.18 m |
| Maikel Nijhuis      | 14.5  | 2.39.6 | 4.10 m | 28.15 m |
| Andre Louis Wassink | 14.9  | 2.49.8 | 3.96 m | 20.72 m |

### Amsterdam 29-30-08-98 Nationale C Spelen

|                   |       |        |         |        |         |
|-------------------|-------|--------|---------|--------|---------|
| M.C.              | 80 mh | 300 mh | 600 m   | Ver    | Discus  |
| Willeke te Winkel | 14.47 | 56.73  |         |        | 17.98 m |
| Inge Thijssen     |       |        |         |        |         |
| Louise Kemna      |       |        | 1.51.96 |        |         |
| Anne Heideveld    |       |        |         | 4.44 m |         |

|               |        |        |         |         |
|---------------|--------|--------|---------|---------|
| J.C.          | 100 mh | 300 mh | 1500 m  | Speer   |
| Niek Blekkink | 15.27  | 46.20  |         | 46.34 m |
| Joep Brinkers |        |        | 4.38.61 |         |

### Zutphen 05-09-98 Hanzeloop Halve Marathon

### Hengelo 05-09-98 3e Medaillewedstrijd MPM

|               |        |         |         |
|---------------|--------|---------|---------|
| M.P.C.        | 600 m  | Ver     | Bal     |
| Marije Mol    | 2.21.6 | 2.71 m  | 13.54 m |
| Tamara Meijer | 2.39.3 | 2.58. m | 10.57 m |

|                 |        |        |         |
|-----------------|--------|--------|---------|
| M.P.B.          | 1000 m | Ver    | Bal     |
| Laura Willekes  | 4.32.3 | 3.24 m | 17.90 m |
| Franka Huizinga | 4.38.2 | 2.76 m | 15.03 m |

### Hengelo 05-09-98 3e Medaillewedstrijd MPM vervolg

|                 |      |        |         |
|-----------------|------|--------|---------|
| M.P.A.          | 60 m | Hoog   | Bal     |
| Maaïke Emsbroek | 9.4  | 1.00 m | 23.47 m |
| Marika Brinkers | 10.0 | 1.05 m | 13.57 m |



|                     |        |        |         |
|---------------------|--------|--------|---------|
| Diewertje Hammer    | 10.3   | 1.00 m | 15.19 m |
| Lilian Meerbeek     | 11.0   | 0.90 m | 12.05 m |
| Chantal Meijer      | 11.3   | 0.90 m | 16.51 m |
| M.D.                | 60 m   | Hoog   | Kogel   |
| Leonie Willekes     | 9.8    | 1.25 m | 10.74 m |
| M.C.                | 600 m  | Ver    | Speer   |
| Inge Thijssen       | 2.04.1 | 3.26 m | 15.76 m |
| Louise Kemna        | 1.53.4 | 4.07 m | 18.10 m |
| Willeke te Winkel   | 2.02.8 | 3.77 m | 16.22 m |
| Marielle Spanjer    | 2.05.0 | 3.64 m | 14.73 m |
| Marion Wantia       | x      | 3.15 m | 15.36 m |
| J.P.C.              | 40 m   | Hoog   | Bal     |
| Bas Mol             | 8.5    | 0.60 m | 10.11 m |
| J.P.B.              | 40 m   | Hoog   | Kogel   |
| Rinse hammer        | 7.1    | 0.90 m | 3.13 m  |
| J.P.A.              | 1000 m | Ver    | Kogel   |
| Niek Thijsen        | 4.02.4 | 3.37 m | 7.47 m  |
| Armin Pillen        | 4.05.4 | 3.36 m | 7.18 m  |
| Ard Nijkamp         | 4.09.9 | 3.25 m | 6.45 m  |
| J.D.                | 1000 m | Ver    | Kogel   |
| Chris Meis          | 3.57.9 | 4.20 m | 7.08 m  |
| Remco Nijkamp       | 3.58.4 | 3.05 m | 5.79 m  |
| J.C.                | 100 m  | Hoog   | Speer   |
| Niek Blekkink       | 12.5   | 1.60 m | 47.80 m |
| Ruben Pillen        | 15.2   | 1.25 m | 26.77 m |
| Melvyn Doekharan    | 18.2   | x      | 9.75 m  |
| Andre Louis Wassink | 14.6   | 1.35 m | 21.33 m |
| Roy Nijkamp         | 13.8   | 1.40 m | 28.47 m |
| Maikel Nijhuis      | 14.4   | 1.35 m | 31.25 m |

## Rekken 09-09-98 Oldenkotte Loop

|                    |         |      |
|--------------------|---------|------|
| M.B.               | 5500 m  |      |
| Suzanne Dijkstra   | 22.30   |      |
| Dames              | 5500 m  |      |
| Janny Nijkamp      | 26.56   | V 41 |
| Dames              | 11 km   |      |
| Rolin Kluivers     | 1.02.24 | V 45 |
| Truus Floor        | 1.02.30 | V 44 |
| J.D.               | 2700 m  |      |
| Remco Nijkamp      | 11.51   |      |
| J.C.               | 5500 m  |      |
| Roy Nijkamp        | 24.00   |      |
| Heren              | 5500 m  |      |
| Bert Vogel         | 22.57   | M 45 |
| Dick Drenten       | 27.01   | M 45 |
| Huub Ras           | 30.00   | M 68 |
| Heren              | 11 km   |      |
| Theo Schootman     | 41.08   | M 49 |
| Robert Leussenkamp | 47.13   | M 33 |
| Matty Gerfen       | 48.49   | M 55 |
| Herbert Garritsen  | 49.56   | M 32 |
| Peter Pietersen    | 54.50   | M 48 |

## Enschede 10-09-98 Baaninstuif Laac Twente

|                 |        |
|-----------------|--------|
| J.A.            | 1500 m |
| Ronald Boomkamp | 4.15.4 |

## Ruurlo 11-09-98 Dorpenloop

|                |        |      |
|----------------|--------|------|
| Heren          | 5,3 km |      |
| Theo Schootman | 18.24  | M 49 |

## Haaksbergen 12-09-98 Sterloop AVH

|                      |       |      |
|----------------------|-------|------|
| Heren                | 10 km |      |
| Geert Klein Bruinink | 39.01 | M 33 |
| Pim van Vuren        | 40.05 | M 51 |
| Matty Gerfen         | 42.23 | M 55 |
| Theo Broekman        | 47.38 | M 50 |
| Bennie Huirne        | 48.20 | M 63 |

## Amsterdam 13-09-98 Landelijke D Spelen

|                 |         |       |         |       |
|-----------------|---------|-------|---------|-------|
| M.D.            | Kogel   |       |         |       |
| Leonie Willekes | 11.00 m | 2e pl |         |       |
| J.D.            | Kogel   |       | Discus  |       |
| Thijs Hesselink | 11.01 m | 7e pl | 28.85 m | 2e pl |

## Almelo 19-09-98 Pupillen C/D wedstrijd SISU

## Zaandam 20-09-98 Dam tot Damloop

## Enschede 19/20-09-98 NK Meerkamp B junioren en Landelijke C/D Meerkampen AC TION

## Enschede 26-09-98 4e Medaillewedstrijd

|               |      |        |        |
|---------------|------|--------|--------|
| M.P.C.        | 40 m | Hoog   | kogel  |
| Marije Mol    | 7.3  | 0.80 m | 5.47 m |
| Tamara Meijer | 7.9  | 0.70 m | 4.99 m |

|                 |      |        |        |
|-----------------|------|--------|--------|
| M.P.B.          | 40 m | Hoog   | kogel  |
| Laura Willekes  | 6.8  | 1.00 m | 5.73 m |
| Franka Huizinga | 7.3  | 0.90 m | 4.04 m |

|                  |        |        |        |
|------------------|--------|--------|--------|
| M.P.A.           | 1000   | Ver    | Kogel  |
| Maaïke Emsbroek  | 4.14.8 | 3.45 m | 5.90 m |
| Chantal Meijer   | 5.02.9 | 2.91 m | 3.72 m |
| Diewertje Hammer | 4.35.6 | 3.11 m | 5.05 m |

|                  |        |        |         |
|------------------|--------|--------|---------|
| M.D.             | 600 m  | Ver    | Speer   |
| Leonie Willekes  | 2.04.8 | 3.45 m | 18.56 m |
| Justine Dijkstra | 2.03.6 | 3.32 m | 8.28 m  |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.C.              | 80 m | Hoog   | Kogel  | Discus  |
| Willeke te Winkel | 11.6 | 1.40 m | 8.57 m | 23.34 m |
| Louise Kemna      | 11.4 | 1.35 m | 9.35 m | 20.57 m |
| Inge Thijssen     | 12.8 | 1.15 m | 7.75 m | 22.69 m |
| Marielle Spanjer  | 12.3 | 1.25 m | 7.08 m | 14.94 m |
| Anne Heideveld    | x    | 1.30 m | 7.57 m | 16.70 m |

|             |        |        |        |
|-------------|--------|--------|--------|
| J.P.C.      | 600 m  | Ver    | Kogel  |
| Bas Mol     | 2.40.0 | 2.33 m | 5.13 m |
| Koen Maarse | 2.39.5 | 2.19 m | 5.21 m |

|              |        |        |         |
|--------------|--------|--------|---------|
| J.P.B.       | 1000 m | Ver    | Bal     |
| Rinse hammer | 4.05.4 | 2.48 m | 10.93 m |

|              |      |        |         |
|--------------|------|--------|---------|
| J.P.A.       | 60 m | Hoog   | Bal     |
| Armin Pillen | 9.9  | 1.00 m | 28.58 m |
| Niek Thijsen | 9.9  | 1.05 m | 31.88 m |
| Ard Nijkamp  | 10.8 | 0.90 m | 22.55 m |

|               |      |        |         |
|---------------|------|--------|---------|
| J.D.          | 80 m | Hoog   | Speer   |
| Remco Nijkamp | 14.2 | 1.15 m | 15.98 m |

|                     |        |         |         |         |
|---------------------|--------|---------|---------|---------|
| J.C.                | 800 m  | Ver     | Kogel   | Discus  |
| Niek Blekkink       | 2.24.9 | 5.31 mk | 11.84 m | 33.70 m |
| Roy Nijkamp         | 2.30.2 | 4.65 m  | 10.37 m | 29.90 m |
| Maikel Nijhuis      | 2.35.5 | 4.07 m  | 6.63 m  | 21.98 m |
| Andre Louis Wassink | 2.47.1 | 3.86 m  | 6.62 m  | 20.39 m |
| Ruben Pillen        | x      | x       | 7.62 m  | 22.49 m |
| Melvyn Doekharan    | 3.10.2 | 2.60 m  | 4.51 m  | 10.59 m |

## Eibergen 04-10-98 Clubkampioenschappen

|               |      |       |        |        |
|---------------|------|-------|--------|--------|
| Mini Pupillen | 40 m | 600 m | Ver    | Kogel  |
| Bente Hammer  | 10.7 | 3.50  | 2.17 m | 3.48 m |

|                  |      |       |        |        |
|------------------|------|-------|--------|--------|
| M.P.C.           | 40 m | 600 m | Ver    | Kogel  |
| Tamara Meijer    | 8.2  | 3.04  | 2.37 m | 4.52 m |
| Hilde van de Bos | 9.4  | 3.00  | 2.27 m | 3.77 m |

|                |      |       |        |        |
|----------------|------|-------|--------|--------|
| M.P.B.         | 40 m | 600 m | Ver    | Kogel  |
| Laura Willekes | 7.1  | 2.37  | 3.08 m | 5.24 m |

|                  |      |       |        |        |
|------------------|------|-------|--------|--------|
| M.P.A.           | 40 m | 600 m | Ver    | Kogel  |
| Maaïke Emsbroek  | 6.7  | 2.25  | 3.36 m | 6.18 m |
| Diewertje Hammer | 7.3  | 2.32  | 3.21 m | 5.16 m |
| Lilian Meerbeek  | 7.9  | 2.35  | 2.96 m | 5.10 m |
| Chantal Meijer   | 7.7  | 5.54  | 2.53 m | 4.45 m |

## Eibergen 04-10-98 Clubkampioenschappen vervolg

|                      |      |       |        |         |
|----------------------|------|-------|--------|---------|
| M.D.                 | 60 m | 600 m | Ver    | Discus  |
| Esli Vogel           | 9.5  | 2.06  | 3.66 m | 11.42 m |
| Leonie Willekes      | 10.2 | 2.36  | 3.53 m | 24.03 m |
| Djarah Nieuwenhuizen | 10.7 | 2.42  | 2.67 m | 11.04 m |

|                   |      |       |        |         |
|-------------------|------|-------|--------|---------|
| M.C.              | 80 m | 600 m | Ver    | Discus  |
| Willeke te Winkel | 11.7 | 2.15  | 3.93 m | 23.14 m |
| Louise Kemna      | 12.2 | 1.57  | 3.75 m | 17.20 m |
| Inge Thijssen     | 13.2 | 2.11  | 3.33 m | 20.76 m |
| Marielle Spanjer  | 13.1 | 2.12  | 3.74 m | 15.55 m |

|              |       |        |        |        |
|--------------|-------|--------|--------|--------|
| Dames        | 100 m | 1000 m | Ver    | Kogel  |
| Ineke Visser | 17.8  | 4.35   | 3.75 m | 6.69 m |

V 43

|                   |      |       |        |        |
|-------------------|------|-------|--------|--------|
| Mini Pupillen     | 40 m | 600 m | Ver    | Kogel  |
| Gijs Koerts       | 8.0  | 2.45  | 2.82 m | 5.89 m |
| Maikel Groen      | 8.2  | 2.44  | 2.08 m | 4.47 m |
| Martijn te Hoonte | 8.3  | 2.59  | 2.22 m | 3.92 m |
| Edwin Bos         | 9.5  | 3.14  | 3.18 m | 3.18 m |

|        |      |       |     |       |
|--------|------|-------|-----|-------|
| J.P.C. | 40 m | 600 m | Ver | Kogel |
|--------|------|-------|-----|-------|

|                       |       |        |        |         |      |
|-----------------------|-------|--------|--------|---------|------|
| Frans Kemna           | 7.9   | 2.37   | 2.64 m | 5.61 m  |      |
| Koen Maarse           | 8.9   | 2.51   | 2.04 m | 4.66 m  |      |
| J.P.B.                | 40 m  | 600 m  | Ver    | Kogel   |      |
| Rinse hammer          | 7.3   | 2.34   | 3.14 m | 4.10 m  |      |
| J.P.A.                | 60 m  | 600 m  | Ver    | Kogel   |      |
| Niek Thijsen          | 10.4  | 2.18   | 3.31 m | 7.04 m  |      |
| Armin Pillen          | 10.2  | 2.24   | 3.20.m | 6.72 m  |      |
| Ard Nijkamp           | 10.5  | 2.21   | 3.11 m | 6.04 m  |      |
| Chris Doornweerd      | 10.7  | 2.25   | 3.30 m | 5.40 m  |      |
| Eelco van Hattem      | 10.9  | 2.33   | 3.05 m | 5.00 m  |      |
| Koen van de Bos       | 11.8  | 2.36   | 2.64 m | 5.91 m  |      |
| Jasper Heming         | 11.2  | 2.35   | 2.63 m | 4.21 m  |      |
| J.D.                  | 80 m  | 800 m  | Hoog   | Discus  |      |
| Thijs Hesselink       | 11.5  | 2.53   | 1.45 m | 29.94 m |      |
| Remco Nijkamp         | 14.5  | 3.07   | 1.10 m | 13.56 m |      |
| J.C.                  | 100 m | 800 m  | Hoog   | Discus  |      |
| Niek Blekkink         | 12.6  | 2.30   | 1.55 m | 29.23 m |      |
| Roy Nijkamp           | 14.0  | 2.35   | 1.35 m | 26.42 m |      |
| Kjell Vogel           | 14.4  | 2.47   | 1.40 m | 19.48 m |      |
| Maikel Nijhuis        | 15.3  | 2.41   | 1.40 m | 18.87 m |      |
| Frank van Rooyen      | 14.4  | 2.55   | 1.25 m | 21.08 m |      |
| Andre Louis Wassink   | 15.9  | 2.56   | 1.30 m | 19.97 m |      |
| Ruben Pillen          | 16.7  | 3.19   | 1.20 m | 22.74 m |      |
| Melvyn Doekharan      | 18.6  | 3.28   | 0.90 m | 11.42 m |      |
| J.B.                  | 100 m | 800 m  | Hoog   | Discus  |      |
| Xander Lutje Spelberg | 14.0  | 3.21   | 1.60 m | 20.34   |      |
| J.A.                  | 100 m | 800 m  | Hoog   | Discus  |      |
| Micha Lutje Spelberg  | 13.2  | 2.56   | 1.65 m | 22.66 m |      |
| Heren                 | 100 m | 800 m  | Hoog   | Discus  |      |
| Herbert Garritsen     | 13.6  | 2.33   | 1.65 m | 24.52 m | M 32 |
| Nick Maatman          | 13.6  | 2.26   | 1.55 m | 24.08 m | M 20 |
| Dennis te Nijenhuis   | 13.5  | 2.54   | 1.55 m | 23.90 m | M 24 |
| Stefan Mol            | 17.8  | 3.27   | 1.35 m | 27.55 m | M 20 |
| Heren Recreanten      | 100 m | 1000 m | Ver    | Kogel   |      |
| Mike Wientjes         | 15.1  | 3.41   | 3.73 m | 9.06 m  | M 40 |
| Martin Rooks          | 15.9  | 4.11   | 4.11 m | 8.07 m  | M 43 |
| Bob Doornweerd        | 16.9  | 4.40   | 3.63 m | 9.35 m  | M 39 |
| Jo Wassink            | 16.8  | 4.55   | 3.75 m | 7.48 m  | M 50 |

## Eindhoven 11-10-98 15e Marathon

|               |                |      |        |      |
|---------------|----------------|------|--------|------|
| Heren         | Halve Marathon |      |        |      |
| Mike Wientjes | 1.40.26        | M 40 |        |      |
| Heren         | Marathon       |      |        |      |
| Bennie Huirne | 3.51.15        | M 63 | 12e pl | M 60 |

## Enschede 25-10-98 Indoorwedstrijd

|                 |      |        |        |  |
|-----------------|------|--------|--------|--|
| M.P.B.          | 40 m | Hoog   | Kogel  |  |
| Laura Willekes  | 6.9  | 1.00 m | 5.00 m |  |
| Franka Huizinga | 7.7  | 0.85 m | 4.18 m |  |
| M.P.A.          | 60 m | Hoog   | Kogel  |  |
| Maaïke Emsbroek | 9.8  | 1.00 m | 6.12 m |  |

|                     |       |        |        |         |       |
|---------------------|-------|--------|--------|---------|-------|
| M.D.                | 60 m  | 60 mh  | Hoog   | Kogel   |       |
| Nicole Roders       | 9.9   |        | 1.05 m | 6.83 m  |       |
| Esli Vogel          | 9.4   | 12.7   |        |         |       |
| Leonie Willekes     |       |        |        | 11.34 m | 3e pl |
| J.P.B.              | 40 m  | Hoog   | Kogel  |         |       |
| Marco Roders        | 7.7   | 0.85 m | 3.51 m |         |       |
| J.C.                | 60 mh | Hoog   |        |         |       |
| Andre Louis Wassink | 11.9  | 1.30 m |        |         |       |

#### Doetinchem 25-10-98 43e Rabo Argoloop 5en 10 km

|                |       |      |
|----------------|-------|------|
| Dames          | 10 km |      |
| Anjo Luttkholt | 46.10 | V 28 |

#### Holten 31-10-98 Diepe Hel Holterbergloop Athletics

|                |         |      |
|----------------|---------|------|
| Dames          | 10 EM   |      |
| Anjo Luttkholt | 1.15.51 | V 28 |

|               |         |      |
|---------------|---------|------|
| Heren         | 10 EM   |      |
| Theo Broekman | 1.19.49 | M 50 |

#### Amsterdam 01-11-98 Delta Lloyd Marathon

#### Haaksbergen 01-11-98 Pingelloop TCC AV Haaksbergen

|               |        |       |
|---------------|--------|-------|
| M.P.C.        | 1000 m |       |
| Tessa Mulkens | 4.24.7 | 2e pl |

|            |        |       |
|------------|--------|-------|
| M.P.B.     | 1000 m |       |
| Marije Mol | 3.31.0 | 1e pl |

|                 |        |  |
|-----------------|--------|--|
| M.P.A.          | 1000 m |  |
| Lilian Meerbeek | 3.46.3 |  |

|                  |        |  |
|------------------|--------|--|
| M.D.             | 1800 m |  |
| Marike Brinkers  | 7.11.1 |  |
| Esli Vogel       | 7.17.5 |  |
| Justine Dijkstra | 7.42.8 |  |
| Maike Emsbroek   | 8.28.9 |  |

#### Haaksbergen 01-11-98 Pingelloop vervolg

|                   |        |  |
|-------------------|--------|--|
| M.C.              | 1800 m |  |
| Inge Thijssen     | 8.39.2 |  |
| Willeke te Winkel | 8.54.4 |  |

|                |         |       |
|----------------|---------|-------|
| M.B.           | 2900 m  |       |
| Anne Heideveld | 13.54.5 | 2e pl |
| Louise Kemna   | 13.54.8 | 3e pl |

|                  |         |       |
|------------------|---------|-------|
| M.A.             | 2900 m  |       |
| Suzanne Dijkstra | 11.25.1 | 1e pl |

|             |        |       |
|-------------|--------|-------|
| J.P.C.      | 1000 m |       |
| Gijs koerts | 3.39.7 | 1e pl |

|                     |         |       |       |      |
|---------------------|---------|-------|-------|------|
| J.P.B.              | 1000 m  |       |       |      |
| Bas Mol             | 4.01.6  |       |       |      |
| J.P.A.              | 1000 m  |       |       |      |
| Chris Doornweerd    | 3.37.5  |       |       |      |
| Jasper Heming       | 3.41.8  |       |       |      |
| J.D.                | 1800 m  |       |       |      |
| Tamo Vogel          | 6.38.1  | 2e pl |       |      |
| Niek Thijsen        | 7.47.1  |       |       |      |
| Armin Pillen        | 8.14.2  |       |       |      |
| Eelco van Hattem    | 8.21.5  |       |       |      |
| Ard Nijkamp         | 8.23.7  |       |       |      |
| J.C.                | 2900 m  |       |       |      |
| Joep Brinkers       | 10.04.4 | 2e pl |       |      |
| Maikel Nijhuis      | 10.54.8 |       |       |      |
| Kjell Vogel         | 11.13.2 |       |       |      |
| Tom Braakman        | 11.46.2 |       |       |      |
| Andre Louis Wassink | 12.53.1 |       |       |      |
| Remco Nijkamp       | 12.58.4 |       |       |      |
| J.B.                | 2900 m  |       |       |      |
| Nick Kamers         | 10.47.3 |       |       |      |
| Niek Blekkink       | 11.15.9 |       |       |      |
| Roy Nijkamp         | 11.26.1 |       |       |      |
| Heren               |         |       |       |      |
| Ronald Boomkamp     | 39.47.3 | M 19  | 2e pl |      |
| Theo Schootman      | 41.42.2 | M 49  | 1e pl | M 40 |
| Matty Gerfen        | 46.51.8 | M 55  | 2e pl | M 50 |

## Doetinchem 08-11-98 14e Intersport Halve Marathon ARGO

## Deventer 14-11-98 1e wedstrijd Open Gelders/Overijsselse Crosscompetitie

|                  |        |        |  |
|------------------|--------|--------|--|
| M.D. 1e j        | 1565 m |        |  |
| Marike Brinkers  | 6.32   | 7e pl  |  |
| Maike Emsbroek   | 7.40   | 20e pl |  |
| M.A.             | 2522 m |        |  |
| Suzanne Dijkstra | 11.07  | 2e pl  |  |
| J.C. 2e j        | 2522 m |        |  |
| Joep Brinkers    | 9.05   | 4e pl  |  |
| Heren            | 10249  |        |  |
| Ronald Boomkamp  | 37.57  | 18e pl |  |

## Enschede 15-11-98 Tion Cross TCC AC TION

|                 |        |       |  |
|-----------------|--------|-------|--|
| M.P.C.          | 1210 m |       |  |
| Tessa Mulkens   | 6.41   | 2e pl |  |
| M.P.B.          | 1210 m |       |  |
| Marije Mol      | 5.28   | 2e pl |  |
| M.D.            | 1400 m |       |  |
| Marike Brinkers | 5.22   | 3e pl |  |
| Maike Emsbroek  | 6.01   |       |  |

|                     |          |       |
|---------------------|----------|-------|
| M.C.                | 2100 m   |       |
| Inge Thijssen       | 10.15    | 2e pl |
| Willeke te Winkel   | 11.08    | 3e pl |
| M.B.                | 2680 m   |       |
| Anne Heideveld      | 12.14    | 1e pl |
| Louise Kemna        | 12.29    | 2e pl |
| J.P.C.              | 1210 m   |       |
| Gijs koerts         | 5.21     | 1e pl |
| J.D.                | 2100 m   |       |
| Ard Nijkamp         | 9.31     |       |
| Niek Thijsen        | 9.35     |       |
| Armin Pillen        | 10.08    |       |
| Eelco van Hattem    | 10.39    |       |
| J.C.                | 2680 m   |       |
| Joep Brinkers       | 9.13     | 2e pl |
| Maikel Nijhuis      | 9.40     | 3e pl |
| Tom Braakman        | 10.38    |       |
| Frank van Rooyen    | 11.26    |       |
| Andre Louis Wassink | 11.38    |       |
| Remco Nijkamp       | 12.20    |       |
| J.B.                | 2680 m   |       |
| Nick Kamers         | 9.48     |       |
| Roy Nijkamp         | 1.03     |       |
| Ruben Pillen        | 12.14    |       |
| Heren               | 10.720 m |       |
| Ronald Boomkamp     | 37.12    |       |
| Matty Gerfen        | 45.54    | M 55  |

#### Oldenzaal 15-11-98 Halve Marathon LAAC

#### S-Heerenberg 15-11-98 P&O Motferlandrun

|                |       |      |
|----------------|-------|------|
| Heren          | 15 km |      |
| Theo Schootman | 55.01 | M 49 |

#### Nijverdal 21-11-98 OAD Reizen Crosscircuit ATLETICS

#### Enschede 25-10-98 Indoorwedstrijd AC TION

#### Goor 29-11-98 Herikerbergloop AV GOOR

|               |        |       |
|---------------|--------|-------|
| M.P.C.        | 1200 m |       |
| Tessa Mulkens | 7.08   | 2e pl |
| M.P.B.        | 1200 m |       |
| Marije Mol    | 5.50   | 2e pl |
| M.P.A.        | 1600 m |       |

|                     |         |       |
|---------------------|---------|-------|
| Lilian Meerbeek     | 8.09    |       |
| M.D.                | 1600 m  |       |
| Marika Brinkers     | 6.22    | 2e pl |
| Esli Vogel          | 6.29    | 3e pl |
| Justine Dijkstra    | 6.42    |       |
| M.C.                | 1600 m  |       |
| Willeke te Winkel   | 8.55    | 3e pl |
| Inge Thijssen       | 8.55    |       |
| M.B.                | 2500 m  |       |
| Louise Kemna        | 12.09   | 1e pl |
| M.A.                | 3200 m  |       |
| Suzanne Dijkstra    | 13.47   | 1e pl |
| J.P.C.              | 1200 m  |       |
| Gijs koerts         | 5.58    | 1e pl |
| J.P.A.              | 1600 m  |       |
| Jasper Heming       | 7.33    |       |
| J.D.                | 1600 m  |       |
| Tamo Vogel          | 5.57    | 2e pl |
| Armin Pillen        | 7.00    |       |
| Niek Thijsen        | 7.09    |       |
| Ard Nijkamp         | 7.26    |       |
| J.C.                | 2500 m  |       |
| Joep Brinkers       | 8.37    | 2e pl |
| Maikel Nijhuis      | 9.00    | 3e pl |
| Kjell Vogel         | 9.35    |       |
| Tom Braakman        | 9.40    |       |
| Andre Louis Wassink | 11.15   |       |
| Remco Nijkamp       | 11.16   |       |
| J.B.                | 5000 m  |       |
| Nick Kamers         | 19.19   |       |
| Niek Blekkink       | 21.45   |       |
| Roy Nijkamp         | 21.52   |       |
| Ruben Pillen        | 24.17   |       |
| Heren               | 5000 m  |       |
| Dick Drenten        | 23.22   | M 45  |
| Heren               | 10000 m |       |
| Ronald Boomkamp     | 34.18   |       |
| Theo Schootman      | 36.12   | M 49  |
| Matty Gerfen        | 42.51   | M 55  |
| Theo Broekman       | 48.15   | M 50  |

## Kampen 12-12-98 2e wedstrijd Open Gelders/Overijsselse Crosscompetitie

|                 |        |  |
|-----------------|--------|--|
| M.D.            | 1500 m |  |
| Marika Brinkers | 6.12   |  |
| M.A.            | 2500 m |  |



|                  |         |       |
|------------------|---------|-------|
| Suzanne Dijkstra | 10.12   | 3e pl |
| J.C.             | 2500 m  |       |
| Joep Brinkers    | 9.02    | 3e pl |
| Heren            | 10000 m |       |
| Ronald Boomkamp  | 35.53   |       |

### Enschede 12-12-98 Diesloop

|                     |        |       |      |
|---------------------|--------|-------|------|
| M.P.B.              | 1100 m |       |      |
| Marije Mol          | 5.16   | 1e pl |      |
| M.P.A.              | 1100 m |       |      |
| Lilian Meerbeek     | 5.05   |       |      |
| M.D.                | 1600 m |       |      |
| Justine Dijkstra    | 7.17   |       |      |
| Marike Brinkers     | 8.12   |       |      |
| M.C.                | 2200 m |       |      |
| Inge Thijssen       | 11.01  | 2e pl |      |
| Willeke te Winkel   | 11.03  | 3e pl |      |
| M.B.                | 2200 m |       |      |
| Anne Heideveld      | 10.31  | 1e pl |      |
| Louise Kemna        | 11.03  | 2e pl |      |
| J.P.C.              | 1100 m |       |      |
| Gijs koerts         | 4.59   | 1e pl |      |
| J.D.                | 2200 m |       |      |
| Armin Pillen        | 10.25  |       |      |
| Niek Thijsen        | 10.33  |       |      |
| J.C.                | 2200 m |       |      |
| Maikel Nijhuis      | 8.16   | 3e pl |      |
| Tom Braakman        | 8.43   |       |      |
| Andre Louis Wassink | 9.11   |       |      |
| J.B.                | 4300 m |       |      |
| Nick Kamers         | 16.54  | 2e pl |      |
| Ruben Pillen        | 19.24  |       |      |
| Remco Verdoold      | 1e j   | M 16  |      |
| Heren               | 10 km  |       |      |
| Theo Schootman      | 38.12  | 1e pl | M 49 |

### Rhede Dld 13-12-98 Hallensportfest

|                   |        |        |        |        |
|-------------------|--------|--------|--------|--------|
| M.D.              | Ver    | Hoog   | Kogel  |        |
| Leonie Willekes   | 3.64 m | 1.25 m | 9.36 m |        |
|                   |        |        | 1e pl  |        |
| M.C.              | 60 m   | 60 mh  | Hoog   | Kogel  |
| Willeke te Winkel | 8.92   | 10.58  | 1.40 m | 8.86 m |
|                   |        |        | 3e pl  | 2e pl  |

### Rhede Dld 13-12-98 Hallensportfest vervolg

|      |      |     |      |
|------|------|-----|------|
| M.B. | 60 m | Ver | Hoog |
|------|------|-----|------|

|                          |                         |                           |                          |
|--------------------------|-------------------------|---------------------------|--------------------------|
| Anne Heideveld           | 8.83<br>2e pl           | 4.64 m<br>1e pl           | 1.35 m<br>2e pl          |
| M.B.<br>Louise Kemna     | 60 m<br>8.93            | Hoog<br>1.30 m<br>3e pl   | Kogel<br>9.67 m<br>1e pl |
| J.C.<br>Thijs Hesselink  | 60 mh<br>10.51<br>2e pl | Kogel<br>10.27 m<br>1e pl |                          |
| J.C.<br>Frank van Rooyen | 60 m<br>8.44<br>2e pl   | Ver<br>4.65 m<br>1e pl    |                          |
| J.B.<br>Niek Blekkink    | 60 m<br>7.79<br>1e pl   | 60 mh<br>9.13<br>1e pl    | Ver<br>5.24 m<br>2e pl   |

#### Rijssen 19-12-98 2e OAD-Reizen Crosscircuit

|                    |       |      |
|--------------------|-------|------|
| Heren              | 5 km  |      |
| Robert Leussenkamp | 20.12 | M 33 |
| Freek Notten       | 22.08 | M 47 |

#### Losser 20-12-98 Crosswedstrijd TCC Iphitos

|                                                                             |                                        |                |
|-----------------------------------------------------------------------------|----------------------------------------|----------------|
| M.P.B.<br>Marije Mol                                                        | 1200 m<br>5.05                         | 1e pl          |
| M.D.<br>MARIKE Brinkers<br>Esli Vogel<br>Justine Dijkstra<br>Maike Emsbroek | 1500 m<br>6.15<br>6.45<br>6.47<br>7.27 | 3e pl          |
| M.C.<br>Willeke te Winkel                                                   | 1500 m<br>8.22                         | 3e pl          |
| M.B.<br>Anne Heideveld<br>Louise Kemna                                      | 2500 m<br>12.46<br>13.03               | 1e pl<br>2e pl |
| M.A.<br>Suzanne Dijkstra                                                    | 3000 m<br>13.00                        | 1e pl          |
| J.P.C.<br>Gijs koerts                                                       | 1200 m<br>6.04                         | 1e pl          |
| J.P.A.<br>Jasper Heming                                                     | 1200 m<br>6.12                         |                |
| J.D.<br>Tamo Vogel<br>Ard Nijkamp<br>Armin Pillen<br>Eelco van Hattem       | 1500 m<br>5.58<br>7.14<br>7.23<br>7.41 | 2e pl          |

## Losser 20-12-98 Crosswedstrijd TCC Iphitos vervolg

|                     |        |       |
|---------------------|--------|-------|
| J.C.                | 2500 m |       |
| Joep Brinkers       | 9.44   | 1e pl |
| Maikel Nijhuis      | 10.10  |       |
| Kjell Vogel         | 11.20  |       |
| Remco Nijkamp       | 12.06  |       |
| Andre Louis Wassink | 12.35  |       |
| J.B.                | 5000 m |       |
| Nick Kamers         | 21.15  | 3e pl |
| Niek Blekkink       | 23.45  |       |
| Roy Nijkamp         | 23.46  |       |
| Ruben Pillen        | 25.58  |       |
| Heren               | 10 km  |       |
| Matty Gerfen        | 46.26  | M 55  |

**Leden 1999**

|                    | geb .d.d |     | d.d in   | d.d. uit |
|--------------------|----------|-----|----------|----------|
| <b>M.P.C.</b>      |          |     |          |          |
| Bente Hammer       | 1991     | V 8 | 17.11.97 | 01.07.04 |
| Anne Fleur Heinen  | 1992     | V 7 | 11.05.98 | 01.03.99 |
| Emma Koerts        | 1992     | V 7 | 10.12.97 | 01.11.99 |
| Loes Markerink     | 1991     | V 8 | 02.03.98 | 01.08.99 |
| Lotte Anne Mulkens | 1992     | V 7 | 02.02.98 | 01.09.99 |
| Tessa Anne Mulkens | 1991     | V 8 | 02.12.97 | 31.12.99 |
| Marieke Odink      | 1992     | V 7 | 03.10.99 | 30.09.03 |
| Loes Oltwater      | 1991     | V 7 | 1998     | 09-02-99 |
| Merit Struik       | 1991     | V 8 | 23-08-99 | 28-09-02 |

**M.P.B.**

|                   |      |     |          |          |
|-------------------|------|-----|----------|----------|
| Hilde van de Bos  | 1990 | V 9 | 10.10.97 | 01.12.99 |
| Tamara Meijer     | 1990 | V 9 | 09.02.98 | 01.11.99 |
| Marije Mol        | 1990 | V 9 | 16.05.98 | 01.03.01 |
| Jobke Scharenborg | 1990 | V 9 | 04-10-99 |          |

**M.P.A.**

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| Lilian Meerbeek | 1988 | V 11 | 16-06-97 | 31.03.06 |
| Tamara Meijer   | 1989 | V 10 | 09.02.98 | 01.11.99 |
| Laura Willekes  | 1989 | V 10 | 06.10.96 | 01.03.02 |

**M.D.**

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Kim Bentzink         | 1987 | V 12 | 20.04.98 | 01.07.99 |
| Marike Brinkers      | 1987 | V 12 | 01.10.94 | 30.04.06 |
| Maike Emsbroek       | 1987 | V 12 | 01.10.94 | 01-10-02 |
| Justine Dijkstra     | 1986 | V 13 | 27.02.96 | 01.04.01 |
| Diewertje Hammer     | 1987 | V 12 | 30.05.94 | 31.12.99 |
| Chantal Meijer       | 1987 | V 12 | 20.04.98 | 01.11.99 |
| Djarah Nieuwenhuisen | 1986 | V 13 | 22.04.98 | 01.07.99 |
| Esli Vogel           | 1986 | V 13 | 01.11.93 | 30.09.06 |
| Jolien Wansink       | 1987 | V 12 | 22.10.96 | 01.05.99 |
| Leonie Willekes      | 1986 | V 13 | 01-10-97 | 18-09-02 |

**M.C.**

|                   |      |      |          |          |
|-------------------|------|------|----------|----------|
| Nienke Pardijs    | 1984 | V 15 | 03.03.98 | 01.05.99 |
| Nicole Roders     | 1985 | V 14 | 01.11.93 | 01.07.00 |
| Inge Thijssen     | 1984 | V 15 | 15.06.93 | 01.07.00 |
| Willeke te Winkel | 1984 | V 15 | 01.07.96 | 01.08.04 |

**M.B.**

|                  |      |      |          |          |
|------------------|------|------|----------|----------|
| Anne Heideveld   | 1983 | V 16 | 10.04.96 | 01.05.00 |
| Mirjam Heinneman | 1983 | V 16 | 12.11.97 | 01.09.99 |
| Louise Kemna     | 1983 | V 16 | 15.10.95 | 01.08.01 |
| Karin Lukens     | 1982 | V 17 | 15.04.90 | 01.12.99 |
| Marielle Spanjer | 1983 | V 16 | 29.05.96 | 01.11.99 |
| Magne Vogel      | 1982 | V 17 | 31.10.93 | 01.08.00 |
| Marion Wantia    | 1983 | V 16 | 10.11.97 | 01.10.99 |

**M.A.**

|                  |      |      |          |  |
|------------------|------|------|----------|--|
| Suzanne Dijkstra | 1981 | V 18 | 27.10.93 |  |
|------------------|------|------|----------|--|

|                       |      |      |          |          |
|-----------------------|------|------|----------|----------|
| Wilma te Raa          | 1981 | V 18 | 20.04.94 | 31.12.99 |
| Dames                 |      |      |          |          |
| Tiny te Barge         | 1951 | V 48 | 03.03.97 | 01.04.01 |
| Alie Bartelink        | 1944 | V 55 | 1976     |          |
| Marjet te Biesebeek   | 1961 | V 38 | 01.03.94 |          |
| Monique Blankvoort    | 1963 | V 36 | 14.05.96 |          |
| Marion Blekkink       | 1955 | V 44 | 01-01-99 |          |
| Karin van den Bout    | 1971 | V 28 | 11.09.99 | 01.12.00 |
| Tilly Brons           | 1950 | V 49 | 08.10.98 |          |
| Marieke Droppers      | 1971 | V 28 | 06.07.99 |          |
| Wilma Emsbroek        | 1960 | V 39 | 01.01.97 |          |
| Truus Floor           | 1954 | V 45 | 01.09.95 |          |
| Joke Geerdes          | 1956 | V 43 | 28.08.96 |          |
| Desiré Groot Zevert   | 1963 | V 36 | 26.05.98 |          |
| Helma Hammer          | 1960 | V 39 | 01.01.99 |          |
| Alie ten Have         | 1956 | V 43 | 01.10.92 |          |
| Ans t'Hooft- Muller   | 1951 | V 48 | 12-10-98 | 03-01-01 |
| Renate Hummelink      | 1978 | V 21 | 20-12-93 | 01.05.00 |
| Selma Jurriens        | 1959 | V 40 | 03.10.95 |          |
| Rolin Kluivers        | 1953 | V 46 | 01.09.91 |          |
| Margret Koerts        | 1962 | V 37 | 24.11.97 |          |
| Ans te Kulve          | 1955 | V 44 | 17.11.97 | 01.05.05 |
| Ursela te Loo         | 1965 | V 34 | 01.12.97 | 01.07.05 |
| Marga van Loosen      | 1955 | V 44 | 20.09.93 |          |
| Yvonne van Loosen     | 1955 | V 44 | 01.04.94 | 01.02.01 |
| Sacha Lutje Spelberg  | 1948 | V 51 | 01.01.90 |          |
| Diana Luyrink         | 1959 | V 40 | 01.10.94 |          |
| Anjo Luttkholt        | 1970 | V 29 | 06.03.95 | 01.07.02 |
| Lucy Maarse           | 1955 | V 44 | 01.07.95 |          |
| Kitty de Marie        | 1947 | V 52 | 01.04.88 |          |
| Marieke Markerink     | 1978 | V 21 | 17-01-94 | 01.03.00 |
| Mieke Meijerink       | 1971 | V 28 | 05.05.99 |          |
| Mira te Nijenhuis     | 1977 | V 22 | 07.10.84 | 01.05.00 |
| Janny Nijkamp         | 1957 | V 42 | 01.11.89 |          |
| Muriël Penterman      | 1973 | V 26 | 22.09.98 | 01.08.03 |
| Gonny Spexgoor        | 1961 | V 38 | 16.06.95 | 20.11.02 |
| Karin Tankink         | 1956 | V 43 | 01.10.89 |          |
| G.Thijssen            | 1956 | V 43 | 01.01.99 | 31.12.05 |
| Gerda Temmink         | 1949 | V 50 | 12.10.98 |          |
| Ineke Visser          | 1955 | V 44 | 01.01.90 |          |
| Leonie Wenting        | 1969 | V 30 | 30.09.97 |          |
| Ine Wilbrink-Brinkman | 1960 | V 39 | 01.06.85 | 31.12.99 |
| Doris Willekes        | 1963 | V 36 | 01.05.84 | 01.11.02 |
| Diny Willemink        | 1950 | V 49 | 14.11.95 | 30.04.06 |
| Ada ter Woerds        | 1955 | V 44 | 01.03.94 | 01.09.00 |
| Claudia van Zanten    | 1969 | V 30 | 08.08.99 |          |
| Lianna Zuidema        | 1966 | V 33 | 01.03.94 | 01.08.02 |
| J.P.C.                |      |      |          |          |
| René Boereboom        | 1991 | M 8  | 15.11.99 | 01.10.00 |
| Edwin van de Bos      | 1992 | M 7  | 07.09.98 | 01.06.00 |
| Thomas Doesburg       | 1992 | M 7  | 18.10.99 |          |
| Wouter Doesburg       | 1992 | M 7  | 18.10.99 |          |
| Maikel Groen          | 1991 | M 8  | 26.09.98 | 01.04.02 |
| Réne Groen            | 1992 | M 7  | 22-11-99 |          |
| Jitze van Grunderbeek | 1993 | M 6  | 01.11.99 | 01.06.00 |
| Wibe van Grunderbeek  | 1991 | M 8  | 01.11.99 | 01.06.00 |
| Julian Hermans        | 1991 | M 8  | 23.11.98 | 01.07.99 |
| Martijn te Hoonte     | 1991 | M 8  | 16.03.98 | 01.08.99 |
| Gijs Koerts           | 1991 | M 8  | 10.04.97 |          |

|                      |      |      |          |          |
|----------------------|------|------|----------|----------|
| Daan Kleinsman       | 1991 | M 8  | 08.03.99 | 01.12.00 |
| Thomas te Loo        | 1992 | M 7  | 01.12.97 | 01.10.99 |
| Patrick Meijer       | 1993 | M 6  | 01.11.98 | 01.11.99 |
| Lesley Rietman       | 1991 | M 8  | 27-11-99 |          |
|                      |      |      |          |          |
| J.P.B.               |      |      |          |          |
| Rutger Ahuis         | 1990 | M 9  | 08.02.99 | 12.12.01 |
| Martijn te Biesebeek | 1990 | M 9  | 15.02.99 | 01.10.99 |
| Frank ten Brinke     | 1990 | M 9  | 15.11.99 | 01.11.01 |
| Koen Maarse          | 1990 | M 9  | 01.10.96 | 01.11.99 |
| Bas Mol              | 1990 | M 9  | 16.05.98 | 01.06.99 |
|                      |      |      |          |          |
| J.P.A.               |      |      |          |          |
| Koen van de Bos      | 1988 | M 11 | 10.10.97 | 01.12.99 |
| Hidde Braakman       | 1988 | M 11 | 01.07.94 | 01.09.99 |
| Chris Doornweerd     | 1988 | M 11 | 15.09.98 |          |
| Maarten Geerdes      | 1988 | M 11 | 01.04.96 | 01.05.04 |
| Rinze Hammer         | 1989 | M 10 | 17.11.97 | 01.04.02 |
| Jasper Heming        | 1988 | M 11 | 28.09.98 |          |
| Paskal Hermans       | 1989 | M 10 | 23.11.98 | 01.07.99 |
| Sander Vrugink       | 1988 | M 11 | 01.03.99 | 31.03.01 |
|                      |      |      |          |          |
| J.D.                 |      |      |          |          |
| Wessel Braakman      | 1986 | M 13 | 01.03.93 | 01.09.99 |
| Eelco van Hattem     | 1987 | M 12 | 09.03.98 | 01.07.01 |
| Ard Nijkamp          | 1987 | M 12 | 15.09.92 |          |
| Armin Pillen         | 1987 | M 12 | 15.04.93 | 25.08.02 |
| Niek Thijsen         | 1987 | M 12 | 08.11.93 | 15.07.01 |
| Tamo Vogel           | 1986 | M 13 | 01.11.92 | 01.11.03 |
|                      |      |      |          |          |
| J.C.                 |      |      |          |          |
| Tom Braakman         | 1984 | M 15 | 01.03.93 | 01.09.99 |
| Joep Brinkers        | 1984 | M 15 | 01.02.92 |          |
| Melvyn Doekharan     | 1984 | M 15 | 10.09.97 | 31.12.99 |
| Ruud Geerdes         | 1985 | M 14 | 01.01.97 | 31.03.03 |
| Thijs Hesselink      | 1985 | M 14 | 06.12.95 | 03.10.02 |
| Robert Holth         | 1984 | M 15 | 12.04.99 | 24-03-00 |
| Andre Louis Wassink  | 1984 | M 15 | 01.09.91 | 16.08.02 |
| Maikel Nijhuis       | 1984 | M 15 | 07.04.97 | 01.12.00 |
| Remco Nijkamp        | 1985 | M 14 | 15.02.91 |          |
| Frank van Rooyen     | 1984 | M 15 | 23.06.97 | 31.12.02 |
| Kjell Vogel          | 1984 | M 15 | 01.03.91 |          |
|                      |      |      |          |          |
| J.B.                 |      |      |          |          |
| Niek Blekkink        | 1983 | M 16 | 01.09.95 | 01.04.05 |
| Arno Daleman         | 1983 | M 16 | 01.01.99 | 31.12.99 |
| Nick Kamers          | 1983 | M 16 | 06.03.93 |          |
| Roy Nijkamp          | 1983 | M 16 | 01.10.90 |          |
| Ruben Pillen         | 1983 | M 16 | 01.06.90 | 01.05.00 |
|                      |      |      |          |          |
| J.A.                 |      |      |          |          |
| Joost Ottink         | 1980 | M 19 | 01.06.90 | 03.11.02 |

|                     |      |      |          |          |
|---------------------|------|------|----------|----------|
| Heren               |      |      |          |          |
| Ton Bangert         | 1953 | M 46 | 24.05.98 | 31.12.01 |
| Joop Bartelink      | 1940 | M 59 | 1955     |          |
| Ronald Boomkamp     | 1979 | M 20 | 01.07.87 |          |
| Ernst Jan Boswinkel | 1965 | M 34 | 22.09.98 |          |
| Bennie te Brinke    | 1961 | M 38 | 06.07.99 |          |
| Theo Broekman       | 1948 | M 51 | 03.10.93 | 31.12.01 |

#### Heren vervolg

|                        |      |      |          |          |
|------------------------|------|------|----------|----------|
| Dewald Bruntink        | 1976 | M 23 | 05.05.97 | 01.05.99 |
| Henk Daleman           | 1953 | M 46 | 01.01.95 | 31.12.00 |
| Bob Doornweerd         | 1959 | M 40 | 02.11.98 |          |
| Dick Drenten           | 1953 | M 46 | 08.03.95 |          |
| Marty Firing           | 1945 | M 54 | 1976     |          |
| Mark Floor             | 1974 | M 25 | 07.03.95 | 01.06.04 |
| Henk Fontijn           | 1965 | M 34 | 23.11.95 | 01.08.02 |
| H.Garritsen            | 1934 | M 65 | 1975     | 31.12.05 |
| Herbert Garritsen      | 1966 | M 33 | 1976     |          |
| Hans Gerfen            | 1951 | M 48 | 20.01.93 | 01.05.00 |
| Matty Gerfen           | 1943 | M 56 | 01.12.94 | 31.12.04 |
| Leo Groot Zevert       | 1935 | M 64 | 28.04.97 | 28.02.05 |
| Ben Harbers            | 1975 | M 24 | 01.09.91 | 16.08.02 |
| Henk Harenberg         | 1963 | M 36 | 02.12.99 | 30.08.08 |
| Gerrit Harder          | 1953 | M 46 | 01.09.93 | 31.12.05 |
| Joop Haarlink          | 1954 | M 45 | 09.09.96 | 13.10.02 |
| Herman Heideveld       | 1952 | M 47 | 01.06.93 | 01.07.06 |
| Ewald Hendriks         | 1965 | M 34 | 01.04.93 | 01.07.99 |
| Herman Hilhorst        | 1966 | M 33 | 09.11.96 | 11.11.02 |
| Jan Homrighausen       | 1954 | M 45 | 01.09.93 |          |
| Bennie Huirne          | 1935 | M 64 | 01.01.92 |          |
| L. Ijssenagger         | 1910 | M 89 | 1948     | 16-03-00 |
| Gerrit Kamers          | 1956 | M 43 | 15.11.93 | 29-11-10 |
| Harry Kemna            | 1955 | M 44 | 06.09.94 | 01.10.99 |
| Geert Klein Bruinink   | 1965 | M 34 | 11.04.92 |          |
| Gerard Klein Wolterink | 1968 | M 31 | 18.12.96 | 01.04.01 |
| Henk Klein Wolterink   | 1965 | M 34 | 20.05.96 | 01.07.00 |
| Alan Knigge            | 1963 | M 36 | 03.05.97 |          |
| Jos Kolner             | 1958 | M 41 | 04.02.97 | 01.07.99 |
| Gerrit kuipers         | 1961 | M 39 | 11-12-95 |          |
| Erwin Leussenkamp      | 1969 | M 30 | 01.08.81 | 01.12.05 |
| Robert Leussenkamp     | 1965 | M 34 | 01.08.81 | 01.04.02 |
| Marcel Liebrand        | 1959 | M 40 | 01.06.85 |          |
| Albert Lukens          | 1949 | M 50 | 01.10.92 |          |
| Tonnie Lutikholt       | 1954 | M 45 | 1972     |          |
| Nick Maatman           | 1978 | M 21 | 01.04.86 |          |
| Alfred Meekes          | 1975 | M 24 | 01.05.86 |          |
| Stefan Mol             | 1978 | M 21 | 01.11.92 | 01.07.00 |
| Ben te Nijenhuis       | 1948 | M 51 | 1987     | 2003     |
| Dennis te Nijenhuis    | 1974 | M 25 | 07.10.84 |          |
| Paul Nijenhuis         | 1959 | M 40 | 27.11.95 |          |
| Theo Nijkamp           | 1952 | M 47 | 1972     |          |
| Freek Notten           | 1951 | M 48 | 01.03.92 | 01.11.01 |
| Mark Orriëns           | 1978 | M 21 | 01.09.95 | 01.05.99 |
| Huub Ras               | 1930 | M 69 | 1956     |          |
| Jos van Rooijen        | 1947 | M 52 | 01.04.95 | 31.12.05 |
| Martin Rooks           | 1955 | M 44 | 29.10.97 |          |
| Dirk Schilp            | 1947 | M 52 | 29.05.96 | 01.04.00 |
| Theo Schootman         | 1949 | M 50 | 01.12.92 |          |
| Leo Sijtsma            | 1941 | M 57 | 01.11.92 | 31.12.99 |
| Jan Staring            | 1945 | M 54 | 22.04.92 | 01.04.01 |
| Erik Stotelder         | 1962 | M 37 | 01.11.91 | 01.10.99 |
| Hennie Temmink         | 1943 | M 66 | 01.01.84 |          |
| Pim Temmink            | 1973 | M 26 | 02.11.96 | 31.12.02 |

Erelid

|                |      |      |          |          |
|----------------|------|------|----------|----------|
| Mark Temmink   | 1972 | M 27 | 01.06.85 | 31.12.99 |
| Bert Vogel     | 1953 | M 46 | 04-11-93 |          |
| Ronny Vogt     | 1968 | M 31 | 1995     | 01.05.99 |
| Tonnie Vrieze  | 1953 | M 46 | 04.09.95 | 01.11.99 |
| Pim van Vuren  | 1947 | M 52 | 01.10.93 |          |
| Johan Wansing  | 1932 | M 67 | 1948     |          |
| Jo Wassink     | 1948 | M 51 | 01.08.95 | 31.12.05 |
| Rudy Wedel     | 1947 | M 52 | 1961     |          |
| Michel Wenting | 1968 | M 31 | 30-09-97 |          |
| Henk Wesselink | 1950 | M 49 | 01.08.95 | 31.12.05 |
| Mike Wientjes  | 1958 | M 41 | 01.03.92 | 01.09.02 |
| Jan Wikkerink  | 1954 | M 45 | 01.07.97 |          |

#### Heren vervolg

|                 |      |      |          |          |
|-----------------|------|------|----------|----------|
| Gerard Willekes | 1956 | M 43 | 01-03-90 |          |
| Jan Willemink   | 1950 | M 49 | 01.02.98 | 01.05.99 |
| Hans ter Woerds | 1955 | M 44 | 01.11.91 | 01.03.01 |

## 1999

### Eibergen 03-01-99 Nieuwjaarscross

|                    |        |       |
|--------------------|--------|-------|
| M.P.C.             | 1080 m |       |
| Tessa Anne Mulkens | 5.33   | 1e pl |
| M.P.B.             | 1500 m |       |
| Marije Mol         | 6.59   | 1e pl |
| Tamara Meijer      | 9.21   |       |
| M.P.A.             | 1500 m |       |
| Lilian Meerbeek    | 7.31   |       |
| M.D.               | 1500 m |       |
| Marike Brinkers    | 6.06   | 3e pl |
| Esli Vogel         | 6.14   |       |
| Justine Dijkstra   | 6.35   |       |
| Maike Emsbroek     | 7.04   |       |
| Chantal Meijer     | 9.40   |       |
| M.C.               | 2100 m |       |
| Inge Thijssen      | 11.02  | 1e pl |
| Willeke te Winkel  | 11.33  | 2e pl |
| M.B.               | 2880 m |       |
| Anne Heideveld     | 14.26  | 1e pl |
| Louise Kemna       | 15.02  | 2e pl |
| M.A.               | 5760 m |       |



|                  |        |       |
|------------------|--------|-------|
| Suzanne Dijkstra | 25.49  | 1e pl |
| J.P.C.           | 1080 m |       |
| Gijs koerts      | 5.05   | 1e pl |
| J.P.A.           | 1500 m |       |
| Jasper Heming    | 7.03   |       |
| Chris Doornweerd | 7.31   |       |
| J.D.             | 2100 m |       |
| Tamo Vogel       | 8.31   | 3e pl |
| Niek Thijsen     | 10.19  |       |
| Ard Nijkamp      | 10.22  |       |
| Armin Pillen     | 11.14  |       |
| Eelco van Hattem | 11.20  |       |

### Eibergen 03-01-99 Nieuwjaarscross vervolg

|                     |         |       |
|---------------------|---------|-------|
| J.C.                | 2880 m  |       |
| Joep Brinkers       | 11.00   | 1e pl |
| Maikel Nijhuis      | 11.32   | 3e pl |
| Kjell Vogel         | 12.08   |       |
| Tom Braakman        | 12.37   |       |
| Frank van Rooyen    | 12.56   |       |
| Andre Louis Wassink | 13.40   |       |
| Remco Nijkamp       | 13.41   |       |
| J.B.                | 5760 m  |       |
| Nick Kamers         | 24.04   | 3e pl |
| Niek Blekkink       | 26.59   |       |
| Roy Nijkamp         | 26.59   |       |
| Ruben Pillen        | 28.24   |       |
| Heren               | 11520 m |       |
| Ronald Boomkamp     | 41.55   | M 20  |
| Theo Schootman      | 44.09   | M 50  |
| Herman Heideveld    | 48.34   | M 47  |
| Robert Leussenkamp  | 50.49   | M 34  |
| Matty Gerfen        | 52.51   | M 56  |
| Herbert Garritsen   | 57.46   | M 33  |

### Eibergen 09-01-99 Nieuwjaarscross Sportclub Eibergen

|                  |         |       |       |
|------------------|---------|-------|-------|
| M.P.B.           | 1000 m  |       |       |
| Marije Mol       | 4.15    | 1e pl |       |
| M.A.             | 5 km    |       |       |
| Suzanne Dijkstra | 21.07   | 1e pl |       |
| Dames            | 10 km   |       |       |
| Anjo Luttkholt   | 47.58   | V 29  | 1e pl |
| Rolin Kluivers   | 54.42   | V 46  | 2e pl |
| Truus Floor      | 54.52   | V 45  | 3e pl |
| Dames            | 15 km   |       |       |
| Diana Luyrink    | 1.04.53 | V 40  | 1e pl |
| Gonny Spexgoor   | 1.17.50 | V 38  | 2e pl |
| J.P.C.           | 1000 m  |       |       |
| Gijs koerts      | 4.19    | 2e pl |       |
| J.D.             | 2500 m  |       |       |
| Tamo Vogel       | 9.58    | 2e pl |       |

|            |       |       |
|------------|-------|-------|
| Heren      | 5 km  |       |
| Bert Vogel | 22.16 | 3e pl |

#### Breda 17-01-99 30e Internationale Sprintcross

|                 |        |      |
|-----------------|--------|------|
| Heren           | 9300 m |      |
| Ronald Boomkamp | 33.17  | M 20 |

#### Holten 30-01-99 2e OAD-Reizen Crosscircuit

|                    |       |      |
|--------------------|-------|------|
| Heren              | 5 km  |      |
| Robert Leussenkamp | 21.08 | M 34 |

|               |       |      |
|---------------|-------|------|
| Heren         | 10 km |      |
| Jan Willemink | 49.22 | M 49 |

#### Doetinchem 30-01-99 3e wedstrijd Open Gelders/Overijsselse Crosscompetitie

|                 |        |  |
|-----------------|--------|--|
| M.D.            | 1500 m |  |
| Marike Brinkers | 6.08   |  |
| Maïke Emsbroek  | 7.28   |  |

|                  |        |       |
|------------------|--------|-------|
| M.A.             | 3500 m |       |
| Suzanne Dijkstra | 13.58  | 3e pl |

|               |        |  |
|---------------|--------|--|
| J.C.          | 3500 m |  |
| Joep Brinkers | 12.16  |  |

|                 |       |      |
|-----------------|-------|------|
| Heren           | 12 km |      |
| Ronald Boomkamp | 43.28 | M 20 |

#### Rhede Dld 06-02-99 Hallensportfest

|                |      |        |
|----------------|------|--------|
| M.P.A.         | 50 m | Ver    |
| Laura Willekes | 8.67 | 3.53 m |

|                 |      |       |        |        |
|-----------------|------|-------|--------|--------|
| M.D.            | 50 m | 60 mh | Ver    | Hoog   |
| Maike Emsbroek  | 8.15 | 14.20 | 3.73 m |        |
| Leonie Willekes | 8.02 | 14.15 | 4.11 m | 1.30 m |

|                   |      |       |        |        |
|-------------------|------|-------|--------|--------|
| M.C.              | 60 m | 60 mh | Ver    | Hoog   |
| Willeke te Winkel | 8.90 | 10.54 | 4.17 m | 1.36 m |

|                 |       |       |        |
|-----------------|-------|-------|--------|
| J.C.            | 60 m  | 60 mh | Ver    |
| Thijs Hesselink | 8.27  | 10.30 | 5.06 m |
|                 | 1e pl | 1e pl | 1e pl  |

|                  |       |       |        |
|------------------|-------|-------|--------|
| J.C.             | 60 m  | 60 mh | Ver    |
| Frank van Rooyen | 8.34  | 11.55 | 5.06 m |
|                  | 3e pl | 2e pl | 3e pl  |

#### Uden 07-02-99 Profile Cross

|                 |        |            |
|-----------------|--------|------------|
| Heren           | 7370 m |            |
| Ronald Boomkamp | 26.47  | M 20 7e pl |

#### Enschede 07-02-99 Indoor AC Tion

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.P.B.            | 40 m | Hoog   | Kogel  |         |
| Marije Mol        | 7.0  | 0.85 m | 4.27 m | 2e pl   |
| Tamara Meijer     | 8.2  | 0.85 m | 3.84 m |         |
| M.P.A.            | 60 m | Hoog   | Kogel  |         |
| Laura Willekes    | 9.8  | 0.95 m | 6.16 m |         |
| M.D.              | 60 m | 60 mh  | Hoog   | Kogel   |
| Maike Emsbroek    | 9.3  | 13.8   | x      | 6.67 m  |
| Leonie Willekes   | 9.7  | 12.9   | 1.30 m | 11.61 m |
|                   |      | 2e pl  | 2e pl  | 2e pl   |
| Chantal Meijer    | 11.0 |        | x      | 4.82 m  |
| M.C.              | 60 m | 60 mh  | Hoog   | Kogel   |
| Willeke te Winkel | 9.0  | 11.5   | 1.30 m | 8.82 m  |
| J.P.C.            | 40 m | Hoog   | Kogel  |         |
| Gijs koerts       | 7.4  | 0.90 m | 6.68 m | 1e pl   |
| J.P.B.            | 40 m | Hoog   | Kogel  |         |
| Bas Mol           | 7.7  | 0.80 m | 3.53 m |         |

#### Enschede 07-02-99 Indoor AC Tion vervolg

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| J.P.A.           | 60 m | Hoog   | Kogel  |         |
| Jasper Heming    | 10.1 | 0.85 m | 4.30 m |         |
| J.C.             | 60 m | 60 mh  | Hoog   | Kogel   |
| Thijs Hesselink  | 8.3  | 10.2   | 1.60 m | 10.20 m |
|                  |      | 2e pl  | 1e pl  |         |
| Melvyn Doekharan | 11.0 |        |        | 4.90 m  |

#### Den Haag 13-02-99 NK Indooratletiek A-B Junioren

|                |      |       |        |
|----------------|------|-------|--------|
| M.B.           | 60 m | 400 m | Ver    |
| Anne Heideveld | 8.94 |       | 4.61 m |
| Louise Kemna   |      | 67.45 |        |

#### Den Haag 20-02-99 C Spelen

|                   |       |
|-------------------|-------|
| M.C.              | 60 mh |
| Willeke te Winkel | 10.45 |

#### Lochem 27-02-99 4e wedstrijd Open Gelders/Overijsselse Crosscompetitie

|                  |        |       |
|------------------|--------|-------|
| M.D.             | 1500 m |       |
| Marike Brinkers  | 6.09   |       |
| Maike Emsbroek   | 7.32   |       |
| M.A.             | 3500 m |       |
| Suzanne Dijkstra | 12.31  | 1e pl |
| J.C.             | 3500 m |       |
| Joep Brinkers    | 12.16  |       |

#### Eindstand Open Gelders/Overijsselse Crosscompetitie 1998/1999

M.D. 1e j

|                 |        |
|-----------------|--------|
| Marike Brinkers | 6e pl  |
| Maike Emsbroek  | 20e pl |

|                  |       |
|------------------|-------|
| M.A.             |       |
| Suzanne Dijkstra | 1e pl |

|               |       |
|---------------|-------|
| J.C. 2e j     |       |
| Joep Brinkers | 5e pl |

#### Goor 06-03-99 2e OAD-Reizen Crosscircuit

|               |       |      |
|---------------|-------|------|
| Heren         | 10 km |      |
| Jan Willemink | 46.33 | M 49 |

#### Winterswijk 06-03-99 11e EM Wegwedstrijd

|                |       |      |       |
|----------------|-------|------|-------|
| Dames          | 5 EM  |      |       |
| Gonny spexgoor | 36.15 | V 38 | 2e pl |

|                |         |      |
|----------------|---------|------|
| Dames          | 10 EM   |      |
| Anjo Luttkholt | 1.14.34 | V 29 |

#### Winterswijk 06-03-99 11e EM Wegwedstrijd vervolg

|                     |         |      |
|---------------------|---------|------|
| Heren               | 10 EM   |      |
| Theo Schootman      | 59.34   | M 50 |
| Pim van Vuren       | 1.05.04 | M 52 |
| Gerrit Harder       | 1.05.59 | M 46 |
| Jan Wikkerink       | 1.06.04 | M 45 |
| Ernst Jan Boswinkel | 1.20.08 | M 34 |

#### Heerde 07-03-99 NK Veldloop

|                  |        |       |
|------------------|--------|-------|
| M.A.             | 4022 m |       |
| Suzanne Dijkstra | 17.13  | 9e pl |

|                 |         |      |
|-----------------|---------|------|
| Heren           | 12220 m |      |
| Ronald Boomkamp | 46.41   | M 20 |

#### Enschede 14-03-99 indoor

|              |      |        |        |       |
|--------------|------|--------|--------|-------|
| M.P.C.       | 40 m | Hoog   | Kogel  |       |
| Bente Hammer | 8.2  | 0.70 m | 3.23 m | 2e pl |

|                  |      |        |        |  |
|------------------|------|--------|--------|--|
| M.P.B.           | 40 m | Hoog   | Kogel  |  |
| Marije Mol       | 7.2  | 0.80 m | 4.26 m |  |
| Tamara Meijer    | 8.1  | 0.80 m | 3.94 m |  |
| Hilde van de Bos | 8.2  | 0.80 m | 3.50 m |  |

|                  |      |        |        |  |
|------------------|------|--------|--------|--|
| M.D.             | 60 m | Hoog   | Kogel  |  |
| Chantal Meijer   | 11.8 | 1.05 m | 4.69 m |  |
| Diewertje Hammer | 10.3 | 1.00 m | 5.34 m |  |

|             |      |        |        |       |
|-------------|------|--------|--------|-------|
| J.P.C.      | 40 m | Hoog   | Kogel  |       |
| Gijs koerts | 7.6  | 0.95 m | 5.89 m | 2e pl |

|         |      |  |
|---------|------|--|
| J.P.B.  | 40 m |  |
| Bas Mol | 8.0  |  |

|                 |      |        |        |
|-----------------|------|--------|--------|
| J.P.A.          | 60 m | Hoog   | Kogel  |
| Koen van de Bos | 10.7 | 1.05 m | 5.54 m |
| Rinze Hammer    | 10.6 | 1.00 m | 4.79 m |

|                  |      |        |
|------------------|------|--------|
| J.C.             | 60 m | Kogel  |
| Melvyn Doekharan | 10.6 | 4.72 m |

### Dortmund Dld 14-03-99 Indoorwedstrijd

|                 |      |        |
|-----------------|------|--------|
| M.P.A.          | 50 m | Ver    |
| Laura Willekes  | 8.6  | 3.01 m |
| Lilian Meerbeek | 9.2  | 2.99 m |

|                 |      |       |        |        |
|-----------------|------|-------|--------|--------|
| M.D.            | 50 m | 60 mh | Ver    | Hoog   |
| Maike Emsbroek  | 7.8  | 13.3  | 3.78 m |        |
| Leonie Willekes |      |       | 4.15 m | 1.25 m |

|                   |       |        |        |       |
|-------------------|-------|--------|--------|-------|
| M.C.              | 60 mh | Hoog   | Kogel  |       |
| Willeke te Winkel | 10.1  | 1.35 m |        |       |
| Leonie Willekes   |       |        | 9.63 m | 3e pl |

|                |       |        |       |
|----------------|-------|--------|-------|
| M.B.           | 300 m | Kogel  |       |
| Louise Kemna   | 47.76 | 8.95 m | 3e pl |
| Anne Heideveld | 49.04 |        |       |

### Dortmund Dld 14-03-99 Indoorwedstrijd vervolg

|                 |      |       |        |        |     |         |
|-----------------|------|-------|--------|--------|-----|---------|
| J.C.            | 60 m | 60 mh | 1000 m | Hoog   | Ver | Kogel   |
| Thijs Hesselink |      | 9.9   |        | 1.60 m |     | 10.60 m |
|                 |      |       |        |        |     | 1e pl   |

|                  |     |     |         |        |        |
|------------------|-----|-----|---------|--------|--------|
| Frank van Rooyen | 8.0 | 9.7 |         |        | 5.01 m |
| Maikel Nijhuis   |     |     | 3.06.09 | 1.50 m |        |

|               |       |         |       |
|---------------|-------|---------|-------|
| J.B.          | 300 m | 800 m   |       |
| Niek Blekkink | 41.08 |         |       |
| Ruben Pillen  |       | 2.23.81 |       |
| Arno Daleman  |       | 2.08.88 | 1e pl |

### Den Haag 21-03-99 D - Spelen

|                 |         |       |
|-----------------|---------|-------|
| M.D.            | Kogel   |       |
| Leonie Willekes | 11.70 m | 2e pl |

### Losser 28-03-99 2e Drielandenloop

|                |         |      |
|----------------|---------|------|
| Dames          | 25 km   |      |
| Anjo Lutikholt | 2.16.30 | V 29 |

|               |         |      |
|---------------|---------|------|
| Heren         | 25 km   |      |
| Pim van Vuren | 1.49.12 | M 52 |
| Matty Gerfen  | 1.59.04 | M 56 |
| Bennie Huirne | 2.15.15 | M 64 |

## Eibergen 28-03-99 Clubkampioenschappen Indoor

|               |      |        |        |        |
|---------------|------|--------|--------|--------|
| M.P.C. Mini   | 30 m | Ver    | Kogel  | Bal    |
| Lotte Mulkens | 6.4  | 2.08 m | 4.15 m | 6.19 m |
| Emma Koerts   | 6.5  | 1.68 m | 3.97 m | 8.81 m |

|                    |      |        |        |         |
|--------------------|------|--------|--------|---------|
| M.P.C.             | 30 m | Ver    | Kogel  | Bal     |
| Tessa Anne Mulkens | 6.0  | 2.45 m | 5.07 m | 9.46 m  |
| Bente Hammer       | 6.0  | 2.20 m | 3.42 m | 10.31 m |
| Loes Markerink     | 6.2  | 2.35 m | 3.32 m | 8.25 m  |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| M.P.B.           | 30 m | Ver    | Kogel  | Bal     |
| Marije Mol       | 5.5  | 2.30 m | 4.18 m | 12.28 m |
| Tamara Meijer    | 6.0  | 2.18 m | 3.46 m | 11.99 m |
| Hilde van de Bos | 6.3  | 2.16 m | 3.78 m | 7.61 m  |

|                 |      |        |        |         |
|-----------------|------|--------|--------|---------|
| M.P.A.          | 30 m | Ver    | Kogel  | Bal     |
| Laura Willekes  | 5.5  | 3.04 m | 5.35 m | 16.39 m |
| Lilian Meerbeek | 5.8  | 2.70 m | 5.60 m | 14.49 m |

|                      |      |        |        |         |
|----------------------|------|--------|--------|---------|
| M.D.                 | 30 m | Ver    | Hoog   | Kogel   |
| Leonie Willekes      | 5.1  | 3.50 m | 1.30 m | 12.10 m |
| Maike Emsbroek       | 5.2  | 3.52 m | 1.15 m | 6.56 m  |
| Diewertje Hammer     | 5.4  | 3.20 m | 1.10 m | 5.95 m  |
| Marike Brinkers      | 5.4  | 3.20 m | 1.15 m | 5.34 m  |
| Djarah Nieuwenhuisen | 5.5  | 3.08 m | 1.05 m | 6.03 m  |
| Chantal Meijer       | 5.8  | 2.58 m | 1.05 m | 4.77 m  |

|                   |      |        |        |        |
|-------------------|------|--------|--------|--------|
| M.C.              | 30 m | Ver    | Hoog   | Kogel  |
| Willeke te Winkel | 4.8  | 3.85 m | 1.35 m | 8.22 m |
| Nicole Roders     | 5.1  | 3.40 m | 1.20 m | 6.66 m |

## Eibergen 28-03-99 Clubkampioenschappen Indoor vervolg

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| J.P.C. Mini      | 30 m | Ver    | Kogel  | Bal     |
| Edwin van de Bos | 6.8  | 2.00 m | 4.68 m | 11.27 m |
| Patrick Meijer   | 6.9  | 1.65 m | 3.58 m | 8.75 m  |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| J.P.C.            | 30 m | Ver    | Kogel  | Bal     |
| Gijs koerts       | 5.7  | 2.82 m | 5.65 m | 24.57 m |
| Daan Kleinsman    | 5.9  | 2.40 m | 5.50 m | 18.85 m |
| Maikel Groen      | 5.8  | 2.25 m | 5.79 m | 15.34 m |
| Julian Hermans    | 6.1  | 2.00 m | 4.25 m | 13.70 m |
| Martijn te Hoonte | 6.2  | 2.25 m | 3.18 m | 9.11 m  |

|             |      |        |        |         |
|-------------|------|--------|--------|---------|
| J.P.B.      | 30 m | Ver    | Kogel  | Bal     |
| Koen Maarse | 6.2  | 1.90 m | 4.28 m | 16.13 m |
| Bas Mol     | 6.0  | 1.98 m | 3.98 m | 10.78 m |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| J.P.A.           | 30 m | Ver    | Kogel  | Bal     |
| Chris Doornweerd | 5.3  | 3.10 m | 5.43 m | 24.86 m |
| Jasper Heming    | 5.3  | 2.80 m | 4.77 m | 20.19 m |
| Koen van de Bos  | 5.8  | 3.00 m | 5.80 m | 21.53 m |
| Rinze Hammer     | 5.5  | 2.86 m | 4.71 m | 16.04 m |
| Maarten Geerdes  | 6.6  | 2.22 m | 5.76 m | 21.90 m |
| Paskal Hermans   | 6.2  | 2.41 m | 4.41 m | 19.29 m |

|              |      |        |        |        |
|--------------|------|--------|--------|--------|
| J.D.         | 30 m | Ver    | Hoog   | Kogel  |
| Niek Thijsen | 5.2  | 3.21 m | 1.10 m | 6.97 m |
| Ard Nijkamp  | 5.6  | 3.10 m | 1.00 m | 5.04 m |
| Armin Pillen | 5.6  | 2.85 m | 1.00 m | 5.50 m |

|                  |      |        |        |        |
|------------------|------|--------|--------|--------|
| J.C.             | 30 m | Ver    | Hoog   | Kogel  |
| Thijs Hesselink  | 4.7  | 4.62 m | 1.55 m | 9.91 m |
| Frank van Rooyen | 4.5  | 4.80 m | 1.40 m | 8.66 m |

|                     |      |        |        |         |      |
|---------------------|------|--------|--------|---------|------|
| Andre Louis Wassink | 5.1  | 4.03 m | 1.40 m | 6.76 m  |      |
| Ruud Geerdes        | 5.2  | 3.98 m | 1.30 m | 8.08 m  |      |
| Remco Nijkamp       | 5.7  | 3.15 m | x      | 5.52 m  |      |
| J.B.                | 30 m | Ver    | Hoog   | Kogel   |      |
| Niek Blekkink       | 4.3  | 5.25 m | 1.65 m | 11.45 m |      |
| Roy Nijkamp         | 4.7  | 4.75 m | 1.35 m | 8.39 m  |      |
| Heren               | 30 m | Ver    | Hoog   | Kogel   |      |
| Nick Maatman        | 4.6  | 5.07 m | 1.45 m | 9.06 m  | M 21 |

## Oldenzaal 11-04-99 Hoge Lage Torenloop

|                |         |      |
|----------------|---------|------|
| Heren          | 15 km   |      |
| Theo Schootman | 55.25   | M 50 |
| Jan Willemink  | 1.13.08 | M 49 |
| Dick Drenten   | 1.16.21 | M 46 |

## Haaksbergen 17-04-99 Blokmeerkamp

|                 |      |        |        |        |       |
|-----------------|------|--------|--------|--------|-------|
| M.P.B.          | 40 m | Ver    | Kogel  | 1000 m |       |
| Marije Mol      | 7.2  | 2.69 m | 4.16 m | 4.06.8 | 2e pl |
| Tamara Meijer   | 8.2  | 2.62 m | 3.79 m |        |       |
| M.P.A.          | 60 m | Hoog   | Kogel  |        |       |
| Laura Willekes  | 10.0 | 1.05 m | 5.84 m |        |       |
| Lilian Meerbeek | 10.8 | 1.05 m | 5.78 m |        |       |

## Haaksbergen 17-04-99 Blokmeerkamp vervolg

|                  |       |        |         |        |         |       |
|------------------|-------|--------|---------|--------|---------|-------|
| M.D.             | 60 m  | 60 mh  | 600 m   | Ver    | Kogel   |       |
| Leonie Willekes  | 9.4   | 14.0   | 2.03.9  | 3.71 m | 10.93 m |       |
| Maike Emsbroek   | 9.4   | 13.3   | 2.10.2  | 3.51 m | 6.42 m  |       |
| Marike Brinkers  | 10.1  | 14.0   | 1.59.6  | 3.24 m | 5.40 m  |       |
| J.P.C.           | 40 m  | Hoog   | Bal     |        | 600 m   |       |
| Gijs koerts      | 7.2   | 1.00 m | 30.41 m | 1e pl  | 2.23.4  | 1e pl |
| J.P.A.           | 60 m  | Ver    | Kogel   |        | 1000 m  |       |
| Chris Doornweerd | 10.1  | 3.47 m | 5.60 m  |        | 4.10.3  |       |
| J.D.             | 80 m  | 80 mh  | 600 m   | Ver    | Kogel   |       |
| Ard Nijkamp      | 14.1  | 18.9   | 2.11.5  | 2.92 m | 5.26 m  |       |
| Armin Pillen     | 13.5  | 20.9   | 2.29.0  | 2.98 m | 5.69 m  |       |
| J.C.             | 100 m | 100 mh | Ver     | Kogel  | Discus  |       |
| Thijs Hesselink  | 13.9  | 16.1   | 4.74 m  | 9.30 m | 26.48 m |       |

## Doetinchem 24-04-99 1e Competitiewedstrijd CD Junioren 2e Klas

|                |          |         |       |
|----------------|----------|---------|-------|
| M.D.           | 3893 pnt | 2e klas | 2e pl |
| Maike Emsbroek | 4x60 m   | 35.8    |       |

|                   |        |         |
|-------------------|--------|---------|
| Dieuwertje Hammer | 4x60 m | 35.8    |
| Marike Brinkers   | 4x60 m | 35.8    |
| Esli Vogel        | 4x60 m | 35.8    |
| Maike Emsbroek    | 60 m   | 9.3     |
| Dieuwertje Hammer | 60 m   | 9.6     |
| Chanthai Meijer   | 60 m   | 11.2    |
| Maike Emsbroek    | 60 mh  | 12.7    |
| Marike Brinkers   | 1000 m | 3.30.9  |
| Esli Vogel        | 1000 m | 3.35.7  |
| Esli Vogel        | Ver    | 3.86 m  |
| Marike Brinkers   | Hoog   | 1.15 m  |
| Chanthai Meijer   | Hoog   | 1.05 m  |
| Leonie Willekes   | Kogel  | 11.41 m |
| Dieuwertje Hammer | Kogel  | 5.66 m  |
| Leonie Willekes   | Speer  | 23.74 m |

J.D. 2482 pnt 2e klas 10e pl

|                  |        |        |
|------------------|--------|--------|
| Tamo Vogel       | 4x80 m | 49.3   |
| Eelco van Hattem | 4x80 m | 49.3   |
| Ard Nijkamp      | 4x80 m | 49.3   |
| Armin Pillen     | 4x80 m | 49.3   |
| Tamo Vogel       | 80 m   | 12.0   |
| Armin Pillen     | 80 m   | 13.2   |
| Ard Nijkamp      | 80 mh  | 24.0   |
| Tamo Vogel       | 1000 m | 3.25.5 |
| Armin Pillen     | 1000 m | 3.58.0 |
| Eelco van Hattem | Ver    | 2.98 m |
| Niek Thijsen     | Kogel  | 6.88   |
| Niek Thijsen     | Discus | 13.79  |

#### Doetinchem 24-04-99 1e Competitiewedstrijd CD Junioren 2e Klas vervolg

J.C. 5482 pnt 2e klas 4e pl

|                     |        |         |
|---------------------|--------|---------|
| Robert Holth        | 4x100  | 56.1    |
| Kjell Vogel         | 4x100  | 56.1    |
| Thijs Hesselink     | 4x100  | 56.1    |
| Frank van Rooyen    | 4x100  | 56.1    |
| Kjell Vogel         | 100 m  | 13.7    |
| Robert Holth        | 100 m  | 13.1    |
| Remco Nijkamp       | 100 m  | 17.0    |
| Frank van Rooyen    | 100 mh | 16.9    |
| Andre Louis Wassink | 100 mh | 20.3    |
| Remco Nijkamp       | 800 m  | 3.01.4  |
| Maikel Nijhuis      | 800 m  | 2.25.1  |
| Kjell Vogel         | Ver    | 4.29 m  |
| Frank van Rooyen    | Ver    | 4.89 m  |
| Andre Louis Wassink | Hoog   | 1.45 m  |
| Thijs Hesselink     | Hoog   | 1.60 m  |
| Thijs Hesselink     | Kogel  | 10.24 m |
| Ruud Geerdes        | Kogel  | 8.52 m  |
| Robert Holth        | Discus | 23.05 m |
| Ruud Geerdes        | Discus | 21.31 m |
| Maikel Nijhuis      | Speer  | 30.90 m |

#### Emmeloord 25-04-99 1e Competitiewedstrijd AB Junioren 2e Klas



|                  |          |         |       |
|------------------|----------|---------|-------|
| M.A.             | 4942 pnt | 2e Klas | 4e pl |
| Anne Heideveld   | 4x100 m  | 55.83   | M.B.  |
| Louise Kemna     | 4x100 m  | 55.83   | M.B.  |
| Suzanne Dijkstra | 4x100 m  | 55.83   |       |
| Wilma te Raai    | 4x100 m  | 55.83   |       |
| Anne Heideveld   | 100 m    | 14.61   | M.B.  |
| Louise Kemna     | 400 m    | 1.05.91 | M.B.  |
| Suzanne Dijkstra | 800 m    | 2.24.27 |       |
| Anne Heideveld   | Ver      | 4.62 m  | M.B.  |
| Louise Kemna     | Hoog     | 1.30 m  | M.B.  |
| Wilma te Raai    | Kogel    | 8.14 m  |       |
| Wilma te Raai    | Discus   | 23.49 m |       |
| Suzanne Dijkstra | Speer    | 12.85 m |       |

### Hengelo 28-04-99 Johan Knaap Games

|                  |         |       |         |       |         |       |
|------------------|---------|-------|---------|-------|---------|-------|
| M.A.             | 800 m   |       |         |       |         |       |
| Suzanne Dijkstra | 2.24.05 | 1e pl |         |       |         |       |
| J.B.             | 800 m   |       | Kogel   |       | Speer   |       |
| Joep Brinkers    | 2.22.61 | 1e pl |         |       |         |       |
| Niek Blekkink    |         |       | 12.13 m | 3e pl | 46.63 m | 1e pl |
| Roy Nijkamp      |         |       | 10.11 m |       | 29.19 m | 2e pl |
| Heren            | 800 m   |       |         |       |         |       |
| Ronald Boomkamp  | 2.05.64 |       |         |       |         |       |

### Eibergen 01-05-99 Eiberrun

|                     |       |      |
|---------------------|-------|------|
| M.B.                | 2 EM  |      |
| Anne Heideveld      | 1e pl |      |
| Louise Kemna        | 2e pl |      |
| Dames               | 5 EM  |      |
| Truus Floor         | 43.04 | V 45 |
| Desiré Groot Zevert | 44.44 | V 36 |
| Muriël Penterman    | 44.45 | V 26 |

### Eibergen 01-05-99 Eiberrun vervolg

|                        |         |      |
|------------------------|---------|------|
| Dames                  | 10 EM   |      |
| Anjo Lutikholt         | 1.17.05 | V 29 |
| Monique Blankvoort     | 1.21.38 | V 36 |
| Marga van Loosen       | 1.28.06 | V 44 |
| Rolin Kluivers         | 1.33.11 | V 46 |
| J.B.                   | 2 EM    |      |
| Joep Brinkers          | 1e pl   |      |
| Ruben Pillen           | 2e pl   |      |
| Roy Nijkamp            | 3e pl   |      |
| J.C.                   | 5 EM    |      |
| Kjell Vogel            | 33.26   |      |
| Tom Braakman           | 35.09   |      |
| Andre Louis Wassink    | 44.18   |      |
| J.B.                   | 5 EM    |      |
| Nick Kamers            | 36.03   |      |
| Heren                  | 5 EM    |      |
| Robert Leussenkamp     | 31.55   | M 34 |
| Gerard Klein Wolterink | 35.16   | M 31 |

|                   |         |      |
|-------------------|---------|------|
| Huub Ras          | 47.54   | M 69 |
| Heren             | 10 EM   |      |
| Theo Schootman    | 1.01.03 | M 50 |
| Ewald Hendriks    | 1.06.22 | M 34 |
| Hans ter Woerds   | 1.10.39 | M 44 |
| Jan Homrighausen  | 1.15.04 | M 45 |
| Paul Nijenhuis    | 1.17.10 | M 40 |
| Herbert Garritsen | 1.17.42 | M 33 |
| Theo Broekman     | 1.19.51 | M 51 |
| Leo Groot Zevert  | 1.20.42 | M 64 |
| Dick Drenten      | 1.21.31 | M 46 |
| Martin Rooks      | 1.23.26 | M 44 |

#### Ede 01-05-99 Gelders/Overijsselse Kampioenschappen CD Junioren

|                   |         |        |                |                  |                  |         |
|-------------------|---------|--------|----------------|------------------|------------------|---------|
| M.D.              | 60 m    | 60 mh  | Ver            | Kogel            | Discus           | Speer   |
| Maike Emsbroek    | 9.65    | 13.19  | 3.62 m         |                  |                  |         |
| Leonie Willekes   |         |        |                | 11.21 m<br>2e pl | 24.82 m<br>3e pl | 25.51 m |
| M.C.              | 80 mh   | Kogel  | Discus         |                  |                  |         |
| Willeke te Winkel | 15.33   | 8.66 m | 22.30 m        |                  |                  |         |
| Inge Thijssen     |         |        | 21.16 m        |                  |                  |         |
| J.C.              | 100 m   | 100 mh | 300 mh         |                  |                  |         |
| Frank van Rooyen  | 13.15   | 16.41  | 45.65<br>3e pl |                  |                  |         |
| J.C.              | 800 m   | Hoog   | Polshoog       |                  |                  |         |
| Maikel Nijhuis    | 2.29.89 | 1.50 m | 2.20 m         |                  |                  |         |
| Thijs Hesselink   |         | 1.55 m | 2.50 m         |                  |                  |         |

#### Apeldoorn 02-05-99 Open Gelders/Overijsselse Kampioenschappen senioren en AB Junioren

|                  |                  |                 |  |
|------------------|------------------|-----------------|--|
| M.B.             | 200 m            | Kogel           |  |
| Louise Kemna     | 29.14            | 9.96 m<br>2e pl |  |
| M.A.             | 800 m            |                 |  |
| Suzanne Dijkstra | 2.22.63<br>1e pl |                 |  |

#### Apeldoorn 02-05-99 Open Gelders/Overijsselse Kampioenschappen senioren en AB Junioren

|                 |                  |                  |  |
|-----------------|------------------|------------------|--|
| J.B.            | 800 m            | Speer            |  |
| Ruben Pillen    | 2.30.42<br>2e pl | 31.20 m          |  |
| J.B.            | Polshoog         | Speer            |  |
| Niek Blekkink   | 2.70 m<br>3e pl  | 45.40 m<br>1e pl |  |
| Heren           | 800 m            |                  |  |
| Ronald Boomkamp | 2.05.07<br>2e pl | M 20             |  |

#### Enschede 08-05-99 1e Medaillewedstrijd

|            |        |        |         |
|------------|--------|--------|---------|
| M.P.B.     | 1000 m | Ver    | Bal     |
| Marije Mol | 4.03.4 | 2.80 m | 14.67 m |

|                     |        |        |         |
|---------------------|--------|--------|---------|
| Tamara Meijer       | 4.58.1 | 2.48 m | 11.50 m |
| M.P.A.              | 60 m   | Hoog   | Bal     |
| Laura Willekes      | 9.7    | 1.00 m | 15.92 m |
| M.D.                | 60 m   | Hoog   | Kogel   |
| Leonie Willekes     | 9.1    | 1.30 m | 12.52 m |
| Maike Emsbroek      | 9.1    | 1.20 m | 5.64 m  |
| Marieke Brinkers    | 9.9    | 1.15 m | 4.91 m  |
| Chantal Meijer      | 11.1   | 1.05 m | 4.53 m  |
| M.C.                | 600 m  | Ver    | Speer   |
| Inge Thijssen       | 2.05.4 | 3.23 m | 17.12 m |
| Willeke te Winkel   | 2.07.6 | 3.90 m | 15.78 m |
| Nicole Roders       | 2.11.0 | 3.45 m | 9.69 m  |
| J.P.C.              | 40 m   | Hoog   | Bal     |
| Gijs koerts         | 7.3    | 0.95 m | 30.40 m |
| Martijn te Hoonte   | 7.5    | 0.90 m | 11.56 m |
| Maikel Groen        | 8.0    | 0.75 m | 18.15 m |
| Daan Kleinsman      | 8.1    | 0.80 m | 23.33 m |
| J.P.A.              | 1000 m | Ver    | Kogel   |
| Jasper Heming       | 4.06.5 | 3.04 m | 3.88 m  |
| Chris Doornweerd    | 4.08.5 | 3.50 m | 5.39 m  |
| Sander Vrugink      | 4.21.5 | 3.16 m | 5.27 m  |
| J.D.                | 1000 m | Ver    | Kogel   |
| Eelco van Hattem    | 4.02.3 | 2.96 m | 3.90 m  |
| Niek Thijsen        | 3.44.6 | 3.26 m | 6.32 m  |
| Ard Nijkamp         | 3.54.5 | 2.81 m | 5.44 m  |
| J.C.                | 100 m  | Hoog   | Speer   |
| Remco Nijkamp       | 16.7   | 1.10 m | 12.79 m |
| Melvyn Doekharan    | 16.9   | x      | 12.15 m |
| Frank van Rooyen    | 12.8   | 1.50 m | 22.08 m |
| Maikel Nijhuis      | 13.8   | 1.50 m | 31.09 m |
| Thijs Hesselink     | 13.2   | 1.65 m | 32.96 m |
| Andre Louis Wassink | 14.7   | 1.50 m | 21.53 m |

#### Haaksbergen 12-05-99 Senioren AB Juniorenwedstrijd

|                  |        |         |  |
|------------------|--------|---------|--|
| M.A.             | 1500 m |         |  |
| Suzanne Dijkstra | 5.02.0 | 2e pl   |  |
| J.C.             | 800 m  |         |  |
| Joep Brinkers    | 2.19.7 | 2e pl   |  |
| J.B.             | Kogel  | Discus  |  |
| Roy Nijkamp      | 9.91 m | 25.40 m |  |

#### Hengelo 15-05-99 2e Competitiewedstrijd CD Junioren 2e Klas

|                   |           |         |       |
|-------------------|-----------|---------|-------|
| M.D.              | 3887 mpnt | 2e klas | 2e pl |
| Maike Emsbroek    | 4x60 m    | 36.6    |       |
| Dieuwertje Hammer | 4x60 m    | 36.6    |       |

|                  |        |         |          |
|------------------|--------|---------|----------|
| Marika Brinkers  | 4x60 m | 36.6    |          |
| Esli Vogel       | 4x60 m | 36.6    |          |
| Maika Emsbroek   | 60 m   | 9.2     |          |
| Esli Vogel       | 60 mh  | 12.9    |          |
| Marika Brinkers  | 1000 m | 3.27.6  |          |
| Maika Emsbroek   | 1000 m | 3.52.0  |          |
| Esli Vogel       | Ver    | 4.10 m  |          |
| Marika Brinkers  | Hoog   | 1.05 m  |          |
| Leonie Willekes  | Kogel  | 11.71 m |          |
| Leonie Willekes  | Speer  | 22.90 m |          |
| J.D.             |        | 2e klas |          |
| Ard Nijkamp      | 80 m   | 13.0    |          |
| Eelco van Hattem | 80 m   | 13.0    |          |
| Armin Pillen     | 80 mh  | 23.9    |          |
| Ard Nijkamp      | 1000 m | 3.51.4  |          |
| Tamo Vogel       | 1000 m | 3.27.5  |          |
| Eelco van Hattem | Ver    | 3.27 m  |          |
| Tamo Vogel       | Hoog   | 1.30 m  |          |
| Niek Thijsen     | Kogel  | x       | Blessure |
| Niek Thijsen     | Discus | x       | Blessure |

|                     |          |         |       |
|---------------------|----------|---------|-------|
| J.C.                | 6107 pnt | 2e klas | 2e pl |
| Robert Holth        | 4x100    | 51.4    |       |
| Kjell Vogel         | 4x100    | 51.4    |       |
| Thijs Hesselink     | 4x100    | 51.4    |       |
| Frank van Rooyen    | 4x100    | 51.4    |       |
| Kjell Vogel         | 100 m    | 13.5    |       |
| Robert Holth        | 100 m    | 12.6    |       |
| Remco Nijkamp       | 100 m    | 17.0    |       |
| Frank van Rooyen    | 100 mh   | 16.3    |       |
| Andre Louis Wassink | 100 mh   | 20.3    |       |
| Remco Nijkamp       | 800 m    | 2.58.1  |       |
| Maikel Nijhuis      | 800 m    | 2.24.8  |       |
| Tom Braakman        | 800 m    | 2.40.7  |       |
| Kjell Vogel         | Ver      | 4.37 m  |       |
| Frank van Rooyen    | Ver      | 5.03 m  |       |
| Andre Louis Wassink | Hoog     | 1.45 m  |       |
| Thijs Hesselink     | Hoog     | 1.55 m  |       |
| Thijs Hesselink     | Kogel    | 10.73 m |       |
| Ruud Geerdes        | Kogel    | 8.46 m  |       |
| Robert Holth        | Discus   | 33.29 m |       |
| Ruud Geerdes        | Discus   | 19.90 m |       |
| Maikel Nijhuis      | Speer    | 32.28 m |       |

## Zwolle 16-05-99 2e Competitiewedstrijd AB Junioren 2e Klas

|                  |          |         |       |
|------------------|----------|---------|-------|
| M.A.             | 5224 pnt | 2e Klas | 4e pl |
| Anne Heideveld   | 4x100 m  | 55.31   | M.B.  |
| Louise Kemna     | 4x100 m  | 55.31   | M.B.  |
| Suzanne Dijkstra | 4x100 m  | 55.31   |       |
| Magne Vogel      | 4x100 m  | 55.31   |       |
| Anne Heideveld   | 100 m    | 14.33   | M.B.  |
| Louise Kemna     | 400 m    | 1.04.32 | M.B.  |
| Suzanne Dijkstra | 800 m    | 2.25.68 |       |
| Anne Heideveld   | Ver      | 4.37 m  | M.B.  |
| Magne Vogel      | Hoog     | 1.40 m  | M.B.  |
| Wilma te Raai    | Kogel    | 8.05 m  |       |
| Wilma te Raai    | Discus   | 24.10 m |       |
| Marielle Spanjer | Speer    | 16.75 m |       |

## Hengelo 27-05-99 APM Dubbele Mijl

|               |       |        |
|---------------|-------|--------|
| J.C.          | 2 EM  |        |
| Joep Brinkers | 11.20 | 17e pl |

## Eibergen 29-05-99 2e Medaillewedstrijd

|              |      |        |        |
|--------------|------|--------|--------|
| M.P.C.       | 40 m | Hoog   | Kogel  |
| Bente Hammer | 8.1  | 0.65 m | 3.62 m |

|            |      |        |        |
|------------|------|--------|--------|
| M.P.B.     | 40 m | Hoog   | Kogel  |
| Marije Mol | 7.1  | 0.85 m | 4.72 m |

|                 |        |        |        |
|-----------------|--------|--------|--------|
| M.P.A.          | 1000 m | Ver    | Kogel  |
| Lilian Meerbeek | 4.13.9 | 3.34 m | 5.52 m |
| Laura Willekes  | 4.33.0 | 3.52 m | 6.36 m |

|                   |        |        |         |
|-------------------|--------|--------|---------|
| M.D.              | 600 m  | Ver    | Speer   |
| Marika Brinkers   | 1.59.5 | 3.55 m | 9.28 m  |
| Maika Emsbroek    | 2.05.6 | 3.53 m | 13.26 m |
| Dieuwertje Hammer | 2.19.0 | 3.33 m | 8.36 m  |
| Leonie Willekes   | 2.02.8 | 4.15 m | 20.00 m |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.C.              | 80 m | Hoog   | Kogel  | Discus  |
| Inge Thijssen     | 12.8 | 1.30 m | 8.93 m | 20.95 m |
| Willeke te Winkel | 11.8 | 1.35 m | 7.68 m | 20.70 m |

|                   |        |        |        |
|-------------------|--------|--------|--------|
| J.P.C.            | 600 m  | Ver    | Kogel  |
| Gijs koerts       | 2.25.3 | 3.12 m | 5.83 m |
| Daan Kleinsman    | 2.54.3 | x      | 5.58 m |
| Martijn te Hoonte | x      | 2.67 m | 3.18 m |
| Maikel Groen      | 2.38.6 | x      | 5.23 m |

|                  |      |        |         |
|------------------|------|--------|---------|
| J.P.A.           | 60 m | Hoog   | Bal     |
| Sander Vrugink   | 10.1 | 1.15 m | 19.25 m |
| Rinse Hammer     | 10.2 | 1.00 m | 13.12 m |
| Chris Doornweerd | 10.1 | 1.00 m | 29.14 m |
| Jasper Heming    | 10.0 | 0.90 m | 22.82 m |

|                  |      |        |         |
|------------------|------|--------|---------|
| J.D.             | 80 m | Hoog   | Speer   |
| Eelco van Hattem | 13.2 | 1.00 m | 7.22 m  |
| Ard Nijkamp      | 13.0 | 1.00 m | 14.75 m |
| Niek Thijsen     | 12.8 | 1.00 m | 16.81 m |
| Armin Pillen     | 13.5 | x      | 11.84 m |

## Eibergen 29-05-99 2e Medaillewedstrijd vervolg

|                     |        |        |        |         |
|---------------------|--------|--------|--------|---------|
| J.C.                | 800 m  | Ver    | Kogel  | Discus  |
| Thijs Hesselink     | x      | 4.44 m | x      | 28.14 m |
| Frank van Rooyen    | 2.25.8 | 5.27 m | 8.80 m | 25.55 m |
| Andre Louis Wassink | 2.51.8 | 4.06 m | 7.21 m | 22.24 m |
| Remco Nijkamp       | 3.01.4 | 3.12 m | 5.42 m | 15.29 m |
| Melvyn Doekharan    | 3.24.5 | 3.23 m | 5.49 m | 14.08 m |
| Maikel Nijhuis      | 2.27.8 | 4.70 m | 8.77 m | 24.25 m |
| Robert Holth        | 2.27.2 | 4.85 m | 9.96 m | 31.96 m |

## Nijmegen 24-05-99 16e Zevenheuvelenloop

|                 |         |      |
|-----------------|---------|------|
| Dames           | 15 km   |      |
| Anjo Luttkholt  | 1.16.17 | V 29 |
| Ada ter Woerds  | 1.23.03 | V 43 |
| Heren           | 15 km   |      |
| Hans ter Woerds | 1.08.08 | M 44 |
| Mike Wientjes   | 1.12.37 | M 41 |
| Theo Schootman  | 1.13.27 | M 50 |

## Hengelo 30-05-99 APM Games en Twente Atletiek

|                 |         |
|-----------------|---------|
| M.P.A.          | 1000 m  |
| Lilian Meerbeek | 4.14.29 |

|                  |         |
|------------------|---------|
| J.P.A.           | 1000 m  |
| Chris Doornweerd | 4.00.52 |
| Jasper Heming    | 4.01.11 |

|                 |         |
|-----------------|---------|
| Heren           | 800 m   |
| Ronald Boomkamp | 2.08.98 |

## Goor 05-06-99 Pupillenwedstrijd

|            |      |        |         |       |        |       |
|------------|------|--------|---------|-------|--------|-------|
| M.P.B.     | 40 m | Ver    | Bal     |       | 1000 m |       |
| Marije Mol | 7.1  | 2.97 m | 17.55 m | 2e pl | 4.12.8 | 1e pl |

|                |      |        |         |
|----------------|------|--------|---------|
| M.P.A.         | 60 m | Ver    | Bal     |
| Laura Willekes | 10.3 | 3.36 m | 18.40 m |

|             |      |        |        |       |        |       |
|-------------|------|--------|--------|-------|--------|-------|
| J.P.C.      | 40 m | Ver    | Bal    |       | 600 m  |       |
| Gijs koerts | 7.5  | 1.00 m | 5.12 m | 1e pl | 2.28.4 | 1e pl |

|                  |      |        |        |       |        |       |
|------------------|------|--------|--------|-------|--------|-------|
| J.P.A.           | 60 m | Ver    | Kogel  |       | 1000 m |       |
| Chris Doornweerd | 10.2 | 1.10 m | 5.74 m | 3e pl | 4.17.2 | 3e pl |

## Enschede 06-06-99 Twente Marathon

|                    |                |      |
|--------------------|----------------|------|
| Dames              | Halve Marathon |      |
| Anjo Luttkholt     | 1.46.34        | V 29 |
| Monique Blankvoort | 1.56.51        | V 36 |
| Marga van Loosen   | 1.57.03        | V 44 |
| Ineke Visser       | 2.00.33        | V 44 |
| Rolin Kluivers     | 2.01.34        | V 46 |
| Truus Floor        | 2.03.10        | V 45 |
| Tilly Brons        | 2.10.03        | V 49 |

## Enschede 06-06-99 Twente Marathon vervolg

|                      |                |      |
|----------------------|----------------|------|
| Heren                | Halve marathon |      |
| Theo Schootman       | 1.21.14        | M 50 |
| Geert Klein Bruinink | 1.26.51        | M 34 |
| Hans ter Woerds      | 1.36.21        | M 44 |
| Mike Wientjes        | 1.45.18        | M 41 |
| Jan Homrighausen     | 1.45.46        | M 45 |
| Dick Drenten         | 1.49.28        | M 46 |

|                   |         |      |
|-------------------|---------|------|
| Paul Nijenhuis    | 1.53.04 | M 40 |
| Herbert Garritsen | 1.54.16 | M 33 |
| Martin Rooks      | 1.55.17 | M 44 |

|              |          |      |
|--------------|----------|------|
| Heren        | Marathon |      |
| Matty Gerfen | 3.22.08  | M 56 |

#### **Zevenaar 11-12-13-06-99 NK AB Junioren**

|              |         |  |
|--------------|---------|--|
| M.B.         | 400 m   |  |
| Louise Kemna | 1.07.00 |  |

|              |         |  |
|--------------|---------|--|
| J.B.         | 800 m   |  |
| Arno Daleman | 2.16.10 |  |

|               |         |       |
|---------------|---------|-------|
| J.B.          | Speer   |       |
| Niek Blekkink | 47.65 m | 6e pl |

#### **Rijssen 12-06-99 11e Rijsserbergloop**

|                    |        |      |
|--------------------|--------|------|
| Heren              | 5,2 km |      |
| Robert Leussenkamp | 19.54  | M 34 |
| Freek Notten       | 21.48  | M 48 |

|                  |         |      |
|------------------|---------|------|
| Heren            | 10 EM   |      |
| Herman Heideveld | 1.05.38 | M 47 |
| Jan Wikkerink    | 1.08.11 | M 45 |

#### **Enschede 19-06-99 Gebiets Finale Competitie CD Junioren 2e Klas E.T.**

|                 |          |         |       |
|-----------------|----------|---------|-------|
| M.D.            | 4125 pnt | 2e klas | 5e pl |
| Maike Emsbroek  | 4x60 m   | 35.21   |       |
| Leonie Willekes | 4x60 m   | 35.21   |       |
| Marike Brinkers | 4x60 m   | 35.21   |       |
| Esli Vogel      | 4x60 m   | 35.21   |       |
| Maike Emsbroek  | 60 m     | 9.60    |       |
| Maike Emsbroek  | 60 mh    | 12.91   |       |
| Esli Vogel      | 60 mh    | 12.75   |       |
| Marike Brinkers | 1000 m   | 3.28.77 |       |
| Esli Vogel      | Ver      | 3.85 m  |       |
| Marike Brinkers | Hoog     | 1.20 m  |       |
| Leonie Willekes | Kogel    | 12.62 m |       |
| Leonie Willekes | Speer    | 22.35 m |       |

|                     |          |         |       |
|---------------------|----------|---------|-------|
| J.C.                | 6015 pnt | 2e klas | 3e pl |
| Robert Holth        | 4x100    | 50.65   |       |
| Kjell Vogel         | 4x100    | 50.65   |       |
| Maikel Nijhuis      | 4x100    | 50.65   |       |
| Frank van Rooyen    | 4x100    | 50.65   |       |
| Kjell Vogel         | 100 m    | 13.76   |       |
| Robert Holth        | 100 m    | 12.84   |       |
| Remco Nijkamp       | 100 m    | 17.0    |       |
| Frank van Rooyen    | 100 mh   | 16.69   |       |
| Andre Louis Wassink | 100 mh   | 24.39   |       |
| Remco Nijkamp       | 800 m    | 2.51.26 |       |
| Maikel Nijhuis      | 800 m    | 2.20.41 |       |

#### **Enschede 19-06-99 Gebiets Finale Competitie CD Junioren 2e Klas E.T. Vervolg**

|                     |        |         |
|---------------------|--------|---------|
| Frank van Rooyen    | Ver    | 5.23 m  |
| Andre Louis Wassink | Hoog   | 1.45 m  |
| Ruud Geerdes        | Kogel  | 8.77 m  |
| Robert Holth        | Discus | 30.15 m |
| Maikel Nijhuis      | Speer  | 31.72 m |

## Eibergen 27-06-99 Pupillen en Junioren CD Wedstrijd

|                                                                                                 |                                               |                                                         |                                                       |                                                               |
|-------------------------------------------------------------------------------------------------|-----------------------------------------------|---------------------------------------------------------|-------------------------------------------------------|---------------------------------------------------------------|
| M.P.C.<br>Bente Hammer                                                                          | 40 m<br>8.6                                   | Hoog<br>0.75 m                                          | Kogel<br>4.15 m                                       |                                                               |
| M.P.B.<br>Marije Mol                                                                            | 40 m<br>7.0                                   | Ver<br>3.10 m                                           | Kogel<br>5.25 m                                       |                                                               |
| M.P.A.<br>Laura Willekes<br>Lilian Meerbeek                                                     | 60 m<br>10.2<br>10.8                          | Hoog<br>1.15 m<br>1.00 m                                | Kogel<br>6.20 m<br>6.09 m                             |                                                               |
| M.D.<br>Leonie Willekes<br>Esli Vogel<br>Dieuwertje Hammer<br>Maïke Emsbroek<br>Marïke Brinkers | 60 m<br>8.9<br>9.4<br>9.9<br>9.2<br>9.8       | 600 m<br>2.00.7<br>2.13.4<br>2.19.4<br>2.13.6<br>1.59.4 | Ver<br>4.08 m<br>4.05 m<br>2.98 m<br>3.82 m<br>3.34 m | Discus<br>26.73 m<br>15.94 m<br>10.03 m<br>15.22 m<br>8.54 m  |
| M.C.<br>Willeke te Winkel<br>Inge Thijssen                                                      | 80 m<br>12.0<br>13.0                          | 600 m<br>2.07.5<br>2.10.0                               | Hoog<br>1.35 m<br>1.25 m                              | Speer<br>17.77 m<br>17.72 m                                   |
| J.P.C.<br>Gijs koerts<br>Maikel Groen                                                           | 40 m<br>7.5<br>7.8                            | Hoog<br>1.00 m<br>0.85 m                                | Kogel<br>5.60 m<br>5.93 m                             |                                                               |
| J.P.A.<br>Chris Doornweerd<br>Jasper Heming<br>Rinse Hammer                                     | 60 m<br>10.1<br>10.4<br>11.1                  | Hoog<br>1.15 m<br>0.95 m<br>1.00 m                      | Kogel<br>4.82 m<br>4.20 m<br>4.28 m                   |                                                               |
| J.D.<br>Armin Pillen<br>Niek Thijsen<br>Ard Nijkamp<br>Eelco van Hattem                         | 80 m<br>13.0<br>12.7<br>12.9<br>13.2          | 1000 m<br>4.10.7<br>4.11.5<br>3.58.4<br>4.11.8          | Ver<br>3.47 m<br>3.70 m<br>3.10 m<br>3.54 m           | Speer<br>x<br>19.87 m<br>20.96 m<br>6.93 m                    |
| J.C.<br>Frank van Rooyen<br>Thijs Hesselink<br>Maikel Nijhuis<br>Kjell Vogel<br>Remco Nijkamp   | 100 m<br>12.7<br>13.3<br>13.8<br>14.0<br>17.7 | 800 m<br>2.38.7<br>2.36.3<br>2.24.8<br>2.30.1<br>3.02.3 | Hoog<br>1.50 m<br>1.60 m<br>1.55 m<br>1.55 m<br>x     | Discus<br>22.03 m<br>28.02 m<br>26.16 m<br>22.35 m<br>14.91 m |

## Enschede 03-07-99 Open Twentse Pupillen Meerkamp

|                            |             |                 |               |                |                 |       |
|----------------------------|-------------|-----------------|---------------|----------------|-----------------|-------|
| M.P.B.<br>Marije Mol       | 40 m<br>7.2 | 600 m<br>2.12.5 | Ver<br>3.25 m | Hoog<br>0.85 m | Kogel<br>4.54 m | 4e pl |
| M.P.A.<br>Laura Willekes   | 60 m<br>9.5 | 600 m<br>2.17.8 | Ver<br>3.79 m | Hoog<br>1.10 m | Kogel<br>5.42 m | 2e pl |
| J.P.C.<br>Gijs koerts      | 40 m<br>7.4 | 600 m<br>2.11.7 | Ver<br>3.19 m | Hoog<br>0.95 m | Kogel<br>6.26 m | 1e pl |
| J.P.A.<br>Chris Doornweerd | 60 m<br>9.6 | 600 m<br>2.10.5 | Ver<br>3.74 m | Hoog<br>1.10 m | Kogel<br>6.76 m | 6e pl |

## Zwolle 03-04-07-99 CD +AB Junioren Meerkamp

|                        |                    |        |
|------------------------|--------------------|--------|
| M.D.<br>Maïke Emsbroek | 6 Kamp<br>1872 pnt | 14e pl |
|------------------------|--------------------|--------|



|                           |                    |        |
|---------------------------|--------------------|--------|
| 60 mh                     | 13.27              |        |
| Hoog                      | 1.20 m             |        |
| Speer                     | 10.42 m            |        |
| Ver                       | 3.80 m             |        |
| Kogel                     | 7.05 m             |        |
| 600 m                     | 2.06.00            |        |
| M.D.<br>Leonie Willekes   | 6 Kamp<br>2318 pnt | 9e pl  |
| 60 mh                     | 13.68              |        |
| Hoog                      | 1.30 m             |        |
| Speer                     | 16.05 m            |        |
| Ver                       | 3.83 m             |        |
| Kogel                     | 11.48 m            |        |
| 600 m                     | 2.01.89            |        |
| M.C.<br>Willeke te Winkel | 7 Kamp<br>2725 pnt | 8e pl  |
| 80 mh                     | 16.03              |        |
| Hoog                      | 1.30 m             |        |
| Kogel                     | 8.62 m             |        |
| 150 m                     | 22.69 m            |        |
| Ver                       | 4.00 m             |        |
| Speer                     | 18.70 m            |        |
| 600 m                     | 2.05.68            |        |
| J.C.<br>Thijs Hesselink   | 8 Kamp<br>4792 pnt | 2e pl  |
| 100 m                     | 13.28              |        |
| Ver                       | 4.58 m             |        |
| Kogel                     | 11.16 m            |        |
| Hoog                      | 1.65 m             |        |
| 100 mh                    | 16.48              |        |
| Discus                    | 33.60 m            |        |
| Speer                     | 35.79 m            |        |
| 1000 m                    | 3.11.64            |        |
| J.C.<br>Frank van Rooyen  | 8 Kamp<br>4072 pnt | 13e pl |
| 100 m                     | 13.20              |        |
| Ver                       | 5.02 m             |        |
| Kogel                     | 8.24 m             |        |
| Hoog                      | 1.50 m             |        |
| 100 mh                    | 20.86              |        |
| Discus                    | 26.63 m            |        |
| Speer                     | 30.42 m            |        |
| 1000 m                    | 3.25.54            |        |
| J.C.<br>Maikel Nijhuis    | 8 Kamp<br>3660 pnt | 18 pl  |
| 100 m                     | 14.24              |        |
| Ver                       | 4.80 m             |        |
| Kogel                     | 8.12 m             |        |
| Hoog                      | 1.40 m             |        |
| 100 mh                    | 18.84 m            |        |
| Discus                    | x                  |        |
| Speer                     | 28.57 m            |        |
| 1000 m                    | 2.59.33            |        |

|                      |                 |              |
|----------------------|-----------------|--------------|
| <b>J.B.</b>          | <b>9 Kamp</b>   |              |
| <b>Niek Blekkink</b> | <b>4417 pnt</b> | <b>2e pl</b> |
| <b>100 m</b>         | <b>12.58</b>    |              |
| <b>Ver</b>           | <b>5.52 m</b>   |              |
| <b>Kogel</b>         | <b>12.12 m</b>  |              |
| <b>Polshoog</b>      | <b>2.60 m</b>   |              |
| <b>110 mh</b>        | <b>16.19</b>    |              |
| <b>Discus</b>        | <b>29.16 m</b>  |              |
| <b>Hoog</b>          | <b>1.65 m</b>   |              |
| <b>Speer</b>         | <b>47.29 m</b>  |              |
| <b>1500 m</b>        | <b>5.51.30</b>  |              |

### Hengelo 07-07-99 4e Wedstrijd Baancircuit

|                        |                |              |                |
|------------------------|----------------|--------------|----------------|
| <b>J.B.</b>            | <b>Kogel</b>   |              | <b>Discus</b>  |
| <b>Niek Blekkink</b>   | <b>10.67 m</b> | <b>2e pl</b> | <b>28.87 m</b> |
| <b>Roy Nijkamp</b>     | <b>10.00 m</b> | <b>3e pl</b> | <b>27.52 m</b> |
| <b>Heren</b>           | <b>1500 m</b>  |              |                |
| <b>Ronald Boomkamp</b> | <b>4.12.71</b> | <b>M 20</b>  |                |

### Haaksbergen 10-07-99 Pupillen CD Juniorenwedstrijd

|                          |              |               |                |              |               |              |
|--------------------------|--------------|---------------|----------------|--------------|---------------|--------------|
| <b>M.P.C.</b>            | <b>40 m</b>  | <b>Ver</b>    | <b>Bal</b>     |              | <b>600 m</b>  |              |
| <b>Bente Hammer</b>      | <b>8.1</b>   | <b>2.35 m</b> | <b>10.00 m</b> | <b>2e pl</b> | <b>2.47.8</b> | <b>3e pl</b> |
| <b>M.P.B.</b>            | <b>40 m</b>  | <b>Hoog</b>   | <b>Kogel</b>   |              |               |              |
| <b>Marije Mol</b>        | <b>7.4</b>   | <b>0.85 m</b> | <b>4.80 m</b>  |              |               |              |
| <b>M.P.A.</b>            | <b>60 m</b>  | <b>Ver</b>    | <b>Kogel</b>   |              |               |              |
| <b>Laura Willekes</b>    | <b>10.0</b>  | <b>3.65 m</b> | <b>5.84 m</b>  |              |               |              |
| <b>M.D.</b>              | <b>60 m</b>  | <b>Ver</b>    | <b>Speer</b>   |              | <b>600 m</b>  |              |
| <b>Leonie Willekes</b>   | <b>9.2</b>   | <b>3.86 m</b> | <b>28.57 m</b> | <b>2e pl</b> |               |              |
| <b>Maike Emsbroek</b>    | <b>9.4</b>   | <b>3.63 m</b> | <b>10.26 m</b> |              | <b>2.10.4</b> |              |
| <b>Dieuwertje Hammer</b> | <b>10.3</b>  | <b>3.27 m</b> | <b>9.59 m</b>  |              | <b>2.18.2</b> |              |
| <b>M.C.</b>              | <b>80 m</b>  | <b>Ver</b>    | <b>Discus</b>  |              |               |              |
| <b>Willeke te Winkel</b> | <b>12.2</b>  | <b>3.72 m</b> | <b>25.18 m</b> |              |               |              |
| <b>J.P.C.</b>            | <b>40 m</b>  | <b>Ver</b>    | <b>Bal</b>     |              | <b>600 m</b>  |              |
| <b>Gijs koerts</b>       | <b>7.3</b>   | <b>3.29 m</b> | <b>32.22 m</b> | <b>1e pl</b> | <b>2.18.2</b> | <b>1e pl</b> |
| <b>J.P.A.</b>            | <b>60 m</b>  | <b>Ver</b>    | <b>Kogel</b>   |              | <b>1000 m</b> |              |
| <b>Rinse Hammer</b>      | <b>10.3</b>  | <b>3.00 m</b> | <b>4.88 m</b>  |              | <b>4.13.3</b> |              |
| <b>J.D.</b>              | <b>80 m</b>  | <b>Ver</b>    | <b>Speer</b>   |              | <b>600 m</b>  |              |
| <b>Eelco van Hattem</b>  | <b>12.6</b>  | <b>3.26 m</b> | <b>8.72 m</b>  |              | <b>2.10.4</b> |              |
| <b>Armin Pillen</b>      | <b>13.4</b>  | <b>x</b>      | <b>18.01 m</b> |              | <b>2.20.4</b> |              |
| <b>J.C.</b>              | <b>100 m</b> | <b>Hoog</b>   | <b>Discus</b>  |              | <b>800 m</b>  |              |
| <b>Frank van Rooyen</b>  | <b>13.1</b>  | <b>1.50 m</b> | <b>23.04 m</b> | <b>2e pl</b> | <b>2.41.3</b> |              |
| <b>Maikel Nijhuis</b>    | <b>14.2</b>  | <b>1.50 m</b> | <b>26.22 m</b> | <b>3e pl</b> | <b>2.17.2</b> | <b>2e pl</b> |

### Aalten 13-07-99 Walfortloop

|                |       |      |
|----------------|-------|------|
| Dames          | 6 km  |      |
| Gonny Spexgoor | 25.01 | V 38 |
| Anjo Luttkholt | 27.58 | V 29 |

|                  |       |      |
|------------------|-------|------|
| Heren            | 6 km  |      |
| Theo Schootman   | 21.16 | M 50 |
| Matty Gerfen     | 25.44 | M 56 |
| Dick Drenten     | 26.55 | M 46 |
| Leo Groot Zevert | 27.23 | M 64 |

### Lichtenvoorde 28-07-99 Schansloop

|                |        |      |
|----------------|--------|------|
| Dames          | 6300 m |      |
| Gonny Spexgoor | 27.34  | V 38 |

|                |        |      |
|----------------|--------|------|
| Heren          | 6300 m |      |
| Theo Schootman | 23.48  | M 50 |
| Matty Gerfen   | 27.04  | M 56 |
| Dick Drenten   | 28.58  | M 46 |

### Dortmund 15-08-99 Schülersportfest

|                 |        |                  |         |
|-----------------|--------|------------------|---------|
| M.P.A.          | 50 m   | Ver              | Hoog    |
| Laura Willekes  | 8.42   | 3.41 m           | 1.00 m  |
| M.D.            | Hoog   | Kogel 3 kg       | Discus  |
| Leonie Willekes | 1.31 m | 10.59 m<br>1e pl | 26.01 m |

### Amsterdam 21-08-99 Nationale C Spelen

|                  |        |        |         |         |        |        |
|------------------|--------|--------|---------|---------|--------|--------|
| J.C.             | 100 mh | 300 mh | 800 m   | 1500 m  | Ver    | Hoog   |
| Maikel Nijhuis   |        |        | 2.19.87 |         |        |        |
| Joep Brinkers    |        |        |         | 4.33.44 |        |        |
| Thijs Hesselink  | 16.77  |        |         |         |        | 1.70 m |
| Frank van Rooyen |        | 48.86  |         |         | 5.11 m |        |

### Enschede 27-08-99 Sprint en Werpavond

|                 |         |         |
|-----------------|---------|---------|
| M.D.            | Kogel   | Speer   |
| Leonie Willekes | 12.53 m | 26.14 m |

### Aalten 27-08-99 Halve marathon

|               |                |      |
|---------------|----------------|------|
| Heren         | Halve Marathon |      |
| Matty Gerfen  | 1.33.58        | M 56 |
| Bennie Huirne | 1.48.10        | M 64 |

### Rosendahl Dld 04-09-99 Pupillen CD Juniorenwedstrijd

|                |      |        |        |           |
|----------------|------|--------|--------|-----------|
| M.P.A.         | 50 m | Ver    | Hoog   | Bal 80 gr |
| Laura Willekes | 8.2  | 3.33 m | 0.94 m | 21.00 m   |

|                 |      |        |        |            |
|-----------------|------|--------|--------|------------|
| Lilian Meerbeek | 9.1  | 3.33 m | 0.94 m | 17.00 m    |
| M.D.            | 75 m | Ver    | Hoog   | Kogel 3 kg |
| Leonie Willekes | 11.3 | 3.88 m | 1.34 m | 9.71 m     |

#### Rosendahl Dld 04-09-99 Pupillen CD Juniorenwedstrijd vervolg

|                   |      |        |           |            |
|-------------------|------|--------|-----------|------------|
| M.C.              | 75 m | Ver    | Hoog      | Kogel 3 kg |
| Nicole Roders     | 12.4 | 3.55 m | 1.22 m    | 7.06 m     |
| Inge Thijssen     | 12.3 | 3.62 m | 1.18 m    | 9.20 m     |
| Willeke te Winkel | 11.4 | 3.98 m | 1.30 m    | 7.89 m     |
| J.P.C.            | 50 m | Ver    | Bal 80 gr |            |
| Gijs koerts       | 9.2  | 3.26 m | 30.00 m   |            |
| J.P.A.            | 50 m | Ver    | Hoog      | Bal 80 gr  |
| Chris Doornweerd  | 8.0  | 3.71 m | 1.06 m    | 38.00 m    |
| Jasper Heming     | 8.4  | 3.06 m | 0.98 m    | 35.50 m    |
| Sander Vrugink    | 8.2  | 3.58 m | 1.18 m    | 24.50 m    |

#### Uden 11-09-99 Landelijke Finale CD Competitie 2e klas

|                     |          |         |        |
|---------------------|----------|---------|--------|
| J.C.                | 6142 pnt |         | 10e pl |
| Robert Holth        | 4x100    | 51.12   |        |
| Kjell Vogel         | 4x100    | 51.12   |        |
| Maikel Nijhuis      | 4x100    | 51.12   |        |
| Frank van Rooyen    | 4x100    | 51.12   |        |
| Ruud Geerdes        | 100 m    | 14.54   |        |
| Robert Holth        | 100 m    | 13.01   |        |
| Frank van Rooyen    | 100 mh   | 16.83   |        |
| Andre Louis Wassink | 100 mh   | 20.64   |        |
| Remco Nijkamp       | 800 m    | 2.48.33 |        |
| Maikel Nijhuis      | 800 m    | 2.15.72 |        |
| Frank van Rooyen    | Ver      | 5.11 m  |        |
| Kjell Vogel         | Hoog     | 1.55 m  |        |
| Ruud Geerdes        | Kogel    | 8.66 m  |        |
| Robert Holth        | Discus   | 33.50 m |        |
| Maikel Nijhuis      | Speer    | 34.71 m |        |

#### Enschede 11-09-99 3e Medaillewedstrijd

|                   |        |        |         |
|-------------------|--------|--------|---------|
| M.P.C.            | 40 m   | Hoog   | Bal     |
| Bente Hammer      | 2.44.3 | 2.43 m | 9.00 m  |
| M.P.B.            | 1000 m | Ver    | Bal     |
| Marije Mol        | 4.00.0 | 3.02 m | 19.30 m |
| M.P.A.            | 60 m   | Hoog   | Bal     |
| Laura Willekes    | 9.6    | 0.95 m | 18.77 m |
| Lilian Meerbeek   | 10.5   | 1.00 m | 13.87 m |
| M.D.              | 60 m   | Hoog   | Kogel   |
| Maike Emsbroek    | 9.2    | 1.20 m | 8.55 m  |
| M.C.              | 600 m  | Ver    | Speer   |
| Willeke te Winkel | 2.12.0 | 3.71 m | 17.60 m |
| Inge Thijssen     | 2.08.0 | 3.54 m | 17.81 m |
| J.P.C.            | 40 m   | Hoog   | Bal     |
| Gijs koerts       | 7.1    | 0.90 m | 28.92 m |
| Maikel Groen      | 7.7    | 0.85 m | 16.19 m |
| Daan Kleinsman    | 7.8    | 0.85 m | 26.92 m |

|                  |        |        |        |
|------------------|--------|--------|--------|
| J.P.A.           | 1000 m | Ver    | Kogel  |
| Jasper Heming    | 3.55.1 | 3.35 m | 4.25 m |
| Chris Doornweerd | 3.54.0 | 3.63 m | 7.10 m |
| Sander Vrugink   | 4.07.4 | 3.70 m | 6.72 m |
| Rinze Hammer     | 3.55.3 | 3.25 m | 4.72 m |

### Enschede 11-09-99 3e Medaillewedstrijd vervolg

|                  |        |        |        |
|------------------|--------|--------|--------|
| J.D.             | 1000 m | Ver    | Kogel  |
| Eelco van Hattem | 4.25.0 | 3.16 m | 4.87 m |
| Ard Nijkamp      | 4.01.9 | 2.76 m | 6.44 m |
| Armin Pillen     | 4.22.5 | 2.86 m | 6.47 m |

|                  |       |
|------------------|-------|
| J.C.             | 100 m |
| Melvyn Doekharan | 17.0  |

### Amsterdam 12-09-99 Nationale D Spelen

|                 |         |       |         |       |
|-----------------|---------|-------|---------|-------|
| M.D.            | Kogel   |       | Discus  |       |
| Leonie Willekes | 11.83 m | 6e pl | 29.25 m | 2e pl |

### Zaandam 14-09-99 Nike Dam tot Damloop

|               |                |      |
|---------------|----------------|------|
| Heren         | Halve Marathon |      |
| Mike Wientjes | 1.52.37        | M 41 |

### Hengelo 25-09-99 4e Medaillewedstrijd

|              |      |        |       |
|--------------|------|--------|-------|
| M.P.C.       | 40 m | Hoog   | Kogel |
| Bente Hammer | 8.2  | 0.65 m | 4.12  |

|            |      |        |        |
|------------|------|--------|--------|
| M.P.B.     | 40 m | Hoog   | Kogel  |
| Marije Mol | 7.1  | 0.90 m | 4.69 m |

|                 |        |        |        |
|-----------------|--------|--------|--------|
| M.P.A.          | 1000 m | Ver    | Kogel  |
| Lilian Meerbeek | 4.12.6 | 3.22 m | 5.66 m |
| Laura Willekes  | 4.15.4 | 3.58 m | 5.34 m |

|                 |        |        |         |
|-----------------|--------|--------|---------|
| M.D.            | 600 m  | Ver    | Speer   |
| Marika Brinkers | 1.59.5 | 3.49 m | 11.92 m |
| Maike Emsbroek  | 2.02.0 | 3.53 m | 11.42 m |
| Leonie Willekes | 2.03.5 | 3.82 m | 29.77 m |

|                   |      |        |        |         |
|-------------------|------|--------|--------|---------|
| M.C.              | 80 m | Hoog   | Kogel  | Discus  |
| Inge Thijssen     | 13.1 | 1.15 m | 9.37 m | 20.82 m |
| Willeke te Winkel | 12.0 | 1.30 m | 7.93 m | 23.36 m |

|                |        |        |        |
|----------------|--------|--------|--------|
| J.P.C.         | 600 m  | Ver    | Kogel  |
| Gijs koerts    | 2.14.6 | 3.18 m | 6.93 m |
| Maikel Groen   | 2.28.6 | 2.88 m | 6.94 m |
| Daan Kleinsman | 2.36.8 | 2.89 m | 7.00 m |

|                  |      |        |         |
|------------------|------|--------|---------|
| J.P.A.           | 60 m | Hoog   | Bal     |
| Chris Doornweerd | 9.5  | 1.10 m | 25.12 m |
| Sander Vrugink   | 9.6  | 1.15 m | 23.64 m |
| Jasper Heming    | 9.8  | 1.00 m | 25.49 m |
| Rinse Hammer     | 10.1 | 0.90 m | 19.91 m |

|                  |             |             |              |
|------------------|-------------|-------------|--------------|
| <b>J.D.</b>      | <b>80 m</b> | <b>Hoog</b> | <b>Speer</b> |
| Armin Pillen     | 12.7        | 1.10 m      | 21.18 m      |
| Eelco van Hattem | 12.7        | 1.10 m      | 8.61 m       |
| Niek Thijsen     | 13.2        | 1.15 m      | 18.31 m      |

|                     |              |            |              |               |
|---------------------|--------------|------------|--------------|---------------|
| <b>J.C.</b>         | <b>800 m</b> | <b>Ver</b> | <b>Kogel</b> | <b>Discus</b> |
| Frank van Rooyen    | 2.31.0       | 4.86 m     | 9.61 m       | 24.64 m       |
| Andre Louis Wassink | 2.43.4       | 4.02 m     | 6.66 m       | 22.74 m       |
| Thijs Hesselink     | 2.23.3       | 5.12 m     | 10.52 m      | 27.53 m       |
| Melvyn Doekharan    | 3.04.2       | 3.11 m     | 5.57 m       | 15.54 m       |

## Eibergen 03-10-99 Club Kampioenschappen

|                    |             |              |             |              |
|--------------------|-------------|--------------|-------------|--------------|
| <b>M.P.C. Mini</b> | <b>40 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Marieke Odink      | 8.3         | 3.23.4       | 0.75 m      | 4.57 m       |
| Emma Koerts        | 8.3         | 3.07.6       | 0.70 m      | 2.64 m       |

|               |             |              |             |              |
|---------------|-------------|--------------|-------------|--------------|
| <b>M.P.C.</b> | <b>40 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Merit Struik  | 7.4         | 2.42.7       | 0.90 m      | 5.45 m       |
| Bente Hammer  | 8.1         | 2.52.3       | 0.80 m      | 4.07 m       |
| Elise Visser  | 8.5         | 3.17.7       | 0.70 m      | 5.54 m       |

|               |             |              |             |              |
|---------------|-------------|--------------|-------------|--------------|
| <b>M.P.B.</b> | <b>40 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Marije Mol    | 7.1         | 2.27.2       | 0.85 m      | 5.15 m       |

|                 |             |              |             |              |
|-----------------|-------------|--------------|-------------|--------------|
| <b>M.P.A.</b>   | <b>60 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Laura Willekes  | 9.8         | 2.61.1       | 1.00 m      | 5.23 m       |
| Lilian Meerbeek | 10.6        | 2.24.9       | 1.00 m      | 5.84 m       |

|                 |             |              |             |              |
|-----------------|-------------|--------------|-------------|--------------|
| <b>M.D.</b>     | <b>60 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Leonie Willekes | 9.4         | 2.15.8       | 1.35 m      | 12.02 m      |
| Esli Vogel      | 9.2         | 2.00.7       | 1.25 m      | 6.13 m       |
| Maike Emsbroek  | 9.7         | 2.22.8       | 1.25 m      | 7.70 m       |
| Marike Brinkers | 10.3        | x            | 1.15 m      | 5.23 m       |

|              |              |              |             |              |
|--------------|--------------|--------------|-------------|--------------|
| <b>M.B.</b>  | <b>100 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Magne Vogel  | 14.0         | 1.56.9       | 1.40 m      | 7.87 m       |
| Louise Kemna | 15.0         | 1.57.9       | 1.35 m      | 9.68 m       |

|                    |              |              |            |              |      |
|--------------------|--------------|--------------|------------|--------------|------|
| <b>Dames</b>       | <b>100 m</b> | <b>600 m</b> | <b>Ver</b> | <b>Speer</b> |      |
| Ineke Visser       | 16.0         | 2.30.1       | 3.68 m     | 19.72 m      | V 44 |
| Karin Tankink      | 17.0         | 2.47.8       | 3.18 m     | 15.80 m      | V 43 |
| Monique Blankvoort | 18.1         | 2.23.8       | 3.24 m     | 11.54 m      | V 36 |
| Mieke Meijerink    | 17.7         | 2.22.1       | 2.87 m     | 14.08 m      | V 28 |
| Rolin Kluivers     | 19.5         | 2.39.2       | 2.92 m     | 13.68 m      | V 46 |

|                    |             |              |             |              |
|--------------------|-------------|--------------|-------------|--------------|
| <b>J.P.C. Mini</b> | <b>40 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Thomas Doesburg    | 9.9         | 2.40.5       | 0.75 m      | 3.76 m       |
| Edwin van de Bos   | 9.1         | 3.05.7       | 0.75 m      | 3.77 m       |
| Wouter Doesburg    | 9.8         | 3.04.9       | 0.70 m      | 3.01 m       |

|               |             |              |             |              |
|---------------|-------------|--------------|-------------|--------------|
| <b>J.P.C.</b> | <b>40 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Gijs koerts   | 7.1         | 2.28.8       | 0.90 m      | 6.66 m       |

|               |             |              |             |              |
|---------------|-------------|--------------|-------------|--------------|
| <b>J.P.B.</b> | <b>40 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Frans Kemna   | 7.4         | 2.30.5       | 1.00 m      | 5.61 m       |

|                  |             |              |             |              |
|------------------|-------------|--------------|-------------|--------------|
| <b>J.P.A.</b>    | <b>60 m</b> | <b>600 m</b> | <b>Hoog</b> | <b>Kogel</b> |
| Chris Doornweerd | 9.6         | 2.10.4       | 1.15 m      | 6.90 m       |

|                 |      |        |        |        |
|-----------------|------|--------|--------|--------|
| Sander Vrugink  | 9.8  | 2.21.2 | 1.20 m | 6.89 m |
| Jasper Heming   | 10.0 | 2.11.5 | 0.95 m | 4.71 m |
| Koen van de Bos | 10.8 | 2.19.0 | 1.10 m | 5.64 m |
| Rinze Hammer    | 10.1 | 2.15.7 | 1.00 m | 4.78 m |
| Maarten Geerdes | 12.2 | 2.48.0 | 0.85 m | 5.49 m |

|                  |      |        |        |         |
|------------------|------|--------|--------|---------|
| J.D.             | 80 m | 800 m  | Ver    | Speer   |
| Niek Thijsen     | 13.1 | 3.07.1 | 3.70 m | 20.28 m |
| Ard Nijkamp      | 13.2 | 3.02.5 | 3.16 m | 17.62 m |
| Armin Pillen     | 13.2 | 3.16.2 | 3.48 m | 18.10 m |
| Eelco van Hattem | 13.2 | 3.14.1 | 3.49 m | 11.04 m |

### Eibergen 03-10-99 Club Kampioenschappen vervolg

|                     |       |        |        |         |
|---------------------|-------|--------|--------|---------|
| J.C.                | 100 m | 800 m  | Ver    | Speer   |
| Thijs Hesselink     | 13.2  | 2.31.8 | 5.35 m | 33.68 m |
| Maikel Nijhuis      | 13.9  | 2.29.2 | 4.88 m | 32.34 m |
| Frank van Rooyen    | 13.4  | 2.46.9 | 4.87 m | 33.98 m |
| Kjell Vogel         | 13.9  | 2.40.4 | 4.57 m | 22.98 m |
| Joep Brinkers       | 14.7  | 2.29.4 | 4.22 m | 25.80 m |
| Andre Louis Wassink | 15.2  | 2.53.3 | 4.03 m | 24.82 m |
| Ruud Geerdes        | 15.4  | 3.00.1 | 4.04 m | 16.18 m |
| Remco Nijkamp       | 17.9  | 2.58.5 | 3.45 m | 14.12 m |
| Melvyn Doekharan    | 17.1  | 3.24.8 | 3.39 m | 13.42 m |

|               |       |        |        |         |
|---------------|-------|--------|--------|---------|
| J.B.          | 100 m | 800 m  | Ver    | Speer   |
| Niek Blekkink | 12.4  | 2.38.1 | 5.67 m | 49.28 m |
| Ruben Pillen  | 13.7  | 2.29.3 | 4.90 m | 34.94 m |
| Roy Nijkamp   | 13.4  | 2.43.9 | 4.84 m | 31.62 m |

|                     |       |        |        |         |      |
|---------------------|-------|--------|--------|---------|------|
| Heren               | 100 m | 600 m  | Ver    | Speer   |      |
| Herbert Garritsen   | 13.4  | 2.36.2 | 5.02 m | 36.60 m | M 33 |
| Dennis te Nijenhuis | 13.4  | 2.57.0 | 5.27 m | 39.48 m | M 25 |
| Theo Schootman      | 15.1  | 2.26.1 | 3.58 m | 21.24 m | M 50 |
| Bennie ten Brinke   | 14.6  | 2.04.2 | 4.25 m | 27.12 m | M 38 |
| Marcel Liebrand     | 15.1  | 2.16.4 | 4.04 m | 24.34 m | M 40 |
| Jo Wassink          | 16.1  | 2.35.7 | 3.16 m | 19.92 m | M 51 |

### Enschede 10-10-99 Baansluitingswedstrijd

|                 |            |             |
|-----------------|------------|-------------|
| M.D.            | Kogel 3 kg | Discus 1 kg |
| Leonie Willekes | 10.19 m    | 23.77 m     |

|                   |            |             |
|-------------------|------------|-------------|
| M.C.              | Kogel 3 kg | Discus 1 kg |
| Willeke te Winkel |            | 24.65 m     |
| Inge Thijsen      | 9.57 m     | 21.89 m     |

### Nijverdal 30-10-99 Diepe Hel Holterbergloop

|               |         |      |
|---------------|---------|------|
| Heren         | 10 EM   |      |
| Mike Wientjes | 1.16.16 | M 41 |

### Enschede 31-10-99 Indoorwedstrijd

|             |       |        |        |
|-------------|-------|--------|--------|
| J.P.C.      | 40 m  | Hoog   | Kogel  |
| Gijs koerts | 7.1 s | 0.90 m | 5.97 m |

|                                                               |                                 |                             |                          |
|---------------------------------------------------------------|---------------------------------|-----------------------------|--------------------------|
| J.P.A.<br>Chris Doornweerd                                    | 60 m<br>10.0 s                  | Hoog<br>1.10 m              | Kogel<br>7.40 m          |
| J.D.<br>Eelco van Hattem                                      | 60 m<br>9.9 s                   | 60 m h<br>13.3 s            |                          |
| J.C.<br>Thijs Hesselink<br>Maikel Nijhuis<br>Frank van Rooyen | 60 m<br>8.1 s<br>8.2 s<br>8.2 s | 60 mh<br>9.6 s<br><br>9.8 s | Hoog<br>1.65 m<br>1.40 m |
| M.P.B.<br>Marije Mol                                          | 40 m<br>7.1 s                   | Hoog<br>0.75 m              | Kogel<br>5.15 m          |
| M.P.A.<br>Laura Willekes                                      | 60 m<br>9.9 s                   | Hoog<br>0.95 m              | Kogel<br>5.42 m          |

### Enschede 31-10-99 Indoorwedstrijd vervolg

|                                                         |                                 |                                     |                                    |                            |
|---------------------------------------------------------|---------------------------------|-------------------------------------|------------------------------------|----------------------------|
| M.D.<br>Leonie Willekes<br>Maïke Emsbroek<br>Esli Vogel | 60 m<br>9.3 s<br>9.5 s<br>9.2 s | 60 mh<br>12.5 s<br>12.6 s<br>12.1 s | Hoog<br>1.30 m<br>1.15 m<br>1.15 m | Kogel<br>11.95 m<br>7.70 m |
|---------------------------------------------------------|---------------------------------|-------------------------------------|------------------------------------|----------------------------|

### Haaksbergen 07-11-99 Pingelloop

|                                                              |                                      |       |
|--------------------------------------------------------------|--------------------------------------|-------|
| M.P.C.<br>Marieke Odink                                      | 1000 m<br>4.06.7                     | 2e pl |
| M.P.B.<br>Merit Struik<br>Bente Hammer                       | 1000 m<br>3.41.3<br>4.21.0           | 1e pl |
| M.P.A.<br>Marije Mol<br>Laura Willekes                       | 1000 m<br>3.29.0<br>3.42.7           | 3e pl |
| M.D.<br>MARIKE Brinkers<br>Lilian Meerbeek<br>Maïke Emsbroek | 1800 m<br>6.58.6<br>7.51.2<br>8.11.4 | 2e pl |
| M.C.<br>Esli Vogel                                           | 1800 m<br>6.58.4                     | 3e pl |
| J.P.C.<br>Thomas Doesburg<br>Wouter Doesburg                 | 1000 m<br>3.46.6<br>4.14.2           | 3e pl |
| J.P.B.<br>Daan Kleinsman                                     | 1000 m<br>3.54.2                     | 3e pl |
| J.D.<br>Jasper Heming<br>Armin Pillen<br>Chris Doornweerd    | 1800 m<br>7.36.8<br>7.52.1<br>8.51.6 |       |
| J.C.<br>Tamo Vogel                                           | 2900 m<br>10.53.4                    | 2e pl |
| J.B.<br>Kjell Vogel<br>Andre Louis Wassing                   | 2900 m<br>11.23.0<br>12.09.4         |       |



|                  |         |      |       |
|------------------|---------|------|-------|
| Heren            | 11600 m |      |       |
| Ronald Boomkamp  | 39.55.7 | M 20 | 3e pl |
| Theo Schootman   | 41.11.0 | M 50 | 1e pl |
| Herman Heideveld | 43.59.1 | M 47 |       |
| Henk Harenberg   | 45.00.8 | M 36 |       |
| Jan Homrighausen | 51.57.3 | M 45 |       |
| Dick Drenten     | 55.14.0 | M 46 |       |

### Epe 13-11-99 1e wedstrijd Open Gelders/Overijsselse Crosscompetitie

|                 |         |        |       |
|-----------------|---------|--------|-------|
| J.P.B.          | 1000 m  |        |       |
| Gijs Koerts     | 4.32.0  | 1e pl  |       |
| J.B.            | 4000 m  |        |       |
| Joep Brinkers   | 15.42.0 | 12e pl |       |
| Heren           | 3000 m  |        |       |
| Ronald Boomkamp | 10.16.7 | M 21   | 5e pl |

### Weerselo 14-11-99 Halve van Laac

|                |       |      |  |
|----------------|-------|------|--|
| Heren          | 10 km |      |  |
| Theo Schootman | 35.15 | M 50 |  |
| Henk Harenberg | 37.39 | M 36 |  |
| Dick Drenten   | 47.28 | M 46 |  |

### Eibergen 23-11-99 27e Bultencross

|                  |         |       |       |
|------------------|---------|-------|-------|
| M.D.             | 500 m   |       |       |
| Marieke Brinkers | 6.29    | 2e pl |       |
| M.B.             | 4200 m  |       |       |
| Louise Kemna     | 24.33   | 1e pl |       |
| Dames            | 14000 m |       |       |
| Diana Luyrink    | 1.06.19 | V 40  | 1e pl |
| J.B.             | 4200 m  |       |       |
| Joep Brinkers    | 16.39   | 1e pl |       |
| Maikel Nijhuis   | 18.21   | 2e pl |       |
| Tamo Vogel       | 18.29   | 3e pl | J.C.  |
| Heren            | 7700 m  |       |       |
| Ronald Boomkamp  | 28.09   | M 20  | 1e pl |
| Theo Schootman   | 29.25   | M 50  | 2e pl |

### Goor 28-11-99 Herikenbergloop

|               |        |       |  |
|---------------|--------|-------|--|
| M.P.C.        | 1200 m |       |  |
| Marieke Odink | 6.29   | 2e pl |  |
| M.P.B.        | 1200 m |       |  |
| Merit Struik  | 6.00 m | 2e pl |  |
| M.P.A.        | 1600 m |       |  |
| Marije Mol    | 6.58   | 3e pl |  |
| M.D.          | 1600 m |       |  |

|                     |        |       |
|---------------------|--------|-------|
| Marike Brinkers     | 6.05   | 3e pl |
| Maike Emsbroek      | 7.41   |       |
| Lilian Meerbeek     | 7.48   |       |
| M.C.                | 1600 m |       |
| Esli Vogel          | 6.26   | 2e pl |
| J.P.C.              | 1200 m |       |
| Thomas Doesburg     | 5.48   | 2e pl |
| Wouter Doesburg     | 6.31   |       |
| J.D.                | 1600 m |       |
| Jasper Heming       | 6.42   |       |
| Armin Pillen        | 6.54   |       |
| Chris Doornweerd    | 7.00   |       |
| J.B.                | 5 km   |       |
| Joep Brinkers       | 18.19  |       |
| Kjell Vogel         | 20.17  |       |
| Ruben Pillen        | 22.12  |       |
| Andre Louis Wassing | 22.57  |       |

#### Goor 28-11-99 Herikenbergloop vervolg

|                  |       |      |       |
|------------------|-------|------|-------|
| Heren            | 10 km |      |       |
| Ronald Boomkamp  | 33.44 | M 20 | 2e pl |
| Herman Heideveld | 37.56 | M 47 |       |
| Henk Harenberg   | 38.10 | M 36 |       |
| Matty Gerfen     | 42.52 | M 56 |       |
| Jan Homrighausen | 45.08 | M 45 |       |
| Dick Drenten     | 46.24 | M 46 |       |
| Bennie Huirne    | 50.38 | M 64 | 2e pl |

#### Ede 11-12-99 2e wedstrijd Open Gelders/Overijsselse Crosscompetitie

|                 |        |        |        |
|-----------------|--------|--------|--------|
| M.D. 2e jaars   | 1500 m |        |        |
| Marike Brinkers | 6.23   | 4e pl  |        |
| M.D. 1e jaars   | 1500 m |        |        |
| Lilian Meerbeek | 8.15   | 19e pl |        |
| J.P.B.          | 1000 m |        |        |
| Gijs Koerts     | 4.18   | 2e pl  |        |
| J.B.            | 4000 m |        |        |
| Joep Brinkers   | 15.38  | 14e pl |        |
| Heren           | 3000 m |        |        |
| Ronald Boomkamp | 11.59  | M 21   | 25e pl |

#### Lichtenvoorde 12-12-99 Scharenborg-Steentjes Crossloop

|                |        |      |
|----------------|--------|------|
| Dames          | 6,1 km |      |
| Gonny Spexgoor | 29.58  | V 38 |
| Anjo Luttkholt | 33.42  | V 29 |
| Lianna Zuidema | 35.39  | V 33 |
| Selma Jurriens | 41.44  | V 40 |

|                          |               |             |
|--------------------------|---------------|-------------|
| <b>Heren</b>             | <b>6,1 km</b> |             |
| <b>Theo Schootman</b>    | <b>24.49</b>  | <b>M 50</b> |
| <b>Herbert Garritsen</b> | <b>30.16</b>  | <b>M 33</b> |
| <b>Dick Drenten</b>      | <b>32.09</b>  | <b>M 46</b> |
| <b>Leo Groot Zevert</b>  | <b>33.23</b>  | <b>M 64</b> |